LIPIDS PROFILE AND FATTY ACIDS PATTERN IN THE PREGNANT RABBITS

Kahilo Kh., Mahmoud Sh., and Azza M.El-Kattawy

Physiology & Biochemistry Dept, Faculty of Vet. Med., Kafr EL-Sheikh, Tanta University

Received at 25 - 2 - 2003

ABSTRACT

Twenty mature pregnant New Zealand rabbit were used to clarify the blood biochemical changes in lipids and fatty acid profile during pregnancy. Blood samples were obtained 0,10,20 and 30 days following pregnancy. Sera were collected and stored frozen at -20°C until determination of total lipid, triacylglycerol, cholesterol, phospholipids, HDL-C, LDL-C and fatty acids pattern. The obtained results revealed that the serum total lipid, triacylglycerol, cholesterol and phospholipids showed a significant decrease till parturition time reaches. Both HDL-C & LDL-C were also significantly decreased along the period of pregnancy and finally there's some fatty acids patterns as laurate, palmitic, linoleic, linolenic, exhibited a significant increase through the pregnancy period where the myristate showed non-significant change and the arachidonic acid showed a highly significant increase throughout the pregnancy period.

INTRODUCTION

Pregnancy is associated with hypercholesterolemic and hyperlipidemic state. Plasma analysis of pregnant rabbits showed a decrease in total cholesterol and lipoprotein with starting the 10th day, and a significant elevation was noticed at the end of pregnancy. Moreover, triglycyrides metabolism was significantly increased after 20days (*Montoudis et al.,1999*). In pregnant rats, circulating triglycerides and VLDL levels are high indicating that liver-synthesized triglycerides are rapidly released to the circulation. This increase is coincident with decrease plasma lipoprotein lipase activity (*Herrera et al., 1988*). In the

Kafr El-Sheikh Vet. Med. J. Vol. 1 No. 1 (2003)

same respect, Brian et al., (1986) mentioned that, cattle with severe hepatic lipoidosis had greater concentration of hepatic triglycerides before calving and after parturition. At ante-partum, the serum triglyceride concentration increased approximately two folds in women with preeclampsia relative to uncomplicated pregnancies (Hubel et al., 1996). While, Gratac et al., (1996) recorded that; triglycerides levels were significantly higher than control values, in women with severe gestational hypertension. In heterozygous WHHL and NZW rabbits, the triglycerides were higher during gestation and decreased to the lowest value during lactation when compared to the level at mating (Mortensen and Frandsen (1996). Moreover, Hussein and Azab, (1998) found that plasma concentration of triglycerides increased significantly at 4, 3 and 2 weeks before parturition in goat. Watson et al., (1993) concluded that, the mass phospholipids in VLDL from lactating mare was significantly lower than before and during pregnancy while Bennis et al., (1992) concluded that, the serum phospholipids decreased at the time of parturition when compared with the last two weeks before pregnancy in does and then the level increased again after parturition. Also, there was a significant decrease in the level of phospholipids in the last month of pregnancy.

Meyers and Vohr, (1996) mentioned that, the mean concentration of LDL-C was significantly higher in the gestational diabetic mothers than in control and also they added that HDL-C was inversely correlated with insulin. While *Henson et al., (1997)* showed that maternal low density lipoproteins is the principle source of cholesterol substrate for progesterone biosynthesis in the primate placental syncy

Reynaert et al., (1976) reported that, during the days before and after parturition, no change in the serum free fatty acids could be determined in heifer and cow. Moreover, **Ogburn et al., (1980)** found that there is a general rise in total fatty acids as the pregnancy progressed, followed by a marked elevation in total fatty acids during labour. In the same respect (**Kashyap et al., 1976**) observed that, there is a dramatic two-fold increase in maternal plasma free fatty acids during labour in women. Furthermore the level of FFA and fatty acids in blood

Kafr El-Sheikh Vet. Med. J. Vol. 1 No. 1 (2003)

of pregnant women significantly increased in the second and third trimesters of pregnancy. Sanjurjo et al. (1993) reported that in the first trimesters of pregnant women there was a significant increase in palmitic, palmitoleic, stearic and docoahexonic acids where as linolenic and eicosapentaenoic decreased. Between the first and the second trimester a significant increase in the proportion of palmitic acid and a significant decrease in arachidonic acid was detected in the second trimester and delivery. In the same aspect, (Holman et al., 1991) reported that the changes seen in phospholipid profiles suggest a significant transfer of omega 3 and omega 6 polyunsaturated fatty acids from the mother to the fetus. These fatty acids are essential for normal fetal growth. Wang et al, (1992) reported that, the total polyunsaturated fatty acid levels were not significantly different between non-pregnant and normal pregnant women. Normal pregnant patient has significantly higer levels of eicosapentaenoic and decosahexanoic acid. This may reflect normal physiological changes in pregnancy and the decreased level of eicosapentaenoic acid seen in preedompetic patients may play a significant role in the nearly identical in the two groups suggesting that in intrauterine growth rate the essential fatty acids will be transported to the fetus at the expense of the placenta. Furthermore, Lorentezen et al., (1995) reported that, the free fatty acids significantly increased in woman with preeclampsia the level and composition of the esterified fatty acids in phospholipids, triglycrides and cholesterol esters did not increase. The present work aimed to clarify the blood biochemical changes in lipids and fatty acids profile during pregnancy in order to throw light about the feed requirements during this period.

MATERIALS & METHODS

The present study was carried out on twenty female mature and virgin New Zealand rabbits obtained from private farm in Kafr El-Sheikh governorate. The age ranges from 4 - 4.5 months and the individual body weight averaged 2.9±0.4 kg. Animals were examined for external and internal parasites and kept under good hygienic conditions throughout the experimental period. Rabbits were fed on concentrated diet obtained from Cairo Company for poultry, feed and water were ad libtum. Blood

Kafr El-Sheikh Vet. Med. J. Vol. 1 No. 1 (2003)

samples were collected from all females at zero time. Then each 2-non pregnant mature females were put in a special wire cage for one day in contact with adult mature male rabbit (5-6 month age). Ten days later the pregnancy was diagnosed by abdominal palpation. Thereafter, all pregnant females were separated in special cages for completion of the pregnancy period. From each pregnant female blood was collected from the ear vein at 10,20 and 30 days of pregnancy and left to coagulate. The serum samples were separated and stored frozen until used for determination of serum total lipids, triacylglycerols, total cholesterol phospholipids, HDL-C and LDL–C according to Frings and Dunn (1970); Fossati (1982); Svenson, (1982); Zilversmit and Davis (1950); Grove (1979) and Friedewald et al. (1972) respectively. The serum fatty acids were measured using Shimadzu CR 3A gas liquid chromatography according to the method described by Frakas et al., (1980). Data were statistically analyzed according to Sndecor and Cochran, (1969).

RESULTS & DISCUSSION

Data presented in table (1) and fig. (1) showed that, there was a significant decrease (P < 0.05) in the total lipids in the serum at 20 and 30 days of pregnancy compared to 0 and 10 days of pregnancy. The obtained results came in accordance with that reported by *Hussein et al.,* (1995) in cattle and *Hussein and Azab,* (1998) in goats, which attributed the decline in total lipids to the gradual exchange of fatty acids containing lipids from the blood to the mammary glands. Also they observed that serum total lipid concentrations in Holstein fresian were lower at late stage of non-lactating pregnant females due to onset of lactogenesis (production of precolostrum). Based on the biochemical findings of this study the decrement in the total lipids could be attributed theoretically to the increases of fetal demand for its normal intrauterine growth which require oxidation of fatty acids to yield bish amounts of ATP as a source of energy.

The obtained data revealed that, triacylglycerols of pregnant rabbits were non-significantly changed throughout the experimental period. In the same respect *La Borde et al.*, (1999) found a three-fold elevation of serum triacylglycerol levels in rats near term with a subsequent decrease at birth. In contrast, *Bennis et al.*, (1992) attributed the increase of triacylglycerol level at late pregnancy in goat to the increased hepatic triacylglycerol synthesis. *Schulz et al.*, (2001) reported that, when lipoproteins decreased, the triglycerides content progressively increased. He added that the fractions of higher density may represent the vehicles for triglycerides transport, while the composition of lipoprotein of lower density reflects the extent to which the vehicle is loaded with triglycerides.

The total serum cholesterol of pregnant rabbits in table (1) and fig.(1) showed a significant decreased (P<0.05) at 20 days and highly significant decrease (P<0.01) at 30 days of pregnancy compared to 0 and 10 days. This results come in accordance with that of *Mortensen and Frandsen* (1996) who attributed the decrease in the level of serum cholesterol during pregnancy to the increase biosynthesis of sex hormones. Moreover, *Girgis et al.*, (1961) found that, the concentration of progesterone increased gradually to reach the peak at the mid pregnancy period and then followed by gradual decline in the 2^{nd} half of pregnancy, in rabbits.

It is clearly observed from the present results that, there was a highly significant decrease in the mean values of serum phospholipids during pregnancy period. The observed decrement in serum phospholipids during this period might be attributed to the great exchange of phospholipids into mammary glands to be utilized in milk synthesis (*Yang et al., 1978*).

The present study revealed that, there was a significant decrease (P<0.05) in HDL-C and LDL-C at 10 days and highly significant decrease (p<0.01) at 20 and 30 days of pregnancy. In the same respect, *Hussein and Azab. (1998)* reported a significant decrease in plasma LDL-C concentration during late stage of pregnancy. In contrast, *Bennis et al., (1992)* observed that HDL-C fraction is predominant during late stage of pregnancy and parturition.

The mammary alveolar cells synthesize the major portion of the short chain fatty acids (C4 to C16) for milk triacyleglycerols. However, long chains fatty acids (C16-C18) appear to be peculiar to a significant Kafr El-Sheikh Vet. Med. J. Vol. 1 No. 1 (2003) 45

extent from the lipolysis of bovine lipoproteins as they circulate through capillaries in the mammary gland (Patton and Jenson, 1976). The present study (table 2, fig. 2 and 3) declared that, there was a significant increase in lauric acid throughout the pregnancy period. The increment in lauric acid might be attributed to increased lipolysis in this period to meet the requirements of foeti for energy during their growth Hussein and Azab, (1998). The mean values of palmitic acid were significantly higher throughout the pregnancy period. This increase agreed with the results of Sanjurio et al., (1993) in women. This result was previously explained by Fowden et al., (1984), who attributed the increment of long chain fatty acids to the peripheral insensitivity to the action of insulin hormone in goats. The present data agree with that of Naylor et al., (1980) who reported that the excessive mobilization of all fatty acids from adipose tissue as a response to negative balance, the long chain fatty acids increased in the serum of pregnant ewes. The present study demonstrated that there was a significant increase in stearic acid in the sera of does during pregnancy. This result disagreed to that reported by Sanjurjo et al., (1993) who found that, the mean values of stearic acid were higher at the first trimester of pregnancy in women and decreased between the second trimester and delivery. This increment could be attributed to the excessive mobilization of fatty acids from adipose tissue as affected by hormone-sensitive lipase secreted during such period (Robert et al., 2000). The linoleic acid exhibited significant changes throughout the experimental period. The previously mentioned results were confirmed by the work of Chen et al., (1992) who suggested that, the increment of linoleic acid in the sera of rats during pregnancy especially in the last trimester could be attributed to the transfer of linoleic acid to the neonates in the period prior to lactation.

It could be concluded that, lipoproteins and fatty acids showed a noticeable changes during pregnancy so, it seems necessary to increase their concentrations specially unsaturated fatty acids in the diet of rabbits to meet the increased physiological requirements during such period.

Kafr El-Sheikh Vet. Med. J. Vol. 1 No. 1 (2003)

Kahilo Kh.,et.al.

 Table1: effect of pregnancy on the level of different serum lipid profile

 (mg/dl) in rabbits.

Criteria	Total lipids	Triacylglycerol	Cholesterol	Phospholipids	HDL-C	LDL-C	
Time	rotur nprus	Thicygryceror	Cholesteror	Thosphonphus	IIDE C		
O day	320.58±5.9	125.78±2.1	67.25±1.2	88.25±1.9	6.40±0.5	37.03±1.0	
10 days	314.44± 4.3	126.39± 2.0	63.23 ± 1.2	82.74± 1.8**	4.33±0.5*	33.67± 1.0*	
20 days	305.22±3.9*	124.43±1.7	59.39±1.6*	79.08±1.7**	4.30±0.4**	30.78±0.9**	
30 days	294.01± 3.4*	126.16± 1.4	54.18± 1.2**	74.87± 1.7**	4.01±0.3**	26.42±1.5**	

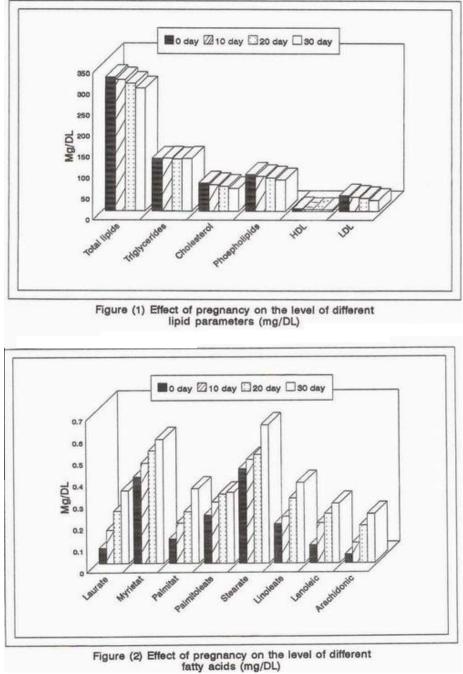
Means±S.E.

Table2: Effect of pregnancy on the level of different serum fatty acids patterns (mg/dl) in rabbits.

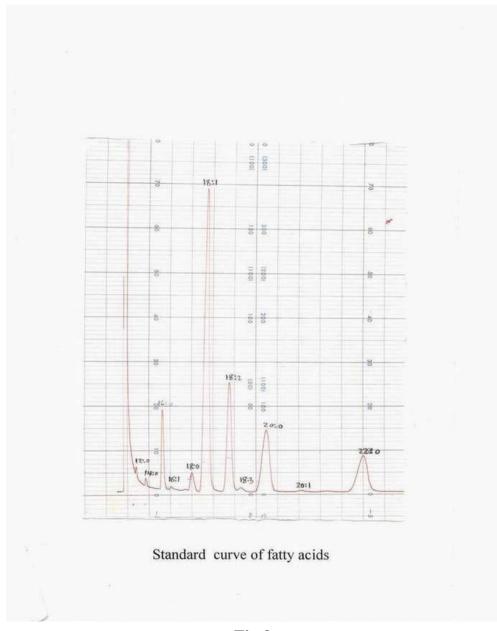
Criteria	.	N		D 1 44	S4 4	T • • • •		
Time	Laureate	Myristate	Palmitatoleate	Palmitate	Stearate	Linolate	Lenoleic	Arachidonic
day	0.072 ± 0.028	0.401± 0.089	0.224± 0.048	0.115± 0.030	0.438 ± 0.083	0.184 ± 0.045	$\begin{array}{c} 0.252 \pm \\ 0.084 \end{array}$	$\begin{array}{c} 0.040 \pm \\ 0.006 \end{array}$
10 day	0.156± 0.041	0.464± 0.093	0.284± 0.055	$\begin{array}{c} 0.184 \pm \\ 0.026 \end{array}$	0.480± 0.075	0.217± 0.039	$\begin{array}{c} 0.187 \pm \\ 0.033 \end{array}$	0.094 ± 0.028
20 days	0.243± 0.037*	0.521± 0.108	0.320± 0.058	0.240± 0.027*	0.502 ± 0.046	0.301± 0.034	$\begin{array}{c} 0.230 \pm \\ 0.032 \end{array}$	$0.175 \pm 0.038*$
30 day	0.336± 0.053*	0.573± 0.108*	0.327± 0.052	$0.345 \pm 0.046^{*}$	0.638 ± 0.067	$\begin{array}{c} 0.372 \pm \\ 0.018 \end{array}$	$\begin{array}{c} 0.277 \pm \\ 0.028 \end{array}$	$0.228 \pm 0.032 **$
Means±S.E * (p<			0.05)		** (p<0.01)			

^{* (}p<0.05)

^{** (}p<0.01)



Kafr El-Sheikh Vet. Med. J. Vol. 1 No. 1 (2003)





Kafr El-Sheikh Vet. Med. J. Vol. 1 No. 1 (2003)

REFERENCES

- *Bennis AF.,Forage T.,Valdiguie P.,Rico AG.and Braun JP.(1992):* Effect of age of new born and delivary by female goats on plasma lipids and lipoproteins. Small ruminant research, 9:243-253.
- Brian J., Gerloof D., Thomas H., Herdt D., Roys Emer P.(1986): Relationship of hepatic lipidosis to health and performance in dairy cattle. JAVMA, vol 188 N08 PP:845-850.
- Chen ZY., Yang JL., Menard CR., Cunnane Sc. (1992): Linoleolyenriched triglycerid species increase in maternal liver during late pregnancy in the rat. Lipids J. (1): 21-24
- *Floch J., Lees M., and Sloanoes GH.(1957):* A simple method for the isolation and the purification of total lipids from animal tissues.J.Biol,chem. 226: 497-509.
- *Fossati P.(1982):* Calorimetric estimation of triacylglycerole .J. of clinical Chemistry PP.450
- *Fowden AL., Comline RS., and Silver M.(1984):* Insulin secretion and carbohydrate metabolism during pregnancy in the mare . Equine .vet.J.16, 239-246.
- *Frakas T.,Csengeri LI., Majoros F. and Olah J.(1980):* Metabolism of fatty acid in fish III combined effect of environmental temperature and diet on formation and deposition of fatty acids in the carp.Aquaculture,20:29-40.
- *Frings CS and Dunn RJ.(1970):* Colometric method for determination of total serum lipids based on the sulphophoshovanilin reaction. Amr. J. clini path. 53, 89-91.
- *Friedewald WT., Levy RI. and Fredrickson DS.(1972):* Estimation of concentration of LDL-cholesterol in plasma, without use of preparative ultracentrifuge. Clin. Chem 18, 499-502.
- *Girgis M.,Mattew N., and Willard MA. (1961):* Progesterone levels in the rabbit ovarian vein blood throughout pregnancy. End .96:504-609
- Gratac SE., Casals E., Sanllehy C., Cararach V., Alonso PL. and Fortuny A.(1996): Variation in lipid levels during pregnency in women

Kafr El-Sheikh Vet. Med. J. Vol. 1 No. 1 (2003)

with different types of hypertension. Acta obstet Gynecol scand, 75:10, 896-901.

- Grove TH. (1979): Colometric method for estimatic density lipoprotein cholesterol. J. of clinical chemistry 25.....
- Henson MC., Greene SJ., Reggio BC., Shiw., Swan KF.(1997): Effects of reduced maternal lipoprotein-cholesterol availability on placental progester- one biosynthesis in the baboon. Endocrinology .J. 138:4, 1385-1391.
- *Herrera E., Lasuncion MN.,Gomez D.and Maaiaer I.(1988):* Role of lipoprotein lipase activity on lipoprotein metabolism and the fate of circulating triglycerides in pregnancy.Am.J.Obstet.Gynecol.1988,Juni; 158 (6pt 2)1575-83.
- Holman RT., Johnsons B. and Ogburnp I. (1991): Dificiency of essential fatty acids and membrane fluidty during pregnancy and lactation.Proc. Natl Acad Sci. USA. 88(11) 4835-4839.
- *Holtenius P., Rauni N., and Holtenius K. (1986):* Blood lipids and lipoprotein in cows with abomasal displacement .Proc.XIV world congress on diseases of cattle.
- Hubel CA., Laughlin MK., Evans RW., Hauth BA., Sims CJ. and Roberts JM. (1996): Fasting serum triglycerides, and malondialdehyde are increased in preeclampsia, are positively correlated, and decrease within 48 hours postpartum. AM.J. obstet. Gynecol 174:3,975-982.
- *Hussein SA. and Azab ME.(1998):* Plasma concentration of lipids and lipoproteins in newborn kids and female baladi goats during late pregnency and onset of lactation .DTW Dtsch tierarztl Wochenschr 105:1,6-9.
- *Hussein SA., Nasr MT. and El-Azab AI.(1995):* Biochemical analysis of some blood conistituents in female buffaloes during late pregnancy and puperium.Egyptian journal of biochemistry, Vol 13. No 1,95-105.
- Kashyap ML., Sivasomboo R., Sothy- cheah Js., and Gartside P. (1976): Carbohydrate and lipids metabolism during human labour: free fatty acids, glucose, insuline, and lactic acid metabolism during normal and oxytocin induced labour for postmaturity. J.of metabolism., 25:8,865-75.

Kafr El-Sheikh Vet. Med. J. Vol. 1 No. 1 (2003)

- La Borde S.B., Wall K. S., Bolon B.and Young JF.(1999): Haematology and serum chemistry parameters of the pregnant rats. Lab. Anim.; Jul. 33 (3) 275-287.
- Lorentzen B ., Drevon CA., Endresen MJ., Henriksen T. (1995): Fatty acid pattern of esterified and free fatty acids in sera of women with normal and pre.eclamptic pregnancy . Br.j.obstet gynacol; 102(7):530-537.
- Montoudis A., Simoneau L., Brissette L., Savard R. and Lafand J.(1999): Impact of cholesterol enriched diet on maternal and fetal plasma lipids and fetal deposition in pregnant rabbits. Life Sci. 1999;64(26):2439-50.
- *Mortensen C. and Frandsen J. (1996):* Reproductive performance and changes in blood lipids in breeding females and in growing watanable heritable hyperlipidaemic and New Zland while rabbits. Lab. Anim, 30:3 252-259.
- *Meyers- scifer CH. and Vohr BR.(1996):* Lipids level in former gestional diabetic mothers . Diabetes care 19:12,1351-1356.
- *Naylor JM.,Kroneld DS. and Acand H.(1980):* Hyperlipemia in horses : effects of under nutrition and diseases. American journal of vet. Res. 41: 899-509.
- Ogburn PL., Johnson SB., Williams PP. and Holman RT .(1980): Levels of free fatty acids and arachidonic acid in pregnancy and labour J.Lab.clin. Med, 95:6, 943-949.
- *Patton S. and Jenson RG. (1976):* Biochemical aspects of lactation. Pergamon press, New York, N.Y.
- *Parakash BS. and Tandon RN.(1979):* A note on effect of late pregnancy and early lactation on blood serum cholesterol and total lipids of Holestin X Tharpakar first lactation .Ind.J. Anim. Sci.49: 4, 308
- *Reynaert R., De Groot W., Marcus S. and Peeters G.(1976):* Serum growth hormone and free fatty acid levels in heifers and cows before during and after parturition. J.Ann endocrinal (Paris), 37:2,75-82.
- *Robert KM., Darly KG., Peter AM. And Victor WR. (2000):* Harper's Biochemistry. 25th Edition. Appelton & Lange, Norwalk, Connecticut/San Mateo, California.

Kafr El-Sheikh Vet. Med. J. Vol. 1 No. 1 (2003)

- Sanjurjo P., Matorras R., Ingunza N., Alonso M., Rodriguez-Alarcon J.and Perteagudo L.(1993): Cross- sectional study of percentual changes in total plasmitic fatty acids during pregnancy. Horm. Metabolism Res. November.; 25 (11): 590-592.
- *Schulz W., Darius H., and Kober G. (2001):* Cardiovasculartherapy. Med. Pharm. Sc. Publ. Stuttgart.
- Sinclair AJ., Mclean JG. and Manger EA.(1979): Metabolism of linoleic acid in the cat. Lipids 14, 932-936.
- *Snedecor G. and Cochran W. (1969):* Statistical methods. 6th edition. The lower state university press, Anes, and Lower, U.S.A.
- *Svenson L.(1982):*Colometeric method for estimation of che Scand. J. Clinical lab. investigation.
- Wang YP., Kay HH. and Killam AP. (1991): Decreased levels of poly unsaturated fatty acids in preecImpesia. Am.J.obstet Gynecol; 166 (3) 1023-1024.
- Watson T., Burns I., Packard O. and Shephards J. (1993): Effect of pregnancy and lactation on plasma lipid and lipoprotein concentrations, lipoprotein composition and post-heparine lipaze activities in shetland pony mares. Journal of reproduction and fertility .97: 563-568.
- Yang YT., Rohde JM. and Baldwin RL.(1978) : Dietary lipid metabolism in lactating dairy cows .J.Dairy Sci.61,1400.
- Zilversmit D. and Davis AK.(1950): Microdetermination of phospholipids by trichloroacetic acid precipitation. J.Lab.Clin .Med, 35, 155-160.

تم إجراء التجربة علي 20 ارنب عشار من النوع النيوزيلاندي و ذلك لإلقاء الضوء علي التغيرات الكيميائية الحيوية في نمط الدهون و الأحماض الدهنية أثناء فترة الحمل. وقد أخذت عينات الدم في الفترات الآتية: قبل الحمل (صغر يوم) ، 10 أيام ، 20يوم و30 يوم طوال فترة الحمل وقد تم فصل مصل الدم وحفظه عند درجة حرارة –200م لتحليل كلا من الدهون الكلية و الدهون الثلاثية والكولسترول والفوسفوليبيدات والدهون البروتينية عالية الكثافة والمنخفضة الكثافة كما تم فصل الأحماض الدهنية. وقد أظهرت التجارب انخفاض معنوي في نمط الدهون الكلية والدهون الثلاثية والكولسرول والفوسفوليبيدات بطول فترة الحمل ، كما وجد أن هناك نقص معنوي في مستوي الدهون البروتينية عالية الكثافة والدهون البروتينية منخفضة الكثافة أثناء فترة الحمل . أما بالنسبة للأحماض الدوتينية عالية الكثافة والدهون البروتينية منخفضة الكثافة أثناء فترة الحمل . أما بالنسبة للأحماض الأستيارك كما لوحظ وجود زيادة غير معنوية في مستوي حمض اللوريك وحمض البالمتيك وحمض الأستيارك كما لوحظ وجود زيادة غير معنوية في مستوي حمض المريستيك. وبالنسبة للأحماض الأستيارك كما لوحظ وجود زيادة معنوية في مستوي حمض المريستيك. وبالنسبة للأحماض الأستيارك كما لوحظ وجود زيادة معنوية في مستوي حمض المريستيك. وبالنسبة للأحماض الأستيارك كما لوحظ وجود زيادة معنوية في مستوي حمض المريستيك. وبالنسبة للأحماض المتيارك كما لوحظ وجود زيادة معنوية في مستوي حمض المريستيك. وبالنسبة للأحماض الدهنية الأستيارك كما لوحظ وجود زيادة معنوية في مستوي حمض المريستيك. وبالنسبة للأحماض الدهنية الأرشيدونيك. من النتائج السابقة لوحظ أنه يجب أن نهتم ونركز جيدا علي مكونات العلائق المعطاة الأراشيدونيك. من النتائج السابقة لوحظ أنه يجب أن نهتم ونركز جيدا علي مكونات العلائق المعطاة وخصوصا الأحماض الدهنية الغير مشبعة في العليقة أثناء فترة الحمل.