## Angiotensin Converting Enzyme Gene Polymorphism in Egyptian Patients with Systemic Lupus Erythematosus

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#### Abstract:

Systemic lupus erythematosus (SLE) shows various clinical manifestations with various immunological abnormalities. The development of lupus nephritis and vasculitis is common in patients with SLE. As angiotensin I-converting enzyme (ACE) has been reported to be associated with various immunological phenomena, we investigated the correlation between insertion(I) / deletion(D) polymorphism of the ACE gene and SLE. Fifty Egyptian patients with SLE and thirty healthy control persons were involved in this study. ACE gene was detected by the polymerase chain reaction (PCR).

In SLE patients, there is a significant difference when comparing DD and II genotypes (P<0.05), being higher in the DD genotype. And a highly significant difference when comparing ID and II genotypes (P=0.001), being much higher in ID genotype than II genotype. According to vasculitis, there is a significant relationship between vasculitis and patients genotypes when comparing ID genotype with both II and DD genotypes (P<0.05), being highest in ID genotype. There is a significant relationship found when comparing ID genotype with both II and DD genotypes, being highest in ID genotype in patients with score  $\geq 21$ . These results suggest that the ACE genotype could be associated with SLE.

#### **Introduction:**

SLE is an autoimmune disorder of unknown etiology, which is known to occur in genetically susceptible patients influenced by environmental and hormonal factors (Uhm et al., 2002). SLE has a strong genetic component: 4% of cases are familial (Blakemore et al., 1994), increased concordance of SLE among monozygotic versus dizygotic twins (Fronek et al., 1990), abnormal T cell suppressor function in healthy relatives of SLE patients with increased antibody production (Fronek et al., 1990), antinuclear and other autoan-tibodies (Hahn, 1998) and increased prevalence of other connective tissue diseases, compared with relatives of matched controls (Blakemore et al., 1994), and associations with several major histocompatibility complex (MHC) loci (Fronek et al., 1990).

The development of lupus nephritis is not only common, but is associated with significant morbidity and mortality (*Cervera et al., 1999*). Both SLE and endstage renal disease (ESRD) show clear familial patterns, suggesting genetic component to disease development and/or progression (Schelling et al., 1999).

Although contemporary immunosuppressive treatments may counteract immune mechanisms involved in the pathogenesis of nephritis, an increasing fraction of glomeruli, especially those that have undergone adaptive hypertrophy, may continue to undergo progressive sclerosis even after nephritis has become quiescent (Tassiulas et al., 1998). This suggests that in addition to immune mechanisms, nonimmune pathogenic mecha-nisms such as glomerular hyperperfusion. intra-glomerular and systemic hypertension, and proteinuria may play a role in the progression of the renal disease (Davis et al., 1996). Thus, in addition to genes that may be implicated in the dysregulation of immune mechanisms in SLE, such as Fcy, other genes may also influence the severity and response to treatment of lupus nephritis (Kono & Theofilopoulos, 1996). Tassiulas et al. (1998), hypothesized that genes of the RAS may be among such candidate genes.

Vasculopathy is a common manifestation in SLE that occurs in about 50% of SLE patients, either in the form of mucocutaneous vasculitis, a vasculitis associated with visceral organ impairment, thrombotic events, or Raynaud's phenomenon (Uhm et al., 2002). Involvement of the renal vasculature is not uncommon in lupus nephritis and its presence can adverselv affect the prognosis of the renal disease. Since Raynaud's phenomenon originates from vascular and microvascular lesions, endothelial cell injury or dysfunction has been proposed as a pathogenic mechanism. Evidence of endothelial cell dysfunction in Raynaud's phenomenon includes changes in prostacyclins, thromboxanes, and ACE (Uhm et al., 2002).

Disease activity can be defined as the reversible manifestations of the underlying inflammatory process. It is a reflection of the type and severity of organ involvement at each point in time (Bombardier et al., 1992). The weights assigned to each variable do not always correspond to the degree of inflammation present, instead they may relate to the seriousness of the organ involvement according to the life threatening nature or threat to the functional capacity of the individual. Patients with clinically active lupus typically have increased levels of anti-DNA antibodies, complement levels depressed and а significant raised titer of antinuclear antibodies. Moreover, resolution in these abnormalities has shown to correlate with improvement in the clinical course of lupus nephritis (Laitman et al., 1989). Based on these observations immunological studies are often used as early pre-clinical markers of changing lupus activity (Gladman & Urowitz, 1995).

ACE activates angiotensin I into angiotensin II, inactivates bradykinin via the kallikrein-kininogen system, and plays a major role in rennin-angiotensin system (RAS) (*Gladman & Urowitz, 1995*).

The RAS is an important regulator of arterial blood pressure, at both systemic and tissue levels (*Egido*, 1996). Recently, there is increasing evidence to suggest that activation of the intrarenal RAS might play

a key role in controlling the progression of renal scarring (*Liu et al.*, 2003).

Angiotensin II, the main effector molecule of the RAS, is a vasoactive peptide and growth factor that contributes to vascular reactivity, tissue remodeling and fibrosis (*Klahr & Morrissey*, 2000). It is also a potent proinflammatory modulator with the ability to augment and perpetuate immune responses in renal and non-renal tissues (*Suzuki et al.*, 2000).

Angiotensin II is a pleiotropic molecule and strong candidate as a mediator of the development and progression of renal disease in SLE (*Parsa A et al.*,2002). It can increase the synthesis of extracellular matrix, (*Mezzano et al.*,2001) and induces mesangial cell proliferation with subsequent hypertrophy and cell differe-ntiation. Mesangial cells can produce inflammatory mediators such as oxygen free radicals and endothelin and can initiate inflammatory responses in the glomerulus (*Eliahou et al.*, 2001).

Inhibition of angiotensin II in experimental and human renal diseases decreases proteinuria, improves systemic and intraglomerular hypertension, reduces histologic evidence of renal injury and slows progression to ESRF (*Tassiulas et al.*, 1998).

ACE also forms part of the sophisticated regulatory system of vascular tone. Modification of the local hormone equilibrium might result in increased neoin-timal proliferation, increased cellular matrix formation and monocyte adhesion, as well as cell activation with the subsequent release of growth factors and proinflammatory cytokines, platelet aggregation, processes of homeostasis and chronic/acute vasospasm (*Pullmann et al., 1999*).

ACE gene is located on the long arm of chromosome 17 and shows characteristic insertion/deletion (I/D) polymorphism based on the presence or absence of a 287 bp long Alu repeat sequence within intron 16 which results in three possible genotypes: DD, II, ID (*Uhm et al.*, 2002).

I/D polymorphism in intron 16 of the ACE gene is responsible for ~40% of the variability of serum and cellular (tissue) concentration of ACE levels among

different individuals (Tassiulas et al., 1998). Carriers of the DD genotype have the highest levels of serum ACE and those of the II genotype the lowest serum levels, being about 2 fold higher ACE levels in DD genotype than II one (Köppel et al., 2004). This is reportedly associated with several cardiovascular or renal disorders (Sato et al., 1998). In addition, several studies have reported an association of DD genotype with adverse vascular events such as renal artery disease (Missouris et al., 1996), carotid artery disease (Kauma et al., 1996), strokes (Catto et al., 1996) and coronary artery spasm (Oike et al., 1995) contributing to early mortality. In addition to its hemodynamic effects, ACE affects various immunological phenomena through angiotensin II, kinins or neuropeptides. Since immunological abnormalities appear to be directly related to the disease process of SLE, it is reasonable to predict that ACE gene polymorphism would contribute to the activity of SLE through affecting the systemic and local concentrations of ACE (Sato et al., 1998).

In this study, investigations were done to correlate the relation between I/D polymorphism of ACE gene and the clinical manifestations of SLE, especially vascular involvement and lupus nephritis.

This work was carried out at the Medical Research Center (MRC), Faculty of medicine, Ain Shams University.

## Subjects & method

The study group consisted of 80 persons attending the department of medicine in Ain Shams University Hospitals. The subjects studied were classified to:30 healthy volunteers, their ages ranged between 35-58 with a mean age 43 years &50 patients, their ages ranged between 11-44 with a mean age 28 years. Each patient met more than four of the revised criteria for the diagnosis of SLE proposed by the American Rheumatism Association (ARA) (*Tan et al., 1982*).

Samples for the PCR were immediately stored at -70. The DNA was extracted from the samples (whole blood); each sample was subjected to a consensus primer mediated PCR method, which is able to amplify a 190 base pair (bp) fragment in the absence of insertion and 490 bp in the presence of insertion in the ACE gene.

A third fragment with an intermediate molecular weight is present in PCR from heterozygotes, and corresponds to a heteroduplex DNA fragme. The standard PCRs were carried out in 50 µl. A oneminute initial denaturation step at 94° was followed by 35 cycles of amplification with a PCR processor. Each cycle included a denaturation, annealing and extension step. The reaction mixture was analyzed by electrophoresis on 2% agarose in tris acetate EDTA buffer, stained with ethidium bromide to be visualized under ultra violet transilluminat Marker gave different bands ranging between 100-2000 bp, the 190-490 bp fragment was located.

The samples were examined for the presence of sharp band at 490 bp that means II, at 190 bp equal DD, and 190-490 denotes ID.

### Results

The control subjects versus SLE patients regarding their ACE genotypes is shown in table number 1, there is no significant difference found between the patients & the control subjects (P>0.05). Yet in SLE patients, there is a significant difference when comparing DD and II genotypes (P<0.05), being higher in the DD genotype. And a highly significant difference when comparing ID and II genotypes (P=0.001), being much higher in ID genotype than II genotype. There is no significant difference when comparing DD and ID genotypes (P>0.05) in SLE patients. According to control subjects, there is no significant difference found between them & their genotypes.

Frequencies of different ACE genotypes in SLE patients with nephritis is shown in table number 2. Although there is an obvious increase in the frequency of ID genotypes, there is no significant relationship found when comparing all the three genotypes with each other (P>0.05). Frequencies of different ACE genotypes in SLE patients with vasculitis is shown in table number 3, there is a significant relationship between vasculitis and patients genotypes when comparing ID genotype with both II and DD genotypes (P<0.05), being highest in ID genotype. Yet there is no significant relationship when comparing DD and II genotypes (P>0.05).

SLE Disease Activity Index (SLEDAI) score in comparison to

genotypes of patients is shown in table number 4, there is no significance found when comparing II genotype with DD genotype. Yet, there is a significant relationship found when comparing ID genotype with both II and DD genotypes, being highest in ID genotype in patients with score  $\geq 21$ .

Fig. (1): Polaroid photographs of the DNA bases of the ACE gene. A. All samples show sharp bands at 190 and 490 bp that denotes ID polymorphism. B. Samples 1 and 5 show sharp bands at only 190 bp denoting DD polymorphism.

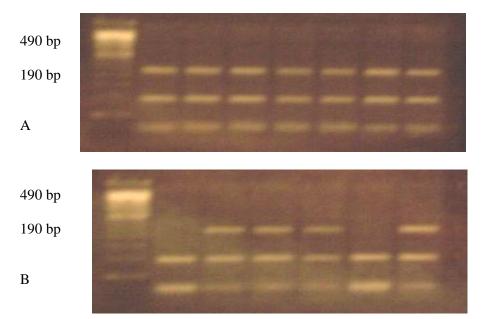


Table (1): The control subjects versus SLE patients regarding their ACE genotypes

	DD	ID	II
Patients (No.50)	18 (36%)	27 (54%)	5 (10%)
Control (No.30)	11 (35%)	12 (40%)	7 (25%)

Table (2): Frequencies of different ACE genotypes in SLE patients with nephritis

	DD	ID	II
Nephritis (No.18)	6 (33.3%)	11 (61.1%)	1 (5.6%)

Table (3): Frequencies of different ACE genotypes in SLE patients with vasculitis

	DD	ID	II
Vasculitis (No.10)	2 (20%)	8 (80%)	0

Table (4): SLE Disease Activity Index (SLEDAI) score in comparison to genotypes of Patients

	DD	ID	II
SLEDAI score 0-10 (No. 28)	12 (42.9%)	12 (42.9%)	4 (14.3%)
SLEDAI score 11-20 (No. 11)	3 (27.3%)	7 (63.6%)	1 (9.1%)
SLEDAI score ≥21 (No.11)	3 (27.3%)	8 (72.7%)	0

# Discussion

The precise etiology of SLE remains unknown, but many studies have revealed that genetic and environmental factors are implicated in the development of SLE. However, the genetic basis for the susceptibility to the disease or for the activity of the disease has yet to be fully explained. The immunological abnormalities are considered to be responsible for the pathogenesis of SLE. As angiotensin I converting enzyme (ACE) has been reported to be associated with various immunological phenomena, we investigated the correlation between I/D polymorphism of the ACE gene and the disease activity of SLE (Sato et al., 1998).

In the present work, there was no correlation found between different ACE genotypes in Egyptian SLE patients versus control subjects. This is in agreement with Sato et al. (1998), Uhm et al. (2002) & Kaufman et al. (2001) on American-European subjects. In contrast, Tassiulas et al. (1998) found a lower frequency of DD genotype & the D allele in African-American SLE patients as compared to African-American normal controls. Kaufman et al. (2001) showed that the DD genotype was much more common in the SLE affected African-American than unaffected subjects.

Among normal subjects, the present work found no significant relationship when comparing their different genotypes. *Tassiulas et al. (1998)* reported that African American normal subjects had a higher prevalence of DD genotype as compared to Caucasian normal controls.

Among SLE Egyptian patients, the present work reported a significant increase in the DD genotypes when compared with the II genotype and a highly significant increase in the ID genotype when compared to the II genotype. *Parsa et al.* (2002) reported the same findings as regard non-Caucasian subjects. They reported a possible protective effect of the I haplotype.

It is proved that there is no significant differences between SLE patients with and without nephritis as regard their ACE genotypes. This is in agreement with *Akai* 

et al. (1999), Uhm et al. (2002) & Molad et al.(2000) on Israeli lupus patients. However, Tassiulas et al. (1998) reported a trend of increased frequency of I and decreased frequency of D as likelihood of renal disease increases. In contrast, Kaufman et al. (2001) reported higher frequency of the DD allele in SLE patients with renal involvement as compared to unaffected family members. Parsa et al. (2002) found that the Alu D haplotype was preferentially transmitted among the non-Caucasian lupus nephritis group. In a study of Chinese lupus patients, the ACE DD genotype was associated with lupus nephritis, but the ID genotype was associated with severity and the poor prognosis in patients with lupus nephritis (Guan et al., 1997).

According to lupus vasculitis in this work, its diagnosis based on presence of tender finger nodules, periungual infarction, ulceration, gangrene or splinter hemorrhage. Moreover, presence of cerebrovascular accidents, seizures or psychosis in absence of metabolic or drug causes indicates cerebral vasculitis and was proved by the CT or MRI brain. The present work reported a significant increase in the ID genotype in relation to the II and the DD genotypes in patients with lupus vasculitis.

*Uhm et al. (2002)* based on presence of Raynaud's phenomenon, hypertension, livedo reticularis and antineutrophil cytoplasmic antibody to diagnose lupus vasculitis, they found a significant skewing in the ACE genotypes in relation to Raynaud's phenomenon, being related to the ID genotype However, they reported no association with the other parameters related to vasculopathy.

Regarding lupus activity, the present work depends on the SLEDAI score to evaluate it. The results showed that the patients with ID genotypes had significantly higher SLEDAI score. This is in agreement with *Sato et al. (1998)* who reported that patients with II or ID had significantly higher SLEDAI score than those with DD genotype. However, *Molad et al (2000)* found no relation between SLEDAI score and different ACE genotypes. *Tassiulas et al. (1998)* depended on renal biopsy to evaluate the activity and chronicity index and found no relation with the three genotypes of ACE genotypes.

### Conclusion

Results of this study showed that ACE genotype frequencies are similar among SLE patients and controls; however, regarding the patients' genotypes, the II polymorphism is significantly low being as a protective genotype against SLE development.

Although this study succeeded to find a relation between ACE genotypes and lupus vasculitis, it failed to establish such a relation with lupus nephritis. In patients with vasculitis, ACE gene II genotype was found significantly lower than other genotypes, acting again as a protective genotype against the development of vasculitis in SLE patients.

Lupus activity was assessed in this study using SLEDAI score. Results showed that the ID polymorphism was significantly higher than both DD and II polymorphisms in patients with high SLEDAI score.

Therefore, the results of the present work suggest that ACE gene polymorphism may be associated with the development and activity of systemic lupus erythematosus. This specific polymorphism may have a prognostic value in evaluating SLE patients. Further study with greater number of patients should be performed to clarify the implication of this polymorphism for SLE patients.

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تعدد شكل جين ألانزيم المحول للأنجيو تينسين في المرضى المصرين المصابين بالذئبة الحمراء

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يظهر مرض الذئبة الحمراء باشكال اكلينيكية مختلفة و بتغيرات مناعية مختلفة. تطور هذا المرض على الكلى والأوعية الدموية يحدث فى كثير من المرضى المصابين به. ولأن الأنزيم المحول للأنجيوتنسين متعلق بنظريات مناعية مختلفة فقد فحصنا العلاقة بين تواتر التباين فى شكل جين هذا الأنزيم ومرض الذئبة. تضمن البحث خمسين مريضا مصريا مصابا بالذئبة الحمراء و ثلاثين شخصا سليما استخدم كمنظم و قد تم البحث عن الجين باستخدام تفاعل البلمرة المتسلسل فى مرضى الذئبة وجد اختلاف ملحوظ عند مقارنة جين الأدخال غير المتابين و الحذف غير المتابين بكونه أكثر فى جين الأدخال غير المتابين و اختلاف ملحوظ جدا عند مقارنة تواتر التباين و جين الأدخال غير المتابين و اختلاف ملحوظ جدا مقارنة تواتر التباين و جين الأدخال غير المتابين بكونه أعلى بكثير فى جين الأدخال غير المتابين و بالنسبة لالتهاب الأوعية الدموية فقد وخد اختلاف ملحوظ عند مقارنة تواتر التباين فى الجين مع جين الأدخال غير المتابين بكونه أعلى ما ويكون فى جين الأدخال غير المتابين بكونه أعلى ما وظ مقارنة تواتر التباين و بالنسبة لالتهاب الأوعية الدموية فقد وخد اختلاف ملحوظ عند مقارنة تواتر التباين فى الجين مع جين الحذف أو الأدخال غير المتابين بكونه أعلى ما ويكون فى جين الأدخال أو الحذف الغير متابين بكونه أعلى ما واتر يتواتر التباين فى الجين مع جين الحذف أو الأدخال غير المتابين بكونه أعلى ما مقارنة تواتر التباين فى الجين مع جين الحذف أو الأدخال غير المتابين بكونه أعلى ما يكون فى جين الأدخال أو الحذف الغير متابين بكونه أعلى ما يكون فى يكون فى الجين مع جين الأدخال أو الحذف الغير متابين بكونه أعلى ما يكون فى دواتر التباين فى الجين فى حالات زيادة نشاط الذئبة.