# Assessment of Fungal Infection of Peritoneal Fluid in Cirrhotic Ascites

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Key words: fungal infection, spontaneous fungal peritonitis **Background and study aim:** Spontaneous peritonitis (SP) is the most important infectious complication of cirrhotic patients. The aim of this study is to evaluate the occurrence of fungal infection of peritoneal fluid in cirrhotic patients with ascites.

Patients and **Methods:** Between September 2016 and April 2017, 50 Patients were classified into (SP group) and (non SP group) all patients were subjected to history taking, clinical examination, complete blood count, ESR,CRP, liver profile, kidney function tests, serological tests for viral hepatitis markers, abdominal ultrasonography and diagnostic abdominal paracentesis. The ascitic fluid was subjected to the following: microscobic examination, biochemical examination and microbiological cultures (bacterial and fungal).

**Results:** MELD score was higher in SP group with Mean  $\pm$  SD 23.08  $\pm$  3.85. Analysis of the results showed that abdominal pain, hepatic encephalopathy

#### **INTRODUCTION**

Spontaneous peritonitis, bacterial (SBP), is a common and life-threatening complication in patients with liver cirrhosis and ascites, with a mortality of 10 to 50%. It should be suspected in patients with ascites who develop fever, abdominal pain, ileus, and worsening hepatic encephalopathy, though 13% of patients may lack any signs or symptoms of SBP at the time of presentation [1]. The diagnosis is made if the polymorphonuclear cell (PMN) count in the ascites fluid is

and melena were the only significant clinical presentations (chief complaint) in patients with SP compared to non SP group (52%, 40% and 8% respectively). As regard risk factors of ascitic fluid infection, 40% had previous episodes of SP. In SP patients, mean PMN count in ascitic fluid was  $675.20 \pm 420.02$  at the time of diagnosis. Ascitic fluid bacterial culture was positive in only 40% of SP patients. Ascitic fluid fungal culture was positive in only 2 patient (8%) of SP group and negative in all patients of non SP group. The isolated organism was Candida albicans. These 2 patient had proven spontaneous fungal peritonitis owing to the presence of Candida albicans as evidenced by clinical picture of spontaneous peritonitis, high ascitic fluid PMN count and.

**Conclusion:** Spontaneous fungal peritonitis is less common than SBP but usually presented as a severe disease, so, clinical prediction and early detection helps in proper treatment and better prognosis.

 $\geq$ 250 cells/mm3, culture results are positive and secondary causes of peritonitis are excluded [2].

The impact of fungal infections may be underestimated in clinical routine since the rate of sepsis was higher in patients with fungascites than in those with bacterascites [3].

The aim of this work is to evaluate the occurrence of fungal infection of peritoneal fluid in cirrhotic patients with ascites.

# PATIENTS AND METHODS

This study was conducted on 50 patients with decompensated chronic liver diseases, child B and C cirrhosis with ascites admitted to Al-Shabrawishi hospital

#### Patients were classified into two groups:

- Group I: the first 25 consecutive patients with ascitic fluid polymorphonuclear leucocyte (PMN) count  $\geq 250$  cell/ mm<sup>3</sup>.
- **Group II:** Included the first 25 consecutive patients with ascitic fluid polymorphnuclear leucocyte (PMN) count < 250 cell /mm<sup>3</sup>.

# All patients were subjected to the following:

I- history taking with particular attention to: Manifestations suggesting SP and history of previous attack of SBP, refractory ascites and drug history.

#### II- Full general and local examination:

Looking for signs of liver disease such as palmar erythema, spider naevi, liver size, spleen size, presence of ascites, jaundice and encephalopathy. Signs of SP such as fever, hypotension, tachycardia and abdominal pain.

#### **III-** Laboratory investigations:

- 1- Complete blood picture, CRP and ESR.
- **2-** Renal function test.
- **3-** Liver profile :
- 4- Serological tests for viral markers:
  - HBsAg
  - HCV Ab

By using enzyme-linked immunosorbent assay technique (ELISA).

#### IV- Abdominal ultrasonography.

### V- Diagnostic abdominal paracentesis:

Thirty ml of the ascitic fluid were aspirated from each patient. The technique of paracentesis was explained to the patient and it was done under aseptic precautions using a wide bore needle. The needle was introduced in the right lower quadrant while the patient lies in supine position. "Z Tracking" technique was used to avoid post paracentesis leaks [4].

This technique is accomplished by displacing (with one gloved hand) the skin approximately 2 cm downward and then slowly inserting the paracentesis needle mounted on the syringe held in the other hand. The skin is not released until the needle has penetrated the peritoneum and fluid flows. They were subjected to the following:

#### (A) Physical examination:

- Color.

- Aspect.

#### **(B)** Biochemical tests including:

- Total protein content (Human).
- LDH (Human)
- Glucose (Spin react)

#### (C) Total and differential WBCs counting.

#### (D) Direct microscopic examination:

Ascitic fluid was examined by direct microscopic examination for the presence of Candida Pseudohyphae or Hyphae, as well as for the presence of Aspergillus hyphae. Ascitic Smear was stained by Gram stain to demonstrate Candida species well. A drop of ascitic centrifugal sediment was added to the India ink on a slide, mixed to demonstrate Cryptococcus neoformans capsules.

#### (E) Microbiological cultures:

- 1- Cultures were done to detect any infecting organisms. Culture on MacConkey, blood and Sabouraud's dextrose agar plates without primary enrichment by direct culture method.
- 2- Ascitic fluid inoculation in 3 vials (Aerobic, Anaerobic and Mycosis Media bottles) of BACTEC 9050 blood culture system

#### Identification of bacterial organisms:

Microbact (oxoid): gram –negative identification system is used for identification of aerobic and facultatively anaerobic gram negative bacteria (12A for enterobacteriaceae and miscellaneous gram negative bacilli (MGNB).

#### Identification of fungal organisms:

#### I- Colony Morphology on Sabouraud's Dextrose agar and Microscopic examination: Candida species:

The Colonies are whitish or creamy in color, smooth and glistening. Candida also can be grown on blood agar. Diagnosis depends on isolation of the fungus in culture with demonstration of characteristic budding yeasts, hyphae or pseudohyphae with branching and constriction at the septa and production of blastospores near the septa. A partial exception of this rule is Candida glabrata which doesn't produce hyphae or pseudohyphae.

#### **II- Identification of Candida species:**

Colonies grown on Sabouraud's dextrose agar were stained with Gram stain and microscopically examined. Yeast colonies were subjected to: **CHROM agar medium:** subculture on CHROM agar medium at c37°C and examined after 24-48 hours, then colony color was examined and different species of yeast were identified according to the range of color.

Yeast Species	Range of colony colours
C. albicans	Green colonies
C. glabrata	Dark pink colonies
C. Krusi	Pale pink, purple (large rough, spreading colonies with pale edges)
C. parapsilosis	White pale pink
C. tropicalis	Dark blue to blue gray with purple halo surrounding the colonies in agar

 Table (1): Range of colony colors on CHROM agar Candida medium

Germ tube test: to differentiate between Candida albicans (positive) and non-albicans species (negative).

The data collected were tabulated &analyzed by SPSS statistical package version 12 IBM compatible computer.

## RESULTS

The results of this study were tabulated and statistically analyzed in tables and figures.

Table (2): Comparison	between non SP and SP	group regarding complaint

Compleint	Non SP	SP	Chi-square test	
Complaint	No.=25	No.=25	X²/t*	<b>P-value</b>
Abdominal pain DCL	1 (4.0%) 21 (84.0%)	13 (52.0%) 10 (40.0%)		0.000
Dyspnea	3 (12.0%)	0 (0.0%)	19.189	
Melena	0 (0.0%)	2 (8.0%)		

Dcl: Disturbed Conscious Level

This table shows that: There was highly statistically significant difference found between non SP group and SP group regarding complaint as 52% of SP group had abdominal pain.

Survival rate		Non SBP		SBP		Chi-square test	
		No.	%	No.	%	$\mathbf{X}^2$	<b>P-value</b>
3 month	No	3	12.0%	14	56.0%	10.784	0.001
5 11101101	Yes	22	88.0%	11	44.0%	10.764	0.001

 Table (3): Comparison between non SP and SP group regarding 3 months survival rate.

This table shows: There was highly statistically significant difference between the two studied group regarding survival rate.

Ascitic fluid		Non SP	SP	Chi-square test		
		No.=25	No.=25	t/X <sup>2</sup> *	<b>P-value</b>	
Calar	Reddish	0 (0.0%)	3 (12.0%)	3.191*	0.074	
Color	Yellow	25 (100.0%)	22 (88.0%)	5.191*	0.074	
Acrest	Clear	25 (100.0%)	2 (8.0%)	42.593*	0.000	
Aspect	Turbid	0 (0.0%)	23 (92.0%)	42.395*	0.000	
TLC	Mean±SD	$265.60\pm68.68$	$1101.60 \pm 536.87$	-7.723	0.000	
ILC	Range	120 - 400	300 - 2000	-1.125	0.000	
PMN s	Mean±SD	$120.52 \pm 60.71$	$675.20 \pm 420.02$	6 525	0.000	
PIVIIN S	Range	13 - 200	150 - 1900	-6.535		
Iht	Mean±SD	$144.28\pm87.74$	$426.40 \pm 265.80$	-5.040	0.000	
Lymphocytes	Range	60 - 370	40 - 1150	-3.040		
Total Protein	Mean±SD	$1.89\pm0.21$	$0.89\pm0.33$	12.739	0.000	
Total Protein	Range	1.5 - 2.4	0.4 - 1.8	12.739		
Glucose	Mean±SD	$119.44 \pm 13.68$	$134.68 \pm 53.71$	1 275	0.176	
Glucose	Range	89 - 148	88 - 352	-1.375	0.170	
LDH	Mean±SD	$161.16 \pm 15.17$	$211.80\pm54.52$	4 474	0.000	
LDH	Range	130 - 188	134 - 392	-4.474	0.000	
Bacterial Culture	No	25 (100.0%)	15 (60.0%)		0.002	
	E coli	0 (0.0%)	4 (16.0%)	12.500		
	Klebsiella	0 (0.0%)	6 (24.0%)			
F 101	Candida albicans	0 (0.0%)	2 (8.0%)	2 0.02*	0.140	
Fungal Culture	No	25 (100.0%)	23 (92.0%)	2.083*	0.149	

Table (4): Comparison between non SP and SP group regarding ascitic fluid analysis and culture.

\*:Chi-square test

This table shows:

- There was highly statistically significant difference between 2 groups regarding ascitic fluid aspect, total leucocytic count, PMNs, lymphocytes, LDH and total protein in ascitic fluid.
- There was highly statistically significant difference between 2 groups regarding bacterial culture of ascitic fluid.

LABs		Negative fungal culture	Candida albicans	Independent t- test		
		No.=23	No.=2	t/Z*	P-value	
ALT	Median (IQR)	33 (26 - 75)	$\frac{33 (28 - 37)}{28.00 - 37.00}$	-0.301*	0.763	
	Range	7.00 - 210.00				
AST	Median(IQR)	55 (42 - 96)	82 (80 - 83)	-0.902*	0.367	
	Range	8.00 - 280.00	80.00 - 83.00	<b> </b>		
Total bilirubin	Median(IQR)	2(2-3)	9(2-16)	-1.409*	0.159	
	Range	1.00 - 8.00	2.00 - 16.00			
Direct bilirubin	Median(IQR)	1(1-2)	5 (1 – 9)	-1.157*	0.247	
	Range	0.00 - 5.00	1.00 - 9.00			
Total protein	Mean±SD	5.84 ± 0.40	$5.50 \pm 0.00$	1.192	0.246	
F	Range	5.00 - 6.00	6.00 - 6.00			
Albumin	Mean±SD	$2.32\pm0.38$	$2.50\pm0.00$	-0.667	0.511	
mounni	Range	1.80 - 3.00	2.50 - 2.50	0.007	0.011	
UREA	Mean±SD	$71.22 \pm 28.64$	$105.00 \pm 22.63$	-1.613	0.120	
UKL/Y	Range	30.00 - 133.00	89.00 - 121.00	1.015	0.120	
Creatinine	Mean±SD	$1.87\pm0.91$	$2.90\pm2.55$	-1.341	0.193	
Creatinine	Range	1.10 - 4.60	1.10 - 4.70	-1.541	0.175	
Sodium (Na)	Mean±SD	$126.30 \pm 3.91$	$124.00\pm5.66$	0.781	0.443	
Soutuiti (INA)	Range	120.00 - 138.00	120.00 - 128.00	0.781	0.445	
Potassium (K)	Mean±SD	$4.55 \pm 1.00$	$4.80\pm0.71$	-0.339	0.738	
	Range	3.10 - 7.50	4.30 - 5.30	0.000	01100	
Total	Median (IQR)	6600 (4900 - 9600)	8850 (620 - 11500)			
Leucocytic count	Range	3400.00 - 18500.00	6200.00 - 11500.00	-0.701*	0.483	
Hamaalahin	Mean±SD	$8.45\pm0.64$	9.45±1.73	0.802	0.430	
Hemoglobin	Range	8.00 - 9.00	6.00-14.00	0.803		
District	Mean±SD	$108500.00 \pm 24748.74$	94869.57±59536.32	0.216	0.755	
Platelets	Range	91000.00 - 126000.00	41000.00-337000.00	-0.316	0.755	
	Mean±SD	$2.00 \pm 0.71$	$1.52\pm0.30$	1 000	0.050	
INR	Range	1.50 - 2.50	1.00 - 2.30	-1.990	0.059	
PC	Mean±SD	$38.50 \pm 9.19$	$50.70 \pm 17.78$	0.946	0.354	
rC	Range	32.00 - 45.00	24.00 - 100.00	0.940		
Prothrombin	Mean±SD	$18.50 \pm 2.12$	$17.95\pm3.23$	0.024	0.817	
time	Range	17.00 - 20.00	13.00 - 27.00	-0.234		
ESR	Median (IQR)	72 (36 – 106)	47 (37 – 56)	0.750*	0.452	
	Range	37.00 - 56.00	7.00 - 136.00	-0.752*		
CDD	Mean±SD	$76.50 \pm 30.41$	$76.87\pm36.46$			
CRP	Range	55.00 - 98.00	24.00 - 158.00	0.014	0.989	
HCV AB	Yes	23 (100.0%)	2 (100.0%)	NA	NA	
HB sAg	No			NA	NA	

Table (5): The correlation between candidal infection and laboratory results

\*:Mann Whiteny test

This table shows Non-statistically significant correlation between the fungal infection and laboratory investigation.

		Non SBP	SBP	Chi-squa	ire test	
		No.=25	No.=25	X <sup>2</sup> /t* P-val		
CHILD	В	10 (40.0%)	10 (40.0%)	0.000	1.000	
	С	15 (60.0%)	15 (60.0%)	0.000		
MELD	Mean±SD	$20.80\pm5.40$	$23.08\pm3.85$	-1.719*	0.092	
	Range	12 - 31	17 – 36	-1./19*		

Table (6): Comparison between non SP and SP group regarding CHILD and MELD score

This table shows Non-statistically significant difference between the two studied groups regarding CHILD and MELD score

# **Report of the first case of spontaneous fungal peritonitis:**

A 52-year-old female was admitted to the hospital complaining of progressive weakness, increased abdominal distension, abdominal pain, nausea, vomiting, diarrhea and difficult breath. The patient was hospitalized 1 month prior to this admission for hepatic encephalopathy. During that hospitalization, she received anti-coma measures. Her past medical history was significant for end-stage liver disease secondary to hepatitis C induced cirrhosis. Her HIV status was known to be negative and she had no past history of corticosteroid or immunosuppressive therapy. She had a past history of recent antibiotic use, ceftriaxone, and previous attack of SBP with no prophylaxis for it. Also, she had a past history of refractory ascites and regular tapping. On physical examination, the patient was icteric and febrile (39°C) with normal other vital signs. Further examination demonstrated scleral icterus, lower limb edema and flapping tremors. Abdominal examination revealed tense ascites with splenomegaly but no signs of guarding or rebound tenderness.

The laboratory data at the time of initial evaluation were as follows: total leukocyte count 11,500/ml<sup>3</sup> with 75% neutrophils; haemoglobin 8 g/dl; platelets count 126,500/ml<sup>3</sup>; prothrombin time 20 seconds; ESR (1st hour) 99 mm; CRP; serum ALT 137 U/L; serum AST 183 U/L alkaline phosphatase 119 U/L; total bilirubin 15.5 mg/dL; direct bilirubin 8.9; albumin 1.9 g/dL; fasting blood sugar 90 mg/dL and creatinine 3.2 mg/dL; serum sodium 116 mEq/ L. Hepatitis C antibody was positive and hepatitis B surface antigen was negative.

Diagnostic and therapeutic abdominal paracentesis were done. Ascitic fluid was turbid and yellow. Ascitic fluid analysis revealed leukocytic count of 900 cells/ml<sup>3</sup> and polymorphonuclear neutrophil count of 350 cells/ml<sup>3</sup>; total protein was 2.6 g/dL; LDH was 251 u/l and glucose was 131

mg/dL. She was diagnosed as spontaneous bacterial peritonitis and she was started cefotaxime 2 gm/12 hours till the culture results appeared. Ascitic fluid bacterial culture was negative. Seven days later, the patients ascitic fluid fungal culture grew Candida albicans.

Abdominal ultrasound revealed shrunken cirrhotic liver with dilated portal vein, splenomegaly, normal kidneys and massive ascites. Chest radiograph showed mild right pleural effusion.

The patient was switched to fluconazole 6 mg/kg intravenously after culture results were obtained. Unluckily, on the 8th day, she died following a massive attack of hematemesis.

# Report of the second case of spontaneous fungal peritonitis:

A 76-years-old male was admitted to the hospital complaining of progressive weakness, increased abdominal distension, abdominal pain, nausea, hematemesis, melena, and difficult breath. The patient was hospitalized 2 months prior to this admission for hepatic encephalopathy. During that hospitalization, he received anti-coma measures. His past medical history was significant for end-stage liver disease secondary to hepatitis C induced cirrhosis. His HIV status was known to be negative and he had no past history of corticosteroid or immunosuppressive therapy. He had a past history of recent antibiotic use; ceftriaxone, and no previous attacks of SBP with no prophylaxis for it. Also, he had a past history of refractory ascites, regular tapping, DM, hypertension and renal impairment. On physical examination, the patient was febrile (39°C) with normal other vital signs. Further examination demonstrated lower limb edema and flapping tremors. Abdominal examination revealed moderate ascites with splenomegaly but no signs of guarding or rebound tenderness.

The laboratory data at the time of initial evaluation were as follows: total leukocyte count 6200 cell/ml<sup>3</sup> with 75% neutrophils; hemoglobin

8.9 g/dl; platelets count 91,000/ml<sup>3</sup>; prothrombin time 17 seconds; ESR (1st hour) 102; CRP; serum ALT 28 U/L; serum AST 80 U/L alkaline phosphatase 107 U/L; total bilirubin 2.2 mg/dL; direct bilirubin 1.1; albumin 2.5 g/dL; fasting blood sugar 167 mg/dL and creatinine 4.7 mg/dL; serum sodium 128 mEq/ L. Hepatitis C antibody was positive and hepatitis B surface antigen was negative.

Diagnostic and therapeutic abdominal paracentesis were done. Ascitic fluid was turbid and yellow. Ascitic fluid analysis revealed leukocytic count of 1500 cells/ml<sup>3</sup>; polymorphonuclear neutrophil count of 900 cells/ml<sup>3</sup> and lymphocytes 600 cells/ml<sup>3</sup>; total protein was 2.7 g/dL; LDH was 210 u/l and glucose was 167 mg /dL. He was diagnosed as spontaneous bacterial peritonitis and he was started cefotaxime 2 gm/12 hours till the culture results appeared. Ascitic fluid bacterial culture was negative. Five days later, the patients ascitic fluid fungal culture grew Candida albicans.

Abdominal ultrasound revealed cirrhotic liver, splenomegaly, grade I nephropathy and moderate ascites. Chest radiograph showed mild right pleural effusion. The patient was switched to fluconazole 6 mg/kg intravenously after culture results were obtained. Unluckily, on the 6th day, he died after cardio-pulmonary arrest.

## DISCUSSION

The relationship between immune dysfunction and infection in cirrhosis, known as cirrhosis-associated immune dysfunction syndrome (CAIDS), has been investigated extensively. This syndrome is a multifactorial state of dysimmunoregulation, which is comprised of a reduction in serum bactericidal activity, opsonic activity, and complement and fibronectin levels [5].

Spontaneous peritonitis is a common condition. It is usually seen in patients with end-stage liver disease and ascites. The most common underlying cause for spontaneous peritonitis is bacterial infection; however, very rarely fungal infections can be the causative agents [6].

Infective peritonitis is categorized into primary, secondary, or tertiary according to pathologic etiology. Primary peritonitis also known as spontaneous (bacterial) peritonitis, typically occurs in the setting of ascites without an obvious source of infection. In this condition, it is theorized that organisms seed the peritoneum through a complex process involving intestinal bacterial overgrowth, translocation of bacteria across the bowel wall, and impaired host defenses. Secondary peritonitis results from a breach in the integrity of the gastrointestinal or genitourinary tract and may involve bacterial or fungal organisms. Tertiary peritonitis occurs after treatment of secondary peritonitis has failed, and signs and symptoms of peritonitis persist [7].

Fungal infection is usually overlooked, with a delay in diagnosis, or passes without being noticed. This low index of suspicion might be due to a lack of signs of infection such as fever, or to the absence of the classic picture of peritonitis. Sometimes, clinical presentations of spontaneous fungal peritonitis are largely indistinguishable from those of spontaneous bacterial peritonitis. Further factors contributing to fungal cultures not being performed routinely are the long period required for fungal growth and suboptimal microscopic evaluations and culture **[8]**.

This study was conducted on 50 patients with decompensated chronic liver disease, admitted to Al-Shabrawishi hospital. Their ages ranged from 36 to 76 years with a mean age of  $60.96\pm9.08$ . Twenty-nine (58%) of them were males and twenty-one (42%) were females.

These patients were classified into two groups:

- **Group I:** Included 25 patients with cirrhotic ascites had spontaneous peritonitis (SP group).
- **Group II:** Included 25 patients with cirrhotic ascites had no spontaneous peritonitis (non SP group).

Spontaneous peritonitis is diagnosed when PMN count in ascitic fluid  $>250/ml^3$  in the absence of data compatible with secondary peritonitis [9].

The present study revealed that, SP was more in males (56%) than females (44%) and it was not influenced by age. This result was in agreement with the study done in Saudi Arabian patients with non-alcoholic liver cirrhosis and they stated that SBP was frequent in males and was not affected by the age [10].

Analysis of the results showed that abdominal pain, hepatic encephalopathy and melena were the only significant clinical presentations (chief complaint) in patients with SP compared to non SP group (52%, 40% and 8% respectively). These results are not in cop with a study which stated that melena was 60% from clinical presentation [11], this may be due to the wide spread prophylactic band ligation of esophageal varices nowadays.

Fever was detected in 76% of SP group and this was highly statistically significant as a symptom suggestive of SP. One study reported that, fever was detected in 66% of SBP cases [12], which was different to the result of the present study.

Abdominal pain was detected in 52% of SP group. This was lower than the results elicited by a study which stated that, abdominal pain was detected in 75% of SP cases [11]. This difference could be explained by a study which summarized that, the clinical picture of SP is extremely broad and very variable and a very high degree of clinical suspicion is required for diagnosis [13].

Diarrhea was detected in 12% of SP group and 36% of non SP group and this was statistically significant. The low frequency of diarrhea is due to the fact that most hepatic patients suffer from constipation rather than diarrhea.

Regarding liver function tests, the total plasma proteins were significantly lower in SP than non SP patients. ESR, first-hour values, was significantly higher in SP group than non SP group. CRP values also were significantly higher in SP group than non SP group with a median (IQR): 76. Otherwise, no statistically significant differences were recorded in the other parameters of the liver profile, prothrombin time and kidney functions.

One study found no significant difference in liver biochemistry, which is similar to the result of the present study [11]. Ascitic fluid WBCs, PMN count, lymphocytes were significantly higher in SP group than non SP group. One study stated that, although ascitic total WBC count increases in SBP cases, it suffers from low specificity because a large proportion of patients with sterile ascites have increased white blood cell counts. Also diuretic therapy has been shown to increase the total white blood cell count but does not alter the PMN count [14].

LDH was significantly higher in SP group than non SP group especially those associated with malignancy with Mean  $\pm$ SD: 211.80  $\pm$  54.52. Total proteins in ascitic fluid were significantly lower in SP group.

Ascitic fluid bacterial culture was positive in 10 cases (40%) of SP group and negative in all cases of non SP group and was highly significant. The isolated organisms in SP group

were E. coli in 4 cases (16%), Klebsiella in 6 cases (24%).

One study detected positive ascitic fluid bacterial culture in 41.7% of cases of SP which was close to the result of the present study [15]. In SP group, the isolated organisms were monomicrobial, gram negative aerobic pathogens. This was in agreement with a study which stated that, single gram negative organisms (especially E. coli and Klebsiella) cause most episodes of SBP [12].

Culture negative neutrocytic ascites (CNNA) which is considered as a variant of SBP was detected in 55% of SP cases in this study. Culture negativity may be due to low concentration of bacteria in ascitic fluid. This was in agreement with a study which stated that, in spite of using good culture techniques; cultures are still negative in approximately 30-50% of patients with an increased ascites PMN count [16].

Ascitic fluid fungal culture was positive in only two cases of SP group and negative in all cases of non SP group. The isolated organism was *Candida albicans*. The ascitic fluid bacterial culture of the two cases of spontaneous fungal peritonitis was negative (culture negative neutrocytic ascites).

History of therapeutic abdominal paracentesis was detected in 40% of patients of SP group with statistical significant difference when compared to the non SP group in which 12% of patients had a similar history. In agreement with our study another study reported that, therapeutic paracentesis does not increase the early or the long term risk of development of SBP in cirrhotic patients with ascites [17]. One study stated that, needle induced ascitic fluid infection do not occur unless the bowel is penetrated by the paracentesis needle, that occurs in only one in 1000 taps [18].

As regard gastrointestinal bleeding, it was found that, 20% of SP patients had an attack hematemsis and melena before the episode of SP with no significant difference from non SP group (24%).

Our results are in agreement with the study which stated that spontaneous fungal peritonitis associated with cirrhosis to be a rare process, as evidenced by the small number of cases reported in the literature, this low frequency of fungal infection in cirrhotic patients may be due to the lack of prolonged neutropenia and the presence of adequate numbers of functional neutrophils required for normal fungal host defense in the circulation [19]. We found no significant differences between patients with and without fungal infection as regards the clinical judgment, which is in agreement with one study [8].

In this study, increased ascitic fluid lymphocytes were seen among patients with fungal infections. This is in agreement with one study **[20]** which added that lymphocytes predominance may be a clue to non-bacterial causes, with consideration of a possible spontaneous fungal peritonitis.

Also, we showed that the two cases of spontaneous fungal peritonitis had a clinical picture of spontaneous bacterial peritonitis but with neutrocytic negative bacterial culture ascites, supporting that this variant of spontaneous bacterial peritonitis is also a feature of fungal peritonitis.

We found no significant correlation between the fungal infection of ascitic fluid and laboratory investigation, ascitic fluid parameters, MELD score and prophylactic antibiotics. This was in contrast with a study which reported that the use of prophylactic antibiotics, low ascitic fluid protein (<1 g/dl), a higher MELD score were found to be independently associated with fungal infections [9]. Moreover, patients with multiple risk factors were more predisposed to such infections. It has been postulated that these prophylactic antibiotics suppress or change the normal intestinal flora leading to fungal overgrowth; these organisms then migrate across the intestinal wall to reach the peritoneal cavity and cause fungal peritonitis and dissemination. This may be explained by the few number of SFP cases.

The 3-months survival rate was lower in the SP group especially SFP cases than NON SP group (44%, 88%) respectively. This is in agreement with the study which showed a higher mortality rate in cirrhotic patients who developed spontaneous fungal peritonitis [21].

Advanced hepatic cirrhosis, disseminated fungal infection, and delayed diagnosis may contribute to these high mortality rates. Thus, there should be an increased awareness of fungal infection in patients with advanced cirrhosis, as delayed diagnosis and treatment may lead to serious consequences [9]. The small number of patients in this series is one of the limitations of our study. Further studies with larger populations are needed on fungal infections, with special attention given to high-risk patients with ESLD.

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#### Conflicts of interest: None

**Ethical approval:** The protocol of the study was approved by the ethical committee of Faculty of Medicine, Benha University. Informed consents were obtained from all patients.

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