ORIGINAL ARTICLE

Important Biomarkers of Diagnostic and Prognostic Significance in AML Patients

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Abstract

Background: The diagnosis of Acute Myeloid Leukemia (AML) involves a comprehensive evaluation, including the morphology of myeloid cells, immunophenotypic characteristics, conventional cytogenetics, and genetic abnormalities in bone marrow and peripheral blood. Recent advances in genomics and other technologies have greatly enhanced our understanding of AML, revealing specific mutations, gene expression patterns, and epigenetic modifications that emphasize the disease's heterogeneity. As a result, several biomarkers are becoming increasingly important for prognosis and treatment decisions. Integrating these biomarkers into diagnostic panels is essential for improving clinical outcomes, facilitating precise risk stratification, and supporting individualized treatment approaches.

Aim of the Study: This study aims to evaluate the relationship between certain biomarkers in AML patients and controls using the ELISA technique.

Methods: The study included 60 de novo AML patients from Alexandria University Hospitals and 60 matched controls based on age and sex.

Results: To improve treatment responses and address resistance in AML, we assessed several emerging biomarkers with diagnostic and therapeutic potential. The study showed a significant relationship between these biomarkers in AML patients and controls, using the ELISA technique. This simple, reliable method could be implemented in diagnostic panels for newly diagnosed AML patients to guide treatment decisions.

Conclusions: Our study demonstrates the significance of various biomarkers in AML patient assessment. These biomarkers hold considerable promise for improving diagnostic accuracy and therapeutic strategies, highlighting their potential role in optimizing AML management and enhancing patient outcomes.

Keywords: AML; Prognosis; theraputic target; Elisa

1. Introduction

A cute myeloid leukemia (AML) is one type of hematologic malignancy characterized by the rapid proliferation of myeloid progenitor cells in the bone marrow and peripheral blood, leading to the disruption of normal hematopoiesis and resultant symptoms of anemia, bleeding, and infection. In Egypt, the incidence of AML reflects a notable burden on the healthcare system.¹

Acute myeloid leukemia (AML) is a complex and heterogeneous malignancy characterized by a wide array of cytogenetic and molecular abnormalities that define various subgroups of the disease. Advances in treatment options have led to the development of targeted therapies tailored to these specific molecular subgroups, offering new avenues for managing AML.^{2,3}

However, the treatment landscape remains challenging, particularly for patients with highrisk AML. These patients often face poor prognoses, highlighting the need for ongoing research and development of novel therapeutic strategies to improve outcomes in this difficult-to-treat population.⁴

Bisphenol A (BPA) is one kind of synthetic chemical widely used in manufacturing polycarbonate plastics and epoxy resins, which are prevalent in items such as water bottles and food can linings. Emerging studies have raised concerns about BPA's potential impact on health, including its possible link to the development of acute myeloid leukemia (AML).⁵

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Studies have shown that BPA can interfere with normal cellular processes and contribute to genetic mutations, which are pivotal in the onset of leukemia. Its endocrine-disrupting properties may also alter hematopoietic stem cell function, creating a conducive environment for the development of malignancies like AML.⁶

Cytokine deregulation plays a significant role in the progression of acute myeloid leukemia (AML). Cytokines are typically released in response to cellular stresses induced by cancer, infection, and inflammation to help regulate these conditions. Interleukin-6 (IL-6) is a key cytokine involved in numerous regulatory pathways related to inflammation and immune responses. It plays a critical role in AML by promoting tumor cell proliferation, preventing apoptosis, facilitating metastasis, influencing cancer cell metabolism, thereby contributing to the malignancy's progression and resistance to treatment.⁷⁻⁹

The activation of STAT3 by IL-6 is associated with increased therapeutic resistance in numerous tumors, including acute myeloid leukemia (AML), through the induction of mechanisms that support cell survival and proliferation.^{7,8}

Cyclin D1 is indeed a key player in regulating the cell cycle, particularly in the transition from the G1 phase to the S phase, which is crucial for cell proliferation. In normal cells, Cyclin D1 levels and activity are tightly controlled to ensure proper cell division and prevent unchecked growth. There are several D cyclins (D1, D2 and D3) that play an important role in the entrance of the cell into S-phase and G1 progression. There is a negative correlation between the level of cyclin D1 and the proliferation characteristic of leukemic cells. 11

Certain cytogenetic markers and genetic mutations are strongly linked to stratification and prognosis, and they are now part of the World Health Organization's classification of AML. There are two primary apoptotic pathways: the extrinsic and intrinsic pathways. The extrinsic pathway is driven by a set of cell surface receptors, including FAS (CD95) and the tumor necrosis factor-related apoptosis-inducing ligand receptors TRAIL-R1 (DR4). Upon binding to their specific ligands, initiate receptors an intracellular signaling cascade that activates caspase 8 and other caspases, ultimately resulting in apoptotic cell death. 12

The aim of the study was to evaluate the levels of Bisphenol A (BPA), Interleukin 4 (IL-4), Interleukin 6 (IL-6), Cyclin D1, BAD (Bcl-2 Antagonist of Cell Death), and FAS (Apoptosis-mediating Surface Antigen, TNF Receptor Superfamily Member 6) in patients with Acute

Myeloid Leukemia (AML).

2. Patients and methods

he study enrolled 120 subjects divided into two groups:

Group I: composed of 60 adult newly diagnosed acute myeloid leukemia patients, aged from 18 years to below 60 years, recruited from the hematology Unit, Internal Medicine department, Alexandria University Hospitals.

Group II: composed of 60 healthy age and sex matched subjects as controls.

The following subjects were excluded from the study: pregnant female subjects, subjects with concomitant chronic disease, patients with acute promyelocytic anemia – M3, and patients with associated other malignancies.

All patients were subjected to a detailed medical history and physical examination.

Sampling: Six ml of venous blood was drawn from every patient and control subject. Each blood sample was then divided into two aliquots; a plain tube and an EDTA tube. In the plain tube, blood was centrifuged at 1200 xg for 10 minutes o separate serum sample, which was kept frozen at -200C until use.

The following laboratory investigations were performed:

Complete Blood Count and morphological studies:¹³

Kidney Function tests and Liver Function tests by the colorimetric method. 14-16

Bone marrow aspiration was done for morphological studies, cytogenetics and immunophenotyping.

Determination of serum levels of bisphenol A (BPA), interleukin-4, interleukin-6, cyclin D1, Bad and Fas using solid phase standard sandwich enzyme linked immunosorbent assay (ELISA): Commercially available ELISA kits were used to measure the serum levels of bisphenol A (Cat. No.: BZEK1424. Chongqing Biospes CO. China. Website: www.biospes.com), IL-4 (Cat. No.: E-EL-Elabscience CO. USA. Website: H0101. www.elabscience.com), IL-6 (Cat. No.: D6050. Bio-Techne CO. USA. Website: www.bio-techne.com), cyclin D1 (Catalog No.: HUFI00736. Assay Genie CO. Ireland. Website: www.ASSAYGenie.com), Bad (Catalog No.: LS-F10913. LSBio CO. USA. Website: www.LSBio.com) and Fas (Catalog No.: E-EL-H6196. Elabscience CO. USA. Website: www.elabscience.com) following the manufacturer's instructions.

Statistical Analysis: Data were fed into the computer and analyzed using IBM SPSS software version 20.0 (Armonk, NY: IBM Corp). The Chisquare test was used to compare two groups. Continuous data were first assessed for normality using the Kolmogorov-Smirnov test. Quantitative data were reported as the range (minimum and

maximum), mean, standard deviation, median, and interquartile range (IQR). For normally distributed quantitative variables, the Student's ttest was employed to compare two groups. For non-normally distributed quantitative variables, the Mann-Whitney test was used. Statistical significance was determined at the 5% level.

3. Results

This study enrolled a total of 120 subjects divided into 60 newly diagnosed AML patients and 60 healthy individuals of matched demographic criteria. The leukemic patients consisted of 36 (60%) female and 24 (40%) male patients, whereas the control group comprised of 43 (71.7%) female and 17 (28.3%) male patients. Regarding CBC measurement, there was a statistically significant difference between cases and controls as illustrated in table 1.

We illustrated in table (2) patient distribution according FAB classification, blast to percentage at diagnosis median was (78%), cytogenetics and risk stratification response to standard chemotherapeutic regimen (3+7) protocol after which 20% of AML patients achieved complete remission, responded partial to treatment and 31% was refractory to treatment.

As shown in table (3) we studied some of the major biomarkers in AML patients, Mean for Bisphenol A (690.3 \pm 122.3) in patients group while in control group (257.4 \pm 87.05) , FAS (5.73 \pm 1.45) while in control group (2.68 \pm 0.74), IL4 (101.5 \pm 36.31) in patients group while (35.24 \pm 13.83) in control group, IL6 (36.90 \pm 9.94) in patients group while in control group (13.40 \pm 6.95), cyclin D1 mean was (9.36 \pm 2.02) in patients group while (3.42 \pm 1.46) in control group and for Bad mean was (1.43 \pm 0.46) in patients group and (2.63 \pm 0.80) in control group. All markers were statistically significant with p-value less than 0.05.

We used ROC curve to assess Diagnostic performance for different parameters in our study to discriminate patients (n = 60) from control (n = 60) as shown in table (4) and figure (1).

Table 1. Comparison between Patients and control groups according to demographic and laboratory data

	CASES (N = 60)	CONTROL (N = 60)	TEST OF SIG.	P
SEX				
MALE	24 (40.0%)	17 (28.3%)	x ² = 1.815	0.178
FEMALE	36 (60.0%)	43 (71.7%)		
AGE (YEARS)				
MIN MAX.	18 – 59	18 – 58	t=	0.489
MEAN ± SD.53	38.45 ± 10.55	37.12 ± 10.51	0.694	
MEDIAN	37 (30	36 (30 –		

(IQR)	- 46.50)	44.50)		
HB				
MIN. – MAX.	6.0 – 10.20	10.50 – 14.60	t= 21.376*	<0.001*
MEAN ± SD.	7.88 ± 1.06	12.12 ± 1.11		
MEDIAN (IQR)	7.95 (7.0 – 8.55)	12.0 (11.30 – 12.60)		
WBCS				
MIN. – MAX.	1.62 – 116.7	4.0 – 6.50	U= 115.00*	<0.001*
MEAN ± SD.	37.17 ± 29.05	4.91 ± 0.69		
MEDIAN (IQR)	32.0 (14.48	4.80 (4.30 - 5.30)		
	- 49.50)			
PLATELETS	15.50)			
MIN. – MAX.	11.0 - 81.0	165.0 - 330.0	t= 33.447*	<0.001*
MEAN ± SD.	49.67 ± 16.78	254.4 ± 44.33	00.111	
MEDIAN	50.0	250.0		
(IQR)	(36.0 – 63.0)	(220.0 – 288.50)		
CREATININE	00.0)	200.00)		
MIN. – MAX.	0.50 - 1.20	0.35 – 1.10	U= 1143.50*	0.001*
MEAN ± SD.	0.86 ± 0.21	0.72 ± 0.17	11.0.00	
MEDIAN (IQR)	0.90 (0.70 – 1.0)	0.65 (0.60 - 0.84)		
UREA	,			
MIN. – MAX.	8.0 – 68.48	15.0 – 35.0	U= 951.000	<0.001*
MEAN ± SD.	31.40 ± 10.65	23.57 ± 5.46		
MEDIAN (IQR)	32.0 (23.0 -	23.0 (19.50 –		
, , ,	40.11)	27.0)		
ALT				
MIN. – MAX.	17.0 – 65.0	10.0 – 43.0	U= 443.00*	<0.001*
MEAN ± SD.	35.58 ± 14.46	18.75 ± 8.27		
MEDIAN (IQR)	31.50 (24.50 - 44.0)	16.0 (13.50 – 20.0)		
AST	,			
MIN. – MAX.	16.0 - 88.0	8.0 – 25.0	U= 121.50*	<0.001*
MEAN ± SD.	29.67 ± 10.49	13.87 ± 4.22		
MEDIAN (IQR)	29.0 (22.0 – 33.50)	13.0 (10.0 - 16.0)		

Table 2. Distribution of results of patients according to different hematological parameters (n = 60)

	NO. (%)
FAB	
0	2 (3.3%)
1	20 (33.3%)
2	4 (6.7%)
4	13 (21.7%)
5	21 (35.0%)
BLASTS	
MIN. – MAX.	28.0 - 97.0
MEAN ± SD.	72.82 ± 17.07
MEDIAN (IQR)	78.0 (60.50 – 85.50)
FLT3	
NEGATIVE	59 (98.3%)
POSITIVE	1 (1.7%)
CYTOGENETIC	
NO META	19 (31.7%)
NORMAL	28 (46.7%)
ABNORMAL	13 (21.7%)
TRANS 3,3	1 (7.7%)
47, MARCH	2 (15.4%)

MON X TRANS 9,22	1 (7.7%)
45 DEL Y ,TRANS 8 21	1 (7.7%)
46 XY, DEL (11)Q(23)	1 (7.7%)
46 XY, DEL (3) (Q21) T 1;1), T (2;7)	1 (7.7%)
48 XX +22	1 (7.7%)
46 XY, INV (9)(Q23Q34)	1 (7.7%)
47 XY +8	1 (7.7%)
COMPLEX	1 (7.7%)
MONOSOMY 19	1 (7.7%)
RISK STRATIFICATION	(n = 41)
LOW RISK	1 (2.4%)
INTERMEDIATE RISK	33 (80.5%)
HIGH RISK	7 (17.1%)
NPM	
NEGATIVE	55 (91.7%)
POSITIVE	5 (8.3%)
RESPONSE TO R	
COMPLETE REMISSION	12 (20.0%)
PARTIAL REMISSION	3 (5.0%)
REFRACTORY	19 (31.7%)
DIED	19 (31.7%)
LOST IN FOLLOW-UP	7 (11.7%)

Table 3. Comparison between patients and control groups according to studied biochemical parameters

•	CASES $(N = 60)$	CONTROL (N = 60)	P
BISPHENOL-A (MG/ML)			
MEAN ± SD.	690.3 ± 122.3	257.4 ± 87.05	<0.001*
FAS (NG/ML)			
MEAN ± SD.	5.73 ± 1.45	2.68 ± 0.74	< 0.001*
IL-4 (PG/ML)			
MEAN ± SD.	101.5 ± 36.31	35.24 ± 13.83	<0.001*
IL-6 (PG/ML)			
$MEAN \pm SD.$	36.90 ± 9.94	13.40 ± 6.95	< 0.001*
CYCLIN- D1(NG/ML)			
MEAN ± SD.	9.36 ± 2.02	3.42 ± 1.46	< 0.001*
BAD (NG/ML)			
MEAN ± SD.	1.43 ± 0.46	2.63 ± 0.80	< 0.001*

Table 4. Diagnostic performance for different parameters to discriminate patients (n = 60) from control (n = 60)

	AUC	P	95% C.I	CUT OFF	SENSITIVITY	SPECIFICITY	PPV	NPV
BISPHENOL-A (MG/ML)	0.985	<0.001*	0.966 - 1.000	>340	95.00	90.00	90.5	94.7
FAS (NG/ML)	0.923	< 0.001*	0.862 - 0.984	>3.5	91.67	91.67	91.7	91.7
IL-4 (PG/ML)	0.964	<0.001*	0.933 - 0.995	>37.4#	96.67	91.67	92.1	96.5
IL-6 (PG/ML)	0.979	<0.001*	0.954 - 1.000	>18	96.67	90.0	90.6	96.4
CYCLIN-D1 (NG/ML)	0.966	<0.001*	0.939 - 0.994	>5	93.33	73.33	77.8	91.7
BAD (NG/ML)	0.897	<0.001*	0.841 - 0.953	≤1.9	83.33	81.67	82.0	83.1
AUC: Area Under a Curve		p value: Proba	ability value		CI:	Cor	nfidence	

Intervals
NPV: Negative predictive value

PPV: Positive predictive value

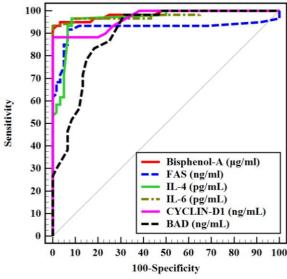


Figure 1. ROC curve for different parameters to discriminate patients (n = 60) from control (n = 60)

4. Discussion

Acute Myeloid Leukemia (AML) is a complex heterogeneous clonal disease characterized by abnormal hematopoietic progenitors, and biomarkers play a crucial role in its management. 17

Here we focused on some of most important biomarkers in AML, Bisphenol A (BPA), commonly found in human serum, has been shown to promote the proliferation of AML cells and reduce their sensitivity to some chemotherapy agents like DNR and Ara-C which are corner stone in AML treatment. This finding is also reported by Z. J. Chen et al and K.-S. Khan et al. ^{6, 18}

Mileva et al. and Pivnenko et al. explained the direct exposure of humans to biphenolic materials in many industrial products. This leads to many changes in the human body, as stated by Mileva et al. which showed epigenetic changes that happen to humans, which also affect the signaling pathway of cells, which is connected to carcinogenesis. 19, 20

Most of the studies measured Fas (CD95) by flow cytometry in peripheral blood and bone marrow cells with a range of expression (1.5–5.1). In our study, we measured FAS using the ELISA technique to provide a cheaper method for evaluation with comparable results to other techniques. Furthermore, it has been confirmed by our study that FAS expression was significantly lower in the AML patients group compared to the

controls which in line with results of Prada-Arismendy et al Chen et al. 18,21 Reduced expression of molecules like FAS that play a role in triggering the apoptotic pathway helps cancer cells escape (apoptosis) programmed cell death. Consistent with our findings, this downregulation likely supports the survival and unchecked growth of cancer cells, allowing them to evade therapies that aim to induce apoptosis.

Peña-Martínez et al discussed the major role of IL4 in the AML microenvironment as it induces apoptosis of AML cells. Additionally, IL4 is a negative regulator of growth and survival of Myeloid leukemic stem cells.²² This goes with our results, which have shown a significant difference between AML patients and controls. Lundin J et al conducted a phase I/II study and found that administration of IL4 might induce antiapoptotic effect on leukemic cells.²³ But other researcher considered blocking IL 4 and its receptor is one of theraputic targets in AML treatment as it is promoting.²⁴⁻²⁶ considered tumor contradictory opinions raise the need for further evaluation of the role of IL4 in AML patients using murine models.

High relapse rate and poor survival are principally related to chemo resistance in AML patients. Many cytokines have been studied for their pivotal role in chemoresistance, and one of them is IL-6. Hou et al and Saadi et al concluded from their studies that IL6 confers chemo resistance by different mechanisms, such as MFN1-mediated mitochondrial fusion and promotion of the oxidative phosphorylation pathway (OXPHOS).^{8, 27}

Cyclin D1 role as oncogenic driver in many tumors including AML remains of great debate. In agreement with our study results, which showed a significant relationship between the patient group and controls in newly diagnosed AML patients, which plays a major role as oncogenic drivers, as reported by Masamoto et al.28 The function of cyclin D1 and its associated kinases seems diverse and still poorly understood in AML. inhibitors New CDK such ribociclib, as abemaciclib and others are trying to join the guidelines for cancer treatment.²⁹⁻³¹

Garcia et al emphasized the fact that treatment of AML has remained a big challenge till now, with the standard model of chemotherapy approach for eligible patients. In 2017, with the advancement in research, the FDA approved two targeted therapies for AML patients with a molecular alteration in the FLT3 or IDH genes. IN 2020, another Major advancement was made with the release of the efficacy of VEN for the treatment of AML patients who are not eligible for intensive treatment. Targeting the BAD pathway has made a major change in AML treatment plans, which goes with our results, as there is a

significant difference between levels of BAD.32-34

4. Conclusion

In this study, we provide an economic, simple and easy approach to a number of significant biomarkers playing a role either in tumorigenesis, cell cycle regulation and apoptosis of cancer cells and pave the road for Urge need for targeting these biomarkers and initiating clinical trial to change AML treatment plan for better achievement of treatment goals.

Disclosure

The authors have no financial interest to declare in relation to the content of this article.

Authorship

All authors have a substantial contribution to the article

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Conflicts of interest

There are no conflicts of interest.

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