



## Assessment of Type 1 Diabetes Patients' Sialic Acid Binding Immunoglobulin-Like Lectin-1 Level

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### Abstract

Type 1 diabetes is an autoimmune genetic disease. This study aimed to determine the analytical estimation of SBI-like lectin-1 levels in the serum of type 1 diabetes patients and their relationship to hyperglycemia.

**Methods:** This study was conducted on type 1 diabetes patients who visited the Diabetes and Endocrinology Center in Najaf Governorate, Iraq, between November 1, 2023, and February 1, 2024. The study also included sixty (60) patients (40 males and 20 females) and thirty (30) controls (apparently healthy), and glycated hemoglobin (HbA1c) values among individuals with diabetes as opposed to the control groups, and a significant decline ( $P < 0.05$ ) in Siglec-1 levels in diabetic patients compared to the control groups. The present results indicated a decrease in sialic acid-like lectin-binding immunoglobulin-1 (Siglec-1) in the serum of type 1 diabetic patients compared to the control group. The study showed a significant decrease ( $P < 0.05$ ) in Ceglic-1 levels in patients who received treatment. Male type 1 diabetes patients showed lower levels ( $P < 0.05$ ) of Siglec-1 compared to female patients. The current study concludes that Ceglic-1 is a prognostic marker used to predict type 1 diabetes, especially in patients newly diagnosed at a younger age and with a shorter disease duration.

**Keywords:** type 1 diabetes, sex, Siglec-1

### Introduction

The insulin is necessary for life to avoid coma, death, and the development of ketoacidosis for Diabetes mellitus type 1 or insulin-dependent diabetes, which is defined by the loss of beta cells in the pancreas, may result in diabetes mellitus (1-3). Hyperglycemia, characterized by abnormally high blood glucose levels, is a hallmark of the complex metabolic disorder diabetes mellitus (DM) or diabetes (4,5).

Hyperglycemia is a chronic and diverse illness that results from abnormalities in either insulin action, production, or both. It manifests as protein, lipid, and carbohydrate metabolic dysfunctions (6-8).

Diabetes presents in many different ways, has a complex etiology, and progresses over time (9,10). About 5–10% of all occurrences of diabetes are in earlier nomenclature, type 1 diabetes mellitus (T1DM) was sometimes referred to as insulin-dependent diabetes mellitus (IDDM), juvenile-onset diabetes, or type 1A DM (11,12). The hallmark of this autoimmune disease is the killing of pancreatic  $\beta$ -cells by T-cells, which leads to insulin deficiency and, eventually, hyperglycemia (13,14). Sialic acid recognizes the extracellular lectin domain of a type 1 membrane molecule family called sialic acid binding immunoglobulin-like lectin (Siglecs) (15,16). Tyrosine phosphatase 1,2-containing proteins are

activated. However, Siglecs have a particular inhibitory receptor by tyrosine-based inhibition motifs immune receptor (ITIMs), which prevents cell activation by dephosphorylating signaling molecules like tyrosine kinase SYK and Src family kinases (SPKs) (17,18). contain glycans and, correspondingly, 1–16 C-set Ig domains of an antibody, and Siglec's structural characteristics play a part as receptors in immunological response and cell signaling (19,20).

## Materials and Methods

### Subjects

The present study was designed to investigate an important biomarker, Siglec-1, as a prediction or prognostic biomarker in patients with type 1 diabetes and its relationship with hyperglycemia (Glucose concentration and HbA1c)

The following criteria were dependent on the current study

1. Glucose concentration and HbA1c%
2. Biomarker (Siglec-1) level in serum
3. Sex (male or female)

### Biomarkers assay

#### Measurements of fasting blood glucose and HbA1c

A blood glucose monitor (On Call Plus, Acon-Germany) was used to test blood glucose, and an ichroma was used to measure HbA1C. HbA1c is a fluorescence immunoassay (FIA) used to measure HbA1c quantitatively (Botech, Korea).

### Biomarker measurement

Human Sialic acid binding immunoglobulin-like lectin-1 kits (My-Biosource, USA) are used to measure serum Sialic acid binding immunoglobulin-like lectin-1 using the sandwich immunoassay technique (enzyme-linked immunosorbent assay-automated microtiter plate ELISA reader, Biotek, USA).

## Statistical analysis

SPSS version 20 was utilized for data analysis, and the study employed correlation and the t-test, which is independent across patients and controls.

## Results

### Diabetes type 1 patients and control group HbA1c(%)

The percentage of glycated hemoglobin (%) in the venous blood of patients with type 1 diabetes was clearly and significantly higher ( $p < 0.05$ ) than that of the control group ( $4.6367 \pm 0.653$ ), as seen in Figure 1. As seen in Figure 2, the data revealed no discernible differences between men and women.

### Fasting blood Glucose concentrations in patients compared with the control group:

Type 1 diabetes patients had a significantly higher ( $p < 0.05$ ) fasting blood concentration ( $215.576 \pm 7.30595$ ) mg/dL than the control group ( $80.3333 \pm 1.72962$ ) mg/dL, according to the data displayed in Figure 3.

### Sialic acid binding immunoglobulin-like lectin-1 for type 1 diabetes patients and the control group.

According to Figure 4, the serum Siglec-1 concentration level in type 1 diabetes patients was significantly lower ( $p < 0.05$ ) at  $2.5555 \pm 0.15658$  ng/ml than in the control group ( $12.3050 \pm 0.2516$  ng/ml).

### Sialic acid-binding immunoglobulin-like lectin-1 level between diabetes type1 patients according to sex

According to the findings in Figure 5, the level of Siglec-1 concentration in blood serum at different sexes of patients with type 1 diabetes has significantly decreased ( $p < 0.05$ ). The male group's concentration ( $1.9347 \pm 0.234$ ) ng/ml is significantly lower ( $p < 0.05$ ) than the female group's ( $3.7070 \pm 0.26851$ ) ng/ml.

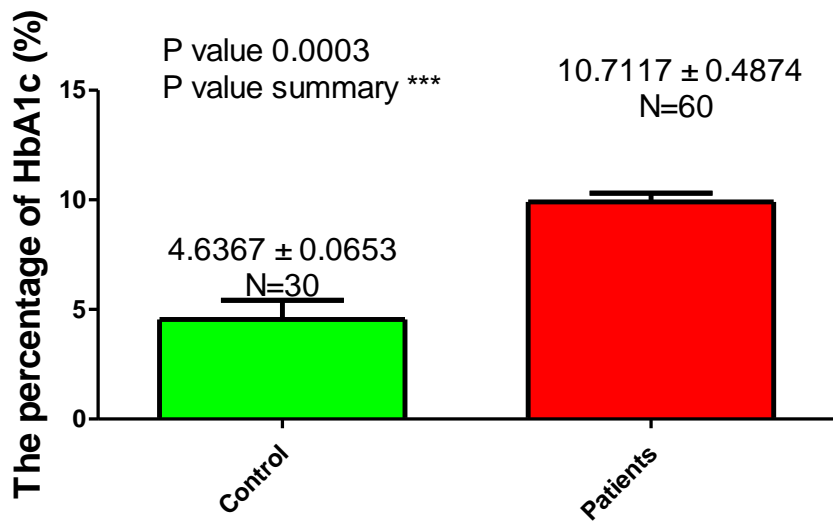


Figure 1: The percentage of HbA1c (%) in diabetes type 1 in patients compared with the control group

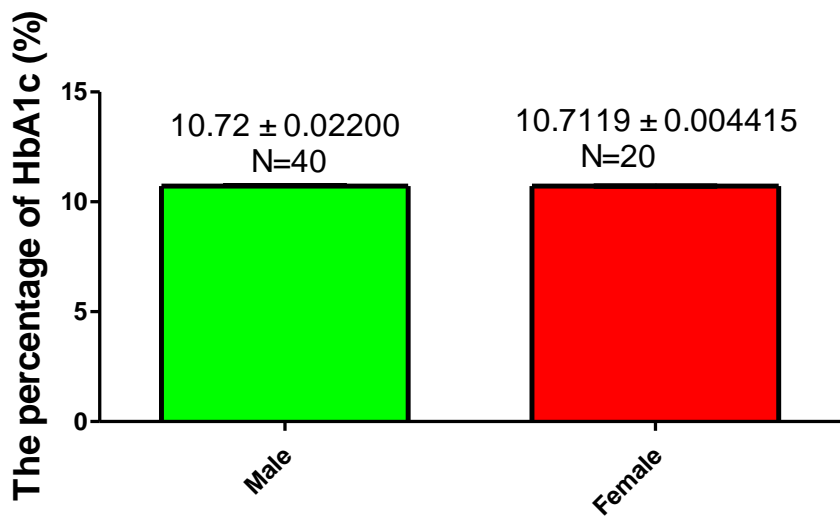


Figure 2: Hemoglobin A1c (HbA1c) (%) in men and women with type 1 diabetes

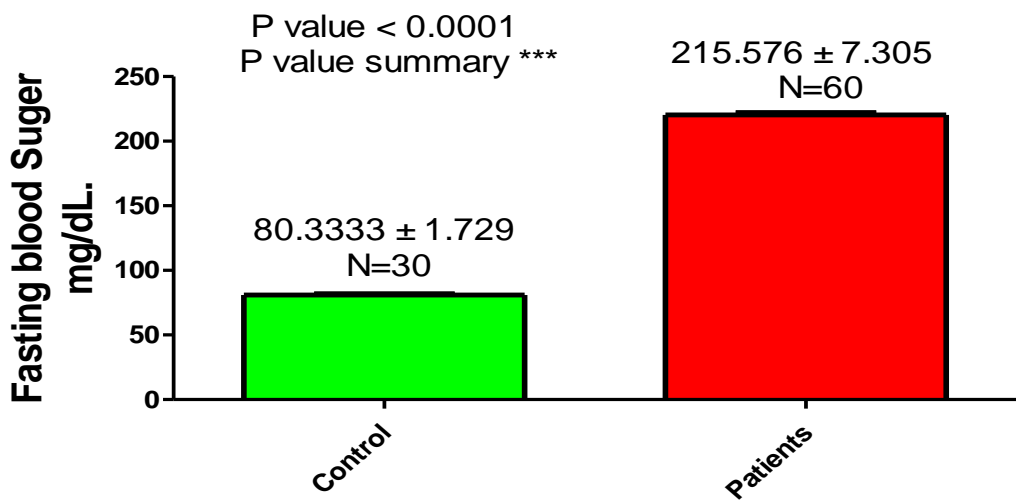
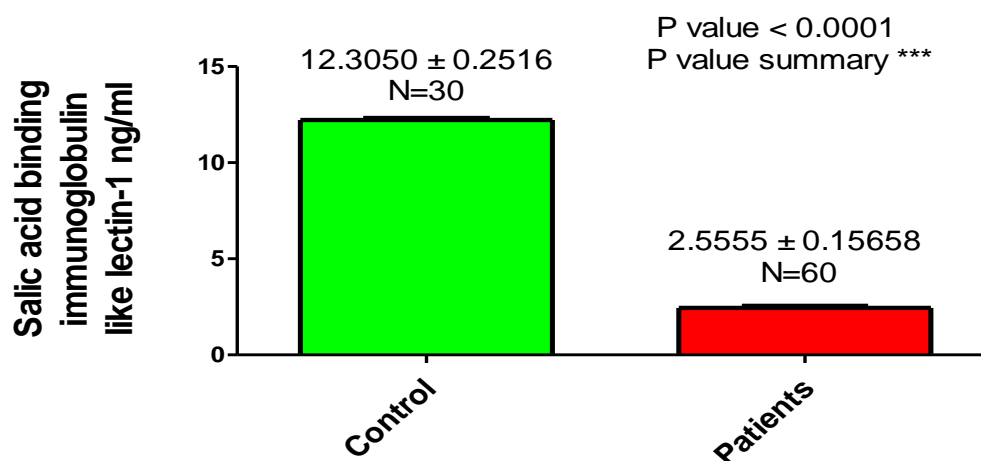


Figure 3: Fasting blood in type 1 diabetes patients compared with the control group



Figurer. (4) Sialic acid-binding immunoglobulin-like lectin-1 level between type 1 diabetes patients and the control group

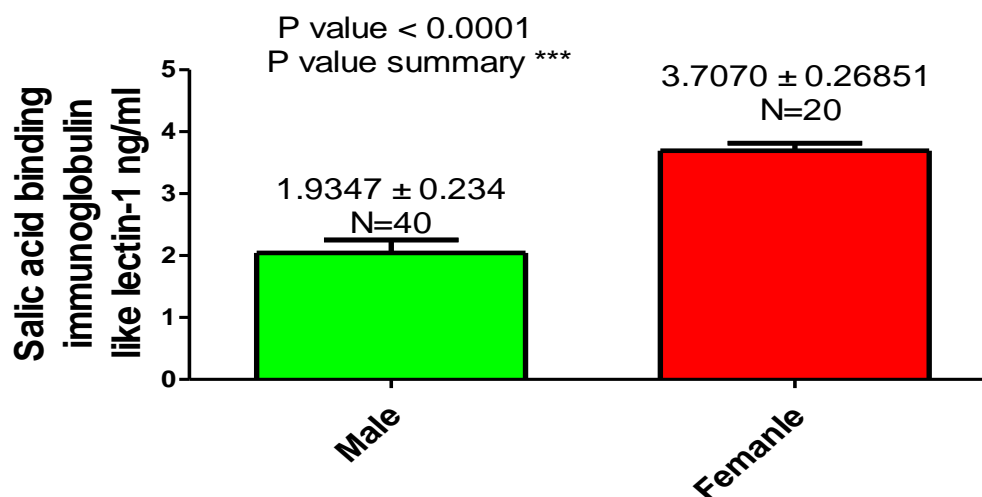


Figure 5: Sialic acid-binding immunoglobulin-like lectin-1 level between type 1 diabetes patients according to sex

## Discussion

The results showed a significant decrease in Siglec-1 expression in type 1 diabetes patients compared to the control group. Previous studies on the role of Siglec-1 in type 1 diabetes are very few, and the current findings are consistent with previous research that has shown decreased expression of Siglec-1 in several autoimmune diseases, such as rheumatoid arthritis, type 1 insulin-dependent diabetes, and endocrine syndrome. These studies

concluded that the altered expression of Siglec-1 may play an important role in autoimmune disease (21,22). A recent study found that Siglecs are transmembrane receptors expressed on many blood cells that bind sialic acid to glycoproteins or glycolipids. This binding plays an important role as an immune checkpoint in regulating the immune response and inflammatory diseases (23,24). The mechanism of inhibition or subsequent activation of Siglec is that both immune receptors, such as

intracellular tyrosine-based inhibitory elements (ITIMs), are phosphorylated by Src family kinases, as well as phosphorylation that produces high-affinity sites for the Src 2 region containing phosphatase 1 (SHP)-1 and SHP-2 may act as dephosphorylated receptor tyrosine phosphorylation and lead to immunosuppression (25,26). Several studies on the Siglek family, such as Siglec-1, have indicated that Sigleks are immunomodulatory receptors that act as immunosuppressants, but when negatively regulated or decreased Siglek levels lead to immune activation and autoimmune diseases due to their ability to be expressed on white blood cells in the immune system, such as Siglec-1, also called sialodisin or CD 169 (27,28). In previous studies, it has been documented that some TLRs may act as inducers of Siglec-1 expression in monocytes, macrophages, and neutrophils, influencing the immune response or triggering autoimmune diseases, such as type I interferon (IFN) activation in patients with systemic lupus erythematosus (SLE) and type 1 diabetes (29,30). An important explanation for the role of Siglec-1 in chronic autoimmune inflammation is provided based on a positive correlation between Siglec-1 and neutrophil recruitment to macrophages (31,32).

The Siglec-1 with glucose concentration and HbA1c. These results agree with (33), who indicated a relation between inhibition of Siglec-1 as an immune checkpoint and incidence of diabetes with high levels of glucose and HbA1c in diabetes type 1 and indicated that a low expression of Siglec-1 on  $\beta$ -cell induced type 1 diabetes. In a previous study, it has been shown that association between low expression of Siglec-1 and susceptibility to immune diseases, Such as diabetes, with more destruction in  $\beta$ -cells (34,35). The importation of low explanation of low expression of Siglec-1 in autoimmune diabetes 1 in relation to high blood glucose and HbA1c occurs by autoactivation of T-cells may cause high destruction of  $\beta$ -cells (36,37).

## Conclusion

According to the current study, lectin-1, an immunoglobulin-binding sialic acid, serves as a predictive marker for the identification of type 1 diabetes. especially in newly diagnosed patients of a younger age with a short duration of disease.

**Conflict of interest:** NIL

**Funding:** NIL

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