



Anaesthesia and peri-interventional morbidity of rigid bronchoscopy: A retrospective analysis



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ABSTRACT

Background: Rigid bronchoscopy is an invasive procedure that requires general anaesthesia with different ventilation strategies. Various mechanical and systemic complications can arise from the procedure and anaesthetic technique employed. The aim of this study is to evaluate the two common anaesthetic techniques and the peri-interventional morbidity of rigid bronchoscopy.

Methods: We retrospectively analysed all the rigid bronchoscopies conducted in Singapore General Hospital between 1999 and 2014. Patient characteristics, type of procedures, type of anaesthesia, duration of procedure, ventilation strategies, various intra-operative medications, pre-operative and post-operative arterial blood gas, oxygen saturation and pulmonary function test, and peri-interventional complications were collected. Continuous data were reported as mean and categorical data were reported as percentages.

Results: Majority of patients that underwent rigid bronchoscopy received total intravenous anaesthesia (81%). A significantly higher proportion of patients in the volatile groups were scheduled for biopsy (29.4%) using rigid bronchoscopy. Choice of ventilation strategies were largely similar in both groups. A higher complication rate of hypertension (11.8%), acute myocardial infarction (11.8%) and pneumothorax (17.6%) was seen in the volatile group.

Conclusion: The choice of anaesthetic technique possibly affects the complication of patients undergoing rigid bronchoscopy. Volatile anaesthetics appeared to be driven by presumably shorter procedure, but was associated with higher systemic complication.

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1. Introduction

The rigid bronchoscopy defined by the as the passage of rigid instruments trans-orally or trans-tracheostomy for diagnostic or therapeutic purposes, aided by various light sources, telescopes and accessory instruments [1]. Although the use of rigid bronchoscope was largely replaced by the use of flexible bronchoscopes for most therapeutic and diagnostic purposes in adults, it maintains its value for better control of the compromised airway, massive haemoptysis, airway stent placement and removal of large foreign bodies [2]. The indications and contraindications for rigid bronchoscopy are listed in Table 1.

Mechanical complications associated with rigid bronchoscopy include those arising from the underlying pathology as well those associated with the procedure. The requirement for general anaesthesia for rigid bronchoscopy predisposes patients to various peri-interventional morbidity that may be attributed to the choice of anaesthetic and airway management.

2. Methods

We carried out a retrospective observational study at Singapore General Hospital to assess the perioperative outcomes of the rigid bronchoscopy after obtaining Institutional Review Board (IRB) approval.

Patients who required bronchoscopy at the Singapore General Hospital between 1999 and 2014 was retrieved through Operating Theatre records and Online Operating Theatre Listing Software (OTM). A total of one hundred and twenty-two cases were identified and individual medical records were physically retrieved from

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Table 1
Indication and contraindications for rigid bronchoscopy.

<p>Indications for rigid bronchoscopy</p> <ul style="list-style-type: none"> • Management of massive haemoptysis • Treatment of tracheobronchial stenosis • Foreign body removal • Tumour resection • Deep bronchial wall biopsy <p>Contraindications for rigid bronchoscopy</p> <ul style="list-style-type: none"> • Unstable cervical spine • Severe maxillofacial trauma or deformity • Obstructing oral or laryngeal disease
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Adapted from ERS/ATS statement on interventional pulmonology, 2002 [1].

the Singapore General Hospital Medical Records Office (MRO). Ninety patients were included in the final analysis after exclusion criteria was applied. These exclusion criteria include flexible bronchoscopy and missing medical records. Data were collected by the investigators using a prefabricated data collection form.

We defined hypotension as the reduction of mean arterial pressure (MAP) below 20% of the baseline and/or requirement of inotropic support to maintain MAP more than 65 mmHg, and hypertension as the elevation of MAP above 20% of baseline. Oxygen saturation less than 92% or partial pressure of oxygen less than 60 mmHg was considered as hypoxia. Dysrhythmias was defined as new onset of cardiac rhythm that differ from patient cardiac rhythm at baseline. Acute myocardial infarction (AMI) defines the new onset of ischaemic electrocardiogram (ECG) changes with elevated cardiac troponins. We take into account death that occurred during the admission for rigid bronchoscopy. We accepted diagnoses of various complications by principal clinicians at the time of discharge such as pulmonary oedema, pulmonary embolism, pneumothorax, pneumonia and delirium.

3. Statistics

Statistical analysis was performed using SPSS for Mac version 20.0 (SPSS Inc., Chicago, IL, USA). Continuous variables were reported as mean \pm SD. Categorical variables were reported as percentages. Normality for continuous variables in groups was determined by the Shapiro-Wilk test. Student's *t*-test was used for comparison of means of continuous variables between the studied groups. Pearson chi-square test was used for comparison of categorical variables among studied groups. A value of $P < 0.05$ was considered significant.

4. Results

The study was completed with 90 patients. Table 2 shows the demographic characteristics of the patients. Comparatively, the TIVA group has more hypertensive patients than the volatile group.

Table 3 depicts the various procedure performed using rigid bronchoscopy, type of anaesthesia, methods of ventilation and the various medications received intra-operatively. A larger proportion of patients who underwent biopsy received volatile agents (29.4% vs. 8.2%, $P = 0.016$). Of note, there was no significant difference in the method of ventilation between both groups. Remifentanyl was used more often in the TIVA group (63.0% vs. 11.8%, $P < 0.001$) and fentanyl more so in the volatile group (41.2% vs. 15.1%, $P = 0.015$).

Table 4 summarises pre-operative and post-operative arterial blood gas, pulse oximetry and pulmonary function test data. Baseline pre-operative parameters were similar between both groups. Post-operatively, patients who received volatiles had a lower pH on arterial blood gas (7.30 ± 0.10 vs. 7.43 ± 0.09 , $P = 0.021$). In addition, the volatile group was found to have a significantly higher

forced vital capacity (2.73 ± 0.60 vs. 2.19 ± 0.62 , $P = 0.034$) than the TIVA group after rigid bronchoscopy.

There were no significant differences in the mechanical complications between the two groups of patients in terms of stent dislodgement, laryngospasm, bleeding, tooth dislodgement or a need for switch to fibre-optic bronchoscopy due to failure to locate lesion. Patients who received volatiles had significantly higher systemic complications of hypertension (11.8% vs. 1.4%), myocardial infarction (11.8% vs. 0%) and pneumothorax (17.6% vs. 0%) as compared to patients who received TIVA (see Table 5).

5. Discussion

Our study puts into perspective the patient characteristics, interventions performed, ventilation strategies, intra-operative medications used and complications observed into two distinct groups based on the general anaesthetic technique for rigid bronchoscopy. Challenges unique to rigid bronchoscopy include effective attenuation of haemodynamic response to intubation and prevention of hypoxia in the setting of a shared airway compounded by the underlying disease pathology requiring rigid bronchoscopy.

Laryngeal and endotracheal intubation with the rigid bronchoscopy increases the sympathetic nervous system activity and adrenaomedullary catecholamine activity. Tachycardia is more pronounced when tracheal manipulation is involved [3]. The resulting hypertension, tachycardia and dysrhythmias increase the peri-operative risk for subgroup of patients with coronary artery disease, existing hypertension, preeclampsia and intracranial pathologies such as aneurysms [4]. Pharmacological agents such as intravenous or topical lignocaine, opioids such as remifentanyl, nifedipine, clonidine, gabapentin, esmolol and magnesium sulphate had been described with variable success in ameliorating the haemodynamic response to tracheal intubation [5–11]. In a recent Cochrane review, the risk of dysrhythmias was reduced with administration of local anaesthetics, calcium channel blockers, beta blockers and narcotics as compared to placebo and showed reduced ECG evidence of myocardial ischaemia [12].

Remifentanyl is an ultra-short acting opioid and works synergistically with both propofol and volatile agents such as sevoflurane in ablating the response to laryngoscopy [13,14]. With the myriad of other pharmacological agents to achieve the same haemodynamic suppression to laryngoscopy, the choice of remifentanyl may be hindered by cost, need for specialised pumps and familiarity of use. As seen in our study, remifentanyl was favoured in the TIVA as compared to volatile group (63% vs. 11.8% $P = 0.000$). We postulated that this was driven by a choice of a simpler anaesthetic by the primary anaesthetist, perceived by a possibly shorter operation time as majority of the cases in the volatile groups were for biopsies (29.4% vs. 8.2% $P = 0.016$). However, this did not translate to an actual shorter operation duration as compared to the TIVA group. Instead, the incidence of intra-operative hypertension was

Table 2
Demographic data of patients undergoing rigid bronchoscopy procedures.

Patient characteristics	Total (N = 90)	TIVA (N = 73)	Volatile (N = 17)	P value
Age (years)	58.28 ± 15.40	59.30 ± 14.25	53.88 ± 19.49	0.193
BMI	20.97 ± 4.12	20.95 ± 4.17	21.07 ± 4.07	0.923
<i>Gender</i>				
Male	62.2%	64.4%	52.9%	0.381
Female	37.8%	35.6%	47.1%	
<i>Ethnicity</i>				
Chinese	83.3%	84.9%	76.5%	0.126
Malay	6.7%	8.2%	0%	
Indian	3.3%	2.7%	5.9%	
Others	6.7%	4.1%	17.6%	
<i>ASA</i>				
2	50.0%	49.3%	52.9%	0.868
3	48.9%	49.3%	47.1%	
4	1.1%	1.4%	0%	
<i>Medical history</i>				
Diabetes	10.0%	8.2%	17.6%	0.243
Hypertension	23.3%	28.8%	0%	0.012*
IHD	11.1%	13.7%	0%	0.106
CVA	3.3%	4.1%	0%	0.395
AF	1.1%	1.4%	0%	0.627
Bronchiectasis	42.2%	43.8%	35.3%	0.521
COPD	11.1%	9.6%	17.6%	0.341
Asthma	4.4%	5.5%	0%	0.323
Tuberculosis	26.7%	23.3%	41.2%	0.133
Lung Abscess	3.3%	4.1%	0%	0.395
Cirrhosis	3.3%	1.4%	11.8%	0.032*
Cancer	57.8%	60.3%	47.1%	0.320
Metastasis	20.0%	21.9%	11.8%	0.424

TIVA = total intravenous anaesthesia, BMI = body mass index, ASA = American Society of Anesthesiologists physical status classification system, IHD = ischemic heart disease, CVA = cerebrovascular accident, AF = atrial fibrillation, COPD = chronic obstructive pulmonary disease.

Data presented as Mean±SD or percentages.

* P < 0.05 is significant.

Table 3
Procedure types, ventilation methods and medications received intra-operatively.

Parameters	Total (N = 90)	TIVA (N = 73)	Volatile (N = 17)	P value
<i>Procedures</i>				
Laser	64.4%	68.5%	47.1%	0.096
Stent insertion	57.8%	60.3%	47.1%	0.320
Dilation	36.7%	35.6%	41.2%	0.668
Foreign body removal	3.3%	4.1%	0%	0.395
Biopsy	12.2%	8.2%	29.4%	0.016*
Stent removal	3.3%	4.1%	0%	0.395
Surgery duration (minutes)	64.90 ± 29.23	64.04 ± 27.86	68.59 ± 35.24	0.566
<i>Ventilation methods</i>				
Spontaneous	87.8%	90.4%	76.5%	0.114
IPPV	12.2%	9.6%	23.5%	0.114
<i>Intra-op medication</i>				
Local anaesthetics	56.7%	60.3%	41.2%	0.152
Morphine	1.1%	0%	5.9%	0.037*
Fentanyl	20.0%	15.1%	41.2%	0.015*
Remifentanyl	53.3%	63.0%	11.8%	0.000*
Alfentanil	27.8%	23.3%	47.1%	0.049*
Dexamethasone	74.4%	72.6%	82.4%	0.406
Antibiotics	18.9%	21.9%	5.9%	0.128
Inotropes	7.8%	9.6%	0%	0.184

TIVA = total intravenous anaesthesia, IPPV = intermittent positive pressure ventilation.

Data presented as Mean ± SD or percentages.

* P < 0.05 is significant.

significantly higher in the volatile group (11.8% vs. 1.4% P = 0.032) and there was also a significantly higher incidence of acute myocardial infarction in the volatile group (11.8% vs. 0% P = 0.003). Indeed, volatile anaesthetic was shown to produce a higher heart rate and mean blood pressure as compared to propofol-remifentanyl anaesthesia in the paediatric population, despite providing a faster induction and recovery time [15]. The incidence of hypotension between our study group did not differ

significantly. Alfentanil is also a rapid-acting opioid with onset of effect 4× faster than fentanyl. However, the pressor response to rigid bronchoscopy was proven inferior compared to remifentanyl with remifentanyl providing greater haemodynamic stability and more effective attenuation of tachycardia [16]. The use of Alfentanil has been replaced with remifentanyl in our institution despite a larger proportion of patient in the volatile group receiving Alfentanil.

Table 4
Preoperative and postoperative comparison of arterial blood gas, pulse oximetry and pulmonary function test measurements.

Parameters	Total (N = 90)	TIVA (N = 73)	Volatile (N = 17)	P value
<i>Arterial blood gas</i>				
Pre-op O ₂	92.08 ± 40.02	94.81 ± 41.56	70.76 ± 12.79	0.210
Post-op O ₂	121.46 ± 76.72	120.56 ± 83.73	125.75 ± 32.68	0.905
Pre-op CO ₂	39.95 ± 10.77	40.67 ± 11.09	34.34 ± 5.94	0.220
Post-op CO ₂	45.58 ± 15.79	44.05 ± 15.87	52.25 ± 7.62	0.322
Pre-op pH	7.44 ± 0.08	7.44 ± 0.08	7.45 ± 0.04	0.727
Post-op pH	7.41 ± 0.10	7.43 ± 0.09	7.30 ± 0.10	0.021*
<i>Pulse oximetry</i>				
Pre-op SpO ₂	97.57 ± 2.11	97.67 ± 2.17	97.12 ± 1.80	0.334
Lowest SpO ₂	93.06 ± 5.94	92.81 ± 6.37	94.12 ± 3.48	0.416
<i>Pulmonary function test</i>				
Pre-op FEV1	1.42 ± 0.47	1.37 ± 0.49	1.66 ± 0.24	0.174
Post-op FEV1	1.80 ± 0.51	1.77 ± 0.59	1.88 ± 0.23	0.644
Pre-op FVC	1.96 ± 0.64	1.92 ± 0.66	2.13 ± 0.49	0.466
Post-op FVC	2.35 ± 0.62	2.19 ± 0.56	2.73 ± 0.60	0.034*
Pre-op FRC	73.48 ± 12.84	72.22 ± 11.92	80.00 ± 16.54	0.178
Post-op FRC	77.32 ± 11.93	80.18 ± 9.16	70.87 ± 15.36	0.065
Pre-op PEFR	3.52 ± 1.13	3.50 ± 1.12	3.63 ± 1.30	0.838
Post-op PEFR	4.58 ± 1.29	4.60 ± 1.33	4.51 ± 1.31	0.884

TIVA = total intravenous anaesthesia, pH = arterial blood pH, FEV1 = forced expiratory volume in 1 s, FVC = forced vital capacity, FRC = functional residual capacity, PEFR = peak expiratory peak flow rate. Data presented as Mean ± SD.

* P < 0.05 is significant.

Table 5
Mechanical and Systemic peri-interventional complications of rigid bronchoscopy comparing TIVA vs. Volatiles.

Complications	Total (N = 90)	TIVA (N = 73)	Volatile (N = 17)	P value
<i>Mechanical complications</i>				
Stent dislodge	1.1%	1.4%	0%	0.627
Laryngospasm	1.1%	1.4%	0%	0.627
Bleeding	2.2%	2.7%	0%	0.490
Tooth dislodge	1.1%	1.4%	0%	0.627
Change to FOB: failed to locate lesion	2.2%	2.7%	0%	0.490
<i>Systemic complications</i>				
Hypotension	13.3%	15.1%	5.9%	0.316
Hypertension	3.3%	1.4%	11.8%	0.032*
Arrhythmia	4.4%	5.5%	0%	0.323
AMI	2.2%	0%	11.8%	0.003*
Hypoxia	4.4%	5.5%	0%	0.323
Carbon dioxide retention	3.3%	4.1%	0%	0.395
Acute pulmonary oedema	2.2%	2.7%	0%	0.490
Pneumothorax	3.3%	0%	17.6%	0.000*
Pneumonia	5.6%	6.8%	0%	0.267
Pulmonary haemorrhage	1.1%	1.4%	0%	0.627
Infection	1.1%	1.4%	0%	0.627
Re-admission within 3mth	10.0%	12.3%	0%	0.127
Tracheostomy for post-op long term ventilation	1.1%	1.4%	0%	0.627
Delirium	2.2%	2.7%	0%	0.490
Death	3.3%	4.1%	0%	0.395

TIVA = total intravenous anaesthesia, AMI = acute myocardial infarction, FOB = fibre-optic bronchoscopy. Data presented as percentages.

* P < 0.05 is significant.

tanil (47.1% vs. 23.3% P = 0.049). This largely reflected an older anaesthetic practice during the early phase of data collection.

Management of central airway obstruction (CAO) due to neoplastic or non-neoplastic disease is responsible for the resurgence in the interest in rigid bronchoscopy [17]. The management of CAO includes stent placement, dilation, heat therapy using electrocautery or laser and debridement of obstructive lesion. Independent of the aetiology, site of intervention or type of intervention, therapeutic rigid bronchoscopy was able to alleviate symptoms associated with CAO and improve objective spirometric measurements such as forced vital capacity (FVC) and forced expiratory volume in 1 s (FEV1), quality of life and survival [18]. The FVC and FEV1 in our study had improved following rigid bronchoscopy (FVC 1.96 vs. 2.35; FEV1 1.42 vs. 1.80). Comparing data from TIVA and volatile group, the volatile group had more significant post-

operatively improvement in FVC (2.73 vs. 2.19, P = 0.034) as compared to the TIVA group.

There are various approaches to the ventilatory strategies during rigid bronchoscopy. The methods of ventilation include: (1) Apnoeic oxygenation; (2) Spontaneous assisted ventilation; (3) Controlled ventilation; (4) Manual jet ventilation; and (5) High frequency jet ventilation (HFOV). In our institution, we primarily use either spontaneous assisted ventilation or controlled ventilation via the circle circuit. In all cases of rigid bronchoscopies, either mode of ventilation was accepted by the interventional pulmonologists without compromising the procedure. Spontaneous assisted ventilation is described as a TIVA technique whereby a close titration of anaesthetic is required to maintain spontaneous ventilation by the patient [19]. The avoidance of muscle relaxants purportedly reduced post-procedure re-intubation rate [20]. Con-

trolled ventilation is more challenging as additional steps are required to prevent air leaks. However, administration of nitrous oxide or volatile agents are possible with this technique. With both techniques, hypoxia is the commonest complication. In our study, 5.5% of patients in TIVA group had hypoxia and was not significant different than the volatile group.

Permissive hypercapnia is used to reduce ventilator associated lung injuries and is often seen in rigid bronchoscopy regardless of mode of ventilation. Although the incidence of carbon dioxide retention in our study was 3.3%, it was reported as high as 93.2% in other study. Acute hypercapnia lower than 100 mmHg was not associated with delayed recovery but itself is an independent predictive factor bronchoscopic complications such as congestive heart failure, tracheorrhagia, delayed recovery and ICU admission after surgery [21]. In our study, both groups had raised pCO₂ after procedure with no significant difference between them. However, volatile group had a lower pH value which may be attributed to the respiratory acidosis secondary to hypercapnia.

Pneumothorax is an uncommon complication of rigid bronchoscopy and previous studies with 3149 cases in the paediatric group showed an incidence of 0.3% [22]. Mechanical trauma to the tracheobronchial tree by the rigid bronchoscope as well as high peak inspiratory pressure during mechanical ventilation are likely causes of pneumothorax. This may progress to tension pneumothorax and the signs of hypoxia, tachycardia and hypotension may be masked due to concurrent administration of anaesthesia and stimulating effect of the rigid bronchoscopy. In our study, the pneumothoraces occurred predominantly in the volatile group which had a higher proportion of patient receiving mechanical ventilation.

There are several limitations to our study. The case load of rigid bronchoscope in adults is low in our tertiary centre and practices differ amongst anaesthetists over the years. This skews the perspective of the anaesthetic practice over period of study. Secondly, majority of the data were not on electronic system. Missing or incomplete data which are excluded may contributed to bias in the study. Thirdly, we did not capture data on the use of bispectral index (BIS) and the complication of awareness. As this is a retrospective review, these data were not available.

6. Conclusion

Neither the use of TIVA or volatile for rigid bronchoscopy had shown to be superior over the other. The use of propofol-remifentanyl TIVA appeared to be popular and was better at attenuating haemodynamic response during the procedure. Regardless of technique, both groups had improvement in spirometry measurements, did not experience significant hypoxia or hypercapnia, or difference in most complications. Pneumothorax however, was significantly higher in the volatile group, suggesting an association with the use of mechanical ventilation.

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