

## **Inceptor Receptor: Novel Target for Enhancing Insulin Sensitivity in Diabetes**

*Hadeer Hafez*

*Intern, October 6th University*

### **Background**

Insulin resistance is a major challenge in managing type 2 diabetes, and addressing it is crucial for improving diabetes care. The discovery of the Inceptor receptor, which dampens insulin signaling, presents a promising target for boosting insulin sensitivity and improving glucose regulation.

### **Methods**

We conducted a comprehensive literature review using databases such as PubMed, Scopus, and Web of Science. We examined studies focusing on the mechanisms, experimental models, and clinical significance of the Inceptor receptor in relation to insulin resistance and type 2 diabetes.

### **Results**

Research indicates that the Inceptor receptor suppresses insulin receptor

activity, reducing insulin signaling. In animal studies, blocking the Inceptor receptor improved insulin sensitivity and glucose absorption. It also showed potential in protecting  $\beta$ -cells from stress, slowing the progression of type 2 diabetes. However, more research is needed to explore its therapeutic potential.

### **Conclusion**

The Inceptor receptor offers promise for enhancing insulin sensitivity and glucose regulation in diabetes patients. While preclinical studies are encouraging, further research is essential to translate these findings into clinical applications and develop successful therapies for those with insulin resistance.

### **Keywords**

Inceptor receptor,  $\beta$ -cell protection, Preclinical studies, Receptor blockade, Insulin signaling