

▪ *A Word of Gratitude*



A 50-year journey of a Psychiatric Mental Health Nursing Educator
Prof. Zeinab Loutfi

This edition of the Egyptian Journal of Nursing and Health Sciences is dedicated to present a wonderful nurse educator:

Prof. Zeinab Loutfi to acquaint the young generations with her honorable figure. Prof. Loutfi graduated from “sacré-cœur” college where the students’ attitude is shaped toward community service. On graduation, she was advised by her teachers to choose nursing as a career. She joined the High Institute of Nursing, Cairo University in 1966; she was the 3rd batch. At that time the institute was a WHO project, which provided very competent national and international teachers. Prof. Loutfi joined the nursing school with a concrete sense of right and wrong. During the study years, she was impressed by the special nature of the profession, and the teachers’ role model who taught her a firm sense of practical wisdom and a way of being and where she internalized nursing as a value. When graduated, she became a demonstrator of psychiatric nursing. The following is a presentation of Prof. Loutfi professional career:

Education

Date	Institution	Degree(S) / Diploma (S) Obtained
1982	Dundee College Technology, Scotland	Diploma in Education Technology
1980	High Institute of Public Health, Alexandria University	Doctorate Degree in Public Health
1977	High Institute of Public Health, Alexandria University	Mental Health Master's degree in public health (Grade-Excellent)
1970	High Institute of Nursing, Cairo University	Bachelor's Degree in nursing sciences (Grade-Excellent with honor)

Professional Experience

Date	Company	Position	Description
2006	Faculty of Nursing Ain Shams University	Chairman of Psychiatric / Mental Health Department	Educational, administrative, responsibilities & research supervision Putting strategies for nursing faculties
2001	Universities Supreme Council Nursing	Secretary General	reviewing nursing curricula, assessment & admission tools Educational, administrative, responsibilities & research supervision
2000	Faculty of Nursing Ain Shams University	Dean Faculty of Nursing	Educational, administrative, responsibilities & research supervision
1991	High Institute of Nursing Ain Shams University	Director of Institute & head of the psychiatric nursing department	Educational, administrative, responsibilities & research supervision
1985	High Institute of Nursing, Cairo University	Assistant professor & head of department	Educational, administrative, responsibilities & research supervision

1980	High Institute of Nursing University and co-supervision	Lecturer	Clinical training, teaching responsibilities and co- supervision
1977	High Institute of Nursing, Cairo University	Assistant Lecturer	Clinical training and teaching responsibilities
1970	High Institute of Nursing, Cairo University	Demonstrator	Clinical training of undergraduate

Membership of Professional Bodies

- Ain Shams University Council
- Nursing Syndicate (Ex-vice president)
- Egyptian Alumni for faculties of nursing graduates
- Fulbright Alumni
- Alzheimer Society
- Mental Health association
- "Ahabab Alla" association for children with special needs (Ex-president)
- Egyptian Society for quality in Health Care
- Center for continuous education and training, Faculty of Nursing, Ain Shams University (President)
- Permanent Committee for promotion of professors and assistant professors.
- Secretary general of the nursing sector in the supreme university council.
- Chairman of the permanent committee - Consultant of the supreme university council
- Scientific expertise of the permanent committee of the supreme university council
- Peer reviewer in the National Committee for Quality Assurance and Accreditation
- Union of the Arab Faculties of Nursing

Work Experience

- Educational and administrative experience
- Supervising and discussing master and doctorate nursing thesis
- Evaluating and discussing post-doctoral research through the permanent committee of promotion of professors
- Publication of research in the field of psychiatric-mental health nursing, child and
- Adolescent psychiatry, geriatric nursing, and education
- President of seven international nursing conferences at the Faculty of Nursing, Ain Shams University

- Consultant in mental health training programs for nurses at Abbasia and Khanka mental hospitals (Health Care International)
- Trainer in the educational programs provided by Ain Shams University for the preparation of the university teacher
- Coordinator of two African Nurse training programs at the faculty of nursing, Ain Shams University on "Prevention and Control of Infectious Diseases"
- Task force member for designing the curriculum for family practice (Ministry of health)
- Developed a diploma in Psychiatric Mental Health nNursing for the Technical Institute of Nursing (WHO Consultant).

Key Qualification

- Activities in the field of quality assurance and accreditation
- Project manager for the HEEP project.
- Project manager for the establishment of internal quality assurance system.
- Peer reviewer (National Committee for Quality Assurance Accreditation).
- External reviewer for the faculty of nursing in:
 - 1) Alexandria University
 - 2) Cairo University
 - 3) El-Mansoura University
 - 4) Banha University
 - 5) El-Menoufeya University
 - 6) Faculty of medical science 6th October University
- Chairman to accreditation team in the visit to
 - 1) Faculty of Tourism and Hotels.
 - 2) Suez Canal University.
- Shared as a staff member for the accreditation of the Faculty of Nursing-Ain Shams University.
- Attended the training program of the supreme council of universities for the preparation of peer reviewer.
- Attended 3 workshops at the National Committee for Quality Assurance

Accreditation on.

- 1) Training faculties self-evaluation from 7-11 February 2010.
 - 2) External evaluation of the institutions of higher education from 4-8 February
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2010.

- 3) Intended learning on curriculum matrix from 21-25 February 2010.
- Shared in developing a unit for psychological guidance for student's health education health education.
- Shared in volunteered work:
 - 1) Family members and caregivers of Alzheimer patients.
 - 2) President of research project for the Psychiatric/Mental Health Nursing Department
 - 3) - Ain Shams University.
 - 4) Work on research project between the Psychiatric/Mental Health Nursing Department and the Pediatric Nursing Department in the psychological problems of the Egyptian adolescent.
- Shared in establishing the following diplomas in Psychiatric/Mental Health Nursing Department.
 - 1) Psychiatric/Mental Health Nursing diploma.
 - 2) Psychological counseling diploma.
 - 3) Substance abuse diploma.

Awards

- Award of Ain Shams University appreciation prize for medical sciences 2016.
- Ain Shams University award in the science festival in 2007
- Shield from the Kuwaiti Nursing Society 2004
- Certificate of appreciation and Shield from the Nursing syndicate 1989

Regional Activities

2008 Presented a scientific paper: "Stigma of Mental Illness" El-Sharka University, Emirate.

Presented a scientific paper: "Nursing in the Era of Technology" El-Sind 2007 university, Pakistan.

scientific committee of the 1st international nursing congress, ST. Joseph 2006

2005	Attended a workshop and training program on Palliative Treatment, Calvary Hospital, <i>New York, USA</i>
2003	Completed the Leadership Forum in Population and Reproductive Health. Training Program, <i>John Hopkins University, USA</i>
1998	Awarded a certificate of postgraduate study at Wellstart International for Lactation Management Education Program, <i>San Diego, USA</i>
1995	Organizing committee of a nursing Education Conference, <i>Bolzano, Italy</i>
1994	Attending a workshop on Leadership (Hope Project), <i>Virginia, USA</i>
1990	Scientific Participation in the International Council of Nursing Conference Seoul, South Korea
1990	Awarded a young African Leader visiting program (Fulbright) <i>USA</i>

On analyzing the journey of prof. Loutfi, we can see her input not only on generations of nurses, but also on training the different faculty members in the university, as well as the diversity of her activities in quality assurance, in the nursing syndicate, the supreme university council, and the permanent committee of the promotion of assistant Nursing professors and assistant professors and. In addition to the valuable **research** in Mental Health and education.

On recognition of her sincere and fruitful donation she awarded the Ain Shams appreciation price for medical sciences.

Prof. Loutfi kept propagating her educational principles:

- Communication skills in the essence of nursing
- The affective domain is not to be neglected.
 - It is not important what we teach, but how we teach. Be cautious from the following:
- The nature of the work leaves little time to think about human values.
- That the Nursing delivery is moving toward being a scientific technology away from being a human act.
- There is a stress on quantitative delivery of health care. What sets the stage for eventual diminution in importance of the sense of ethics.
- The proud is related to students' technical ability rather than ethics and professionalism.

Hoping:

- To develop a positive attitude toward the profession.
- To develop a high self-esteem, professionalism, and ethical candidates.
- To experience autonomy, justice, fidelity, and beneficence to the good.

Hoping that the professor Zeinab Loutfi will be a role model to the generations of Nurses/
