

Value of Functional MRI in Evaluation of Ovarian Lesions

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Abstract

Background: Ovarian masses present a special diagnostic challenge when imaging findings cannot be categorized into benign or malignant pathology. Magnetic Resonance Imaging (MRI) is currently used to evaluate ovarian tumors. Functional MRI techniques such as Diffusion Weighted MRI (DW-MRI), Dynamic Contrast-Enhanced MRI (DCE-MRI) are currently being evaluated as possible predictive and prognostic biomarkers in the context of ovarian malignancy.

Aim of Study: Differentiation between benign and malignant ovarian lesions by conventional MRI and assessing the role of functional MRI (f-MRI) as an advanced MRI technique for better differentiation.

Patients and Methods: 30 patients with ovarian masses were included. Evaluation of functional Magnetic Resonance Imaging (f-MRI) in diagnosis of ovarian masses and differentiating the benign from malignant lesions in addition to conventional MRI sequences.

Results: Our study included 30 patients with different ovarian lesions, 22 benign cases and 8 malignant cases proved by histopathology and laparoscopy, and the mean age was 40.37 years. Imaging all have increased the sensitivity, specificity, positive and negative predictive values and accuracy from 72.7%, 66.7, 57.14%, 80%, 61.5% respectively for conventional MRI to 90.9%, 100%, 90.9%, 94.7%, 95% respectively for f-MRI.

Conclusion: Combination of conventional MRI & f-MRI findings are problem-solving tool for confusing ovarian lesions, characterizing benign and malignant ovarian tumors.

Key Words: *f-MRI: Functional Magnetic Resonance Imaging – DCEMRI: Dynamic Contrast Enhanced Magnetic Resonance Imaging – DWMRI: Diffusion Weighted Magnetic Resonance Imaging.*

Introduction

OVARIAN masses present a special diagnostic challenge when imaging findings cannot be categorized into benign or malignant pathology. Ultrasonography (US), Computed Tomography (CT), and Magnetic Resonance Imaging (MRI) are cur-

rently used to evaluate ovarian tumors. US is the first-line imaging investigation for suspected adnexial masses helping in detection and characterization of ovarian tumors [1].

Benign ovarian diseases can simulate malignancies. The knowledge of clinical syndromes and MRI features of these conditions is crucial in establishing an accurate diagnosis and determining appropriate treatment [2].

Functional MRI techniques such as Diffusion Weighted MRI (DW-MRI), Dynamic Contrast-Enhanced MRI (DCE-MRI) are currently being evaluated as possible predictive and prognostic biomarkers in the context of ovarian malignancy [3].

Patients and Methods

This prospective study included (30) female patients with different ovarian lesions conducted in the period from February 2019 to January 2020 at Tanta University Hospital. Most of patients presented with vaginal bleeding and/or vague pelvic-abdominal pain. Patients with positive MRI findings were selected in the study, their ages ranged from 20 to 73 years, and the mean age was 40.37 years. Our institutional review board approved the study and waived the requirement to obtain written informed consent for the procedure & the study.

Our inclusion criteria were:

- Any patient suspected to have a gynecological pelvic mass on clinical examination.
- Any patient known to have any gynecological troubles.
- Any patient known to have previous ovarian tumor.

MRI was performed using a 1.5T magnet.

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Our exclusion criteria were:

- Patients with past history of cardiac pace maker or artificial valve as it is contraindicated with MRI.
- Patients having history of claustrophobia.
- Patients having renal failure were excluded from contrast administration.

All cases had been subjected to the following:

- 1- Full history taking with a special emphasis on:
 - Age.
 - Time of menarche and menopause.
 - Past history of gynecological troubles or operations.
 - Positive family history of gynecological malignancy
- 2- Routine laboratory investigation for all patients including: CBC, random blood sugar, liver functions and kidney functions.
- 3- Ultrasound examination: All patients had undergone preliminary pelvic ultrasound to exclude benign functional pure cystic lesions, trans-abdominal and trans-vaginal ultrasound approaches using 3-4MHz and 7-8MHz probes respectively. Color Doppler was superimposed on masses to detect vascularity in some cases.
- 4- MR and f-MR imaging MR imaging was performed on a 1.5-T MR imaging machine [General Electric (GE) medical system].

Patient preparation: No special patient's preparation is necessary for pelvic MRI. When making an appointment for a pelvic MRI, the patient was asked about claustrophobia and any contraindications of MRI as cardiac pace maker, artificial valves and prior to the exam they were instructed to remove any metallic object. Procedure was explained for reassurance and also they were informed about the length of the examination and the value of remaining motionless. They were asked to avoid coughing or swallowing during the acquisition time.

MR imaging protocol:

Patient is positioned supine and feet first on the scan table, and she must be well centralized to ensure that both sides are in the same horizontal plane for proper coronal imaging. Patients were imaged with the pelvic phased-array coil. FOV ranges from 30 to 45cm in diameter depending on the width of the entire pelvis.

Evaluation of the pelvis was done using axial, coronal and sagittal non contrast T1 and T2 weight-

ed images. Post contrast fat suppressed T1 weighted image was performed for some cases for the recognition of enhancement of the solid component, the tumor wall, septations and vegetations. Fat saturation was done for all cases as a routine. The sequences used in the study are:

1- T1 weighted (T1W) image in axial plane: TR= 459.95msec, TE=8msec, SLICE thickness 4, slice gap 1.5mm, scan duration 1.18min, FOV 45cm, matrix 256 X 256.

2- T2 weighted (T2W-TSE) images (Turbo spin echo): (In axial, sagittal, and coronal plans): TR =3500msec, TE=90msec, slice thickness 4, slice gap 1.5mm, scan duration 1.17min, FOV 45cm, matrix 256 X 256.

3- Diffusion MRI: It was acquired in the axial plane prior to administration of contrast medium using a single-shot echo-planar imaging sequence (TR/TE effective range=9,000-18,000/ 30-60; slice thickness 3-5mm; slice gap 1.5mm; FOV 45cm; matrix 128 X 128; at b-value of 800s/mm²).

4- T1 fat suppression (STIR): (In axial, sagittal, and coronal plans): Performed after bolus injection of 0.1 mmol/kg body weight of (Gd-DTPA Schering-Germany) at a rate of 2ml/s, flushed with 20ml of sterile 0.9% saline solution from the antecubital vein. The injection of contrast media and saline solution was performed manually. The patient was asked to hold breath at end expiration (for post contrast cases). The parameters were as follows: TR=2726msec, TE=60msec, matrix 256 X 256 with a field of view 45cm, slice thickness 5.5mm, slice gap 0mm. MR images were analyzed for the following: MR appearance of the tumor; whether cystic, solid or mixed. Signal intensity of the tumor either high, low or mixed. The signal intensity of the mass on DWI on high b-values (>1000 sec/mm²) either facilitated or restricted. Signal intensity of the mass in the corresponding ADC maps. SI of any suspicious lymph nodes and/or peritoneal deposition. Pattern of enhancement either homogenous or heterogeneous or septal. Wall thickness of the tumor and its enhancement either thin or thick. Presence of vegetations, their enhancement pattern and their size. Presence of ascites.

Presence of infiltrated pelvic or para aortic lymph nodes and its size if present. Involvement of other pelvic organs. Presence of peritoneal and omental deposit. Presence of parametrial invasion.

The statistical analysis: Data were fed to the computer and analyzed using IBM SPSS software package version 20.0. Qualitative data were de-

scribed using number and percent. Quantitative data were described using range (minimum and maximum), mean, standard deviation and median. Significance of the obtained results was judged at the 5% level.

The used tests were:

- 1- *Chi-square test*: For categorical variables, to compare between different groups.
- 2- *Fisher's Exact*: Correction for chi-square when more than 20% of the cells have expected count less than 5.
- 3- *Student t-test*: For normally quantitative variables, to compare between two groups.
- 4- *ROC curve*: For detection of validity and cut off point in comparison to sure diagnostic test.

Results

Our study included 30 patients with different ovarian lesions, 22 benign cases and 8 malignant cases proved by histopathology and laparoscopy (Table 1).

Pelvi-abdominal pain was the most common complaint among patients under study. All of patients subjected to MRI pelvic assessment performed on 1.5T MR imaging machine with pelvic phased-array coil. The MRI protocol was T1 in axial plane, T2 in axial, coronal and sagittal, T1 (dynamic post contrast) fat saturation in axial, coronal and sagittal and diffusion weighted images. All cases MRI results were compared with pathological or laparoscopic results.

For differentiation between benign and malignant ovarian lesions most of benign ovarian lesions show type I curve (14 benign cases in our study), except some benign lesions (for example in our study: One hemorrhagic cyst case, one chocolate cyst case, one proteinaceous cyst case and three tubo-ovarian abscess cases). While most of malignant ovarian lesions show type III curve (six malignant cases in our study) with ADC value $\geq [OR \leq] 1.16 \times 10^{-3} \text{ mm}^2/\text{s}$ as a cutoff point differentiating between benign and malignant ovarian lesions. Five cases which were complex cystic and solid, two cases associated with ascites and one case with papillary projections, seven cases of mixed contents and six cases which had heterogeneous pattern of enhancement proved to be malignant pathologically. Imaging all have increased from 72.7%, 66.7, 57.2%, 80%, 61.7% respectively for conventional MRI to 90.9%, 100%, 90.9%, 94.7%, 95% respectively for functional MRI with post-processing.

Table (1): Distribution of the studied cases according to demographic data (n=30).

	No.	%
<i>Age (years):</i>		
≤30	8	26.7
>30	22	73.3
Min.-max.	18.0-45.0	
Mean ± SD.	33.47±8.05	
Median	34.0	
<i>BMI (kg/m²):</i>		
Min.-max.	26.0-28.0	
Mean ± SD.	27.03±0.76	
Median	27.0	

Table (2): Distribution of the studied cases according to different parameters (n=30).

	No.	%
<i>Side of mass:</i>		
Right	17	56.7
Left	13	43.3
<i>Size:</i>		
Less than 6cm	10	33.3
More than 6cm	20	66.7
<i>Thickness of wall:</i>		
Less than 3cm	11	36.6
More than 3cm	19	63.3

Table (3): Distribution of the studied cases according to septations (n=30).

	No.	%
Septated		
No	7	23.3
Yes	23	76.6

Table (4): Distribution of the studied cases according to solid vegetation (n=30).

	No.	%
Solid vegetation		
No	9	30
More than 1cm	21	70

Table (5): Distribution of the studied cases according to conventional MRI positive characer of malignancy (n=30).

MRI positive characer of malignancy	No.	%
Malignant	12	40.0
Benign	16	53.3
Borderline	2	6.7

Table (6): Distribution of the studied cases according to type of curves (n=30).

Type of curves	No.	%
I	18	60
II	4	13.3
III	8	26.6

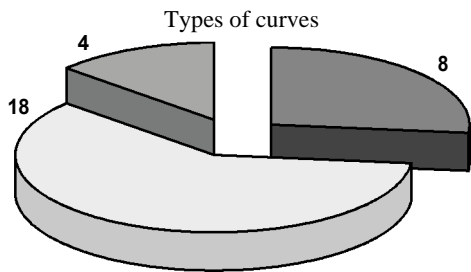


Fig. (1): Distribution of the studied cases (benign; malignant & suspicious) according to type of curves (n=30).

Table (7): Distribution of the studied cases according to different parameters (n=30).

	No.	%
<i>High signal in diffusion images:</i>		
No	18	60.0
Yes	12	40.0
<i>Low signal on the corresponding ADC map:</i>		
No	18	60.0
Yes	12	40.0
<i>ADC values:</i>		
Min.-max.	0.67-2.20	
Mean ± SD.	1.51±0.58	
Median	1.90	
<i>Low ADC values:</i>		
No	17	56.7
Yes	13	43.3

Table (8): Distribution of the studied cases according to diffusion (n=30).

	No.	%
<i>Restricted diffusion (malignant criteria):</i>		
No	17	56.7
Yes	13	43.3
<i>Facilitated diffusion (benign criteria):</i>		
No	13	43.3
Yes	17	56.7

Table (9): Distribution of the studied cases according to DWI positive characer of malignancy (n=30).

DWI positive characer of malignancy	No.	%
Malignant	12	40.0
Benign	16	53.3
Borderline	2	6.7

Table (10): Distribution of the studied cases according to pathological result (n=30).

Pathological result	No.	%
Malignant	11	36.7
Benign	18	60.0
Borderline	1	3.3

Table (11): Agreement (sensitivity, specificity and accuracy) for f-MRI and conventional MRI (% from total).

	Pathological result				Sensitivity	Specificity	PPV	NPV	Accuracy
	Benign (n=18)		Malignant (n=11)						
	No.	%	No.	%					
<i>MRI positive characer of malignancy:</i>									
Benign	12	66.7	3	27.3	72.7	66.7	57.2	80	61.7
Malignant	6	33.3	8	72.7					
<i>f-MRI positive characer of malignancy:</i>									
Benign	18	100	1	10.1	90.9	100	90.9	94.7	95
Malignant	0	0	10	90.9					

PPV : Positive Predictive Value.
 NPV : Negative Predictive Value.
 * : Statistically significant at $p \leq 0.05$.

Cases:

49 years old female patient presented with pelvi-abdominal pain. Histo-pathological study revealed right ovarian cyst-adeno-carcinoma.

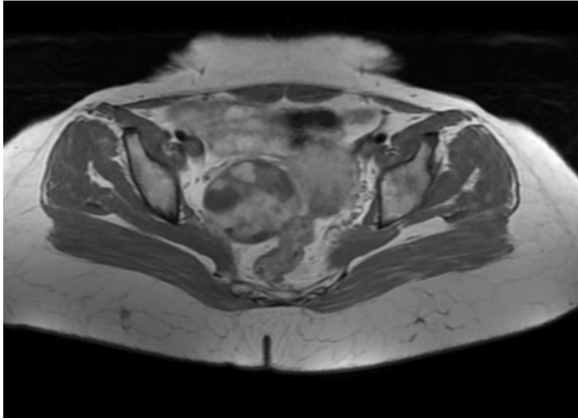


Fig. (2A): Axial T1 (A): Shows a large right adnexal mixed cystic and solid mass lesion measures 6.1 X 6.3 X 6.4cm mixed low and high signal intensity.

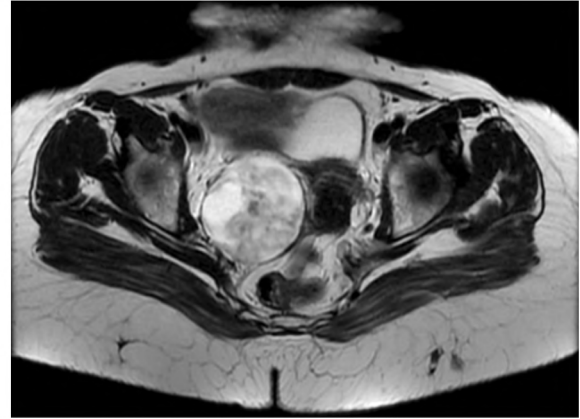


Fig. (2B): Axial T2 the lesion shows heterogenous intensity.

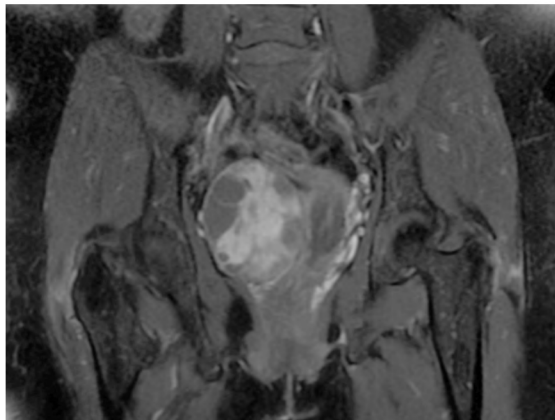


Fig. (2C): Coronal post contrast fat suppressed T1; revealed enhancement of the solid parts no fat suppression.

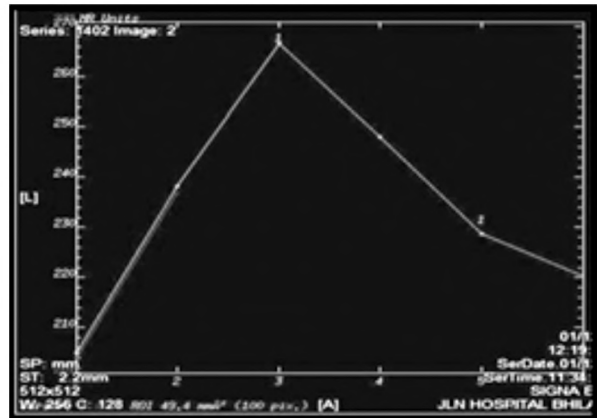


Fig. (2D): Dynamic post contrast curve with type III curve (rapid enhancement with rapid wash out).

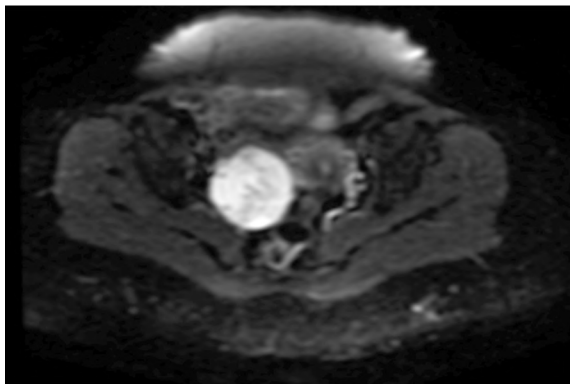


Fig. (2E): DWI diffusion restriction of the solid component.

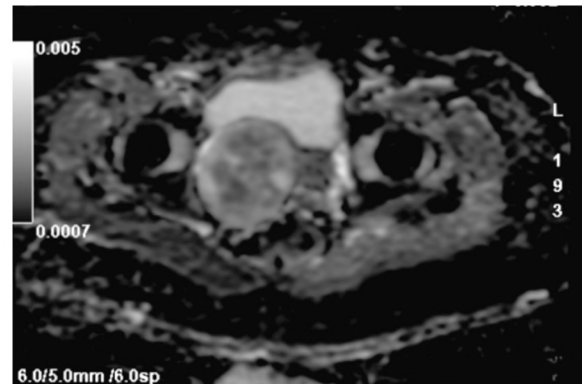


Fig. (2F): ADC map with ADC value measures 0.82 X 10⁻³mm²/S.

A 25-year-old-female presented with abdominal pain which increased during menstrual cycle, histopathologic exam revealed right ovarian endometrioma.

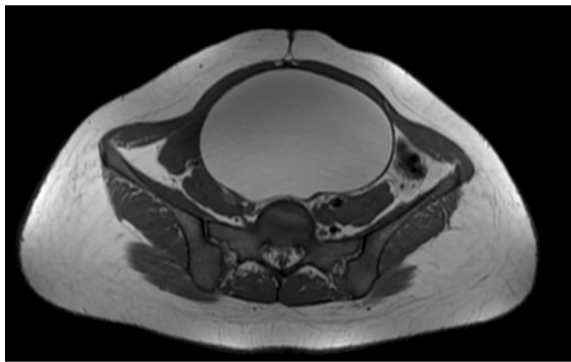


Fig. (3A): Axial T1WI; shows a large right adnexal cystic lesion measures 13.3 X 8.5 X 14.2cm of homogeneous high signal intensity.

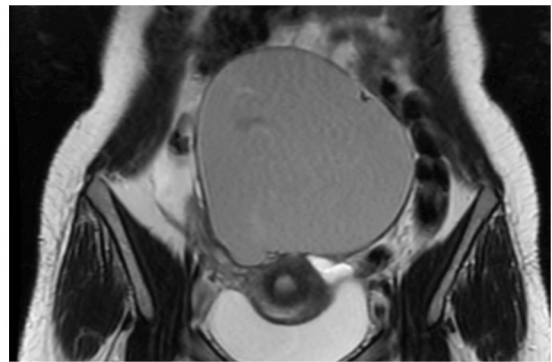


Fig. (3B): Coronal T2WI; shows intermediate signal intensity (T2 shading).

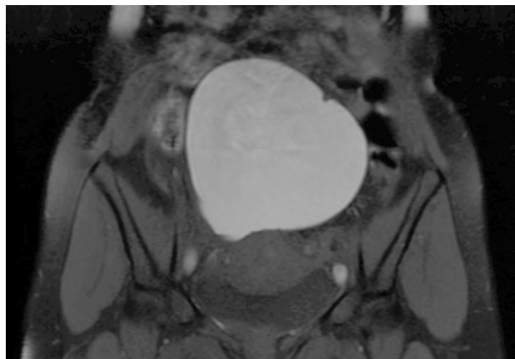


Fig. (3C): Coronal T1 fat suppression; shows no signal suppression.

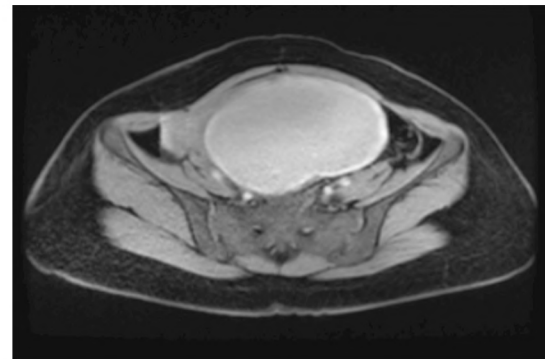


Fig. (3D): Axial T1 post contrast; revealed wall enhancement.

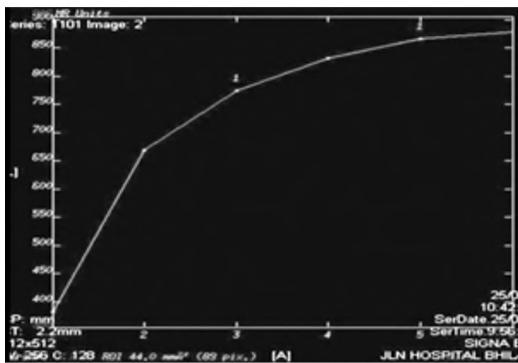


Fig. (3E): Dynamic post contrast curve; its wall shows type I curve (slow rising curve).

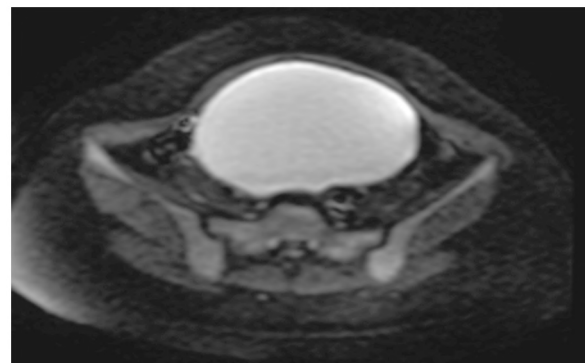


Fig. (3F): DWI; demonstrates diffusion restriction.

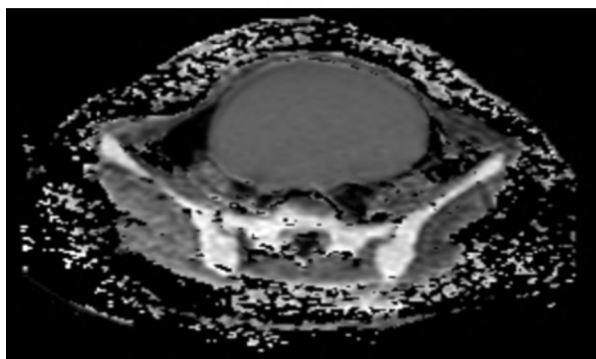


Fig. (3G): ADC map; with ADC value measures $0.74 \times 10^{-3} \text{mm}^2/\text{s}$.

27 years old female patient presented with pelvi-abdominal pain. Histo-pathological study revealed right Benign ovarian mucinous cyst-adenoma.

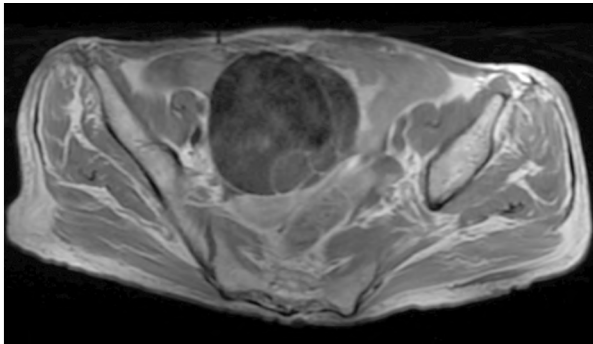


Fig. (4A): Axial T1WI; shows right multi-locular adnexal cystic lesion measuring about 10 X 9cm showing low signal intensity.

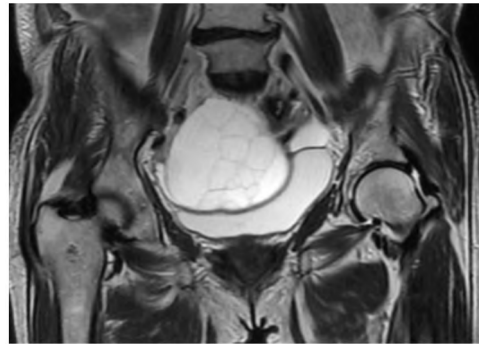


Fig. (4B): Coronal T2; shows high signal locules.

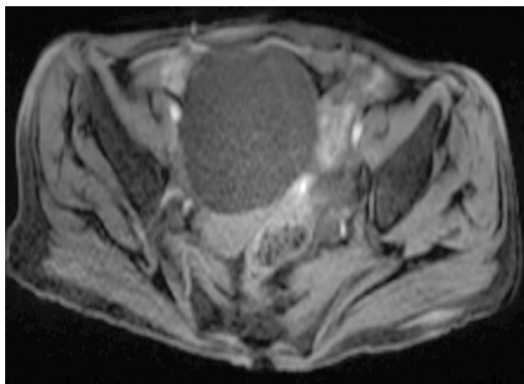


Fig. (4C): Axial T1 post contrast revealed fine marginal (wall & septal) enhancement.

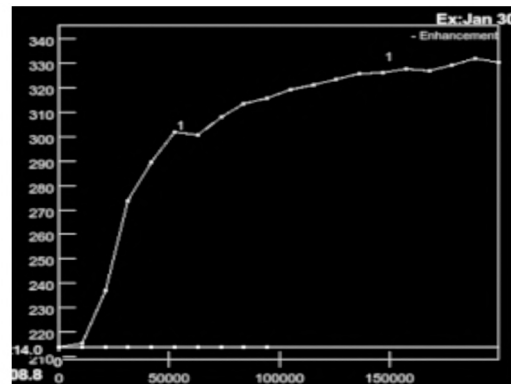


Fig. (4D): Dynamic post contrast curve; with type I curve (slow rising curve).

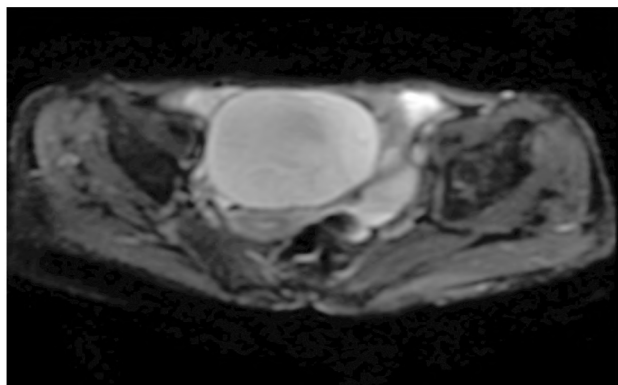


Fig. (4E): DWI; demonstrate free diffusion.

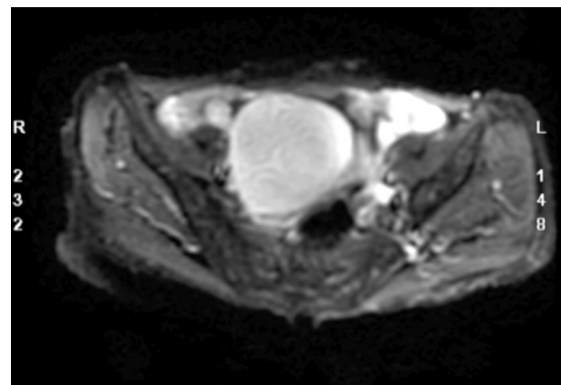


Fig. (4F): ADC map; with ADC value= $2 \times 10^{-3} \text{ mm}^2/\text{s}$.

Discussion

MRI provides exquisite views of the pelvic anatomy through its high spatial resolution and tissue contrast, and as such plays a key role in the work up of ovarian lesions, identifying features that distinguish benign and malignant lesions. In the case of primary tumors it enables local staging and detection of metastatic disease to help guide management options such as complex surgery or

the consideration of neoadjuvant chemotherapy [3].

DWI is a new promising diagnostic tool that can be added to conventional MRI to better characterize and differentiate benign from malignant lesions [4].

In our study, we included 30 patients with different ovarian lesions and focused on the eval-

uation of the role of conventional MRI and diffusion MRI in differentiating between benign and malignant ovarian lesions.

In our study, pelvi-abdominal pain represents the most common complaint of the patients (50%) which was in agreement with Liu et al., 2013 study which carried on 203 patients who presented with adnexal masses and found that pelvi-abdominal pain was the most common complaint of the patients (57.7%) [5].

In our study, we found that lesions in the left side were more than right side (56.7%, 30% respectively) and 13.3% bilateral lesions which was in disagreement with Amir, 2017 study which had 62.5% of the lesions in the right side and 37.5% in the left side, this disagreement was a mere coincidence [6].

In our study, mean patient age was 40.37 years which disagreed with Koc et al., 2012 study carried on 58 female patients concluded that mean patient age was 51 years aiming to explore the optimal b-value in Diffusion-Weighted (DW)-MRI for differentiation of benign and malignant gynecological lesions, this disagreement may be attributed to the number of patients which is larger than our number of patients [7].

In our study, 22.7% of total 22 benign cases showed solid component and 62.5% of total 8 malignant cases showed solid component ($p < 0.025$) which was in agreement with Li et al., 2012 study which concluded that solid components were found in 11/46 (23.9%) benign and 37/85 (43.5%) malignant masses ($p < 0.05$) [8].

In our study, we found that 37.5% of malignant cases were cystic and 62.5% of malignant cases were mixed cystic and solid but no cases were solid only, this agrees with Amir, 2017 study which found that malignant cystic lesions were 12.5% and 81.25% of malignant cases were mixed cystic and solid, also he found only one case is pure solid (6%), we didn't found any pure solid malignant lesion which may be attributed to our smaller number of malignant cases and also large size of malignant lesions under our study which made them more liable to necrosis and presence of cystic components [6].

In our study, we found that 63.6% of benign lesions were unilocular while 37.5% of malignant lesions were unilocular, this agree with Valerio et al., 2016 which said that unilocular cystic masses in the adnexal region are more likely benign [9].

In our study, we found that 59.1 % of benign cases show high signal in T2 weighted images and only 37.5% of malignant lesions showed high signal in T2 weighted images, this disagree with Zhang et al., 2012 study which found that 52.7% of studied benign lesions (39/74) showing high signal in T2 weighted images and 84.3% of studied malignant lesions (108/128) showing high signal in T2 weighted images, it may be attributed to our larger number of benign cases than malignant ones [10].

In our study, we found that 9.1 % of benign cases showing fat density but no malignant cases showing fat, also found that 62.5% of malignant cases are complex (cystic/solid) but only 13.6% of benign cases are complex, 95% of benign cases have no vegetations or papillary projections, mean width of malignant lesions (8.3cm) is larger than in benign lesions (6.4cm), 85.7% of heterogeneously enhanced lesions were malignant (6 from total 7 cases), 62.6% of malignant cases show septations but only 36.4% of benign cases show septations. This was in agreement with Amir, 2017 study which carried on 84 consecutive patients (age range, 17-70 years; mean age, 30 years) with different clinical presentations such as irregular menses, pelvic pain, fever and palpable pelvic mass aiming to determine whether Magnetic Resonance Imaging (MRI) images and enhancement features could help accurately in distinguishing benign from malignant adnexal masses, he concluded that both benign and malignant masses of ovary can be distinguished on MRI according to texture whether cystic or solid, shape, size, invasion of adjacent tissue, MR imaging allows identification of blood products within hemorrhagic masses that may mimic solid tumor. Fat-suppressed T1-weighted MR images may reveal small amounts of fat, which allow the diagnosis of benign adnexal masses, contrast enhanced T1-weighted MR imaging depicts features of malignancy such as enhancing mural nodules and/or enhancing solid areas with or without necrosis. The benign diagnosis on basis of fat, cystic, no septa and no invasion of adjacent structure while the malignant lesion contains solid component, nodules, vegetations [6].

In the same study, lesions which considered malignant should have complex solid-cystic component, vegetation on the wall, large size of the lesion, heterogeneous and early enhancement, presence of septa inside cystic adnexal lesion, the presence of ascites, and peritoneal invasion.

In our study, we found that 80% of malignant lesions in the study (8 from total 10 malignant

lesions) shows restricted diffusion with low ADC values. This agrees with Rajasri et al., 2016 study which carried on 112 female patients with initial undetermined complex adnexal masses referred for MRI based on ultrasound findings for further characterization and staging, concluded that an adnexal mass with restricted diffusion usually is a malignant lesion, this finding, that of high signal intensity on DWI in solid components, may result from a reduction in both the extracellular matrix and the diffusion space of water protons in the extracellular and intracellular dimensions due to an increased nuclear to cytoplasmic ratio and hypercellularity. However, the low signal intensity on DWI in benign ovarian tumors such as fibrothecomas, cystadenofibromas and Brenner tumors, may be due to the high density of fibers, the low cellularity [11].

In our study, we had 22 pathologically proven benign ovarian lesions, 14 cases showed facilitated diffusion and 3 cases of the rest 8 cases are hemorrhagic cysts and chocolate cyst (endometriomas) showed restricted diffusion due to high hemosiderin content, this was in agreement with Nasr et al., 2014 study which conducted on 30 cases of different ovarian lesions, twenty three cases were pathologically proved (classified to 12 benign and 11 malignant), seven cases showed facilitated diffusion (low signal in diffusion images, high signal on corresponding ADC map and high ADC values), five hemorrhagic cysts (diagnosed by MRI criteria and follow-up U/S) and 2 endometriomas (proved pathologically) showed high signal not only on diffusion images but also on corresponding ADC map and ADC values [12].

In our study, we had three cases of tubo-ovarian abscesses with restricted diffusion which was in agreement with Wang, 2016 study which carried on 34 cases of tubo-ovarian abscesses and found that all 34 (100%) cases of TOA showed markedly homogeneous or heterogeneous hyperintensity in the cystic component on DW images, indicating restricted water diffusion [13].

In our study, mean ADC value of the cystic component did not differ significantly between benign and malignant masses ($p=0.195$) as it was $1.603 \times 10^{-3} \pm 0.49 \times 10^{-3} \text{ mm}^2/\text{s}$ for benign tumors, and $1.223 \times 10^{-3} \pm 0.53 \times 10^{-3} \text{ mm}^2/\text{s}$ for malignant tumors which also considered statistically insignificant. This was in agreement with Li et al., 2012 study which carried on 127 patients with pelvic masses, (46 benign and 85 malignant), the purpose of this study was to evaluate differences in ADC values for differentiating benign versus malignant

ovarian tumors pre-operatively, they concluded that the mean ADC value of the cystic component $=2.58 \times 10^{-3} \pm 0.27 \times 10^{-3} \text{ mm}^2/\text{s}$ for benign tumors, and $2.44 \times 10^{-3} \pm 0.33 \times 10^{-3} \text{ mm}^2/\text{s}$ for malignant tumors which found to be statistically insignificant [8].

On the other hand, we found that mean ADC value of the solid component can differ significantly between benign and malignant masses ($p < 0.001$) as it was $1.176 \times 10^{-3} \pm 0.15 \times 10^{-3} \text{ mm}^2/\text{s}$ for benign tumors, and $0.747 \times 10^{-3} \pm 0.12 \times 10^{-3} \text{ mm}^2/\text{s}$ for malignant tumors which also considered statistically significant which was in agreement with the same study which concluded that DWI is beneficial for differentiating between benign and malignant ovarian lesions regarding to solid components as they found that the mean ADC value of the solid component $=1.69 \times 10^{-3} \pm 0.25 \times 10^{-3} \text{ mm}^2/\text{s}$ for benign tumors, and $1.03 \times 10^{-3} \pm 0.22 \times 10^{-3} \text{ mm}^2/\text{s}$ for malignant tumors which found to be statistically significant.

In our study, the sensitivity, specificity, PPV, NPV and accuracy of conventional MR imaging all have increased from 72.7%, 66.7, 57.14%, 80%, 61.5% respectively for conventional MRI to 90.9%, 100%, 90.9%, 94.7%, 95% respectively for f-MRI. Which was in agreement with Li et al., 2012 study which concluded that the sensitivity, specificity, PPV, NPV and accuracy of conventional MR imaging all have increased after adding DWI to the conventional MRI [8].

In our study, we found that ADC value $\geq 1.16 \times 10^{-3} \text{ mm}^2/\text{s}$ may be the optimal cutoff for differentiating between benign and malignant tumors which was in agreement with Zhang et al., 2012 study carried on 191 female patients with different ovarian lesions underwent Diffusion Weighted (DW) Magnetic Resonance (MR) imaging of 202 ovarian masses aiming to evaluate the role of DWI in differentiating between benign and malignant ovarian lesions, they concluded that ADC value $\geq 1.20 \times 10^{-3} \text{ mm}^2/\text{s}$ may be the optimal cutoff for differentiating between benign and malignant tumors [10].

Conclusion:

MR imaging is used as a problem-solving tool for confusing ovarian lesions, characterizing benign and malignant ovarian tumors; moreover, it enables a specific diagnosis for certain pathologic types. Combination of conventional MRI & f-MRI findings are very useful in the diagnosis and follow-up of patients with gynecological diseases.

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فائدة الرنين المغناطيسى الوظيفى فى تقييم آفات المبيض

إن أورام المبيض تمثل تحدياً فى التشخيص حينما لا يستطيع الرنين المغناطيسى التقليدى فإن الرنين الوظيفى يستطيع التمييز بين الأورام الحميدة والخبيثة كما أن الرنين بالإنتشار والديناميكى بالصبغة مهمان كمؤشرات لمدى تطور الأورام الخبيثة وإنتشارها .

الهدف من البحث: التمييز بين الأورام الحميدة والخبيثة للمبيض بإستخدام الرنين المغناطيسى الوظيفى كأداة حديثة أفضل للفرقة.

المرضى وطرق البحث: تشتمل هذه الدراسة على ثلاثين مريضة تعانى من أورام بالمبيض بقسم الأشعة التشخيصية يتم تحويلهن من قسم النساء والتوليد وقسم الأورام بمستشفيات جامعة طنطا .

معايير الإشتمال: المرضى اللاتى تعانى من:

- ورم محسوس بالحوض بالفحص الإكلينيكى.
- مشاكل نسائية.
- ورم قديم بالمبيض.

معايير الإستبعاد: المرضى اللاتى لديهن:

- صمام صناعى بالقلب.
- خوف مرضى من الأماكن المغلقة.
- تاريخ سابق بحدوث مضاعفات نتيجة إستخدام الصبغة.
- فتق بالحجاب الحاجز.
- آنايب مغذية.

الطرق:

- أخذ التاريخ المرضى الكامل.
- الفحص السريرى الكامل ومراقبة العلامات الحيوية.
- فحص التحاليل الطبية للمريضة.
- مراجعة الأشعات السابقة إذا توافرت مع المريضة.
- تم مقارنة نتائج الرنين مع نتائج التحاليل النسيجية للأورام.

ويمكننا أن نستنتج أن المزج بين الرنين المغناطيسى التقليدى والوظيفى حل مشكلة التفرقة بين أورام المبيض الحميدة والخبيثة.