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**NATRIURETIC EFFECT OF PROSTAGLANDIN  
A<sub>1</sub>, E<sub>2</sub> AND I<sub>2</sub> IN ADULT MALE ALBINO RATS**  
(With 2 Tables)

By

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تأثير البروستاجلاندينات A<sub>1</sub>, E<sub>2</sub>, I<sub>2</sub> على إخراج الصوديوم  
في الفئران البيضاء الذكور البالغة

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في هذا البحث تم حقن ٢٠ ميكروجرام من البروستاجلاندين A<sub>1</sub>, E<sub>2</sub>, I<sub>2</sub> داخل الغشاء البريتوني في الفئران الذكور البالغة. تم جمع البول لمدة ٢٤ ساعة وتم تعيين حجم البول (ميكرو لتر / دقيقة) في المجموعة الضابطة والمجموعات المحقونة بالبروستاجلاندين كما تم تعيين مستوى الصوديوم والبوتاسيوم والكلور في البلازما في المجموعة الضابطة وبعد ١، ٢، ٣، ٤ ساعات من حقن البروستاجلاندين. بفحص عينات البلازما وجد نقص معنوي في مستوى الصوديوم بعد ساعة من حقن البروستاجلاندين بأنواعها الثلاث واستمر النقص حتى ٤ ساعات من الحقن. كما وجد نقص معنوي في مستوى البوتاسيوم بعد ساعة من حقن البروستاجلاندين A<sub>1</sub>, E<sub>2</sub> وبعد ٣ ساعات من حقن البروستاجلاندين I<sub>2</sub> واستمر حتى ٤ ساعات من الحقن. أظهر مستوى الكلور نقصاً معنوياً بعد ١، ٢، ٣، ٤ ساعات من الحقن في جميع المجموعات المحقونة بالبروستاجلاندين بأنواعها الثلاثة. وأظهر معدل إخراج الصوديوم والبوتاسيوم والكلور في البول زيادة معنوية في المجموعات المحقونة بالبروستاجلاندين A<sub>1</sub>, E<sub>2</sub>, I<sub>2</sub>. وأظهر مستوى الألدوستيرون في البلازما تغيراً غير معنوي في جميع المجموعات المحقونة بالمقارنة بالمجموعة الضابطة. تدل هذه النتائج على أن البروستاجلاندين A<sub>1</sub>, E<sub>2</sub>, I<sub>2</sub> يزيد من إخراج الصوديوم والبوتاسيوم والكلور في بول الفئران وجميعها تؤدي إلى زيادة حجم البول. وقد تعزى هذه النتائج إلى التأثير المثبط المباشر على امتصاص الصوديوم والبوتاسيوم والكلور في الفرع الصاعد السميك من لفة هنل بنخاع الكلية حيث يتم امتصاصها معاً بواسطة الناقل وليس عن طريق تثبيط هرمون الألدوستيرون. كذلك من خلال التأثير على مرور الدم في نخاع الكلية بتوجيه الدم من القشرة

الخارجية إلى القشرة الداخلية والنخاع وإلغاء التدرج في الضغط الأزموزي الذي يؤدي إلى نقص امتصاص الصوديوم والكلور والماء في لفة هنل مما يؤدي إلى زيادة إخراجها وأيضا التأثير المضاد للهرمون المانع لإدرار البول.

### SUMMARY

In this work 20 µg of  $PGA_1$ ,  $PGE_2$  and  $PGI_2$  were injected intraperitoneally into mature albino male rats. Urine was collected over a period of 24 hours and urine volume in ul/min. was calculated in the control and prostaglandin treated groups.  $Na^+$ ,  $K^+$  and  $Cl^-$  excretion rate in uEq/min. was estimated in all groups. Plasma levels of  $Na^+$ ,  $K^+$  and  $Cl^-$  were estimated in the control group and in the treated groups 1, 2, 3 and 4 hours after prostaglandin injection. A significant decrease in plasma  $Na^+$  and  $Cl^-$  were obtained after 1 hour and remained significant up to 4 hours in all treated groups. A significant decrease in plasma  $K^+$  was obtained after 1 hour in  $PGA_1$  and  $PGE_2$  treated groups and after 3 hours in  $PGI_2$  treated group and remained significant up to 4 hours. Urine volume showed a significant increase in all treated groups injected with the 3 types of prostaglandins. A significant increase in  $Na^+$ ,  $K^+$  and  $Cl^-$  excretion rate was noticed in all treated groups. Plasma aldosterone showed nonsignificant change in all treated groups in comparison with the control group. These results indicate that  $PGA_1$ ,  $PGE_2$  and  $PGI_2$  have a natriuretic effect on albino male rats. Their natriuretic effect is not through inhibition of aldosterone and is suggested to be due to direct inhibition of active reabsorption of  $Na^+$ ,  $K^+$  and  $Cl^-$  ions in the medullary thick ascending limb of loop of Henle, increased blood flow in the medulla and antagonizing the effect of antidiuretic hormone

*Key words: Natriuretic effect of prostaglandin*

### INTRODUCTION

The function of renal prostaglandin system has received considerable attention over the past several years. As a consequence of this attention, a better understanding of its role in the regulation of renal function is started.

Though the kidney might be capable of producing all types of prostaglandins (at least under certain conditions) the medullary prostaglandin E<sub>2</sub> (PGE<sub>2</sub>) is the most likely responsible for the majority of the physiologic effect. The major active members of renal prostaglandins are PGE<sub>2</sub>, PGI<sub>2</sub> and thromboxane A<sub>2</sub> (Stokes, 1981).

Recently, interest has focused on the role of endogenously produced prostaglandins in the renal regulation of sodium and water excretion. Varying results have been obtained and the exact physiologic role of prostaglandins and the mechanism of action is not yet well established.

The administration of prostaglandins of the A, E and I series to experimental animals or in isolated perfused renal tubules produced natriuresis (Haas *et al.*, 1984; Hamed *et al.*, 1987; Breyer and Ando, 1994 and Herbert *et al.*, 1995). Also, PGE<sub>2</sub> inhibited arginin vasotocin dependent sodium transport (Rytved *et al.*, 1996). In addition indomethacin (a prostaglandin synthesis inhibitor) diminished natriuresis in normal volunteers given an intravenous saline infusion (Stokes *et al.*, 1997). On the other hand inhibition of prostaglandin synthesis caused natriuresis in the conscious dog undergoing a water diuresis suggesting that endogenous prostaglandins may decrease sodium excretion (Kirschenbaum and Stein, 1974). While Kirschenbaum and Aserros (1980) and Kokko (1981) reported that PGI<sub>2</sub> and PGF<sub>2α</sub> have little or no natriuretic effect. Also a newly synthesized prostaglandin analogue, increased renal blood flow without increasing sodium excretion (Haas *et al.*, 1984).

Prostaglandins of the A, E and I series administrated to experimental animals increased urine volume (Bolger *et al.*, 1978; Haas *et al.*, 1984 and Hamed *et al.*, 1987). In addition acute administration of indomethacin to rats, dogs or man reduced urine volume (Altsheler *et al.*, 1978 and Stokes *et al.*, 1997). On the other hand PGE<sub>2</sub> stimulated water transport in microperfused cortical collecting duct (CCD) (Noland *et al.*, 1992).

Several mechanisms have been proposed by different investigators to explain the natriuretic effect of prostaglandins but the exact mechanism is still not well established.

The aim of this work is to study the natriuretic effect of PGA<sub>1</sub>, PGE<sub>2</sub> and PGI<sub>2</sub> in adult male rat and to throw light on the mechanism of action of these prostaglandins.

## **MATERIALS and METHODS**

In this study 24 Sprague-Dawley adult male albino rats, with 200 g average weight were used to investigate the effect of  $PGA_1$ ,  $PGE_2$  and  $PGI_2$  on the volume of urine and the excretion rate of sodium, potassium and chloride and the possible mechanism of action.

Four groups six, animals each were used. Animals of the first group were kept in metabolic cages and urine was collected over a period of 24 hours for each rat and urine volume was calculated in ul/ minute. Half ml of blood was obtained from orbital sinus and plasma was separated by centrifugation and kept in deep freeze for future use. This group was considered as a control group.

Groups 2, 3 and 4 were injected intraperitoneally (ip) with 20  $\mu$ g/0.2 ml (0.1 mg/kg body weight) of  $PGA_1$ ,  $PGE_2$  and  $PGI_2$  (Sigma, dissolved in 95% ethanol at concentration of 0.1 mg/ml) respectively. Half ml of blood was obtained from the orbital sinus 1, 2, 3 and 4 hours after injection. Plasma was separated by centrifugation and kept in deep freeze for future use. The animals were put in metabolic cages for 24 hours after injection of prostaglandins and urine was collected and urinary excretion rate was calculated as in the control group.

Sodium and potassium levels (mEq/L) were estimated in the plasma of the control group and in the plasma of prostaglandin treated groups 1, 2, 3 and 4 hours after injection using flame photometer (Corning 400) and plasma chloride was estimated using chloride analyzer (Model 925). Also sodium, potassium and chloride excretion rate was calculated in uEq/m (Gross and Bartner, 1973).

Plasma aldosterone was determined by RIA according to the method by Sufi *et al.* (1984) using commercial RIA kits (SORN-Biomedica-ALDOCTK-2).

## **RESULTS**

Intraperitoneal injection of  $PGA_1$  in a dose of 20  $\mu$ g into mature male rats resulted in a significant decrease in the plasma level of Na, 1h ( $P<0.01$ ), 2h, 3h ( $P<0.001$ ) and 4h ( $P<0.01$ ) following injection. The maximum decrease was reached 2 h after injection and begin to increase again 3 hours following injection. Plasma level of  $K^+$  showed a significant decrease after 1h ( $P<0.05$ ), 2h ( $P<0.01$ ), 3h ( $P<0.001$ ) and 4h



( $P < 0.01$ ) after injection and the maximum decrease was reached 3h after injection. Plasma level of chloride showed also a significant decrease 1h, 2h, 3h ( $P < 0.001$ ) and 4h ( $P < 0.01$ ) after injection (Table 1). Also the same dose of  $\text{PGA}_1$  resulted in a significant increase in the volume of urine (urinary excretion rate in  $\mu\text{l}/\text{m}$ ) after injection. At the same time there was a significant increase ( $P < 0.001$ ) in  $\text{Na}^+$ ,  $\text{K}^+$  and  $\text{Cl}^-$  excretion rate (Table 2).

Administration of  $\text{PGE}_2$  (20  $\mu\text{g}$ ) by the same route resulted in a significant decrease in the plasma level of  $\text{Na}^+$  1h ( $P < 0.01$ ), 2h, 3h and 4h ( $P < 0.001$ ) following its injection. The maximum decrease was reached 4h after injection. Plasma level of  $\text{K}^+$  showed also a significant decrease after 1h, 2h ( $P < 0.01$ ), 3h ( $P < 0.05$ ) and 4h ( $P < 0.01$ ) when compared with the control level. Chloride plasma level showed a significant decrease 1h, 2h, 3h and 4h ( $P < 0.001$ ) after injection (Table 1). The volume of urine was significantly increased ( $P < 0.05$ ) by the same dose of  $\text{PGE}_2$ . At the same time there was a significant increase in  $\text{Na}^+$ ,  $\text{K}^+$  ( $P < 0.001$ ) and  $\text{Cl}^-$  ( $P < 0.01$ ) excretion rate (Table 2).

$\text{PGI}_2$  injected intraperitoneally resulted in a significant decrease in plasma level of  $\text{Na}^+$ , 1h ( $P < 0.01$ ), 2, 3 and 4h ( $P < 0.001$ ) after injection and the maximum decrease was reached 4h after injection. Plasma level of  $\text{K}^+$  showed a significant decrease 3h ( $P < 0.05$ ) and 4h ( $P < 0.001$ ) after injection. Plasma level of  $\text{Cl}^-$  showed a significant decrease 1, 2, 3 and 4h ( $P < 0.01$ ) after injection (Table 1).

The same dose of  $\text{PGI}_2$  resulted in a highly significant ( $P < 0.001$ ) increase in the volume of urine and in the urinary  $\text{Na}^+$ ,  $\text{K}^+$  and  $\text{Cl}^-$  excretion rate (Table 2).

Plasma aldosterone in  $\text{PGA}_1$ ,  $\text{PGE}_2$  and  $\text{PGI}_2$  treated groups showed non significant change in comparison with the control group (Table 1)

## DISCUSSION

Injection of  $\text{PGA}_1$ ,  $\text{PGE}_2$  and  $\text{PGI}_2$  in a single dose of 20 $\mu\text{g}$  into mature male rats increased the volume of 24 hour urine, increased sodium, potassium and chloride excretion rate and decreased plasma levels of  $\text{Na}^+$ ,  $\text{K}^+$  and  $\text{Cl}^-$  estimated at hourly intervals after injection.

The natriuretic effect of  $\text{PGA}_1$ ,  $\text{PGE}_2$  and  $\text{PGI}_2$  observed in this study is in agreement with the results of Stokes (1981); Haas et al. (1984); Hamed et al., (1987) and Breyer and Ando (1994). In addition, the natriuretic effect of prostaglandins observed in this study was supported by many investigators. Hilchey and Bell-Qualley (1995) reported that  $\text{PGI}_2$  participate in the natriuretic action of angiotensin (1-7) and Stokes *et al.* (1997) found that indomethacin (a prostaglandin inhibitor) diminished natriuresis in normal volunteers given an intravenous saline infusion. While our results are inconsistent with that of Els and Helman (1981) and Fine and Kirschenbaum (1981) who reported that  $\text{PGE}_2$  either stimulated or had no effect on sodium transport and that  $\text{PGI}_2$  has little or no natriuretic effect. Contradictory results were also stated by Kirchenbaum and Stein (1974) who found that inhibition of prostaglandin synthesis causes natriuresis in conscious dog undergoing water diuresis suggesting that prostaglandin may decrease sodium excretion.

Several mechanisms have been proposed by different investigators to explain the natriuretic effect of prostaglandins. The site of altered sodium chloride and fluid reabsorption following prostaglandin treatment must be either the loop of Henle, the collecting ducts (Moore, 1985 and Noland *et al.*, 1992) or the renal distal convoluted tubules, (Stokes *et al.*, 1997) but not the proximal convoluted tubules (Fulgraff and Mciforth, 1971).

For studying the possible mechanism by which prostaglandins induce natriuresis, plasma aldosterone level was measured. From our data aldosterone is not involved in the natriuresis and diuresis induced by the administered prostaglandins as plasma aldosterone showed non significant changes in all treated groups in comparison with the control group. The results of direct infusion of prostaglandin on aldosterone secretion recorded in man were contradictory (Fishman *et al.*, 1972 and Carr, 1973). However, prostaglandin  $\text{E}_2$  and prostaglandin precursor, arachidonic acid and  $\text{PGF}_{2\alpha}$  had no effect on aldosterone production by isolated rat granulosa cells (Matsuka *et al.*, 1980 and Enyedi *et al.*, 1981). In addition, prostaglandin  $\text{E}_2$  was without effect on the production rate of aldosterone when infused into the adrenal artery of sheep (Blair *et al.*, 1971). Also lack of any significant effect by the nonsteroidal antiinflammatory drugs (inhibitors of prostaglandin synthesis) on basal aldosterone production rate indicates the absence of any essential

prostaglandin effect in the non-stimulated state (Enyedi *et al.*, 1981). In addition, Scherzer *et al.* (1992) found that the Na<sup>+</sup> retaining effect of indomethacin in the cortical collecting duct is aldosterone-independent. Moreover, indomethacin did not modify the change in plasma aldosterone associated with volume expansion (Stokes *et al.*, 1997). However observations in man (Norbiato *et al.*, 1978) and in conscious rats ( Spät *et al.*, 1979 and Suzuki *et al.*, 1981) using prostaglandin synthetase inhibitors and PGE<sub>2</sub>, and in slices of rabbit renal cortex using arachidonic acid metabolites (Haas *et al.*, 1984) suggested that prostaglandins were involved in the control of aldosterone synthesis. But this was under certain condition or with high dose. The dose of PGE<sub>2</sub> in the work of Suzuki *et al.* (1981) was 1mg/kg.

In this work, prostaglandin injection produced a significant increase in Na<sup>+</sup>, K<sup>+</sup> and Cl<sup>-</sup> excretion rate and a significant increase in the volume of 24 hours urine. The natriuretic effect of prostaglandin can be explained by direct inhibition of active reabsorption of Na<sup>+</sup>, K<sup>+</sup> and Cl<sup>-</sup> ions in the medullary thick ascending limb of loop of Henle (Moore, 1985 and Noland *et al.*, 1992) where they are actively transported by Na-K-2Cl co-transporter (Patrick *et al.*, 1998). In rat kidney the greatest density of prostaglandin E<sub>2</sub> receptors in normal animals was found in the medullary thick ascending limb of loop of Henle. Other investigators attributed the natriuretic effect of PGE<sub>2</sub> to increased renal interstitial hydrostatic pressure (Haas *et al.*, 1984). However, Moore (1985) suggested that prostaglandins may affect sodium chloride and water excretion by an influence on medullary blood flow by directing blood from the outer and towards the inner cortex and medulla and increase blood flow through the vasa recta. This leading to washout of the osmotic gradient as a result of which, sodium chloride and water reabsorption in the loop of Henle is reduced resulting in natriuresis.

The increase in the volume of urine in this experiment can be attributed to increased rate of sodium, potassium and chloride excretion and antagonizing the fluid retaining effect of vasopressin in the collecting tubules by inhibiting cAMP (Noland *et al.*, 1992).

It can be concluded that the natriuretic effect of prostaglandin is not through inhibition of aldosterone hormone but can be attributed to direct effect on tubular sodium reabsorption or increased blood flow in the medulla.

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Table (1): Plasma levels of sodium, potassium, chloride (mEq/L) and aldosterone (Pg/ml) in adult male rats injected with PGE<sub>1</sub>, PGE<sub>2</sub> and PGI<sub>2</sub>

	Control	PGE <sub>1</sub>				PGE <sub>2</sub>				PGI <sub>2</sub>			
		1h	2h	3h	4h	1h	2h	3h	4h	1h	2h	3h	4h
Sodium	149.67 ± 2.62	132.40** ± 1.07	118.40** ± 1.70	127.38** ± 1.85	133.40** ± 1.83	128.80** ± 2.41	135.80** ± 2.11	122.27** ± 1.87	119.9** ± 1.97	132.8** ± 1.46	128.33** ± 1.34	124.30** ± 1.71	121.87** ± 1.38
Potassium	6.57 ± 0.17	6.03* ± 0.07	5.40** ± 0.09	4.87*** ± 0.13	5.82** ± 0.06	5.58** ± 0.20	5.57** ± 0.09	5.83* ± 0.13	5.85** ± 0.13	N.S. 6.48 ± 0.13	N.S. 6.53 ± 0.11	6.08* ± 0.09	5.48*** ± 0.10
Chloride	119.05 ± 1.66	97.17** ± 1.68	95.17** ± 2.79	101.33** ± 1.58	105.33 ± 2.29	95.33** ± 1.96	85.17** ± 2.76	101.67** ± 1.65	101.17** ± 1.14	102.67** ± 1.05	104.00** ± 1.13	101.17** ± 1.00	100.83*** ± 1.25
Aldosterone	88.27 ± 3.82	N.S. 89.48 ± 4.68	N.S. 92.55 ± 4.76	N.S. 91.53 ± 3.51	N.S. 96.10 ± 4.79	N.S. 86.63 ± 3.96	N.S. 88.83 ± 4.10	N.S. 89.11 ± 4.49	N.S. 87.50 ± 3.62	N.S. 82.12 ± 2.89	N.S. 81.52 ± 3.76	N.S. 88.05 ± 5.05	N.S. 83.30 ± 3.93

Data represent mean ± standard error

\* P<0.05    \*\* P<0.01    \*\*\* P<0.001    N.S. = Non significant

Table (2): Urine volume (ul/min), Sodium, Potassium and Chloride excretion rate (u Eq/ min) in the control and prostaglandin treated mature male rats

Treatment	Urine volume ul / min	Urinary Na <sup>+</sup> u Eq / min	Urinary K <sup>+</sup> u Eq/ min	Urinary Cl <sup>-</sup> u Eq/ min
control	4.74 ± 1.22	0.43 ± 0.27	0.37 ± 0.019	0.46 ± 0.035
PGA <sub>1</sub>	10.30 ± 0.85 **	*1.27 ± 0.055 ***	0.94 ± 0.037 ***	1.44 ± 0.099 ***
PGE <sub>2</sub>	7.17 ± 0.58 *	0.85 ± 0.033 ***	0.66 ± 0.024 ***	0.83 ± 0.061 **
PGI <sub>2</sub>	12.97 ± 0.91 ***	1.25 ± 0.072 ***	1.07 ± 0.051 ***	1.13 ± 0.086 ***

Data represent mean ± standard error

\* P < 0.05

\*\* P < 0.01

\*\*\* p < 0.001