

## Non-Linearity Effect of Low-Doses $\gamma$ -Radiation on Essential Metals, Lipid Peroxidation and Metallothionein Levels in Rats

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LOW DOSES increase the resistance of the cells or organism to the moderate or severe levels of stress. The present work aimed to investigate the effect of low  $\gamma$ -radiation doses on the essential metals; iron, copper, zinc and calcium (Fe, Cu, Zn & Ca), lipid peroxidation as malondialdehyde (MDA) and metallothionein (MT) in the liver, kidney and testis of rats. Rats were exposed to 0.06, 0.126 and 0.227 Gy at a low dose rate 2.5 mGy/h by two models of exposure, continuous and fractionated (along one and two weeks). The results indicated significant effect between groups and time of exposure models. Trace metals exhibited difference responses in the different tissues particularly before and after 0.126 Gy dose, but certain metals tended to restore the normal levels in continuous and fractionated for one week exposure models at 0.227 Gy. After two weeks increasing in Ca and decreasing in Fe levels and MT levels were observed at the all doses. Zinc levels had not been affected in kidney and testis, controversy effects occurred in liver which increased at 0.227 Gy in all exposure models. Continuous exposure led to elevation in MDA and lowering in MT at 0.126 Gy then reverse effect occurred at 0.227 Gy. In conclusion, low doses  $\gamma$ -radiation exposure has no-linear effect on the essential metals, lipid peroxidation and MT.

**Keywords:** *Low doses,  $\gamma$ -radiation, essential metals, lipid peroxidation, metallothionein,.*

Living organisms are constantly exposed to ionizing radiations from the natural sources such as cosmic rays, radio-nuclides present in the earth's crust or man made medical and industrial radiation sources, nuclear exposures, industrial accidents and others. The United Nation Scientific Committee on the Effects of Atomic Radiation (UNSCEAR) reported in 1986, that acute doses above 2.0Gy,

between 2 and 0.2Gy and below 0.2Gy are regarded as high, intermediate and low doses respectively (UNSCEAR, 1986). The high doses of  $\gamma$ -radiation caused deleterious effects via the oxidative stress by reactive oxygen species (ROS) formation and liberation excess of free radicals which attack cell content of molecules and organelles. This damaged effect lead to high disturbances in the physiological and biochemical functions in animals and human including imbalance in essential trace elements which required by all cells for normal metabolic processes, and are constituents of or interact with antioxidant enzymes and hormones (Mertz, 1981) and stored in the appropriate tissues as MT and ferritin (Sorenson, 1978). Trace elements play an important role in human health and disease. It participates in tissue, cellular and subcellular functions, includes immuno-regulation by both humeral and cellular mechanism, nerve conduction, muscle contraction, membrane potential regulation and mitochondrial activity, among others (Agget and Devis, 1983 and Golden, 1982).

The deleterious effects due to low radiation dose are theoretically extrapolated from the high dose by the Linear No-Threshold (LNT) model (Pathak *et al.*, 2007). However living organisms do not respond to ionizing radiations in a linear manner in the low dose range 0.01-0.50Gy and rather restore the homeostasis both in vitro and in vivo by the normal repair processes such as DNA repair processes, immune reactions and antioxidant defence (Avti *et al.*, 2005 and Pollycove, 2004), adaptive responses (Wang *et al.*, 2004) and activation of immune functions (Feinendegen, 2005 and Feinendegen *et al.*, 2010). The general hypothesis of radiation stimulated beneficial changes in known as Adaptive Responses and idea of net benefit is called Hormesis (Pathak *et al.*, 2007 and Wall *et al.*, 2006). Hormesis is a dose-response relationship in which effects at low doses are opposite to those at high doses (Hoffmann, 2009).

In the present study, we have attempt to investigate the effect of acute and fractionated very low doses of  $\gamma$ -radiation on the essential metals; Fe, Cu, Zn & Ca levels and on the oxidative process, lipid peroxidation and antioxidant hormone, MT in the liver, kidney and testis of rats.

## **Material and methods**

### ***Animals and irradiation***

Male albino Wistar rats weighing 120-150g were kept in plastic cages and were allowed free access to water and normal pellet diet and were maintained *Egypt. J. Rad. Sci. Applic.*, Vol. 24, No. 1 (2011)

under controlled conditions of humidity, temperature and a diurnal environment of light and dark. Galvanized cylindrical metal cages of double walls at 32 and 48cm diameter x 22cm height, especially designed for this experiment.

The rats were kept between the two walls of the cage which the middle axis of the cage was approximately at 20cm from the source, taking in consideration the width between the two walls is 8cm. Low dose rate  $^{137}\text{Cesium}$  source of 2.5 mGy/h belonging to NCRRT, Cairo, Egypt.

Animals were divided into control (non irradiated animals) and another three groups: the first group was exposed continuously to whole body  $\gamma$ -rays. The second group was exposed along one week and the third group was exposed along two weeks to whole body fractionated dose of  $\gamma$ -radiation. Each group was subdivided into three subgroups; the first, second and third were exposed to 0.06, 0.126 and 0.227Gy for 24, 50 and 90 h, respectively at a low dose rate 2.5 mGy/h. The fractionated doses, where rats exposed to  $\gamma$ -ray by the same times daily to reach the certain dose 0.06, 0.126 or 0.227Gy at the end of the one or the two weeks. At each scarified n= 8.

#### ***Trace metals analysis***

Fe, Cu, Zn & Ca concentrations were measured in the liver, kidney and testis tissues. For the digestion process using Milestone MLS-1200 Mega, High Performance Microwave Digestor Unit, Italy. 0.5-1g of organs was put in special vessels with 6 ml nitric acid and 1ml hydrogen peroxide. After complete digestion, samples were diluted to suitable levels for metals analysis by UNICAM 939 Atomic Absorption Spectrophotometer (AAS), England).

#### ***Lipid peroxidation determination***

Lipid peroxidation levels were ascertained by the formation of MDA. Sample preparation was performed as described by Sander *et al.* (1996). 0.5 ml of liver, kidney and testis homogenate was treated for determination of MDA as described by Yoshioka *et al.* (1979).

#### ***Metallothionein determination***

MT levels were determined in the liver, kidney and testis by Ag-saturation haemolysate method according to Bienengraber *et al.* (1995) and Scheuhammer and Cherian (1986).

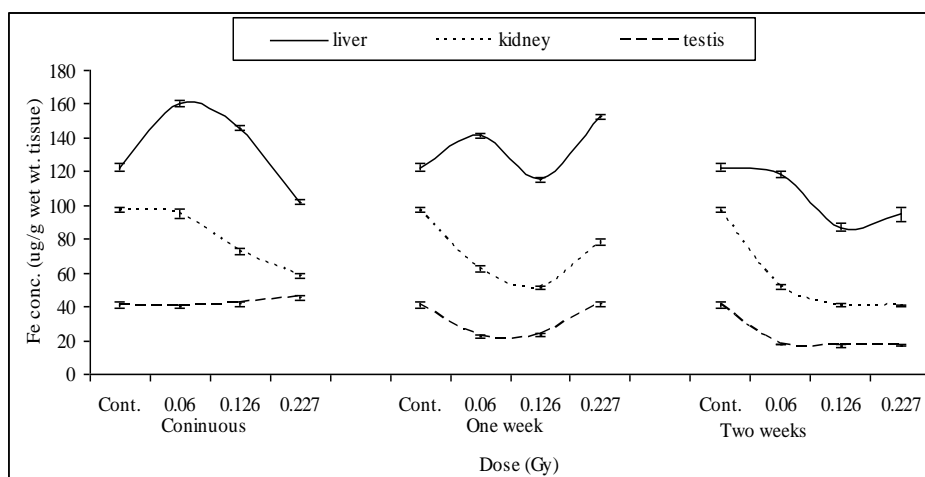
### Statistical analysis

Data were analyzed by unpaired two-tailed Student's *t*-test (Kirkwood, 1988) and one way analysis of variance (ANOVA). *P* values  $\leq 0.05$  was considered significant. The results were presented as mean  $\pm$  S.E.

### Results

Results analysis exhibited significant effect of low  $\gamma$ -radiation doses ( $P \leq 0.05$ ) on essential metals, MDA and MT levels. Also there was very high significant relationship between the groups and/or the time models in the organs studied with exception of Zn in kidney, and there was no relationship present between the effect of time and groups in Cu testis or between groups in Zn testis.

The figures describe the metals ( $\mu\text{g/g}$  wet tissues), MDA (nmol/g wet tissues) and MT ( $\mu\text{g/g}$  wet tissues) levels in rat liver, kidney and testis (mean  $\pm$  S.E.) in the models of exposure, continuous or fractionation (for one and two weeks) at 0.06, 0.126 and 0.227 Gy (at a low dose rate 2.5 mGy/h).

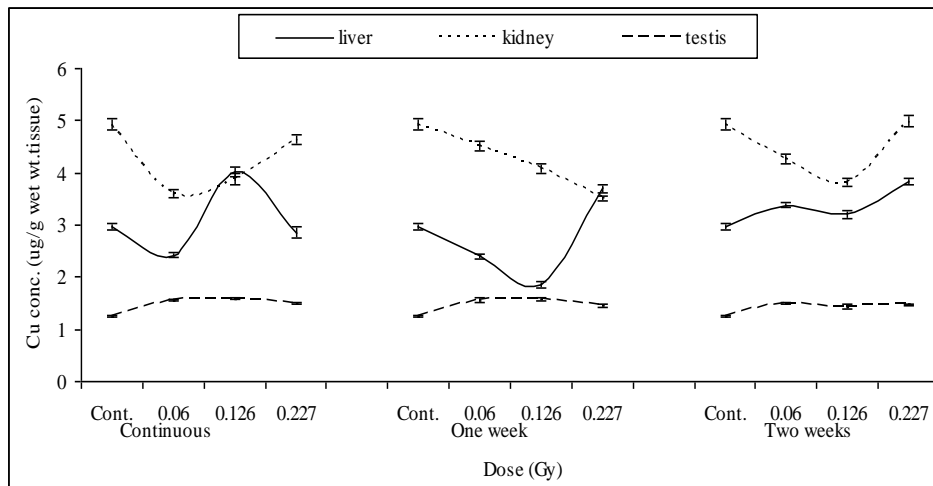


**Fig. 1.** Low doses  $\gamma$ -radiation effect on Fe levels of rat liver, kidney and testis.

Fig.1. shows the Fe levels: Significant increase ( $P \leq 0.05$ ) occurred in Fe levels in liver due to the continuous exposure for 24 and 50 h (0.06 and 0.126Gy, respectively) and lowered after 90 h exposure (0.227Gy). In kidney, Fe levels significantly decreased post 50 and 90 h but testis had not been affected. Fractionation of the same doses for one week caused significant decrease in all organs after exposure to total dose 0.126Gy, while there was an

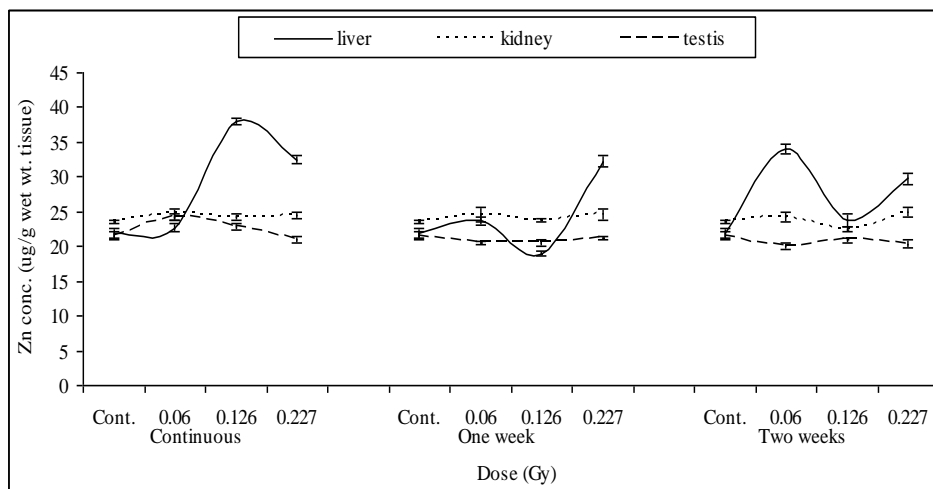
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increase before and after the same dose in liver. Kidney and testis Fe levels decreased at 0.06 and 0.126Gy then at 0.227Gy, kidney Fe started to return control levels and testis restore control levels via one week fractionated dose. Two weeks of exposure indicated lowering in Fe levels in all organs.



**Fig. 2.** Low doses  $\gamma$ -radiation effect on Cu levels of rat liver, kidney and testis.

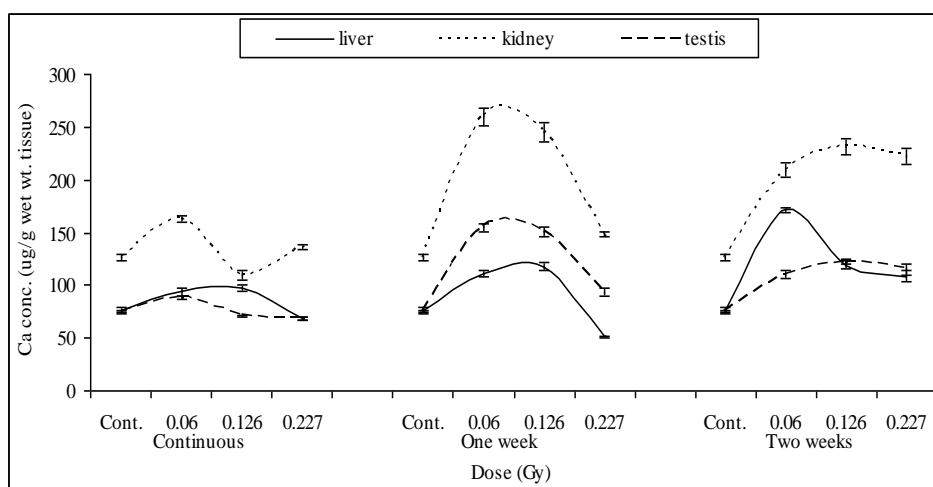
Fig.2. shows the Cu levels: Significant decrease ( $P \leq 0.05$ ) in Cu liver level occurred after 24 h continuous exposure, and it increased at 50 h then back to normal level after 90 h exposure.



**Fig. 3.** Low doses  $\gamma$ -radiation effect on Zn levels of rat liver, kidney and testis.

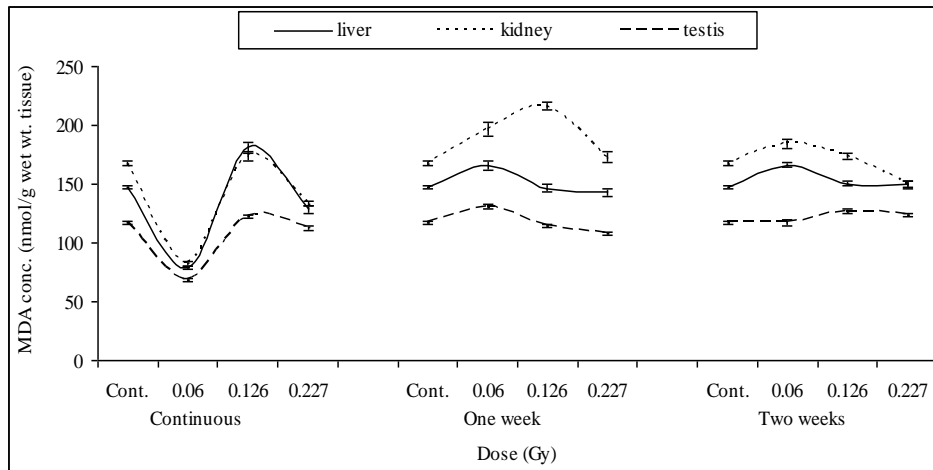
During fractionated doses for one week, there was significant decrease in Cu liver levels then elevated after 90 h exposure and elevation was detected at all doses after two weeks exposure. Kidney Cu exhibited severe decreasing at 0.06Gy, then restore control levels at 0.227Gy after continuous and two weeks exposure, but there was significant decreasing along one week exposure. Stable increase response was observed in testis Cu levels in all exposure models.

Fig.3. shows the Zn levels: Only, a liver Zn level was affected along the different models of exposure. After continuous exposure, liver Zn showed a significant increase ( $P \leq 0.05$ ) at 0.126Gy and tends to return control levels at 0.227Gy. One week exposure led to lowering in liver Zn at 0.126Gy then elevated at 0.227 Gy. Different effect was detected after two week exposure while liver Zn levels increased at 0.06 and 0.227Gy and no significant effect at 0.126Gy. Non significant change was observed in kidney and testis at all doses (except at 0.06Gy in testis).



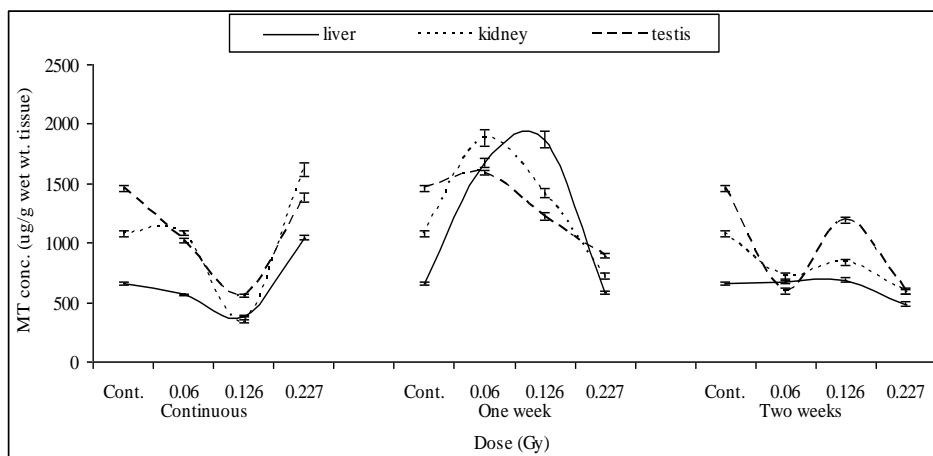
**Fig. 4. Low doses  $\gamma$ -radiation effect on Ca levels of rat liver, kidney and testis.**

Fig.4. shows the Ca levels: It was observed that Ca levels elevated in all organs studied after 24 h of continuous exposure and there was different response after 50 h, significant increase ( $P \leq 0.05$ ) in liver and decrease in kidney Ca levels. After 90 h lowering in Ca levels in liver and testis but it increased in kidney. The exposure to fractionated low doses across one and two weeks resulted in significant increase in Ca levels in the organs studied. On the other hand, its levels tend to restore control levels after exposure to 90 h for one week, while it lowered in liver.



**Fig. 5.** Low doses  $\gamma$ -radiation effect on MDA levels of rat liver, kidney and testis.

Fig.5. shows the MDA levels: the continuous exposure to 0.06Gy caused high significant decrease ( $P \leq 0.05$ ) in MDA levels in the all organs studied, and then caused increasing in liver and testis at 0.126Gy compared to control and inhibition occurred in liver and kidney at 0.227Gy doses. The fractionated dose 0.06Gy for one week resulted in increase in MDA in the all organs studied, and in kidney at 0.126Gy doses. At the 0.227Gy dose, liver and kidney return control levels and decreasing in testis occurred. After two weeks, significant elevation in MDA observed in liver and kidney at 0.06Gy, and in testis at 0.126 and 0.227Gy doses, and kidney level decreased at 0.227Gy.



**Fig. 6.** Low doses  $\gamma$ -radiation effect on MT levels of rat liver, kidney and testis.

Fig.6. shows the MT levels: there was a clear different response in the different modes of exposure. The continuous exposure caused high significant inhibition ( $P \leq 0.05$ ) in MT-induction at 0.126Gy dose in all organs studied, then highly significant elevated at 0.227Gy doses in the liver and kidney. Fractionated doses for one week indicated inverted effect, while the highest dose 0.227Gy resulted in high significant decrease in MT levels. After two weeks, high disturbance occurred in its levels, generally significant decrease was observed up to 90 h exposure.

### Discussion

The understanding of radiation biology has undergone a fundamental shift in paradigms away from deterministic "hit-effect" relationship and towards complex ongoing cellular responses (Pathak *et al.*, 2007). Any increment of exposure above natural background levels of radiation will produce a linear increment of risk, the so-called LNT model. The LNT hypothesis has been attacked both by those who believe that low doses of radiation are more damaging than the hypothesis predicts, and by those who believe that they are less harmful and possibly even beneficial, which referred to as hormesis (Wall *et al.*, 2006). In a complex biological system various mechanisms can lead to non linearity, deviations from linearity are favoured by the occurrence of multiple concurrent and sequential events in toxicologic responses (Hoffmann, 2009). Cells can be injured and even killed under the most serious conditions of radiation exposure, when the content of ROS gets uncontrolled by the cellular antioxidants, it is believed that the extent of cellular damage by low-radiation doses is proportional to the effects observed at high-radiation doses as per the LNT hypothesis. However, this notion may not be true at low-dose radiation exposure in the living systems (Feinendegen, 2005). Hormesis is well-documented at the phenomenological level and it increasingly appears to be a manifestation of a broad family of stress responses (Calabrese *et al.*, 2007) including adaptive responses and preconditioning. The results of the present work reflected different responses by different models of exposure to low doses  $\gamma$ -ray as continuous or fractionated exposure and according to the tissue type. The studied organs, liver, kidney and testis manifested respective effect under the stresses of low-radiation doses (0.06, 0.126 and 0.227Gy at a low dose rate 2.5 mGy/ h). The effects on metals level elicited different responses before and after the 0.126Gy dose by decreasing and

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increasing according to the sensitivity of the elements and its reactions in the organs, such as the effect of continuous exposure on liver Fe and Cu and fractionated exposure for one week on Fe, Ca and MT of liver, kidney and testis. The adaptive protection following low doses of low-LET (Linear Energy Transfer) radiation appears to be the consequence of changed cellular signaling and to be ubiquitous (Feinendegen, 2005). Hormetic response curves are biphasic, the biphasic curve is so central that hormesis is often defined with respect to a dose-response curve that is essentially J-shaped or an inverted-U (Calabrese and Baldwin, 2002 and Davis and Svendsgaard, 1990). This respective response clearly appeared in the graphs in the different models of exposures. According to Edward (1990), the accumulation of Fe in liver post-high dose of radiation via occlusion of the small hepatic veins leading to hemorrhage, and the total Zn content increased in the liver and kidney (Okada, 1970 and Shiraishi *et al.*, 1986) and rapid disappearance of Ca from the blood was observed after high doses of radiation. But after low doses of radiation, Fe and Cu levels were highly decreased in kidney which they have been non-linearity responses. On the other hand, kidney Cu in the continuous and fractionated along two weeks exposure models and Fe in the fractionated dose for one week model tends to restore normal levels. The studied essential trace elements and MDA and MT levels exhibited non-linear responses whereas these responses showed either J-shaped or inverted-U shaped curves as biphasic curves and triphasic wave. According to Calabrese and Baldwin (2003) and Hoffmann and Stempsey (2008), at the J-shaped or inverted-U shaped curves; the effect of the J-shaped curve is some dysfunction such as carcinogenesis, where the hormetic zone shows a frequency less than that occurring spontaneously with no exposure such as the continuous exposure effect on liver Zn until 0.126Gy then decreasing occurred to restore normal levels whereas opposite response appeared in the fractionated dose for one week and two weeks, its levels elevated at 0.227Gy. If the end point were a normal biological function, such as growth, the hormetic curve would appear as an inverted-U shaped curve, in which the hormetic zone is represented by effects above the background level and the toxic zone by effect below it (Calabrese and Baldwin, 2003 and Hoffmann and Stempsey, 2008). Ca and MT levels showed inverted-U shaped curve response in the fractionated exposure for one week. MT-induction was highly decreased after exposure to 0.227Gy in the fractionated for

one week and two weeks models of exposure. Depending on type of adaptive protective in a given cell system such as damage prevention, repair, removal by apoptosis and stimulation of immune response, protection, cell cycle or changes in gene expression occur in most mammalian cells so for examined the expression of adaptive protection has a maximum above 0.005Gy and below 0.2Gy (Pollycove and Feinendegen, 2003 and Feinendegen 2003). The expanding triphasic wave appeared in Zn liver in the fractionated models may be a dose-response relationship where hypothetical triphasic curve may occur if an agent causes damage and an inducible repair response at low doses (Hoffmann, 2009). Damage prevention by stimulation of detoxification of ROS appears to reach a maximum at about 4 h after irradiation and lasts for several hours or even weeks depending on tissue and cell type. The immune response had its maximum in vivo at about 0.2Gy low-dose induced immune competence may last for several weeks (Feinendegen, 2005). At 0.06Gy, the major of results obtained via different models of exposure manifested severe effect by decreasing or increasing then start to return. At low dose rate the assumption of linearity may be valid only at doses above about 0.1Gy with some variation in different tissue types and below this level radiation-induced effects dominate risk (Mitchel, 2007). Adaptive protection develops with a delay of hours, may last for days to months, decreases steadily at doses above about 0.1 to 0.2Gy and is not observed any more after acute exposure of more than about 0.5Gy (Feinendegen, 2005). The effect of the low  $\gamma$ -radiation doses on trace metals in organs manifested no accumulations or continuously increasing or decreasing, but they mostly appeared to return its normal levels with certain exceptions which observed after two weeks exposure. Also in the different models of exposures, continuous or fractionation exposure, it is observed that its responses have been independent and not proportional to the dose level or the exposure time and they give various behaviours in the different organs. Moreover, the effects before and after the medial dose 0.126Gy were different in the most models studied. MT is antioxidant protein presence in the cells particularly of liver and kidney for metals detoxification, homeostasis and in scavenging free radicals during oxidation damage (Cai *et al.*, 1999). MT-induction response due to low  $\gamma$ -radiation doses gives different track in each exposure model, its elevations in liver and kidney via continuous exposure to 0.227Gy may be induced by the highly enhancement of MDA at 0.126Gy. Its elevations after

exposure to fractionated dose for one week at 0.06 and 0.126Gy may be a direct facing response against oxidative stress, and its decrease at 0.227Gy which meet normal levels of MDA may account adaptive response where the repair in response to radiation damage begins immediately after damage has occurred (Feinendegen, 2005). We concluded that the essential metals; Fe, Cu, Zn & Ca and MDA and MT levels are very sensitive to the low doses of  $\gamma$ -radiation. Furthermore there are different effectiveness according to the time and the models of exposure either continuous or fractionated. Low doses  $\gamma$ -radiation exposure has no-linear effect on the essential metals, lipid peroxidation and MT levels.

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## التأثير اللا-خطى للجرعات المنخفضة من الإشعاع الجامى على مستويات المعادن الأساسية وتأكسد الدهون والميتالوثيونين فى الجرذان

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قسمى البحوث الدوائية الإشعاعية ، و \*الفيزياء الإشعاعية ، المركز القومى لبحوث وتكنولوجيا الإشعاع ، ص.ب. ٢٩ مدينة نصر، مصر.

تعتبر الدراسات الحديثة أن الجرعات المنخفضة تزيد من مقاومة الخلايا والكائن الحى لمستويات الضغوط المتعرض لها سواء المتوسطة أو الخطيرة. ولذا تهدف الدراسة المقدمة إلى إستقصاء تأثير جرعات الإشعاع الجامى المنخفضة على مستويات المعادن الأساسية (الحديد، النحاس، الزنك، الكالسيوم) ومستوى تأكسد الدهون (المالونديالدهايد) والميتالوثيونين فى الكبد، الكلى والخصية للجرذان البالغة. تم تعرض الجرذان إلى ٠.٦ ، ١.٢٦ ، و ٢.٢٧، جرای بمعدل منخفض ٢,٥ ملليجراى فى الساعة، بواسطة نموذجين من زمن التعرض وهما المستمر والمجزأة (على مدى أسبوع وأسبوعين).

أشارت التحاليل الإحصائية إلى وجود تأثير معنوى واضح بين المجموعات وزمن التعرض من خلال نماذج التعرض المختلفة. كما أظهرت المعادن الأساسية إستجابات متباينة فى الأنسجة المختلفة خاصة قبل وبعد التعرض للجرعة ١.٢٦ ، جرای مع الإتجاه لإستعادة المستويات الطبيعية فى نماذج التعرض المستمر والمجزأة لمدة إسبوع عند الجرعة ٢.٢٧ ، جرای. بعد التعرض الجزأ لمدة أسبوعين، لوحظ زيادة فى مستوى الكالسيوم ونقص فى مستويات الحديد والميتالوثيونين عند كل الجرعات. لم يتأثر مستوى الزنك فى الكلى والخصية، وعلى العكس قد حدث تأثير على الكبد بالزيادة عند الجرعة ٢.٢٧ ، جرای بكل نماذج التعرض. أدى التعرض المستمر إلى إرتفاع فى مستوى المالونديالدهايد وإنخفاض فى مستوى الميتالوثيونين عند الجرعة ١.٢٦ ، جرای ثم حدث تأثير عكسى عند الجرعة ٢.٢٧ ، جرای.

أظهرت هذه الدراسة أن التعرض للجرعات المنخفضة للإشعاع الجامى ليس لها تأثير خطى على مستويات المعادن الأساسية وتأكسد الدهون والميتالوثيونين.