# **REPRODUCTIVE AND PRODUCTIVE EFFICIENCY OF BARKI EWES FED ON** *NIGELLA SATIVA* MEAL AS A SOURCE OF RATION PROTEIN

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## SUMMARY

ixty adult Barki ewes (2.0-3.0 years old and  $38.89 \pm 1.02$  kg average body weight) were used to investigate the effect of feeding Nigella sativa meal as an alternative source of protein on the reproductive and productive performance of Barki ewes. Animals were randomly assigned into equal three groups (20 each). The first group (G1) served as control and fed the basal diet contain 20% cotton seed meal and 6% soya bean meal as a source of ration protein, while the second group (G2) fed diet contained 13.5% of Nigella sativa meal (NSM) and 8% soya bean meal as a source of ration protein. The Third group (G3) fed diet contained 25% of NSM as a source of ration protein. All groups were offered berssem (Trifolium alexandrnum) hay ad libitum, and rations were adjusted monthly to cover their requirements during their different physiological status. Reproductive traits in terms of conception and lambing rates, abortion and stillbirth rates, number of lambs born alive and weaned and mortality rate from birth to weaning were measured during this study. Birth and weaning weights as well as body weight changes of ewes recorded during different physiological stages. Milk yield and composition were also determined. Results indicated that conception and lambing rates were insignificantly higher in G1 and G2 compared with G3. While number of lambs born alive was higher in G2 and G3 than control group (19 and 18 Vs. 17 lambs for G2, G3 and G1 respectively). Birth and weaning weights were significantly higher in G3 then G2 compared with control group. G3 recorded higher milk production during lactation period (627.29 ml/h/d) then G2 (601.33 ml/h/d) while control group recorded the lowest value (587.33 ml/h/d). Progesterone profile in the three experimental groups was found to follow the normal pattern reported in the literature. Progesterone levels insignificantly increased in control group than other two groups during pregnancy, especially during late pregnancy and decreased to the basal values after parturition. In conclusion, we can use NSM as an alternative source of ration protein to improve reproduction and production efficiency of Barki ewes under arid conditions of North Western Coast of Egypt.

Keywords: Reproductive and productive efficiency, Barki ewes, Nigella sativa meal.

# INTRODUCTION

In Egypt, there are about 5.6 and 4.13 million heads of sheep and goats, respectively. Sheep and goats serve as investment and insurance due to high fertility, short generation interval and adaptation to harsh environment (Tsedeke, 2007 and Khalil *et al.*, 2013). The productivity of sheep and goats was reported to be low due to a number of factors as feed shortage either in quality or quantity and health constraints (Tsedeke, 2007). The lake of sufficient feed to meet the nutritional requirements of existing animal population is one of the most critical problems of animal production in Egypt. Therefore, many attempts have been made for using feed additives or agriculture byproducts (Ismaiel *et al.*, 2010) that are added to animal feed to improve their nutritive value, increasing growth rate and better feed conversion efficiency (Pluske, 2013).

The antioxidant activity is high in medicinal plants and antioxidants play an important role in inhibiting and scavenging radicals which providing protection to humans against infectious and degenerative diseases (Anwar *et al.*, 2004). Herbs could be expected to serve as feed additives due to their suitability and performance, reduced risk of toxicity and minimum health hazards (Devegowda, 1996). The World Health Organization (WHO) encourages using medical herbs to minimize the use of chemicals through the global trend to go back to natural nutrients (Mohamed *et al.*, 2003). *Nigella sativa* contains over 100 valuable components, so it is a significant source of essential fatty acids, proteins, carbohydrates, vitamins A, B1, B2, C and niacin as well as minerals and carotene. Nutritional

composition of *Nigella sativa* meal is protein 21%, carbohydrates 35% and fats 35-38%. In addition, *Nigella sativa* reduces the toxicity of cisplatin that induced fall in leucocytes count, hemoglobin levels and mean osmotic fragility of erythrocytes. (Nair *et al.*, 1991).

*Nigella sativa* is rich in nutritional values like mono-saccharides and non-starch polysaccharide component which is a useful source of dietary fiber and also rich in fatty acids, particularly, the unsaturated and essential fatty acids which cannot be manufactured by the body alone and therefore animals acquire these from food. Fifteen amino acids make up the protein content of the *Nigella sativa*, including the nine essential amino acids (Ferdous *et al.*, 1992). The black seed is also a source of calcium, iron, sodium and potassium as well as most of trace elements which act as essential cofactors in various enzyme functions (Chevallier, 1996).

Many authors studied the effect of *Nigella sativa* seeds supplementation or its products as oil or meal on the blood metabolites, reproductive and productive performance of different animals (Sanad, 2010, Randa, 2007 and El-Gaafarawy *et al.*, 2003).

Zanouny *et al.* (2003) showed that the supplementation of male lambs with *Nigella sativa* by a level of 100 gm/kg had positive effects on blood metabolites and reproductive performance. However, there were wide variations in the literature concerning the suitable level of *Nigella sativa* meal, which can be supplemented in the diet of animals. Therefore, the objective of this study was to evaluate the effect of *Nigella sativa* meal as a source of ration protein on reproductive and productive performance of Barki ewes and their lambs under arid conditions of North Western Coast of Egypt.

## MATERIALS AND METHODS

This study was carried out during the period from April 2014 to March 2015 at the Animal Production Unit in the Sustainable Development Center for Matrouh Resources, Matrouh Governorate, belongs to the Desert Research Center in the North Western Coast of Egypt.

This study aimed to investigate the impact of *Nigella Sativa* meal (NSM) as a source of ration protein on the reproductive and productive performance of Barki ewes and their lambs under arid conditions of North Western Coast of Egypt.

#### Animals and Management:

Sixty adult Barki ewes (2.0-3.0) years old and  $38.89 \pm 1.02$  kg average body weight) were assigned randomly into three equal groups (20 each). The first group (G1) served as control and fed the basal diet contained 20% cotton seed meal and 6% soya bean meal as a source of protein, while the second group (G2) fed diet contained 13% of NSM and 8% soya bean meal as a source of main ration protein. The third group (G3) fed diet contained 25% of NSM as a source of main ration protein as shown in Table (1).

Item	Diet 1	Diet 2	Diet 3
Yellow corn	50	54	53
Wheat bran	20.5	21.5	18.5
Cotton seed meal	20	0	0
Soya bean	6	8	0
Nigella sativa	0	13	25
Limestone	1.5	1.5	1.5
Mineral mixture	1	1	1
Sodium chloride	1	1	1

 Table (1): Ingredients percentage of different experimental rations.

All groups were offered berssem (*Trifolium alexandrnum*) hay ad libitum, and rations were adjusted monthly to cover their requirements during their different physiological status according to Kearl (1982). Animals were fed three weeks as a transitional period, on the tested rations before the start of the experiment work. Fresh water was available to all groups daily. Animal were kept in semi-open pens roofed with wood, and were clinically healthy and free from internal and external parasites.

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Mating season started in May 2014 and lasted for 34 days (equal to 2 estrous cycles). Five fertile rams were allowed to rotate among different ewes groups to avoid ram/group confounding effect. Rams were fed the control concentrate ration and removed from the ewes groups at early morning before offering rations.

Once lambing took place, the born lambs were ear tagged and weighed to record their birth weight and then biweekly till weaning that took place at 3 months then weaning weight was recorded and adjusted for 90 days.

### Milk samples:

Milk samples (50 ml) were taken biweekly from 5 animals within the respective groups during 12 weeks lactation period, in plastic bags and kept under -20 <sup>o</sup>C for further analysis. Milk yield was determined biweekly from lambing up to 12 weeks lactation period, representing early (up to the 4<sup>th</sup> week), mid (up to the 8<sup>th</sup> week) and late lactation periods (up to the 12<sup>th</sup> week), through the complete hand milking of the udder after fasting lambs for 12 hours for two consecutive days once at night and the next at morning to cover 24 hours.

Chemical composition of milk in terms of fat, protein, lactose, total solids and solids not fat was determined using milk scan (Bently-Belguim).

#### **Blood samples:**

During mating season, blood samples from 7 ewes of each group were collected through vein puncture (using clinical needle) at 0, 3, 7, 11, 17 and 20 days, and from day of estrus (day 0) and then at biweekly interval in pregnant ewes up to parturition. Blood samples were centrifuged at 3000 rpm for 20 minutes for the separation of serum and kept at -20 °C until further analysis.

Progesterone hormone was measured by ELISA method using IMMUNOSPEC kits supplied by Immunospec Corporation, 7018 Owensmounth Ave. Suite 103 Canoga Park, CA 91303, USA.

#### Chemical composition of feeding staff:

Samples from roughage and concentrate mixture were taken monthly to determine their chemical composition according to A.O.A. C. (1990).

### Statistical procedure:

Statistical analysis was performed using least square methods described by Sndecor and Cochran (1980). Significance for mean differences was tested according to Duncan Multiple Range Test (Duncan 1955). The General Linear Methods Procedure of SAS (1998) was employed.

## **RESULTS AND DISCUSSION**

Results of the chemical analysis of different experimental rations are shown in Table (2). The present results indicated that dry matter, ether extract, nitrogen free extract and ash were nearly similar in all tested rations. While, crude protein was higher in soya bean meal (SBM) followed by NSM compared to cotton seed meal (CSM) with values being 46.5, 31.3 and 24.0 respectively. Ether extract was higher in NSM than CSM and SBM with values being 8.5, 4.0 and 2.2%, respectively. This indicated that NSM could be considered among the richest protein and energy sources in ruminant diets. These results were in harmony with those reported by El-Nattat and El-Kady (2007), Youssef (2008) and Attia (2015).

#### **Reproductive parameters:**

As shown in Table (3), number of ewes used in mating season was 60 ewes (20 in each group), but 4 of them were barren, one ewe in G1 and G2 and two ewes in G3, while number of stillbirth ewes were 2 in G1 and G3 while one ewe aborted in G2. Data in Table (3) showed that conception rate did not differ significantly between different experimental groups with values being 95, 95 and 90% for G1, G2 and G3, respectively. These results are in agreement with those reported by El-Harairy *et al.* (2006) who reported that conception rate was not affected by feeding ration contained NSM as a source of 50% of CFM protein in Rahmani ewes. Also, lambing rate followed the same trend as conception rate with values being 90, 90 and 85% for G1, G2 and G3, respectively.

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On the other hand, groups supplemented with NSM had improved productive traits; number of lambs born alive were insignificantly increased in G2 and G3 compared to control group (19 and 18 Vs. 17 lambs, respectively). Also, number of lambs weaned showed the same trend (18 and 17 Vs. 15 lambs, respectively) which indicated that NSM can improve lambs survival and performance. Moreover, mortality rate from birth to weaning was higher in control group compared to the other two groups (11.7, 5.2 and 5.5% for control, G2 and G3, respectively). This result may be due to the positive effects of NSM on the health performance of lambs (Randa, 2007 and Ayoub *et al.*, 2011).

Item	G1	G2	G3
No. of ewes joined	20	20	20
No. of ewes conceived	19	19	18
Conception rate %	95	95	90
No. of ewes lambed	18	18	17
Lambing rate %	90	90	85
No. of barren ewes	1	1	2
No. of stillbirth	1	0	1
No of ewes aborted	0	1	0
No. of lambs born alive	17	19	18
No. of lamb weaned	15	18	17
Weaning rate %	88.2	94.7	94.4
Mortality rate from birth to weaning %	11.7	5.2	5.5

Table (3): Reproductive performance of the different experimental groups.

G1; the control concentrate ration (0% Nigella sativa), G2; 50% Nigella sativa, G3; 100% Nigella sativa as a partial replacer of source of protein.

Youssef *et al.* (1998) reported that NSM significantly improved some reproductive parameters included the number of days open, number of services per conception and calving interval in Egyptian buffaloes. Similar results were reported by El-Gaafrawy *et al.* (2003) who found that the incidences of drop of fetal membrane after parturition for cows fed 50% NSM were lower than those for control group while, the interval from calving to complete uterine involution, the interval from calving to first estrus and the interval from calving to conception were significantly shorter in NSM group than that in control group. Also, number of services per conception was significantly decreased in treated cows compared to control group.

The positive effect of NSM on these reproductive parameters may be attributed to the higher content of unsaturated fatty acids palmitic, oleic and linoleic acid originated from *Nigella sativa* seeds (Al-Gaby, 1992).

#### Ewes and lambs weight:

Body weight changes during five months of gestation period of the different experimental groups (Table 4) showed that NSM increased weight gain in ewes after parturition by about 1 kg in G3 and G2 compared with control group with values being 7.5, 7.4 and 6.7 kg, respectively, indicating better nutritional management during the different physiological stages. *Nigella sativa* meal rations were able to cover the requirements of ewes without any adverse effects on either feed intake or feed conversion efficiency which reflected on birth weight of their lambs.

This result is in agreement with those reported by Mahmoud and Bendary (2014) who found that final weight and average daily gain did not show significant (P < 0.05) differences, but there was a slight increase in average daily gain and final weight in growing Friesian calves by 125 g and 15 kg with ration contained 12.5% NSM and 12.5 sesame seed meal compared with ration contained soybean meal and cotton seed meal. Also, Abd El-Rahman *et al.* (2011) reported that growing Demeshgi goats showed highest value of average daily gain when fed ration contained 20% NSM.

From another point of view, lambs birth weight, weaning weight and average daily gain were significantly (P < 0.05) increased in NSM groups compared to control group indicating better performance of the two NSM groups (Table 5). The higher birth weight of lambs born to ewes fed on NSM might be related to that protein requirements were adequate and rapidly degradable (Chandler, 1993). While, weaning weight and average daily gain were increased due to increase of milk production

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in ewes fed on NSM. Similar results were also reported by Shams El-Dein *et al.* (2006) who found that birth, weaning weight and average daily gain were significantly increased in Mariz goats fed NSM. On the other hand Gaber *et al.* (1998) found that there were no significant differences in average daily gain in lambs fed on ration contain 20 or 40% of NSM.

Table (4): Body weight changes (kg) of the different experimental groups during gestation period

Item	G1	G2	G3
Initial body weight	38.9	39.5	38.5
Weight just before lambing	52.6	53.4	52.6
Weight just after lambing	45.6	46.9	46.0
Weight gain during pregnancy period	6.7	7.4	7.5

G1; the control concentrate ration (0% Nigella sativa), G2; 50% Nigella sativa, G3; 100% Nigella sativa as a partial replacer of source of protein.

Item	G1	G2	G3
Average birth weight (kg)	3.01 <sup>b</sup> ±0.10	3.31 <sup>a</sup> ±0.10	3.44 <sup>a</sup> ±0.10
Average weaning weight (kg)	20.56 <sup>b</sup> ±0.41	21.88 <sup>a</sup> ±0.40	23.00 <sup>a</sup> ±0.42
Average daily gain from birth to weaning (g/h/d)	194.99 <sup>b</sup> ±4.03	206.34 <sup>ab</sup> ±3.91	217.25 <sup>a</sup> ±4.16

Table (5): Some productive traits (mean  $\pm$  SE) of the different experimental groups

G1; the control concentrate ration (0% Nigella sativa), G2; 50% Nigella sativa, G3; 100% Nigella sativa as a partial replacer of source of protein.

## Milk yield and composition:

The milk yield was insignificantly affected by the source of protein (Table 6). Data in Table (6) concluded that total milk yield was insignificantly increased in G3 followed by G2 then control group with values being 630, 606 and 589 ml/h/d for G3, G2 and control group, respectively. This result is in agreement with those reported by Shams El-Dein *et al.*, (2006) who reported that daily milk production was significantly increased in Mariz goats fed on NSM in concentrate rations compared with sun flower meal, cotton seed meal and soya bean meal. These results may be due to don't rapidly degradable the source of nitrogen used in the rumen during lactation period (Robinson, 1979).

Concerning Nigella sativa seeds, the increase in milk yield and lactation period may be attributed to the galactogoetic effect of the active component that Nigella sativa seeds may contain (El-Ghousein, 2010). Singh *et al.* (1993) discovered that the positive effect of galactogogues on milk production may be due to the decrease in circulating biogenic amines such as, histamine, tryptamine and tyramine in blood which are known to cause excessive release of catecholamines in mobile pool leading to suspension of milk secretion as well as causing indigestion by inhibiting the ruminal mobility and absorption.

Naser *et al.* (2009) found that milk production was improved in milking cows when NSM added by 5% to concentrate ration. On the other hand, Youssef *et al.* (1998) found no significant differences in total milk yield between 6 groups of Egyptian buffalos which fed on NSM or basal diet without NSM pre and postpartum periods.

The effect of dietary treatment on ewes milk composition is shown in Table (6). Milk protein, total solids and solids not fat percentages were increased (P < 0.05) in NSM groups, while fat percentage was significantly decreased (P < 0.05) in G3 compared with other groups. On the other side, milk lactose and ash percentages were not differed. Increase the percentage of protein and low fat content may be due to that milk protein is directly proportional to the amount of milk production, while the percentage of fat is inversely proportional to the amount of milk which produced from ewes Susin *et al.* (1995). These results are in accordance with those reported by Shams El-Dein *et al.* (2006) who found that milk protein increased, while milk fat decreased by improving milk production in goats fed on NSM.

#### Progesterone concentration:

Progesterone (P4) concentration was low in all groups on the day of estrus  $(0.25 \pm 0.03, 0.24\pm 0.03)$  and  $0.21\pm 0.03$  ng/ml) for G1, G2 and G3, respectively followed by a gradual increase due to the presence

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of active CL. While, in all groups, plasma P4 level increased with the progress of pregnancy exhibiting higher peak at day 110 ( $4.51\pm0.79$ ,  $3.54\pm0.79$  and  $4.07\pm0.79$  ng/ml for G1, G2 and G3, respectively) of pregnancy and gradually declined thereafter till parturition (Fig 1). P4 concentration was insignificantly higher in control group than tested groups during experimental period indicated that NSM didn't effect on hormonal profile. These results in agreement those reported by Youssef *et al.* (1998) who found that no significant effect for NSM or cotton seed meal on P4 concentration in Egyptian buffaloes.

Table (6): Effect of	f treatment on milk	vield and com	position of ex	sperimental groups
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Variable	G1	G2	G3
Milk yield	589.3±29.58	606±29.58	630±29.58
Milk composition (%)			
Fat (F)	3.26 <sup>ab</sup> ±0.30	4.02 <sup>a</sup> ±0.30	2.88 <sup>b</sup> ±0.30
Protein (P)	3.09 <sup>b</sup> ±0.09	3.45 <sup>a</sup> ±0.09	3.40 <sup>a</sup> ±0.09
Lactose (La)	4.67±0.16	5.00±0.16	5.04±0.16
Ash	$0.74 \pm 0.01$	$0.76 \pm 0.01$	0.77±0.01
Total solids (TS)	11.77 <sup>b</sup> ±0.38	13.21ª±0.38	12.10 <sup>b</sup> ±0.38
Solids not fat (SNF)	8.47 <sup>b</sup> ±0.26	9.19 <sup>ab</sup> ±0.26	9.33 <sup>a</sup> ±0.26

G1; the control concentrate ration (0% Nigella sativa), G2; 50% Nigella sativa, G3; 100% Nigella sativa as a partial replacer of source of protein.

After parturition, (at day 155) plasma P4 concentration recorded the lowest values  $(0.31\pm0.04, 0.30\pm0.04 \text{ and } 0.29\pm0.04 \text{ ng/ml}$  for G1, G2 and G3 respectively). These results of hormonal profile during gestation period agreed with those reported by Abdalla *et al.* (2007) and Digby *et al.* (2008).

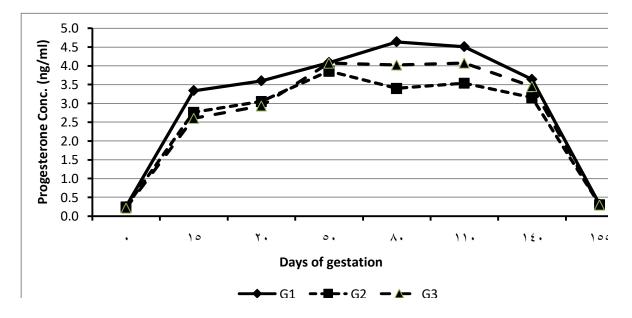


Fig (1). Plasma P4 concentration of the different experimental groups during gestation period

G1; the control concentrate ration (0% Nigella sativa), G2; 50% Nigella sativa, G3; 100% Nigella sativa as a partial replacer of source of protein.

## CONCLUSION

It could be concluded that inclusion of NSM as an alternative source of ration protein in ewes diets may have beneficial effect on reproductive and productive performance of Barki ewes as well as their lambs.

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الكفاءة التناسلية والإنتاجية للنعاج البرقي المغذاة على كسب حبة البركة كمصدر لبروتين العليقة

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أستخدم في هذة الدراسه 60 نعجه برقي ناضجة (2-3 سنة ومتوسط وزن 88.89±1.2 كجم) بهدف دراسة تاثير أستخدام كسب حبة البركة كمصدر غير تقليدى لبروتين العليقة علي الاداء التناسلي والانتاجي لللنعاج البرقي. قسمت النعاج عشوائيا الي ثلاث مجموعات (20 نعجة / جموعة) المجموعه الأولي (االكنترول) غذيت علي العليقه الاساسية والتي تحتوي علي 20% كسب بذرة القطن و 6% كسب فول الصويا, بينما غذيت المجموعه الثانيه علي عليقة تحتوي 13.5% كسب حبة البركة و8% كسب فول الصويا وغذيت المجموعه الثالثة علي عليقة تحتوي 25% كسب حبة البركة. وكانت كل المجموعات تتغذي علي دريس برسيم كمصدر للعليقة الخشنة حتي الشبع بينما كانت العليقة المركزة تعدل شهريا لتغطي احتياجات النعاج خلال المراحل الفسيولوجية المختلفة.

تم تسجيل عدد النعاج الملقحه، معدلات الحمل والولادة، عدد النعاج المجهضة، عدد الحملان المولودة ، عدد الحملان المفطومة ومعدل النفوق من الميلاد حتي الفطام. كما تم تسجيل وزن الميلاد والفطام ومتابعة اوزان الامهات خلال المراحل الفسيولوجية المختلفة بالأضافة الى تقدير أنتاج اللبن وتركيبة.

وقد أشارت النتائج الي وجود زيادة غير معنوية في معدلات الحمل والولادة لمجموعة الكنترول والمجموعة الثانية بالمقارنة بالمجموعة الثالثة بينما كان عدد الحملان المولوده أعلي في المجموعة الثانية والثالثة عن مجموعة الكنترول (19، 18مقابل 17حمل) علي الترتيب. كما أظهرت النتائج زيادة معنوية في وزن الميلاد والفطام في المجموعة الثالثة والثانية بالمقارنة بمجموعة الكنترول كما أظهرت المجموعة الثالثة زيادة غير معنوية في ازن الميلاد والفطام في المجموعة الثانية والثالثة من مجموعة الكنترول (19، 18 مارأس/يوم) تقدير معنوية في انتاج اللبن خلال فترة الحليب (27.29 مل/رأس/يوم) تلتها المجموعة الثانية (60.30 مل/رأس/يوم) في حين سجلت المجموعة الكنترول اقل قيمة (58.733 مل/رأس/يوم). كما سجل مستوي هرمون البروجيستيرون زيادة غير معنوية في مجموعة الكنترول بالمقارنة بمجموعتى كسب حبة البركة خلال فترة الحمل وخاصة الفترة الاخيرة من الحمل.

خلصت هذة الدراسة الي ان إستخدام كسب حبة البركة كمصدر غير تقليدي لبروتين العليقة أدى إلى تحسين الكفاءة التناسلية والإنتاجية للنعاج البرقي وكذلك الحملان المولوده حتى الفطام تحت ظروف الساحل الشمالي الغربي لمصر .

الكلمات الدالة: الكفاءة التناسلية والانتاجية، النعاج، كسب حبة البركة.