

## PROPHYLACTIC ANTICRYPTOSPORIDIAL ACTIVITY OF ATORVASTATIN VERSUS NITAZOXANIDE ON EXPERIMENTALLY INFECTED IMMUNOSUPPRESSED MURINE MODELS

By

ASMAA M. FAROUK AL-GHANDOUR<sup>1\*</sup>, ASMAA MOHAMMED YOUSEF<sup>1</sup>, RASHA M. S. M. MOHAMED<sup>2</sup>, AL-SAYED M. TEALEB<sup>5</sup>, HYTHAM K. AHMED<sup>4</sup>, HANAA A. ATWA<sup>3</sup> and TAHANI ISMAIL FARAG<sup>1</sup>

Departments of Medical Parasitology<sup>1</sup>, Clinical Pharmacology<sup>2</sup>, Pathology<sup>3</sup>, Clinical Pathology<sup>4</sup>, Faculty of Medicine, Zagazig University, Zagazig, and Department of Pathology<sup>5</sup>, Al-Azhar University, Cairo, Egypt (\*Correspondence: amfahmy@zu.edu.eg)

### Abstract

This study investigated the possible prophylactic and curative role of Atorvastatin (ATV) in treatment of cryptosporidiosis in immunosuppressed cases. Immunosuppression was done using oral dexamethasone (0.25µg/g/day) for 14 days before infection till last scarification. The study included 150 immunosuppressed mice in 5 major groups (N=30): G1: Normal control group, G2: Infected control group, G3: ATV (40mg/kg/day), G4: Nitazoxanide (NTZ; 500-mg/kg/day), G5: combination group. Each one was divided into 3 subgroups of 10 mice each: prophylaxis ones received drug daily for 5 consecutive days before infection only, 1<sup>st</sup> and 2<sup>nd</sup> therapeutic dose groups: mice received the drug for 1 week and 2 weeks after prophylaxis and infection, respectively. Assessment was done parasitological by formol-ether concentration and Modified Ziehl-Neelsen staining of stool pellets gathered weekly, immunological by serum IFN-γ levels and histopathological by haematoxyline and eosin staining to determine the drug regimens and parasite impacts on tissues.

The results showed a significant reduction in inflammatory changes of ileum, stomach and liver histopathology and in oocysts shed on the 7<sup>th</sup> day post infection (PI) by 62.08%, 40.55% & 71.78%, on the 14<sup>th</sup> day (PI) by 78.53%, 53.4%, 87.43% & 90.41%, 57.21%, 94.71% on 21<sup>st</sup> day (PI) in all treated groups respectively, compared to infected untreated control ones. Sera IFN-γ levels showed significant increase in combination followed by ATV prophylactic drug regimens compared to NTZ alone or infected control ones. Combined ATV and NTZ prophylaxis gave a good synergistic anticryptosporidial efficacy in immunosuppressed mice.

**Key words:** *Cryptosporidium*, Atorvastatin, Prophylaxis, Nitazoxanide combination, immunosuppressed.

### Introduction

*Cryptosporidium* species are well recognized as corporate causes of both water- and food-borne outbreaks of diarrheal illness around the world (Ryan *et al*, 2018). Livestock (mainly cattle) and wildlife (e.g. deer) were found to be pertinent donors to zoonotic *Cryptosporidium* oocysts in recreational and drinking water supplies. Exploring host-parasite relationship to better understand cryptosporidiosis and its defense within the host is a requirement to advance its strategies for prophylaxis and treatment. Modern advances in the genetic diagnosis of *Cryptosporidium* combined with new in vitro and in vivo models gave a better awareness of these relations (Widmer *et al*, 2020). Pollok *et al*. (2001) reported that immunological

control of cryptosporidial infection in mice depended mainly on CD4 + T cells and gamma interferon (IFN-γ) production.

A wide range of techniques are used to investigate the immune response to *C. parvum* infection and the host-parasite relationship. Studies on murine models face certain obstacles, as in discrepancy with neonatal models, adult immunocompetent mice are hardly infected with *C. parvum* and there was thus no suitable adult mouse model to study *Cryptosporidium* infection. Sateriale *et al*. (2019) isolated a line of *Cryptosporidium tyzzeri*, a species that naturally colonizes the small intestine of mice and is also genetically tractable with CRISPR/Cas9. With this new murine model and many transgenic mouse lines, it was easy to prove that inter-

feron  $\gamma$  is a key cytokine and the significant role of T cells as a backbone in the fight against infection in adult mice. Moreover, this study confirmed that primary infection gives protection against a homologous challenge, redirecting our target towards evolving a vaccine that prevents or prohibits the severity of cryptosporidiosis and to trail the progression of the *Cryptosporidium* life cycle controlled by stage-specific agents, such as promoters those are active during sexual differentiation and oocyst formation (Wilke *et al*, 2019).

All plastid-associated metabolic pathways in *Cryptosporidium* parasite as one of the apicomplexan family e.g.; Methylerythritol phosphate pathway- are missing; as they lost their apicoplast during development (Abrahamsen *et al*, 2004; Xu *et al*, 2004).

Artz *et al*. (2008) reported that *Cryptosporidium* spp. genome has an entree to isoprenoid precursors, by salvaging isoprenoids derived from isopentenyl-5- pyrophosphate (IPP) or other short to-medium-chain isoprenoids from the host as it has three prenyl synthases. A cell-based high-throughput screening (HTS) for anti-cryptosporidial agents; screening the NIH Clinical Collections libraries reported that statins were identified as a hopeful principal candidate with effective capability in inhibiting growth of *Cryptosporidium* spp.

Atorvastatin (ATV) was first approved in the UK as a synthetic statin that subsists in its active hydroxy-acid formula with pyrrole based ring assembly (Davidson, 2002). HMG-CoA reductase inhibition held by ATV and its family in the host liver is well tolerated in man; this made the statins an excellent applicant for repurposing as an anti-cryptosporidial agent.

Nitazoxanide (NTZ, Alinia; Romark Laboratories L.C., Tampa Florida, USA); licensed by the U.S. Food and Drug Administration (FDA) for the treatment of cryptosporidiosis in immune-competent, but unfortunately it gave unsatisfactory effects in immunosuppressed even after several week

(100 mg/kg/day) therapy confirmed by nest-ed-PCR technique (Atia *et al*, 2016).

No available information concerning the efficacy of HMG-CoA reductase inhibitors and its combination with FDA-approved anti-parasitic Nitazoxanide drugs prophylaxis on liver tissue and biliary tract in cryptosporidiosis of immunosuppressed patients (Taha *et al*, 2017).

The work aimed to assess the prophylactic efficacy and therapeutic of Atorvastatin (ATV) versus high dose Nitazoxanide and their dual role on cryptosporidiosis in experimentally immunosuppressed mice.

### Materials and Methods

Mice and immunosuppression: One hundred and fifty laboratory-bred, clean, male, Swiss albino mice, 10 weeks old and weighing 25-30g, were used. They were kept in the animal house and white wood chips for bedding. At Parasitology Department, Zagazig University Hospital; mice were fed by a commercial complete food mixture and previously boiled-tap water for drinking, and maintained under controlled environment with average temperature ( $25\pm 2^{\circ}\text{C}$ ) and standard light-dark cycle throughout the experimental period. This experiment was carried out according to the Clinical and Laboratory Standards Institute (CLSI) guide-lines, and was approved by the ethical committee of Zagazig University Hospitals.

All mice were immunosuppressed by oral administration of Dexamethasone at a dose of  $0.25\ \mu\text{g}/\text{g}/\text{day}$  for 14 days before infection; Dexazone (0.5mg) orally (Kahira Pharmaceuticals and Chemical Industries Company, Egypt). The mice continued to receive dexamethasone at the same dose throughout the study (Rehg *et al*, 1988).

Mice were divided into five groups (G), 30 mice each; G1 was non-infected-non treated (negative control), G2 was infected-non treated (positive control), G3 was treated by Atorvastatin alone (ATV 40 mg/kg/day), G4 was received NTZ (500mg/kg/day-bid-); (drug control), and G5 was treated by Atorvastatin combination (ATV 40mg/kg/day +

NTZ 500mg/kg/day-bid-).

Prophylaxis, Infection & therapy: Prophylaxis was done for 5 days before infection for the last 3 groups; either by Atorvastatin alone (ATV 40 mg/kg/day) or NTZ (500 mg/kg/day-bid-) or their combination (ATV 40 mg/kg/day+ NTZ 500mg/kg/day-bid-) respectively. Infection was done by inoculation of G2, infected control group+ G3, G4, & G5 prophylactically treated groups of mice intraoesophageally with 0.1ml of *Cryptosporidium* oocysts inoculum ( $3 \times 10^8$  oocysts/ml) (Benamrouz *et al*, 2012).

*Cryptosporidium* oocysts were obtained from Pediatric Oncology Department diarrheic children. The stool samples were collected in sterile clean stool cups without contaminated water or urine. After collection of stool samples, oocysts were purified (Arrowood and Donaldson 1996). Purified oocysts were kept in 2.5 % potassium dichromate solution and stored at 4 °C until required. Infective inoculum was prepared and the number of oocysts in the concentrated stock inoculum was counted to determine the inoculum per mouse (Reese *et al*, 1982). Mice feces were examined daily for oocysts recovery to confirm infection, which was recovered after 3-5 days. Fecal pellets were collected and parasitologically examined using formol-ether concentration and the Modified Ziehl-Neelsen stain (Casemore *et al*, 1985) for oocysts and ten mice from each group were sacrificed a week after infection to evaluate the prophylaxis effect.

At the 7<sup>th</sup> & 14<sup>th</sup> days post-infection (P.I.), continued treatment Post-infection for 2 booster doses at 1st and 2nd weeks respectively after infection for the last 3 groups (G3, G4 & G5) in 5 successive days; post-prophylactic doses, either by Atorvastatin alone (ATV 40 mg/kg/day) or Nitazoxanide alone (NTZ 500mg/kg/day-bid-) or combination (ATV 40 mg/kg/day+ NTZ 500mg/kg/day) respectively. On the 14<sup>th</sup> & 21<sup>st</sup> days PI, ten mice from each group were sacrificed to evaluate the effect of treatment after 1<sup>st</sup> & 2<sup>nd</sup> doses. At the end of treatment, small in-

testine from each sacrificed mouse was divided into two parts; one for the histopathological study, and the second for measuring the antioxidant activity.

Drugs: Atorvastatin (Ator) 20mg tabs was smashed, dissolved freshly in distilled water and given orally using oesophageal tube at a dose of 40mg/kg/day (200ml/mouse) for 5 consecutive days (Penna-Coutinho *et al*, 2011). Nitazoxanide (Nanazoxid): a broad-spectrum 5-nitrothiazole was used as a drug control. 500 mg tablets were used. Tablets were smashed, dissolved in distilled water and given to orally mice using oesophageal tube in a dose of 500mg/kg body weight (200µl /mouse) for five consecutive days (Abd ElAziz *et al*, 2014). The doses were calculated by extrapolation of human therapeutic doses to animal doses (Paget and Barnes 1965).

Parasitological drug evaluation: After administration of drugs, fecal pellets were collected from infected mice at 7<sup>th</sup>, 14<sup>th</sup> & 21<sup>th</sup> PI examined using formol-ether concentration and the Modified Ziehl-Neelsen stain to count the number of *Cryptosporidium* oocysts (Casemore *et al*, 1985). The number of parasites was expressed per gram of feces (Benamrouz *et al*, 2012).

The efficacy percentage of each drug was calculated using the equation: Efficacy (%) =  $\frac{\text{mean value of infected untreated group} - \text{mean value of infected treated group}}{\text{mean value of infected untreated group}} \times 100$  (Hosking *et al*, 1996).

Histopathological drug evaluation: The ileocecal junction, stomach and liver tissues were excised, and opened longitudinally, oriented on a filter paper and fixed in 10% formalin. After fixation, the tissues were processed for paraffin embedding. Sections of 4µm thickness were stained with haematoxyline and eosin (H&E) stain and examined for pathological changes (Drury and Wallington, 1980).

Determination of interferon gamma (IFN-γ) levels in mice sera: Blood samples were with-drawn at the scarification time in plain

tubes. Sera were separated by left blood at room temperature for 30 minutes, centrifuged at 3000rpm for 15min. aliquoted and stored at -20°C. IFN- $\gamma$  concentrations were assayed by double-sandwich ELISA kit after the manufacturer's instructions (Bioneovan Co, Ltd, Beijing, China). Optical density values were measured at 450nm & 630nm filters. Concentrations of IFN- $\gamma$  were determined from standard curve with 3pg/ml - 200pg/ml assay ranges.

Statistical analysis: Data were presented as mean and SD and determined by two-way ANOVA, followed by a post hoc Bonferroni test, one-way ANOVA with Tukey's Multiple Comparison Test, unpaired Student's t-test for selected pairs of data using Graph Pad Prism version 5 (Graph Pad Software). P values < 0.05 were considered significant, Significant P value<0.05 and highly significant P <0.001 (Peat and Barton, 2005).

Ethical consideration: The study was conformed to the Guide for the Care and Use of Laboratory Animals published by the US NIH (No. 85-23, revised 2011)

### Results

Oocysts reduction: *C. parvum* oocysts were counted in stool pellets of immunosuppressed mice after 5-7 days PI (7<sup>th</sup> day), then 5-7 days of 1<sup>st</sup> dose therapy (14<sup>th</sup> day), and lastly after 7 days of 2<sup>nd</sup> dose therapy (21<sup>st</sup> day). Atorvastatin (ATV 40mg/kg/day) reduced *Cryptosporidium* oocysts number in infected mice when used as prophylaxis **alone** or prophylaxis followed by treatment after infection compared to NTZ (500mg/kg/day) alone and their combination dual efficacy. Oocysts in infected control mice (G2) decreased (G2a) from (185700 $\pm$ 45114.12) on 7<sup>th</sup> day to (177600 $\pm$ 1502.223) in (G2c) on 21<sup>st</sup> day P.I. Prophylactic treatment of infected mice by ATV40 in (G3a) significantly reduced the mean *Cryptosporidium* oocysts clearance (P < 0.0001) with (62.08%) efficacy, while dual PX (G5a) (ATV40+ NTZ500) was (71.78%) compared to NTZ prophylaxis alone (G4a) was (40.55%). In the 1<sup>st</sup> dose therapy after PX

(14<sup>th</sup> day P.I), ATV40 in (G3b) had (78.53%) efficacy that reached (90.41%) in 2<sup>nd</sup> week therapy after PX (G3c) compared to (53.4%) & (57.21%) in NTZ alone (G4b, c, respectively). The best efficacy was by dual therapy after PX (ATV40+NTZ 500), to (87.43%) at 14<sup>th</sup> day PI (G5b), and (94.71%) at 21<sup>st</sup> day PI. (G5c).

Comparison between each regimen in the three prophylactic period of 1<sup>st</sup> & 2<sup>nd</sup> booster therapeutic doses and corresponding infected control one (Fig.1) showed very high significant reduction of oocysts counts in all prophylactic treated groups as compared to positively infected ones, with significant difference between oocyst reduction of NTZ & ATV groups in prophylaxis and 1<sup>st</sup> week therapy after that only.

Histopathological examination of ileal mucosa of *Cryptosporidium* infected mice revealed profound histopathological changes in the intestinal mucosa as a result of infection with *Cryptosporidium* oocysts in the form of villous atrophy, inflammatory cellular infiltrate. Some cases revealed nuclear changes and dysplasia (increased Nuclear/cytoplasmic ratio, pleomorphism, prominent nucleoli, and frequent mitotic figures) with intra epithelial inflammatory cells with eosinophils. ATV-treated group showed mild inflammatory cellular infiltrate or nearly normal ileal tissue in comparison to infected untreated group or drug control therapy while, the combination regimens showed normal appearance with minimal inflammatory cells and pathological changes.

Histopathological examination of ileum showed mild to moderate inflammation, edema, low grade dysplasia, tissue necrosis and sloughing as well as oocysts, but treated ones showed marked inflammation and dysplasia improvement. ATV-treated group showed mild inflammatory cellular infiltrate or normal gastric tissue as compared to infected untreated group or drug control therapy while, the combined regimens had better outcome as compared to ATV treated ones after prophylaxis with minimal inflammato-

ry cells and pathological changes.

Histopathological examination of liver tissue showed infiltration by oocysts with inflammatory cells within portal tract and hepatic lobules, associated with dilated sinusoids, vacuolated cytoplasm, focal necrosis, apoptosis, and bile duct proliferation were focally in few cases. Large cell dysplasia occurred in some cases. The inflammation ranged from mild, moderate to severe inflammation. ATV alone and combined regimens showed mild inflammation to normal liver tissue architecture. IFN- $\gamma$  levels were highly significantly increased after Atorvastatin prophylaxis (G3a: ATV40-PX) (7<sup>th</sup> day P.I) reached (21 $\pm$ 0.95) compared to the infected G2a (15.7 $\pm$ 0.87) (P <0.0001) with T-test (13.01). In G3b, after prophylaxis, infection and 1<sup>st</sup> dose therapy by (ATV40) (14<sup>th</sup> day P.I), IFN- $\gamma$  level was more significantly increased to (72.9 $\pm$ 0.89) compared to infected G2b (P <0.0001) (14.8 $\pm$  0.80) with T-test (153.5). G3c after prophylaxis and 2<sup>nd</sup> dose therapy with (ATV40; 21<sup>st</sup> day P.I), IFN- $\gamma$  level was significant highly increased to (77.9 $\pm$ 0.89) compared to G2c (P <0.0001) (13.8 $\pm$ 0.80) with T-test (162.3) (Fig. 2).

At 14<sup>th</sup> day PI, mean IFN- $\gamma$  level in (G4a) NTZ prophylaxis group was (16 $\pm$ 1.02) without significant (P >0.05) and T-test (0.7076) compared to infected G2a (15.7 $\pm$ 0.87). In G4b, after prophylaxis & 1<sup>st</sup> week NTZ therapy (21<sup>st</sup> day PI), mean IFN- $\gamma$  level to (19.3 $\pm$ 0.63) with a high significant (P <0.0001) compared to G2b and T-test (13.97), but in subsequent 2<sup>nd</sup> week therapy G4c (28<sup>th</sup> day PI) reached (24.2 $\pm$  1.10) with a high significant (P <0.0001) compared to infected G2c and T-test (24.36). In combined ATV40 +NTZ 500, IFN- $\gamma$  levels in prophylaxis G5a showed a significant increase (24.2 $\pm$ 1.08) compared to infected G2a (P<0.0001) with T-test (19.38). In G5b after prophylaxis and 1<sup>st</sup> dose therapy, IFN- $\gamma$  levels showed more significant increase (47.3 $\pm$ -0.91) compared to infected G2b (P <0.0001) with T-test (84.82).

In 2<sup>nd</sup> dose after PX IFN- $\gamma$  levels reached

(81.4 $\pm$ 0.85) with highest significant increase (P <0.0001) compared to G2c with T-test (175) (Fig. 2).

## Discussion

Watery diarrhea and malabsorption were symptoms linked to sodium malabsorption, electrogenic chloride secretion, and increased intestinal permeability associated with cryptosporidiosis (Zhang *et al*, 2000). Some neuropeptides e.g. substance P and host immune response itself were the main sponsors for these effects (Pantenburg *et al*, 2008). Checkley *et al*. (2015) thought that ileitis by cryptosporidiosis is the main contributor of the bad impacts on its host overall health with the impaired absorption and copious secretions indorsing diarrheal disease, most aggravated in children and immunosuppressed patients. They concluded that the imperative anticryptosporidial target that restores the small intestinal villi integrity reflected considerable impact on human's health.

Nitazoxanide (NTZ), a nitrothiazole salicylate derivative, absorbed from the gastrointestinal tract advisable during taking meal, is active on bacteria as *Helicobacter pylori* and a broad spectrum of helminths as *Taenia saginata*, *Hymenolepis nana*, *Fasciola hepatica* and protozoa as *Isospora belli*, *Entamoeba histolytica*, *Giardia lamblia* and *Enterocytozoon bieneusi* (Rossignol and Maisonneuve, 1984; McVay and Rolfe, 2000; Bicart-See *et al*, 2000).

Nitazoxanide is the only proven antiparasitic treatment for cryptosporidiosis by FDA, despite its low efficacy in immunocompromised cases, which restricted choices treatment grants a foremost public health contest assuming the significant load of disease in immunosuppressed (Sparks *et al*, 2015 and Atia *et al*, 2016).

Li *et al*. (2003) in an immunosuppressed rat was studied the long-lasting anti-cryptosporidial activity of nitazoxanide in comparison with simefungin (SNF) and paromomycin (PRM) showed that NTZ at either 50mg/kg/day, 100mg/kg/day or 200mg/kg/day, in seven days duration gave a dose-dependent

reduction in oocyst shedding as with SNF (10mg/kg/day) and PRM (100mg/kg/day). The stoppage of SNF or PRM 100mg/kg/day therapy led to early relapse of oocyst clearance that returned to pre-treatment levels in 2-4 days, with unchanged data after seven days stoppage of NTZ therapy, recommended more assessment of NTZ activity on sequestered *C. parvum* for longer durations in immunosuppressed models.

Others preferred combined therapies to eradicate cryptosporidiosis especially in immunocompromised & HIV patients (Giacometti *et al*, 2000). There was sustained attention to improve therapies for this infection. Huwiler and Pfeilschifter (2009) showed the capability of lipid species as signaling molecules controlling the magnitude of cellular responses as cell growth, apoptosis and inflammatory reactions. Statins are well-known as cholesterol biosynthesis (steroid biosynthesis) inhibitors in humans by 3-hydroxy-3-methyl-glutaryl-coenzyme A (HMG-CoA reductase) inhibition. This enzyme has a beneficial role in regulating the mevalonate pathway, which produced cholesterol beside heme-A, coenzyme Q10 and isoprenylated proteins (Callegari *et al*, 2010; Taha *et al*, 2017). Statins occluded the intracellular transfer when stopped formation of isoprenoid (IPP) intermediates (Zhou and Liao, 2009). Dinesh *et al*. (2014) studied the Atorvastatin and Simvastatin anti-leishmanial activity and proved their mechanisms via inhibition of HMG CoA reductase enzyme.

*Cryptosporidia* with different genomes e.g. *C. parvum* and *C. hominis* genomes as members of the apicomplexan parasites are characterized by utilization of isoprenoids derived from IPP and dimethyl-allyl pyrophosphate (DMAPP) in one or more pathways as detected by the bioinformatics analysis of *Cryptosporidium* spp. genomes, despite we couldn't confirm their ability to synthesis their own IPP or DMAPP independent on their host (Bessoff *et al*, 2013). In accordance with this study results, prophylactic dose that preceded experi-

mental cryptosporidial infection and the two booster therapeutic doses of Atorvastatin (40mg/kg) had enhanced a high significant oocyst reduction (62.08%) when used alone or in combined regimen (71.78%) and when the drug control group by Nitazoxanide (500mg/kg) used alone (40.55%) as compared with the infected control groups with duration-dependent increase in clearance of oocysts from stools. This agreed with Taha *et al*. (2017) who proved the therapeutic role of atorvastatin in cryptosporidiosis challenged infection in immunocompromised rats. They tested the therapeutic efficacy of 2 different doses of ATV (20 & 40mg/kg) alone and when combined with NTZ (1000 mg/kg) in treatment of cryptosporidiosis experimental infection. The study showed valuable oocyst reduction in (ATV+NTZ) combination as compared with infected, and drug controls and with that of 40mg & 20 mg ATV drug regimens at the 21<sup>st</sup> day PI; respectively. Basyoni *et al*. (2018) found that dose-dependent efficacy of ATV (20-40 mg/kg) either alone or in combination with Metronidazole (10mg/kg) in experimentally *Blastocystis*-infected mice caused the highest reductions in *Blastocystis* shedding.

Statins induced inhibition of cysteine protease and protected endothelial barrier integrity (Mirza *et al*, 2012). Abdin *et al*. (2012) proved the valuable role of statins as antioxidants and anti-inflammatory agents beside their cholesterol-lowering activity.

The present results agreed with Soliman and Ibrahim (2005) who interpreted the exaggerated apoptotic changes in *Cryptosporidium* infected groups and the exposure to combination therapy of ATV (40mg/kg) and NTZ (500mg/kg) by having the advantage of dual effects of ATV in healing epithelial tissues and targeting *Cryptosporidium*.

Higher doses of HMG-CoA reductase inhibitors were tested with antimalarial drugs (Wong and Davis, 2009); on *Babesia divergens* (Grellier *et al*, 1994), *Plasmodium falciparum* (Pradines *et al*, 2007), and also on *Toxoplasma gondii* growth (Cortez *et al*,

2009) in vitro and gave valuable inhibitory effects on these coccidian protozoa. Nevertheless, in-vivo studies showed that statins inhibited the growth of both *Trypanosoma* procyclic and epimastigote forms (Coppens *et al.*, 1995), and increased animals' survival via inhibition of proliferation of more than 50% of *Toxoplasma gondii* in macrophages in a dose-dependent manner (Nishikawa *et al.*, 2011; Li *et al.*, 2013). Also, Atorvastatin showed tegumental modifications in *S. haematobium* adults with significant reduction in its burden and egg load (Soliman and Ibrahim, 2005). Zhao *et al.* (2006) found direct and indirect antioxidant capabilities of statins to remove aged LDL, reduce reactive oxygen species and good effects in cardi-vascular diseases due to lipid lowering activity.

In this study, stained sections showed different inflammation degrees, and was classified based on cellular infiltration heaviness and presence of lymphocytic aggregation into mild, moderate and severe (Dieleman *et al.*, 1998). Decreased ratio of villous height to crypt length, goblet cell depletion, lamina propria showed oedema with diffuse loss of brush border microvillous surface area. Atorvastatin prophylaxis resulted in upgrading partial improvement in such changes compared to drug control, with marked improvement in combined prophylactic therapy with mild inflammatory changes approaching to normal gastric and ileal mucosa due to partial healing and restoration of the villous architecture. This was agreed with Taha *et al.* (2017) who found good improvement of combined treated groups without prophylaxis with 20 or 40mg/kg/ day doses of ATV combined with NTZ (1000mg/kg/day). In this study, moderate gastritis of infected untreated mice with moderate inflammatory infiltration and edema occurred. Combined regimens showed remarkable improvement with normal gastric tissue, and ATV alone showed mild gastritis. Sections of NTZ treated group didn't show a significant improvement with persistent moderate gastritis. Also, infected liver tissue in NTZ and ATV

treated groups showed portal tract expansion by fibrosis, moderate inflammatory infiltrate and bile duct proliferation. Also, combined treated group after PX showed mild inflammatory cellular infiltrate within portal tract and hepatocytes markedly infiltrated by inflammatory cells with dilated sinusoids.

In this study, immunosuppressed infected mice shed oocysts in stool with significant serum IFN- $\gamma$  reduced levels compared to normal control non-infected one. This agreed with Beardsley *et al.* (2018) who found that dexamethasone reduced the body production of IFN- $\gamma$  led to worse cryptococcal meningitis and high mortality. The IFN- $\gamma$  is one of the key body defense mechanisms against cryptosporidiosis (Gomez *et al.*, 1996; Lacroix *et al.*, 2001). Hayward *et al.* (2000) reported that IFN- $\gamma$  protected immunodeficient mice from death from cryptosporidiosis.

In the present experiment, immunosuppressed mice experienced significant time dependent decrease in the number of shed oocysts in stool pellets with significant time dependent increase in IFN- $\gamma$  compared to NTZ treated one. This agreed with Bessoff *et al.* (2013) who found potent inhibitory action (HMG-CoA) reductase inhibitor (itavastatin) on *C. parvum* growth. Also, Amadi *et al.* (2009) found that NTZ couldn't eradicate *Cryptosporidium* infection in children with HIV immunosuppression. Anti-cryptosporidial effect of NTZ depended on IFN- $\gamma$  using an anti-IFN-gamma conditioned SCID mouse model (Theodos *et al.*, 1998). Combined prophylaxis and treatment of immunosuppressed mice with atorvastatin and NTZ exhibited good synergistic prophylactic effect on eradication of oocytes, with the highest reduction percentage than either one alone. This agreed with Taha *et al.* (2017) who found synergistic role of atorvastatin & NTZ in treating *Cryptosporidium* in immunosuppressed mice that showed significant time dependent increase in IFN- $\gamma$  serum to normal level. Alber *et al.* (2006) found that atorvastatin has anti-inflammatory effect in atherosclerosis without affecting IFN-

$\gamma$  level, and Yi *et al.* (2008) added that atorvastatin reduced IFN- $\gamma$  levels

### Conclusion

Atorvastatin and high dose NTZ were used as prophylactic regimens to ameliorate the immune status and severity of cryptosporidiosis on immunosuppressed or lower heavy oocysts shedding. Atorvastatin gave progressive decline in oocyst excretion after PX with subsequent therapeutic dose that was more aggravated by synergistic combined with high prophylaxis Nitazoxanide dose. Molecular or ultrastructure study to clarify the effective prophylactic dose regimen is ongoing and will be published in due time.

*Conflict of interest:* The authors declared that they neither have any interest nor received fund.

### References

- Abd El-Aziz, TM, El-Beih, NM, Soufy, H, Nasr, SM, Khalil, FAM, *et al*, 2014: Effect of Egyptian propolis on lipid profile and oxidative status in comparison with Nitazoxanide in immunosuppressed rats infected with *Cryptosporidium* spp. Global Vet. 13, 1:17e27
- Abdin, AA, Abd El-Halim, MS, Hedeya, SE, El-Saadany, AAE, 2012: Molecular and cellular pharmacology effect of atorvastatin with or without prednisolone on Freud's adjuvant induced-arthritis in rats. Euro J. Pharmacol. 676, 15:34-40
- Abrahamsen, MS, Templeton, TJ, Enomoto, S, Abrahante, JE, Zhu, G, *et al*, 2004: Complete genome sequence of the apicomplexan, *Cryptosporidium parvum*. Science 304:e441-5.
- Alber, HF, Frick, M, Suessenbacher, A, Doerler, J, Schirmer, M, *et al*, 2006: Effect of atorvastatin on circulating proinflammatory T-lymphocyte subsets and soluble CD40 ligand in patients with stable coronary artery disease, a randomized, placebo-controlled study. Am. Heart J. 151, 1:139-e1.
- Amadi, B, Mwiya, M, Sianongo, S, Payne, L, Watuka, A, *et al*, 2009: High dose prolonged treatment with nitazoxanide is not effective for cryptosporidiosis in HIV positive Zambian children: A randomized controlled trial. BMC Infect. Dis. 9, 1:195.
- Arrowood, MJ, Donaldson, KIY, 1996: Improved purification methods for calf-derived *Cryptosporidium parvum* oocysts using discontinuous sucrose and cesium chloride gradients. J. Eukary. Microbiol. 43, 5:S89-91.
- Artz, JD, Dunford, J, Arrowood, M, Dong, A, Chruszcz, M, *et al*, 2008: Targeting a uniquely non-specific prenyl synthase with bisphosphonates to combat cryptosporidiosis. Chem. Biol. 15:e1296-306
- Atia, MM, Abdul Fattah, MM, Abdel Rahman, HA, Mohammed, FA, Al Ghandour, AM, 2016: Assessing the efficacy of nitazoxanide in treatment of cryptosporidiosis using PCR examination. J. Egypt. Soc. Parasitol. 46, 3:683-92
- Basyoni, MMA, Fouad, SA, Amer, AF, Ismail, DI, 2018: Atorvastatin: In-vivo synergy with metronidazole as anti-*Blastocystis* Therapy. Kor. Soc. Parasitol. Trop. Med. 56, 2:105-12.
- Beardsley, J, Nhat, LTH, Kibengo, FM, Tunng, NL, Binh, TQ, *et al*, 2018: Do intracerebral cytokine responses explain the harmful effects of dexamethasone in HIV-associated cryptococcal meningitis?. Clin. Infect. Dis. 68, 9:23-8.
- Benamrouz, S, Guyot, K, Gazzola, S, Mouray, A, Chassat, T, *et al*, 2012: *Cryptosporidium parvum* infection in SCID mice infected with only one oocyst: qPCR assessment of parasite replication in tissues and development of digestive cancer. PLoS One 7, 12:e51232.
- Dieleman, LA, Palmen, MJHJ, Akol, H, Bloemen, E, Pen, AS, *et al*, 1998: Chronic experimental colitis induced by dextran sulphate sodium (DSS) is characterized by Th1 and Th2 cytokines. Clin. Exp. Immunol. 114:385-91.
- Benamrouz S, Guyot K, Gazzola S, Mouray A, Chassat T, *et al*, 2012: *Cryptosporidium parvum* infection in SCID mice infected with only one oocyst: qPCR assessment of parasite replication in tissues and development of digestive cancer. PLoS ONE 7, 12:e51232
- Bessoff, K, Sateriale, A, Lee, KK, Huston, C D, 2013: Drug repurposing screen reveals FDA-approved inhibitors of human HMG-CoA reductase and isoprenoid synthesis that block *Cryptosporidium parvum* growth. Antimicro. Agen. ch-Chemother. 57, 4:1804-14.
- Bicart-Sée, A, Massip, P, Linas, MD, Datry, A, 2000: Successful treatment with nitazoxanide of *Enterocytozoon bienewisi* microsporidiosis in a patient with AIDS. Antimicro. Agen. Chemother. 44, 1:167-8.
- Callegari, S, McKinnon, RA, Andrews, S, de Barros, MA, 2010: Atorvastatin-induced cell toxicity in yeast is linked to disruption of protein isoprenylation. FEMS Yeast Res. 10, 2: 188-98.



- Casemore, DP, Armstrong, M, Sands, RL, 1985:** Laboratory diagnosis of cryptosporidiosis. *J. Clin. Pathol.* 38:1337-41.
- Checkley, W, White, Jr AC, Jaganath, D, Arrowood, MJ, Chalmers, RM, et al, 2015:** A review of global burden, novel diagnostics, therapeutics, and vaccine targets for *Cryptosporidium*. *Lancet Infect. Dis.* 15, 1:85-94
- Coppens, I, Bastin, P, Levade, T, Courtoy, P J, 1995:** Activity, pharmacological inhibition & biological regulation of 3-hydroxy-3-methylglutaryl coenzyme A reductase in *Trypanosoma brucei*. *Mol. Biochem. Parasitol.* 69, 1:29-40.
- Cortez, E, Stumbo, AC, Oliveira, M, Barbosa, HS, Carvalho, L, 2009:** Statins inhibit *Toxoplasma gondii* multiplication in macrophages in vitro. *Int. J. Antimicrob. Agen.* 33, 185:e186.
- Davidson, MH, 2002:** Rosuvastatin: A highly efficacious statin for the treatment of dyslipidaemia. *Exp. Opin. Invest. Drugs* 11, 1:125-41.
- Dieleman, LA, Palmen, MJ, Akol, H, Bloemena, E, Peña, AS, et al, 1998:** Chronic experimental colitis induced by dextran sulphate sodium (DSS) is characterized by Th1 & Th2 cytokines. *Clin. Exp. Immuno.* 114:385-91
- Dinesh, N, Pallerla, DS, Kaur, PK, Kishore-Babu, N, Singh, S, 2014:** Exploring *Leishmania donovani* 3-hydroxy-3-methylglutaryl coenzyme A reductase, HMGR as a potential drug target by biochemical, biophysical and inhibition studies. *Microb. Pathog.* 66:e14-23.
- Drury, RAB, Wallington, EA, 1980:** Carleton's Histological Technique. 5<sup>th</sup> ed. Oxford, New York, Toronto: Oxford University Press.
- Giacometti, A, Cirioni, O, Barchiesi, F, Ancarani, F, Scalise, G, 2000:** Activity of nitazoxanide alone and in combination with azithromycin and rifabutin against *Cryptosporidium parvum* in cell culture. *J. Antimicrob. Chemother.* 45, 4:453-6.
- Gomez, MA, Ausiello CM, Guarino A, Urbani F, Spagnuolo MI, et al, 1996:** Severe, protracted intestinal cryptosporidiosis associated with interferon  $\gamma$  deficiency: Pediatric case report. *Clin. Infect. Dis.* 22, 5:848-50.
- Grellier, P, Valentin, A, Millerioux, V, Schrevel, J, Rigomier, D, 1994:** 3-Hydroxy-3-methylglutaryl coenzyme A reductase inhibitors lovastatin and simvastatin inhibit in vitro development of *Plasmodium falciparum* and *Babesia divergens* in human erythrocytes. *Antimicrob. Agen. Chemother.* 38:e1144-8.
- Hayward, AR, Chmura, K, Cosyns, M, 2000:** Interferon- $\gamma$  is required for innate immunity to *Cryptosporidium parvum* in mice. *J. Infect. Dis.* 182, 3:1001-4.
- Hosking, BC, Watson, TG, Leathwick, DM, 1996:** Multigenic resistance to oxfendazole by nematodes in cattle. *Vet Rec* 138:67-8
- Huwiler, A, Pfeilschifter J, 2009:** Lipids as targets for novel anti-inflammatory therapies. *Pharmacol. Therap.* 124, 1:96-112.
- Lacroix, S, Mancassola, R, Naciri, M, Laurent, F, 2001:** *Cryptosporidium parvum*-specific mucosal immune response in C57BL/6 neonatal and gamma interferon-deficient mice: role of tumor necrosis factor alpha in protection. *Infect. Immun.* 69, 3:1635-42.
- Li, X, Brasseur, P, Agname, P, Leméteil, D, Fennec, L, et al, 2003:** Long-lasting anti-cryptosporidial activity of nitazoxanide in an immunosuppressed rat model. *Folia Parasitol.* 50:19-22.
- Li, ZH, Ramakrishnan, S, Striepen, B, Moreno, SNJ, 2013:** *Toxoplasma gondii* relies on both host and parasite isoprenoids and can be rendered sensitive to atorvastatin. *PLoS. Path.* 9, 10:e1003665.
- McVay, CS, Rolfe, RD, 2000:** In vitro and in vivo activities of nitazoxanide against *Clostridium difficile*. *Antimicrob. Agen. Chemother.* 44, 9:2254-8.
- Mirza, H, Wu, Z, Teo, JD, Tan, KS, 2012:** Statin pleiotropy prevents rho kinase-mediated intestinal epithelial barrier compromise induced by *Blastocystis* cysteine proteases. *Cell Microbiol.* 14:1474-84.
- National Collaborating Centre for Primary Care, 2010:** NICE Clinical Guideline 67: Lipid Modification: National Institute for Health and Clinical Excellence, London.
- Nishikawa, Y, Ibrahim, HM, Kameyama, K, Shiga, I, Hiasa, J, et al, 2011:** Host cholesterol synthesis contributes to growth of intracellular *Toxoplasma gondii* in macrophages. *J. Vet. Med. Sci. Tokyo* 73, 5:e633-9.
- Paget, GE, Barnes, JM, 1964:** Evaluation of drug activities. In: Laurence, DR Backarach, AL Eds. *Pharmacometrics* London & New York: Academic Press
- Pantenburg, B, Dann, SM, Wang, HC, Robinson, P, Castellanos, A, et al, 2008:** Intestinal immune response to human *Cryptosporidium* sp. infection. *Infect. Immun.* 76, 1:23-9.
- Peat, J, Barton, B, 2005:** Medical statistics: A

guide to data analysis and critical appraisal. 1<sup>st</sup> Ed. Oxford: Blackwell Publishing Ltd.

**Penna-Coutinho, J, Cortopassi, WA, Oliveira, AA, Franca, TCC, Krettli, AU, 2011:** Antimalarial activity of potential inhibitors of *Plasmodium falciparum* lactate dehydrogenase enzyme selected by docking studies. PLoS One 6, 7: e21237.

**Pradines, B, Torrentino-Madamet, M, Fontaine, A, Henry, M, Baret, E, et al, 2007:** Atorvastatin is 10-fold more active in vitro than other statins against *Plasmodium falciparum*. Antimicrob. Agents Chemother. 51:e2654-5.

**Reese, NC, Current, WL, Ernst, JV, Bailey, WS, 1982:** Cryptosporidiosis of man and calf: a case report and results of experimental infections in mice and rats. Am. J. Trop. Med. Hyg. 31, 2:226-9.

**Rehg, JE, Hancock, ML, Woodmansee, DB, 1988:** Characterization of a dexamethasone treated rat model of cryptosporidial infection. J. Infect. Dis. 158:1406-7.

**Rossignol, JF, Maisonneuve, H, 1984:** Nitazoxanide in the treatment of *Taenia saginata* and *Hymenolepis nana* infections. Am. J. Trop. Med. Hyg. 33, 3:511-2.

**Ryan, U, Hijjawi, N, Xiao, L, 2018:** Foodborne cryptosporidiosis. Inter. J. Parasitol. 48:1-12.

**Sateriale, A, Slapeta, J, Baptista, R, Engiles, JB, Gullicksrud, JA, et al, 2019:** A genetically tractable, natural mouse model of cryptosporidiosis offers insights into host protective immunity. Cell Host Microbe 26, 5:e135-46.

**Soliman, MFM, Ibrahim, MM, 2005:** Antischistosomal action of atorvastatin alone and concurrently with medroxyprogesterone acetate on *Schistosoma haematobium* harbored in hamster, surface ultrastructure and parasitological study. Acta Trop. 93, 1:e1-9.

**Sparks, H, Nair, G, Castellanos-Gonzalez, A, White, AC, 2015:** Treatment of *Cryptosporidium*: what we know, gaps, and the way forward. Curr. Trop. Med. Rept. 2, 3:181-7

**Taha, NM, Yousof, HSA, El-Sayed, SH, Younis, AI, Nigm, MSI, 2017:** Atorvastatin re-

posing for the treatment of cryptosporidiosis in experimentally immunosuppressed mice. Exp. Parasitol. 181: 57-69.

**Theodos CM, Griffiths JK, D'onfro J, Fairfield A, Tzipori S, 1998:** Efficacy of nitazoxanide against *Cryptosporidium parvum* in cell culture and in animal models. Antimicrob. Agen. Chemother. 42, 8:1959-65.

**Widmer, G, Carmena, D, Kváč, M, Chalmers, RM, Kissinger JC, et al, 2020:** Update on *Cryptosporidium* spp.: Highlights from 7<sup>th</sup> Int. *Giardia* and *Cryptosporidium* Conf. Mise à jour sur *Cryptosporidium* spp. Parasite 27:14.

**Wilke, G, Funkhouser, LJ, Wang, Y, Ravindran, S, Wang, Q, et al, 2019:** A stem-cell-derived platform enables complete *Cryptosporidium* development in vitro and genetic tractability. Cell Host Microbe 26:123-34.

**Wong, RPM, Davis, TME, 2009:** Statins as potential antimalarial drugs, low relative potency and lack of synergy with conventional antimalarial drugs. Antimicrob. Agen. Chemother. 53, 5:2212e2214.

**Xu, P, Widmer, G, Wang, Y, Ozaki, LS, Alves, JM, et al, 2004:** The genome of *Cryptosporidium hominis*. Nature 431:1107e1112

**Yi, T, Aao, R, Tang, PC, Wang, Y, Cuccaro, L, et al, 2008:** Amelioration of human allograft arterial injury by atorvastatin or simvastatin correlates with reduction of interferon- $\gamma$  production by infiltrating T cells. Transplant. 186, 5:719-24.

**Zhang, Y, Lee, B, Thompson, M, Glass, R, Lee, R, et al, 2000:** Lactulose-mannitol intestinal permeability test in children with diarrhea caused by *rotavirus* and *Cryptosporidium*: Diarrhea working group, Peru. J. Pediatr. Gastroenterol. Nutr. 31, 1:16-21.

**Zhou, Q, Liao, JK, 2009:** Statins and cardiovascular diseases: from cholesterol lowering to pleiotropy. Curr. Pharm. Des. 15:467-78.

**Zhou, T, Zhou, SH, Qi, SS, Shen, XQ, Zeng, G, et al, 2006:** The effect of atorvastatin on serum myeloperoxidase and CRP levels in patients with acute coronary syndrome. Clin. Chim. Acta 368, 1-2:168-72.

#### Explanation of figures

Fig.1: Experimental design of study.

Fig.2: A- Oocyst count/ gm stool, comparison between each drug regimen in three time periods of prophylaxis, 1<sup>st</sup> & 2<sup>nd</sup> booster therapeutic doses (T-test). B-IFN-  $\gamma$ : Concentrations (pg/ml) in mice sera (M $\pm$ SD) between each regimen in three time prophylaxis periods, 1<sup>st</sup> & 2<sup>nd</sup> booster therapeutic doses by (T-test). C- *Cryptosporidium* oocyst in stool sample stained by M Z-N stain (x1500).

Fig. 3: H & E staining of ileal mucosa for all groups 7<sup>th</sup>, 14<sup>th</sup> & 21<sup>st</sup> days PI. A-Normal control group showed normal ileal mucosa (x100). B- ATV Prophylaxis showed ileal mucosa with high grade dysplasia with frequent mitosis (x1000). C- NTZ prophylaxis showed ileal mucosa with high grade dysplasia with frequent mitosis (arrows). D- Combination (ATV & NTZ) prophylaxis showed ileal mucosa with mild inflammation (arrows) and oocyst (x1000). E- Infected immunosuppressed control group (14<sup>th</sup> day PI) showed ileal mucosa with high grade dysplasia and oocysts surrounded by clear halo in brush border of ileal villi (x1000). F- ATV 1<sup>st</sup> week treatment after prophylaxis group

shows small intestinal submucosa infiltrated by moderate inflammatory cells (x1000). G- NTZ 1<sup>st</sup> week treatment after prophylaxis showed oocysts (arrow) surrounded by clear halo in ileal villi brush border (x1000). H- Combined group 1<sup>st</sup> week after prophylaxis showed ileal submucosa infiltrated by mild inflammatory cells (x100). I- Infected immunosuppressed control group (21<sup>st</sup> days PI) showed ileal mucosa with high grade dysplasia and two oocysts (arrows) surrounded by clear halo (x1000). J- ATV 2<sup>nd</sup> week treatment after PX showed small intestine with lamina propria infiltrated by mild to moderate inflammatory cells (x1000). K- NTZ 2<sup>nd</sup> week treatment after PX showed small intestine with submucosal infiltration by extensive number of inflammatory cells (x1000). L- Combined group 2<sup>nd</sup> week treated group with ATV 40 after PX: showed ileal mucosa with mild inflammatory cells in lamina propria (x400).

Fig. 4: H & E staining of gastric mucosa for all groups 7<sup>th</sup>, 14<sup>th</sup> & 21<sup>st</sup> days PI. A- Normal control group showed gastric mucosa with normal histology (x400). B- Infected control group showed gastric mucosa infected by multiple *Cryptosporidium* oocysts, (arrows) surrounded by clear halo (x1000). C- ATV prophylaxis showed gastric mucosa infected by oocysts, arrow surrounded by clear halo (x400). D- NTZ PX group showed gastric mucosa with low grade dysplasia with mitosis encircled (x400). E- Combined PX showed gastric mucosa with edema in lamina propria (x400). F- ATV 1<sup>st</sup> week treatment after PX showed necrotic gastric mucosa with multiple oocysts, surrounded by clear halo (x400). G- NTZ 1<sup>st</sup> week treatment after PX showed gastric mucosa with low grade dysplasia and oocysts arrow (x400). H- Combination 1<sup>st</sup> week treatment after PX showed gastric mucosa with moderate inflammation lamina propria histology (x100). I- ATV 2<sup>nd</sup> week treatment after PX showed gastric mucosa with normal histology with edema in muscle layer encircled (x400). J- NTZ 2<sup>nd</sup> week after prophylaxis showed moderate dysplasia of gastric epithelium (x1000). K- Combined group 2<sup>nd</sup> week treatment after prophylaxis showed gastric mucosa with normal histology with edema in muscle layer encircled (x100).

Fig. 5: H & E staining of liver tissue for all groups 7<sup>th</sup>, 14<sup>th</sup> & 21<sup>st</sup> days PI. A- Normal hepatocytes arranged in cords, with normal sinusoids (x400). B- Infected control group showed liver tissue infected by *Cryptosporidium* oocysts showed portal tract expansion by inflammatory cellular infiltrate (black arrow) and bile duct proliferation (x400). C- ATV group after PX: Liver tissue showed moderate inflammation in portal tract (x100). D- NTZ prophylaxis group showed large cell dysplasia of liver tissue and focal necrosis (x400). E- Combination group after PX Liver tissue showed portal tract with moderate inflammation (x400). F- ATV 1<sup>st</sup> week treated group after PX showed liver tissue infected by oocysts showed mild portal inflammation and cytoplasmic vacuolation (x100). G- NTZ 1<sup>st</sup> week treatment after PX: liver showed dilated portal tract with severe inflammation (x400). H- Combination 1<sup>st</sup> week treated group after PX shows Liver tissue showing dilated sinusoids arrow (x400). I- ATV 2<sup>nd</sup> week treated group after PX: Liver tissue showed focal necrosis of hepatocytes encircled with large cell dysplasia (x100). J- NTZ 2<sup>nd</sup> week treated group after PX: Liver tissue showed marked vacuolated cytoplasm encircled and moderate inflammation (x400). K- Combination 2<sup>nd</sup> week treated group after PX: Liver tissue showed mild to moderate portal tract inflammation.



