



**Role of diffusion weighted MRI in patients with hepatocellular carcinoma: prediction and assessment of response to trans-arterial chemoembolization**

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**Abstract:**

**Aim:** The study goal is to detect if apparent diffusion coefficient (ADC), a quantitative parameter of diffusion-weighted imaging (DWI), can recognize HCC post TACE residuals. Results were obtained by using MRI\_DWI & ADC and were compared with those of Tri phasic-computed tomography (CT). **patient and Methods** MRI - DWI was performed to 20 patients with 24 HCC focal lesions before and 1month after TACE to calculate the ADC value of HCC. Patients were also evaluated with Tri phasic-CT after TACE. CT was performed within 1 month after TACE. **Results:** All patients under the study shows pretreatment restricted Diffusion weighted images with low ADC value. Mean ADC value before treatment was  $1.14 \times 10^{-3} \pm 0.29 \times 10^{-3}$  and ranged from  $0.819 \times 10^{-3}$  to  $2.48 \times 10^{-3}$ . 9 cases (45%) cases show post-TACE good therapeutic response with facilitated diffusion & mean ADC value  $1.32 \times 10^{-3}$  with significant increase compared to pre-treatment values. 11 cases (55%) shows post-TACE partial or no therapeutic response with restricted diffusion & mean ADC value  $1.18 \times 10^{-3}$ . However, there was no statistical significant difference between ADC value of resolved and that of residual cases (P-value=0.067), DWI could predict the response of treatment as CT by 100%. All cases of Good therapeutic response had a facilitated diffusion, all cases of partial therapeutic response had a restricted diffusion but less than pretreatment and all cases with no therapeutic response had a restricted diffusion but more than pretreatment. **Conclusion** DWI could evaluate HCC necrosis of tumor after chemoembolization, and the ADC importance might be its ability to detect viable necrotic tumor tissues. Furthermore, DWI-MRI determines improved liver lesion location. So, DWI can be used as an option for HCC patients short term follow up after chemoembolization and may direct patient control for decreasing radiation CT examination exposure and the danger of contrast material-induced nephropathy.

**Keywords :** HCC-hepatic- malignant- TACE -DW MRI-ADC.

## **1. Introduction:**

The most widely recognized primary hepatic malignant cancer is Hepatocellular carcinoma (HCC) which is the fifth most prevalent malignant disease and the third most basic worldwide reason for deaths due to cancer. In 2000, there were 564,000 new cases and 549,000 mortality rates from HCC around the world, demonstrating the overwhelming evaluation of this tumour (1).

However using IFN as example in controlling chronic hepatitis C can reduce risk of hepatocellular carcinoma (2), HCV still one of major causes of hepatocellular carcinoma (3). In contrast to different types of malignant cancers, the HCC evaluation doesn't generally require histological affirmation and HCC is normally estimated by tumour marker and radiology like ultrasonography, C.T and X-ray (4).

Transplantation, trans-arterial treatments, different local ablative and liver resection are considered current efficacious therapy for HCC. Liver transplantation and liver resection are the primary therapeutic treatment. Unluckily, just about 20% patients, mostly investigated by screening regularly, may profit by these surgical techniques. (5).

The most common used therapy for HCC is chemoembolization, for cases not subjected to surgery. It depends on targeting of tumor de vascularization, wherein the oxygen and supplement supply to the tumor is blocked, leading to tumor death (6).

Likewise, TACE influences the tumor to the greatest effect of chemotherapy by specific or super-selective infusion of tumor vessels by chemotherapeutic agents which decrease blood flow to the tumor by particles embolization leading to delayed contact of the tumor with the chemotherapeutic agents. (7).

Liver magnetic resonance imaging (MRI) is gradually progressing from a critical solving imaging tool to a first line imaging methodology for lots of liver diseases. The MRI advantage over different cross sectional imaging tools might be the reason for this change. MRI technological advancements which emphasis on delivering great images and quick imaging, developing more recent function-specific contrast agents and enhancing accuracy of diagnosis are important in confirming that MRI is the most important diagnostic tool (8).

## **2. Patients and Methods:**

Our study protocol was approved by Bani Seuf University Research Ethics Review Committee. Written consent was obtained from all patients before starting the study.

### **2.1 patient:**

Twenty patients were included (13 men & 7 women: age ranged from 55 to 75 years, median age 65 year) with total 24 hepatic focal lesions (13 patient represents 65% have small nodules less than 5 cm & 7 patients represents 35% have large nodules more than 5 cm in diameters, 5 patients of them have infiltrative lesions). All diagnosed with HCC based on  $\alpha$ -fetoprotein levels and previous imaging findings & are subjected for treatment with drug-eluting beads TACE.

MRI study was performed 1-2 days before TACE as well as 1month after. diffusion – weighted images (DWI & apparent diffusion coefficient (ADC) mapping were done. Post-TACE Tri phasic-CT study done as well.

### **2.2. MRI technique:**

MR imaging was performed on high field system (1.5 Tesla) magnet units (Philips

Achieva XR) utilizing a TORSO phased array coil.

#### a) Diffusion study:

- DWI was performed utilizing respiratory stimulated fat-inhibited single-shot echo planar grouping that linked the two diffusion (motion probe) degrees around 180° pulse along the three direction of segment select, frequency encoding, and phase encoding and information securing with an EPI readout was acquired by applying three various b factors of 50,400, and 800 s/mm<sup>2</sup>.

- Generalized auto-calibrating partially parallel acquisition (GRAPPA) imaging with a factor acceleration of two was applied to decrease the procurement time. Different parameters were as the following: repetition time (TR)  $\geq$ 1890 m sec, echo time (TE)= 70 m sec, number of excitations (NEX)=3, matrix 124 x 120 with a field of view as little as possible, slice thickness 6.5mm, slice gap 1-2mm, scanning time 4-5 min.

MR graphs were analyzed as follows:

- Signal intensity on diffusion with ADC values.

MR image interpretation:

DWI MRI:

1. Qualitative analysis: limited diffusion was recorded if the affected area has a bright

sign on DWI that not reduced with higher b value and dark sign in the ADC map.

2. Quantitative analysis: (ADC estimation):- The mean ADC of every lesion recognized was estimated by applying (ROI) area of interest over the lesion.

### **2.3 Tri phasic –CT:**

Tri phasic CT was done using a 64 slices Scanner (Toshiba Aquilion One) after injection of 1.3 ml/kg of iodinated contrast medium (Omnipaque 300 mg/ml) using a 16G Needle in upper limb vein at rate of 4ml/sec with following protocol:

1. arterial phase: acquired 20 seconds after peak calculated by a bolus tracking system with ROI in the abdominal aorta at a trigger density of 120 Hounsfield Units (HU);
2. portal phase acquired 70 seconds after contrast injection;
3. Delayed phase acquired 180 seconds after contrast injection.

### **Inclusion criteria:**

HCC lesion cases subjected to perform drug eluting beads-TACE

- Males and females >18 years old.
- HCC (single nodule less than 8cm or max. 3 nodules  $\leq$  3cm).

- Baseline CT or bone scan and MRI without radiological evidence perceptible major vascular intrusion or extra liver diseases.

- Hemoglobin >9.0 g/dl, WBC >3000 cells/mm<sup>3</sup> ,platelets >75000 cells/mm<sup>3</sup>, bilirubin <3mg/dl.

- Karnofsky list >70%

- Serum creatinine <1.5 mg/dl.

- INR/PTT<1.5 x maximum constraint of typical.

Patients with normal liver function (Child-Pugh class A/B) without encephalopathy and mild to severe ascites

### **Exclusion criteria:**

1. Contrast media contraindications, for example patients with kidney dysfunction, patients hypersensitive to contrast media.

2. Magnetic resonance imaging contraindications, for example claustrophobia in anesthesia contraindicated patients, non-MR compatible heart prosthesis, metallic plates, pace makes.

3. Hepatic cancers other than HCC. Patients who performed liver interventional techniques rather than transarterial chemoembolization (TACE) for example (RF, microwave ablation).

All cases had been exposed to the following:

Full history taking:

Most patients are generally having symptoms of advanced cirrhosis like:

- Pruritus
- Jaundice
- Splenomegaly
- Variceal hemorrhage
- Cachexia
- Increasing abdominal dimension (occlusion of portal vein by thrombus with rapid ascites development)

. Laboratory investigations revision of the patients including kidney and liver function tests. •

Patients were planned to perform MRI with DWI before and within one month after at DEB-TACE with estimating the value of ADC.

All patients have triphasic-CT within one-month post-TACE

We divide the patients into two groups:

- Good therapeutic response (resolved): shows complete iodine concentration with no enhancing tumoral tissue depending on Triphasic-CT study and correlated to MRI

study (no MRI signs of areas of restricted diffusion).

- Partial therapeutic response (Unresolved): shows incomplete iodine concentration with residual enhancing tumoral tissue depending on the Triphasic-CT study and related to MRI DWI study if there is proof of residual tumor tissue with focal persistence of restricted diffusion.
- No therapeutic response (stationary or progressive): shows inadequate iodine concentration with residual enhancing tumoral tissue equal or larger than pre-treatment tumor size depending on the Triphasic-CT study and related to MRI DWI study with persistence of restricted diffusion.

### **3. Results:**

This study conducted on 20 patients complaining of HCC and underwent trans-arterial chemoembolization at tropical medicine department in Beni-Suef university hospital to investigate the role of diffusion-weighted images in prediction and assessment of response to trans-arterial chemoembolization in cases of HCC.

**Table (1) Tumor characteristics of patients under the study:**

<b>Tumor characteristics</b>	<b>Frequency</b>	<b>Percent</b>
<b><u>Stages of HCC</u></b>		
-T1=solitary lesion 2cm without vascular invasion	16	80
-T2=solitary lesion >2cm with vascular invasion or multiple tumors, none >5cm	3	15
-T3=multiple	1	5
<b><u>Number</u></b>		
-Single	16	80
-Multiple	4	20
<b><u>Size</u></b>		
-Small <5cm	13	65
-Large ≥5cm	7	35
<b><u>Nodular/infiltrative</u></b>		
-Nodular	15	75
-Infiltrative	5	25
<b><u>Pretreatment DWI</u></b>		
-Restricted	20	100

*Categorical data was presented as number and percent*

Table (1) showed that all patients under the study shows pretreatment restricted Diffusion weighted images with low ADC value (100%).

**Figure(2) CT results after treatment**

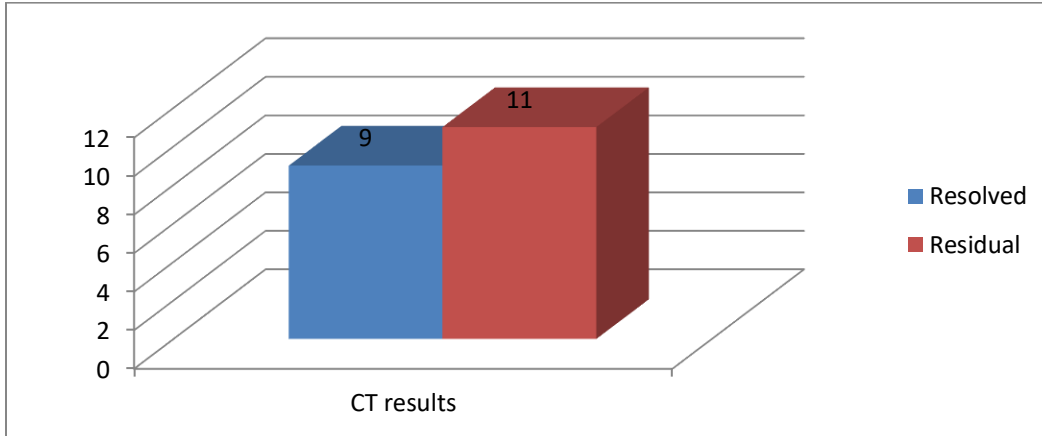


Figure (1) showed that 9 (45%) cases with good therapeutic response after treatment and 11 (55%) with partial or no therapeutic response.

**Table (2) Diffusion weighted Image and ADC values after treatment**

characteristics	N(%) / Value
<b><u>Post-treatment DWI</u></b>	
Restricted	11(55)
Facilitated	9(45)
<b><u>Post-treatment ADC value</u></b>	
Mean	
SD	$1.24 \times 10^{-3}$
Minimum	$0.25 \times 10^{-3}$
Maximum	$0.858 \times 10^{-3}$
Median	$1.777 \times 10^{-3}$
	$1.22 \times 10^{-3}$

*Categorical data was presented as number and percent*

*Scale data presented as mean and standard deviation (SD)*

Table (2) demonstrated that 11(55%) cases of HCC had post-treatment restricted diffusion and 9 (45%) had facilitated diffusion with mean post-treatment ADC value  $1.24 \times 10^{-3} \pm 0.25 \times 10^{-3}$  ranged from  $0.858 \times 10^{-3}$  to  $1.777 \times 10^{-3}$

**Table (3) comparison between the resolved and residual cases of HCC regarding the ADC value after treatment**

CT \ ADC value after ttt	Resolved	Residual	P-value
Mean	1.32	1.18	0.67
SD	0.208	0.275	
Minimum	1.003	0.858	
Maximum	1.777	1.669	
Median	1.29	1.15	

*Scale data presented as mean and standard deviation (SD) \*P-value is significant at <0.05*

Table (3) showed that there was no statistical significant difference between ADC value of resolved and that of residual cases (P-value=0.067)

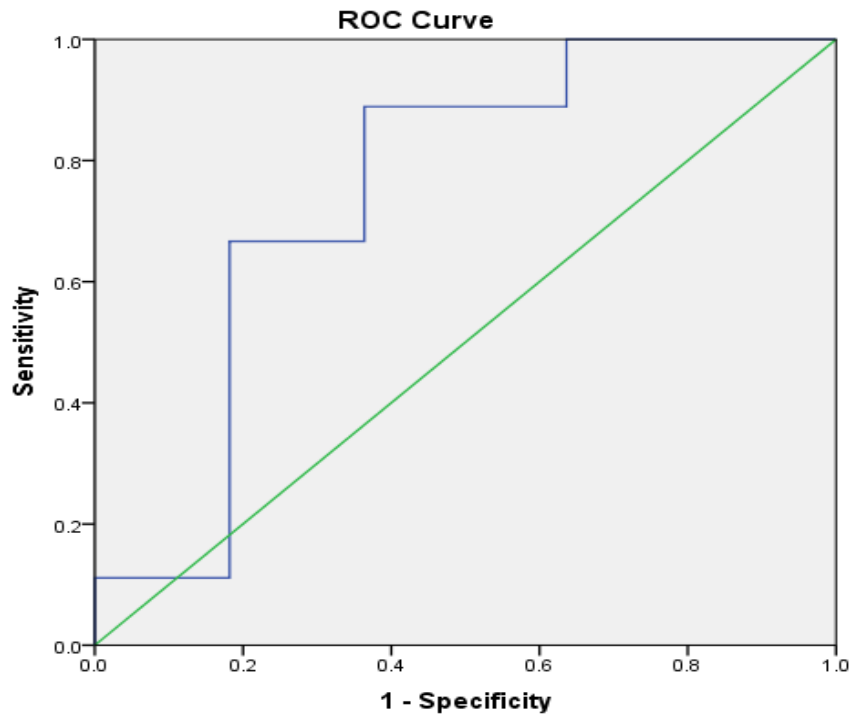
**Table (4) Agreement between CT results and DWI results after treatment:**

DWI \ CT	Good therapeutic response			Total
		Partial therapeutic response	No therapeutic response	
Facilitated	9(100%)	-----	-----	9(45%)
restricted less than pre treatment	-----	5(100%)	-----	5(25%)
restricted equal or larger than pre treatment	-----	-----	6(100%)	6(30%)
Total	9(100%)	5(100%)	6(100%)	20(100%)



Table (4) showed that the DWI can predict the response of treatment as CT by 100%. Also, this table illustrated that all cases of Good therapeutic response had a facilitated diffusion, all cases of partial therapeutic response had a restricted diffusion but less than pretreatment and all cases with no therapeutic response had a restricted diffusion but more than pretreatment.

**Figure (2) Receiver operator characteristic curve: Prediction of resolving of HCC from ADC values after treatment:**



Area Under the Curve			
Test Result Variable(s): Post treatment ADC value			
Area	Std. Error	Asymptotic 95% Confidence Interval	
		Lower Bound	Upper Bound
0.747	0.115	0.522	0.973

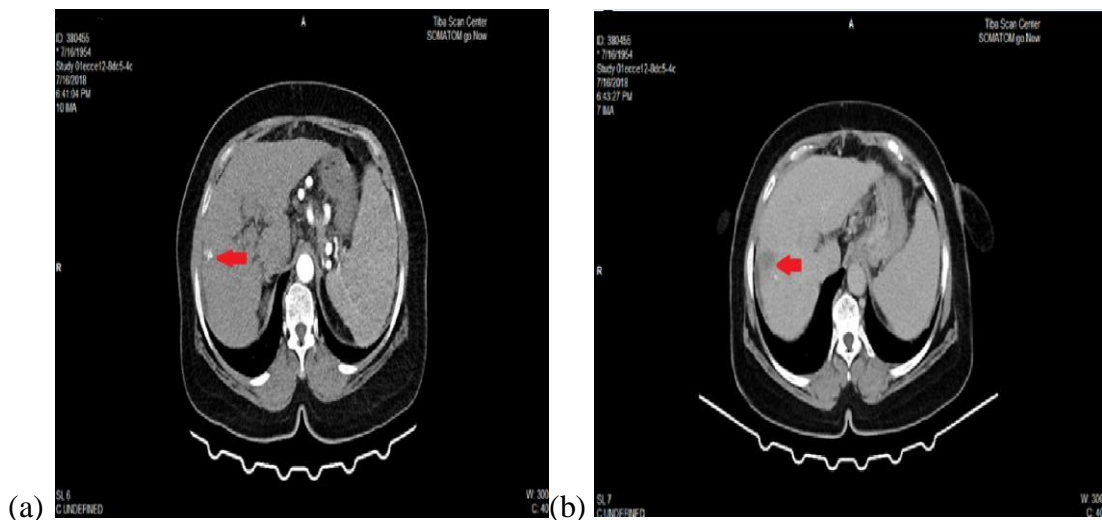
Figure (3) showed that the receiver operator characteristic curve for prediction of resolving HCC (by CT) scan be predicted from ADC value as follow:

At a cut off  $1.19 \times 10^{-3}$  of ADC the resolving HCC (referenced by CT) can be predicted by 90 % sensitivity and 64% specificity.

**Table (5) Rate of increase and rate of decrease of the ADC value after treatment of HCC**

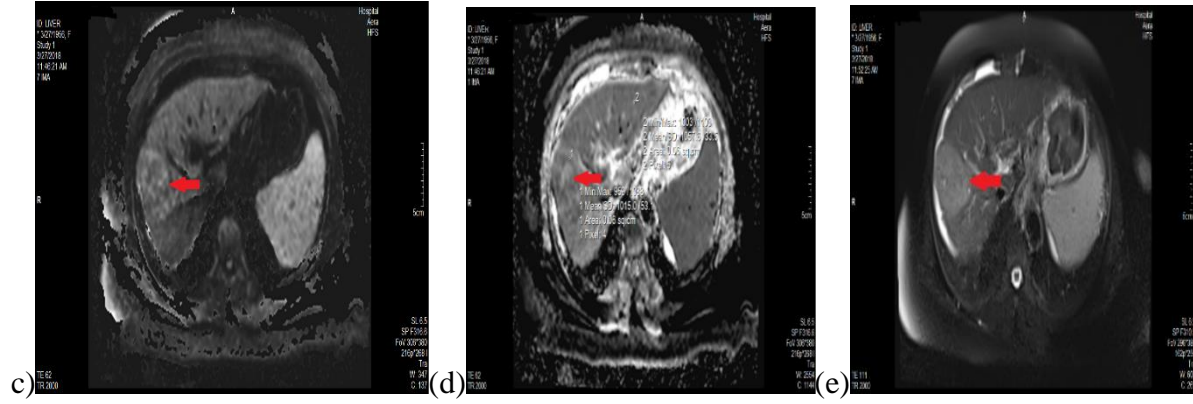
Rate of change	Values	Number of cases (n=20)
<b><u>Rate of increase</u></b>		<b>15(75%) All cases with increased ADC:</b>
Mean± Std. Deviation	16.6%±7.9%	
Median	15.5%	*9 cases with Good therapeutic response
Minimum	2.8%	
Maximum	30.7%	*6 cases with partial therapeutic response
<b><u>Rate of decrease</u></b>		<b>5(25%) All cases with decreased ADC had residual of HCC (no therapeutic response)</b>
Mean± Std. Deviation	-20.4%±9.9%	
Median	-14.72%	
Minimum	-36.9%	
Maximum	-13.3%	

Table (5) showed that there were 15 cases had an increase of ADC value after treatment with 16.6%, 9 cases from them had radiological features of good therapeutic response with no gross residuals and 6 cases had partial response with residual viable tumor tissue. There were 5 cases of HCC after treatment had decreased ADC value and all of them had CT signs of residual of HCC with progression.

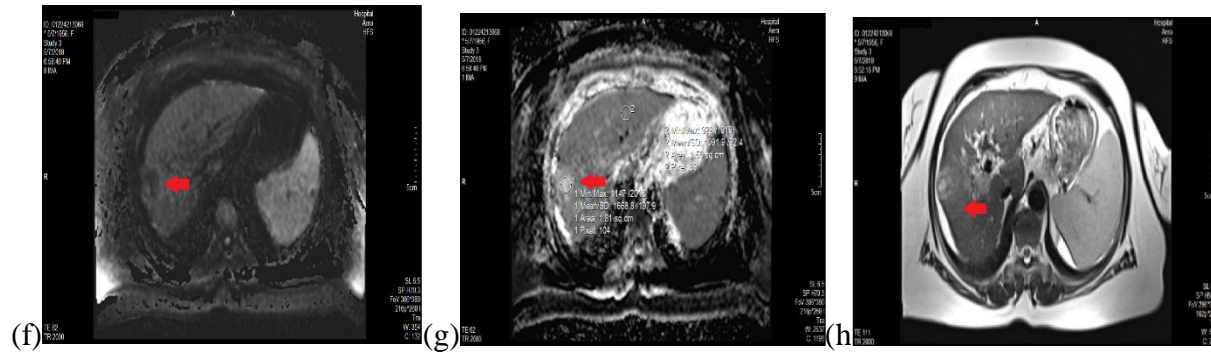


(figure: 3) female patient 62 years old underwent TACE. Triphasic-CT study axial cuts arterial phase and delayed phase (a)arterial phase (b)delayed phase, shows cirrhotic liver with ablated 10

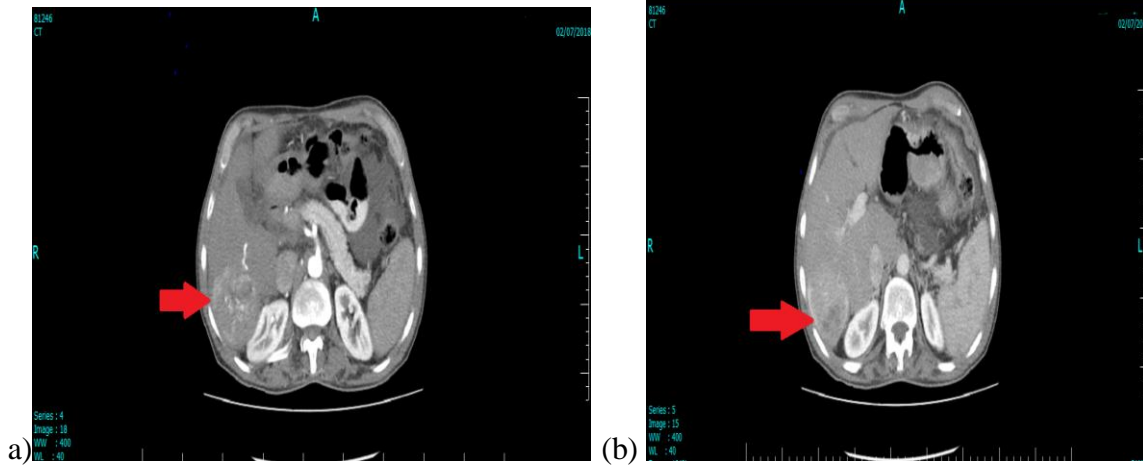
right hepatic lobe segment VII focal lesion. The lesion shows intra-lesional dense lipidol granules with no significant abnormal enhancement in arterial phase.



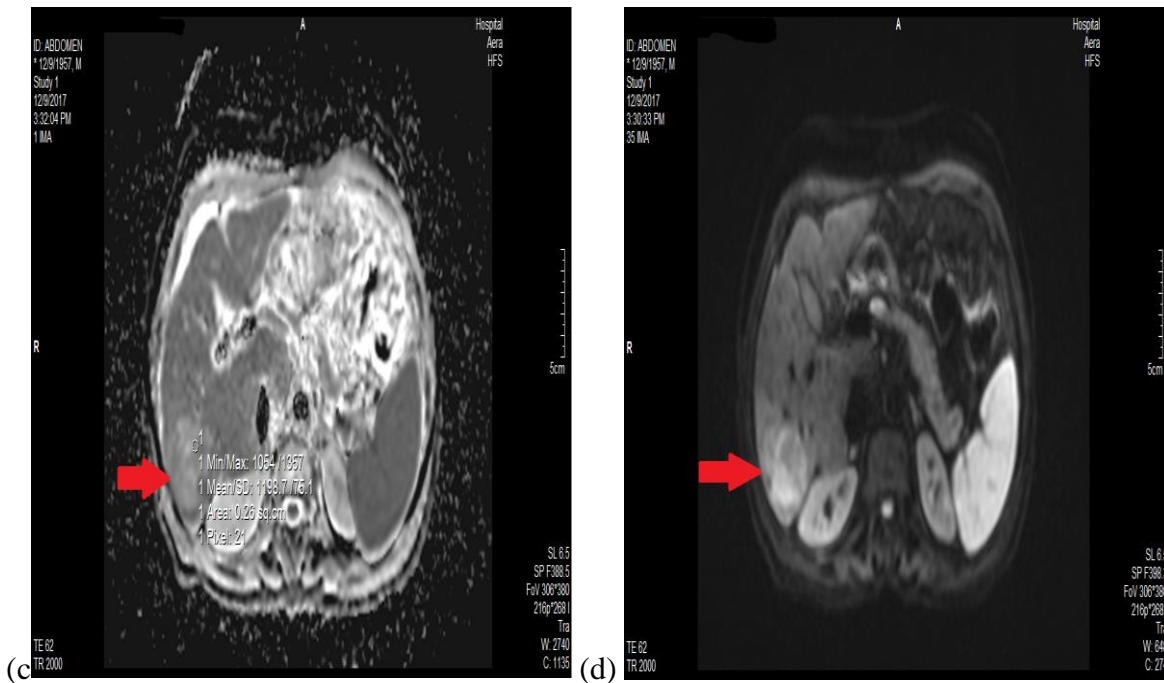
MRI study before TACE axial cuts; (c)Diffusion weighted image (d)ADC map & (e) T2 weighted image before TACE. shows restricted diffusion of mass at segment VII with apparent diffusion coefficient value of  $1.015 \times 10^{-3} \text{ mm}^2/\text{sec}$ .



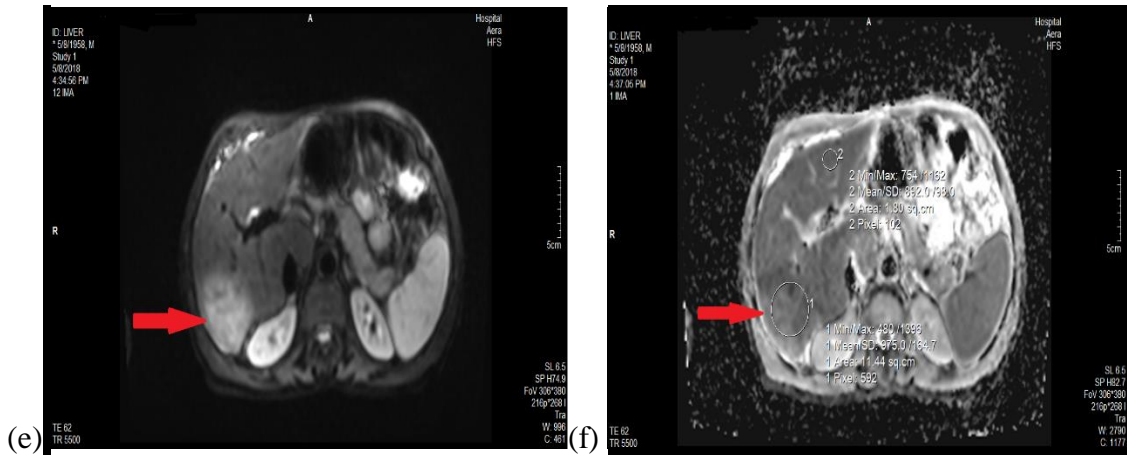
MRI study after TACE axial cuts DWI and ADC map(c)Diffusion weighted image(d)ADC map & (h) T2 weighted image after TACE, shows mass with partially facilitated diffusion & increased apparent diffusion coefficient value of  $1.668 \times 10^{-3} \text{ mm}^2/\text{sec}$ . with reduced size, indicating good response.



(figure: 4) male patient 62 years old; Triphasic-CT study after TACE axial cut arterial phase and portal phases. (a) arterial phase (b)portal phase shows cirrhotic liver with large well defined right hepatic lobe focal lesion, segment (VI). The lesion shows minimal accumulation of lipid droplets with residual patchy areas of heterogeneous enhancement in the arterial phase and washout of contrast on the portal phase indicating residual tumoral activity.



MRI study axial cuts before TACE; DWI and ADC map (a)ADC map (b)DWI, shows mass with restricted diffusion with apparent diffusion coefficient value of  $1.19 \times 10^{-3} \text{ mm}^2/\text{sec}$ .



MRI study axial cuts post-TACE; DWI and ADC map (e)ADC map (f)DWI, shows mass still restricted diffusion with decreased apparent diffusion coefficient value of  $0.975 \times 10^{-3} \text{ mm}^2/\text{sec}$ .

#### 4. Discussion:

Hepatocellular carcinoma (HCC) is the 6<sup>th</sup> most prevalent malignancy around the world with poor prognosis. (9). Triphasic-CT widely used for post-TACE HCC assessment depending on presence or absence of contrast enhancement; however, high-attenuation lipidol can cause beam-hardening artifact that may hind intra-lesional viable tumor tissue. (10).

DWI is a MRI sequence, which utilizes a specific imaging contrast system depends on the spread of water's atoms in the tissues. Contrasts in the limitation of water spread allow identification of typical and atypical tissue. (11).

Diffusion weighted Imaging (DWI) can be assessed quantitatively for apparent diffusion coefficient (ADC) assessment with

utilization of various b values (as example 0, 500 and 1000 s/mm<sup>2</sup>). Diffusion weighted Imaging (DWI) gives specific data about tumor cell membrane integrity and cellularity and so, this way might be effective to show any changes in the micro environmental of tumor, which happen in response to therapy. It has been demonstrated that apparent diffusion coefficient has been increased significantly after trans-catheter chemo-embolization in hepatocellular carcinoma. (12).

The goal of the current study was to demonstrate the rule of DWI in recognition of presence of viable tumor tissue in hepatocellular carcinoma after TACE utilizing ADC value compared to Tri phasic-CT. According to post-TACE, ADC values patients are classified in to good post

therapeutic response, partial & poor (no) therapeutic response. In cases with good post therapeutic response, DWI shows facilitation compared to pre-treatment scan with increased ADC values with mean ADC value before treatment was ( $0.924 \times 10^{-3}$ ) compared to ( $1.32 \times 10^{-3}$ ) with significant increase ( $P = 0.04$ ). these results match results of previous studies provided that significant correlation between tumor response and percent change in ADC at days 4 and 39 post-treatment (13).

Kamel et al. also reported that lesional mean ADC value increased after TACE by 20% ( $P = 0.026$ ). (14) All our cases with good therapeutic response shows no significant tumoral tissue enhancement in post-TACE Triphasic CT with total (100%) agreement with DWI/ADC results. In cases with partial therapeutic response, DWI still shows restricted diffusion yet with elevated ADC values compared to pretreatment values. In such cases residual enhancing tumoral tissue detected in post-TACE Triphasic-CT study. In cases with poor (no) therapeutic response, DWI still restricted diffusion with reduced ADC values compared to pretreatment values. In such cases residual enhancing tumoral tissue detected in post-TACE Triphasic-CT study.

We assess an ADC cut off value of HCC good response from the curve of ROC. We inferred that, 64% specificity and 90% sensitivity can predict necrotic HCC. In this study, the necrotic lesions mean ADC value was  $1.32 \times 10^{-3}$  mm<sup>2</sup>/sec.

The residual disease mean ADC value was  $1.18 \times 10^{-3}$  mm<sup>2</sup>/sec with no statistical difference ( $P=0.067$ ). Compared to Lu T. et al., 2012, demonstrated that values of viable lesions were  $0.97 \pm 0.39 \times 10^{-3}$  mm<sup>2</sup>/sec and nonviable ones were  $1.18 \pm 0.34 \times 10^{-3}$  mm<sup>2</sup>/sec ( $p=0.002$ ). our study yielded specificity of 64% and sensitivity of 90%, with 100% total agreement. These results corresponded to Osama R. et al 2013, who detected that DWI had a sensitivity 100% of 65.5% specificity, and 80% total agreement..

DWI had the following false negative results reasons:

HCC cases with initial facilitated diffusion & relative high ADC value. ROI circular (interest region) utilized for ADC may contain false regions of dead nearby tissue. Lesions of subcapsular periphery contained peritoneal fat, this may increase the values of ADC. Finally, subcentimetric lesions aren't obviously observed (15).

DWI false positive results reasons:

HCC lesion should be evaluated before and after treatment to demonstrate the increase in ADC percentage. ADC values may wrongly have lowered by necrosis and hemorrhage. Intra-lesional restriction may occur as a result to accumulation of Intra-lesional lipidol. Study limitation factors: Lack of follow up imaging and histopathologic assessment which the best to evaluate the normal tissue of tumor as well as relatively small sample size. To conclude,

## **5. Summary:**

(DWI) gives specific data about tumor cell membrane integration and cellularity. Hence, DWI is precise to microenvironment changes that happen within tumor after therapy. This can be assessed quantitatively for the estimation of ADC. Specifically, the level of tumor necrosis of huge HCC after TACE might be recognized by DWI. So, DWI not only provides staying away from exposure to radiation during CT assessment and the danger of nephropathy, it also might be used as an instrument for short term follow up after TACE HCCs' directing further management of patient.

In our study each of the 20 TACE ablated HCCs' were analyzed according to DW-MRI. Lesions were classified according to morphological changes in size and

DWI could evaluate HCC necrosis of tumor after chemoembolization, and the ADC importance might be its ability to detect viable necrotic tumor tissues. Furthermore, DWI-MRI determines improved liver lesion location. So, DWI can be used as an option for HCC patients short term follow up after chemoembolization and may direct patient control for decreasing radiation CT examination exposure and the danger of contrast material-induced nephropathy.

enhancement on Tri phasic-CT study into resolved "good therapeutic response" group, "partial therapeutic response " group & poor therapeutic response group. Furthermore the DWI was evaluated for areas of "facilitation" or "restriction" and ROI was drawn on those areas in the ADC maps. The ADC value obtained was recorded.

We found that DWI is a promising strategy which is very important in assessing HCC according to its ability to differentiate tissue histology. It makes it easy to distinct between necrotic and viable tumor regions and to help in residual tumor diagnosis.

The increase in diffusion coefficient can be used as a detector for potential treatment efficacy. After TACE follow up, there was

significant increase in ADC values & facilitated diffusion in good therapeutic response group compared to pre-treatment group. While in partial therapeutic response there was non-significant increase in ADC values with still residual restricted diffusion. In contrast to cases with poor therapeutic response there was reduces ADC value with restricted diffusion.

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