

Benha Veterinary Medical Journal

Journal homepage: https://bvmj.journals.ekb.eg/



Original Paper

Mycotoxin residues in some fish products

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ARTICLE INFO

ABSTRACT

Keywords

Aflatoxin
Fish products.
Ochratoxin
Smoked herring

Received 18/08/2020 **Accepted** 14/09/2020 **Available On-Line** 01/10/2020 A grand of 90 random samples represented by smoked herring, canned sardines and frozen fish fillets (30 of each) were collected during their validity period from different areas in Menoufia Governorate to evaluate their mycotoxins quality. It was found that the average values of aflatoxin B1/kg in the examined fish products samples were 51.63 $\pm 4.82 \mu g/kg$ for smoked herring, $33.14\pm 2.98 \mu g/kg$ for canned sardine and $19.76\pm 2.21 \mu g/kg$ for frozen fish fillets. The mean values of aflatoxin B2/kg in the examined fish product samples were 37.29 ± 3.75 $\mu g/kg$ for smoked herring, $20.81\pm 3.02 \mu g/kg$ for canned sardine and $14.57\pm 1.90 \mu g/kg$ for frozen fish fillets. The average value of aflatoxin G1/kg was $25.06\pm 3.18 \mu g/kg$ for smoked herring, $14.42\pm 1.96 \mu g/kg$ for canned sardine and $9.65\pm 1.32 \mu g/kg$ for frozen fish fillets. The average values of aflatoxin G2/kg in the examined fish products samples were $16.22\pm 1.39 \mu g/kg$ for smoked herring, $11.29\pm 0.92 \mu g/kg$ for canned sardine and $4.46\pm 0.53 \mu g/kg$ for frozen fish fillets. Whereas the mean values of Ochratoxin A/kg were $6.52\pm 0.74 \mu g/kg$ in the examined smoked herring samples, $5.60\pm 0.61 \mu g/kg$ in the examined samples of canned sardine and $3.24\pm 0.39 \mu g/kg$ in frozen fish fillets. Moreover, it was found that aflatoxin B1 was the predominant mycotoxin that detected in the examined fish products samples particularly smoked herring.

1. INTRODUCTION

Fish and fish products are necessary for human as they are an important source of high-quality protein. The increasing demand for aquatic products returns to the high nutritional benefits of these products as they are rich in omega 3 and polyunsaturated fatty acids. In addition to the nutritional value of fish and fish products, they are also important as a foreign exchange earner in global trade for many world countries. Fish is more subjected to contamination as it is soft and easily damaged so it must be subjected to some forms of processing or preservation otherwise, it will become unfit for human consumption. The fish may be still subjected to many forms of spoilage even after it has been processed particularly if traditional methods have been used (Shewan, 2000).

The fish product can make reabsorption of moisture from surrounding environment during storage and this enhance the growth of microorganisms and presence of *Aspergillus spp, Rhizopus spp and Penicillium* (Ayolabi and Fagade, 2010). The market place can be a source of contamination for the fish product due to bad hygiene, insufficient cleaning or preservation in open trays without coverage that allow settling of dust and fungal spores on the product and so occurrence of fungal invasion, production of toxins and spoilage of the product (Fredrick Sam et al., 2016). Mycotoxins have a great ability to penetrate human and animal cells and affect the cellular genome where they can cause a major mutagenic change in the nucleotide sequence

that may result in strong and permanent defects in the genome (Adam et al., 2017). Mycotoxins are known worldwide as fungus produced toxins and consumption of food contaminated with mycotoxins leads to a plethora of harmful responses from acute toxicity to many persist and health disorders with lethal effect (C Olovic et al., 2019). The inclusion of vegetal raw materials in feed for fish farming may increase the risk of mycotoxin occurrence in feed and also in edible tissues from contaminated fish feed due to the carry-over to muscle portions (Tolosa et al., 2019)

Aflatoxins are a type of toxic secondary metabolites that can be produced by Aspergillus flavus and Aspergillus parasiticus. They have a great health and economic importance. Aflatoxin B1 is a well-known Hepatocarcinogen that is classified as class I human carcinogen by the International Agency for Research in Cancer so that its bioavailability must be reduced to maintain human health (Amnah, 2013). Ochratoxins (OTA) constitute a great threat to animal and human health. They can cause sub chronic and chronic effect on human while acute toxicity of OTA in human is rarely reported. In animals, OTA has been to have hepatotoxic, nephrotoxic, immunotoxic and teratogenic effect (Richard, 2007). Therefore, the current study is applied for detection of Aflatoxin (B1, B2, G1 and G2) and Ochratoxin A in the examined samples of smoked herring, canned sardine and frozen fish fillets and their public health effect.

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2. MATERIAL AND METHODS

2.1. Collection of samples:

About 90 random samples of fish products represented by smoked herring, canned sardines and frozen fish fillets (30 of each) were collected during their validity period from different markets in Menoufia governorate. All samples were labeled and separately kept in a sterile plastic bag as well as preserved in an ice box. All the collected samples were transferred to the laboratory without delay and examined for detection of their contents of mycotoxins either aflatoxins (B1, B2, G1 & G2) or Ochratoxin A to determine their edibility for human consumption.

Standards:

Standard and Blank aflatoxins B1, B2, G1 and G2 used in the current study were purchased from Sigma-Aldrich, Steinheim, Germany.

Apparatus:

High performance liquid chromatography (HPLC) used for aflatoxin determination was an Agilent 1100 HPLC system, Agilen Technologies, Waldbronn, Germany, equipped with quaternary pump model G 1311A, UV detector (Model G 1314A) set at 254 nm wavelength.

2.2. Standard Aflatoxins B1 (AFB1), B2 (AFB2), G1 (AFG1), G2 (AFG2) and Ochratoxin A (OTA) solutions: The stock standard solutions of AFB1, AFB2, AFG1, AFG2 and OTA were prepared by dissolving the solid standard in benzene as described by AOAC (2000). All the solutions were packed in amber vials at -18 °C.

2.3. Quantitative determination of aflatoxins according to (European Council, 2006):

Sample extraction:

In a blender, 50 g of the prepared homogenized sample were mixed with 100 ml of acetone and 100 ml of water for 10 min, 10 g of diatomaceous earth were added and stirred gently for 5 min then filtered through fast filtering Whitman No. 1 filter paper.

Accurately, 0.01 ml of the filtrate were transferred to 500 ml wide mouth glass stopper Erlenmeyer volumetric flask and mixed with 50 ml of 5% NaCl and 50 ml of hexane then shaken gently on a mechanical shaker (IKA, GmbH, Germany) for 5 min at 2400 rpm. The hexane layer was discarded. Next, 50 ml of 5% NaCl and 150 ml of chloroform (3x50 ml) were added to the aqueous layer and shaken gently for 5 min each time. The chloroform layer was collected from the three extractions, dried over anhydrous sodium sulphate and evaporated using rotary evaporator. The residues were re-dissolved in 1 ml chloroform.

2.4. HPLC determination according to Galvano et al. (2001):

The determination of each aflatoxin was carried out with HPLC at wavelength 365 and 440 nm for excitation and emission, respectively. The mobile phase was composed of toluene, ethyl acetate, formic acid and methanol (90:5:2.5:2.5, v/v) which pumped with constant flow at 1.0 ml/min. Actually, 20 ml of the reconstituted sample were injected in the HPLC at 24 °C to achieve the optimum resolution of aflatoxins.

2.5. Quantitative estimation of ochratoxin A:

Extraction procedure for ochratoxin A:

The samples were extracted according to the method described by Toscani et al. (2007) with little modifications.

The sample 15 g was blended for 15 min in 50 ml of aceto nitrile - water (45:05, v/v), using high speed blending and then the extract was filtered through filter paper. 5 ml of the filtrate was mixed with 50 ml of phosphate buffer saline (PBS) and filtered through a glass microfiber.

Accurately, 10 ml of the filtrate was passed through immunoaffinity columns. OTA was eluted from the column by passing 1.5 ml of methanol (HPLC grade) and collected in a vial. The eluted was evaporated until dryness at 40 °C and residues were re-dissolved in 1 ml of mobile phase i.e. acetonitrile: water: acetic acid (47/51/2, v/v/v) for HPLC analysis.

2.6. Statistical analysis:

The obtained results were analyzed statistically by application of Analysis of variance (ANOVA) test according to Feldman et al. (2003).

3. RESULTS

Results achieved in table (1) showed that aflatoxin B1 was detected in 43.33%, 30% and 20% of the examined samples of smoked herring, canned sardine and frozen fish fillets, respectively. Totally, 31.11% of the examined samples of fish products were contaminated with aflatoxin B1. Whereas the concentrations of aflatoxin B2 are 26.67%, 20% and 16.67% for smoked herring, canned sardine and frozen fish fillets, respectively. Totally, 21.11% of the examined samples of fish products were contaminated with aflatoxin B2. Aflatoxin G1 occurred in a level of 20% for smoked herring samples, 13.33% for canned sardine and 10% for frozen fish fillets. Totally 14.44% of the examined fish products samples were proved to be contaminated with aflatoxin G1. Aflatoxin G2 showed the following incidence in the examined samples of smoked herring, canned sardine and frozen fish fillets (13.33%, 13.33% and 6.67%) respectively. Totally, 11.11% of the examined fish product samples were contaminated with aflatoxin G2.

Table 1 Incidence of aflatoxins (B1, B2, G1 and G2) in the examined fish product samples (n=30).

AFB1 (%)	AFB2 (%)	AFG1 (%)	AFG2 (%)
43.33	26.67	20	13.33
30	20	13.33	13.33
20	16.67	10	6.67
31.11	21.11	14.44	11.11
	43.33 30 20	43.33 26.67 30 20 20 16.67	43.33 26.67 20 30 20 13.33 20 16.67 10

Table (2) revealed that the average values of aflatoxin B1/kg in the examined fish products samples were $51.63\pm4.82~\mu g/kg$ for smoked herring, $33.14\pm2.98~\mu g/kg$ for canned sardine and $19.76\pm2.21~\mu g/kg$ for frozen fish fillets. The mean values of aflatoxin B2/kg in the examined fish product samples were $37.29\pm3.75~\mu g/kg$ for smoked herring, $20.81\pm3.02~\mu g/kg$ for canned sardine and $14.57\pm1.90~\mu g/kg$ for frozen fish fillets. The average value of aflatoxin G1/kg was $25.06\pm3.18~\mu g/kg$ for smoked herring, $14.42\pm1.96\mu g/kg$ for canned sardine and $9.65\pm1.32\mu g/kg$ for frozen fish fillets. The average values of aflatoxin G2/kg in the examined fish products samples were $16.22\pm1.39~\mu g/kg$ for smoked herring, $11.29\pm0.92~\mu g/kg$ for canned sardines and $4.46\pm0.53~\mu g/kg$ for frozen fish fillets.

Table (3) detected that about 33.33% of the examined smoked herring samples, 23.33% of canned sardine and 16.67% of frozen fish fillets are unaccepted due to the incidence of AFB1 according to the permissible limits of

FDA (2004) which stated that fish and fish products should be free from mycotoxins. Also, 23.33% of the examined smoked herring samples, 13.33% of the examined canned sardine and 13.33 of the examined frozen fish fillets are non-accepted samples due to the occurrence of AFB2 (FDA,2004). About 16.67%, 10% and 6.67% of the examined smoked herring samples, canned sardines and

frozen fish fillet, respectively are unaccepted due to the incidence of AFG1 (FDA, 2004). Also 10% of the examined smoked herring, 3.33% of the examined canned sardines were rejected due to the occurrence of AFG2 (FDA, 2004). Whereas all the examined samples of frozen fish fillets were accepted.

Table 2 Levels of aflatoxins (B1, B2, G1 and G2) (µg/kg).

Fish products	AFB1 (%) Mean ± S.E*	AFB2 (%) Mean ± S.E*	AFG1 (%) Mean ± S.E*	AFG2 (%) Mean ± S.E*
Smoked herring	51.63 ± 4.82	37.29 ± 3.75	25.06 ± 3.18	16.22 ± 1.39
Canned sardines	33.14 ± 2.98	20.81 ± 3.02	14.42 ± 1.96	11.79 ± 0.92
Frozen fish fillets	19.76 ± 2.21	14.57 ± 1.90	9.65 ± 1.32	4.46 ± 0.53

Table 3 Edibility of the examined fish products samples according to their levels of aflatoxins (B1, B2, G1 and G2) (n=30)

	Unaccepted samples due to AFB1	Unaccepted samples due to AFB2	Unaccepted samples due to AFG1	Unaccepted samples due to AFG2
	(%)	(%)	(%)	(%)
Smoked herring	33.33	23.33	16.67	10
Canned sardines	23.33	13.33	10	3.33
Frozen fish fillets	16.67	13.33	6.67	0

It is evident from data present in table (4) that 16.67% of smoked herring, 6.67% of canned sardines and 6.67% of frozen fish fillets were contaminated with Ochratoxin A. Totally Ochratoxin A present in 10% of the examined fish products samples. Whereas, the mean values of Ochratoxin A (μ g/kg) were 6.52 \pm 0.74 μ g/kg in the examined smoked herring samples, 5.60 \pm 0.61 μ g/kg in the examined samples of canned sardines and 3.24 \pm 0.39 μ g/kg in frozen fish fillets. All the examined frozen fish fillets were accepted but 6.67% of the examined smoked herring and 3.33% of the examined canned sardines were rejected due to their incidence of Ochratoxin A according to the permissible limits of FDA (2004).

Table 4 Incidence (%) and levels of Ochratoxin A (μ g/kg) in the examined fish products samples (n=30) and the edibility of the examined fish product samples according to their levels of Ochratoxin A.

Fish products	(%)	Mean ± S.E*	Unaccepted samples (%)
Smoked herring	16.67	6.52 ± 0.74	6.67
Canned sardine	6.67	5.60 ± 0.61	3.33
Frozen fish fillets	6.67	3.24 ± 0.39	0

4. DISCUSSION

Mold contamination of fish and fish products may occur due to improper sanitation before and / or during processing, handling, transportation and storage (Hassan, 2003). Mold contaminations represent a great risk due to production of mycotoxins (Hassan et al., 2009). High levels of these mycotoxins cause liver cancer while, lower levels lead to liver diseases and organ damage (Yousef, 1998).

Nearly all the examined samples in this study were contaminated with molds that may be due to contamination of such fish products during manufacturing procedures starting from catching of fish, handling, processing, transportation, and storage until purchasing (El-Zahaby, 2007).

Exposure to low levels of aflatoxins can lead to suppression of the immune system, slowing the development of children and increasing susceptibility to infectious diseases, while the higher levels of aflatoxins can lead to liver failure and death (Strosnider et al., 2006). Aflatoxin B1 (AFB1) is a strong hepatocarcinogen that can contaminate agricultural commodities and lead to human hepatocellular carcinoma

(HCC). Aspergillus species can cause mycosis (Aspergillosis) as well as mycotoxicosis. In human, *Aspergillus fumigatus* was considered as the primary cause of pulmonary aspergillosis especially in immune-suppressed patients (Chang et al. 2004).

Poor hygienic measures in fish treating may lead to fish contamination with microorganisms such as fungi and also occurrence of *Aspergillus flavus* in the examined samples (Abd El-Maksoud et al., 2010).

From the obtained results there was a decrease in level of aflatoxin in frozen fish fillets followed by canned sardines and smoked herring. These results may be due to methods of processing, packaging, handling and storage. Packaging is important to prevent mold contamination and to avoid reabsorption of moisture from surrounding environment to the product. (Gopal and Shankar, 2011). Within the examined samples, canned sardines show little contamination than smoked herring as the can itself is strong enough to protect the product, decrease the level of contaminants and provide good keeping quality of the product.

Lower results were recorded by Adeboyotayo et al. (2006) who examined marketed smoked dried fish and found that the presence of aflatoxins was in concentrations between (1.5 ppb – 8.1 ppb) in the examined samples and Akinyemi et al. (2011), who examined fifty smoked dried fish samples and found that aflatoxin concentration in the sample were between (0.030 - 1.150ppb).

Aflatoxin G2 showed similar incidence in the examined samples of smoked herring and canned sardine that was 13.33% while lower incidence was recorded in frozen fish fillets (6.67%).

The repeated exposure to aflatoxins even in low levels can enhance susceptibility of the growing host to infection and tumor (Raisuddin et al., 1993). Within classical epidemiology, several studies have associated the occurrence of liver cancer with the estimated aflatoxin consumption in the diet (Li et al., 2001).

Oral consumption of 200 ± 100 ppb of crude aflatoxin (B1, B2, G1 and G2) can cause testicular degeneration (Sahay, 1993). Aflatoxins compounds are heat stable and show little degradation so they cannot be destroyed by cooking or heating whereas, pressure cooking may decrease the aflatoxin content by 83% (Park and Kim, 2006).

The achieved results revealed that the predominant toxin was aflatoxin B1 followed by AFB2, AFG1 and AFG2. The highest records for all of the toxin types were determined in smoked herring while lower results were detected in frozen fish fillets. Thus, sampling is a vital procedure in analysis of contaminated food (Reiter et al., 2009).

OTA has been proved to be nephrotoxic, immunotoxic, teratogenic and hepatotoxic. Once OTA is introduced, it is impossible to be removed or decreased as it is moderately stable and not affected by heating (Monaci et al., 2005; schiavone et al., 2008).

The microbial level obtained in this study could be considered hazardous to consumers due to the presence of enterotoxigenic strains. This agreed with the reports of (Akande and Tobor, 1992; Adebayo-Tayo et al., 2008).

5. CONCULSION

The achieved results in this study revealed that smoked herring had the highest levels of aflatoxins (B1, B2, G1 and G2) and Ochratoxin A followed by canned sardine then frozen fish fillets. The examined fish products were subjected to contamination by different types of aflatoxins so that strict preventive measures must be applied to get out of or at least to minimize this contamination and its public hazard effect.

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