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## EFFECT OF COMBINED USING OF GnRH AND PGF<sub>2</sub>α ON OESTRUS SYNCHRONIZATION AND PREGNANCY RATE IN BUFFALO-COWS

(With 2 Tables)

By

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تأثير استخدام الجمع بين محفز الهرمون الحاث للغدة المنسلية  
و البروستاجلاندين (ف ٢ الفا) على توقيت الشبق و نسبة الحمل  
في إناث الجاموس

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تهدف هذه الدراسة إلى معرفة تأثير الحقن المتوالي بـال Fertirelin acetate (محفز الهرمون الحاث للغدة المنسلية GnRH agonist) والوتاليز (البروستاجلاندين ف ٢ الفا) على توقيت الشبق ونسبة الحمل في إناث الجاموس. تمت هذه الدراسة على عسدد ثمانية وخمسون أنثى سبقت لجميعها الولادة أكثر من مرة وكانت كلا منها تحمل على المبيض جسم اصفر أثناء الجس المبدئي. وقد قسمت هذه الحيوانات عند بداية الدراسة إلى مجموعتين. كانت المجموعة الأولى ضابطة (عددها ٢١ أنثى) والتي تم إعطائها ٢ مللى من محلول الملح الفسيولوجي. والمجموعة الثانية علاجية (عددها ٣٧ أنثى) والتي تم إعطائها ٢ مللى (١٠٠ ميكروجرام) من Fertirelin acetate. في اليوم السابع من بداية التجربة تم إعطاء ٥ مللى من الوتاليز (٢٥ مللى جرام من البروستاجلاندين ف ٢ الفا) إلى الحيوانات التي لم تظهر عليها علامات الشبق خلال ٦ أيام الأولى من بداية التجربة وكان عددها ١٦ حيوان من المجموعة الضابطة (سميت مجموعة SP) و ٣٣ حيوان من المجموعة العلاجية. في اليوم التاسع قسمت المجموعة المعالجة وعددها ٣٣ حيوان عشوائياً إلى مجموعتين أعطيت المجموعة الأولى ١ مللى من محلول الملح الفسيولوجي (وسميت المجموعة GP وعددها ١٧ أنثى) وبينما أعطيت المجموعة الثانية ١ مللى (٥٠ ميكروجرام) من Fertirelin acetate (وسميت المجموعة GPG وعددها ١٦ أنثى). تم أخذ عينات من اللبن لقياس مستوى هرمون البروجسترون لتحديد حالة الجسم الأصفر قبل وبعد العلاج. تم ملاحظة حدوث الشبق في حيوانات المجموعة الضابطة (SP) والمجموعة المعالجة (GP) ذلك خلال الفترة من اليوم السابع إلى العاشر من بداية التجربة لتلقيحها باستخدام طلائق جيدة الخصوبة. أما بالنسبة للحيوانات المجموعة المعالجة (GPG) فقد

لحقت في اليوم العاشر • وجد ان معدل توافقت الشبق قد سجل اختلافا بسيطاً خلال فترة التجربة (١٠ أيام) بالرغم من ان نسبة حدوثه كانت منخفضة في الحيوانات المعالجة بمحفز الهرمون الحاث للغدة المنسلية عن حيوانات المجموعة الضابطة • وجد ان نسبة حدوث الحمل بعد التلقيح الأولى هي ٣١% من المجموعة الضابطة (SP) و ٥٨,٨% من المجموعة المعالجة (GP) ٦,٨% للمجموعة المعالجة (GPG) وان هذا الاختلاف كان معنوياً خاصة بين المجموعة الضابطة والمجموعة المعالجة (GPG) • وقد أظهرت هذه النتائج ان استخدام طريقة الحقن المتوالي لكل من محفز الهرمون الحاث للغدة المنسلية قبل الحقن ب ٧ أيام بالبروستاجلاندين ف ٢ الفا ثم الحقن مرة ثانية بعد يومين بمحفز الهرمون الحاث للغدة المنسلية طريقة مفيدة لتوافقت الشبق وكذلك تحسين نسبة الحمل في الجاموس •

## SUMMARY

The objective of this study was to determine the effect of sequential injection with fertirelin acetate (GnRH agonist) and lutalyse (PGF<sub>2</sub> $\alpha$  analogue) on oestrus response and pregnancy rate in buffalo-cows. A total of fifty eight pluriparous buffalo-cows (bearing luteal structure on ovaries at rectal examination) were initially assigned into two groups in this study. On day 0 (day of beginning of treatment) the animals in the control group [(SP group); n = 21] received 2 ml of saline and the treated group (n = 37) received 2 ml fertirelin acetate (100 $\mu$ g). On day 7, the animals (n = 16 and 33, in the control and the treated groups, respectively) that had not exhibited spontaneous oestrus between days 0 and 6, were given 5 ml lutalyse (25 mg of PGF<sub>2</sub> $\alpha$ ). On day 9 (two days after PGF<sub>2</sub> $\alpha$ ), the animals in the treated group were divided into two subgroups: the first subgroup (n = 16, GP) received 1 ml of saline and the second subgroup (n = 17, GPG) received 1 (50 $\mu$ g) ml fertirelin acetate. Milk progesterone (P<sub>4</sub>) levels were assayed for determining the luteal status of the animals before and after treatment. The animals (SP and GP groups) were observed for oestrus from day 7 to day 10 and all animals in group GPG on day 10 were mated naturally by using fertile buffalo-bulls. Over the 10 days, the pattern of synchrony showed much less variation between treatment protocols. However, between day 0 and 7, the proportion of buffalo-cows exhibiting oestrus was lower (10.8%) in pre-treated animals with GnRH than in control (23.8%). The pregnancy rate to the first insemination were 31.3% (SP); 58.8% (GP) and 68.8% (GPG) and this difference was significant (p<0.05). These results indicated that the combine using of GnRH-PGF<sub>2</sub> $\alpha$ -GnRH appears

to be a useful synchronization method, as well as a tool for improving reproductive performance in buffaloes.

**Key words:** *Buffaloes GnRH PGF<sub>2</sub> & Oestrus Pregnancy.*

## INTRODUCTION

In the current production practices, the application of reproductive technology, e.g. oestrus synchronization (OS) and standardization of this procedure, especially in buffaloes, has required considerable developmental work (Agarwal and Selvaraju, 2000). The OS is an important technique as well as an active area of research (Odde, 1990). Original methods of OS in bovine species were based on extending or reducing the luteal phase to produce a synchronize decline in P<sub>4</sub> levels (Macmillan and Burke, 1996). More recent attempts at creating tighter synchrony of oestrus have been primarily aimed at synchronizing both follicular waves and stage of CL (Thatcher et al., 1996; Adams, 1998). The most appropriate OS will vary with objectives in relation to breeding management, but should also take account to reduce some limitation of original ones (Macmillan and Burke, 1996). Prostaglandin's (PGF<sub>2</sub>α) products (luteolytic agents) has been recommended for inducing oestrus in bovines with a palpable CL but unobserved oestrus (Macmillan and Day, 1982; Dhoble and Gupta, 1987; Whittier et al., 1989; Chede et al., 1996). Field results obtained after implementing protocols including single or double PGF<sub>2</sub>α treatments indicated a large variations in response rates and conception rates (Strelow, 1993). The part of the variation in timing of oestrus is dependent on the day of cycle on which PGF<sub>2</sub>α is injected (Jackson et al., 1979).

It has been known that administration of GnRH and its analogues are intended to: Induces a peak of LH within 2-3 hours in mature cycling cows (Chenault et al., 1990; Peters et al. 1999); Protects luteal function and maintains elevation of P<sub>4</sub> levels (White and Reimers, 1986); Induces either ovulation or atresia (regression) of dominant follicle (Webb et al., 1992; Peters et al., 1999). This is followed by the emergence of a new wave of synchronized follicular development with a new dominant follicle emerging synchronously in each cow (Macmillan et al. 1985a; Peters, et al. 1999). The ability of GnRH to inhibit oestrus and ovulation for several days has been applied to develop a new methods of OS in

combination with  $\text{PGI}_2\alpha$  in bovine species. Therefore, if  $\text{PGF}_2\alpha$  is given seven days later, luteolysis occur when there is a dominant follicle approaching maturity in each cow. Although numerous studies have been conducted using both GnRH and  $\text{PGF}_2\alpha$  regimens to improve synchronization and fertility in cows (Macmillan *et al.*, 1985a; Guilbault *et al.*, 1991; Twagiramungu *et al.*, 1992; Yamada *et al.*, 1998; Mawhinncy *et al.*, 1999), but the effectiveness of these regimens for buffaloes has not become common yet. The objective of this study was to determine whether using a combination of fertireclin acetate (GnRH agonist), followed 7 days by  $\text{PGF}_2\alpha$  and followed again by GnRH (2 days later) give an acceptable level of OS and fertility in comparison with  $\text{PGF}_2\alpha$  alone in buffalo-cows.

## **MATERIAL and METHODS**

### **Animals and Management:**

This study was conducted at the buffalo dairy farm in El Hawataka station, Assiut Governorate, Egypt. The buffaloes were kept in an outdoor paddocks with access to an open-sided shelter and milked twice daily. A balance of nutritional diet including green fodder, dry fodder and concentrate mixture were fed to these animals. The herd participate in a routine reproductive health program. Monthly examinations were performed on animals, including rectal examination of the entire reproductive tract and a vaginal exploration of cows with vaginal discharges. The buffalo-cows selected for this study were: pluriparous; 4-8 years of age; calved normally; lactating with the body condition score range from 2.5 to 3.5 (on a 1- 5 scale as previously described by Bhalaru *et al.*, 1987) and in a good health and physical condition.

### **Treatment protocols and Sampling:**

A total of 58 non-pregnant buffalo-cows were originally included in this study. These animals did not shown oestrus for about 60 days since the last parturition. The ovaries presented a well developed CL and possessed no gross or clinically detected abnormalities in the reproductive tract. The animals were randomly assigned to either control and treated groups.

The control group included 21 animals. They received a placebo i.m. injection (2 ml saline) on day 0. The animals which showed oestrus

signs (n = 5) between day 0 and day 6 were excluded. The rest (n= 16) received 25 mg PGF<sub>2</sub>α (5 ml lutalyse) on day 7 and served as control group (SP = saline and PGF<sub>2</sub>α).

The treated group included 37 buffalo-cows. On day 0, all animals received i.m. 100 µg of GnRH agonist fertirelin acetate (2 ml Conceral, Takeda Chem. Co., Japan). The animals which showed oestrus signs between day 0 and day 6 were excluded from the experiment (n=4). The rest (n= 33) were injected with 25 mg PGI<sub>2</sub>α (5 ml lutalyse) on day 7. These animals were randomly assigned into two subgroups. The first subgroup (n = 17) were injected with 1 ml saline. This group is named GP group (GnRH- PGF<sub>2</sub>α). The second subgroup (n = 16) were injected on day 9 a second dose (50 µg) of GnRH agonist fertirelin acetate. This group is named GPG group (GnRH-PGF<sub>2</sub>α-GnRH).

Oestrus was detected by a teaser buffalo-bull, in addition to visual observation. The animals detected to be in oestrus between day 7 to day 10 (from day 0) were mated naturally by using fertile buffalo-bulls. However, animals in the second subgroup (GPG) mated naturally on day 10 by a fertile buffalo-bulls. Pregnancy was determined by rectal palpation at 45-60 days after mating.

Milk samples were collected on each of the treatment days (day 0 and 7) of the experimental period to assess the luteal activity (milk P<sub>4</sub> level > 1 ng /ml, was considered indicative of a functional CL., Bulman and Lamming, 1978). At evening milking, after-milk (10 ml) was collected in test tube containing 100 mg potassium dichromate, then centrifuged (3000 r.min for 20 min.). The cream layer was discarded and the remaining skim milk was transferred to another test tube and kept frozen (- 20°C) until hormonal assay. Milk P<sub>4</sub> concentrations were determined by RIA method (Coat-A-count progesterone, Diagnostic Products Co. Los Angeles, U.S.A.). All samples were analyzed in duplicate in the same assay.

#### **Statistical Analysis:**

The pregnancy rate was defined as the percentage of all animals pregnant at 45 to 60 days after mating. The effect of treatment on reproductive parameters such as luteal activity and pregnancy rate were analyzed statistically with SAS program (1985) as a complete randomized design. Differences in pregnancy rates due to treatment were analyzed by chi-square test. Mean milk P<sub>4</sub> levels between groups was compared by analysis of variance.

## RESULTS

The effects of various treatment regimes on oestrus synchronization in buffalo-cows are summarized in Table 1. Administration of fertirelin acetate at day 0 tended to reduce (10.8%) the proportion of animals showing spontaneous oestrus between day 0 and day 6. In 4 days (day 7 to 10) following PGF<sub>2</sub>α injection on day 7, the synchronization rate (93.8% vs. 84.8%) was almost similar between control and GnRH groups (Table 1).

For the buffalo-cows that did not exhibit oestrus between day 0 and 6; the overall synchronization rate tended to be higher for control animals (93.8%) than GnRH groups (88.2% and 81.3%) (Table 2). The reproductive parameters following different regimes are shown in table 2. Fertirelin acetate was effective in increasing significantly ( $P < 0.05$ ) the pregnancy rate in buffalo-cows when administration two days later (day 9) after PGF<sub>2</sub>α injection on day 7 (Table 2). Moreover, the pregnancy rate in GPG group tended to be higher (10.0%) when compared with GP group. Milk P<sub>4</sub> concentrations (mean ± S.E.) for buffalo-cows before and after treatment with GnRH are summarized in table 2. Milk P<sub>4</sub> levels on day 0 just before treatment were similar between treatment groups. From day 0 to day 6 after GnRH injection, the P<sub>4</sub> levels tended to be increasing ( $3.92 \pm 1.52$  and  $3.14 \pm 0.44$  ng/ml), but these differences were not significant when compared with control ones ( $2.98 \pm 0.84$ ).

## DISCUSSION

In bovine species, Rosenberg, et al. (1991) suggested that GnRH may affect several stages of the reproductive process and consequently different cows may benefit from GnRH administration through different mechanisms. The results of this study show evidence that administration of GnRH resulted in an almost complete inhibition of spontaneous oestrus for the next 6 days in buffalo-cows. This is in agreement with previous reports in cows (Twagiramungu, et al. 1992; Stevenson et al., 1996). Occurrence of oestrus is associated with development of a large follicles (Sirois and Fortune, 1988). Inhibition / or delay of oestrus in GnRH treated groups may be due to alteration in the formation of large follicles. Previous works by Guilbault et al. (1991); Twagiramungu et al.

(1992) and Yamada *et al.* (1998) reported disappearance of antral follicles by atresia and (or) lutenization after administration of GnRH. This reduced the follicular production of oestradiol (Tsonis *et al.* 1983) which in turn prevent an increasing in the concentration of endometrial oxytocin receptors. In addition, the oestradiol concentration affects the timing, magnitude and pattern of  $PGF_2\alpha$  production.

In agreement with previous reports (Macmillan *et al.*, 1985b; Twagiramungu *et al.* 1992) the administration of GnRH also seem to prolong CL lifespan and or partially protects the CL against spontaneous luteolysis. In the present study, the  $P_4$  concentration on day 0 and in day 6 in GnRH treated groups tend to be higher than those of animals in control group (not exhibited oestrus between days 0 and 6). This suggested that luteal levels of  $P_4$  was maintained in most of buffalo-cows (33/37) in GnRH treated groups. This may have also contributed to inhibition of oestrus in GnRH treated groups. Moreover, treatment with GnRH would not be effective in inhibiting oestrus if oestrus was imminent at the time of treatment (Peters and Ball, 1987). This is most likely what happened to the four buffalo-cows which showed oestrus during 6 days after GnRH treatment.

Although, the results of the luteolytic action of luteal phase imposed on day 7 after GnRH in this study correlate with those of Narasimha Rao and Venkatramiah (1989 and 1991), where about 88.0% of buffalo-cows were detected in oestrus. The synchronization rate tended to be lower (5.5 -12.5%) when compared with control group. Previous study by Dobson *et al.* (1975) reported that GnRH treatment of animals decreased the response to a physiological dose of  $PGF_2\alpha$  during what is normally, a  $PGF_2\alpha$  susceptible part of the luteal phase. Recently, such effects were also reported by Birnie *et al.* (1999). This may be due to the luteotrophic effect of GnRH on the CL, thus affecting on the usual cascade of oxytocin stimulation and  $P_4$  inhibition that occurs until completion of luteolysis. Mann and Lamming (1995) suggested that treatment with GnRH during the luteal phase depressed the luteolytic drive which start at the end of this phase.

The present study revealed that pregnancy rate was lower (33.3%) in control group (treated only with  $PGF_2\alpha$ ). This is in agreement with previous studies by Landivar *et al.* (1985); Orihuela *et al.* (1983); Xu *et al.* (1997); Yamada *et al.* (1998); Porter *et al.* (2000) who reported lower fertility rates after OS using  $PGF_2\alpha$  when compared with spontaneous oestrus. This could be partly explained by the facts: 1) when

a dominant follicle became persistent and failed to turn over in regular oestrus of two, three or four follicular waves (Lucy *et al.*, 1992), the oocyte had the potential for aging, 2) CL drive from OS using PGF<sub>2</sub>α has reduced P<sub>4</sub> production and short luteal phase (Hansen *et al.*, 1987), a correlation between P<sub>4</sub> levels and conception rate has been reported (Rosenberg *et al.*, 1990). This may have reduced fertility rates through its negative effect on the rates and subsequent embryonic survival. This hypothesis cannot be made for buffalo-cows treated by GnRH injection in the present study. It has been shown that the treatment of cows with GnRH during the luteal phase causes the ovulation / luteinization of dominant follicle (Yamada *et al.*, 1998) and hence a) An increase of P<sub>4</sub> concentrations. b) Growth of a new cohort of follicles, one of which becomes dominant during the following seven days (Peters *et al.*, 1999)

However, the pregnancy rate in GnRH treated group (especially GPG group) is nearly similar to that reported (59.1%) by Yamada *et al.* (1998) who used the same protocol during luteal phase in dairy cows. The pregnancy rate in the present study considered higher than those previously reported by Pursely *et al.* (1997a,b) who applied two different versions of GPG protocol (37% and 37.3%). The observed difference could be explained by the fact that buffalo-cows in our study were cycling with the presence of a palpable and active corpora lutea without any abnormalities of the reproductive tract. Moreover, the present study also indicated that administration of GnRH two days later after PGF<sub>2</sub>α injections (GPG group) improved the pregnancy rate (10%) when compared with GP group. This is in agreement with recent study by Mawhinney and Biggadike (1998) who reported a strong correlation between 2<sup>nd</sup> GnRH and maintained pregnancy rate close to control. Furthermore we allowed a time period of two days between PGF<sub>2</sub>α and GnRH injections (GPG group), this was probably beneficial for oocyte maturation. Schmitt *et al.* (1996) have reported a significant improvement in conception rates when the time from PGF<sub>2</sub>α to GnRH administration was extended to 48 hours. In addition, it has been shown that GnRH agonist given prior to or at time of the preovulatory LH surge cause an amplification of the surge which is likely to affect the process of oocyte maturation (Rosenberg, *et al.* 1991). This emphasizes the importance (improve the pregnancy rate in compared with GP and control groups) of giving of the 2<sup>nd</sup> GnRH of this regime in the present study.

Thus it can be concluded that the use of GnRH (day 0) - PGF<sub>2</sub> α (day 7) - GnRH (day 9) appears to be a useful synchronization method, as well as a tool for improving the reproductive performance in buffalocows.

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**Table 1:** Effect of pre-treatment with GnRH (fertirelin acetate) or not (control) 7 days before PGF<sub>2α</sub> on oestrus response in buffalo-cows<sup>a</sup>

	Control group		GnRH group		P value
	No./No.	(%)	No./ No.	(%)	
Animals in oestrus <sup>b</sup> (days 0 -6)	5/21	23.8	4/37	10.8	Ns <sup>d</sup>
Animals in oestrus <sup>c</sup> (days 7 - 10)	15/16	93.8	28/33	84.8	Ns
Overall oestrus (days 0 - 10)	20/21	95.2	32/37	86.5	Ns

a) All animals included.  
c) Induced by PGF<sub>2α</sub>.

b) Spontaneous  
d) Non significant (p > 0.1).

**Table 2:** Oestrus, pregnancy rate and progesterone (P<sub>4</sub>) levels in animals<sup>1</sup> either pre-treated (subgroup I) and post-treated (subgroup II) or not (control) with GnRH (fertirelin acetate)

	Control group	GnRHgroup	
	(SP) <sup>2</sup>	Subgroup I (GP) <sup>3</sup>	subgroup II (GPG) <sup>4</sup>
No. animals	16	17	16
Synchronization rate (%)	15/16 (93.8)	15/17 (88.2)	15/16 (81.3)
Pregnancy rate (%)	5/16 (31.3) <sup>b</sup>	10/17(58.8) <sup>ab</sup>	11/16 (68.8) <sup>a</sup>
P <sub>4</sub> conc. Day 0 (ng/ml)	3.20 ± 1.60	3.30 ± 1.53	3.12 ± 0.87
P <sub>4</sub> conc. Day 7 (ng/ml) <sup>5</sup>	2.98 ± 0.84	3.92 ± 1.52	3.14 ± 0.44

1): Only animals that did not exhibited oestrus between day 0 to day 6 are considered.

2): Saline and PGF<sub>2α</sub>.

3) GnRH and PGF<sub>2α</sub>.

4) GnRH- PGF<sub>2α</sub>-GnRH.

5) Just before PGF<sub>2α</sub> injection.

a,b: values in the same rows with different superscripts are different (p < 0.05).

