

Detection of Mycobiota and Aflatoxigenic Fungi in Wheat Flour from Markets in Qena City, Egypt

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THIRTY wheat flour samples were collected from different bakeries and markets in Qena City, Egypt over five months were used to measure moisture content, fungi and aflatoxins. Moisture contents ranged from 5.92% to 14.43%. Twenty-one fungal species belonging to 13 genera were isolated from the wheat flour samples on Czapeks agar media at 28°C. The most common fungal genera were *Aspergillus*, *Mucor* and *Penicillium*. The correlation coefficient analysis revealed to strong positive correlation between moisture content and average total count of fungi in wheat flour samples (0.92). Qualitative and quantitative determination of aflatoxins in 29 isolates of the *A. flavi* group (*A. flavus*, *A. flavus* var. *columnaris* and *A. parasiticus*) were made using thin layer chromatography (TLC) and high performance liquid chromatography (HPLC), respectively. The results for (TLC) were as follow: Fourteen isolates (48.2%) had the ability to produce aflatoxin B1, five isolates (17.2%) could produce both aflatoxin B1 and aflatoxin B2 and ten (34.4%) isolates were negative. By using HPLC, the concentrations of aflatoxin were 13.416–9229.343, 2.639–152.668 and 6.391–79.507µg/L for AFB1, AFB2, and AFG2, respectively.

Keywords: Aflatoxin, *Aspergillus flavus*, HPLC, TLC, Wheat flour.

Introduction

Aflatoxins, are mycotoxins that are highly oxygenated poly substituted coumarins. A minimum of 18 various kinds of AFs have been chemically described. They are divided according to fluorescent colors under UV light. Aflatoxins which give strong blue fluorescence are B-aflatoxins, while those that fluoresce yellow-green on thin-layer chromatography plates are G-aflatoxins (Omara et al., 2020). *Aspergilli* comprise a group of fungi, but mainly two species, *A. flavus* and *A. parasiticus*, produce aflatoxins. Aflatoxins cannot be broken down by heat during the processing of agricultural commodities. Aflatoxins have harmful effect on humans and animals (carcinogenic, mutagenic, and teratogenic) and this makes them the most widely discussed fungal toxins (Akinola et al., 2019). Till now, the Acceptable Daily Intake (ADI) is not established for aflatoxins, but as genotoxic and

carcinogenic substances, ingestion through food should be kept at a minimum level. For protection of consumers from this risk, various countries have established different limits for the AFs in wheat and many wheat products, ranging from 4µg/kg in the European Union to 30µg/kg in India (Trombete et al., 2014). Wheat is considered a very compatible substrate for many phytopathogenic and saprophytic microorganisms. Cereal products exemplify a major food resource for the world's population. Different microbial contaminants can grow on end products, especially under unsuitable storage conditions. As a result of higher incidence of major mycotoxigenic fungi in flour, the product became more sensitive to accumulation of mycotoxins (Abo Dahab et al., 2016). Flour has low water activity so it is considered as a microbiologically safe end product, but shelf life and proliferation of spoilage microorganisms depend on moisture (ICMSF, 1998). When the water content exceeds the critical level for wheat

flour (13%-15%) molds start growing (Hassane et al., 2017).

This study aimed to detect mold occurrence, distribution and the aflatoxigenic fungi in samples of wheat flour, intended for human consumption, marketed in Qena, Egypt. The detection of aflatoxin concentrations in *Aspergillus flavus* group by thin layer chromatography (TLC) and the most advanced techniques of high performance liquid chromatographic (HPLC) analysis were employed in this study. This was done in order to ascertain the safety of wheat flour for human consumption.

Materials and Methods

Gathering wheat flour samples

Wheat flour (thirty samples) were collected from bakeries and markets in Qena City, Egypt over five months.

Determination of moisture content

The following method was used for estimation of moisture content of wheat flour according Association of Official Analytical Chemists (AOAC, 2007). Ten grams of the collected wheat flour (W1) was put into Petri dish, reweighed (W2), and that was then placed in a preset oven at 105°C and permitted to stand for 3hrs. Dried samples were put in a desiccator for cooling and these symbolized W3. This procedure was reduplicated until we had a fixed weight. Then a calculations of moisture content was done by the following Equation 1:

$$\% \text{ Moisture Content} = \frac{W2 - W3}{W1} \times 100 \quad \text{Eq. 1}$$

Correlation coefficient was estimated between moisture content and average total count of fungi in each samples of wheat flour.

Mycobiota analysis

This was made by using "Dilution-Plate Method" for the quantitative determination of fungi as described by Moubasher et al. (1972). For isolation and purification of fungi Czapek's agar medium was used at 28°C.

Aflatoxins production ability

Twenty-nine isolates of *Aspergillus flavus* (*A. flavus* Link, *A. parasiticus* and *A. flavus* var. *columnaris*) identified from the samples were screened for aflatoxins production.

Thin layer chromatography (TLC) assay

Yeast extract sucrose agar (YES) was utilized for growing of *Aspergillus flavus* isolates grown for 7 days at 28°C and tested for aflatoxins by TLC analysis as described by Samson et al. (2002) with some amendments. Agar plugs were made by cutting the fungal colony to a diameter of 5mm. The agar plugs were put in 2mL of chloroform for extraction of AFs. The extracts (10µL) were dotted on TLC plates. Also, 10µL of mycotoxin standard solution of aflatoxins B1 and B2 (Sigma-Aldrich, Dorset, UK) were applied as reference standards and dotted along with the fungal samples extract. The plates were put in a solvent tank with in chloroform: toluene: acetone (75:15:10) for 1hr. and visualized under long wave UV light (365nm). Sample extracts were compared to reference standards spots.

High performance liquid chromatography (HPLC) analysis of aflatoxins

Twenty nine isolates of *A. flavi* group isolated from wheat flour were cultivated on Czapek's liquid medium refer to Samson et al. (2002) with some modification. Fifty mL of the liquid medium were added in each 250mL sterile Erlenmeyer flasks. After sterilization each flask was inoculated with 3 agar discs made from 7-day old cultures on YES agar plates. The flasks were then incubated at 28°C for 10 days. At the end of incubation period each flask containing *Aspergillus* culture was extracted with 100mL chloroform for 24hrs. at 20°C with shaking at (160rpm). The chloroform extract was dried over anhydrous sodium sulphate, filtered and distilled to near dryness. The residue was diluted with chloroform to 1mL. Agilent Technologies 1200 Series, G1321A FLD HPLC system was used for running the extracts of aflatoxin samples. The system had a Zorbax Eclipse Plus C18 Analytical 4.6 × 250mm 5-Micron column. Separation was performed at fixed temperature of 30°C. About 30µL of each prepared sample was injected in three replicates. Separation was achieved using water 55%, methanol 15% and acetonitrile 30% as an isocratic mobile phase at a flow rate of 1.5mL/min. Each run was stopped after 15min. A Diode Array detector was used and fluorescence was recorded at 365nm (excitation) and 455nm (emission). The resulting chromatograms were tested peak by peak and the peaks that showed lamda max (λ max) values within the expected values for aflatoxins were processed by determination of peak areas and peak heights. The values of peak areas and peak heights are directly related to concentration of aflatoxin.

Results and Discussion

Mycobiota of wheat flour

Twenty-one fungal species belong to 13 genera were isolated from 29 wheat flour samples on Czapeks agar media at 28°C. The most common fungal genera were *Aspergillus*, *Mucor* and *Penicillium*. From the above genera, the most prevalent species were *A. flavus*, *A. niger*, *A. parasiticus* and *Mucor circinelloids* (Table 1). No fungal contamination was recorded in two wheat flour (16 and 26) samples with moisture content 6.8% and 5.92%, respectively. These results are in partial concordance with those published by several researchers in different places of the world. In Egypt (from five governorates) Rezazadeh et al.

(2013) isolated *Aspergillus* (*A. niger*, *A. fumigatus*, *A. flavus*, *A. glaucus*, *A. triticum*), *Acremonium*, *Alternaria*, *Fusarium*, *Mucor*, *Penicillium* and *Cladosporium* spp. from 89 flour samples. Abo Dahab et al. (2016) found that *Aspergillus flavus* was the most prevalent fungal species in thirty samples of wheat flour. Also, they isolated *A. niger*, *A. tamarii*, *A. clavatus*, *A. nidulans*, *Penicillium* spp., *Mucor* spp., *Fusarium* spp., *Alternaria* spp., *Rhizopus stolonifer*, *Cladosporium cladosporioides* and yeasts. Okafor & Eni (2018) isolated *Aspergillus flavus* and it was the prevalent (31%) aflatoxigenic fungus isolated from wheat flour in Oja-Ota market compared to *A. niger* (21%). *Rhizopus* sp., *Geotrichium* sp., Yeast, *Penicillium* sp. and *Paecilomyces* sp. were also isolated.

TABLE 1. Average total counts of fungal genera and species recorded in wheat flour on Czapeks agar medium at 28°C

Genera & species	ATC	%	NCI	OR
<i>Acremonium strictum</i>	73.6	3.2	3	L
<i>Alternaria alternata</i>	60.3	2.6	3	L
<i>Aspergillus</i>	1356.9	58.2	28	H
<i>A. candidus</i>	113.9	4.9	1	R
<i>A. flavus</i>	648.9	27.8	22	H
<i>A. flavus var. columnaris</i>	39.8	1.7	4	L
<i>A. fumigatus</i>	39.8	1.7	4	L
<i>A. niger</i>	340.9	14.6	15	M
<i>A. parasiticus</i>	166.9	7.2	8	M
<i>A. sydowii</i>	6.7	0.3	1	R
<i>Candida</i> sp.	87.1	3.7	2	R
<i>Drechslera indica</i>	60.3	2.6	3	L
<i>Emericella nidulans</i>	53.6	2.3	4	L
<i>Fusarium oxysporum</i>	46.9	2	3	L
<i>Mucor circinelloids</i>	166.9	7.2	9	M
<i>Nectria haematococcum</i>	20.1	0.9	3	L
<i>Penicillium</i>	354.1	15.2	9	M
<i>P. chrysogenum</i>	59.9	2.6	3	L
<i>P. corylophilum</i>	247.5	10.6	5	L
<i>P. duclauxi</i>	46.7	2	4	L
<i>Phoma euprena</i>	20.1	0.9	3	L
<i>Rhizopus stolonifer</i>	26.8	1.1	2	R
<i>Stachybotrys parvispora</i>	6.7	0.3	1	R
Gross total count			2333.4	
Number of genera			13	
Number of species			21	

ATC= Average total counts (Calculated per g of wheat flour), NCI= Number of cases of isolation (out of 30), OR= Occurrence remarks (H= High occurrence, from 16 to 30 cases, M= Moderate occurrence; from 7 to 15 cases, L= Low occurrence; from 3 to 6 cases, R= Rare occurrence; 1, 2 cases).

Moisture content

The mean of moisture contents of thirty wheat flour samples ranged between 5.92% and 14.43%. The correlation coefficient analysis revealed to strong positive correlation between moisture content and average total count of fungi in wheat flour samples (0.92) (Table 2). Al-Defiery & Mergan (2015) were concluded that increasing moisture content in wheat flour might result in increasing molds, the high total mold counting were developed when percent of moisture was 14.17%. The correlation coefficient analysis

revealed to positive correlation between moisture content and molds present (0.73). Moisture is an important factor in flour that has great effects on shelf life and growth of microbes (ICMSF, 1998). 1% or 2% change in dry flour moisture contents has been shown to be appropriate for microbial growth and toxin contamination (Eyles et al., 1989). In thirty wheat flour samples gathered from five governorates within three months (Abo Dahab et al., 2016) moisture contents ranged from 9.31% to 12.4%.

TABLE 2. Correlation coefficient of moisture content with average total count of fungi in wheat flour samples

Sample	Average total count of fungi (for each sample)	Moisture content %	Correlation coefficient
1	140.3	11.04	
2	46.8	9.38	
3	86.6	9.178	
4	60.1	9.61	
5	40	9.258	
6	33.3	8.8	
7	100.5	10.72	
8	86.9	9.84	
9	174	11.52	
10	120.4	10.24	
11	241	14.43	
12	46.9	8.99	
13	174.2	12.82	
14	214.2	14.22	
15	33.1	7.87	
16	0	6.8	
17	100.5	9.01	
18	40.2	8.69	
19	107	11.77	
20	19.9	6.8	
21	26.6	8.81	
22	60	7.89	
23	33.3	7.95	
24	166.9	12.58	
25	93.6	8.98	
26	0	5.92	
27	13.2	6.87	
28	13.2	9	
29	60.2	7.88	
30	26.4	9.3	

*Pearson's correlation coefficient is a linear correlation coefficient that returns a value of between -1 means strong negative correlation and +1 means strong positive correlation. A 0 means no correlation (zero correlation).

Thin layer chromatograph (TLC) assay

Twenty nine isolates of *A. flavus*, *A. parasiticus* and *A. flavus* var. *columnaris* were identified and subjected to qualitative assays for aflatoxin production by TLC assay. Results revealed that fourteen isolates (48.2%) had the ability to produce Aflatoxin B₁, five isolates (17.2%) could produce both Aflatoxin B₁ and Aflatoxin B₂ and ten (34.4%) isolates are negative as shown in (Table 3 and Fig. 1).

TABLE 3. TLC analysis of aflatoxins in cultural resumes of *A. flavus*, *Aspergillus flavus* var. *columnaris*, and *A. parasiticus* strains

Strain code	B ₁ level	B ₂ level
WH-AF1	-	-
WH-AF2	-	-
WH-AP3	+	+
WH-AC4	++	-
WH-AF5	+	-
WH-AF6	+	-
WH-AF7	-	-
WH-AF8	-	-
WH-AP9	++	-
WH-AF10	-	-
WH-AF11	++	-
WH-AP12	+	-
WH-AF13	-	-
WH-AF14	++	-
WH-AP15	+++	+++
WH-AP16	++++	++++
WH-AF17	+	-
WH-AF18	++++	++++
WH-AC19	+	-
WH-AP20	-	-
WH-AF21	++	-
WH-AP22	+	-
WH-AF23	+	-
WH-AP24	+++++	+++++
WH-AF25	++++	++++
WH-AF26	-	-
WH-AC27	++	-
WH-AC28	-	-
WH-AF29	-	-

WH= Wheat flour, AF= *Aspergillus flavus* Link, AP= *Aspergillus parasiticus* and AC= *Aspergillus flavus* var. *columnaris*.

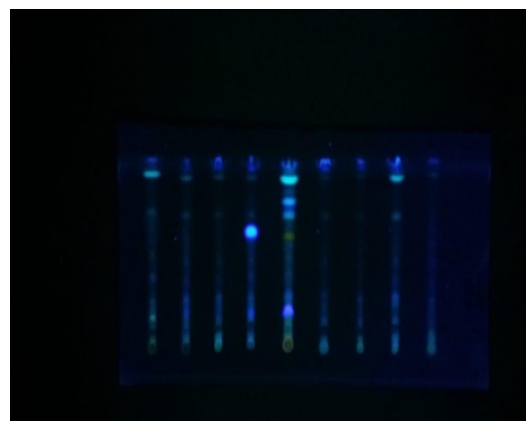


Fig. 1. Detection of aflatoxin production in *Aspergilli* isolates from wheat flour using thin-layer chromatography [Starting from left, isolate WH-AF21 to isolate WH-AF29 on the right]

Thin layer chromatography (TLC) as an analytical method has been used in detection of aflatoxin (Stroka & Anklam, 2000). TLC is the oldest, and simplest chromatographic technique, demanding less advanced devices (Whitaker et al., 1996). Atanda et al. (2005) reported that aflatoxigenic isolates show blue or blue green fluorescence at long wave UV. Abo Dahab et al. (2016) revealed that two isolates extracts were TLC positive out of thirty isolates isolated from wheat flour. Also results here are similar to results of (Saleem & Al-Johani, 2018) who showed that in regard to different types of aflatoxins, aflatoxin B₁ is usually common and is the most toxic compound was predominant and was found in 14 samples (58.3%) out of 24 cultural extracts of *A. flavus* and *A. parasiticus* analyzed on TLC plates. Akinola et al. (2019) isolated *Aspergillus* sp. from wheat flour from supermarkets in Mafikeng, North West Province, South Africa. TLC detection was done for *Aspergillus* isolates. Nineteen (42%) out of 45 strains were aflatoxigenic.

High performance liquid chromatography (HPLC) analysis of aflatoxins

Direct toxicity and long term carcinogenic effect of *Aspergillus* are associated with certain metabolites such as aflatoxins made by the genus *Aspergillus*. Grains and grain products proved to be a good substance for aflatoxin producing fungi. Thus, it was urgent to detect any toxic compounds made by the *A. flavus* isolates isolated from the contaminated grain and grain products (wheat flour, bread, ...etc.). Using, HPLC technique, it was found that *A. flavi* culture extracts showed

variable levels of aflatoxins and exhibited peaks similar to those for aflatoxin standard (Figs. 2, 3, 4 and 5). Out of 29 isolates 26 isolates (89.6%) were positive for at least one aflatoxin. The range of aflatoxins concentrations were 13.416–9229.343, 2.639–152.668 and 6.391–79.507 $\mu\text{g}/\text{L}$ for aflatoxins B1, B2, and G2, respectively (Table 4). Similar results were reported by El-Shanshoury et al. (2014) who screened 33 isolates of *A. flavus* for AF production. Results showed that 26 isolates produced AFB1, AFB2, AFG1). Each isolate of *A. flavus* has a diversity in type of toxin and quantities. The percentage of AFB1, AFB2 and AFG1 of *A. flavus* Link isolates, were 78%, 71%, and 36% of the isolates. Hassan & El-Sayed (2015) who collected different isolates of *Aspergillus flavus* and *A. parasiticus* from 500 different cereal samples from different markets in Sharkia, Egypt for quantification of aflatoxins by HPLC method. They found that 60% of total isolates had the ability for producing aflatoxin B₁ in average amount 4.9-200ng/ μL . Segura et al. (2020) detected and quantified aflatoxin B₁ from *Aspergillus flavus* obtained from peanut samples gathered at various retail markets in the region of Ribeirão Preto, São Paulo, Brazil, by HPLC/UV-DAD. They confirmed that 7 fungi samples were aflatoxigenic. Aflatoxin B₁ levels averaged from 4 to 285 $\mu\text{g}/\text{mL}$. Also, Alshannaq & Hyuk Yu (2020) who used HPLC with fluorescence (FLD) detectors to determine the presence and amounts of aflatoxin (AF) B₁, B₂, G₁, and G₂ levels in several fungal isolates of *A. flavus*, *A. oryzae* and *A. parasiticus*. The limit of quantification (LOQ) for AFs was 0.025 to 2.5ng/mL with FLD.

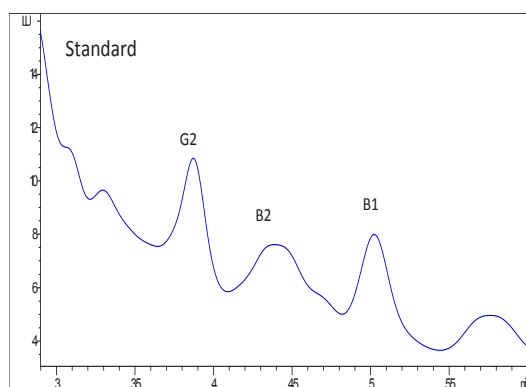


Fig. 2. Chromatograms obtained for a mixed aflatoxin standard (AFB1, AFB2 and AFG2) [Vertical axes represents wave length (w) and horizontal axes represents time in minutes (min)]

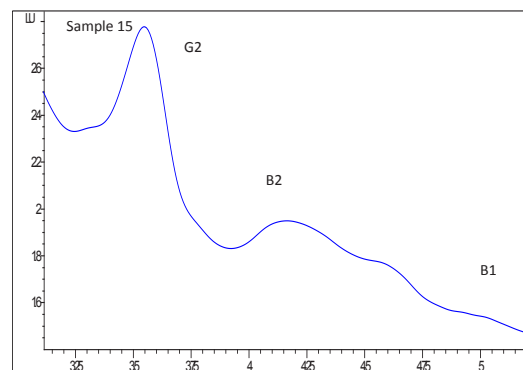


Fig. 3. HPLC analysis of aflatoxins in cultural extract of *Aspergillus parasiticus* isolated from wheat flour (strain 15) [Vertical axes represents wave length (w) and horizontal axes represents time in minutes (min)]

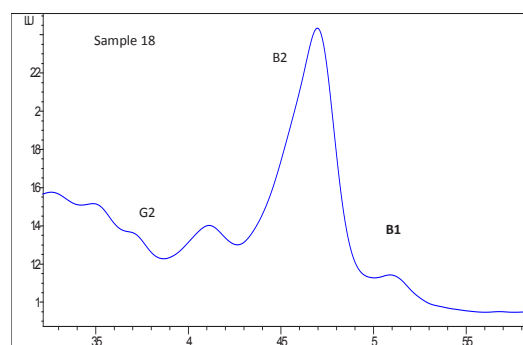


Fig. 4. HPLC analysis of aflatoxins in cultural extract of *Aspergillus flavus* isolated from wheat flour (strain 18) [Vertical axes represents wave length (w) and horizontal axes represents time in minutes (min)]

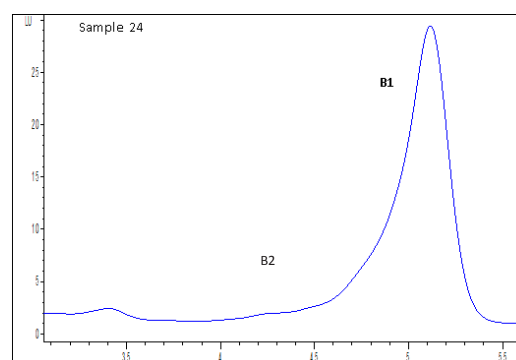


Fig. 5. HPLC analysis of aflatoxins in cultural extract of *Aspergillus parasiticus* isolated from wheat flour (strain 24) [Vertical axes represents wave length (w) and horizontal axes represents time in minutes (min)]

TABLE 4. Aflatoxins concentrations in different *A. flavi* group cultural extracts by HPLC analysis (Aflatoxins concentrations µg/L)

Strain code	B ₁	B ₂	G ₂
WH-AF1	-	-	-
WH-AF2	15.980	-	-
WH-AP3	-	2.639	8.683
WH-AC4	-	14.054	14.150
WH-AF5	13.416	-	6.391
WH-AF6	-	6.025	18.298
WH-AF7	-	-	-
WH-AF8	14.987	-	-
WH-AP9	17.446	-	14.029
WH-AF10	15.999	-	-
WH-AF11	-	10.885	14.134
WH-AP12	-	7.797	20.816
WH-AF13	-	-	-
WH-AF14	13.675	5.817	21.677
WH-AP15	16.296	17.525	79.507
WH-AP16	55.076	9.547	15.428
WH-AF17	16.867	5.748	13.238
WH-AF18	24.543	152.668	8.082
WH-AC19	21.450	2.211	11.032
WH-AP20	-	-	10.061
WH-AF21	-	16.903	12.159
WH-AP22	-	8.863	7.208
WH-AF23	-	5.705	16.706
WH-AP24	9229.343	5.671	-
WH-AF25	-	10.766	6.773
WH-AF26	--	-	8.098
WH-AC27	14.753	6.281	13.614
WH-AC28	15.043	-	-
WH-AF29	14.990	-	-

WH= Wheat flour, AF= *Aspergillus flavus* Link, AP= *Aspergillus parasiticus* and AC= *Aspergillus flavus* var. *columnaris*.

Numerous studies have been made lately to control aflatoxins, but many are not yet advanced at the commercial scale. Further research is suggested on new technologies for the control of AFs with the main object of protecting human and animal food/feed safety. The best way to control mycotoxin contamination is preventing mycotoxin production at farm level. Obstruction of aflatoxins or minimize their content in foodstuffs could be done by various methods (Chemical, biological and physical methods). Applications in molecular techniques and other detoxification methods like gamma irradiation and microwave heating were effective in this

field. *Bacillus subtilis* and *Bacillus licheniformis* could be used for detoxification of aflatoxins. All these detoxification methods discussed in details by Zhu et al. (2016), Udomkun et al. (2017), Ismail et al. (2018), Luo et al. (2018), Peng et al. (2018), Nazhand et al. (2020).

Conclusion

I collected 30 wheat flour samples from different bakeries and markets in Qena City, Egypt over five months. In order to make detection of moisture content, fungi and aflatoxins. Moisture contents ranged from 5.92% and 14.43%. The

correlation coefficient analysis revealed to strong positive correlation between moisture content and average total count of fungi in wheat flour samples. Twenty-one fungal species belong to 13 genera were isolated from 30 wheat flour samples on Czapeks agar media at 28°C. The most common fungal genera were *Aspergillus*, *Mucor*, *Penicillium*. Qualitative and quantitative determination of aflatoxins in 29 isolates of *A. flavi* group (*A. flavus*, *A. flavus* var. *columnaris* and *A. parasiticus*) were used by thin layer chromatography TLC and High performance liquid chromatographic (HPLC), respectively. The results in (TLC) were as follow fourteen isolates (48.2%) had the ability to produce aflatoxin B1, five isolates (17.2%) could produce both aflatoxin B1 and aflatoxin B2 and ten (34.4%) isolates are negative. By using (HPLC) technique the concentrations of aflatoxin were 13.416–9229.343, 2.639–152.668 and 6.391–79.507 µg/L for AFB1, AFB2, and AFG2, respectively.

Recommendation

Wheat flour is a significant food resource for the world population. Flour quality estimation regarding to mold infestation and mycotoxins contamination is important for producing safe food. The moisture content is a main factor for growth of microorganisms and contamination so it should be less than 5.9%. The correlation coefficient analysis revealed to strong positive correlation between moisture content and average total count of fungi in wheat flour samples. Qualitative and quantitative estimation of aflatoxins and aflatoxigenic fungi by TLC and HPLC methods are precise, speedy and less expensive techniques to prove a primary alert of contamination.

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الكشف عن العدد الكلي للفطريات و الفطريات المنتجة لسموم الافلاتوكسين في دقيق القمح من أسواق مدينة قنا، مصر

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تم تقدير العدد الكلي للفطريات المصاحبة للدقيق و الفطريات المنتجة للافلاتوكسين في ثلاثين عينة من دقيق القمح تم جمعها من المخازن والأسواق في مدينة قنا بجمهورية مصر العربية على مدى خمسة أشهر. تم تقدير محتوى الرطوبة النسبية و العدد الكلي للفطريات خلال خمسة أشهر، تراوح محتوى الرطوبة بين 5.92 % و 14.43 % . تم عزل 21 نوعا فطريا تنتمي إلى 13 جنسا من 30 عينة من دقيق القمح على وسط شابكس أجار عند 28 درجة مئوية. كانت الأجناس الفطرية الأكثر شيوعا هي أسبيرجيلس؛ بنسيسيلوم؛ ميوكر و تم التأكد من وجود علاقة ايجابية قوية بين متوسط عدد الفطريات و الرطوبة النسبية في عينات الدقيق و كانت قيمة معامل الارتباط 0.92. تم استخدام 29 عذلة من مجموعة اسبيرجيلس فلافس في التقدير النوعي والكمي لألفالتوكسينات بواسطة TLC و HPLC كانت النتائج في TLC كما يلي أربعة عشر عذلة % 2.48 لديها القدرة على إنتاج ألفاتوكسين ألفاتوكسين B1 وخمس عزلات % 17.2 يمكن أن تنتج كلا من ألفاتوكسين B1 وألفاتوكسين B2 وعشرة عزلات % 4.34 كانت سلبية من ناحية انتاج سموم الافلاتوكسين. باستخدام تقنية HPLC تم الحصول على التركيزات التالية من سموم الافلاتوكسين 13.416 - 9229.343؛ 2.639 - 152.668؛ - 6.391 - 79.507 ميكروغرام / لتر لألفالتوكسين B1 و B2 و G2 على التوالي.