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# A pilot study of the paraoxonase-1 (Q192 R) gene polymorphism association with prostate cancer in the Egyptian population

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## Abstract

Background and Objectives: Prostate cancer (PCa) is one of the most common cancer types in men and recognized as the fifth cause of death globally. Human paraoxanase-1 (PON1) is an enzyme synthesized in the liver and linked with high-density lipoprotein (HDL). The current study aimed to evaluate the association between PCa and PON1 enzyme polymorphism in Egyptian patients. Subjects and methods: A total of 100 persons. Fifty patients diagnosed as PCa patients (group I) along with fifty non-PCa (group II) of matchable age were enrolled in this study. Patients with another type of cancer or any chronic disease were excluded. Prostate-specific antigen (PSA) was assayed in all subject's study by using ELISA Kit Protocol (Cat. No.: EK-310-19); in addition to CBC, hematological parameters (hemoglobin, total leucocyte count, and platelets count) were estimated by using an automated hematology analyzer (Pentra 80) according to manufacturer's instructions. PON1 Q192R gene polymorphism was performed using polymerase chain reaction-restriction fragment length polymorphism (PCR-RFLP) technique. Results: PON1 (Q192R) gene polymorphism showed QR genotype in PCa patients (group I) [32(64%)] compared with non-PCa (group II) [4(8%)]. The association between PON1 (Q192R) gene polymorphism with prostate cancer group and PSA were statistically significant (P value= 0.000). Hemoglobin showed a significant association with PCa patients (group I) and PSA (P = 0.000), while total leucocyte count and platelet count showed non-significant when compared with the control group. Conclusion: Such findings showed that PON1 (Q192R) gene polymorphism could be associated with prostate cancer and disease growth. Recommendation, furthermore comprehensive studies are required to confirm the role of PON1 gene polymorphism in the etiology of PCa.

Key words: PCa, PON1 192, PSA, Polymorphism, PCR-RFLP

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## 1. Introduction

Globally about 14.1 million individuals with cancer and 8.2 million deaths were reported in 2012 as a result of cancer, which showed that cancer as a critical public health problem (*Torre et al., 2015*). According to the knowledge cancer is a disorder resulting from a consequence of interactions between genetic variation and environmental factors (*Pharoah et al., 2004; Bredberg, 2011*).

Prostate cancer (PCa) is the most common malignant carcinoma in people, it has been identified as the second most common cancer and as the fifth leading cause of tumor death worldwide. (*Center et al., 2012; Bray et al., 2018*). Approximately 1.3 million cases newly diagnosed as PCa patients and 359000 leading to deaths in 2018, which showed the disease as the main health problem in men (*Bray et al., 2018*). The incidence and development of PCa are affected not only by environmental conditions but also by genetic factors. Estimated risk factors for PCa include age, lifestyle, familial inherited and hormonal profile, but the exact etiology is inconspicuous (*Stein and Flanagan 2010*).

There are many factors that may play an essential role in the susceptibility to cancer and one of these is Oxygen Free Radicals (OFR) that are constantly produced in cells (*Vera-Ramirez et al., 2011*). OFR stimulates oxidation of DNA bases, which form mutagenic lesions and invigorate chemical carcinogens to become highly reactive compounds (*Barry et al., 2015*).

Human Paraoxanase-1 (PON1) is an esterase enzyme that Ca<sup>++</sup> dependent which contributes to the ejection of OFR, synthesized in the liver, and is linked with high-density lipoprotein (HDL) and has highly lipophilic antioxidant characteristics. PON1 has two essential roles: detoxifying organophosphate compounds such as Paraoxone and protecting LDL by hydrolysis of lipid peroxides which effect DNA bases and become cytotoxic and mutagenic (Eroglu et al., 2013). Several molecular studies have shown functional prevalent single-nucleotide two polymorphisms (SNPs), L55M and Q192R, in the coding region of the PON1 gene (Mackness et al., *1998*). PON1 L55M and/or Q192R polymorphism(s) are known with their association with increased risk of prostate cancer (*Fang et al., 2012; Zhang et al., 2015; Chen et al., 2016*).

The main objective of this study was to identify the association of the PON1 192 genotypes and Q and R allelic frequencies in Egyptian PCa patients (group I) compared with a healthy group (group II)

### 2. Subjects and methods

### Study design and study population

A total of 100 persons who had admitted to the urology department in the Faculty of Medicine, Ain shams university, Egypt, between September 2017, and June 2018. Fifty patients were clinically diagnosed and confirmed to be prostatic cancer patients (group I) by laboratory investigations. Fifty healthy control subjects were included in this study as non- PCa (group II). Patients with other types of cancer or chronic diseases were excluded from this study. All investigations were performed in accordance with the Ain Shams University, Health and Human Ethical Clearance Committee guidelines for Clinical Researches. The local ethics committee approved the study protocol and Informed consent was got from all subjects.

### **Sample Collection**

5 ml of venous blood was collected from all subjects by plastic disposable syringes. Each sample was divided into two-part. The first part put into sterile vacutainer tubes containing Ethylene diamine tetra acetic acid (EDTA) for DNA extraction to identify PON1 Q192R gene polymorphism by using polymerase chain reaction restriction fragment length polymorphism (PCR-RFLP) technique and complete blood count (CBC) analysis by using automated hematology analyzer, the Pentra 80. The second part was centrifuged at 1500 rpm for 10 minutes to separate serum samples and stored at -20°C to identify PSA level by using ELISA Kit Protocol (Cat. No.: EK-310-19) and other biochemical parameters.

# **Biochemical analysis**

Biochemical analysis and molecular analysis were performed in the clinical department and in molecular immunology lab respectively in Genetic Engineering and Biotechnology Research Institute (GEBRI), University of Sadat City.

# Molecular analysis

## **DNA Extraction**

Genomic DNA was extracted from blood samples using Thermo fisher spin columns, isolation mini kit (*cat.no K0781*) according to the manufacturer's instructions. The extracted DNA was stored at -20 °C until used.

# Conventional Polymerase chain reaction for PON1 (Q192R) gene polymorphism

Conventional PCR was performed and the following primers were used: forward primer 5'-TATTGTTGCTGTGGGGACCTGAG-3'; reverse primer 5'-CCTTCTGCCACCACTCGAAC-3'; The PCR mixture (total, 25  $\mu$ l) consisted of 6  $\mu$ l DNA, 1  $\mu$ l of each primer, 4.5 of free nucleases water and 12.5  $\mu$ l of master mix (cat *no K0171*). The PCR cycling condition consisted of 95°C for 2 minutes, followed by 35 cycles of 94°C for 1 minute to denature, 61°C for 1 minute to anneal the primers and 72°C for 1 minute to elongate the strand.

# Restriction-fragment length polymorphism analysis (RFLP)

RFLP analysis was conducted according to the manufacturer's instructions with *Alw1 (BspI)* (product *no.; ER 1321* Thermo Scientific). After the PCR amplification reaction, the restriction products were detected on 2% agarose gel electrophoresis after ethidium bromide staining and gels were recorded by UV transillumination. Digestion produced the following fragments: PON1 192 R allele, fragments

of 66 bp and 33 bp; PON1 192 Q allele, a single fragment of 99 bp.

# Statistical analysis

Statistical analyses were carried out using the Social Sciences software version 17.0 for Windows (SPSS Inc.; Chicago, IL, USA) Statistical Kit. T-test was used to compare parametric variables, Categorical data and the frequencies of genotype and allele among the groups were compared using the *chi*square test. Descriptive analysis included biochemical tests of means and the respective standard deviation (SD) for cases and controls.

# 3. Results

Fifty subjects were enrolled in the PCa group and fifty healthy persons were enrolled in the non-PCa group. PCa patient group included patients with mean ages  $66.94 \pm 12.119$  years

## PON1 (Q192R) gene polymorphism and PCa risk

The Q/R genotype was the most frequent genotype detected in the PCa group 32(64%) versus 4(8%) in the non-PCa group (p = 0.000). the R/R genotype and Q/Q genotype are non-significant differences in PCa group and non-PCa group. The distributions of PON1 (Q192R) gene polymorphism and genetic and allelic variations in all groups are presented in (**Table 1**)

Serum PSA levels were higher in the PCa group compared to the non-PCa group (p<0.05). The distribution of PSA level in the PCa group and non-PCa group are presented in (**Table 2**) and the distribution of PON1 (Q192R) gene polymorphism with PSA level are presented in (**Table 3**)

PON 192Q/R	Pca	Non-Pca	P value
	(group I) N=50	(group II) N=50	
Q/Q	14(28%)	42 (84%)	
Q/R	32 (64%)	4 (8%)	
R/R	4 (8%)	4 (8%)	
Allele frequencies			0.2
Q	60 (60%)	88 (88%)	
R	40 (40%)	12 (12%)	

**Table 1**: Distribution of PON1 (Q192R) gene polymorphism in Pca and Non-Pca

(\*) P value < 0.05 is significant.

Prostate	PSA Normal	PSA Abnormal	P value
Pca	0 (0%)	50 (92.6)	0.000*
Non-Pca	46 (46%)	4 (7.4)	

**Table 2**: Distribution of PSA level in PCa group and non-PCa group

(\*) P value < 0.05 is significant.

### **Table 3**: Distribution of PON1 (Q192R) gene polymorphism with PSA level

PON1 192Q/R	PSA	PSA	P value
	Normal	Abnormal	
			0.001*
Q/Q	38 (67.8%)	18 (32.2%)	
Q/R	4 (11.1%)	32 (59.2%)	
R/R	4(11.1%)	4 (8.6%)	
Allele frequencies			0.80
Q	80 (87%)	68 (62.96%)	
R	12 (13%)	40 (37.04%)	

(\*) P value < 0.05 is significant.

### Complete blood count and prostate cancer

Hemoglobin showed a significant association with prostate cancer (P=0.000). While total leucocyte count and platelet count showed a non-significant association with prostate cancer (**Table 4**).

Hematological Parameters	Normal	Abnormal	P value
Hemoglobin			0.000*
PCa	10 (20%)	40 (80%)	
Non-PCa	38 (76%)	12 (24%)	
Total leucocyte count			0.649
PCa	42 (84%)	42(84%)	
Non-PCa	8 (16%)	8 (16%)	
Platelets count			0.50
PCa	48 (96%)	2 (4%)	
Non-PCa	46 (92%)	4 (8%)	

**Table 4**: Hematological parameters association with prostate cancer

(\*) P value < 0.05 is significant

### 4. Discussion

Globally prostate cancer is the most prevalent episodic cancer and recognized as the second rife mortal cancer among men (*Saman et al., 2014*). Previous studies of PON1 polymorphisms showed conflicting results about the association between PON1 polymorphisms and cancer. Recently, more attention is being paid to research based on the relationship between genetic variation and cancer etiopathogenesis. In those studies, the association between cancer and the genetic polymorphism has been reported for bladder, liver, lung and kidney cancers. But about prostate cancer (Pca) there seems to be a restricted number of studies on the association between it and genetic polymorphisms of PON-1 (*Fang et al., 2012*).

The implied molecular mechanisms for the association between PON-1 polymorphism not only

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with initiation but also for the development of various malignancies types of inclusively PCa (*Mao et al., 2010 and Liwei et al., 2012*). Polymorphisms of PON1 Q192R are the most common polymorphism studied in previous cancer-related studies. Mutations in 192 codons have been reported in molecular studies, the substitution of Q by R allele at position 192 of the PON1 gene leads to the formation of arginine instead of glutamine (*Lurie et al., 2008*).

The present study of PON-1 Q192R gene polymorphism found that the existence of the variant alleles of the heterozygous PON-1 Q192R, resulting in the substitution of amino acids, increased the risk of prostate cancer, whereas homozygous (QQ and RR) showed safety against prostate cancer. This association was statistically significant (P =0.000). These findings agreeing with (*Kerridge et al., 2002, Antognelli et al., 2005*) who reported previously the protective effect of heterozygous form. In addition (Jarvik et al., 2003) reported that the combination of QR alleles (heterozygous) genotype was associated with a greater than double risk of prostate cancer.

Hematological parameters such as hemoglobin, total leucocyte count and platelet count disturbance have been reported in a large number of diseases. Anemia the most frequent sign that occurs in advanced prostate cancer (Nalesnik et al., 2004). Testosterone could promote the generation of renal erythropoietin, so men with prostate cancer commonly have anemia (Ellegala et al., 2003). The findings of this study showed that the anemia was correlated substantially with worse prostate cancer prognosis. The association between hemoglobin and prostate cancer is statistically significant (P=0.000). There is little epidemiological evidence which supports an association between total leucocyte count and PCa, while in another study, the monocyte fraction of total leucocyte count was reported to be

high count in men prostatic cancer patients (*Hayashi* et al., 2016). There is weak evidence was reported elevation of leucocyte levels at the time of prostatic cancer patients than healthy men (*Toriola et al., 2013*). In the present study total leucocyte count not showed any association with prostate cancer. The association between the raised platelet counts and cancer itself remains unknown. It has been suggested that tumor-derived thrombopoietic cytokines lead to paraneoplastic thrombocytosis (*Stone, et al., 2012*). In the present study the association of platelet count and prostate cancer, are not statistically significant.

In the present study, the results showed that PON-1 Q192R polymorphism associated with PSA level, abnormal PSA more prevalent in patients with QR (heterozygotes) than patients with QQ and RR alleles, this different is statistically highly significant (P=0.000).

#### Conclusion

These results investigated that increase the susceptibility of prostate cancer in the case of QR (heterozygous genotype) than RR (homozygous genotype) and the QQ (homozygous genotype). This research has found an important correlation between prostate cancers and anemia. Recommendations, further investigations to clarify the possible role of PON1 gene polymorphism in the etiology of PCa on large sample size are still needed.

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