

Role of Cranial Ultrasound in High-Risk Full-Term Neonates

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ABSTRACT

Background: Critically ill full-term infants are at risk for brain injury. The improvement of the survival of the "High-Risk Neonate" requires early detection of neurological abnormalities. Cranial ultrasonography (CUS) is the preferred tool to study the neonatal brain.

Objective: This study aimed to evaluate the diagnostic role of cranial US in high-risk full-term neonates.

Patients and Methods: This observational study was conducted on 60 high-risk full-term neonates randomly selected from the Neonatal Intensive Care Unit, Pediatric Department, Benha University Hospitals. Detailed history, clinical examination, appropriate investigations and cranial ultrasound were done.

Results: The cranial ultrasound findings were normal in 58 cases (96.7%) and abnormal only in 2 cases (3.3%). The cranial ultrasound abnormalities found in the first case that was diagnosed as hypoxic ischemic encephalopathy and congenital malformation were hypoplasia of the cerebellar hemispheres, dilated fourth ventricle and prominent cisterna magna with Dandy walker malformation. The second case who was diagnosed as pneumonia and neonatal sepsis, cranial sonography showed cystic leukomalacia and communicating hydrocephalus.

Conclusion: Although we found only 2 cases (3.3%) with abnormal CUS among the studied high-risk full-term neonates, cranial ultrasound is considered an important noninvasive method for brain imaging in neonates especially in those presented with neurological manifestations or exposed to hypoxia. It enables screening and follow up of the brain by serial imaging.

Keywords: Cranial ultrasound, NICU, High-risk neonates.

INTRODUCTION

Any neonate, regardless of gestational age, who has a greater chance of morbidity and mortality, especially within the first 28 days of life, is classified as high-risk neonate. CUS plays an important role in assessing neurological outcome among them⁽¹⁾. CUS has numerous advantages: it can be performed at the bedside, it is relatively safe, and can be repeated when needed, helping visualization of ongoing brain maturation and the evolution of lesions. It detects most of the hemorrhagic, ischemic, cystic brain lesions, calcifications, major congenital abnormalities and cerebral infections⁽²⁾. It is also important in the early diagnosis of numerous causes of neonatal seizures and encephalopathy in full-term neonates and the subsequent follow up of hypoxic-ischemic brain injury⁽³⁾. CUS examination should be performed soon after birth and further examinations depending on clinical symptoms and previous CUS findings in critically ill full-term neonates and full-term neonates with congenital anomalies⁽⁴⁾.

Benson et al.⁽⁵⁾ reported that sonography of the brain is now an integral part of care in the neonate, among unstable premature and high-risk infant. Therefore, this study aimed to evaluate the diagnostic value of CUS in high-risk full-term neonates.

PATIENTS AND METHODS

This study was conducted on 60 high-risk full-term neonates randomly selected from the Neonatal Intensive Care Unit (NICU), Pediatric Department at Benha University Hospitals, in the a period from January 2019 to January 2020.

Ethical approval: Approval of the Research Ethics Committee at Faculty of Medicine, Benha University Hospital was obtained. A written consent was collected from neonates' parents to agree to participate in the study.

High-risk full-term neonates with any of the following diagnosis were included in the study: neonatal convulsions, birth asphyxia, hypoxic ischemic encephalopathy (HIE), respiratory distress, neonatal sepsis or metabolic abnormalities.

All patients were subjected to the following:

Full perinatal history was taken. Thorough clinical examination with special emphasis on neurological manifestations was done. Routine investigations (CBC, CRP) and cranial ultrasound of these high-risk neonates were done. Neonates were followed up till discharge from NICU.

The sonograms were performed on a Voluson 630 pro GE machine using a multi frequency high-



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density volume -TV/TR probe. All ultrasounds were performed by the same physician to avoid inter-observer variation

Statistical Analysis: Descriptive statistical analysis was carried out. Results on continuous measurements were presented as mean ± SD (Min-Max) and results on categorical measurements were presented in Number (%). Chi-square/Fisher Exact test was used to find the significance of study parameters on categorical scale between two groups. Student “t” test compares between 2 means of 2 independent groups. A significant p-value was considered when it is equal or less than 0.05.

RESULTS

This study included 60 term high risk neonates, 39 (65%) were males and 21 (35%) were females. Their gestational age ranged from 37 to 39 weeks with a mean of 37.78 ± 0.83 weeks, and their birth weight ranged from 2.9 to 4 kg with a mean of 3.16 ± 0.24 kg. Mode of delivery was normal in 17 cases and Cesarean section (CS) in 43 cases (Table 1).

Both cases with abnormal CUS were delivered normal. The incidence of CUS abnormalities in high-risk neonates was 3.3% (Table 2).

The abnormal CUS findings in the cases were 1st case with pneumonia and neonatal sepsis, CUS showed cystic leukomalacia associated with communicating hydrocephalus, this case survived. 2nd case with hypoxic ischemic encephalopathy (HIE) and congenital malformation, CUS showed hypoplasia of the cerebellar hemispheres, dilated fourth ventricle and prominent cisterna magna with Dandy walker malformation, this case died. There was no statistically significant difference between abnormal CUS and normal CUS groups regarding perinatal history (Tables 3, 4 & 5).

There was no statistically significant difference between abnormal CUS and normal CUS groups regarding different clinical presentations except highly significant presence of hypoxia among abnormal CUS group than normal CUS group (Table 6).

Table (1): Demographic data of the studied cases

		Mean ± SD	
Gestational age (Weeks)		37.78 ± 0.83	
Birth weight(kg)		3.16 ± 0.24	
		No. (60)	%
Sex	Male	39	65.0
	Female	21	35.0
Mode of delivery	NVD	17	28.3
	CS	43	71.7

NVD: Normal vaginal delivery CS: cesarean section

Table (2): C.U.S. of the studied cases.

		No.	%
CUS	Normal	58	96.7
	Abnormal	2	3.3

Table (3): Comparison between abnormal C.U.S. and normal C.U.S. groups regarding prenatal history

		Abnormal C.U.S No (%)	Normal C.U.S No (%)	X ²	P. value
Diabetes mellitus	Yes	0 (0%)	3 (5.2%)	0.109	0.741
	No	2 (100%)	55 (94.8%)		
Maternal fever above 38	Yes	1 (50.0%)	5 (8.6%)	3.678	0.055
	No	1 (50.0%)	53 (91.4%)		
Maternal urinary tract infection	Yes	0 (.0%)	7 (12.1%)	0.273	0.601
	No	2 (100%)	51 (87.9%)		

Table (4): Comparison between abnormal C.U.S. and normal C.U.S. groups regarding natal history

		Abnormal C.U.S No (%)	Normal C.U.S No (%)	X ²	P. value
Premature rapture of membrane	Yes	0 (.0%)	8 (13.8%)	FE 0.318	0.573
	No	2 (100.0%)	50 (86.2%)		
Maternal fever	Yes	0 (.0%)	3 (5.2%)	FE 0.109	0.741
	No	2 (100.0%)	55 (94.8%)		
Prolonged 2nd stage of labor	Yes	0 (.0%)	4 (6.9%)	FE 0.148	0.701
	No	2 (100.0%)	54 (93.1%)		

Table (5): Comparison between abnormal C.U.S. and normal C.U.S. groups regarding postnatal history

		Abnormal C.U.S	Normal C.U.S	X ²	P. value
Apgar score at 1 m	Mean ± SD	5.50 ± 0.71	5.48 ± 0.50	t. test .047	0.963
Apgar score at 5 m	Mean ± SD	8.50 ± 0.71	7.95 ± 0.87	t. test .887	0.379
Respiratory distress	Yes	No. (%) 2 (100.0%)	28 (48.3%)	FE 2.069	0.150
	No	No. (%) 0 (.0%)	30 (51.7%)		
Cyanosis	Yes	No. (%) 0 (.0%)	2 (3.4%)	FE 0.071	0.789
	No	No. (%) 2 (100.0%)	56 (96.6%)		
Jaundice	Yes	No. (%) 0 (.0%)	17 (29.3%)	FE 0.818	0.366
	No	No. (%) 2 (100.0%)	41 (70.7%)		

Table (6): Clinical examination among abnormal C.U.S. versus normal C.U.S. groups

		Abnormal C.U.S No (%)	Normal C.U.S No (%)	X ²	P. value
Clinical signs of sepsis	Yes	1 (50.0%)	35 (60.3%)	.086	0.769
	No	1 (50.0%)	23 (39.7%)		
Hypoxia	Yes	2 (100%)	5 (8.6%)	FE 15.665	0.000
	No	0 (0%)	53 (91.4%)		
Increased oxygen requirement	Yes	2 (100%)	28 (48.3%)	FE 2.069	0.150
	No	0 (0%)	30 (51.7%)		
Signs of respiratory distress	Yes	2 (100%)	28 (48.3%)	FE 2.069	0.150
	No	0 (0%)	30 (51.7%)		
Hypotention, shock	No	2 (100%)	58 (100%)	0	1
Tachycardia	Yes	2 (100%)	28 (48.3%)	FE 2.069	0.150
	No	0 (0%)	30 (51.7%)		
Gastrointestinal manifestations	Yes	0 (0%)	5 (8.6%)	FE .188	0.665
	No	2 (100%)	53 (91.4%)		
Hepatomegaly	Yes	0 (0%)	2 (3.4%)	FE 0.071	0.789
	No	2 (100%)	56 (96.6%)		
Jaundice	Yes	0 (0%)	17 (29.3%)	FE .818	0.366
	No	2 (100%)	41 (70.7%)		
Neurological manifestations (irritability & hypotonia)	Yes	2 (100%)	3 (5.17%)	FE 0.109	0.741
	No	0 (0%)	55 (94.8%)		

DISCUSSION

Neurosonography is an excellent tool for the primary neonatal brain screening. It can be easily performed at the bedside with a portable ultrasound machine. It is also cheap, radiation free and its safety is well documented in infants ⁽⁶⁾. Cranial US is highly accurate for detecting intracranial hemorrhage, hydrocephalus, and cystic periventricular leukomalacia ⁽⁷⁾. The survival of the high-risk neonate has greatly improved necessitating early detection of neurological abnormalities ⁽⁸⁾. Transcranial ultrasound examination of newborn is typically performed with a sector transducer using 5 MHZ or higher frequency. Standard images are obtained through two acoustic windows: anterior fontanelle (AF) and posterior fontanelle (PF) ⁽⁴⁾.

This study included 60 term high-risk neonates, 39 (65%) were males and 21 (35%) were females. their gestational age ranged from 37 to 39 weeks (the mean was 37.78 ± 0.83 w), their birth weight ranged from 2.9 to 4 kg (the mean was 3.16 ± 0.24 kg). CUS abnormalities were found in 2 (3.3%) cases. The 1st case was diagnosed as pneumonia and neonatal sepsis and the 2nd case had HIE and congenital malformation.

Regarding mode of delivery in our study, 43 cases were delivered by C.S and 17 cases by normal vaginal delivery, 2 of them had US abnormalities. **Kawagoe** ⁽⁹⁾ reported that no difference in neonatal and maternal outcomes in preterm regarding the mode of delivery. However, **Koksal** ⁽¹⁰⁾ reported that CS was significant protective factor against intraventricular hemorrhage (IVH). Therefore, the effect of mode of delivery is controversial.

Our study showed that 8 (13.3%) of neonates were born from mothers with premature rupture of membranes (PROM). We revealed that there was no significant difference between abnormal CUS and normal CUS groups regarding perinatal risk factors (obstructed labor, and PROM. **Abdelhamid et al.** ⁽¹¹⁾ study on ultrasound findings as screening methods for cases admitted in NICU, Cairo University reported that 26% of neonates born of mothers with PROM had abnormal CUS findings. **Zaidi and Shankar** ⁽¹²⁾ study on cranial ultrasound in high-risk neonates found that 15.4% of neonates, which had CUS abnormalities, their mothers had PROM.

Sepsis (60%) was the most common presentation among our patients, respiratory distress (50%), neurological manifestation (50%), tachycardia (50%), jaundice (28.3%) and hypoxia (11%). **Zaidi and Shankar** ⁽¹²⁾ study reported that the main complaint was respiratory distress (46%). While, **Elgebaly et al.** ⁽¹³⁾ reported that the main complaint

was convulsions in 37%, respiratory distress in 26%, bleeding tendency in 11%, apnea in 16%, altered consciousness level 10% and pallor in 8% of cases.

In our study, 3 neonates were on mechanical ventilation, two of them (66.6%) showed abnormal cranial US findings, while **Elgebaly et al.** ⁽¹³⁾ found that 53.8% of neonates who were on mechanical ventilation, showed abnormal findings in US. In addition, **Abdelhamid et al.** ⁽¹¹⁾ found that 54% of neonates on mechanical ventilation, showed abnormal CUS findings. **Khodapanahandeh et al.** ⁽¹⁴⁾ reported that mechanical ventilation was significantly associated with IVH. All cases of our study were full-term, this explain why the number of cases that need mechanical ventilation were less than other studies that had preterm cases.

The cranial ultrasound findings in this study were normal in 58 cases (96.7%) and abnormal only in 2 cases (3.3%). We included only high-risk full-term neonates and excluded preterm neonates. The initial cranial ultrasound abnormalities found in our study were Dandy Walker malformation (1case) and cystic leukomalacia associated with communicating hydrocephalus (1case). No IVH and no brain edema. **Elgebaly et al.** ⁽¹³⁾ found that abnormal ultrasound findings were present in 61% of cases (23% full term cases) and normal in 39%. **Abdelhamid et al.** ⁽¹¹⁾ found that cranial ultrasound findings in their study were abnormal in 35% of cases and normal in 65% of cases. **Zaidi and Shankar** ⁽¹²⁾ found that the incidence of cranial ultrasound abnormal findings of all studied neonates was 26%. This difference may be due to selection of only full-term cases in our study.

We found one case of Dandy walker malformation in our study. **Danhert** ⁽¹⁵⁾ said that in Dandy walker malformation, transcranial ultrasound gives similar results to that of CT.

In **Elgebaly et al.** ⁽¹³⁾, **Mulindwa et al.** ⁽¹⁶⁾, **Fariba et al.** ⁽¹⁷⁾, **Mahmoud et al.** ⁽¹⁸⁾ and **Deng et al.** ⁽¹⁹⁾ studies, there was significant association and significant inverse correlation between gestational age in preterm groups and ultrasound findings as decrease gestational age increases ultrasound findings. Other several studies revealed that increase in gestational age is statistically protective against IVH ^(14, 10). This is in agreement with our study that reported no IVH in all full term cases.

Guan et al. ⁽²⁰⁾ reported that ultrasound findings such as the size of lateral ventricles, altered brain parenchymal echogenicity and cerebral blood flow parameters are important for the early diagnosis and prognosis of HIE.

Kinkar and Dhanawade ⁽²¹⁾ reported that respiratory distress and birth asphyxia had significant

association with abnormal ultrasound, so early cranial ultrasound could help in early intervention. Cranial ultrasonography is the best point of care neuroimaging method available for high-risk neonates. It is important investigatory method in NICU and effectively demonstrates morphology of cerebral damage⁽²²⁾.

CONCLUSION

Although we found only 2 cases (3.3%) with abnormal CUS among the studied high-risk full-term neonates, cranial ultrasound is still an excellent noninvasive tool for neonatal brain imaging especially in those presented with neurological manifestations and hypoxia. It enables screening and follow up of the brain by serial imaging. Ultrasound scanning has many advantages as portability, lack of ionizing radiation, lower cost, easily to be repeated and no need for sedation.

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