

Azadirachta indica (Neem) extract as natural agent against experimental toxoplasmosis

Original
Article

Hoda A Rashed¹, Salwa S Younis¹, Amany Abdel Bary², Eman A Elmorsy¹

Departments of Medical Parasitology¹ and Pathology², Faculty of Medicine, Alexandria University, Egypt

ABSTRACT

Background: Toxoplasmosis treatment with the current gold standard combination of pyrimethamine and sulfadiazine or triple sulphonamides, is associated with adverse side effects. There is an urgent need to investigate new natural products with high efficacy and minimum side effects.

Objective: To evaluate the therapeutic potential of neem oil against experimental acute toxoplasmosis.

Material and Methods: Four hours after infection with *T. gondii* (RH strain) tachyzoites, mice were treated with neem oil extract, and its efficacy was compared versus Septrin (trimethoprim-sulfamethoxazole). Parasitological evaluation included tachyzoite counts in the peritoneal fluid, splenic and hepatic tissue, as well as survival time. Tachyzoites ultrastructural alterations were recorded using both scanning and transmission electron microscope (SEM, and TEM). Immunological study was also conducted by assessment of serum IFN- γ level.

Results: Treatment improved the outcome of infection as the mice survival time reached 9.7 ± 1.4 days with reduction in tachyzoites load and viability reaching 77.6% and 44.4%, respectively. Histopathological examination of hepatic and splenic tissue sections showed less lymphocyte infiltration, less necrosis with scanty free tachyzoite in the section. Compared to Septrin-treated mice, IFN- γ level showed significant rise.

Conclusion: Neem oil extract is a potential therapeutic agent against acute toxoplasmosis.

Keywords: experimental acute toxoplasmosis; IFN- γ , neem oil.

Received: 7 November, 2023; **Accepted:** 28 December, 2023.

Corresponding Author: Eman A. Elmorsy; **Tel.:** +20 1227174080; **Email:** eman.elmorsy@alexmed.edu.eg

Print ISSN: 1687-7942, **Online ISSN:** 2090-2646, **Vol. 16, No. 3, December, 2023.**

INTRODUCTION

Toxoplasma is one of the apicomplexans that infects about one third of the human population^[1]. Human acquires infection by ingestion of mature sporulated oocysts contaminating food or water. Other source of infection is consumption of imperfectly cooked meat containing the *Toxoplasma* cyst^[2]. So long as its host is immune competent, toxoplasmosis passes unnoticed or with mild flu like manifestations. However, toxoplasmosis could be a life-threatening condition in immunosuppressed hosts causing severe neurological and ocular manifestation. Additionally, active toxoplasmosis during pregnancy could result in different outcomes that vary from mild congenital anomalies up to still birth and abortion^[2,3].

Nowadays, the therapeutic role of several plants was investigated as they have the advantage of minimal or no side effects and are affordable. A study investigated the therapeutic efficacy of 12 different extracts from wild Egyptian plants against *T. gondii* *in vitro*. Four plant extracts; *Rtemisia judaica*, *Cleome droserifolia*, *Trichodesma africanum*, and *Vachellia tortilis* showed promising results in reducing parasite replication with no significant toxicity^[4]. Compared to Spiramycin, curcumin nanoemulsion showed similar

results, and the investigators recommended its use since it improved the outcome of acute toxoplasmosis without side effects^[5].

Among the natural products that gained medical attention is the neem tree (*Azadirachta indica*) that is commonly cultivated in the southern regions of Africa and Asia, Notably, its components were used for many years as traditional remedy. It contains several bioactive components such as nimbin, nimbidin, nimbolide, limonoids, and flavonoids^[6]. Regarding the biological activities of neem oil, it has free radical scavenging properties and is considered a rich source of antioxidants such as azadirachtin and nimbolide^[7]. Later, Hossain *et al.*^[8] investigated its chemical components in Omani neem leaves using different extraction methods. The study showed that it has high level of antioxidant activity due to its phenolic compounds, alkaloids, terpenoids and their derivatives. This highlights the possibility of using crude extract of neem tree as a natural source of antioxidant^[8].

Recently, a study proposed it as a cost-effective mean to deliver an antioxidant with minimal side effects and low toxicity^[9]. It also showed anti-

inflammatory activity by modulating proinflammatory enzyme activities such as cyclooxygenase, and lipoxygenase^[9]. Besides, it exhibited modulatory roles in the gene involved in apoptosis through B-cell lymphoma family proteins^[10,11].

Several studies were conducted to verify neem beneficial effects against variable medical diseases such as diabetes mellitus type II^[12]; mammary carcinogenesis^[13]; periodontal disease^[14]; and cancer prostate^[15]. Its promising results as antimicrobial, analgesic and antipyretic agent were reported^[6]. Neem oil effects were also studied for protection against ectoparasites. It showed more than 70% protection when used as repellent against *Anopheles arabiensis* bite^[16], and exhibited significant improvement when combined with coconut oil for topical treatment of tungiasis^[17]. In a recent study, the investigators used neem-silver nitrate nanoparticle that showed potent antimalarial activity with four folds reduction in its half inhibitory concentration in comparison to aqueous neem extract^[18].

Although being investigated against various medical conditions, and parasitic diseases, neem oil was not investigated against experimental toxoplasmosis. This encouraged us to investigate its role as a potential therapeutic agent against experimental acute toxoplasmosis.

MATERIAL AND METHODS

This case-control study was conducted at the Medical Parasitology Department, Faculty of Medicine, Alexandria University, Egypt during the period from April 2023 to September 2023.

Study design: Swiss albino mice were infected with *T. gondii* RH strain. The therapeutic effect of neem oil was assessed in comparison to Septrin using parasitological, ultrastructural, histopathological, and immunological tests. To investigate its safety, a biochemical study was conducted to determine the possibility of inducing hepatic and/or renal toxicity.

Parasitic strain: The *T. gondii* RH virulent strain was utilized in this study. It was propagated in our laboratory through serial intraperitoneal (IP) injection of 2500 tachyzoites. Five days post infection (PI), peritoneal cavity lavage was performed for collection of tachyzoites in phosphate buffer saline (PBS). To remove peritoneal cells and debris, harvested tachyzoites were centrifuged at low speed of 100 ×g for 10 min at 4°C^[19].

Experimental animals: Forty-eight free laboratory-bred male Swiss albino mice aged 3-5 w and weighing 20-25 g were used. They were housed in separate cages, in a well-ventilated room in the animal house of the Medical Parasitology Department, Faculty of Medicine,

Alexandria University. They were fed commercial diet formed of fibres and proteins and allowed water ad libitum. Bedding was changed daily.

Drugs and administration regimens: Septrin (GlaxoSmithKline) was used as a therapeutic control. The oral suspension formulation (40 mg trimethoprim plus 200 mg sulphamethoxazole) was purchased from a local pharmacy. It was given at a dose of 0.5 mg/kg/day. This was prepared as five ml of the Septrin oral suspension added to 995 ml PBS, pH 7.4, to obtain a final drug concentration of 240 mg/l from which 50 µl/mouse/day were administered. Herbal apothecary neem oil 100% pure, certified organic, and cold pressed to preserve natural active ingredients, was purchased from online markets in 50 ml bottle volume. Neem oil was given at a dose of 5 ml/kg/day. All drug formulations were administered orally by gavage needle for five days starting 4 h PI^[20].

Study groups: The study included two groups: non infected group (GI, no.=12), infected group (GII, no.=36). In group I, mice were divided equally into two subgroups; Ia representing the negative control subgroup, and subgroup Ib orally inoculated with neem oil to assess its safety. The infected GII comprised three equal subgroups. Subgroup IIa specified as the infected non treated control, subgroup IIb represented the therapeutic control that received Septrin, and subgroup IIc represented the experimental mice that received neem oil.

Mice infection and sacrifice: Mice were infected through IP inoculation of 2500 tachyzoites of virulent RH strain^[19]. Six mice from each infected subgroup were sacrificed on the 6th day PI to assess drug efficacy. The remaining six mice in each subgroup were observed daily until all experimental mice died, i.e., three weeks PI to estimate the survival time.

Blood samples and specimens' collection: Blood samples (2 ml) were collected by cervical incision before euthanasia. Coagulated blood samples at room temperature were centrifuged at ~2000×g for 20 min. Serum samples were aliquoted and stored at -20°C for INF-γ assay and biosafety biochemical study. The peritoneal fluid collected by peritoneal cavity lavage was freshly examined for tachyzoite count. A drop was fixed on a slide and stained by trypan blue for tachyzoites viability, and an aliquot was preserved in 2.5% glutaraldehyde for tachyzoites ultrastructure examination. Livers and spleens were collected, and each was divided into two equal parts, one for performing impression smear, and the other part was preserved in 10% formalin for histopathological examination^[20].

Survival time: Daily recording of mice mortality to estimate survival time until death of all infected mice (6 mice in each subgroup)^[20].

Tachyzoites count: Using a haemocytometer, *T. gondii* tachyzoites per ml of the peritoneal fluid of each infected mouse were counted, and the mean count \pm SD of each subgroup was calculated. The mean tachyzoite count \pm SD in Giemsa-stained impression smears of liver and spleen of infected mice subgroups was also calculated. For each mouse, the extracellular tachyzoites were counted in 10 different oil lens fields then the mean number was estimated and followed by recording the mean number of all mice in each subgroup^[19]. Parasite burden reduction was calculated according to the following formula: Percentage reduction (%R) = 100 - [(n \div N) \times 100], where (n) is the mean value in each subgroup and (N) is the mean value of the control subgroup^[21].

Parasite viability: Tachyzoites obtained from the peritoneal fluid of each *Toxoplasma* infected mouse was separately stained with 0.4% trypan blue to test their viability. Viability rate was calculated for each mouse by counting the viable tachyzoites per 100 parasites using the high-power lens (X400). The step was repeated thrice, and the mean viability rate was determined for each group^[21].

Morphological study: On the day of sacrifice (6th day), peritoneal exudate collected from infected non treated and neem treated and Septrin treated subgroups were fixed in 2.5% glutaraldehyde and prepared for further examination of tachyzoites ultrastructure by SEM and TEM^[19].

Immunological and biochemical studies: The level of INF- γ was measured in the sera of all studied subgroups by ELISA kits (Biospes Co., Ltd) according to the manufacturer instructions^[22]. Sera from subgroup Ib were used to demonstrate the safety of neem oil on liver and kidney functions. Both aspartate transaminase (AST) and alanine transaminase (ALT) were measured as marker for hepatic cell integrity, while urea and creatinine were assayed for kidney function^[23].

Histopathological study: To assess histopathological changes, specimens from the liver and the spleen of all infected GII subgroups were fixed in 10% of neutral formalin, sectioned and stained with H&E stain^[24].

Statistical analysis: Data were recorded and analysed using IBM SPSS software package version 20.0. (Armonk, NY: IBM Corp). For continuous data, they were tested for normality by the Shapiro-Wilk test. Quantitative data were expressed as range (minimum and maximum), mean \pm SD. One way ANOVA test was used to compare the three studied groups and followed by Post Hoc test (Tukey) for pairwise comparison. Significance of the obtained results was judged at the 5% level ($P < 0.05$).

Ethical considerations: This study was conducted after approval by the Ethics Committee of the Faculty of Medicine, Alexandria University (00012098) following the international regulations of laboratory animal care.

RESULTS

Survival time: As shown in Kaplan Meier survival curve for all infected GII subgroups, the maximal survival of infected non treated subgroup (IIa) was 8 days with a mean of 5.83 \pm 1.5 days. Compared to infected non treated subgroup, both Septrin treated (IIb) and neem oil treated (IIc) subgroups showed a statistically significant prolongation of mice survival up to 14 and 12 days, with means of 10.3 \pm 2.3, and 9.7 \pm 1.4 days, respectively (Fig. 1). Interestingly, there was a statistically non-significant difference in mice survival between both subgroups.

Tachyzoite count: As shown in figure (2), there was a statistically significant reduction in mean tachyzoite count in peritoneal fluid and organ impression smears in both treated subgroups (IIb, IIc) compared to infected non treated subgroup (IIa) ($P < 0.001$). There was a statistically significant difference in favour of Septrin compared to neem oil in peritoneal fluid parasitic load reduction (94.6% versus 77.6% reduction, respectively). Tachyzoite count in organ impression smears, indicated that mice subgroup treated with neem oil (IIc) yielded

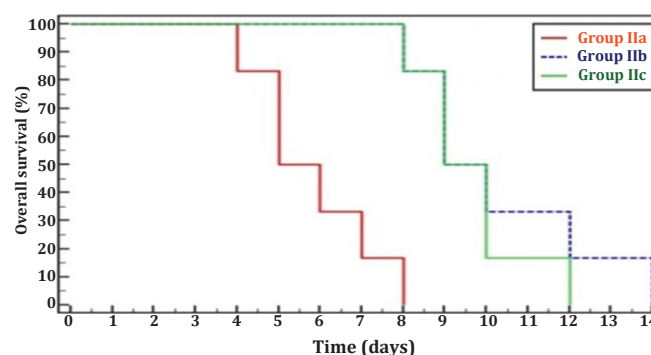


Fig. 1. Kaplan-Meier survival curve.

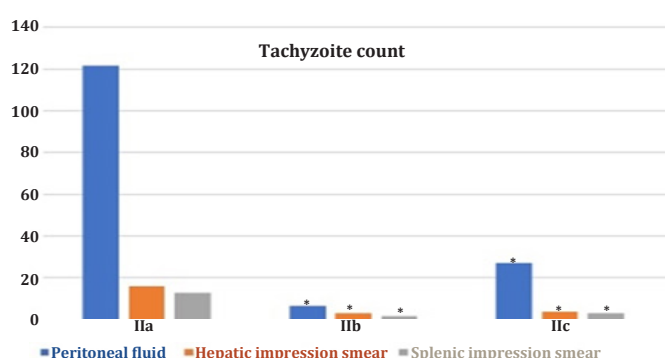


Fig. 2. Tachyzoite's count in different studied subgroups: infected non treated mice (IIa), infected-Septrin treated mice (IIb), and infected neem treated mice (IIc). *: Significant reduction in comparison to infected non treated subgroup IIa.

a reduction of 76.1%, and 85.8% in hepatic, and splenic impressions, respectively. Favourably, these reductions were statistically non-significant compared to those recorded in Septrin treated subgroup (IIb) (81.8%, and 86.6%, respectively).

Parasite viability: A statistically significant reduction in tachyzoites viability was achieved in both treated subgroups (IIb, IIc) (Fig. 3). Compared to infected non treated subgroup (IIa), the mean percentage of viable parasites retrieved from neem treated subgroup (IIc) was 55.2 ± 7.3 with a reduction of 44.4%, while the result for Septrin-treated subgroup (IIb) was 37.5 ± 5.3 with a reduction of 62.2%. Additionally, Septrin-treated subgroup showed a statistically significant difference in viable parasite percentage reduction in comparison to neem treated subgroup ($P < 0.001$).

Morphological results: In SEM, tachyzoites gathered from peritoneal fluid of infected non treated subgroup (IIa) showed completely regular and intact outline with smooth surfaces as well as prominent conoid (Fig. 4A). Those of neem oil treated subgroup (IIc) showed sever morphological deformities in the form of swelling and ballooning of most parasites associated with wall disruption (Fig. 4C and D). Some of these tachyzoites exhibited sever degenerative changes with shrunken size (Fig. 4E). These changes were similar to those observed in the tachyzoite obtained from Septrin-treated mice (IIb) (Fig. 4B). In TEM examination, tachyzoites of infected non treated subgroup (IIa) revealed smooth

intact cellular membranes of the crescent shaped tachyzoites. Prominent secretory rhoptries (Fig. 5A) and dense granules (Fig. 5B) were apparent. Evident nucleus with intact nuclear membranes and prominent nucleolus was shown in transverse cut section (Fig. 5B). In contrast, tachyzoites of neem oil treated subgroup (IIc) showed extensive vacuolations of the cytoplasm (Fig. 5D) and undistinguishable internal structures with wall irregularities (Fig. 5E). Tachyzoites obtained from Septrin-treated subgroup (IIb) showed also extensive vacuolation of the cytoplasm with irregular outline and distorted morphology (Fig. 5C).

Immunological and biochemical results: Immunologically, neem oil administration to mice of subgroup (Ib) induced a statistically non-significant increase in the mean INF- γ concentration compared to non-infected non-treated subgroup (Ia). All infected

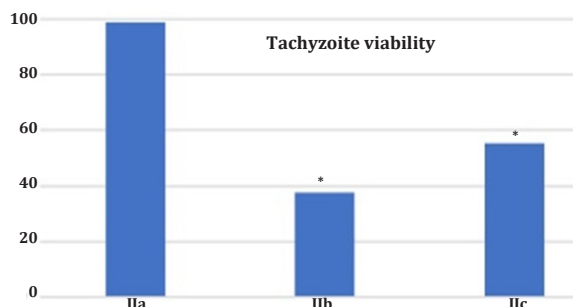


Fig. 3. Tachyzoite's viability in different studied subgroups: infected non treated mice (IIa), infected-Septrin mice (IIb), and infected neem treated mice (IIc). *: Significant reduction in comparison to infected non treated subgroup IIa.

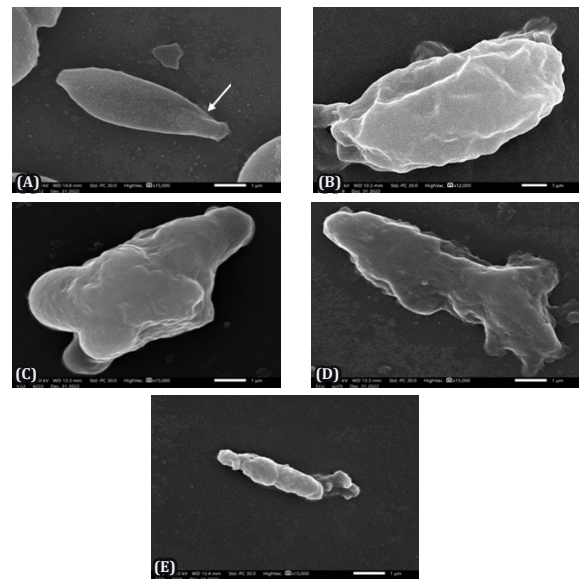


Fig. 4. Tachyzoite from different studied subgroups examined by SEM. Tachyzoite from subgroup (IIa) showed complete regular and intact outline with smooth surfaces as well as prominent conoid (A); Tachyzoite from subgroup (IIb) showed irregular outline with evident ballooning (B); subgroup IIc showed severe morphological deformities in the form of swelling and ballooning (C and D), severe degenerative changes and shrinking (E). All photos are X15000.

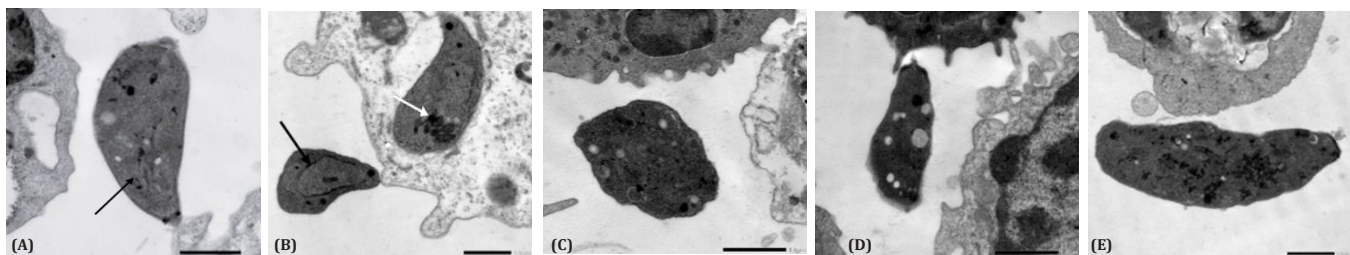


Fig. 5. Tachyzoite from different studied subgroups examined by TEM. Tachyzoite of subgroup (IIa) showed smooth intact cellular membranes prominent secretory apparatus with evident rhoptries (arrow) (A), dense granules (white arrow) (B), and evident nucleus with intact nuclear membranes and prominent nucleolus (black arrow) (B). Subgroup IIb showed irregular outline with vacuolation of the cytoplasm (C), Subgroup IIc showed extensive vacuolations of the cytoplasm (D and E). All photos are X15000.

subgroups (IIa, IIb and IIc) showed a statistically significant increase in the mean INF- γ concentration compared to non-infected subgroups (Ia and Ib) ($P < 0.001$) (Fig. 6). Compared to the control positive infected non-treated subgroup (IIa), neem oil treated subgroup (IIc) showed a statistically significant increase in the mean INF- γ concentration ($P < 0.001$). In contrast, Septrin treated subgroup (IIb) recorded a statistically non-significant increase in the mean INF- γ concentration. A statistically significant difference in the mean INF- γ concentration was observed between

treated subgroups with neem oil and Septrin in favour of neem oil ($P < 0.001$).

Biochemically, a statistically non-significant difference in the mean level of hepatic transaminases and alkaline phosphatase was observed in neem oil administered non-infected subgroup (Ib) compared to Ia. Similarly, a statistically non-significant difference in the mean level of blood urea and serum creatinine was recorded in both subgroups (Table 1).

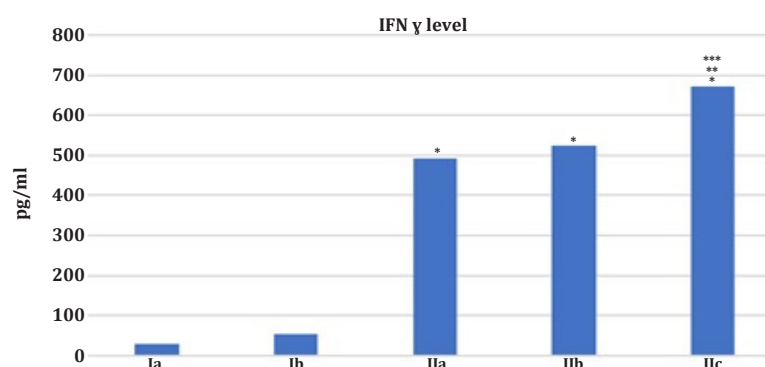


Fig. 6. IFN γ level in different studied subgroups. Non-infected non-treated negative control subgroup (Ia); non-infected neem oil treated subgroup (Ib); infected non treated mice (IIa); infected Septrin-treated mice (IIb); infected neem oil treated mice (IIc). *: Significant rise on comparing Ia and each other group; **: Significant rise on comparing IIa and each other group; ***: Significant rise on comparing between IIb and IIc.

Table 1. Biochemical liver and kidney function tests (neem biosafety) of non-infected non-treated subgroup (Ia) and non-infected neem treated subgroup (Ib).

| | Normal non infected (Ia) (No. = 6) | Non infected + Neem (Ib) (No. = 6) | Statistical analysis <i>P</i> value |
|---------------|---------------------------------------|---------------------------------------|--|
| ALT | | | |
| Min. – Max. | 55.2 – 60.1 | 56.7 – 62.6 | 0.374 |
| Mean \pm SD | 58.18 \pm 1.8 | 59.28 \pm 2.2 | |
| AST | | | |
| Min. – Max. | 240.7 – 301.4 | 267.9 – 289.5 | 0.255 |
| Mean \pm SD | 266.5 \pm 23.2 | 279.3 \pm 8.6 | |
| ALP | | | |
| Min. – Max. | 155 – 185 | 167 – 197 | 0.079 |
| Mean \pm SD | 172.7 \pm 10.7 | 184.7 \pm 4.3 | |
| BUN | | | |
| Min. – Max. | 9.4 – 11.4 | 10.1 – 11.4 | 0.310 |
| Mean \pm SD | 10.3 \pm 0.69 | 10.7 \pm 0.51 | |
| CRE | | | |
| Min. – Max. | 30.6 – 37.4 | 32.5 – 37.4 | 0.132 |
| Mean \pm SD | 33.4 \pm 2.3 | 35.5 \pm 2.1 | |

Histopathological results: The H&E-stained liver tissue sections of infected non treated control subgroup (IIa) scarified 6 days PI displayed mild distortion of the liver architecture with loss of hepatocytes cords continuity and generalized infiltration of inflammatory cells and Kupffer cell hyperplasia loaded with many tachyzoites besides free tachyzoites. This was associated with severe congested expanded central vein and peri-central moderate lymphocytic infiltration. The hepatocytes showed varying degree of fatty changes and formation of pseudocysts containing tachyzoites, and multiple foci of necrosis associated with fibrosis and expansions (Figs. 7A and B). On the contrary, H&E-stained liver tissue sections of infected treated subgroups displayed amelioration of pathological changes. In Septrin treated subgroup (IIb) a preserved

liver architecture was evident with mild peri-portal lymphocytic infiltration associated with Kupffer cell hyperplasia loaded with few tachyzoites and no free tachyzoites. Moderate vascular congestion of expanded central vein was also noted with no demonstrated necrotic foci (Figs. 7C and D). Similarly, in neem oil treated subgroup (IIc), mild congested central veins associated with a very mild pericentral lymphocytic infiltration and no free tachyzoites was noted in a preserved liver parenchymal architecture. Scanty small pseudocysts with few tachyzoites were detected. No detectable necro-inflammatory foci or fibrosis were noted (Figs. 7E and F).

The H&E splenic sections examination of infected non treated control subgroup (IIa) showed atrophic white pulp with diffuse congested red pulp infiltrated

with numerous reactive multinucleated giant cells. These megakaryocytes appeared heavily loaded with tachyzoites and surrounded by inflammatory cells with excess apoptosis and necrotic foci (Figs. 8 A and B). Meanwhile treated subgroups showed varying grades of histopathological improvement. In Seprtin-treated subgroup (IIb), a greater number of lymphoid follicles in a relatively less atrophic white pulp was seen. Mild congested red pulp with some multinucleated large megakaryocytes engulfing few tachyzoites was noted, associated with moderated apoptosis and

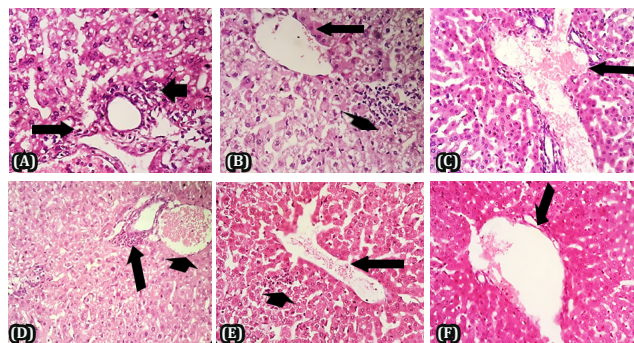


Fig. 7. H&E-stained liver section of infected non treated mice (A and B), infected treated with Seprtin (C and D), and infected mice treated with neem (E and F). Infected non treated subgroup (IIa) showing: **(A)** mild distortion of the liver architecture congested central vein (arrow) and peri-central moderate lymphocytic infiltration (arrowhead); **(B)** mild distortion of the liver architecture, congested, and expanded central vein (arrow) with a tissue cyst containing bradyzoites (arrowhead). Seprtin treated infected subgroup (IIb) showing: **(C)** preserved liver architecture with periportal lymphocytic infiltration (arrow); **(D)** preserved liver architecture with dilated expanded central vein (arrowhead) and a tissue cyst containing bradyzoites (arrow). Neem treated infected subgroup (IIc) showing: **(E)** a small tissue cyst with few bradyzoites (arrowhead) with mild congested central vein (arrow); **(F)** a very mild pericentral lymphocytic infiltration (arrow) with no bradyzoites. All photos were X400.

DISCUSSION

Up to the present, treatment of acute toxoplasmosis depends mainly on the synergistic effects of pyrimethamine and sulfadiazine or triple sulphonomides. Their severe side effects necessitate development of a safe and effective therapeutic agent to successfully eliminate toxoplasmosis^[2]. In the current study, neem oil showed promising results as a potential natural anti-*Toxoplasma* agent. It resulted in reduction of the parasite load with amelioration of the histopathological changes, and prolongation of the mice survival without side effects.

Neem oil is known for its strong antioxidant and anti-inflammatory properties since the phytochemical analysis proved that it contains many bioactive components^[6]. That is why many trials used neem extract as therapeutic agent in different types of infectious diseases in addition to malaria by combating

necrosis (Figs. 8 C and D). Correspondingly, in neem oil treated subgroup (IIc), the preserved white pulp was associated with hyperplastic lymphoid follicles. These follicles had prominent germinal centres. Mildly congested red pulp with scattered multinucleated giant cells with the scanty organism tachyzoites was evident. There was mild apoptosis and necrosis (Figs. 8 E and F), parenchymal architecture. Scanty small pseudocysts with few tachyzoites were detected. No detectable necro-inflammatory foci or fibrosis were noted (Figs. 7 E and F).

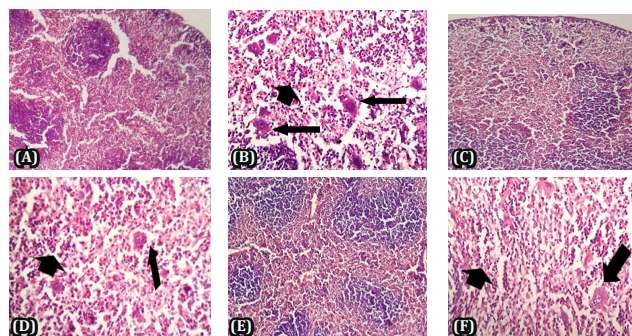


Fig. 8. H&E-stained splenic section of infected non treated mice (A and B), infected treated with Seprtin (C and D) and infected mice treated with neem (E and F). Infected non treated subgroup (IIa) showing: **(A)** splenic congestion and atrophic white pulp with expanded red pulp; **(B)**: numerous reactive multinucleated giant cells engulfing the organism and surrounded by inflammatory cells with excess apoptosis (arrowhead). Seprtin treated infected subgroup (IIb) showing: **(C)** mild atrophy of the white pulp; **(D)** some multinucleated large cells with the organism (arrow) with moderated apoptosis (arrowhead). Neem treated infected subgroup (IIc) showing: **(E)** preserved white pulp with hyperplastic lymphoid follicles; **(F)** scattered multinucleated giant cells with the organism (arrow) with mild apoptosis (arrow head). All photos are X 400.

its vector^[25-27]. The effective use of neem extract is attributed to its active components that include free antioxidant, anti-inflammatory and anti-angiogenic actions with ability to modulate the immune system via various pathways^[9,28]. It is worth mentioning that antimicrobial activity of essential oil is not assigned to a specific component but rather due to different components that target many functions in the cell^[9,29].

In the current study, the low survival rate in mice with acute toxoplasmosis is explained by high invasion rate of host cell, uncontrolled parasite replication and tachyzoite dissemination to different organs^[30]. So, prolonged survival may be attributed to the significant reduction in both tachyzoite count and viability observed in the current study that reached more than 75%. This reduction rate was comparable to that obtained using *Cuminum cyminum* seed oil in treatment of acute toxoplasmosis^[20].

Our ultrastructural results may be explained by the fact that essential oils are typical lipophiles. They can interact and pass through the cytoplasmic membrane

disrupting fatty acids, and phospholipids forming the cell membrane. Additionally, they can interact with different proteins embedded in the cell membrane increasing its permeability^[31,32]. The observed ultrastructural changes are comparable to those inflicted by essential oil of *Pelargonium X. asperum* on *Toxoplasma* tachyzoites *in vitro*^[33].

In our study, IFN- γ showed higher expression in mice treated with neem oil than in those treated with Septrin. Mahmoudvand *et al.*^[34] obtained similar results on using *Zataria multiflora* essential oil against acute toxoplasmosis. This rise could be one of the protective mechanisms induced by neem oil against toxoplasmosis that caused significant reduction in the parasite load and the ultrastructure changes observed in the current study. As one of Th1 cytokine, IFN γ limits the parasite replication through activation of macrophages causing killing of the intracellular parasite^[35]. It was observed that IFN- γ also induced different effectors such as IFN-inducible GTPases which play a vital role in *Toxoplasma* growth suppression and facilitate its killing by immune cell^[36]. Neem extract immune stimulatory effect is explained by its content of limonoid epoxyazadiradione compound which causes inhibition of macrophages migration inhibitory factor resulting in release of proinflammatory cytokines including IFN- γ ^[10].

Similar histopathological amelioration was observed by Gomaa *et al.*^[20] who used *Cuminum cuminum* seed oil as a therapeutic agent against toxoplasmosis^[20]. The observed anti-inflammatory effect of neem oil is explained by its high content of flavonoids, nimbin, and saponins. These components act as inhibitors of prostaglandin biosynthesis, and endoperoxides that are involved in inflammatory response^[37]. Furthermore, nimbidin has the ability to suppress the function of macrophages and neutrophils which play a vital role in inflammation^[38].

It is worth mentioning that nimbin is known for its antioxidant effects, by mitigating the production of reactive oxygen species leading to less tissue damage^[6,37]. Besides, Neem proved to enhance the natural defence by increasing production of GSH protecting the cell from harmful oxidative stress^[6].

From the compiled data of our study, we conclude that neem oil is an effective, safe anti-*Toxoplasma* agent due to its anti-inflammatory and antioxidant properties with minimal toxicity and no major side effects.

Author contributions: Rashed HA contributed with Elmorsy EM in concept design, experimental study, data acquisition and analysis. Younis SS contributed in the experimental study. Abdel Bary A performed the histopathological examination. Elmorsy EM drafted

the manuscript. All authors accepted the final version of the manuscript before publication.

Conflict of interest: Authors declare that there is no conflict of interest.

Funding statement: Authors received no specific funding.

REFERENCES

- Desmetre T. Toxoplasmosis and behavioural changes. *J Fr Ophtalmol* 2020; 43(3):e89-e93.
- El-Zawawy LA, El-Said D, Mossallam SF, Ramadan HS, Younis SS. Triclosan and triclosan-loaded liposomal nanoparticles in the treatment of acute experimental toxoplasmosis. *Exp Parasitol* 2015; 149:54-64.
- Cañón-Franco WA, López-Orozco N, Gómez-Marín JE, Dubey JP. An overview of seventy years of research (1944 – 2014) on toxoplasmosis in Colombia, South America. *Parasit vectors* 2014; 7(1):427.
- Abdou AM, Seddek AS, Abdelmageed N, Badry MO, Nishikawa Y. Extracts of wild Egyptian plants from the desert inhibit the growth of *Toxoplasma gondii* and *Neospora caninum in vitro*. *J Vet Med Sci* 2022; 84(7):1034-1040.
- Rageh E, Abaza SM, El-Gayar E, Alabbassy M. Assessment of the prophylactic and therapeutic effects of curcumin nanoemulsion in comparison with spiramycin in mice simulating acute infection with *T. gondii* (RH strain). *PUJ* 2022; 15(2):154-161.
- Islas JF, Acosta E, G-Buentello Z, Delgado-Gallegos JL, Moreno-Treviño MG, Escalante B, *et al.* An overview of Neem (*Azadirachta indica*) and its potential impact on health. *J Funct Foods* 2020; 74:104171.
- Ghimeray AK, Jin CW, Ghimire BK, Cho DH. Antioxidant activity and quantitative estimation of azadirachtin and nimbin in *Azadirachta indica* A. Juss grown in foothills of Nepal. *AJB* 2009; 8:3084-3091.
- Hossain MA, Al-Toubi WAS, Weli AM, Al-Riyami QA, Al-Sabahi JN. Identification and characterization of chemical compounds in different crude extracts from leaves of Omani neem. *J Taibah Univ Sci* 2013; 7(4):181-188.
- Sarkar S, Singh RP, Bhattacharya G. Exploring the role of *Azadirachta indica* (neem) and its active compounds in the regulation of biological pathways: an update on molecular approach. *3 Biotech* 2021; 11(4):178.
- Patel SM, Nagulapalli Venkata KC, Bhattacharyya P, Sethi G, Bishayee A. Potential of neem (*Azadirachta indica* L.) for prevention and treatment of oncologic diseases. *Semin Cancer Biol* 2016; 40(41):100-115.
- John A, Raza H. Azadirachtin attenuates carcinogen benzo(a) pyrene-induced DNA damage, cell cycle arrest, apoptosis, inflammatory, metabolic, and oxidative stress in HepG2 cells. *Antioxidants (Basel)*. 2023; 12(11):2001.
- Shori AB, Baba AS. Antioxidant activity and inhibition of key enzymes linked to type-2 diabetes and

- hypertension by *Azadirachta indica*-yogurt. J Saudi Chem Soc 2013; 17(3):295-301.
13. Arumugam A, Agullo P, Boopalan T, Nandy S, Lopez R, Gutierrez C, *et al.* Neem leaf extract inhibits mammary carcinogenesis by altering cell proliferation, apoptosis, and angiogenesis. Cancer Biol Ther 2014; 15(1):26-34.
 14. Heyman L, Hourri-Haddad Y, Heyman SN, Ginsburg I, Gleitman Y, Feuerstein O. Combined antioxidant effects of neem extract, bacteria, red blood cells and lysozyme: Possible relation to periodontal disease. BMC Complement Altern Med 2017; 17(1):399.
 15. Batra N, Kumar VE, Nambiar R, De Souza C, Yuen A, Le U, *et al.* Exploring the therapeutic potential of Neem (*Azadirachta indica*) for the treatment of prostate cancer: A literature review. Ann Transl Med 2022; 10(13):754.
 16. Abiy E, Gebre-Michael T, Balkew M, Medhin G. Repellent efficacy of DEET, Mygg A. Neem (*Azadirachta indica*) oil and chinaberry (*Melia azedarach*) oil against *Anopheles arabiensis*, the principal malaria vector in Ethiopia. Malar J 2015; 14(1):187.
 17. Elson L, Randu K, Feldmeier H, Fillinger U. Efficacy of a mixture of neem seed oil (*Azadirachta indica*) and coconut oil (*Cocos nucifera*) for topical treatment of tungiasis. A randomized controlled, proof-of-principle study. PLoS Negl Trop Dis 2019; 13(11):e0007822.
 18. Ghazali SZ, Mohamed Noor NR, Mustafa KMF. Antiplasmodial activity of aqueous neem leaf extract mediated green synthesis-based silver nitrate nanoparticles. Prep Biochem Biotechnol 2022; 52(1):99-107.
 19. Gaafar MR, El-Mansoury ST, Eissa MM, Shalaby TI, Younis LK, Rashed HA. Effect of alginate nanoparticles on the immunogenicity of excretory-secretory antigens against acute toxoplasmosis in murine model. Acta Trop 2022; 225:106215.
 20. Goma M, Sheta E. Efficacy of *Cuminum cyminum* (L.) seed oil on acute toxoplasmosis: An experimental study on albino mice. PUJ 2022; 15(1):98-109.
 21. Crowley LC, Marfell BJ, Christensen ME, Waterhouse NJ. Measuring cell death by Trypan blue uptake and light microscopy. Cold Spring Harb Protoc 2016; 7. DOI: 10.1101/pdb.prot087155.
 22. Todd PA, Goa KL. Interferon gamma-1b. A review of its pharmacology and therapeutic potential in chronic granulomatous disease. Drugs 1992; 43(1):111-122.
 23. Chorawala M, Trivedi V, Dave D, Oza P, Shah G. Acute and subacute toxicity studies of cell wall contents of probiotic (*Lactobacillus casei*) in wistar rats and Swiss albino mice. RJPBCS 2013; 4(2):719-732.
 24. Musumeci G. Past, present and future: Overview on histology and histopathology. J Histol Histopathol 2014;1(1):5.
 25. Farahna M, Bedri S, Khalid S, Idris M, Pillai CR, Khalil EA. Anti-plasmodial effects of *Azadirachta indica* in experimental cerebral malaria: apoptosis of cerebellar Purkinje cells of mice as a marker. N Am J Med Sci 2010; 2(11):518-525.
 26. Bansal V, Gupta M, Bhaduri T, Shaikh SA, Sayed FR, Bansal V, *et al.* Assessment of antimicrobial effectiveness of Neem and Clove extract against *Streptococcus mutans* and *Candida albicans*: An *in vitro* study. NMJ 2019; 60(6): 285-289.
 27. Bhinge S, Bhutkar M, Randive D, Wadkar G, Todkar S. Investigation of the synergistic effects of the extract of neem with conventional antibiotic against gram positive and gram negative microorganism. IJID 2020; 101:16.
 28. Omóbòwálé TO, Oyagbemi AA, Adejumbi OA, Orherhe EV, Amid AS, Adedapo AA, *et al.* Preconditioning with *Azadirachta indica* ameliorates cardiorenal dysfunction through reduction in oxidative stress and extracellular signal regulated protein kinase signalling. J Ayurveda Integr Med 2016; 7(4):209-217.
 29. Chouhan S, Sharma K, Guleria S. Antimicrobial activity of some essential oils-present status and future perspectives. Medicines (Basel) 2017; 4(3):58.
 30. Mukhopadhyay D, Arranz-Solis D, Saeij JPJ. Influence of the host and parasite strain on the immune response during *Toxoplasma* infection. Front Cell Infect Microbiol 2020; 10:580425
 31. Idris M, Huzaifa u, Hamisu H, S Z. Nanoencapsulation of essential oils with enhanced antimicrobial activity: A new way of combating antimicrobial Resistance. Int J Pharmacogn Phytochem Res 2015; 4:165-170.
 32. Sharifi-Rad J, Sureda A, Tenore GC, Daglia M, Sharifi-Rad M, Valussi M, *et al.* Biological activities of essential oils: From plant chemoeology to traditional healing systems. Molecules 2017; 22(1):70.
 33. Huang SY, Yao N, He JK, Pan M, Hou ZF, Fan YM, *et al.* *In vitro* Anti-parasitic activity of *Pelargonium X. asperum* essential oil against *Toxoplasma gondii*. Front Cell Dev Biol 2021; 9:616340.
 34. Mahmoudvand H, Tavakoli Kareshk A, Nabi Moradi M, Monzote Fidalgo L, Mirbadie SR, Niazi M, *et al.* Efficacy and safety of *Zataria multiflora* Boiss essential oil against acute toxoplasmosis in mice. Iran J Parasitol 2020; 15(1):22-30.
 35. Deng S, Graham ML, Chen X-M. The complexity of interferon signaling in host defense against protozoan parasite infection. Pathogens 2023; 12(2):319.
 36. Sasai M, Pradipta A, Yamamoto M. Host immune responses to *Toxoplasma gondii*. Int Immunol 2018; 30(3): 113-119
 37. Naik M, Bhattacharya A, Behera R, Agrawal D, Dehury S, Kumar S. Study of anti-inflammatory effect of neem seed oil (*Azadirachta indica*) on infected albino rats. J Health Res 2014; 1(3):66-69.
 38. Alzohairy MA. Therapeutics role of *Azadirachta indica* (Neem) and their active constituents in diseases prevention and treatment. eCAM 2016; 2016:7382506.