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Mesenchymal stem cells attenuate acetic acid-induced colitis in rats via immunomodulatory effects

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Abstract: Mesenchymal stem cells (MSCs) have recently gained popularity as a treatment for a variety of diseases. In this work, bone marrow MSCs (BM-MSCs) and adipose MSCs (AD-MSCs) were compared to dexamethasone (Dex) in the management of colitis induced by acetic acid in rats. Rats were divided in a random way into five groups: (1) Control, (2) Acetic acid treated (2 ml of 3% of acetic acid solution, intra-rectally as a single dose), (3) BM-MSCs treated (single i.p. administration of 1×10^6 cells/rat, 24 hours after acetic acid exposure), (4) AD-MSCs treated (single i.p. administration of 1×10^6 cells/ rat, 24 hours after acetic acid exposure), and (5) Dex treated (0.5 mg/kg/, i.p., 1 hour after acetic acid exposure) for 7 days. Following that, after 15 days of colitis induction, all rats were decapitated. Acetic acid induced colitis was marked by elevation of edema marker, myeloperoxidase, malondialdehyde, interleukin-1β, tumor necrosis factoralpha,interleukin-6 apoptosis via caspase-3 expression, fibrosis using Masson's trichrome stain as well as infiltration of inflammatory cells by means of hematoxylin and eosin stain, It also lowered superoxide dismutase, total antioxidant, and interleukin-10 levels. After receiving either BM-MSCs or AD-MSCs, these adverse consequences were dramatically reduced. Finally, antioxidant, anti-inflammatory, antiapoptotic, and antifibrotic activities were detected in AD-MSCs, and BM-MSCs, indicating that they could be promising novel therapeutics for the treatment of colitis.

Keywords: Colitis; Mesenchymal stem cell; immunomodulation; inflammation; apoptosis, inflammation.

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1. INTRODUCTION

Ulcerative colitis and Crohn's diseases are two kinds of inflammatory bowel disease (IBD), which is a chronic and affects people all over the world.¹. Colitis is a complex term referring to the inflammation of the inner lining of the colon ²owing to variety of reasons. The first cause is infection by certain microorganisms such as bacteria³, viruses ⁴ or parasites⁵. This is called infectious colitis. The second cause is autoimmune disorders that include Crohn's diseaseandulcerative colitis ⁶. The third cause is ischemia, allergic reactions ⁷ or using some drugs like NSAIDs, mycophenolate, ipilimumab and retinoic acid⁸. Furthermore, colitis can happen because the colon wall becomes engorged with collagen or lymphocytes and this is called microscopic colitis as diagnosis can only be done by histological examination.

⁹Trinitrobenzene sulfonic acid (TNBS), dextran sodium sulfate (DSS), peptidoglycan, nonsteroidal anti-inflammatory medications, and acetic acid (Ac.a) have all been shown to cause colitis in experimental animals ^{10, 11}. Ac.a induced colitis is the most commonly utilized and the easiest model to be applied ¹². Ac.a-induced colitis is a model of colitis that, in terms of etiology, histological characteristics, and inflammatory mediator profile, is very similar to human colitis ¹⁰.

The pathogenesis of colitis is thought to be influenced by oxidative stress ¹³, inflammatory mediators, immunology, and genetics ¹⁴. Colitis is caused by a chronic intestinal inflammation that is exacerbated by acquired immune system cells ¹⁵. Overactive lymphocytes and their pro-inflammatory cytokines may cause chronic inflammation by

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overweighing the normal control mechanisms such as regulatory lymphocytes and anti-inflammatory cytokines such as transforming growth factor- β (TGF- β) and interleukin-10 (IL-10) to reduce inflammation ¹⁶. It can also be caused by T cells' resistance to undergo apoptosis after a certain activation¹⁴.

Unspecialized cells that can differentiate into a range of specialized cells that make up the various tissues in our bodies are known as stem cells. ¹⁷. They are known for their ability to self-renew through mitotic cell division. ¹⁸. Injected mesenchymal stem cells (MSCs) are characterized by migrating to the bone marrow in the steady-state and then homing to the inflammation site by migrating across the endothelium and then entering the damaged organ, and they mediate immunomodulatory activities after injection because they have many chemokine receptors to chemo-attractants generated by the site of inflammation¹⁹.

Furthermore, MCSs can generate soluble factors that may play a greater role in tissue repair than their differentiation capacity, a phenomenon known as the paracrine effect. These soluble factors include, TGF-1, nitric oxide, hepatocyte growth factor, prostaglandin-E2, IL-6, indoleamine 2, 3 dioxygenaseandheme oxygenase-1⁵.

Bone marrow mesenchymal stem cells (BM-MSCs) are found in the stroma of the bone marrow in extremely modest numbers (about 0.001%-0.01% of total nucleated cells in the marrow)²⁰, When the same quantity of adipose tissue is separated, the number of adipose-derived stem cells (AD-MSCs) is approximately 500-fold higher²¹. Although both kinds have similar differentiation capacity, AD-MSCs may have a higher proliferation rate ²². In terms of immunophenotypes, they are nearly identical by more than 90%²³. Furthermore, BM-MSCs show a higher proclivity for expressing angiogenic cytokines like insulin-like growth factor and vascular endothelial growth factor ²².

The objective of this work was to see how effective BM-MSCs and AD-MSCs are at treating acetic acidinduced colitis compared to Dex, which was chosen as the reference drug because of its antiinflammatory and immunomodulatory properties ²⁴.

2. METHODS

2.1 Animals

In this investigation, adult Wistar male albino rats, 3:4 months old, balancing 180-230 g were employed. They were gotten from the animal stock of the National Organization for Drug Control and Research (NODCAR, Cairo, Egypt). Animals were housed in the lab room for one week preceding to testing. They were housed under regular living settings, with room temperatures set at 23-27°C and humidity set at 50-70 %, with 12 hour luminance and gloom cycles, and free access to food, standard pellet diet, and water was permitted *ad libitum*. Everything in the animal techniques was done in accordance with the Ethics Committee of the Faculty of Pharmacy Cairo University (permit number: PT-1944) and in accordance with the National Institutes of Health's Guide for the Care and Use of Laboratory Animals (NIH Publication No. 85-23, revised 1996). Animals were not disturbed unnecessarily, and there was no pressure or difficult maneuvering.

2.2 Experimental design

Rats were haphazardly allocated into five groups (n=10 per each group) as follows: Group 1(control) served as normal control, received intra-rectal normal saline once and then intra-peritoneal for 7 days. Group 2 (Ac.a) served as positive control, rats treated with a single dose of 2 ml of 3% acetic acid, intra-rectally. Group 3 (Ac.a +BM-MSCs) and group 4 (Ac.a+AD-MSCs) where rats were treated with a single dose of 2 ml 3% acetic acid, intra-rectally followed after 24 hours by a single intraperitoneal injection of 1×106 BM-MSCs or 1×106 AD-MSCs in 500 µl phosphate buffer, respectively [25, 26]. Group 5 (Ac.a+Dex) rats were treated with a single dose of 2 ml 3% acetic acid, intra-rectally, followed after 1 hour by Dex (0.5mg/kg, i.p for 7 days) [27]. All rats were decapitated after 15 days from the beginning of the experiment.

At the end of the experiment, animals were decapitated under light anesthesia and the colon was isolated from each rat, and then the used animals were frozen till being incinerated. A part of the colon was homogenized in 10% w/v PBS, centrifuged at 4000 rpm 4°C for 15 min and the supernatants were then refrigerated at 80°C to be tested for oxidative stress indicators and cytokines. Another portion was devoted to mRNA isolation for Real-Time Polymerase Chain Reaction (RT-PCR) detection and quantification of IL-1 β mRNA. A section of the colon, three rats per group, was preserved in 10% formalin-saline and subjected to histological investigation using Masson's trichrome stain for fibrosis percentage recognition, hematoxylin and eosin (H&E) stain for the detection of inflammatory scores or staining with Prussian blue to detect the MSCs homing in the colon tissue. It was also used for immunohistochemical analysis for the detection of caspase-3.

2.2.1 BM-MSCs isolation

Bone marrow was extracted from male albino rats, 6 weeks old femurs by flushing them with Dulbecco's modified Eagle's medium enhanced with 10% fetal bovine medium. After that, cells with nuclei were segregated according to the density gradient and re-suspended in complete culture medium with 1% penicillin-streptomycin. The cells were maintained at 37°C in 5% humidified CO2 for 12-14 days for the production of large colonies,. The cultures were rinsed twice in PBS before being trypsinized for 5 minutes at 37°C with 0.25 percent trypsinin1mM EDTA and centrifuged. The cells were suspended in a serum-enhanced media and incubated in a 50cm2 culture flask (2400 rpm, 20 min) after centrifugation. "Second passage cultures" were coined to describe the cultures that developed 28

2.2.2 AD-MSCs isolation

Adipose tissue from the fat pad in the inguinal area in a completely sterile environment was obtained, and the tissue was then subjected to 60 minutes of enzymatic digestion in Hank's Balanced Salt Solution with 0.075 percent collagenase II at 37°C, before being stopped with DMEM/F12 medium. After a 24-hour attachment period, the cells that were non-adherent were eliminated by rinsing in PBS. Devoted cells were grown in vitro in DMEM/F12 medium complemented with 10% fetal bovine serum, 0.1M Dex, streptomycin, and 1.25 mg/L amphotericin B until passage two.

The adhesiveness and fusiform shape of both types of MSCs were seen in the culture. MSC surface markers CD90, CD271, and CD73 were determined using flow cytometry. Both AD-MSCs and BM-MSCs had their cells counted using a hemocytometer ²⁹.

2.2.3 Labeling of mesenchymal stem cells by superparamagnetic iron oxide

1 µl of super magnetic iron oxide was added to 2 ml of culture medium and thoroughly mixed to attain a final concentration of $14\mu g/ml$. After digestion and centrifugation, MSCs of the sixth generation were mixed thoroughly in the aforementioned solution and cultured for 24 hours at 37° C in a humidified incubator with 5% CO2. After that, the labeled stem cells' colon tissue is excised and fixed on a slide for Prussian blue staining and examination under an electron microscope. Prussian blue staining revealed intracytoplasmic blue-stained positive particles under a transmission electron microscope³⁰.

2.2.4 Evaluated parameters in the colon tissue

2.2.4.1 Edema marker

The weight and length of each colon were measured, and the edema marker was determined using the equation below.

Edema marker=colon weight (g) x colon length (cm) x 100^{31} .

2.2.4.2 Macroscopic examination

The severity of macroscopically evident colonic injury was graded on a 0-3 scale using the scoring methodology. This approach considers the absence or presence of hyperemia, necrosis, and ulcers ³².

2.2.4.3 Biochemical measurements in the colon homogenate

2.2.4.3.1 Oxidative stress biomarkers

The superoxide dismutase (SOD) activity and the total antioxidant capacity (TAC) in the colon were tested using reagent kits, as directed by the manufacturer (Biodiagnostic Company, Giza, Egypt). Myeloperoxidase (MPO) activity and malondialdehyde content (MDA) were measured biochemically, on the other handaccording to^{33, 34}(**Bradley** *et al.* (1982), Buege and Aust (1978)), respectively.

2.2.4.3.2 Cytokines determination

ELISA rat kits given by Cusabio kit (China) were used to measure, IL-10, tumor necrosis factor-alpha (TNF-) and IL-6 in the colon homogenate.

2.2.4.3.3 IL-1 β expression by quantitative real-time *PCR* (*RT-PCR*)

The purity of the RNA was validated by spectrophotometric methods at 260 nm after total RNA was removed from tissue of the colon using the SV Total RNA method of isolation. The RNA was then reverse-transcribed into cDNA using a stratagene RT-PCR kit (Santa Clara, CA) according to the manufacturer's advices. To consider the expression of the IL-1 β gene, quantitative real-time PCR was done using SYBR Green PCR Mastermix (Qiagen, Germany) according to the manufacture's protocol. In a final reaction volume of 50µL, 25µL of QuntiFast SYBR Green PCR Master Mix, 2µL primer pair mix (5 pmol/µLeach primer), 0.5LcDNA, and 22.5LdH2O were combined. The primer sequences for the IL-1 β gene and the β -actin which is the housekeeping gene are listed in Table 1.

The AmpliTaq DNA polymerase activity was initiated with 10 minutes at 95 °C, followed by 40 cycles of 95 °C for 15 seconds for denaturation and 60 °C for 1 minute for extension and annealing. The difference in the Δ Ct values between the experimental and control samples $\Delta\Delta$ Ct is calculated. The fold-change in expression of the IL-1 β gene between the two samples is then equal to 2^(- $\Delta\Delta$ Ct). The Δ Ct was evaluated via taking β -actin Ct from that of IL-1 β gene whereas $\Delta\Delta$ Ct was achieved by taking the Δ Ct of the standard sample (internal control) from that of the test sample. The relative expression ratios were determined by 2- $\Delta\Delta$ ct ³⁵.

2.3 Statistical analysis

The data was presented in the form of means \pm SEM. The Tukey-Kramer multiple comparisons test was done to compare means after using one-way ANOVA. For statistical analysis, the Graph Pad Prism software (version 5) was utilized; statistical significance was defined as a probability level of less than 0.05.

3. RESULTS

3.1 MSCs identification

Isolated undifferentiated MSCs showed typical adherent spindle and fibroblast-like shape and delivered 70-80% confluence after 14 days of culture. MSCs showed positive CD90, CD271 and CD73 with negative CD34 figure by flow cytometric analysis (figure (1)) and this assures that these cells were already MSCs.

3.2 Homing of MSCs into the colon tissue

Homing of MSCs into the colon tissue was verified by the detection of intra-cytoplasmic bluestained positive particles after Prussian blue staining under a transmission electron microscope (figure (2A, B)) and this confirms that MSCs have reached the colon tissue.

3.3 Antiedematous effect of MSCS

BM-MSCs, AD-MSCs, and Dex decreased edema marker significantly by 34%, 27% and 35 %, respectively, as compared to Ac.a group (figure (3)), so MSCs have an antioedematous effect.



Figure 1. Typical morphological aspects of MSCs where they were identified by their fusiform fibroblastlike structure and flow cytometric characterization analysis; showing cells that were uniformly positive for CD90, and CD271 and CD73 with negative CD34 (x40).



Figure 2. A: Homing of BM- MSCs and B: AD-MSCs into the rat colon (x1000)



Figure 3. Effect of treatment with BM-MSCs or AD-MSCs on edema marker compared to dexamethasone cells, AD-MSCs; adipose mesenchymal stem cells, Ac.a; acetic acid, Dex; dexamethasone.

3.4 Effect of AD-MSCs or BM-MSCs on macroscopic examination scores (congestion, ulcers, and bleeding)

By comparing BM-MSCs, AD-MSCs and Dex groups with Ac.a group, there was a significant remarkable decrease in the scores by a ratio of 81%, 91%, and 72%, respectively (figure (4)) and as a result, MSCs can protect against congestion, ulcers, and bleeding.



Figure 4. Effect of BM-MSCs or AD-MSCs on macroscopic examination scores (congestion, ulcers and bleeding)

Each value represents the percentage of 6-8 animals. Data were analysed by one-way ANOVA followed by Tukey-Kramer multiple comparisons test.*p<0.05 versus the control group, #p<0.05 versus Ac.a group. Where, BM-MSCs; bone marrow mesenchymal stem cells, AD-MSCs; adipose mesenchymal stem cells, Ac.a; acetic acid, Dex; dexamethasone.

3.5 The impact of MSCs on indicators of oxidative stress

Ac.a injection induced a significant rise in colon peroxides represented as MPO that elevated to 16% and MDA that rose to 300% as compared to the control group. Furthermore, it caused a significant decrease in the antioxidant activity as total antioxidant lessened to 18% and SOD declined to 21% compared to the control group. Administration of AD-MSCs or BM-MSCs improved these deleterious properties significantly where they normalized the MPO activity as compared to the control group. BM-MSCs, AD-MSCs, and Dex diminished the MDA contents by 68%, 62%, and 71%, respectively compared to the Ac.a group. Instead, both AD-MSCs and BM-MSCs raised the colon content of TA to 21% and pushed up SOD activity to 34% and 28%, respectively, as compared to Ac.a treated group whereas, Dex raised the SOD activity by only 17% as compared to the Ac.a group. The previous results emphasize that MSCs have antioxidant activity.

The effects of MSCs on oxidative stress indicators are shown in table 2.

| Primer sequence (5'–3') | | | | |
|-------------------------|---|--|--|--|
| IL-1β | Forward: 5'- TGA TGT CCC ATT AGA CAG C -3' Reverse: 5'-GAG GTG CTG ATG TAC CAG TT-3' | | | |
| β- actin | Forward : 5'-GGTCGGTGTGAACGGATTTGG-3' Reverse:5'- ATGTAGGCCATGAGGTCCACC-3' | | | |

Table 1. The sequences of primers of IL-1 β gene and housekeeping gene (β -actin).

Table2. Effects of BM-MSCs and AD-MSCs on oxidative stress biomarkers compared to Dex in rats subjected toAc.a

| Parameters | | | | | | | |
|--|---|--|---|---|--|--|--|
| Groups | MPO (U/mg protein) | MDA (nmol/gm tissue) | TAC (mM/mg protein) | SOD (u/gm tissue) | | | |
| Control Ac.a Ac.a+BM-MSCs AC.a+AD-MSCs Dex | $\begin{array}{c} 2.30 \pm 0.0474 \\ 2.66 \pm 0.0534^{*} \\ 2.49 \pm 0.0251 \\ 2.26 \pm 0.0429^{\# \odot} \\ 2.63 \pm 0.0591^{*} \end{array}$ | $\begin{array}{c} 350 \pm 29.7 \\ 932 \pm 93.4^{*} \\ 302 \pm 28.1^{\#} \\ 357 \pm 31.3^{\#} \\ 275 \pm 15.8^{\#} \end{array}$ | $\begin{array}{c} 0.0103 \pm 0.000211 \\ 0.0085 \pm 0.000112^{*} \\ 0.0103 \pm 0.000211^{\# \odot} \\ 0.0103 \pm 0.000211^{\# \odot} \\ 0.0094 \pm 0.000255^{* \#} \end{array}$ | $\begin{array}{c} 1.31 \pm 0.0181 \\ 1.03 \pm 0.0366^{*} \\ 1.38 \pm 0.0508^{\# @} \\ 1.32 \pm 0.0368^{\#} \\ 1.21 \pm 0.0254^{\#} \end{array}$ | | | |

Values are expressed as mean \pm SEM of 6-8 rats per group. *vs. control group, #vs. Ac.a group, @vs. Ac.a + Dex group (one-way ANOVA followed by Tukey–Kramer multiple comparisons test; p <0.05).Where, BM-MSCs; bone marrow mesenchymal stem cells, AD-MSCs; adipose-derived mesenchymal stem cells, Ac.a; acetic acid, Dex; dexamethasone

| Table 3. | Effects | of MSCs on | Proinflammator | y Cytokines |
|----------|---------|------------|----------------|-------------|
|----------|---------|------------|----------------|-------------|

| Parameters | | | | | | | |
|--------------|---------------------------|---------------------------|-----------------------------|----------------------------|--|--|--|
| Groups | IL-1β | TNF-α | IL-6 | IL-10 | | | |
| | | (Pg/mg protein) | (Pg/mg protein) | (Pg/mg protein) | | | |
| Control | 1.0 ± 1.1 | 5.6 ± 0.315 | 3.23 ± 0.105 | 20.7± 0.559 | | | |
| Ac.a | $11.8 \pm 0.729^{*}$ | 21.2±0.513* | $12.30 \pm 0.442^*$ | $6.5 \pm 0.219^*$ | | | |
| Ac.a+BM-MSCs | 5.1 ± 0.355 ^{*#} | 14.5±0.238*#@ | $8.10 \pm 0.110^{*#@}$ | $10.8 \pm 0.203^{*\#@}$ | | | |
| AC.a+AD-MSCs | $3.6 \pm 0.301^{*\#}$ | 11.6±0.256 ^{*#@} | 6.07 ± 0.208 ^{*#@} | $13.7 \pm 0.292^{*\#@}$ | | | |
| Dex | $4.1 \pm 0.428^{*\#}$ | 8.3±0.148*# | $4.20 \pm 0.110^{\#}$ | 17.1 ± 0.538 ^{*#} | | | |

Values are expressed as mean \pm SEM of 6-8 rats per group. *vs. control group, #vs. Ac.a group, @vs. Ac.a + Dex group (one-way ANOVA followed by Tukey–Kramer multiple comparisons test; p <0.05).Where, BM-MSCs; bone marrow mesenchymal stem cells, AD-MSCs; adipose-derived mesenchymal stem cells, Ac.a; acetic acid, Dex; dexamethasone.

3.6 Effects of MSCs on Pro-inflammatory Cytokines

Intra-rectal injection of Ac.a caused a significant rise in IL-1 β , TNF- α , and IL-6 contents that were 1200%, 400%, and 400%, respectively, and it also caused prominent mitigation inIL-10 content to 69% when compared to the control group. Administration of AD-MSCs, BM-MSCS or Dex hampered these harmful effects. They reduced IL-1 β significantly by 57%, 70%, and 66%, respectively. Also, BM-MSCs, AD-MSCs or Dex treatment declined TNF- α content significantly when

the Ac.a group. Moreover, there was a significant decrease of IL-6 content in BM-MSCs, A D-MSCs and Dex groups to 34%, 51%, and 66%, respectively when compared to the Ac.a group. It also seemed that BM-MSCs, AD-MSCs, and Dex elevated the content of IL-10 significantly when compared with the Ac.a animals by 66%, 200 %, and 300%, respectively, so MSCS have immunomodulatory and anti-inflammatory activity.

Table 3 elucidates MSCs' impact on proinflammatory cytokines.



Figure 5. Effect of treatment with BM-MSCs or AD-MSCs on the colon expression of caspase-3 compared to dexamethasone

Each bar represents the percentage of 15 sections (3 per group).Data was analysed by one-way ANOVA followed by Tukey-Kramer multiple comparisons test.*p<0.05 versus the control group and #p<0.05 versus Ac.a group. Where, BM-MSCs; bone marrow mesenchymal stem cells, AD-MSCs; adipose mesenchymal stem cells, Ac.a; acetic acid and Dex; dexamethasone and photomicrographs of colon sections showing the effect of treatment with BM-MSCs or AD-MSCs compared with dexamethasone on the colon expression of caspase-3 in rats subjected to acetic acid as shown by microscopical examination by immunohistochemical assay (x100).

3.8 Antifibrotic effect of MSCs

Fibrosis was highly noticed in the Ac.a animals (200%) as compared to the control group. Notably, administrations of AD-MSCs, BM-MSCs or Dex have normalized fibrosis percentage as compared to the control group, so the antifibrotic activity of MSCs is evident. This is shown in figure (6A) and (6B).

dexamethasone

Each bar represents the percentage of 15 sections (3 per group).Data was analysed by one-way ANOVA followed by Tukey-Kramer multiple comparisons test. p<0.05 versus the control group and p<0.05 versus Ac.a group. Where, BM-MSCs; bone marrow mesenchymal stem cells, AD-MSCs; adipose mesenchymal stem cells, Ac.a; acetic acid and Dex; dexamethasone and Photomicrographs of colon sections showing the effect of treatment with BM-MSCs or AD-MSCs as compared with dexamethasone on fibrosis in rats subjected to acetic acid as shown by microscopical examination by using Masson's Trichrome (x100). Where, BM-MSCs; bone marrow mesenchymal stem cells, AD-MSCs; adipose mesenchymal stem cells, Ac.a; acetic acid, Dex; dexamethasone.

3.9 Effect of MSCS on colon inflammation by histopathological examination using hematoxylin and eosin

Administration of Ac.a triggered coagulative necrosis of the mucosal layer accompanied by submucosal edema, inflammatory cells infiltration and intraluminal accumulation of inflammatory exudate. Instead, administration of AD-MSCs, BM-MSCs or Dex was accompanied by few inflammatory cell infiltration and fine strands of proliferation in the mucosa that has no significant difference when compared to the control group and

these results ascertain that MSCs can protect against inflammation. This is elucidated in figure (7).



Ac.a+BM-MSCs

Ac.a+AD-MSCs

Dex

Figure 7. Effect of treatment with BM-MSCs or AD-MSCs on colon inflammation compared to dexamethasone Each bar represents the median of 15 sections (3 per group) \pm range. Data was analyzed by Kruskal Wallis test followed by Dunn's multiple comparisons post test.*p<0.05 versus the control group. Where, BM-MSCs; bone marrow mesenchymal stem cells, AD-MSCs; adipose mesenchymal stem cells, Ac.a; acetic acid and Dex; dexamethasone and Photomicrographs of colon sections showing the effect of treatment with BM-MSCs or AD-MSCs as compared with dexamethasone on colon inflammation in rats subjected to acetic acid as shown by microscopical examination by using hematoxyline and eosin stain (x100).

4. DISCUSSION

According to the authors' familiarity, this is the first study to compare two types of MSCs, AD-MSCs and BM-MSCs in the treatment of Ac.a triggered colitis to the corticosteroid Dex.

Intra-rectal injection of Ac.a led to a marked elevation in edema marker and macroscopic examination scores (congestion, ulcers, and bleeding). This goes in line with the previous studies ³⁶. Besides, Ac.a caused fibrosis which was detected by Masson's trichrome stain and it has also triggered inflammation, necrosis, ulceration, and edema that were detected by H&E stain and this is in harmony with the previous study ^[37]. In contrast, MSCs administration stimulated colonic repair by decreasing fibrosis, necrosis, ulceration and edema. These results follow a previous study ³⁸. The anti-fibrotic and anti-inflammatory effects of MSCs could be explained by the ability of MSCs to induce colonic epithelial cell hyperplasia ³⁹, their differentiation character and paracrine activity ⁴⁰.

Herein, it was reported that Ac.a induced oxidative stress revealed by significant reductions in the TAC content and SOD activity. Besides, it induced significant elevations in MPO activity and MDA content. These conclusions are in an argument with the preceding studies 41, 44. Otherwise, the present study showed that BM-MSCs and AD-MSCs have a marked antioxidant activity. Herein, the TAC content and SOD activity were replenished, while MDA content and MPO activity were hampered as compared to the Ac.a group. These antioxidant properties of MSCs were in harmony with the previous studies ⁴⁵, but according to da Costa et al, ⁴⁶ who used AD-MSCs, MDA content didn't decrease significantly. According to Kemp *et al*, (2010),⁴⁷the MSCs' antioxidant activity may be owing to their ability to generate and release SOD, which is produced synergistically in response to TNF and interferon (IFN-y). Furthermore, MSCs are a source of cysteine, which is consumed in GSH production, inhibiting GSH reduction in the affected colon progressively 48.

In this colitis model, administration of Ac.a resulted in a significant increment in TNF- α , IL-6, and IL-1 β contents. As well as, it caused a significant decline in IL-10 content. These findings go along with the earlier studies ^{49, 50, 51}. Worth mentioning, MSCs caused an apparent depression in IL-1β, TNFa, and IL-6 contents. Also, MSCs groups had a significant rise in IL-10 as compared to the Ac.a treated group. This is in harmony with the previous studies, where colitis was chemically induced by TNBS administrated by enema 52. This improvement may be attributed to stem cells characteristics. Injected MSCs can travel to the BM in the steadystate and home to the inflamed site across the endothelium and then the affected organ 53.and mediate immunomodulatory actions after injection¹⁹. Also, MSCs can synthesize and release SOD in a synergistic way in response to inflammatory mediators TNF- α and IFN- γ ⁴⁷. Moreover, MSCs paracrine activity plays a key role in the regulation of hematopoiesis, angiogenesis, immune and inflammatory reaction ⁵⁴. Additionally, MSCs have the ability to influence the majority of immune system cells, influencing cellular proliferation, differentiation, maturation, and function 55.

Furthermore, immunohistochemical detection in the current work revealed extensive expression of caspase-3 in Ac.a treated group as compared to the control animals. This is in harmony with the previous studies 43,55,56 The mechanism of Ac.a induced caspase-3 elevation can be described by Kaushal et al, (2001),⁵⁷ who stated that binding of TNF- α to its receptors activates receptor-dependent apoptotic pathways through activation of many caspases containing caspase-3⁵⁸. On the contrary, in In this work, BM-MSCs prevented apoptosis and AD-MSCs protected rats from elevated caspase-3 expression, which is similar to previous research ⁵⁹. It is supposed that the mechanism by which apoptosis has improved is by decreasing the Bax to Bcl-2 ratio and inhibit the activation of caspase-3, thus preventing colon apoptosis like in another study cared with myocardial infarction 60 and proceeding cell cycle ³⁸.

5. CONCLUSIONS

Because of their immunomodulatory, antiinflammatory, antioxidant, and antiapoptotic properties, BM-MSCs and AD-MSCs are promising candidates for the therapy of colitis.

Current and future development: Application of MSCs therapy in the patients with ulcerative colitis.

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