



## Detection of virulence genes of enterohaemorrhagic *E. Coli* isolated from some meat products by polymerase chain reaction.

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### ABSTRACT

A grand total of 105 meat product samples of minced meat, sausage and luncheon (35 of each) were duplicated bacteriologically examined to detect Enterohaemorrhagic *E.coli* prevalence and some virulence genes. One replicate was processed for *EHEC* non O<sub>157</sub> by using conventional method for isolation and identification of *E.coli* and the other for *E.coli* O<sub>157</sub>:H<sub>7</sub>, then serological typing and PCR technique for specific *stx*<sub>1</sub>, *stx*<sub>2</sub>, *cvcC* and *hlyA* genes from 6 random samples were applied. *E.coli* was isolated from 12 samples (34%), 9 samples (25.7%) and 11 samples (31%) of the examined minced meat, sausage and luncheon, respectively. The isolated serotypes of *EHEC* were O<sub>26</sub> (5 strains) 15.6%, O<sub>111</sub> (3 strains) 9.4% and O<sub>157</sub> (3 strains) 17.6%. The incidence of *EHEC* O<sub>26</sub> were (2 strains) 5.7%, (2 strains) 5.7%, (1strain) 2.85%, incidence of O<sub>157</sub>:H<sub>7</sub> were (2 strain) 5.7%, (1 strain) 2.85%, 0% in minced meat, sausage and luncheon, respectively. The incidence of O<sub>111</sub> was 2.85% from each the type meat products. PCR results indicated that *stx*<sub>2</sub> and *cvaC* virulence genes were detected in the same studied strain (O<sub>157</sub>:H<sub>7</sub> from minced meat sample), while *stx*<sub>1</sub> and *hlyA* genes were not detected. Accordingly, meat products may constitute an important reservoir for *EHEC* and PCR technique is the most sensitive and efficient approach for detection of *EHEC* genes.

**Keywords:** Enterohaemorrhagic *E.coli*, Shigatoxins, PCR.

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### 1. INTRODUCTION

*E. coli* is commonly non virulent but some strains have adapted pathogenic or toxigenic virulence factors that make them virulent for man and animals (Malik and Memona, 2010). Pathogenic *E.coli* strains are serotyped on the basis of their O (somatic), H (flagellar), and K (capsular) surface antigen profiles into six categories: Enterohemorrhagic (*EHEC*), Enterohemorrhagic (*EHEC*)/Shiga toxin-producing *E.coli* (*STEC*), Enteroinvasive (*EIEC*), Enteropathogenic (*EPEC*), Enterotoxigenic (*ETEC*), and diffuse adherent (*DAEC*) (Nataro and Kaper, 1998 and Parry and Sharon, 2002). *EHEC* is defined as a subgroup of *VTEC/STEC* associated with

human diseases which in addition to the verocytotoxin/shigatoxin producing capacity harbors additional genes that are important in virulence. Verocytotoxin producing *E.coli* (*VTEC*) is a term used to describe strains of *E.coli* characterized by the ability to produce verocytotoxin(s) (VT), or just verotoxins that are capable of killing Vero cells, a tissue culture line of monkey kidney cells. In addition to *E.coli* O<sub>157</sub>, *EHEC* includes over 100 serotypes causing food borne illness, such as O<sub>26</sub>, O<sub>111</sub>, O<sub>113</sub> and O<sub>121</sub> (FAO and WHO, 2011). Detection of *E. coli* O<sub>157</sub>:H<sub>7</sub> is based on phenotypic differences from most other serotypes: its inability to ferment sorbitol on MacConkey sorbitol agar and

absence of b-glucuronidase activity in most strains (Adams and Moss, 2008). Shiga toxins (*stxs*) are considered to be the major virulence factor of *VTEC* and comprise a family of structurally related cytotoxins with similar biological activity. The two main groups consist of *stx1*, which is nearly identical to the toxin of *S. dysenteriae* type 1, and *stx2*, which shares less than 60 % amino acid sequence with *stx1* (Chelsa and O'Brien, 1998). Colicins are antimicrobial proteins produced by one strains of *E.coli* to suppress the growth of other relative strains of *E.coli* (Diez-Gonzalez, 2007). PCR is a powerful molecular biology technique that was introduced to facilitate the detection of the *E.coli* virulence factors by using DNA probes that detect specific virulence factors (Nataro and Kaper, 1998).

## 2. MATERIAL AND METHODS

### 2.1. Samples collection

A grand total of 105 samples (35 each of minced meat, sausage and luncheon) were collected from small scale shoppes with different sanitation levels at El-Menofiya governorate and transferred in an ice box directly to laboratory with a minimum delay to be bacteriologically examined.

### 2.2. Samples collection

Samples were analyzed by duplicate. One replicate was processed for *EHEC nonO157* isolation and the other for *E. coli O157:H7* screening.

#### 2.2.1. Isolation and identification of *E. coli*

The technique recommended by APHA (1992) by using MacConkey broth for enrichment then subculture on MacConkey agar and Eosin Methylene Blue (EMB) agar media. Suspected colonies (dark colonies with metallic sheen) for *E.coli* were picked up and sub cultured for purification.

#### 2.2.2. Isolation and Identification of *Enterohaemorrhagic E.coli O157: H7*

A 25 g of each meat product were blended with 225 ml of (mTSB) modified tryptic soya broth supplemented by Novobiocin (20 mg/l). Subculture was done on Sorbitol MacConkey Agar (SMAC) with Cefixime and Tellurite. All plates were incubated for 24-48 hours at 37°C. Non sorbitol fermenting colonies (N.S.F), transparent colonies were picked up and sub cultured for purification.

#### 2.2.3. Identification of suspected *E.coli* isolates

The purified colonies were morphologically identified by Gram stain and biochemical tests (Quinn *et al.*, 2002).

### 2.3. Antibacterial sensitivity test

All the suspected isolates were serologically identified by slide agglutination according to Kok *et al.*, (1996) by using rapid diagnostic *E.coli* antisera sets (DENKA SEIKEN Co., Japan) .while Non-sorbitol fermenting (NSF) isolates used monovalent O<sub>157</sub> and H<sub>7</sub> antisera.

### 2.4. Antibacterial sensitivity test

Primers used for detection of four virulence genes that may play a role in virulence of *EHEC* (Table 1).

Table (1): Primer sequences for virulence genes amplification of *EHEC*

Target gene	Primers sequences (5'-3')	product (bp)	Reference
<i>stx1</i>	ACACTGGATGATCTCAGTGG CTGAATCCCCTCCATTATG	614	Dipineto <i>et al.</i> , 2006
<i>stx2</i>	CCATGACAACGGACAGCAGTT CCTGTCAACTGAGCAGCACTTTG	779	Dipineto <i>et al.</i> , 2006
<i>Hly A</i>	ACGATGTGGTTTATTCTGGA CTTCACGTGACCATACATAT	165	Dipineto <i>et al.</i> , 2006
<i>cva C</i>	CACACAAAACGGGAGCTGTT CTTCCCGCAGCATAGTTCCAT	760	Yaguchi <i>et al.</i> , 2007

These genes were shiga toxins (*stx1*, *stx2*), haemolysin (*hlyA*) and colicine V production col V gene (*cva C*). PCR technique was applied on six random isolates (O<sub>26</sub> from minced meat sample and luncheon sample; O<sub>111</sub> from luncheon and sausage sample; O<sub>157</sub> from minced meat and sausage, two isolates for each) following QIAamp® DNA Mini Kit instructions (Catalogue no.51304): Emerald Amp GT PCR Master mix (Takara) Code No. RR310A and agarose gel electrophoresis (Sambrook et al., 1989).

### 3. RESULTS

Table (2): Prevalence of *E.coli* and N.S.F *E.coli* isolated from the examined meat product samples (n=35)

Type of examined meat products	Positive samples of <i>E.coli</i>		Positive samples of N.S.F. <i>E.coli</i>	
	No.	%	No.	%
Minced Meat	12	34	7	20
Sausage	9	25.7	6	17
Luncheon	11	31	4	11.4
Total	32	30.5	17	16

% were calculated according to the type of examined meat product sample

Table (3): Serotypes of EHEC-non O<sub>157</sub> and N.S.F. *E. coli* isolates

Isolates serogroup	Serotypes of EHEC non O <sub>157</sub>			Serotypes of N.S.F <i>E. coli</i>	
	EHEC O <sub>26</sub>	O <sub>111</sub> :H4	negative	O <sub>157</sub>	negative
isolates	5	3	24	3	14
%	15.6	9.4	75	17.6	82.4

Table (4): Prevalence of EHEC serogroupes among the examined meat products (n=35)

Tested Sample	EHEC O <sub>26</sub>	EHEC O <sub>111</sub>	EHEC O <sub>157</sub>
	No. (%)	No. (%)	No. (%)
Minced meat	2(5.7)	1 (2.85)	2 (5.7)
Sausage	2(5.7)	1 (2.85)	1 (2.85)
Luncheon	1(2.85)	1 (2.85)	0 (0)
Total	5 (4.7)	3 (2.85)	3 (2.85)

% were calculated according to the type of examined meat product sample

Concerning the conventional methods for identification and isolation of *E.coli* isolates

from meat samples, *E.coli* appeared as pink colonies on MacConkey agar, gave characteristic green sheen colonies on EMB., While N.S.F. *E.coli* were transparent on SMAC. *E.coli* strains were seen as Gram-negative, rods, arranged singly, pairs and groups, non-spore forming. Different biochemical reactions were done for confirmation of all suspected colonies: positive methyl red reaction and produced indole. They did not cause break down of urea and didn't grown in citrate medium. Reactions in TSI agar slant revealed yellow slant and butt with gas but no production of hydrogen sulphide gas was observed ,Meanwhile The results showed that *E.coli* was recovered in 32 samples with an incidence rate 30.5% represented; 34%, 25.7%, 31%, while N.S.F.*E.coli* was isolated with percent 16%represented ; 20%,17%.11.4% from minced meat, sausage and luncheon, respectively, table (2), Data in table (3) revealed that the serologically identified 32 *E. coli* isolates for EHEC nonO<sub>157</sub> were 8 (25%) isolates gave positive results with polyvalent antisera (2) more over 24 (75%) isolates were negative by using the monvalent antisera The most commonly detected serogroups (O<sub>26</sub> and O<sub>111</sub>) represented as 5 strains were serotyping O<sub>26</sub> (15.6%); 3 strains O<sub>111</sub> (9.4%), while typing of 17 N.S.F *E. coli* isolates were 3 (17.6%)isolates can be identified serologically as O<sub>157</sub>:H7. while 14(82.4%) were negative.

Table (5): Prevalence of EHEC among the examined meat products samples (n=35)

Type of products	No. of positive samples	% of total EHEC
Minced Meat	5	14.28
Sausage	4	11.4
Luncheon	2	5.7
Total	11	10.5

% were calculated according to the type of examined meat product sample

After phenotyping and genotyping of isolates the prevalence of *EHEC* serogroups was as following:

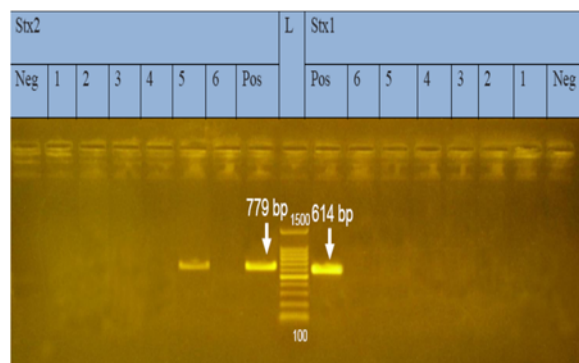


Fig. (1) PCR detection for virulence genes *stx1* and *stx2* of *EHEC*, the *stx<sub>2</sub>* (779bp) gene. *stx<sub>2</sub>*: shiga toxin 2 gene Lan L: 100-1500bp DNA Ladder Neg: Negative control. Pos: Positive control (at779bp) Lane 1, 2, 3, 4, 6: *Enterohaemorrhagic E.coli* (Negative). Lan 5: *Enterohaemorrhagic E.coli O157* (Positive). The *stx1* (614 bp). Stx1: shiga toxin 1 gene. Lane L: 100-1500bpDNA Ladder. Neg.: Negative control. Pos.: positive control (at 614bp), Lane 1; 2; 3; 4, 5 & 6: *EHEC*. (Negative).

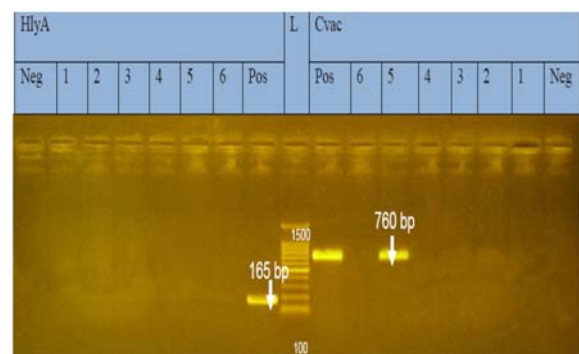


Fig. (2) PCR detection for virulence genes *hlyA* and *cvaC* genes of *EHEC*, *hlyA* (165 bp) gene. *hlyA*: Haemolysin gene. Lane L: 100-1500bp DNA Ladder. Neg.: Negative control. Pos.: positive control (at 165bp). Lane 1; 2; 3; 4, 5&6: *EHEC* (Negative). The *cvaC* (760 bp) gene *cvaC*: colicine V production colV gene. Lan L:100-1500bp DNA Ladder Neg: Negative control. Pos: Positive control (at760bp) Lane 1, 2, 3, 4, 6: *Enterohaemorrhagic E coli* (Negative). Lane 5: *Enterohaemorrhagic E.coli O15* (Positive)

The prevalence of *E.coli* O<sub>26</sub> was 2/35 (5.7%), 2 /35(5.7%), 1 /35(2.85%) from minced meat, sausage and luncheon respectively with

overall 5 samples (4.7%) (Table 4) The prevalence of *E.coli* O<sub>111</sub> was 1/35 (2.85%) from each type of meat products; with overall 3/105 (2.85%) from all samples. The prevalence of *EHEC* O<sub>157:H7</sub> was 3/105 (2.85%); represented as 2/35 (5.7%), 1/35(2.85%) from minced meat and sausage, respectively. but in luncheon failed to recovered (Table 4)

Total *EHEC* were isolated from 11samples with an incidence rate (10.5%); represented as 5/35 (14.28%); 4 /35(11.4%); 2/35(5.7%) from minced meat; sausage; Luncheon, respectively (Table5)

Table (6): The results of PCR amplification of different used genes of *EHEC*

Sample	I.D of <i>EHEC</i> strains	<i>stx1</i>	<i>stx2</i>	<i>hlyA</i>	<i>CvaC</i>
Luncheon O26	1	-	-	-	-
Minced meat O26	2	-	-	-	-
Sausage O111	3	-	-	-	-
Luncheon O111	4	-	-	-	-
Minced meat O157	5	-	+	-	+
Sausage O157	6	-	-	-	-

PCR results, table (6) showed that (*stx<sub>2</sub>*) and (*cvaC*) was detected in 1serogroup (O157)isolated from minced meat sample . The *stx<sub>2</sub>* gene was giving product of (779 bp) and (*cvaC*) was giving product of (760bp) ,Moreover, the *stx1* and *hly A* genes were not detected in all studied strain. Fig. (1and 2).

#### 4. DISCUSSION

*EHEC* was a subset of pathogenic *E. coli* causing diarrhea or hemorrhagic colitis in humans. Hemorrhagic colitis occasionally progresses to (HUS), an important cause of acute renal failure in children and morbidity and mortality in adults. In the elderly, the case fatality rate for hemolytic uremic syndrome (HUS) can be as high as 50%. The infectious

dose was very low, which increased the risk of disease (CFSPH, 2009).

There is no single technique that can be used to isolate all *EHEC* serogroups. So the samples were analyzed by duplicate. In the present study, (table 2) revealed that the incidence of *E.coli* (form minced meat, sausage and luncheon samples) were nearly agreed with Mousa et al., (1993), Fathi et al., (1994) and Sayed et al., (2001). Higher incidence was reported by Abou-Hussein (2004) and Reda et al., (2015). However, lower incidence rate was documented by Rabie (2014) with rates of 28%, 16% and 4% from minced meat, sausage and luncheon. The variation of the results between different authors may be due to the differences in manufacture practices, handling from producers to consumers, storage and the effectiveness of hygienic measures applied during production.

The species of *E.coli* are serologically divided into serogroups and serotypes on basis of their antigenic composition (somatic or O antigens for serogroups and flagella or H antigens for serotypes) (Griffin and Tauxe, 1991).

Therefore, the prevalence of *EHEC* O<sub>26</sub> (table 4) were nearly similar to Ghoniem (1992) and O'Hanlon et al., (2005). Meanwhile, other results were different to us reported by Hazarika et al., (2004) and Stefen et al., (2007). Regarding, serogroup O<sub>111</sub> (table 4) the obtained results nearly agreed with Ghoniem (1992) who detected *E.coli* O<sub>111</sub> from 2% luncheon but disagree with Ramadan (2015) who isolated *E.coli* O<sub>111</sub> from examined sausage and luncheon samples in higher prevalence rate 8% and 12%, respectively.

The prevalence of O<sub>157</sub>:H<sub>7</sub> in minced meat was nearly similar to Abdul-Raouf et al. (1996), Abd El-Aziz (2004) and Mewafy (2012). Moreover, the obtained result was higher than Fantelli and Stephan (2001) in

Switzerland and lower than Mora et al. (2007) and Hejazi (2013). Regarding sausage, the prevalence of *EHEC* O<sub>157</sub>:H<sub>7</sub> in sausage (table 4) came parallel with Magwira (2005) and Hussein (2007). On the other hand, higher isolation rate of reported by AbuKhadra (2010) and Hejazi (2013). In some studies sausage have found to be free from *EHEC* O<sub>157</sub> as Fayed (2006) and Mewafy (2012). Regarding luncheon *E.coli* O<sub>157</sub>:H<sub>7</sub> failed to be detected in the all samples. These results go parallel with Sayed et al. (2001), Elsabagh (2010) and Mewafy (2012). This may be attributed to the competency of the organisms with other microorganisms in the food or heat treatment and preservation.

This percentage of isolation of *EHEC* indicated the role of this group of *E.coli* as potentially important food borne pathogen in Egypt. These findings were in line with Abdul-Rouf et al., (1993) who indicated that the food of animal origin have been described as primary sources of *EHEC* infections.

On the other side, Saleh (2001) isolated *EHEC* in 16% of the examined meat product samples. There are many factors may affecting the differences in prevalence rates among studies such as type, source, initial bacterial load and the methodology used.

The PCR results showed that *stx*<sub>2</sub> was detected in one serogroup O<sub>157</sub> recovered from minced meat sample, while *stx*<sub>1</sub> was not detected in all samples. It has been reported that O<sub>157</sub>:H<sub>7</sub> strains that express *stx*<sub>2</sub> alone are more likely to be associated with progression to HUS than are strains producing *stx*<sub>1</sub> alone or, curiously, both *stx*<sub>1</sub> and *stx*<sub>2</sub> (Pickering et al., 1994). These results go parallel with Blanco and Blanco (1996) who detected one *EHEC* O<sub>157</sub>:H<sub>7</sub> strain produced only VT<sub>2</sub>. Murphy et al., (2005) mentioned that non O<sub>26</sub> isolates harbor *stx*s. Dambrosio et al., (2007) stated that none of all *E.coli* O<sub>26</sub> isolates harbor *stx*<sub>1</sub> or *stx*<sub>2</sub> genes while Elsabagh

(2010) found that *E. coli* O111 is positive for VT1 and VT2, but O26 is only positive for VT1, Gomez-Aldapa *et al.*, (2013) reported that none of the O157:H7 strains had *stx1* or *stx2*. The PCR results (fig. 2) showed that *cvaC* virulence gene was detected in the same O157:H7 serogroup, however *hly A* genes were not detected in all studied samples. Moreover, These result disagree with Chinen (2001) recorded that all *E. coli* O157 isolates harbored *EHEC-hlyA* gene, Oteiza *et al.*, (2006) stated that O26 strains harbored *EHEC hly A* gene and Dambrosio *et al.* (2007) who recorded that one EHEC O26 isolate harbor *hly A* gene.

**Conclusion:** From the above mentioned results, this study recorded the high prevalence rate of *EHEC* especially non O157:H7. This indicated the role of this group of *E. coli* as potentially important food borne pathogen in Egypt. Moreover, the results cleared that not all EHEC harbored shiga toxins or other virulent genes.

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