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**OCCURRENCE OF YERSINIA ENTEROCOLITICA  
IN ICE CREAM IN ASSIUT CITY**  
(With One Table)

By

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دراسة عن مدى تواجد ميكروب اليارسينيا انتيروكوليتيكا  
في الآيس كريم فى مدينة أسيوط

مصطفى خليل

أجرى هذا البحث لمعرفة مدى تواجد ميكروب اليارسينيا انتيروكوليتيكا فى عينات من الآيس كريم جمعت عشوائياً من عدة محلات وسوبر ماركت مختلفة فى مدينة أسيوط فقد تم جمع عدد 67 عينة من الآيس كريم وأوضحت النتائج أن عدد 6 (8.9%) من العينات المفعومة كانت ملوثة بهذا الميكروب . وقد تم مناقشة النتيجة وبيان خطورة تواجد هذا الميكروب على الصحة العامة ومايجب إتخاذه لتفادى إنتشاره .

**SUMMARY**

67 random samples of frozen ice-cream collected from different retail outlets in Assiut City were examined for the occurrence of *Yersinia enterocolitica*, 6 of which were contaminated with *Y. enterocolitica*. The public health implication of its presence in such product is discussed.

**INTRODUCTION**

*Yersinia enterocolitica* is responsible for several clinical forms of disease, especially acute gastrointestinal disorders in humans. Current evidence indicates four major means of transmission: direct human to human, direct animal to human, contaminated food, and contaminated water (MEADOWS and SNUDDEN, 1982). Since 1968, there has been a rapid increase in the number of cases of *Y. enterocolitica* infections reported throughout the world.

Milk products have been convincingly implicated as the source of infection in one large outbreak of *Y. enterocolitica* enteritis (BLACK et al., 1978). Presence of these organisms in milk products has been also reported by several authors (MORSE et al., 1984; UMOH et al., 1984; CELCIDINA et al., 1985 and BOER et al., 1986).

Although, freezing of *Y. enterocolitica* is known to cause cell inactivation (GRECZ and EL-ZAWAHRY, 1984), the organism has been isolated from ice-cream by WAUTERS, 1970 and MOLLARET et al., 1972. Prevalence of *Y. enterocolitica* in ice-cream was 22% in the northeastern region of France (DELMAS et al., 1985).

Since this Gram negative food borne pathogen represents a world wide public

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health hazard, this work was carried out to determine the contamination rate of *Y. enterocolitica* in ice-cream sold in Assiut City.

**MATERIALS and METHODS****Samples :**

67 random samples of frozen ice-cream were collected from different cafeterias, supermarkets or retailers in Assiut City. The samples were carried in freezer box to the laboratory without delay and examined as soon as possible after their arrival.

Samples were brought to room temperature by setting the containers in warm water, then thoroughly mixed and examined according to procedures adopted in Standard Methods for Examination of Dairy Products (RICHARDSON, 1985).

**Enrichment :**

Phosphate-sorbitol bile medium (MEHLMAN *et al.*, 1978) was used with incubation at 4°C for 21 days. Alkali treatment by the method of (AULISIO *et al.*, 1980) and (DOYLE and HUGDAHL, 1983) was done by transferring 0.5 ml of enrichment medium to 4.5 ml of 0.25% KOH and holding the exposure for 2 min.

**Isolation and identification :**

The selective plating medium used was cefsulodin-irgasan - novobiocin (CIN) agar (Oxoid) (SCHIEMANN, 1979). Plates were streaked with a loop of KOH-treated medium and then incubated at 27°C for 24 or 48 h. Characteristic *Yersinia* colonies were identified according to the procedures described in the Compendium of Methods for the Microbiological Examination of Foods (SPECK, 1984).

**RESULTS**

The obtained results are summarized in table 1.

Table (1): Isolation rate of *Y. enterocolitica* from examined ice-cream samples.

No. of examined samples	No. of samples <i>Y. enterocolitica</i> positive	%
67	6	8.9

**DISCUSSION**

*Y. enterocolitica* was recovered from 6 (8.9%) samples of ice-cream. DELMAS *et al.*, 1985, found a greater prevalence of *Y. enterocolitica* in ice-cream. The present results are somewhat higher than those obtained by BOER *et al.* (1986), who found that 5% of 121 ice-cream samples contaminated with *Y. enterocolitica*. The difference in these results may be due to different temperatures used in storing the product. Grecz and El-Zawahry in (1984) reported that freezing to -18 and -75°C resulted in only 7 and 42% cell inactivation, respectively.

## YERSINIA IN ICE-CREAM

The dangerous nature of *Y. enterocolitica* is magnified by its ability to survive and multiply in refrigerated food at 0 to 4 °C (LEE, 1977 a,b). Although, there are no documented outbreaks of food-borne illness caused by *Y. enterocolitica* associated with ice-cream, outbreaks of yersiniosis due to chocolate milk have been reported (BLACK et al., 1978), moreover enterotoxigenic strains *Y. enterocolitica* have been isolated from milk products (FRANCIS et al., 1980).

In conclusion, presence of *Y. enterocolitica* in ice-cream may constitute a public health problem, but environmental hygiene and sanitation during processing and using lower freezing storage temperature should apply for controlling disease caused by this organism.

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