

A Systematic Review and Meta-Analysis of Treatment of Infected Tibial non Union

Gamal A. Hosny, Mohamed A. Moselhy, Adel S. ElHamady, Peter M. Zaky Abadir

Department of orthopedic surgery, Benha faculty of medicine, Banha University, Egypt.

Correspondence to: Peter M. Zaky Abadir, Department of orthopedic surgery, Benha faculty of medicine, Banha University, Egypt

Email:

peter.abadir2018@gmail.com

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Abstract:

The aim of this work is to systematically review and make metaanalysis for treatment of the infected non-union of the tibia. A systematic review was completed, Study objective and comprehensive literature search were performed from the SCI, PubMed, Cochrane Library; and Embase between January 2000 and Feb. 2019. Some major data were statistically analyzed, including number of patients, mean age, external fixation time, Searches will be performed in the MEDLINE, Life Science Citations, PubMed, GoogleScholar and EMBASE Biochemical (<http://www.embase.com>) databases will be accessed to search studies with no limits set during research, Terms aimed at capturing the target diagnosis, such as “infected tibial nonunion” and “fixation” were combined using the Boolean operator “or” and MeSH terms. 318 abstracts were identified during the search, 10 were excluded, 308 full articles were fully reviewed, 295 articles were excluded, 13 studied matched the inclusion criteria and were included in this review, 2 additional articles were identified during searching, a total 652 patients of 15 studies were presented in this systemic review. It is concluded that radical debridment of the infected non union is mandatory , a satisfactory bone results and functional results were obtained. On the other hand Ilizaov technique proved as the most useful method in the treatment of the infected non-union of the tibia.

Keywords: tibial, nonunion, infected, Ilizarov.

Introduction:

Tibial shaft non-union is considered the commonest type of long bone non-union, the aetiological factors are due to high incidence of severe open fractures, high energy trauma associated with vascular and soft tissue compromise, infection and bone devitalization and segmental bone loss. (1-5) In this review, analysis of the different methods for the treatment of the infected non-union of the tibia and the results to find the most successful technique with a satisfactory outcome.

Subjects and methods

Type of study is asystemic review and meta analysis. Study objective and comprehensive literature search were performed from the SCI, PubMed, Cochrane Library; and Embase between January 2000 and Feb. 2019. Some major data were statistically analysed, including number of patients, mean age, external fixation time, Searches will be performed in the MEDLINE, Life Science Citations, PubMed, GoogleScholar and EMBASE Biochemical (<http://www.embase.com/>) databases will be accessed to search studies with no limits set during research, Terms aimed at capturing the target diagnosis, such as

“infected tibial nonunion” and “fixation” were combined using the Boolean operator “or” and MeSH terms.

- ***Selection criteria:***

- 1.** Prospective or retrospective studies discussing treatment of infected Tibial nonunion
- 2.** Journal articles, studies and papers are all involved.
- 3.** Clinical studies within last 18 years.

- ***Exclusion criteria:***

- 1.** Non-human studies and case reports. **2.** Cadaveric studies
- 3.** Reviews, Commentaries and general discussion papers not presenting data on impacts.

- ***Statistical Analysis :***

The collected data will be presented as suitable tables and illustrated as suitable figures. Analysis of data will be with the aid of software package of SPSS using suitable statistical tests.

For all studies, patient selection, study inclusion and exclusion criteria, patient characteristics, procedure, protocol and outcomes measured were extracted using standardized data extraction forms. Outcomes were also extracted from each study. During data extraction, each

included study was assessed for quality using the Cochrane Risk of Bias Checklist

Results:

318 abstracts were identified during the search, 10 were excluded, 308 full articles were fully reviewed, 295 articles were

excluded, 13 studied matched the inclusion criteria and were included in this review, 2 additional articles were identified during searching (6-20), a total 652 patients of 15 studies were presented in this systemic review. (Table.1)

Table 1: Characteristics of included studies

Study	Country	Intervention	Number	Male: female	Age range	M±SD	Follow up
Bakhsh, K., et al. (2019)[6].	Pakistan	Ilizarov	56	53:3.	16-50	32.58+/-9.98	From 7 to 36 months with a mean of 20 months.
Agrawal, A., et al. (2018) [7].	India	Ilizarov.	16	12:4.	14 patients <40 years, 2 patient between 40 -60 y	NM	NM
Dujardyn,J. andJ. Lammens (2007) [8].	Belgium	partial fibulectomy and Ilizarov	28	21:7.		NM	NM

Kayode, M. O., et al. (2017) [9].	NIGERIA	Linear Rail-fixator System (LRS) according to Ilizarov principle.	30	17:13	4 - 57	38	at least two years
Khan, M. S., et al. (2015) [10].	Pakistan	Ilizarov ring fixation	24	21:3	13 - 74	38	Mean of 11 (range, 8-46) months
Li, W. Y., et al. (2009) [11].	China	Antibiotic-PMMA combined with external fixator.	22	20:2	21 - 74	34.68	19.98 months (ranging 15 to 28 months).
Madhusudhan, T. R., et al. (2008) [12].	India	Ilizarov method	22	18:4	37.2	20 – 52	13 months following fracture union.
Mahalaxmival a, J., et al. (2005) [13].	UK	Ilizarov external fixator	18	16:2	39.6 years	26to 63 years	18 months
Meleppuram, J. J. and S. Ibrahim (2017) [14].	India	Ilizarov method	42	32:10	38 years	26–64 years	14 months (range 10–24 months)
Rose, R. E. and W. S. Palmer (2007) [15].	Jamaica	Ilizarov Method	8	7:1	17-53.	32	(range 2–24 months)
Shahid, M., et al. (2013) [16].	UK	Ilizarov method	12	10:2	28 - 89	43.3	average 62 weeks (39– 164)
Wani, N. B. and B. Syed (2015) [17].	India	Ilizarov ring fixator	26	22:4	20–65	39 years	1 year
Biasibetti, A., et al. (2005) [18].	Italy	Mechanical and biological treatment external fixation	172 tibia,	NM	8—80	32 years	NM
Yin, P., et al. (2015) [19].	China	bone transport	110	92:18	18–62 years	38.90	23.12 months (14-46 months).
Yin, P., et al. (2014) [20]		Ilizarov method	66	62:4	18 to 62	37.06 years	25.91 months (18-46 months)

- The studies included are retrospective and prospective ,Outcome measures were reported in most of the studies according to ASAMI score. This includes mainly bone results and functional outcome. Some papers reported further data.
- Study designs, study period and outcome measures are shown in Table.2.

Table 2: Study design and outcome measures

Study	Design	Period	Scoring system
Bakhsh, K., et al. (2019)[6].	Prospective	3-years	ASAMI score
Agrawal, A., et al. (2018) [7].	Prospective	Between 2016 and 2017.	May and December ASAMI score
Dujardyn, J. and J. Lammens (2007) [8].	Retrospective	between 2001 and 2004	NM
Kayode, M. O., et al. (2017) [9].	Prospective observational study	between 2009 and December 2012	June and ASAMI score
Khan, M. S., et al. (2015) [10].	Retrospective	NM	ASAMI score
Li, W. Y., et al. (2009) [11].	Retrospective	NM	NM
Madhusudhan, T.R., et al. (2008) [12].	Prospective study	3 years	ASAMI scoring system
Mahaluxmivala, J., et al. (2005) [13].	Retrospective	between March 1995 and September 2001	NM
Meleppuram, J. J. and S. Ibrahim (2017) [14].	Retrospective	February 2012 to April 2015	(ASAMI) criteria Pin tract infections were assessed by Moore and Dahl score.
Rose, R. E. and W. S. Palmer (2007) [15].	Retrospective	Between 1998 and 2006	ASAMI score
Shahid, M., et al. (2013) [16].	Retrospective	Between March 2009 and August 2010	ASAMI criteria (AOFAS) Visual Analogue Pain scores.
Wani, N. B. and B. Syed (2015) [17].	Prospective		ASAMI score
Biasibetti, A., et al. (2005) [18].	Retrospective	from 1982 to 2004	NM
Yin, P., et al. (2015) [19].	Retrospective	From January 2004 to January 2013,	ASAMI score
Yin, P., et al. (2014) [20]	Retrospective	January 2004 and January 2011,	ASAMI score

Regarding the type of bacteria causing the bone infection was not mentioned in studies by Agrawal, A., et al. (2018) (7), Dujardyn, J. and J. Lammens (2007) (8), Kayode, M. O., et al. (2017) (9). Li, W. Y., et al. (2009) (11), Mahaluxmivala, J., et al. (2005) (13), Rose, R. E. and W. S. Palmer (2007) (15) and Biasibetti, A., et al. (2005) (18). While Madhusudhan, T. R., et al. (2008) (12) reported mixed bacterial growth.(Table.3)

Table 3: Bacteria causing bone infection

Study	Staph	strept	MRSA	Escheri chia coli	Pseudo monas	Klebsiel la	Enterococcus	Other	polymicrobial
Bakhsh, K., et al. (2019)[6]	31		9	7	6	2	2	12	13
Khan, M. S., et al. (2015) [10].	2		4	1					9
Meleppuram, J. J. and S. Ibrahim (2017)[14].	28	2			6				
Shahid, M., et al. (2013) [16].	5	1			1		1		
Wani, N. B. and B. Syed (2015) [17].	15			1	7	3			8
Yin, P., et al. (2015) [19].	51%			18%		12%	7%	12 %	
Yin, P., et al. (2014)[20]	47%			13%	16%	9%	6%	9%	

Associated comorbidities were not mentioned in the majority of studies.(Table.4). Only **Bakhsh, K., et al. (2019) (6)** reported Smoking, Diabetes, malnourishment and obesity as associated comorbidities.

Table 4: Associated comorbidities

Study	Smoking	Diabetes	malnourished	Obese
Bakhsh, K., et al. (2019)[6].	27(48.21%).	7 (12.5%)	9 (16.07%)	3(5.35%).

Bone Results and Functional Results:

- The criteria recommended by ASAMI were adopted to evaluate bone results and functional results in the studies (6,7,10,12,14-17,19,20). Bone results were evaluated by 4 criteria: union, infection, deformity and limb-length discrepancy. Functional results were evaluated by 5 criteria: active, limp,

minimum stiffness (knee or ankle joint), reflex sympathetic dystrophy and pain.

- Bone results were evaluated in 12 studies by ASAMI (6,7,10,12,14-17,19,20) Random effects meta-analysis showed that the weighted frequency of excellent rate, good rate, fair rate and poor rate in bone results were listed in Table 5.

Bone results:

Table 5: Bone results

Study	N	Excellent	Good	Fair	Poor
Bakhsh, K., et al. (2019)[6].	56	37	10	6	3
Agrawal, A., et al. (2018) [7].	16	9	5	2	0
Dujardyn, J. and J. Lammens (2007) [8].	28				
Kayode, M. O., et al. (2017) [9].	30	7	20	0	3
Khan, M. S., et al. (2015) [10].	24	6	14	1	2
Li, W. Y., et al. (2009) [11].	22				
Madhusudhan, T. R., et al. (2008) [12].	22	4	6	8	4
Mahaluxmivala, J., et al. (2005) [13].	18				
Meleppuram, J. J. and S. Ibrahim (2017) [14].	42	25	6	11	0
Rose, R. E. and W. S. Palmer (2007) [15].	8	1	3	1	3
Shahid, M., et al. (2013) [16].	12	10	2	0	0
Wani, N. B. and B. Syed (2015) [17].	26	13	9	4	0
Yin, P., et al. (2015) [19].	110	68	28	12	2
Yin, P., et al. (2014) [20]	66	44	15	5	2

Functional outcome:**Table 6:** Functional outcome

Study	N	excellent	good	fair	poor
Bakhsh, K., et al. (2019) [6].	56	37	9	7	3
Agrawal, A., et al. (2018) [7].	16	9	5	2	0
Dujardyn, J. and J. Lammens (2007) [8].	28				
Kayode, M. O., et al. (2017) [9].	30	8	19	0	3
Khan, M. S., et al. (2015) [10].	24	8	12	2	1
Li, W. Y., et al. (2009) [11].	22				
Madhusudhan, T. R., et al. (2008) [12].	22	1	4	9	4
Mahaluxmivala, J., et al. (2005) [13].	18				
Meleppuram, J. J. and S. Ibrahim (2017) [14].	42	23	12	2	4
Rose, R. E. and W. S. Palmer (2007) [15].	8	1	3	0	2
Shahid, M., et al. (2013) [16].	12	6	4	0	2
Wani, N. B. and B. Syed (2015) [17].	26	9	11	5	1
Biasibetti, A., et al. (2005) [18].	172				
Yin, P., et al. (2015) [19].	110	37	42	21	0
Yin, P., et al. (2014) [20]	66	24	26	10	0

Bone union:**Table 7:** outlines bone union in each study presented as Mean, Range and Rate.

Study	Mean (weeks)	Range	Rate
Bakhsh, K., et al. (2019) [6].	10		98.21%.
Agrawal, A., et al. (2018) [7].	10	40–140 days	100 %
Dujardyn, J. and J. Lammens (2007) [8].			96.4 %
Kayode, M. O., et al. (2017) [9].	24	3 to 11	95.45 %.
Khan, M. S., et al. (2015) [10].	32	3-31 m	
Li, W. Y., et al. (2009) [11].	15.09	8 to 24 weeks	100%
Madhusudhan, T. R., et al. (2008) [12].	37.2	6.5–13 Months	81.82 %
Mahaluxmivala, J., et al. (2005) [13].	51.78	34.24-73.61	
Meleppuram, J. J. and S. Ibrahim (2017) [14].			100 %
Rose, R. E. and W. S. Palmer (2007) [15].	21.4	2–9 months	75 %
Shahid, M., et al. (2013) [16].	46	(24 -70).	100 %
Wani, N. B. and B. Syed (2015) [17].			100 %
Biasibetti, A., et al. (2005) [18].	17.12	(2—6).	93% %
Yin, P., et al. (2015) [19].	9.21	(33 - 137 days)	100 %
Yin, P., et al. (2014) [20]	40.5	(5.12-15.11 months)	100 %

External fixation index :

The external fixation index denotes the number of days the external fixator is attached to the bone per centimetre of length gained. Using conventional Ilizarov fixation, this index is typically thirty days

per centimetre of length gained.(Table.8); however, the rate differs based on variables such as patient age, osteotomy site and amount of lengthening (20,21). In the selected studies, it was not reported in all. Ranged between 1.2 and 15.7 (6, 10).

Table.8:External fixation Index.

Study	Range (months/cm)	Mean (months/cm)
Bakhsh, K., et al. (2019) [6].	1.2 to 1.6	1.40
Agrawal, A., et al. (2018) [7].	NM	NM
Dujardyn, J. and J. Lammens (2007) [8].	NM	NM
Kayode, M. O., et al. (2017) [9].	NM	NM
Khan, M. S., et al. (2015) [10].	1.5–15.7	4.2
Li, W. Y., et al. (2009) [11].		
Madhusudhan, T. R., et al. (2008) [12].	NM	NM
Mahaluxmivala, J., et al. (2005) [13].	NM	NM
Meleppuram, J. J. and S. Ibrahim (2017) [14].		1.48
Rose, R. E. and W. S. Palmer (2007) [15].	NM	NM
Shahid, M., et al. (2013) [16].	NM	NM
Wani, N. B. and B. Syed (2015) [17].	1.3–2	1.6
Biasibetti, A., et al. (2005) [18].	NM	NM
Yin, P., et al. (2015) [19].	1.15–1.67	1.48
Yin, P., et al. (2014) [20].	1.15-1.58	1.38

Complications :

Pin site infection, knee stiffness, K-wires loosening, recurrence of wound infection, regenerate fracture, Malunion, paraesthesia, soft tissue impingement and Mortality was reported. Pin tract infection

was the most common complication and it was managed by antibiotics in all studies. Mortality was reported in one case by Khan et al. (10).Complications are listed in (Table 9).

Table 9: post-operative complications

Study	Pin site infection.	knee stiffness	Loosening of K-wires	fracture recurrence	regeneration	sia Malunion	impinge parasthe	soft tissue	Mortality
Bakhsh, K., et al. (2019) [6].	27	2	7	1	1	6	1	5	No
Agrawal, A., et al. (2018) [7].	10 Grade II, 4Grade III, 2 Grade IV								No
Dujardyn, J. and J. Lammens (2007) [8].	1				3				
Kayode, M. O., et al. (2017) [9].	14 grades I,II	6			1				No
Khan, M. S., et al. (2015) [10].	5			1	2	1	2	1	
Li, W. Y., et al. (2009) [11].				1					
Madhusudhan, T. R., et al. (2008) [12].	22		7	4	1				
Mahaluxmivala,[13]	4								
Meleppuram, J. J. and S. Ibrahim (2017) [14].	J.,[1 16 Grade II, 12 grade III 2 Grade IV								
Rose, R. E. and W. S. Palmer (2007) [15].	8								
Shahid, M., et al. (2013) [16].	2		1						
Wani, N. B. and B. Syed (2015) [17].	23	8	1	2					
Biasibetti, A., et al. (2005)[18].									
Yin, P., et al. (2015) [19].	46		4		2	20			
Yin, P., et al. (2014) [20]	40		4		2	19			

According to Bakhsh et al., the associated soft tissue defects healed by soft tissue transport, VAC dressings and fasciocutaneous flaps [6].

Meta analysis of bone results :

Rate of excellent, good, fair and poor bone results are shown in table 10.

Table 10: meta analysis of bone results

Bone results	Relevant studies (n)	Heterogenicity (P, I2 (%))	ES (95 % CI)	Range of incidence
Rate of excellent results	11	< 0.001, 98%	0.435 (0.210, 0.660)	12.5-66.5 %
Rate of good results	10	< 0.001, 76%	0.307 (0.216, 0.398)	14.3-66.7 %
Rate of fair results	8	0.002, 63%	0.102 (0.056, 0.149)	0-36.4 %
Rate of poor results	7	0.237, 22%	0.031 (0.012, 0.051)	0-37.5 %

Meta analysis of functional results :

Table 11: Meta analysis of functional results

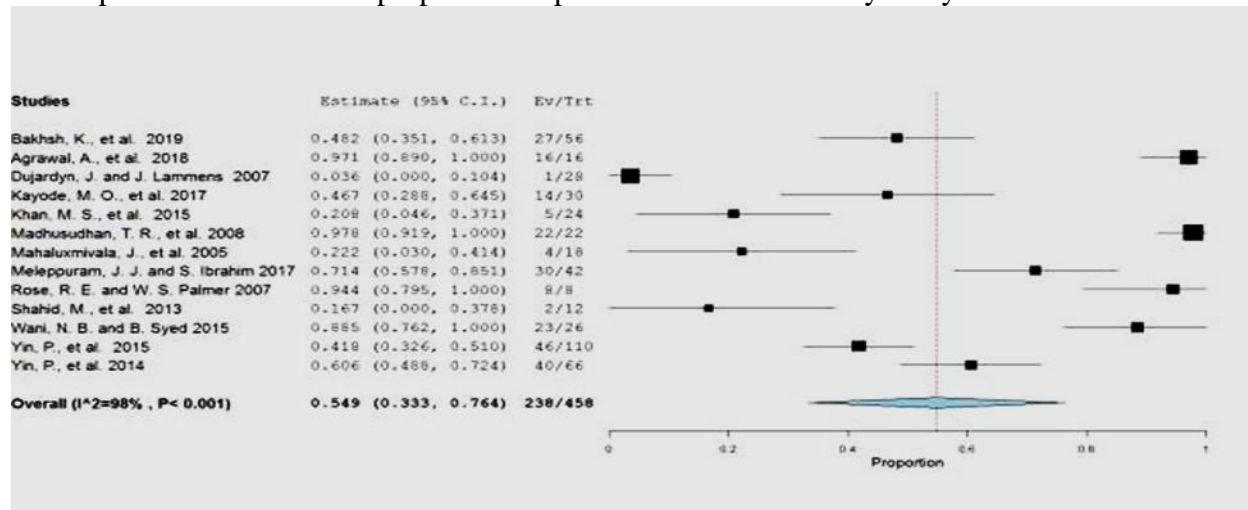
Bone results	Relevant studies (n)	Heterogenicity (P, I2 (%))	ES (95 % CI)	Range of incidence
Rate of excellent results	11	< 0.001 88%	0.367 (0.240, 0.495)	12.5-66.1 %
Rate of good results	11	< 0.001 70%	0.355 (0.268, 0.442)	16.1-63.3 %
Rate of fair results	8	< 0.001 71%	0.113 (0.060, 0.166)	0-40.9 %
Rate of poor results	7	0.036, 48%	0.034 (0.010, 0.058)	0-25 %

Meta analysis of complications

Table 12: Meta analysis of complications

Complication	Relevant studies (n)	Heterogenicity (P, I2 (%))	ES (95 % CI)	Range of incidence
Pin site infection.	13	< 0.001, 98%	0.549 (0.333, 0.764)	3.6-100%
knee stiffness	3	< 0.001 96%	0.285 (-0.003, 0.573)	3.6-30.8%
K-wires loosening	6	0.052 54%	0.074 (0.027, 0.121)	3.6-31.8%
Recurrence of wound infection	6	0.354 10%	0.042 (0.013, 0.070)	1.8-18.2%
Regenerate fracture	7	0.700 0%	0.026 (0.009, 0.042)	1.8-10.7%
Malunion	4	0.002 80%	0.150 (0.057, 0.243)	4.2-28.8%

Forest plot below shows the proportion of pin site infection in every study.



Discussion:

Infected non-union of the tibia is still challenging, especially with presence of bone and soft tissue defect, it was proved that Ilizarov external fixator show a high rate of success in the treatment of such difficult cases.(20)

Debridment of devitalized bone and soft tissue, antibiotic therapy and antibiotic impregnated beads can lead to acceptable cure rate in less virulence infection, while in sever type of bone infection radical debridment, stable external fixator and bone transport or compression distraction are mandatory to gain bone union.(21,22)

Papineau technique, tibiofibular synostosis, other bone substitutes is of limited ability to

reconstruct the limb length discrepancy and to correct the limb deformity. (22) in addition to lack of limb movement. (23)

Ilizarov and his follows since 1950 have employed new biological techniques and a different system of external fixation to achieve union, correct deformity eradicate infection, limb length restoration, in association of maintaining of limb function. (22,23)

Ilizarov apparatus is a very good tool to treat large bone defects due to radical debridment in infected nonunion (22,23). It can be done either by trifocal osteosynthesis or bifocal osteosynthesis, or by gradual fibular transfer (24).

This is a systematic review of the treatment of infected nonunion of tibia. The majority of the studies used Ilizarov method. This systematic review included 15 studies, and we conducted a meta-analysis of 11 studies to evaluate the efficacy of fixation method in the treatment of infected nonunion of tibia. The poor rate in bone results and functional results was 4.6% (95%CI, 0.012, 0.051; I2 = 22%, P = 0.237) and 4.9% (95%CI, 0.057, 0.243; I2 = 80%, P = 0.002). The data were not statistically heterogeneous. So, these results showed that the patients with infected nonunion of tibia treated by Ilizarov methods had a low rate of poor bone and functional results.

We did a meta-analysis of complication in patients with infected nonunion of tibia treated by Ilizarov method. Statistically homogeneity was found in most of the complications (Table 12). Pin-track infection is the most common complication by using Ilizarov methods, and significant statistically heterogeneity was found in the complication.

The rate of pin-track infection was 3.6-100% among included studies in our systematic review. Hence, we considered that careful pin care was the key to reducing the complication.

The data of infected tibia nonunion could be found in Table 5 and Table 6. The poor rate in bone results and functional results was 4.6% (95%CI, 0.012, 0.051; I2 = 22%, P = 0.237) and 4.9% (95%CI, 0.057, 0.243; I2 = 80%, P = 0.002).

The rate of Pin site infection, knee stiffness, K-wires loosening, recurrence of wound infection, regenerate fracture, Malunion, paraesthesia soft tissue impingement and Mortality were respectively 36.50%, 2.45%, 3.68%, 1.38%, 1.84%, 7.06%, 0.15%, 1.07% and 0.15%. These data were not statistically heterogeneous.

We also conducted meta-analyses of bone and functional results in our systematic review. High heterogeneity existed in several pooling data in our study, and we thought the heterogeneity was probably resulted from the different research quality, various surgeons' experience and diversity of rehabilitation nursing.

Failure to include the non-English language studies in our article could have resulted in missing data and our estimates of effect size might have been biased, nevertheless, 15 studies were included in our article and they were not excessively affected by significant statistical heterogeneity. The data of the present review were extracted from observational studies, which are likely to

cause both systematic and random errors. Therefore, more prospective randomized controlled trials are needed to overcome the limitation of this study.

Conclusion:

In conclusion, our systematic review showed that the patients with infected nonunion of tibia treated by Ilizarov methods had a low rate of poor bone and functional results. Therefore, Ilizarov methods may be a good choice for the treatment of infected nonunion of tibia .

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