Studies on the effect of antioxidant Selenium-ACE after treatment with Praziquantel and Mirazid in *Schistosoma mansoni* infected mice

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Abstract:

Background: This study deals with the evaluation of parasitological, histopathological and biochemical effect of Praziquantel (PZQ) and Mirazid (MZ) with or without Selenium-ACE (Se-ACE) on male albino mice infected with *S.mansoni* and trying to evaluate the antioxidant effect of Se-ACE and its role in reducing the severity of the infection.

Results: The obtained results indicated that treatment with PZQ produced more reduction in worm burden and ova count/gm liver than MZ compared to the infected control group. PZQ showed the highest reduction in liver granuloma number and diameter when compared to MZ group while both drugs showed a significant effect in restoration of the liver transaminases and protein fractions towards their normal levels indicating the safety of both drugs as anti *S. mansoni* chemotherapeutics, Se-ACE showed a high efficacy as a co-treatment, potentiating the effect of PZQ and MZ in reducing the worm burden, ova count/gm liver, number and diameter of liver granuloma and restoration of liver transaminases and protein fractions to their normal levels during treatment of *S. mansoni* infection.

Conclusion: the rank order of potency in protection against liver cell damage was PZQ 500 mg/kg > MZ 600 mg/kg where Se-ACE showed a couraging criterion as a co- treatment potentiating the effect of the antischistosomal medications through its anti- oxidant activity.

Keywords: Praziquantel, Mirazid, Selenium – ACE, S. mansoni and co-treatment.

Introduction:

Schistosomiasis is a chronic and debilitating parasitic disease which affects approximately 200 million people in the developing world and imposes a substantial public health and economic impact, despite the continuous control efforts (Wang et al., 2009). The

development of PZQ is considered a hallmark on the path to eradicate the Schistosomal infection (**Pearson and Guerrant, 1983**). The use of PZQ has been correlated with some side effects such as hyperglycemia, thus, the search for a new effective and safe Schistosomicidal agent is highly encouraged (**El-Hawey** et

al.,1990) and nowadays the use of natural plant extracts as new safe and effective drugs are needed. The present study is a trial to clarify the antischistosomal effect of commiphora extract (Mirazid) compared to PZQ, and to investigate the role of Se-ACE as an antioxidant compound when combined with both drugs in reducing the severity infection. Parasitological, of histopathological and biochemical parameters were investigated in liver of S. mansoni infected mice

Material and Methods:

Male albino mice (*Mus musculus*), aged 6-8 weeks and weighing 18-20 gm were used in this study. Mice were bred on standard diet with free accessibility to water at the Schistosome Biological Supply Program (SBSP), Theodor Bilharz Research Institute, Giza, Egypt.

Mice were divided into seven groups each of twenty mice. After the normal control group, mice were infected with 70 -75 cercariae by tail immersion technique. One infected group left as a control group, three groups supplemented by Se-ACE in diet from the first day post infection till eight weeks, after six weeks post infection one of the three groups was treated with PZQ in a dose of 500 mg/kg body weight on 2 days and another group was treated with MZ in a dose of 600 mg/kg on three consecutive days, the third group left on Se-ACE supplementation only. The sixth and seventh groups did not receive SeACE supplementation in diet. Six weeks post infection, the sixth group received PZQ and the seventh group received MZ with the same previous doses. Eight weeks post infection, all groups were sacrificed and the male, female, coupled worm, worm burden, egg count, liver granuloma number and diameter, aspartate aminotransferase (AST), alanine aminotransferase (ALT), total proteins (TP) and albumin (ALB) were used as a criterion for studying the effect of these drugs.

Worm counting - Worms were recovered by liver perfusion as described by Smithers and Terry (1965). The worm counting was done by stereomicroscope (Duvall and De Witt, 1967).

Tissue egg count - eggs were counted by the method of **Cheever (1968):**

Number of ova in 1gm liver =

(Number of ova in 5ml) x 1

Weight of liver in grams recorded before digestion.

Histopathological studies were done according to the method described by **Von Lichtenberg (1962)**:

The mean diameter of each liver granuloma was measured in microns, from two diameters of the lesion taken at right angles to each other with the help of an ocular micrometer. First the greatest diameter of the lesion was obtained, then the ocular micrometer was rotated 90 degrees and the diameter perpendicular to the first one was measured (Von

Lichtenberg, 1962). According to Boros and Warren (1970), lesion counts between 50-100 were taken into consideration. In this work the volume was obtained by the formula described by Mahmoud and Warren, (1974):

volume of sphere =
$$\mathbb{R}^3$$
 x $\frac{4}{3}$ x $\frac{22}{7}$

The radius (R) was obtained by dividing the mean diameter of each lesion by two. The volume thus obtained was in cubic microns, but for the ease of statistical tabulation and graph drawing, the volume was transferred to cubic mm.

Biochemical assays:

ALB was determined as described by **Doumas and Bigges (1972)**, TP was determined as described by **Peters (1968)**, ALT and AST were determined according to **Schmidt (1963)** by using Pasteur diagnostics kit, Egypt

Results:

The results obtained in the present study showed a significant reduction in the mean number of male and female worms in all the infected treated groups compared to the infected untreated group except in the infected Se-ACE -treated group where the reduction was insignificant. There was a significant reduction of coupled worms in all the infected- treated groups compared to the infected control group. These results correlate with the worm burden showing a significant reduction in the mean worm burden of all the treated groups compared to the infected control group and the results showed that a highest reduction of male,

female, coupled worms and worm burden was in Se-ACE-PZQ- treated group, and PZQ treated group scoring a complete eradication, followed by Se-ACE -MZ-treated group, MZ- treated group and finally Se-ACE - treated group (Table 1 and Fig. 1).

Regarding the ova count, the results obtained showed no significant difference in the mean number of ova count/gm liver between infected control, infected Se-ACE- treated and infected MZ - treated groups while there was a significant reduction in the mean number of ova count/gm liver in the infected Se-ACE-PZQ-treated group followed by PZQ-treated group then the infected Se-ACE-MZ treated group (Table 2 and Fig. 2).

Regarding the histopathological aspects, the present study revealed a significant reduction in the number of liver granulomas, in all the infected treated groups when compared to the infected control group except for infected Se-ACE treated group where the number of granulomas decreased was yet still insignificant and there is no significant difference in the reduction of the number of hepatic granulomas between the all the infected treated groups. Regarding the granuloma diameter, there was a significant reduction in the infected Se-ACE –PZQ-treated group, PZQ -treated group and infected Se-ACE-MZ -treated group, where there was no significant reduction of granuloma diameter in the

infected MZ -treated group and infected The infected control group (Table 3 and Figs. 3, 4).

The biochemical assay revealed a significant reduction in ALT, AST, ALB and TP in liver homogenates of *S. mansoni* infected mice indicating a reduction in liver activity due to infection. After treatment with drugs, the results indicated a restoration of liver enzymes ALT and AST near the normal values without any significant difference between the treated

Se-ACE -treated group when compared to

groups (Table 4 and Fig. 5), also TP and ALB showed an increase in their values towards the normal levels where the Se-ACE-PZQ-treated group recorded the highest significant score in the way towards normalization of the TP and ALB levels followed by Se-ACE-MZ -treated group, PZQ- treated group, MZ -treated group and finally the Se-ACE- treated group (Table 4 and Fig. 6).

Table (1): Mean number of worms in the different studied infected groups.

Groups	Male worms	Female worms	Couple worms
Control	6.33 ± 1.86	3.83 ± 1.60	7.00 ± 2.83
Se-ACE	6.00 ± 2.37	4.67 ± 2.73	4.67 ± 1.03^{a}
Mirazid	4.50 ± 1.20^{a}	1.75 ± 1.16^{ab}	4.44 ± 2.65^{a}
PZQ			$0.0 \pm 0.0^{ m abc}$
Se-ACE- + PZQ		0.0 ± 0.0^{abc}	0.0 ± 0.0 abc
Se-ACE-mirazid	2.56 ± 2.19 abcde	0.67 ± 1.12^{ab}	3.63 ± 1.06 ade

Values are expressed as mean \pm SD or number (%).

e p< 0.05 relative to infected Se-ACE-PZQ group. (20 albino mice)

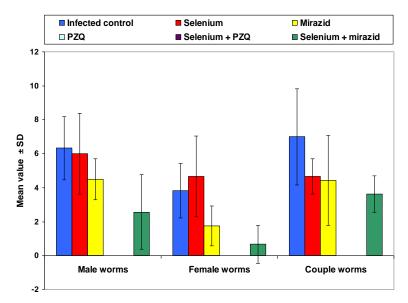


Fig. (1): Mean number of male, female and couple worms in the different studied infected groups.

^a p< 0.05 relative to infected control group.

^b p< 0.05 relative to infected Se-ACE- group.

[°] p< 0.05 relative to infected mirazid group.

^d p< 0.05 relative to infected PZQ group.

Table (2): Mean number of ova count/gm liver in the different studied infected groups.

Groups	Mean ± SD	% reduction in
		ova count
Control	5571.21 ± 1910.23	
Se-ACE	4022.88 ± 1682.85	27.8%
Mirazid	4061.71 ± 1340.19	27.1%
PZQ	2742.39 ± 1033.74 ^a	50.78%
Se-ACE + PZQ	1855.24 ± 487.20 abc	66.7%
Se-ACE + mirazid	3629.36 ± 1445.93 ae	34.86%

Values are expressed as mean \pm SD or number (%)

(20 albino mice)

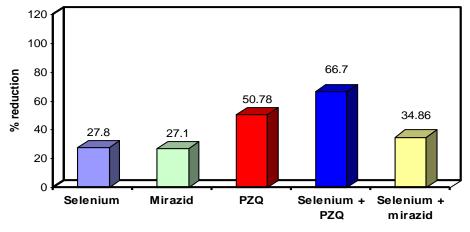


Fig. (2): Percent reduction in the mean number of ova count/gm liver in the different studied infected groups.

Table (3): Mean granuloma count and diameter in different studied infected groups.

	Granuloma count		Granuloma diameter	
Groups	Mean	% reduction	Mean	% reduction
Control	6.88 ± 1.9		230.12 ± 36.29	
Se-ACE	4.93 ± 1.45	28.34%	207.46 ± 28.7	9.85%
Mirazid	4.7 ± 0.76^{a}	31.69%	193.3 ± 37.98	16%
PZQ	4.1 ± 1.2^{a}	40.41%	179.73 ± 17.52^{a}	21.9%
Se-ACE + PZQ	3.2 ± 1.19^{a}	53.49%	165.17 ± 22.09^{a}	28.22%
Se-ACE + mirazid	4.5 ± 1.18^{a}	34.59%	182.46 ± 18.6^{a}	20.71%

Values are expressed as mean \pm SD or number (%)

^a p< 0.05 relative to infected control group.

b p< 0.05 relative to infected Se-ACE group.

[°] p< 0.05 relative to infected mirazid group.

 $^{^{\}rm e}$ p< 0.05 relative to infected Se-ACE + PZQ group.

^a p< 0.05 relative to infected control group.

(20 albino mice)

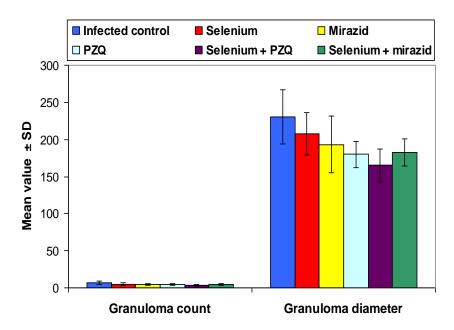


Fig. (3): Mean hepatic granuloma count and diameter in the different studied infected groups.

Table 4: Mean values of ALT, AST, TP and ALB in the different studied groups.

Groups	ALT	AST	TP	ALB
Normal control	114.4 ± 9.6	110 .2 ± 7.1	6.16 ± 0.34	3.62 ± 0.16
Infected control	64.7 ± 8.7 ^b	71.5 ± 10.1 ^b	4.95 ± 0.62	2.42 ± 0.48
Infected Se-ACE treated	105.1 ± 6.01 ^a	103 ± 4.3^{a}	6.79 ± 0.31 ^a	3.19 ± 0.27^{a}
Infected Mirazid treated	103.2 ± 7.1 ^a	100.1 ± 11.6 °	$6.4\pm0.73^{\rm \ a}$	$3.46\pm0.93^{\rm a}$
Infected PZQ treated	104.1 ± 8.5 ^a	101.3 ± 12.4^{a}	6.67 ± 0.48^{a}	3.50 ± 0.15^{a}
Infected Se-ACE + PZQ treated	111.3 ± 6.8 ^a	$106.2 \pm 11.3^{\text{ a}}$	7.70 ± 0.58^{ac}	3.67 ± 0.38 a
Infected Se-ACE + mirazid treated	106.2 ± 7.9^{a}	104.4 ± 8.6 °a	6.95 ± 0.98^{a}	3.64 ± 0.60^{a}

Values are expressed as mean \pm SD.

^ap<0.05 relative to infected control group.

 $^{^{\}text{b}}$ p< 0.05 relative to normal control group. $^{\text{c}}$ p< 0.05 relative to infected MZ group.

⁽²⁰ albino mice)

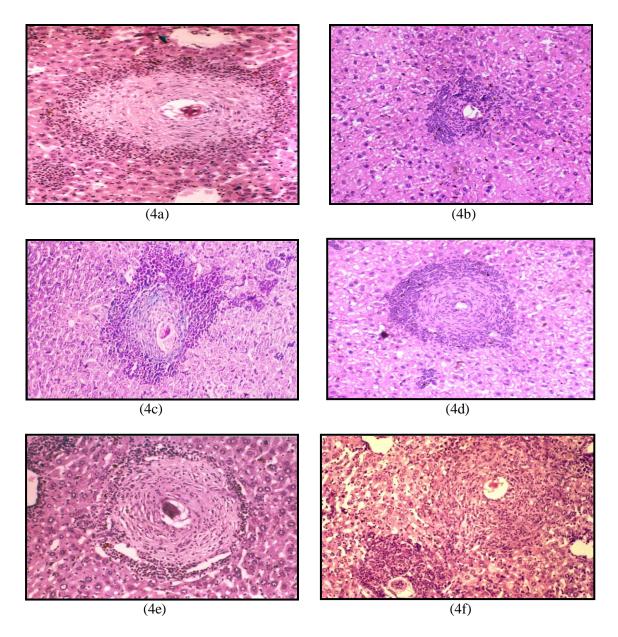


Fig. (4): Liver sections of different infected groups to compare the granioloma diameter (stained with Haematoxylin & eosin stain x 200)

Fig. (4a): Liver section of infected mice control group showing granuloma reactions composed of a mixture of chronic inflammatory cells rich in eosinophils with adjacent hydropic changes and focal atypical hyperplasia of the adjacent hepatocytes. The intact miracidium can be seen inside the ovum.

Fig. (4b): Liver section of Se-ACE-PZQ treated mice, showing a reduction of the hepatic cellular granuloma with regular and well demarcated contour from the surrounding tissue and markedly degenerated miracidium.

Fig. (4c): Liver section of PZQ treated mice, showing a reduction of the hepatic cellular granuloma but to a lesser extent with irregular granuloma contour.

Fig. (4d): Liver section of Se-ACE-Mirazid treated mice, showing reduction in the granuloma diameter and cellular infiltration with partially degenerated miracidium inside the ovum but still less than PZQ treated group.

Fig. (4e): Liver section of Mirazid treated mice showing a large granuloma diameters, the micracidium can be seen inside the ovum.

Fig. (4f): Liver section of Se-ACE treated mice showing a large cellular granuloma diameters with inflammatory cellular infiltration.

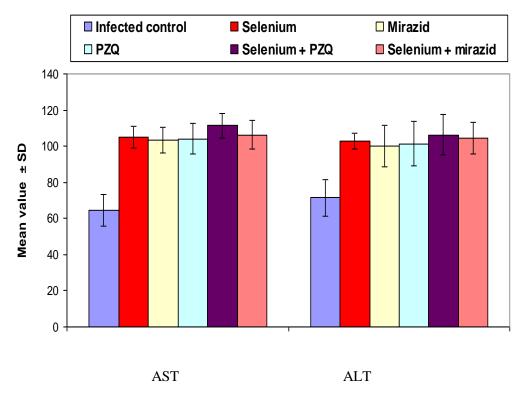


Fig. (5): Mean value of liver ALT and AST in the different studied groups

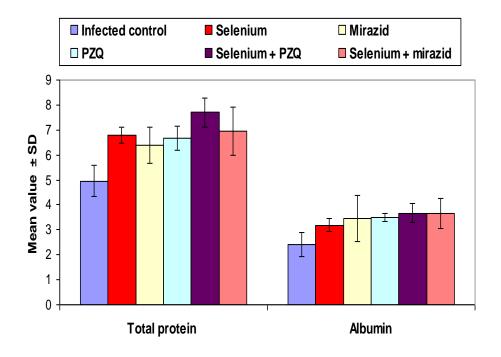


Fig. (6): Mean levels of liver TP and ALB in the different studied groups.

Discussion

The efficacy of PZQ in the present results is in accordance with that reported by Mehlhorn et al. (1981), Liu and Compron (1996), Mahmoud et al. (2002), Martin et al. (2004), Chaiworaporn et al. (2005) and Ebeid et al. (2005) which demonstrated that the curative dose of PZQ causes extensive degeneration of the adult worm in the liver of the treated mice by causing paralysis, uncoupling and shifting from the mesentric vein to the liver where the worms were finally destroyed by the phagocytic system, in contrast to Suleiman et al. (2004) who reported low efficacy of PZO in treatment of S. mansoni infection and Massoud et al. (2004) who reported that the immature and mature adult stages of S. mansoni are more susceptible to MZ than PZQ.

The present results also correlate with those reported by Badria et al. (2001), Abo-Madyan et al. (2004), Massoud et al. (2005), Abdel-Aziz et al. (2006), El-Rigal Hetta (2006) who showed a significant reduction of the worm burden in S. mansoni infected mice treated with MZ 600 mg/kg body weight for three consecutive days and revealed that the affected worms released their hold on the wall of the mesentric vessels and swept to the hepatic vessels where they were destroyed by autolysis, in contrast to Guirguis and Mahmoud (2003), Botros et al. (2004) and Ramzy et al. (2009) who reported an insignificant reduction of worm load in *S. mansoni* infected mice and hamsters treated by MZ.

In the same time, the results obtained by De Witt (1957) revealed that, Selenium. Vitamin E- deficient mice, harbor 69% more of S. mansoni worms than mice on adequate diet following exposure to a standard number of cercariae. Olsen et al. (1997) reported a significant reduction of S. mansoni reinfection in children given multimicronutrients (Vitamin A, B1, B2, B6, C, E and Se.) compared to children supplemented by placebo in accordance to Farrag and Faddah (1998) who reported that antioxidants (Se and Vitamin E) can protect the mice from pathogen to a certian level. in addition Davis et al. (1998) suggested that Se supplementation has a beneficial effect during murine infection with Trypanosoma cruzi, where Mahmoud et al. (2002) reported the efficacy of Nigella sativa oil which contains a lots of antioxidants in reducing the number of worms in S.mansoni infected mice.

The role of Se-ACE as an antioxidant in the reduction of worm burden has explained by Yousif and El-Rigal (2004), Ali (2007) and Wang et al. (2009) who reported a reduction of the antioxidant enzymes and Vitamin E and C in liver of S. mansoni infected mice pointed out that the toxic substances and free radicals elaborated from S. mansoni worms consume the antioxidants and may affect the capacity of the liver to detoxify the

effect of the toxic endogenous and exogenous compounds.

The present results of ova count are in accordance with Scrimgour Gaidusek (1985) who stated that PZQ is a powerfull ovicidal drug by killing worms to prevent further ovi position and damage caused by new eggs. Tanaka et al. (1989) reported the high efficacy of PZQ as antischistosomal treatment and suggested that the damage caused by PZQ in the reproductive organs in surviving worms leads to the high reduction in ove count, where Guirguis and Mahmoud (2003) reported an insigificant reduction in worm load and mean number of ova /gm liver in MZ treated S.mansoni infected hamsters, these results are in agreement with the results of Botros et al. (2004), Barakat et al. (2005), who used mice and hamsters infected with different strains of S. mansoni and Botros et al. (2005) who reported very low cure rates and reduction percentages of ova count in MZ with 9.1 % compared to PZQ with 63.7%, were found in the Egyptian school children and house hold infected with S. mansoni.

In contrast, **Badria** *et al.* (2001), **El-Baz** *et al.* (2003), **Sulieman** *et al.* (2004) and **Massoud** *et al.* (2005) reported the efficacy of MZ in the reduction of ova count in *S.mansoni* infection using different doses ranging from 5 mg/kg body weight to 600 mg/kg body weight with cure rates ranged from 91.7% to 97.4%.

Regarding the granuloma number and diameter, the obtained data are in

accordance with Botros et al. (2004) and Ebeid et al. (2005) who reported that MZ treatment failed to induce a significant reduction in hepatic schistosomal pathology when compared to infected untreated group, while PZQ therapy resulted in remarkable reduction granuloma number, size and cellularity with regression of granulomatous inflammatory reaction and Chaiworaporn et al. (2005) who reported a significant reduction in liver granuloma number and diameter of S.mansoni infected mice in response to the curative and sub-curative dose of PZQ.

In contrast Sheir et al. (2001) and (2005) reported a Massoud et al. significant decrease in the mean number as well as the mean perimeter of the mice liver granulomas in infected MZ treated group, when compared with the infected untreated one. Although Badria et al. (2001) reported a significant reduction in number and diameter of granuloma S.mansoni infected mice after treatment with MZ and reported also that the rank order of potency in protection against liver cell damage was PZQ>MZ.

Regarding the biochemical assay, our results are in accordance with Al-Sharkawi (1985), El-Aasar et al. (1989), El-Shazly et al. (2001), Hamed and Hetta (2005) and Wagih et al. (2007), who attributed the decrease of transaminases activities in mice liver, and its relative increase in serum, to the decrease in hepatic cell population due to

liver fibrosis or due to the release of the enzymes from the damaged liver cells into the circulation as a result of increased cell membrane permeability. The observed diminution of AST was more manifested than that of ALT denoting that, although the later is more specific for liver cells, yet it is less sensitive than AST in detecting liver cell damage as reported by Awadalla et al. (1975). Moreover Salah et al. (1976) reported that the presence of more AST in hepatic tissue indicate that the release of ALT is too diluted in the extracellular compartment cause significant increase in ALT activity in S.mansoni patients. Therefore, variations in the release, destruction or excretion of the two enzymes or an unknown metabolism probably important contributory are mechanisms.

The restoration of ALT and AST activities is supported by Massoud et al. (2004), Hamed and Hetta (2005), El-Rigal and Hetta (2006) and Ali (**2007**), they reported the restoration of transaminases to the normal levels after treatment with is similar to the results MZwhich obtained by Badria et al. (2001) reported restoration of ALT, AST and protein contents disturbance due to S.mansoni infection after treatment with PZQ and MZ but their results reported that PZQ was more efficient than MZ in restoration of transaminases the normal levels.

In contrast to the present biochemical results, **Abdel Hamid (2004)** and **Omar** *et*

al. (2005) reported that, the treatment of *S. mansoni* infected albino rats with PZQ caused a significant side effects estimated by elevation of ALT and AST activities, elevation of creatinine, total lipids, cholesterol, triglycerides and reduction of TP, ALB, globulin and ascorbic acid.

The reduction in the TP and ALB obtained correlates with those of **El-Rigal** and Hetta (2006) and Mahmoud et al. (2002) who reported a significant reduction ALB in S. mansoni infection due to the switching of the ALB gene transcription to alpha -fetoprotein. Amal et al. (1979), El-Zayadi et al. (1991), El-Fakahani et al. (1993), Van Raaij et al. (1994) and Farouk (2000), reported the reduction of TP and ALB after S. mansoni infection due to reduced anabolism and increased catabolism in the body, hence malnutrition and/or malabsorption may contribute to the decrease in biosynthesis of ALB. It was clearly noticed that the addition of Se-ACE to PZQ and MZ increases the antischistosomal activity of both of them in parasitological, histopathological biochemical aspects.

Parasitologically, the addition of Se-ACE, increased the potency of PZQ and MZ in reducing the worm burden and ova count/gm liver, which correlate with Roche et al. (1994) who determined a seleium dependent antioxidant enzymes, glutathione peroxidase and glutathione reductase protective role against schsitosomal infection. Mahmoud et al. (2002) reported the high efficacy of

Nigella sativa oil as an antioxidant in combination with PZQ in reduction of the worm load and ova count in *S. mansoni* infected mice and **Ali** (2007) reported depletion of antioxidant enzymes, viatmin C and E in the liver of mice infected with *S.mansoni* and reported the importance of antioxidants in treatment of schistosomal infection and reduction of worm load and ova count.

Histopathologically, Ali et al. (1991) and Mahmoud et al. (2002) reported the efficacy of PZO in reducing the granulomas diameter and proved that this efficacy increased by adding different antioxidants as a co-treatment, where Soliman and **El-Shenawy** (2003).Feldman et al. (2007) and Hessein et al. (2008) reported the efficacy of superoxide scavenger diisopropyl salicylate, Silvmarine and Nigella sativa oil as antioxidants in combination with PZQ in modulating the pathological profile of schistosomiasis by reducing the severity of the hepatic granulomas and other histopathological changes.

Biochemically, the obtained results correlate with those of Yamazaki et al. (1993) who found that, in rats, vitamin E supplementation during hepatitis delay the elevation of liver enzymes and reduction of ALB, El-Sokkary et al. (2002) and Metwally (2006) reported the importance of the antioxidants in correction of ALT, AST and TP disturbance caused by S.mansoni infection, where Wagih et al. (2007) reported a significant reduction in

the antioxidant enzymes as well as the antioxidant vitamins A, C and E and increase in serum ALT in patients infected with S. mansoni and recommended the usage of antioxidant supplementations as a co-treatment in combination with the antishistosomal chemotherapy and Othman et al. (2008) reported the efficacy **PZQ** combination with antioxidant enzyme O-10 to improve the liver function in S.mansoni infection.

Conclusion:

- 1. PZQ still the first choice *S. mansoni* chemotherapeutics agents with good levels of safety regarding the liver biochemical and histopathological parameters.
- MZ showed good levels of safety with a moderate antischistosomal activity after PZQ, regarding liver biomedical and histopathological parameters.
- 3. Se-ACE showed a couraging criterion as a co- treatment potentiating the effect of the antischistosomal medications through its antioxidant activity.

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دراسات على تأثير مضاد الأكسدة سيلينيوم – أج هـ بعد المعالجة بالبرازيكوانتل والميرازيد في الفئران المصابة ببلهارسيا المستقيم

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لقد تم إجراء الدراسة الحالية لمقارنة التأثير الباراسيتولوجي والهستوباتولوجي والبيوكيميائي لعقاري البرازيكوانتل والميرازيد المضادين للبلهارسيا المعوية كل على حده أو بالإضافة إلى عقار السيلينيوم - أج ه في محاوله لتقييمه كعقار مضاد للأكسدة لتقليل الأثار السلبية الناتجة عن الإصابة بالبلهارسيا المعوية في الفئران البيضاء.

وقد أظهرت الدراسة أن العلاج بعقار البرازيكوانتل نتج عنه نقص في عدد الديدان و عدد البيض / جم من الكبد أكثر من عقار الميرازيد الذي فشل في إحداث نقص ذا أهميه إحصائية لعدد البيض / جم من الكبد مقارنه بمجموعه الفئران المصابة الغير معالجة، كما أحدث عقار البرازيكوانتل أكبر انخفاض في عدد وحجم تجمعات الخلايا العقدية مقارنه بعقار الميرازيد بينما أحدث كلا العقارين تأثيراً ذا دلاله إحصائية في إعادة إنزيمات الكبد والبروتين إلى المستويات الطبيعية، مثبتاً أن كلا من العقارين يعتبر أمنا كعلاج للبلهارسيا المعوية بينما اثبت عقار السيلينيوم- أج ه تأثيراً ذا أهميه إحصائية كعلاج مصاحب للميرازيد أو البرازيكوانتل في إنقاص عدد الديدان و عدد وحجم تجمعات الخلايا العقدية وإعادة إنزيمات الكبد والبروتين إلى مستوياتهم الطبيعية.

وقد خلصت هذه الدراسة إلى الأتى:

مازال عقار البرازيكوانتل (500 مجم /كجم) في المرتبة الأولى كعلاج فعال وامن ضد العدوى بالبلهارسيا المعوية كما أظهر عقار الميرازيد (600 مجم/كجم) فاعليه أقل من البرازيكوانتل مع مستوى عال من الأمان كما أثبتت الفحوصات الكيميائية وفحوصات الأنسجة. بينما أظهر عقار السيلينيوم - أج ه نتائج مشجعه كعقار مساعد للميرازيد والبرازيكوانتل ضد العدوى بالبلهارسيا المعوية عن طريق خواصه كمضاد للأكسدة.