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# Effect of some natural preservatives on *Staph.aureus* and *E.coli*

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### **ABSTRACT**

#### **Key words:**

M. olifera extract , Cinnamon oil , Cumin oil , Staph.aureus and E.coli.

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Natural preservatives are effective in extending the shelf life of meat without health risks. This study investigated the antibacterial effect of Moringa olifera extract, Cinnamon and Cumin oils against Staph.aureus and E. coli. A total of 2000 g minced beef was devided into three equal groups, firist and second groups were inoculated with Staph. aureus and E. coli (10<sup>6</sup>), the last group was control negative. Each inoculated group was subdivided into four groups, one group was control positive and the other three groups were treated with M.olifera extract, Cinnamon and Cumin oils (1.5% for each), then stored at 4°c for 18 days. Sensory examination, Staph. aureus and E. coli counts were done every 3 days. The results revealed that control group spoiled at 9<sup>th</sup> day, meanwhile Cumin, Cinnamon oils and M.olifera extract showed signs of deterioration at 12<sup>th</sup>,15<sup>th</sup> and 18<sup>th</sup> day of storage, respectively. The bacterial count of control +ve groups significantly increased from  $5.0 \times 10^6 \pm 0.3 \times 10^6$  to  $9.5 \times 10^6 \pm 0.8 \times 10^6$  and from  $2.0 \times 10^6 \pm 0.1 \times 10^6$  to  $7.9 \times 10^6 \pm 0.6 \times 10^6$  for *Staph*. aureus and E. coli, respectively, however treated samples showed slight increase in the count to  $7.1 \times 10^6 \pm 0.6 \times 10^6$ ,  $6.4 \times 10^6 \pm 0.6 \times 10^6$  and  $5.8 \times 10^6 \pm 0.5 \times 10^6$  cfu/g with reduction percent 25.2%, 32.6% and 38.9 % &  $4.8 \times 10^6 \pm 0.4 \times 10^6$ ,  $4.1 \times 10^6$  $\pm 0.3 \times 10^{6}$  and  $3.7 \times 10^{6} \pm 0.3 \times 10^{6}$  with reduction percent 39.2%, 48.1% and 53.2% for Staph. aureus and E. coli, respectively, at 6th day of storage period for Cumin, Cinnamon oils and M.olifera extract, respectively.

### 1. Introduction

Meat has the advantage of high quality protein that contains the essential amino acids, as well as some important minerals such as iron, copper ,tin, manganese, zinc, and other trace elements which play an important role in the process of body metabolism and the production of antioxidant enzymes (1).

On the other side, meat is considered as a perfect medium for growth of several organisms because of the high moisture content, the high percentage of nitrogenous compounds, fermentable carbohydrates (glycogen) and ideal pH for most microorganisms (2). Microbial growth and lipid oxidation have unfavorable effects on the nutritional quality which lead to meat spoilage and tremendous economic losses (3). Additionally, the microbial growth might also have negative impact on the sensory criteria of meat due to the development of adverse reactions that involve bad odor, color and textural changes in meat (4). Consequently, preservation of meat by using antioxidants and antimicrobial agents is very important, resulting in consumers getting safe and

high-quality of meat and meat products (5). Recently, the use of natural preservatives are preferable than the chemical synthetic additives that may cause health problems to consumers (6 Natural food additives such as essential oils and plant extracts derived from spices and herbs have become very common in meat technology to prolong the shelf-life of meat and meat products and preventing the organoleptic and nutritional losses induced by microbiological or enzymatic reactions (4).

Moringa oleifera (MO) is a fast-growing, drought-resistant tree belongs to the family Moringaceae, usually known as drumstick tree (7). The leaves have rich sources of minerals such as calcium, magnesium ,potassium, iron, zinc and copper (8). These leaves are utilised to extend the shelf life of foods due to the presence of antioxidants such as phenolics, flavonoids, carotenoids and ascorbic acid (9). The leaves and seeds of Moringa olifera have significant medicinal properties that include antibacterial, antioxidant, and antifungal activities and have been evaluated as natural preservative for different types of meat products (10,11). In addition to its nutritional properties, it provides food with favorable taste and aroma (5).

The Cinnamon bark and leaves are frequently used as spices and their distilled essential oils are used as flavoring materials in the food industry (12). The main component in the essential oil of Cinnamomum zeylanicum is cinnamaldehyde which was reported to inhibit ATPase enzyme and disrupt the outer cell membrane of microorganisms. (13).

Cumin (Cuminum cyminum) is an herbaceious plant used as a constituent in many foods processing not only for its seasoning and flavoring effect, but also as natural antimicrobial preservative due to its inhibitory effect against many microorganisms (14).

The antimicrobial activity of Cumin essential oil is attributed to the high level of Cumin-aldehyde and other minority compounds that may contribute to the antimicrobial activity such as  $\beta$ -pinene, limonene and  $\alpha$ -pinene (15).

Control of food borne pathogens remain as an important issue for specialists of food industry, Therefore the main target of the present work was carried out to evaluate the efficacy of some natural preservatives against two serious pathogenic bacteria such as *Staph.aureus* and *E. coli* in minced beef stored at 4°C.

### 2. Material and methods:

### 2.1 Bacterial strains:

Staph.aureus (ATCC 25923) and E. coli (O78 ATCC 700928) strains were obtained from Food analysis center, Food Hygiene Department, Faculty of Veterinary Medicine, Benha University, with recommended dose 2.0×10<sup>6</sup> cfu/ml for E.coli and 5.0×10<sup>6</sup> cfu/ml for Staph.aureus.

### 2.2. Natural essential oils:

Cinnamon and cumin essential oil (1.5% for each) were purchased from Food analysis center, Food Hygiene Department, Faculty of Veterinary Medicine, Benha University. These materials were of analytical reagent grade. The oils were stored in refrigerator until be used.

# 2.3 Collection and Preparation of Moringa olifera leaves (MOL):

Fresh M. oleifera leaves (MOL) were purchased from a local herbal store in Menofia Governorate, Egypt. MOL was prepared according to the method reported by (16). The leaves were washed well in order to get rid of any dirts and contaminants, then dried in a hot air oven at 60 °C and crushed into a fine powder. The powder was passed through sieve (No. 60) and extracted by soaking 400 g of dried powder in 2 L of boiled water at room temperature for 1 h, with frequent stirring. The obtained aqueous extract of M. oleifera leaves was filtered by Whatman No. (1) filter paper, and the residue was re-extracted again with 1 L distilled water. Both filtrates were mixed, kept in a sterile glass container and stored in refrigerator until be used.

# 2.4 Preparation of samples according to: Barbosa *et al.*.(17)

2000 g of fresh minced beef were bought from a butcher shop in Shbien –Elkom city, Menofia governorate then 2abeled2red in an ice box to Animal health research institute –Shbien El-kom branch. Minced meat was divided into three equal groups (650 g each) then spreaded to very thin sheets and exposed to ultraviolet light to decease bacterial count.

After that  $1^{st}$  group was inoculated with *Staph*. *aureus* strain  $(10^6 \text{ cfu/g})$ , the  $2^{nd}$  group was inoculated with *E .coli* strain  $(10^6 \text{ cfu/g})$  and the last group was served as control –ve.

The inoculation was done by pouring and swabbing over the minced meat surface (18). The inoculated samples were kept for 30 minutes to allow attachment and absorption of inoculated

bacteria . Each inoculated group was subdivided in to 4 minor groups (160 g each) one group was served as control +ve and the other three groups were treated with M.olifera extract ,Cinnamon and Cumin oils with the same concentration 1.5% , then mixed thoroughly by squeezing over the bags for 10 minutes . Samples were packaged ,3labeled and stored at 4  $^{\rm o}{\rm c}$  .

Sensory evaluation, *Staph. Aureus* and *E. coli* counts were conducted from day 0 and every 3 days until the end of the experiment using serial dilutions and spread plate techniques.

### 2.5 Sensory evaluation:

#### 3. Results:

Table (1) illustrated the sensory characteristics of control (untreated ) minced meat samples refrigerated at 4 °c .The results revealed that control samples were completely spoiled at 9<sup>th</sup> day of cold storage. Results tabulated in tables (2, 3,4 ) revealed the sensory characteristic scores of minced meat samples treated with different natural preservatives. Addition of 1.5% M.olifera extract maintained the overall acceptability of the sensory parameters until 15<sup>th</sup> day , 1.5% Cinnamon oil maintained the overall acceptability until 9<sup>th</sup> day, while Cumin oil 1.5% conserved the overall acceptability until 6<sup>th</sup> day of cold storage. Regarding to the influence of natural essential oils on artificially inoculated Staph.aureus in minced meat samples, table (5) revealed that the mean value of examined strain count at zero time was  $5\times10^6\pm0.3\times10^6$  (CFU/g) in control and treated groups. After the day 3, there was progressive increasing in Staph.aureus count in control group which recorded  $7.4 \times 10^6 \pm 0.6 \times 10^6$  (CFU/g), while the mean values of Staph.aureus counts  $5.9 \times 10^6 \pm 0.5 \times 10^6$  $5.5 \times 10^6 \pm 0.4 \times 10^6$  $5.2\times10^6\pm0.4\times10^6$  (CFU/g) with reduction rate of 20.3%, 25.7% and 29.7% for Cumin oil, Cinnamon oil and M.olifera extract, respectively. On the 6th day of storage, Staph.aureus count increased significantly in control group with mean value of  $9.5 \times 10^6 \pm 0.8 \times 10^6$  (CFU/g), conversely all treated samples exhibited a significant effect in controlling Staph.aureus growth with mean values  $7.1 \times 10^6 \pm 0.6 \times 10^6$ ,  $6.4 \times 10^6 \pm 0.6 \times 10^6$  and  $5.8\times10^6\pm0.5\times10^6$  (CFU/g) and reduction rate of 25.2 %, 32.6% and 38.9% for Cumin oil, Cinnamon oil and M.olifera extract, respectively .Furthermore, On the 9<sup>th</sup> day of storage the control sample got spoiled but treated samples were still accepted with mean values of  $8.9 \times 10^6 \pm 0.8 \times 10^6$ ,

The color, odor, appearance, consistency and overall acceptability were determined according to (19)

### 2.6 Determination of Staph. aureus count :

Staph. Aureus count was determined according to (20)

### 2.7 Determination of *E. coli* count:

E. coli count was determined according to (21)

### 2.8 Statistical analysis

All data statistically analysed by using Two – way analysis of variance (ANOVA) according to (22)

 $7.3\times10^6\pm0.6\times10^6$  and  $6.5\times10^6\pm0.5\times10^6$  (CFU/g) for Cumin oil, Cinnamon oil and M.olifera extract , respectively . Cumin oil treated samples spoiled at the  $12^{th}$  day of the storage period , Cinnamon oil treated samples recorded  $9.2\times10^6\pm0.7\times10^6$  (CFU/g) at the  $12^{th}$  day of storage then got spoiled at the  $15^{th}$  day of the storage period , while M.olifera extract treated samples did not show signs of spoilage till the end of the experiment and recorded  $8.0\times10^6\pm0.6\times10^6$  and  $9.1\times10^6\pm0.8\times10^6$  (CFU/g) for Staph.aureus count at the  $12^{th}$  and  $15^{th}$  day of the storage period, respectively, and spoiled at  $18^{th}$  day.

The inhibitory effect of tested natural preservatives on artificially inoculated E. coli strain into minced meat samples was estimated. Data presented in table (6) showed that the mean value of E.coli at zero time was  $2.0 \times 10^6 \pm 0.1 \times 10^6$  (CFU/g) control and treated groups . E.coli count at the 3<sup>rd</sup> day of storage demonstrated higher rate in control group with mean value of  $3.9 \times 10^6 \pm 0.2 \times 10^6$ (CFU/g) , whereas in treated groups , E.coli counts showed more lowering as compared with control group with mean values  $2.6 \times 10^6 \pm 0.2 \times 10^6$  $2.4\times10^{6}\pm0.2\times10^{6}$  $2.3 \times 10^6 \pm 0.1 \times 10^6$  (CFU/g) and reduction rate of 33.3 % ,38.5% and 41% for Cumin oil, Cinnamon oil and M.olifera extract, respectively. On the day 6, the control group showed dramatic increase in E.coli count with mean  $7.9\times10^6\pm0.6\times10^6$  (CFU/g) . On the other hand, treated groups displayed a significant effect in controlling E.coli growth with mean values of 4.  $8\times10^6\pm0.4\times10^6$  $4.1\times10^{6}\pm0.3\times10^{6}$  $3.7 \times 10^6 \pm 0.3 \times 10^6$  (CFU/g) and reduction rate of 39.2%, 48.1% and 53.2% for Cumin oil, Cinnamon oil and M.olifera extract, respectively. At the 9<sup>th</sup> day of storage control group revealed signs of decomposition , nevertheless all treated samples continued their positive antibacterial effect with mean values of  $7.0\times10^6\pm0.6\times10^6$  ,  $5.9\times10^6\pm0.5\times10^6$  and  $5.2\times10^6\pm0.4\times10^6$  (CFU/g ) for Cumin oil, Cinnamon oil and M.olifera extract , respectively . By the time there was a gradual elevation in E.coli counts in all treated samples , Cumin oil treated samples got spoiled by the  $12^{th}$  day of the experiment . E.coli count in Cinnamon

oil treated group was  $7.3\times10^6\pm0.6\times10^6$  (CFU/g ) at the  $12^{th}$  day, after that spoilage was noticed by the  $15^{th}$  day of the experiment , while the group treated with M.olifera extract remained acceptable until the  $15^{th}$  day of the experiment with mean values of  $6.5\times10^6\pm0.6\times10^6$  and  $7.7\times10^6\pm0.6\times10^6$  (CFU/g ) at the  $12^{th}$  and  $15^{th}$  day of the storage period , respectively ,then spoiled at the  $18^{th}$  day.

Table (1) sensory characteristic scores of control untreated minced meat samples during chilling at 4 °c (n=3)

					0 0	
Trait Storage time	Color	Odor	Appearance	Consistancy	Over all acceptability	Grade
Zero time	4.8±0.3	4.8±0.1	4.8±0.1	4.8±0.2	4.8±0.1	Very good
3 <sup>rd</sup> day	3.4±0.2	3.2±0.1	3.2±0.2	3.0±0.1	3.2±0.1	Acceptable
6 <sup>th</sup> day	1.6±0.1	1.4±0.1	1.6±0.1	1.4±0.1	1.5±0.1	Bad
9 <sup>th</sup> day	S	S	S	S	S	Spoiled
12 <sup>th</sup> day	S	S	S	S	S	Spoiled
15 <sup>th</sup> day	S	S	S	S	S	Spoiled
18 <sup>th</sup> day	S	S	S	S	S	Spoiled

4.5-5 : Very good 4-4.5 : Good 3-4: Acceptable 2-3: Un acceptable 1-2:Bad S:Spoiled

Table (2) Sensory characteristic scores of minced meat treated with 1.5% cumin oil during chilling at 4 °c (n=3)

Trait Storage time	Color	Odor	Appearance	Consistancy	Over all acceptability	Grade
Zero time	4.8±0.3	4.8±0.1	4.8±0.1	4.8±0.2	4.8±0.1	Very good
3rd day	4.0±0.1	4.0±0.2	3.8±0.2	4.0±0.1	4.0±0.1	good
6 <sup>th</sup> day	3.6±0.2	3.4±0.2	3.6±0.1	3.8±0.1	3.6±0.2	Acceptable
9 <sup>th</sup> day	$2.8\pm0.1$	2.8±0.1	3.0±0.1	2.6±0.2	2.6±0.2	Un acceptable
12 <sup>th</sup> day	S	S	S	S	S	Spoiled
15 <sup>th</sup> day	S	S	S	S	S	Spoiled
18 <sup>th</sup> day	S	S	S	S	S	Spoiled

14.5-5: Very good 4-4.5: Good 3-4: Acceptable 2-3: Un acceptable 1-2: Bad S: Spoiled

Table (3) sensory characteristic scores of minced meat treated with 1.5% cinnamon oil during chilling at 4 °c (n=3)

Trait Storage time	Color	Odor	Appearance	Consistancy	Over all acceptability	Grade
Zero time	4.8±0.3	$4.8\pm0.1$	4.8±0.1	4.8±0.2	4.8±0.1	Very good
3 <sup>rd</sup> day	4.6±0.1	4.4±0.1	4.6±0.2	4.4±0.1	4 .5±0.1	Good
6 <sup>th</sup> day	4.2.±0.2	4.2.±0.2	4.0.±0.2	4.2.±0.1	4.2.±0.1	Good
9 <sup>th</sup> day	3.2±0.2	3.0±0.1	3.0±0.2	2.8±0.2	3.0±0.1	Acceptable
12 <sup>th</sup> day	2.6±0.1	2.2±0.2	2.8±0.1	2.4±0.1	2.5±0.2	Un acceptable
15 <sup>th</sup> day	S	S	S	S	S	Spoiled
18 <sup>th</sup> day	S	S	S	S	S	Spoiled
4.5-5 :Very good	4-4.5 : Good	d 3-4: Acc	ceptable 2-	-3: Un acceptable	1-2:Bad S	S:Spoiled

Table (4) sensory characteristic scores of minced meat treated with 1.5% Moringa olifera extract during chilling at  $4 \, ^{\circ}$ c (n=3)

Trait Storage time	Color	Odor	Appearance	Consistancy	Over all acceptability	Grade
Zero time	4.8±0.3	4.8±0.1	4.8±0.1	4.8±0.2	4.8±0.1	Very good
3 <sup>rd</sup> day	4.6±0.2	4.6±0.1	4.6±0.1	4.4±0.1	4.6±0.1	Very good
6 <sup>th</sup> day	4.4±0.1	4.2±0.1	4.2±0.2	4.4±0.2	4.3±0.2	Good
9 <sup>th</sup> day	4.2±0.1	4.0±0.2	3.8±0.2	4.2±0.1	4.0±0.2	Good

12 <sup>th</sup> day	3.6±0.2	3.2±0.1	3.2±0.1	3.0±0.1	3.3±0.1	Acceptable
15 <sup>th</sup> day	3.4±0.1	3.0±0.1	3.0±0.1	2.8±0.2	3.1±0.2	Acceptable
18 <sup>th</sup> day	S	S	S	S	S	Spoiled

4.5-5 : Very good

4-4.5 : Good

3-4: Acceptable

2-3: Un acceptable

1-2:Bad

S:Spoiled

Table (5) Effect of natural essential oils on *Staph. aureus* experimentally inoculated  $(5.0 \times 10^6 \text{ /g})$  to minced meat stored at  $4^{\circ}$ c (n=3)

stored at 7 c (II	<i>o</i> ,						
Additives		1.5% Cumin oil				M.olifera extract	
				1.5% Cinnamon oil			
Storage time	Control (+ve)	Mean±S.E	R%	Mean±S.E	R%	Mean±S.E	R%
Zero time	$5 \times 10^6 \pm 0.3 \times 10^6$	$5 \times 10^6 \pm 0.3 \times 10^6$		$5 \times 10^6 \pm 0.3 \times 10^6$		$5 \times 10^6 \pm 0.3 \times 10^6$	
3 <sup>rd</sup> day	$7.4 \times 10^6 \pm 0.6 \times 10^6$	$5.9 \times 10^6 \pm 0.5 \times 10^6$	20.3	$5.5 \times 10^6 \pm 0.4 \times 10^6$	25.7	$5.2\times10^6\pm0.4\times10^6$	29.7
6 <sup>th</sup> day	$9.5 \times 10^6 \pm 0.8 \times 10^6$	$7.1\times10^6\pm0.6\times10^6$	25.2	$6.4\times10^6\pm0.6\times10^6$	32.6	$5.8 \times 10^6 \pm 0.5 \times 10^6$	38.9
9 <sup>th</sup> day	S	$8.9 \times 10^6 \pm 0.8 \times 10^6$		$7.3\times10^6\pm0.6\times10^6$		$6.5 \times 10^6 \pm 0.5 \times 10^6$	
12 <sup>th</sup> day	S	S		$9.2\times10^6\pm0.7\times10^6$		$8.0\times10^6\pm0.6\times10^6$	
15 <sup>th</sup> day	S	S		S		$9.1\times10^6\pm0.8\times10^6$	
18 <sup>th</sup> day	S	S		S		S	

<sup>\*\*</sup>Mean values with different superscript litters in the same rows are significantly different (P<0.05).

S.E = Standard error

R % = Reduction %

S= Spoiled

Table (6) Effect of natural essential oils on Enteropathogenic *E.coli* experimentally inoculated  $(2.0 \times 10^6 \text{ /g})$  ) to minced meat stored at  $4^{\circ}$ c (n=3)

Additives		1.5% Cumin oil		1.5% Cinnamon oil		M.olifera extract	
Storage time	Control (+ve)	Mean±S.E	R%	Mean±S.E	R%	Mean±S.E	R%
Zero day	$2.0\times10^6\pm0.1\times10^6$	$2.0\times10^6\pm0.1\times10^6$		$2.0\times10^6\pm0.1\times10^6$		$2.0\times10^6\pm0.1\times10^6$	
3 <sup>rd</sup> day	$3.9 \times 10^6 \pm 0.2 \times 10^6$	$2.6 \times 10^6 \pm 0.2 \times 10^6$	33.3	$2.4\times10^6\pm0.2\times10^6$	38.5	$2.3\times10^6\pm0.1\times10^6$	41
6 <sup>th</sup> day	$7.9 \times 10^6 \pm 0.6 \times 10^6$	$4.8 \times 10^6 \pm 0.4 \times 10^6$	39.2	$4.1\times10^6\pm0.3\times10^6$	48.1	$3.7 \times 10^6 \pm 0.3 \times 10^6$	53.2
9 <sup>th</sup> day	S	$7.0\times10^6\pm0.6\times10^6$		$5.9 \times 10^6 \pm 0.5 \times 10^6$		$5.2\times10^6\pm0.4\times10^6$	
12 <sup>th</sup> day	S	S		$7.3\times10^6\pm0.6\times10^6$		$6.5 \times 10^6 \pm 0.6 \times 10^6$	
15 <sup>th</sup> day	S	S		S		$7.7 \times 10^6 \pm 0.6 \times 10^6$	
18 <sup>th</sup> day	S	S		S		S	

<sup>\*\*</sup>Mean values with different superscript litters in the same rows are significantly different (P<0.05).

S.E = Standard error

R % = Reduction %

S= Spoiled

### 4. Discussion

Natural preservatives have potent antimicrobial properities as they can act against resistance mechanisms of bacteria, they can hinder membrane- integrated or associated enzyme-proteins, stopping their activity or production. They also could inhibit the synthesis of DNA, RNA, proteins and polysaccharides in bacterial cells (23, 24).

The sensory evaluation is generally the main guide of the product quality from consumer point of view. It is a quick, easy , and efficient technique for receiving an idea about the quality of the product and its overall acceptability (25)

It is evident from results that the sensory properities were improved by using natural preservatives compared to control samples and that were in agreement with (26) who said that natural

antioxidants improved color and flavor stability in

This study showed that the sensory characteristics of M. olifera treated samples were significantly improved and the overall acceptability continued till  $15^{\rm th}$  day of the storage period , these results agree with (27) who found that the treated meat balls with M.olifera extract 1% , 2% showed overall acceptability until  $15^{\rm th}$ ,  $18^{\rm th}$  day of the storage period, respectively.

Furthermore , (28 ) revealed that samples treated with 1% M.olifera extract maintained the overall acceptability until  $14^{th}$  day of cold storage , compared to control one which got spoiled after  $6^{th}$  day of cold storage , As well as it could extend the shelf life of chicken meat without any alteration in sensory traits . The leaves of M. olifera are rich in polyphenolics, flavonoids, carotenoids, and other bioactive compounds which gave the food special favorable taste and aroma (5 ) . In

addition (29) said that untreated samples of Poultry meat stored at chilling were completely spoiled at  $6^{th}$  day and the addition of 1% M.olifera extract maintained the acceptability until 14th day.

On the other hand (30) said that the incorporation of Moringa extract decreased some of the sensory characteristics of cooked patties such as color, taste and overall acceptability. Also, (11) indicated that increasing M. olifera concentration more than 1% may have changed the characteristic sensory attributes of the chicken sausages.

The results also revealed the better effect of Cinnamon oil on the sensory attributes and that were in agreement with (31) who recorded that 1.5% cinnamon oil demonstrated highest enhancement of sensory characteristics and their treated sample did not show spoilage until the 12<sup>th</sup> day of cold storage.

The samples treated with cumin oil 1.5% demonstrated the lowest improvement in sensory characters, these results were nearly similar to (32) who found that the addition of cumin oil (0.3%, 0.5%, 1.0%) to minced meat samples showed a slight improvement in sensory characters compared to other oils under study which revealed a better improvement.

Food poisoning caused by Staph. aureus is mainly due to the consumption of contaminated food with staphylococcal enterotoxins (33). The existance of Staph. Aureus species in meat may be due to direct contact with workers, with hand or arm lesions, or by coughing and sneezing. Food handlers are often the major source of food contamination on staphylococcal outbreaks (34). E.coli is another important food borne pathogen and its presence in considered as indicator food of contamination, the symptoms may be severe diarrhea in infants and young children, as well as food poisoning and gastroenteritis among the adults (35).

The results in table (5,6) indicated that the control samples had the highest count of *Staph aureus* and *E.coli* compared to other treatments, M.olifera extract showed the maximum antibacterial activity. These findings are nearly similar to (27) who recorded that the incorporation of M.olifera extract 1%, 2% into minced meat revealed a significant decrease in *Staph. aureus* and *E.coli* counts and extended the shelf life till the end of the experiment (18 day). Also, (36) studied the antibacterial effect of M.olifera extract against *Staph. Aureus* and *E.coli* in chicken fillet, they found that M.olifera extract had a significant antibacterial effect against tested strains when

compared to control sample. Furthermore, (37) recorded that the bacterial counts of *Staph. Aureus* and *E.coli* decreased by using three different levels (1%, 2%,3%) of M.olifera extract in smoke dried catfish.

Moriga oleifera leaves was reported to contain a chemical constituent called pterygospermin which readily splits into two molecules of benzyl isothiocyanate, that is known to have antimicrobial characters (11).

A previous study conducted by (38) showed that M.olifera extract at level 100g/kg complete inhibition in Staph .aureus and E.coli growth during 12<sup>th</sup> day of refrigeration in treated chicken patties as compared to the control group which recorded higher bacterial counts ,however Staph .aureus was detected in treated chicken patties on the day 12 of refrigeration which may be due to external contamination. The same authers reported that this antimicrobial activity may be owing to abundance of phytochemical substances such as flavonoids, polyphenols as well as some proteins and peptides. Accordingly, (5) found that in vitro effect of M.olifera extracts showed a remarkable antimicrobial activity against Gramnegative bacteria, but the maximum inhibitory effect of the extract was found toward E. coli.

The current study revealed a good antimicrobial effect of Cinnamon oil 1.5 % against Staph. aureus and E. coli as it extended the shelf life until the 15<sup>th</sup> day of the experiment, thus it has a potential applicability as a natural preservative to improve food safety. These results match with those obtained by (39) who reported that adding cinnamon oil 1% to inoculated chicken minced meat samples with Staph .aureus revealed lower counts with reduction percent 23%,37% at 4th,6th day of cold storage, respectively, however the same authors found that cinnamon oil exerted a potent antibacterial effect against E. coli with reduction percent 100% at the 5<sup>th</sup> day of the storage period. Additionally, (40) found that Cinnamon oil (1.5%) had various degrees of inhibition against the two bacterial strains as it reduced E. coli count with reduction percent reached 75% after 5 days while Staph .aureus growth was completely inhibited with reduction percent 100% after 2 days of cold storage.

Our results was partially different from those obtained by **(41)** who recorded reduction percent 96.78% and 91.23% for *Staph .aureus* and *E. coli*, respectively, on the 9<sup>th</sup> day of the experiment when using cinnamon oil 1%.

Concerning to the results of Cumin oil usage, it exhibits lower antibacterial effect, which were

agree with (32) who declared that using of cumin oil 1% showed inhibition of *Staph.aureus* growth with a reduction percent 14.59%, 10.69% after 72 hrs, 96 hrs, respectively, they said that Cumin oil showed the lowest antibacterial effect compared to other tested essential oils. These findings disagreed with those obtained by (42) who reported a significant inhibitory effect of cumin extract against *Staph aureus* and *E.coli* with reduction percent 99,97% for both after 7days of the experiment.

### 5. Conclusion

The current study proved that Moringa olifera extract, Cinnamon and Cumin oils can be used as natural preservatives with remarkable antibacterial effect as well as accepted organoleptic properities. Moringa olifera extract showed the highest inhibitory effect on *Staph .aureus* and *E. coli* followed by cinnamon oil and finally cumin oil. Therefore, they may be useful to maintain the meat quality, extending its shelf life at cold storage, preventing economic loss and providing the consumer with healthy products.

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