

Mansoura University Faculty of Tourism and Hotels

# Monastic Headdresses in Coptic Art: Qaslah or Qalansuwa"? An iconographical study on Coptic Artifacts from the 10<sup>th</sup> till the 18<sup>th</sup> Century

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#### Abstract

Monastic vestment composes a fundamental and crucial part of Coptic heritage. It distinguishes the monastic life and form a distinctive image of the new monk. Liturgical headdress was an early part of the monastic costume, and they were used to distinguish the monk in the monastic hierarchy. The qaslah and the qalansuwa are among those headdress applied on Coptic artifacts; and looks similar and confusing to distinguish among them thus; this paper aims to study their symbolism, history and depictions on Coptic artifacts from the 10<sup>th</sup> till the 18<sup>th</sup> century, through an iconographical and analytical methodology of work.

#### Keywords

#### Headdress, monastic, Qusla, qulunsua, Caps, Coptic art.

#### Introduction

Jewish and Christian environments introduced distinctive costumes as for women, virginity and even white dresses for Baptism to signify purity and new life. Prophets were distinguished for their camel clothes and animal skins in the desert. The early asceticism in Egypt witnessed an extreme poverty; hermits only wear their long beards or even their sleeping mats, later the basic model of the religious dress was the sleeveless white garment bare of decorations; a crucial change took place in the fourth century when clothes became a first rule in the monastic life<sup>1</sup>. Later on; examples like *skhema*<sup>2</sup>, *Koukle*<sup>3</sup>, *girdle*<sup>4</sup>, *the tunic, and* 

<sup>1</sup> N. M. Gourdier, Costume of the Religious, Coptic Encyclopedia 2 (Cairo, 1991), 654.

<sup>2</sup> A garment marked by a cross.

<sup>3</sup> A hood, a qalansuwa or a cap.

*sandals* were introduced; they varied according to their level of asceticism, different materials as well as the personal preferences; thus it helped to distinguish one group of monks from other<sup>5</sup>.

It should be noticed that Jesus himself did not set special requirements for the dress of the new religion except for; his advices of using no gold nor silver nor copper and even he advised them not to carry a bag<sup>6</sup>. The Christian liturgy vestments; it can be either a developed form that had its origin in Jews priest' costumes<sup>7</sup>; or it is a development<sup>8</sup> or it's the form of

<sup>7</sup> R. A. S. Macalister, Ecclesiastical Vestment: their Development and History (London, 1896), 2-3. Jews were the first convertors to Christianity thus the religious costume like dresses of the hermits and secular clergy of the Christians did not differ from their coreligionists. The Jews had

followed the orders of Moses in the Old Testament. امال جورجي، الملابس الكهنوتيه في الكنيسه القبطيه،أسبوع القبطيات السابع كنيسه العذراء بروض الفرج (القاهره، 1998) 28. <sup>8</sup> The Christian liturgies had developed out of the late

<sup>8</sup> The Christian liturgies had developed out of the late antiquity recognizable shape; differences and similarities may connect and separate the Christian and Jews liturgies. Langer, Ruth and Leonhard, Clemens. "Liturgy, Ritual, Worship" In Encyclopedia of Jewish-Christian Relations Online edited by Walter Homolka (inactive as of May

<sup>&</sup>lt;sup>4</sup> A leather belt worn by soldiers.

<sup>&</sup>lt;sup>5</sup> N. M. Gourdier, Costume of the Religious, Coptic Encyclopedia 2 (Cairo, 1991), 653.

<sup>&</sup>lt;sup>6</sup> Matthew 10:9-10.

the early contemporary dresses of nonbelievers<sup>9</sup>; both suggestions were accepted as well<sup>10</sup>. Further opinions agreed that the vestments of the eastern and western church were similar but each developed in its distinguishing way<sup>11</sup>.

Liturgical vestments were used primary for the purpose of 'Glory and for beauty' in front of god to glory his attendance and presence<sup>12</sup>. Other important perspectives should be put into consideration like; political, social religious and economic progress, fashions also affected the religious costumes and had its influences due to the successive cultures into Egypt; ancient Egyptians, Greco-Roman, Syrian and Byzantine<sup>13</sup>. Liturgical vestments<sup>14</sup>

2022), Rainer Kampling, Amy-Jill Levine, Christoph Markschies, Peter Schäfer and Martin Thurner. Berlin, Boston: De Gruyter,

2021. https://doi.org/10.1515/ejcro.4414975.

<sup>9</sup> R. A. S. Macalister, Ecclesiastical Vestment: their Development and History (London, 1896), 2-3.

<sup>10</sup> H. Jenner, Christian symbolism (Chicago, 1910), 132-133.

<sup>11</sup> H. Norris, Church Vestments: Their Origins and Development (London, 1949), 9.

<sup>12</sup> 2 Corinthians 3:7-11.

<sup>13</sup> N. M. Gourdier, Costume of the Religious, Coptic Encyclopedia 2 (Cairo, 1991), 654.

<sup>14</sup> Liturgical vestment should be consecrated by a bishop in the name of the father, the soul and the Holy Spirit. See: عبد (1992 ، المسيح الصليب البر اموسي المسعودي ، الخولاجي المقدس (البحير ه، 62-58 assigned to each rank can be witnessed in Egypt since the  $4^{th}$  century especially for bishops and deacons; a slight development during the 7<sup>th</sup> and 8<sup>th</sup> century like the phelonion<sup>15</sup>. Certain prayers and consecrations should be held rather than the usual appointment of the bishop himself and the order of his ordination<sup>16</sup>.

#### **Coptic monastic vestments**

By the end of the 13<sup>th</sup> and the beginning of the 14<sup>th</sup> century; the monastic vestments were almost in its final stage of development; no other new monastic pieces were added to the usual priesthood ordination order as follows; the seven pieces are: the tunic  $z_{ij}$ , the taylasan, girdle  $j_{ij}$ , epitrachelion  $\cdot z_{ij}$ , then the phelonion  $z_{ij}$ . The different grades of the ecclesiastical hierarchy like bishops, priests and deacons, had their own liturgical vestments especially this of the episcopate. <sup>18</sup>

The bishop phelonion لأفلونيه أو البرنس $^{19}$ or the chasuble<sup>20</sup> as mentioned by Butler<sup>21</sup> was originally the formal dress of

<sup>&</sup>lt;sup>15</sup> R. Mikhail, Towards a History of Liturgical Vestment in the Coptic Rite, Coptica 15(Cairo, 2016), 65.

<sup>&</sup>lt;sup>16</sup> P. F. Bradshaw, Ordination Rites of the Ancient Churches of East and West (New York, 1990), 148.

<sup>&</sup>lt;sup>17</sup> R. Mikhail, Towards a History of Liturgical Vestment in the Coptic Rite, Coptica 15(Cairo, 2016), 68.

<sup>&</sup>lt;sup>18</sup> W. Lyster, The Cave Church of The White Monastery (Cairo, 1999), 87.

<sup>&</sup>lt;sup>19</sup> نيفين جرجس رشدي، الملابس الكهنوتيه، <sup>19</sup> Athanasius for Christian Studies. 125 (2020) القاهره، 2020)

prophets and kings<sup>22</sup>; later on in Christianity it became the chief vestment worn by priests<sup>23</sup>, bishops and patriarchs; colored in white but later on colors as black were introduced by the sixth century<sup>24</sup>. The tunic was first known garment in the Coptic ecclastical vestments followed by the hood and the Omophorion, it is used to be made out of linen or silk ornamented with golden or silver threads<sup>25</sup>.

#### **Coptic monastic caps**

The idea of covering the head in Christianity had its origin in Jewish cult; but it differed in its shape. Hoods in Coptic Church used to distinguish priests from bishops. Wearing a cloth on the head is connected to the apostolic tradition

<sup>20</sup> A long wide sleeveless dress open from neck downwards; usually made out of linen or silk. It is a rounded sleeveless loose robe. It represents the honor and divine righteousness of the priesthood the robe was also used by the kings & prophets in the Old & New Testament [the robe of Elijah 2 kings2:13, the robe of Aaron exodus 28:4, and the robe of Herod Acts 12: 21). G. Ferguson, Signs & symbols in Christian art. (London,1989),157.

<sup>21</sup> A. J. Butler, Ancient Coptic Churches of Egypt (Boston, 2005), 92.

<sup>22</sup> 1Kings 11:29, 2 kings 2:13.

<sup>23</sup> In present churches; it is an outer vestment in the form of a sleeveless gown made of linen or silk and embroidered with crosses and some religious inscriptions. تادرس يعقوب. ملطي، قاموس المصطلحات الكنسيه، (القاهره، 1991)، 52 منصور، فيكتور الأب الكنيسة،حققه علوم في النفيسة الجوهرة سبَّاع، بن<sup>24</sup> ، منصور، فيكتور الأب الكنيسة،حققه علوم في النفيسة الجوهرة سبَّاع، بن أول دي المركز مؤلفات الراهب أثناسيوس المقاري، القداس الإلهي سر ملكوت الله، الجزء الأول <sup>25</sup> القاهره، 2011)، 10 (2011)، 20 (2011)، 20 (2011). especially in the episcopal vestment as they occupy the same rank; this hood can either be attached or not attached to the phelonion<sup>26</sup>.

Pope Gabriel II from the 11<sup>th</sup> century denied preforming the liturgical prayers without being bareheaded; he was trying to stop the habits of the urban clergy. Later on by the 12<sup>th</sup> century the same habit was in use as the Coptic clergy to use headdresses and to cover their heads; by the 13<sup>th</sup> century it became a custom to cover their heads during clergy which is different than which is followed in nowadays churches as headdress should be worn during different prayers and ceremonies<sup>27</sup>.

<sup>&</sup>lt;sup>26</sup> Innemee, K., Ecclesiastical Dress in the Medieval Near East (Leiden, 1992), 26.
<sup>27</sup> R. Mikhail, Towards a History of Liturgical Vestment in the Coptic Rite, Coptica 15(Cairo, 2016), 66.

#### i- Qaslah

Known in Coptic by 'Koulla' and in Arabic by qaslah  $i^{28}$ ; means the little or the small hut; as it resembles the shape of a little bell attached to the main garment or the phelonion<sup>29</sup>. Fig.1.The phelonion resembles the mantle of Aaron the prophet; made out of silk or wool usually ornamented by religious decorative elements<sup>30</sup>. The qaslah reserved only to the high priest or the head of the priests<sup>31</sup>.

The origin of the word qaslah was driven a Latin word given to a whole vestment that has a hood attached to its back. This hood had also a Syrian influence as an equivalent



Fig.1. A painting on canvas depicts patriarch Peter VII from the 18<sup>th</sup> century. After; Z. Skalova and G. Gabra, icons of the Nile Valley, 221.

<sup>28</sup> O. H. E. Burmester, The Egyptian or Coptic Church (Cairo, 1967), 30.

<sup>29</sup> It is similar to the Latin cope it may differ that the Latin one is usually attached by a hood at the back, while the Coptic Burnus; the hood at the back is only reserved for patriarch and bishops. القاهرت الإلهي سر الراهب أثناسيوس المقاري، القداس الإلهي سر And A.Basilios, Liturgical Vestments, Coptic Encyclopedia 4 (Cairo, 1991), 1476

<sup>30</sup> M. M. Anwar, Des Pièces Représentant les Insignes et les Vêtements Liturgiques Coptes Conservés dans les Musées Archéologiques D'egypte, Journal of The Faculty of Tourism and Hotels, Volume 12, Issue 2, (Cairo, 2016), 18.<sup>31</sup> R. Mikhail, Towards a History of Liturgical Vestment in the Coptic Rite, Coptica 15( Cairo, 2016), 60. named as 'qaslah' forms a monastic mantle attached by a hood; which still in use in nowadays Syrian churches. The same word "qaslah" was used to name a liturgical vestment means chasuble; being the priestly upper gown; later on this term was narrowed to be held to distinguish the hood of the phelonion in nowadays churches. The Coptic language signifies the word qaslah for only the hood<sup>32</sup>.

The qaslah or the hood was first introduced by Pope Cyril I the 24<sup>th</sup> known by "pillar of religion" who was the first one to popularize the usage of the qaslah in the year 431 AD; when he preside Ephesus council<sup>33</sup>. It was not an obligatory to put on chasuble along with qaslah during prayers but it was more like practice as in the monastery of Abü Maqar as mentioned in a manuscript from the 16<sup>th</sup> century kept in the library of St. Antony<sup>34</sup>. According to the order of the priesthood in the 13<sup>th</sup> century and during the ordination of the priest; the clergyman must be dressed the phelonion without the qaslah<sup>35</sup>. By the 14<sup>th</sup> century it became a must to place the phelonion attached with the qaslah if the ordination was to a bishop or a patriarch<sup>36</sup>.

الملابس أي الشرق اكليروس زي الليتورجيات المسيح، عبد يسى<sup>33</sup> 209.)، 1931( القاهره، الرابع الكرمة الجزء مجلة ،<sup>21</sup>الكهنوتية <sup>44</sup> فليمون كامل ، الملابس الكهنوتيه في العباده الليتورجيه و الحياه اليوميه 2021، 2018)(القاهره،

<sup>35</sup> R. Mikhail, Towards a History of Liturgical Vestment in the Coptic Rite, Coptica 15(Cairo, 2016), 68.

<sup>36</sup> R. Mikhail, Towards a History of Liturgical Vestment in the Coptic Rite, Coptica 15(Cairo, 2016), 70.

<sup>&</sup>lt;sup>32</sup> K.Innemee, Ecclesiastical Dress in the Medieval Near East (Leiden, 1992),23.

#### ii- The monk's hood the (qalansuwh)

historian Sozomen the has also mentioned in the 4<sup>th</sup> century; that the monks<sup>37</sup> of Egypt used to wear such galansuwa s to symbolize innocence, purity and childhood<sup>38</sup>. According to Abo al- Makaram in 11<sup>th</sup> century; St. Antony<sup>39</sup> was the first one who adopted the distinctive black dress attached with the <sup>40</sup> It qalansuwa hood black or resembles the soldier's helmet adorned with crosses to protect him against devil strikes<sup>41</sup>.



Fig.2. An icon depicts the visit of St. Antony to St. Paul. Coptic Museum of Cairo; After: وزارة الثقافة، المجلس الاعلى للإثار المتحف القبطي :مرايا التاريخ ، عبق العراقة (القاهرة، 2006) ، 77.

<sup>37</sup> Hood or qalansuwas were an outer garment used by both sexes later on it became a part of the monastic costume. M. Davenport, The Book of Costume (New York, 1948), 99.
 <sup>38</sup> W. Lyster, The Cave Church of The White Monastery (Cairo, 1999), 68.

<sup>39</sup> The father of the monasticism whose fame had spread out of the Egyptian desert; Egyptian by birth from an illustrious family from Come, he led the movement of the monasticism; he was a young contemporary of Paul the Thebes. Sozomen, Philostorgius, Photius, and Edward Walford, The Ecclesiastical History of Sozomen: the Ecclesiastical history of Philostorgius, as epitomized by Photius, translated by Edward Walford (London, 1855), 30 and <u>D. L. O'Leary</u>, The Saints of Egypt (New York, 1937), 76.

<sup>40</sup> الرهبان (وادي بستان أبيفانيوس نيافة الأنبا المقاري، أبيفانيوس الراهب 2013 . 22)، النطرون، 2013

الأنبا مارتيروس الأسقف العام، تاريخ القلنسو، ( القاهر،، 2016) ، 10. 14

Each of the Coptic hierarchy enjoys its own ecclastical vestment; the monastic hood was assigned to early monks. The new monk should receive a sleeveless tunic, goat leather mantle and a qalansuwa (or sometimes two qalansuwa) and a sandal, the qalansuwa was worn during the time of Eucharistic meals despite the fact that both monk's belts and mantels were put aside<sup>42</sup>. It is a piece of cloth stitched together to form a cap to cover the head in the form of a hood usually covers the head and the back part of the monk's head known by the Coptic word "koulla" It should be fastened just under the chin to secure a tight fitting to the head<sup>43</sup>. Fig.2. shows saint Antony wearing the black hood (*qalansuwah*).

In early monasteries *qalansuwah* was depicted plain, or decorated by only one or two crosses which symbolize protection and following of Jesus and his principles<sup>44</sup>, and a few religious decorative elements<sup>45</sup>, this type of hoods had disappeared from Coptic monasteries and later introduced after the Syrian model.<sup>46</sup>

<sup>42</sup> الأنبا مارتيروس الأسقف العام، تاريخ القلنسوه ( القاهره، 2016) ، 5. <sup>43</sup> الثالث الجزء الكنسية، المصطلحات المقارى، معجم أثناسيوس الراهب <sup>43</sup> ) ، 112. 2003(القاهره، العامر، سمو الرهبنة السريان العذراء دير ورئيس أسقف متاؤس الأنبا

، 113. ) 1984 القبطية ( القاهره ،

<sup>45</sup> Nowadays qalansuwh is decorated by twelve crosses six at each side and a large one on the front referring to Jesus the Christ and the twelve apostles.

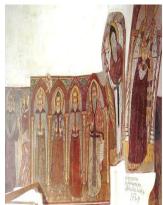
<sup>46</sup>K. Innemee, Ecclesiastical Dress in the Medieval Near East (Leiden, 1992), 117.

| - icongi | - Icongraphical Studey. |                 |                      |                  |  |  |
|----------|-------------------------|-----------------|----------------------|------------------|--|--|
| Plat.    | Type of                 | Portrayed       | Location             | Dating           |  |  |
| One      | art                     | figures         |                      |                  |  |  |
| Primary  | mural                   | Samuel, Pishoi  | Monastery of         | early            |  |  |
| shape    | paintings               | the Great, and  | Saint Antony         | 13 <sup>th</sup> |  |  |
| of       |                         | John the little | at the Red Sea       | century          |  |  |
| qaslah   |                         |                 | the southern         |                  |  |  |
|          |                         |                 | nave of St.          |                  |  |  |
|          |                         |                 | Antony main          |                  |  |  |
|          |                         |                 | church <sup>47</sup> |                  |  |  |

#### - Icongraphical Studey:

**Desription**: The saints are depicted standing rasing their hands in a prayer attitudeon different rasing hands level. They are depiced bearded wearing the phelonion or the over dark tunic or garments with different colors; the phelonion of the two saints on the left side looks identical; it covers their chest with an opening on its frontal part shorter from the front and run longer from the back; it is colored with geometrical patterns; only the middle saint; his phelonion is ornamented with a white rim. The saint on the right side had a slightly different decoration pattern on his phelonion in the form of crosses. The three figures are wearing the qaslah? on

their heads. It is not attached to the phelonion



Pl.1. Monastery of Saint Antony at the Red Sea, After Bolman, Monastic

<sup>47</sup> Saint Antony lived during the fourth and early fifth century at almost the same time of Mercurius the Great in a spiritual friendship. E. Bolman, Monastic Visions: Wall paintings in the Monastery of St. Antony at the Red Sea (Connecticut, 2002) p. 53. and had its different color and decoration; the two on the left had some geometrical strips while the one on the right had a solid pattern. The three headdress looks like pointe headdresses in its upper part.

| Plate.<br>Two | Type of art   | Portrayed<br>figures   | Location   | Dating   |
|---------------|---|--|--|--|
| qaslah        | an<br>illustrated<br>Gospel,<br>drawn by<br>Saint<br>Michael,<br>Bishop of<br>Damitta | Pope Mark<br>III, Pope of<br>Alexandria<br>and Patriarch<br>of the See of<br>St. Mark the<br>73rd. | the<br>French<br>national<br>library in<br>Paris <sup>48</sup> | 11 <sup>th</sup> - 12 <sup>t</sup><br>century. |

**Description:** This illustrated Gospel has been copied and illustrated by Saint Michael; during the papacy of Pope Mark III thus his photo was placed on its first page. He is represented sitting on a low chair with no back surmounted by an arcade, and a decorative rim contains Arabic calligraphy. He is depicted wearing a dark red tunic with wide sleeves leaving his right arm uncovered while he is holding a Tau-staff in his left hand. The tunic is surmounted with a blue phelonion with a decorative rim covering a part of its shoulders and chest, a qaslah is covering his head with the same blue color of the phelonion. The pope' head is depicted



Pl.2. Pope Mark III, photographed by the researcher

<sup>48</sup> E. Stephen, Le Mystère Du Manuscrit Copte, Pages Chrétiennes d'Égypte: Les Manuscrits Des Coptes 13 ( Paris, 2004), 16. completely covered by the qaslah , the example of the qaslah here is very clear as it hold its shape and volume putting in consideration that the profile aspect gave a clear example of this headdress rather than the usual depiction of the frontal faces in Coptic art.

| Plate.<br>Three | Type<br>of art | Portrayed figures    | Location | Dating                  |
|-----------------|----------------|----------------------|----------|-------------------------|
| qaslah          | Coptic         | Pope Cyril the       | Old      | The end of              |
|                 | icons          | Great XXIV, Pope     | Cairo    | the 17 <sup>th</sup> or |
|                 |                | of Alexandria and    |          | the beginning           |
|                 |                | Patriarch of the     |          | of the 18 <sup>th</sup> |
|                 |                | See of St. Mark      |          | century.                |
|                 |                | the 24 <sup>th</sup> |          |                         |

**Description:** he was the  $24^{th}$  patriarch of Alexandria in  $4^{th}$  century (412-444 A.D) known by 'Amood el- Deen, during his life time a crucial controversy took due to the teaching of Nestorius; thus pope Cyril held a protest and leaded a vital role in the council of Ephesus; as a result Nestorius thoughts were condemned<sup>49</sup>. He is depicted standing raising his two arms as a sign of victory holding a cross in his right hand and a *Tau* stick in his left arm, a napkin is shown hanging down on the left side. He is depicted as a bearded man wearing an olive tunic surmounted by red Phelonion and a qaslah painted in bright yellow color, the details of his headdress are clear it covers his



Pl.3. Pope Cyril the Great XXIV, after Nabil Selim, Coptic Icons II, p. 129.

head; ears and back neck the pointy edge is clear here from a frontal view. His name is written in Arabic on the background with clear letters. It is worth mention that Pope Cyril the Great was the first one to adopt using the qaslah during Ephesus council.

<sup>49</sup> N. S. Atalla, Coptic Icons II (Cairo, 1998), p. 129..

| Plate.<br>Four | Type of<br>art | Portrayed<br>figures | Location               | Dating                                   |
|----------------|----------------|----------------------|------------------------|--|
| qaslah         | Incised        | a clergyman          | Victoria and           | 11 <sup>th</sup> century <sup>51</sup> . |
| ?              | painting       | holding a            | Albert                 |  |
|                | in glazed      | lamp or an           | museum in              |  |
|                | bowl.          | incense              | London <sup>50</sup> . |  |
|                |                | burner               |                        |  |

**Description:** this piece of art was found in Luxor, dates back to the Fatimid period, it depicts a clergyman? In a standing position facing the viewer as one of the most important characteristic features of the Coptic art, there is an abstracted form of the tree gives the impression of a cross is depicted next to him. He is wearing a long tunic with wide sleeves, his facial features reflects somber and mercy, holding an incense burner or maybe a lamp in his right hand while his

left hand is placed upon his chest. His tunic is lavishly decorated by circular motives; a belt is placed upon his waist and a decorative rim surrounding his sleeves and collar; a religious cap or a qaslah headdress? Is drawn to cover his



Pl. 4. A Coptic clergymen holding a lamp or an incense burner? <u>https://islamicart.museumwnf.org/d</u> <u>atabase\_item.php?id=object;ISL;uk</u> ;<u>Mus02;3;ar</u>

 <sup>50</sup> A. Contadini, and Victoria and Albert Museum, Fatimid Art at the Victoria and Albert Museum (London, 1998), 86.
 <sup>51</sup> Z. Skalova and G. Gabra, Icons of the Nile Valley (Cairo, 2006), 96. head, in the form of a hood with a pointed edge seen from the front it covers his ears and the back of his neck, and left unattached to his tunic. The headdress is slightly decorated with curved motives while the frontal part is left plain

| Plate.<br>Five | Type of art | Portrayed<br>figures | Location             | Dating  |
|----------------|-------------|----------------------|----------------------|---------|
| qaslah         | а           | Apa sawris Ibn       | Library of           | tenth   |
|                | miniature   | el- Muqaffa'         | Saint                | century |
|                | in a Coptic | Bishop of el-        | Antony,              | 53      |
|                | manuscript  | Ashmonin.            | number:              |         |
|                |             |                      | 104,                 |         |
|                |             |                      | second               |         |
|                |             |                      | page <sup>52</sup> . |         |

 <sup>&</sup>lt;sup>52</sup> https://drive.google.com/file/d/1Y0ue-8cJ\_0wtHxUjsj6ZSnn8B\_x8FrGt/view
 <sup>53</sup> https://coptic-treasures.com/person/st-severus-ofashmonin/

# Description: Apa sawris Ibn el- Muqaffa' the bishop of el-

Ashmonin in Upper Egypt during the Fatimid period

around the tenth century. He accomplished many works among which; History of the patriarchs of Alexandria, and the arrangement of the priesthood. He is depicted sitting on a low back ornamented chair, holding a cross with a base in his right hand and folding the other hand on his chest.

He is wearing a dark green tunic, bearded, barefooted. He is wearing a qaslah distinguished by its red color and connected by a piece of cloth covers the back of his neck and ears his head is surrounding by a halo as well, an Arabic calligraphy is seen at the background read as:' صورت الأب ساويروس إين المقفع''



Pl.5. Apa sawris Ibn el-Muqaffa' the bishop of el-Ashmonin in a Coptic manuscript kept Library of Saint Antony

| Plate. Six | Type of  | Portrayed | Location        | Dating                |
|------------|----------|-----------|-----------------|-----------------------|
|            | art      | figures   |                 |                       |
| Qalansuwa  | mural    | A group   | church of       | the 15 <sup>th</sup>  |
|            | painting | of Saints | Virgin Mary,    | century <sup>54</sup> |
|            |          |           | the eastern     |                       |
|            |          |           | chapel at the   |                       |
|            |          |           | monastery of    |                       |
|            |          |           | St. Macaruis at |                       |
|            |          |           | Wadi el         |                       |
|            |          |           | Natrun;         |                       |

<sup>54</sup> G. Gabra, T. Vivian, Coptic monasteries: Egypt's monastic art and architecture (Cairo, 2008), 44.

#### Description: the opposite plate is an aquarelle copy after

Leroy; this group of monks is all represented standing under an arcade, wearing ample patterned robes, they are bearded, their heads is surrounded by a halo while they are depicted wearing galansuwa, it seems like its colors are lighter than their robes color. The middle depicted saint has a circular headdress while the two saints on both sides their galansuwa had a slightly pointy hood. The Coptic galansuwa covers their head, ears leaving only their faces in an oval shape. The qalansuwa S are depicted plain with no ornaments or decorations that is unfortunately due to the fact that it is aquarelle copy; while the original mural paintings in a very bad state of preservations.



Pl.6. A mural painting shows a group of monks standing under an arcade, after: Gabra, Coptic

| Plate. Seven | Type of<br>art  | Portrayed figures   | Location                                       | Dating                                      |
|--------------|-----------------|---|--|---|
| qolnswah     | Coptic<br>icons | St. Shenute; abbot of<br>the monastery of St.<br>Shenute (white<br>monastery) and his<br>disciple | The church of<br>St. Mercurius<br>at Old Cairo | 19 <sup>th</sup><br>century <sup>55</sup> . |

**Description**: St. Shenute is one of the most important figures in Coptic heritage, he led the leadership of the white monastery; he also allowed using his monastery to shelter refugees in time of crisis in Egypt<sup>56</sup> is depicted standing next to one of his disciples, but represents the main scene in the center of the icon to reflect his importance. He is wearing a long blue tunic and a phelonion in a beige color holding a Tau stick on his right hand, his disciple is depicted just next to him wearing a dark olive tunic and a red outer garment, wearing no headdress except for a halo surrounding his head.



Pl.7.A icon depicts St. Shenute, after: Gabra, the churches of Egypt, 105.

<sup>55</sup> G. Gabra, G. J. M. van Loon, C. Ludwig, and Sh. Sunbul, The Churches of Egypt: from the Journey of the Holy Family to the Present Day (Cairo, 2012), 105.
<sup>56</sup>C. T. Schroeder, Monastic bodies: Discipline and salvation in Shenoute of Atripe (Philadelphia, 2007), 22. The qalansuwa worn by Abbot Shenute is colored in black covering his head, ears and neck and reaches his chest. It is plain with no decorative elements or religious symbols except for two golden crosses decorating his shoulders and a rim running around the edges of the qalansuwa.

| Plate.<br>Eight | Type of<br>art | Portrayed<br>figures | Location     | Dating                |
|-----------------|----------------|----------------------|--------------|-----------------------|
| Qalansuwa       | wooden         | St. Antony           | monastery of | the 17 <sup>th</sup>  |
|                 | chalice        | and St.              | Saint Paul   | century <sup>57</sup> |
|                 | box            | Paul                 |              |                       |

**Description**: the scenes on the chalice box commemorate the visit of St. Antony to St. Paul from one side while the other side represents a depiction of Virgin Mary holding Jesus Christ. St. Antony next to St. Paul while the crow holding the half bread is clearly seen depicted e upper register; two lions are approaching the legs of St. Paul as a symbolism of his burying. St. Antony is standing wearing dark tunic surmounted by yellow phelonion and a Coptic galansuwa. The galansuwa is plain tightly fit on his head, ears and back of his head stretches tell his shoulders. It is colored in black decorated by only three crosses one on the top of his head while two crosses are decorating his shoulders, a halo is seen on the head of the two figures.





Pl. 8. Wooden chalice box depicts the visit of St. Antony; to St. Paul, after: Lyster, Monastery of Saint Paul, 84.

<sup>57</sup> W. Lyster, Monastery of Saint Paul (Cairo, 1999), 84.

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| Plate.<br>Nine | Type of<br>art | Portrayed<br>figures | Location     | Dating                   |
|----------------|----------------|----------------------|--------------|--------------------------|
| Qelnswa        | icon           | Markus               | Monastery of | The end of               |
|                |                | al-Antuni            | St. Antony,  | the 17 <sup>th</sup> and |
|                |                |                      | Egypt        | the beginning            |
|                |                |                      |              | of 18 <sup>th</sup>      |
|                |                |                      |              | century <sup>58</sup>    |

**Description**: One of the important figures in the monastery of St. Antony where he spent his early days before moving to the monastery of St. Paul; sources mention that he dug his tomb by his own self and started fasting; thus he was sent back to his own monastery. He inspired many of his students who turned be patriarchs later on. to He is represented standing wearing a light red tunic and a blue phelonion resting his right hand on a Tau stick while his left hand is holding a praying rope; the background is full of floral motives and decorations to reflect nature while the is decorated bv ground Arabic calligraphy. The saint is depicted



**Pl.9. St.** Markus al-Antuni, after; Swanson, The Monastery of St. Paul in Historical Context, p. 49.

bearded with a long white beard covers his chin and half of his face, while his head is covered by the qalansuwa painted in black ornamented with white crosses and other

<sup>58</sup> Swanson, The Monastery of St. Paul in Historical Context, in W. Lyster, The Cave Church of Paul the Hermit at the Monastery of St. Paul (New Haven, 2008), 49-50. decorative elements colored in white, the headdress form a distinguished shape around the saint face forming waves while the rest of it resting upon his shoulders and covers a part of it. The stability of the qalansuwa affirms that most probably this cap used to be fastened just under the chin to secure its arrangement.

|                     | iicai study                                      |  |
|---------------------|--|--|
|                     | Coptic ' Koulla' or<br>قصله qaslah               | The monk's hood<br>the ( <i>qalansuwh</i> ) قلنسوه |
|                     | qasian -   | the (qalansuwn)                                    |
|                     | Symbolize innocence,                             | It resembles the                                   |
|                     | purity and childhood.                            | soldier's helmet                                   |
| Symbolism           |  | adorned with crosses to                            |
|                     |  | protect him against                                |
|                     |  | devil strikes                                      |
|                     | It resembles the shape of a little bell attached | Hood or qalansuwa ,<br>firmly fitting the head     |
| Shape               | to the main garment or                           | covers the ears, the                               |
| Shape               | the phelonion                                    | back neck, and firmly                              |
|                     |  | fastened under the chin                            |
|                     | To distinguish the                               | The early monks                                    |
| usage               | Bishop or the patriarch                          |  |
| First introduced by |  | St. Antony was the first                           |
| First usage         | Pope Cyril I the 24 <sup>th</sup>                | one who adopted the                                |
|                     | known by "pillar of                              | distinctive black dress                            |
|                     | religion" in Ephesus                             | attached with the black                            |
|                     | council  | hood or qalansuwa                                  |
|                     | It was not an obligatory                         | A fundamental part of                              |
|                     | to put on chasuble<br>along with qaslah          | the monastic dress even<br>during the time of      |
|                     | during prayers; by the                           | Eucharistic meals                                  |
| Rules of            | 14th century it became                           | despite the fact that                              |
| wearing             | a must to place the                              | both monk's belts and                              |
|                     | phelonion attached                               | mantels were put aside                             |
|                     | with the qaslah if the                           |  |
|                     | ordination was to a                              |  |
|                     | bishop or a patriarch;                           |  |
|                     | except for the                                   |  |

## - Analytical study

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|           | monastery of St.<br>Mercurius when they<br>used to wear it during<br>their prayers. |                                       |
|-----------|---|---------------------------------------|
| Halo      | Usually depicted surrounded by a halo   | Usually depicted surrounded by a halo |
| Depiction | Rarely on icons   | Frequently depicted on                |
| in Coptic |   | icons                                 |
| art       |   |                                       |
| Color     | Depicted in different   | Depicted only in black                |
|           | colors  | color                                 |
| Figures   | Patriarchs, bishops,  | Only monks                            |
| depicted  | monks, and saints   |                                       |
| wearing   |   |                                       |
| this      |   |                                       |
| headdress |   |                                       |

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- Final remarks:

# - How can we distinguish between the Qaslah and Qalansuwa in Coptic art?

It should be stated that the two headdresses were among the monastic liturgical vestment reserved only for monastic hierarchy; the difficulty of the recognition based on that one of the main features of the Coptic art is that; it depicts figures on a frontal pose; thus the volume of the qaslah was hardly recognized except for profile depictions as in Coptic manuscripts; but:

- The usage of the qaslah was only reserved for bishops or patriarchs but some mural paintings depict saints and monks wearing it as in the example in the monastery of St. Antony; thus this was an early usage of the qaslah and formed an early stage of its development. The early depictions of qaslah on Coptic mural paintings were most probably an early form of the qaslah which developed later on to distinguish the Coptic patriarchs.
- The monastic hood, qalansuwa can be distinguished by its decorations. It is usually black; adorned with crosses one at the frontal part on the forehead of the saint and one on his side on the part covering his shoulders.
- While the qaslah was depicted in different colors and different decoration ornament, some examples followed the same patterns of the tunic even the geometrical ones.

- The recognition of the qalansuwa or the qaslah helps to recognize the depicted figures and his monastic hierarchy.
- It is much easier to recognize the difference among them on manuscript rather than Coptic artifacts because figures were usually depicted in a side view.

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