Value of HCV Core Antigen Testing in Detection of HCV Antibody Negative HCV Infection in Patients with Asymptomatic Elevation of Liver Transaminases of Unknown Etiology

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unknown etiology

Background and aim of the work: Elevation of liver transaminases is the marker of hepatocyte affection by an inflammatory process. HCV infection is a common infection in Egypt. HCV antibodies are detected at least 6 weeks from the onset of infection; a period of time which is called window or preseroconversion phase. Moreover, the immune system is so weak as to mount for a detectable level of HCV antibodies as in cases of HIV, lymphomas and patients on chemotherapy. The aim of the present work is to study HCV core antigen as a marker of HCV infection in HCV antibody negative patients with asymptomatic elevation of liver transaminases of unknown etiology.

Patients and Methods: 110 asymptomatic patients with elevated liver transaminases of unknown etiology were included in the study; 55 of them were HCV antibody

negative and 55 were HCV antibody positive. HCV core antigen and HCV RNA PCR were determined in all patients. HCV antibody testing was repeated in all HCV antibody negative patients after 6 weeks.

Results: Out of 55 HCV antibody negative patients with elevated liver transaminases of unknown etiology, 5 turned out to have HCV infection as proved by HCV RNA PCR. 4 of these 5 were positive for HCV core antigen. 3 of these 5 converted to HCV antibody positive after 6 weeks of follow up.

Conclusion: HCV core antigen is a good marker for detection of HCV infection in HCV antibody negative patients with asymptomatic elevation of liver transaminases of unknown etiology.

INTRODUCTION

Liver transaminases are the biochemical markers of hepatocyte affection by an inflammatory process. Accidental discovery of isolated elevation of liver transaminases in asymptomatic patients is not uncommonly met with in the daily practice in the setting of routine or periodic self-health screening, routine follow up of workers in hospitals and some factories or in the setting of routine preoperative, pre-blood donation and pre-traveling evaluation [1].

Elevation of liver transaminases of unknown etiology is defined as elevation of ALT and/or AST in a non-alcoholic patient in the absence of positive viral markers (HBs antigen and HCV antibody), absence of immune markers (ANA), absence of drug history of an essentially or a potentially hepatotoxic medication, absence of clinical and sonographic criteria of fatty liver disease and absence of family history of liver disease [2].

In the life cycle of HCV, acute hepatitis C is defined as the first 2 months of HCV infection. In this period of time, the patient is mostly asymptomatic or may complain of non-specific abdominal discomfort or non-specific fatigue. Also in this period of time, liver enzymes may or may not become elevated [3].

Prevalence of HCV infection is variable throughout the world. In the USA, 1.8 percent of the population is positive for HCV antibodies. Given that 3 of every 4 seropositive persons also have viremia as assessed by the currently available HCV RNA PCR tests, an estimated 2.7 million people in the USA have active HCV infection [4].

Egypt possibly carries the highest HCV prevalence worldwide with approximately 30-35% of the general population infected [5]. HCV is considered the most common etiology of chronic liver disease in Egypt where prevalence of antibodies to HCV is 10 folds that in the USA and Europe. Approximately 90% of Egyptian HCV isolates belong to genotype 4a [6].

Early published results that identified HCV viral antigen in the serum of HCV infected patients were reported in 1992. One pioneering study indicated that circulating HCV core antigen could through enzyme-linked be detected an immunosorbent assay (ELISA) sandwich antigen test [7]. In 1995, it was demonstrated that HCV core antigen could be detected and quantified in serum through a simple fluorescent enzyme immunoassay. This procedure required а precipitation step followed by solubilization of the pellet both to reveal the HCV core antigen and to destroy antibodies that may prevent detection of HCV core protein. The processed sample could then be tested for HCV core antigen [8].

There have been multiple studies indicating the potential utility of HCV core antigen testing in three different types of situations; first, to identify HCV infection in the pre-seroconversion window period [9], second, to distinguish actively infected HCV seropositive individuals from those who have resolved HCV infection [10] and third, to monitor the efficacy of antiviral therapy using a quantitative HCV core antigen assay [11].

The aim of the present study is to evaluate the clinical utility of HCV core antigen testing in detection of HCV antibody negative HCV infection in patients with asymptomatic elevation of liver transaminases of unknown etiology.

PATIENTS AND METHODS

This study was carried out on 110 asymptomatic patients with elevated liver transaminases. Patients were recruited from the outpatient clinic of Tropical Medicine Department, Zagazig University Hospitals and the HCV treatment center at Al Ahrar hospital in the period from April 2015 to February 2017. Patients with elevated liver transaminases were divided into two groups; group A which included 55 patients with negative HCV antibody and no identifiable cause of liver transaminase elevation and group B which included 55 patients with positive HCV antibody. Group A patients were recruited from the outpatient clinic of Tropical Medicine Department, Zagazig University hospitals. They accidentally discovered liver transaminase elevation in the setting of routine or periodic self-health screening, routine follow up of workers in hospitals and some factories or in the setting of routine preoperative, pre-blood donation and pre-traveling evaluation. Group B patients were recruited from Al Ahrar HCV treatment center.

HBs antigen positivity, alcoholism, hepatotoxic drug use, ANA positivity, BMI more than 35, sonographically bright fatty liver and hepatocellular carcinoma excluded patients from both groups. Sonographically cirrhotic liver did not exclude patients from either groups. All patients gave a written consent to be included in the study.

All patients were subjected to full history taking and thorough clinical examination. Routine laboratory investigations in the form of CBC and LFT were done for all patients. HBs antigen and ANA were done for all patients ascertain negativity in all patients. HCV antibody by ELISA, HCV core antigen by a prototype ELISA and quantitative HCV RNA PCR were done for all patients. HCV antibody testing was repeated after 6 weeks for HCV infected patients who are initially HCV antibody negative prior to receiving antiviral treatment. Pelviabdominal ultrasound was done for all patients by the same operator.

HCV core antigen detection was performed using a prototype ELISA. This sandwich assay utilizes microwells coated with monoclonal antibodies which recognize HCV core antigen. The conjugate comprised of anti-HCV core antigen monoclonal antibodies labeled with horseradish peroxidase and had different epitope specificity than the antibodies coated onto the solid phase **[12]**.

Obtained data were collected, tabulated and statistically analyzed using SPSS 22.0 for windows (SPSS Inc., Chicago, IL, USA) and MedCalc 13 for windows (MedCalc Software bvba, Ostend, Belgium). Continuous quantitative variables were expressed as the mean \pm SD and median (range) and categorical qualitative variables were expressed as an absolute frequency (number) and a relative frequency (percentage). Continuous

data were checked for normality using Shapiro Walk test. Independent samples Student's t-test was used to compare two groups of normally distributed data while Mann-Whitney U test was used for non-normally distributed data. Categorical data were compared using Chi-square test or Fisher's exact test when appropriate. All tests were two sided. P-value <0.05 was considered statistically significant (S), p-value <0.001 was considered statistically highly significant (HS) and p-value ≥ 0.05 was considered statistically non-significant (NS).

RESULTS

Table (1): Demographic data of the studied patie	nts
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Domographia data	Negativ	e HCV Ab	Positive HCV Ab		Test	p-value
Demographic data	No.	%	No.	%	Test	(Sig.)
Sex						
Male	39	70.9%	36	65.5%	0.377‡	0.539 (NS)
Female	16	29.1%	19	34.5%		(NS)
Age (years)						
Mean \pm SD	41.56	5 ± 12.96	42.2	5 ± 12.91	-0.280*	0.780 (NS)
Median (Range)	44 (1	19-71)	44 ((19 – 73)		(NS)
\leq 40 years	26	47.3%	25	45.5%	0.040‡	0.980 (NS)
41 – 59 years	24	43.6%	25	45.5%		
\geq 60 years	5	9.1%	5	9.1%		
Weight (kg)						
Mean \pm SD	76.43	5 ± 10.12	77.1	0 ± 10.26	-0.413•	0.679 (NS)
Median (Range)	77 (5	55–91)	78 (57 - 91)			(NS)
Height (cm)						
Mean \pm SD	171	$.72 \pm 8$	172.	47 ± 8.41	-0.476*	0.635 (NS)
Median (Range)	172 (1	55 – 186)	172 (155 – 186)		(NS)
<u>BMI (kg/m²)</u>						
Mean \pm SD	25.8	25.80 ± 1.79		25.79 ± 1.64		0.983 (NS)
Median	2	6.25	26.25			(NS)
Normal	18	32.7%	19	34.5%	0.041‡	0.840 (NS)
Overweight	37	67.3%	36	65.5%		(NS)

 \ddagger Chi-square test. * Independent samples Student's t-test. • Mann Whitney U test. P < 0.05 is significant.

Liver enzymes	Gro	Group A		Group B		p-value
	No.	%	No.	%	Test	(Sig.)
AST (U/L)						
Mean \pm SD	163.20 ± 51.51		192.72 ± 93.52		-1.639•	0.101 (NS)
Median (Range)	143 (12	3-410)	153 (1	23 – 513)	-1.039•	(NS)
3-10 time normal	54	98.2%	50	90.9%	2.821‡	0.206 (NS)
>10 time normal	1	1.8%	5	9.1%	2.8214	(NS)
ALT (U/L)						
Mean \pm SD	189.60 ± 77.66		208.9	0 ± 97.62	-1.063•	0.288 (NS)
Median (Range)	174 (12	3 – 515)	178 (123 – 518)		-1.005•	(NS)
3-10 time normal	52	94.5%	49	89.1%	1.089‡	0.489 (NS)
>10 time normal	3	5.5%	6	10.9%	1.0891	(NS)

Table (2): Liver enzymes of the studied patients

• Mann Whitney U test. \ddagger Chi-square test. P < 0.05 is significant.

Routine laboratory Findings	Group A (N=55)	Group B (N=55)	Test•	p-value 9 (Sig.)
AST (IU/dl)				
Mean \pm SD	163.20 ± 51.51	192.72 ± 93.52	-1.639	0.101
Median (Range)	143 (123 - 410)	153 (123 – 513)		(NS)
ALT (IU/dl)				
Mean \pm SD	189.60 ± 77.66	208.90 ± 97.62	-1.063	0.288
Median (Range)	174 (123 – 515)	178 (123 – 518)		(NS)
T.Bil (mg/dl)				
Mean \pm SD	1.14 ± 0.61	1.43 ± 0.94	-1.725	0.085
Median (Range)	1 (0.50 – 4)	1.10 (0.40 - 5.10)		(NS)
Albumin (g/dl)				
Mean \pm SD	3.98 ± 0.49	3.85 ± 0.37	-0.934	0.350
Median (Range)	3.90 (3.40 - 5)	3.80 (3.30 - 5)		(NS)
INR				
Mean \pm SD	1.04 ± 0.12	1.08 ± 0.14	-2.228	0.026
Median (Range)	1 (0.98 – 1.50)	1 (1 – 1.60)		(S)
WBCs (x10 ³ /mm ³)				
Mean \pm SD	7.10 ± 2.31	7.17 ± 3.23	-0.803	0.422
Median (Range)	7 (4 – 17)	7 (3 – 18)		(NS)
Hemoglobin (g/dl)				
Mean \pm SD	12.31 ± 1.48	11.40 ± 0.92	-3.820	< 0.001
Median (Range)	12 (9.80 - 17)	11 (9.90 – 15)		(HS)
Plt count (x10 ³ /mm ³)				
Mean \pm SD	186.94 ± 42.02	147.12 ± 60.61	-3.656	< 0.001
Median (Range)	178 (100 - 321)	148 (45 - 300)		(HS)

Table (3): Routine laboratory findings of the studied patients

• Mann Whitney U test.

P < 0.05 is significant.

Table (4): Liver ultrasonography of the studied patients

Liver U/S	Group A	Group A (N=55)		B (N=55)	Toot*	n volue (Sig.)	
Liver U/S	No.	%	No.	%	Test‡	p-value (Sig.)	
Normal	55	100%	31	56.4%	30.698	<0.001 (HS)	
Cirrhotic	0	0%	24	43.6%			
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Chi-square test. P<0.05 is significant.

 Table (5): Distribution of HCV antibody, HCV core antigen and HCV RNA PCR among the studied patients

	UCV come A g	Ag HCV PCR	All patie	nts (N=110)
HCV Ab	HCV core Ag		No.	%
+ve	+ve	+ve	44	40%
+ve	+ve	-ve	0	0%
+ve	-ve	+ve	3	2.7%
+ve	-ve	-ve	8	7.3%
-ve	+ve	+ve	4	3.6%
-ve	+ve	-ve	0	0%
-ve	-ve	+ve	1	0.9%
-ve	-ve	-ve	50	45.5%

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HCV seromarker	Group A (N=55)		Group B (N=55)		Toat	
	No.	%	No.	%	Test‡	p-value
HCV Ab						
Negative	55	100%	0	0%	110.000	< 0.001
Positive	0	0%	55	100%		(HS)
HCV core Ag						
Negative	51	92.7%	11	20%	59.140	< 0.001
Positive	4	7.3%	44	80%		(HS)

Table (6): HCV seromarkers of the studied patients

 \ddagger Chi-square test. P < 0.05 is significant.

Table (7): HCV RNA PCR of the studied patients

HCV RNA levels by PCR	Group A (N=)		Group B (N=)		Test:	p-value
He v KitA levels by I CK	No.	%	No.	%	1000	p vulue
<16 IU/ml	50	90.9%	8	14.5%	64.720	< 0.001
$16 - < 10^4 \text{ IU/ml}$	2	3.6%	19	34.5%		(HS)
$>10^4 - <10^6 \text{ IU/ml}$	1	1.8%	18	32.7%		
>10 ⁶ IU/ml	2	3.6%	10	18.2%		

< 16 IU/ml (below level of detection) \ddagger Chi-square test P < 0.05 is significant.

Table (8): Relation between HCV core antigen and HCV RNA PCR in HCV antibody negative patients

Ne	gative HCV Al	o (group A)	(N=55)			
HCV PCR Negative HCV core A (N=51)		ore Ag Positive HCV core Ag (N=4)		Test	p-value (Sig.)	
No.	%	No.	%			
50	98%	0	0%	43.137‡	<0.001 (HS)	
1	2%	4	100%		(HS)	
50	98%	0	0%			
1	2%	1	25%	17 506+	< 0.001	
0	0%	1	25%	47.380	(HS)	
0	0%	2	50%			
	Negative H (N No. 50 1	Negative HCV core Ag (N=51) No. % 50 98% 1 2% 50 98% 1 2% 0 0%	Negative HCV core Ag (N=51) Positive I (0 No. % No. 50 98% 0 1 2% 4 50 98% 0 1 2% 4 50 98% 0 1 2% 1 0 0% 1	(N=51) (N=4) No. % No. % 50 98% 0 0% 1 2% 4 100% 50 98% 0 0% 1 2% 4 100% 50 98% 0 0% 1 2% 1 25% 0 0% 1 25%	Negative HCV core Ag (N=51) Positive HCV core Ag (N=4) Test No. % No. % 50 98% 0 0% 43.137‡ 1 2% 4 100% 43.137‡ 50 98% 0 0% 47.586‡ 0 0% 1 25% 47.586‡	

<16 IU/ml (below level of detection) \ddagger Chi-square test P < 0.05 is significant

Table (9): Relation between HCV core antigen and HCV RNA PCR in HCV antibody positive patients

	Pos	itive HCV Ab				
HCV PCR	Negative HCV core Ag (N=11)		Positive HCV core Ag (N=44)		Test	p-value (Sig.)
	No.	%	No.	%		
Negative	8	72.7%	0	0%	27 4474	<0.001 (HS)
Positive	3	27.3%	44	100%	37.447‡	(HS)
<16 IU/ML	8	72.7%	0	0%		
16-10 ⁴ IU/ML	2	18.2%	17	38.6%	37.913‡	< 0.001
10^4 - 10^6 IU/ML	1	9.1%	17	38.6%	57.9154	(HS)
>10 ⁶ IU/ML	0	0%	10	22.7%		

<16 IU/ml (below level of detection) \ddagger Chi-square test P < 0.05 is significant.

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Routine laboratory	HCV c				
Findings	Negative (N=62) Positive (N=48) (N=62) (N=48)		Test•	p-value	
AST (IU/dl)					
Mean \pm SD	171.25 ± 65.20	186.62 ± 89.18	-0.275	0.130	
Median (Range)	153 (111 – 478)	146.50 (97 - 491)		(NS)	
ALT (IU/dl)					
Mean \pm SD	197.77 ± 88.40	201.16 ± 89.14	-0.130	0.897	
Median (Range)	178 (123 – 518)	174 (123 – 440)		(NS)	

Table (10): Liver enzymes among HCV core antigen negative and positive patients

• Mann Whitney U test. P < 0.05 is significant.

 Table (11): HCV antibody and HCV RNA PCR among HCV core antigen negative and positive patients

		HCV core Ag						
	Negat	tive (N=62)	Positiv	ve (N=48)				
	No.	%	No.	%				
HCV ab +ve	51	82.3%	4	8.3%				
HCV ab –ve	11	17.7%	44	91.7%				
<16 IU/ml	58	93.5%	0	0%				
$16 < 10^4 \text{ IU/ml}$	3	4.8%	18	37.5%				
$>10^4 - <10^6$ IU/ml	1	1.6%	18	37.5%				
$>10^6$ IU/ml	0	0%	12	25%				

< 16 IU/ml (below level of detection).

Table (12): HCV RNA I	PCR among HCV core antigen ne	gative and positive patients

	HCV core Ag					
HCV RNA levels by PCR	Negative (N=62)		Positive (N=48)		Test‡	p-value
	No.	%	No.	%		
<16 IU/ml	58	93.5%	0	0%	95.693	< 0.001
$16 < 10^4 \text{ IU/ml}$	3	4.8%	18	37.5%		(HS)
$>10^4 - <10^6 \text{IU/ml}$	1	1.6%	18	37.5%		
$>10^6$ IU/ml	0	0%	12	25%		

<16 IU/ml (below level of detection) \ddagger Chi-square test P < 0.05 is significant.

Table (13): Relation between HCV core Ag and HCV antibody after 6 weeks in patients with	th initial
negative HCV antibody	

HCV Ab after 6 weeks	Negative HCV core Ag (N=51)			HCV core Ag (N=4)	Test‡	p-value (Sig.)
U WEEKS	No.	%	No.	%		(Big.)
Negative	51	100%	1	25%	40.457	<0.001 (HS)
Positive	0	0%	3	75%		(HS)

‡ Chi-square test.

P < 0.05 is significant.

HCV Ab after 6 weeks	Negative HCV PCR (N=50)		Positive HCV PCR (N=5)		Test‡	p-value (Sig.)
WEEKS	No.	%	No.	%		(Big.)
Negative	50	100%	2	40%	31.731	<0.001 (HS)
Positive	0	0%	3	60%		(HS)

 Table (14): Relation between HCV RNA PCR and HCV antibody after 6 weeks in patients with initial negative HCV antibody

‡ Chi-square test.

P < 0.05 is significant

DISCUSSION

HCV infection is a commonly spreading infection in Egypt. The acute first-2-month phase of infection is mostly asymptomatic. Liver transaminases may or may not become elevated. Typically, the increase in liver tranaminases follows the presence of a detectable HCV RNA levels by about 1 to 2 weeks but generally precedes the development of HCV antibodies. The mean ALT after acute infection reaches 800 IU/L range. The Centers for Disease Control and Prevention uses a recent increase in ALT to a level greater than 400 IU/L as part of the diagnostic criteria of acute HCV infection [13].

HCV antibody assays are the most common serologic markers for diagnosis of HCV infection and are usually used as the first line screening test in the community. However, most HCV antibody assays do not correlate well with HCV viremia and take an average of 6 weeks to 6 months from the onset of infection to become detectable in blood [14].

The term HCV core antigen was first introduced in the clinical practice in 1992. Early methods and their modifications aimed at providing a diagnostic tool of HCV infection as sensitive and specific as the HCV RNA PCR in cases of acute infection [15] and in follow up of natural or treatment-induced resolution of infection [10] and [16]. Furthermore, it could be useful in monitoring of immunocompromised patients and patients on hemodialysis [17]. Also, the value of HCV core antigen testing was studied in donated blood and plasma to reduce the residual risk of transfusion transmitted infection [18].

In the present study, we adopted the method described by Fabrizi et al. **[12]** for detecting HCV core antigen and compared it with the gold standard HCV RNA PCR testing in detection of HCV antibody negative HCV infected asymptomtic patients with elevated liver transaminases of unknown etiology.

The present study was carried out at the outpatient clinic of Tropical Medicine Department, Zagazig University where HCV antibody negative patients with elevated liver transaminases of unknown etiology were recruited and the HCV treatment center at Al-Ahrar hospital where HCV antibody positive patients with elevated liver transaminases coming for HCV treatment were recruited. The study was carried out in the period from April 2015 to February 2017.

Patients were divided into 2 groups; group A which included 55 HCV antibody negative patients with elevated liver transaminases of unknown etiology as the case group and group B which included 55 HCV antibody positive patients with elevated liver transaminases as the control group. HBs antigen positivity, alcoholism, hepatotoxic drug use, ANA positivity, BMI more than 35, sonographically bright fatty liver and hepatocellular carcinoma excluded patients from both groups. Sonographically cirrhotic liver did not exclude patients from either groups.

All patients were subjected to full history taking, thorough clinical examination, routine laboratory investigations in the form of CBC and LFT and pelviabdominal ultrasonogrphy performed by the same operator. HBs antigen and ANA were done for all patients ascertain negativity in all patients. HCV antibody by a prototype ELISA, HCV core antigen by a prototype ELISA and the gold standard quantitative HCV RNA PCR were done for all patients. HCV antibody testing was repeated after 6 weeks for HCV infected patients who are initially HCV antibody negative prior to receiving antiviral treatment. Obtained data were compared using appropriate statistical methods.

In this study, the mean age of HCV antibody negative patients was 41.56 ± 12.96 years (range between 19-71 years), 39 of them were males (70.9%) and 16 were females (29.1%). Regarding HCV antibody positive patients, the mean age was 42.25 ± 12.91 years (range between 19-73 years), 36 of them were males (65.5%) and 19 of

them were females (34.5%). These findings are in agreement with those of El-Zananty and Way [5] who found that prevalence of chronic HCV infection in Egypt is higher among men than women (12% and 8%, respectively) and increases with age (reaching >25% among persons aged >50 years). In this study, body mass index was 25.80 ± 1.79 in HCV antibody negative patients and 25.79 ± 1.64 in HCV antibody positive patients.

There was no statistically significant difference between both groups as regard age, sex and BMI. This reflects that we tried to match patients in both groups as regard age and sex as well as we intentionally execluded patients with BMI more than 35 to eliminate the possibility of fatty liver disease in both groups.

In the present study, there was no statistically significant difference between both groups as regard liver function tests. This reflects that we intentionally selected asymptomatic patients with isolated elevation of liver transaminases in both groups. As regard CBC, there was a statistically significant difference in hemoglobin level and platelet count between both groups. This reflects that we did not execlude cirrhotic patients from either group and reflects that the prevalence of HCV induced liver cirrhosis is much more common that of cryptogenic cirrhosis. Similar findings were obtained by El Zanaty and Way, 2009 [5] who stated that HCV is the commonest cause of liver disease in Egypt. Similar results of HCV associated thrombocytopenia were obtained by Garcia-Suarez et al. [19] who reported that HCV-associated thrombocytopenia occurs even in the absence of clinically evident liver disease or splenomegaly.

As regard HCV markers, group A patients initially were all HCV antibody negative while group B patients were all HCV antibody positive. 5 patients in group A turned out to have HCV infection as confirmed by HCV RNA PCR testing. 4 out of these 5 patients were positive for HCV core antigen. 8 patients in group B turned out to be free of HCV infection as confirmed by HCV RNA PCR testing. All of these 8 patients were negative for HCV core antigen. 44 out the 47 HCV antibody positive HCV infected patients in group B were positive for HCV core antigen while the rest 3 patients were negative for HCV core antigen.

In this study, there was a statistically highly significant relation between HCV core antigen positivity and negativity and HCV RNA PCR positivity and negativity respectively in HCV antibody negative and positive patients (p<0.001). These results are in agreement with those obtained by Catherine et al. **[20]** who found that the sensitivity of HCV core antigen assay was 96.7% (117 positive HCV core antigen assays out of 121 positive HCV RNA PCR assays) with a highly significant relation between positivity and negativity of HCV core antigen and HCV RNA PCR in HCV antibody positive patients.

On the other hand, these results are in disagreement with Reddy et al. [21] who reported that the sensitivity of HCV core antigen assay was 60% in their study which included 111 chronic renal failure patients on hemodialysis. Difference in results can be explained by the fact that metabolic derangements accompanying CRF may mask the serologic detection of HCV core antigen.

Repeating HCV antibody testing for group A patients after 6 weeks revealed that 3 out of these 55 patients became HCV antibody positive. All of these 3 were HCV infected from the start as confirmed by HCV RNA PCR testing and all of them were HCV core antigen positive from the start. This result confirms that HCV core antigen assay is strongly correlated with HCV RNA PCR assay and can replace it in detection of HCV infection in the window or pre-seroconversion phase of infection.

These results are in agreement with Lee et al. [22], Piccoli et al. [23], Nubling et al. [24] and Widell et al. [25]. These four prospective and retrospective studies showed that HCV core assays could detect HCV infection about 40 to 50 days earlier than HCV antibody assays with a an overall sensitivity of 94 -97 % and specificity of 99.5-99.9 % in low risk populations.

Also, these results are in agreement with Kobayashi et al. **[26]** who reported the presence of HCV antigen in RNA-positive specimens from patients with acute and chronic HCV infection and with Aoyagi et al. **[27]** who reported the presence of HCV antigen during the early RNA-positive phase of anti-HCV seroconversion. Their results indicated that HCV core antigen appears substantially earlier than HCV antibody during the early phase of HCV infection and contemporaneously with HCV RNA in most seroconversion cases.

In conclusion, HCV core antigen assay is a simple and reliable direct method for detection of HCV infection among patients with asymptomatic elevation of liver transaminases of unknown etiology. Since this assay is based on ELISA technology, it can be easily performed in most laboratories. It would serve as a cheap and rapid direct HCV detection method in patients during the pre-seroconversion phase when the antibody assays are negative.

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Conflicts of interest: None.

Ethical approval: The protocol of the study was approved by the ethical committee of Faculty of Medicine, Zagazig University. Informed consents were obtained from all patients

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