



Can foliar application of Titanium and Zeolite Soil Addition Enhance Crisphead Lettuce Production, and Reduce N-Leaching or/and Volatilization?



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EXCESSIVE NITROGEN application can lead to environmental pollution, thus improving soil properties, along with raising nitrogen fertilizer efficiency is necessary for sustainability in Egypt. Therefore, a field experiments were conducted to assess the impact of varying doses of nitrogen recommended (NR) at 100% and 75% as the main factor, different rates of soil zeolite addition (0.0, 2.5, and 5.0 tons fed^{-1}) as sub-plot factors, and spraying titanium at different rates (0.0, 3.0, and 6.0 mg L^{-1}) as sub-sub-plot factors on soil properties and growth performance of crisphead lettuce during the 2022 and 2023 seasons. Soil available nutrients, including nitrogen, phosphorus and potassium, along with other soil properties such as water holding capacity (WHC), electrical conductivity (EC), and cation exchange capacity (CEC), were determined. Additionally, plant performance and quality traits such as fresh and dry weights, relative water content, nitrogen and potassium levels, chlorophyll and carotene contents, head weight and diameter, total dissolved solids, dry matter, and vitamin C were assessed. Results revealed that the highest levels of available nitrogen, phosphorus, and potassium post-harvest were observed with the highest zeolite rate (5.0 tons fed^{-1}), while the lowest levels were noted in the control treatment. Soil WHC, EC and CEC increased with higher zeolite application rates, with the highest values recorded in soil treated with 5.0 tons of zeolite fed^{-1} , followed by 2.5 tons and the control treatment. Plant traits, including growth, leaf chemical constituents, photosynthetic pigments, head characteristics, and quality, gradually improved as the zeolite application rate increased from 0.0 to 2.5 and then 5.0 tons fed^{-1} . Similarly, all aforementioned plant traits exhibited gradual enhancement as the titanium application rate increased from 0.0 to 3.0 and then 6.0 mg L^{-1} . Overall, the most favorable results were achieved with plants treated with 100% of NR, zeolite at a rate of 5.0 tons fed^{-1} , and simultaneously sprayed with 6.0 mg Ti L^{-1} . Notably, plants treated with 75% of NR, zeolite at a rate of 5.0 tons fed^{-1} , and simultaneously sprayed with 6.0 mg Ti L^{-1} demonstrated superior results compared to those treated with 100% of NR without zeolite and titanium.

Keywords: Excessive nitrogen, Zeolite, Titanium, Water holding capacity.

1. Introduction

Recently, crisphead lettuce (*Lactuca sativa* var. capitata, family Asteraceae) holds significant importance as an essential vegetable crop in Egypt due to its numerous benefits (Abd El-Hady *et al.*, 2024). With its high nutritional value, including vitamins, minerals, and dietary fiber, crisphead lettuce contributes to a balanced and healthy diet for Egyptian consumers (Lebeda *et al.*, 2022). Its crisp texture and mild flavor make it a versatile ingredient in various culinary dishes, salads, and sandwiches, catering to diverse preferences and tastes. Moreover, crisphead lettuce cultivation provides

economic opportunities for farmers, contributing to agricultural livelihoods and rural development in Egypt (Mostafa *et al.*, 2023). Additionally, as a water-efficient crop, crisphead lettuce cultivation aligns with Egypt's efforts to conserve water resources and promote sustainable agriculture in the face of water scarcity challenges. Overall, crisphead lettuce stands as a valuable vegetable crop in Egypt, offering nutritional, economic, and environmental benefits to both producers and consumers alike (Abdel-Hakim *et al.*, 2023).

Nitrogen plays a pivotal role in the growth, development, yield, and quality of crisphead lettuce

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(**Ottaiano et al., 2021**). Adequate nitrogen supply is essential for promoting leaf expansion, biomass accumulation, and head formation, ultimately contributing to increased marketable yield and improved crop quality (**Kılıç, 2022**). However, excessive nitrogen application can lead to environmental pollution, reduced water and nutrient use efficiency, and increased production costs (**Farouk et al., 2023**). Therefore, it is imperative to adopt precise nitrogen management practices tailored to the specific needs of crisphead lettuce, considering factors such as soil fertility, crop growth stage, and environmental conditions.

Zeolite plays a significant role in enhancing the efficiency of mineral nitrogen fertilizers in agriculture through various mechanisms (**Omar et al., 2020**). Firstly, zeolite possesses a high cation exchange capacity (CEC), allowing it to adsorb and retain positively charged ions such as ammonium (NH_4^+) released from nitrogen fertilizers (**Soltys et al., 2020**). This retention prevents leaching of ammonium into groundwater, reducing nitrogen losses and enhancing nutrient availability for plant uptake (**Rodrigues et al., 2021**). Additionally, zeolite's porous structure provides a reservoir for holding water and nutrients, facilitating gradual release to plant roots as needed, thereby improving nutrient use efficiency (**Li et al., 2022**). Moreover, zeolite can mitigate nitrogen loss through volatilization by trapping ammonium ions within its lattice structure, reducing atmospheric emissions of nitrogen compounds. Furthermore, zeolite amendments can improve soil structure, aeration, and water retention, creating a favorable environment for root growth and nutrient uptake (**Ghazi et al., 2023**). Overall, the incorporation of zeolite in conjunction with mineral nitrogen fertilizers offers a sustainable approach to optimize nutrient management, mitigate environmental impacts, and enhance crop productivity in agriculture (**ElGhamry et al., 2024**).

Titanium dioxide (TiO_2) may play a role in the non-biological fixation of atmospheric nitrogen to nitrate on TiO_2 surfaces (**Al-Taani, 2008**). In this process, TiO_2 acts as a catalyst to facilitate the conversion of atmospheric nitrogen into nitrate through a series of reactions involving intermediate nitrogen oxide species (**ElGhamry et al., 2022**). When titanium dioxide (TiO_2) is exposed to ultraviolet (UV) light, it undergoes a photochemical reaction. TiO_2 possesses a relatively wide bandgap energy, meaning it absorbs UV light and reflects or transmits most of the visible light (**Al-Taani, 2008**; **Elsherpiny and Faiyad,**

2023). When UV light with energy higher than the band gap energy of TiO_2 is incident upon it, electron-hole pairs are generated (**Kozlova et al., 2021**). Electrons from the valence band are excited to the conduction band, leaving behind positively charged holes in the valence band. These electron-hole pairs in titanium dioxide can participate in various photochemical reactions (**Wu et al., 2022**). Specifically, they can interact with adsorbed nitrogen molecules on the TiO_2 surface, facilitating the conversion of nitrogen gas (N_2) into nitrogen oxides and eventually into nitrate ions (NO_3^-) in the presence of water and oxygen. This process of nitrogen fixation on TiO_2 surfaces under UV light irradiation is a form of photocatalysis (**Elsherpiny and Faiyad, 2023**).

The objective of this investigation was to evaluate how the addition of soil zeolite and titanium spraying influences both soil properties and the growth performance of crisphead lettuce under different levels of recommended nitrogen fertilization. Through this study, we aimed to gain valuable insights into enhancing crop productivity and fostering environmental sustainability in Egyptian agriculture by optimizing nitrogen fertilizer application methods and improving soil properties.

2. Material and Methods

Location

A field experiments were executed over two consecutive seasons, 2022 and 2023 on a private farm located at Met-Antar Village, Talkha District, El-Dakahlia Governorate, Egypt, ($31^\circ 4'54''\text{N}$ - $31^\circ 24'4''\text{E}$).

Soil sampling

The attributes of the initial soil (taken at a depth of 0-30 cm) were determined as routine work using standard methods as described by **Tandon (2005)**. The initial soil's attributes included textural class determination by texture triangle based on the percentages of sand, silt and clay percentages which were identified by the pipette method. Additionally, measurements were taken for water-holding capacity (WHC, by saturation through the free capillary attraction method), organic matter content (by Walkley and Black method), electrical conductivity (EC, by EC meter), pH (by pH meter), cation exchange capacity (CEC, using ammonium acetate), and nutrient availability such as available nitrogen AN (through the Kjeldahl method), phosphorus AP (Olsen method using spectrophotometer) and potassium AK (flame photometer method). The initial soil exhibited a textural class of clay, with sand content at 20 %, silt content at 30.45%, and clay content at 49.55%. The soil's WHC was measured at 34.95%. It contained 1.22% organic matter. The

soil's EC was recorded at 1.90 dSm^{-1} , and the soil pH was 8.0. Additionally, the soil's CEC was found to be $48.6 \text{ cmolc kg}^{-1}$. The soil's AN, AP and AK were recorded at 26.0 , 8.0 and 230 mgKg^{-1} , respectively.

Zeolite properties

Similarly, zeolite properties were assessed following the procedures outlined by Tandon (2005), which may include determining characteristics like CEC ($160 \text{ cmolc kg}^{-1}$), EC (3.770 dSm^{-1}), pH (8.0) and nutrient composition such as P_2O_5 , (1.0%), SiO_2 (65.0%), K_2O (5.0%), CaO (9.0%) and Na_2O (1.0%). Zeolite was sourced from the Egyptian commercial market (Alex Zeolite Company).

Titanium

Titanium dioxide, with a chemical formula TiO_2 and a titanium content of 59.93%, was sourced from the Faculty of Agriculture at Mansoura University in Egypt. This compound was derived from ilmenite mineral (FeTiO_3). Its properties include a molar mass of 79.866 g/mol , a white solid appearance, a density

of 4.17 g/mL at 25°C and a melting point ranging from 1830 to 3000°C . For the standard solution preparation, a specific concentration was achieved by dissolving a precise quantity of TiO_2 in water. Subsequently, various concentrations were prepared following methodologies outlined by Doklega *et al.* (2022).

Experimental design and treatments

This investigation was conducted under experimental design of split-split plot with three replicates to assess the impact of varying doses of nitrogen recommended (NR, $50 \text{ units N fed}^{-1}$) at 100% and 75% as the main factor, different rates of soil zeolite addition (0.0, 2.5, and $5.0 \text{ tons fed}^{-1}$) as sub-main factors, and spraying titanium at different rates (0.0, 3.0, and 6.0 mg L^{-1}) as sub-sub-main factors on soil properties and growth performance of crisphead lettuce.

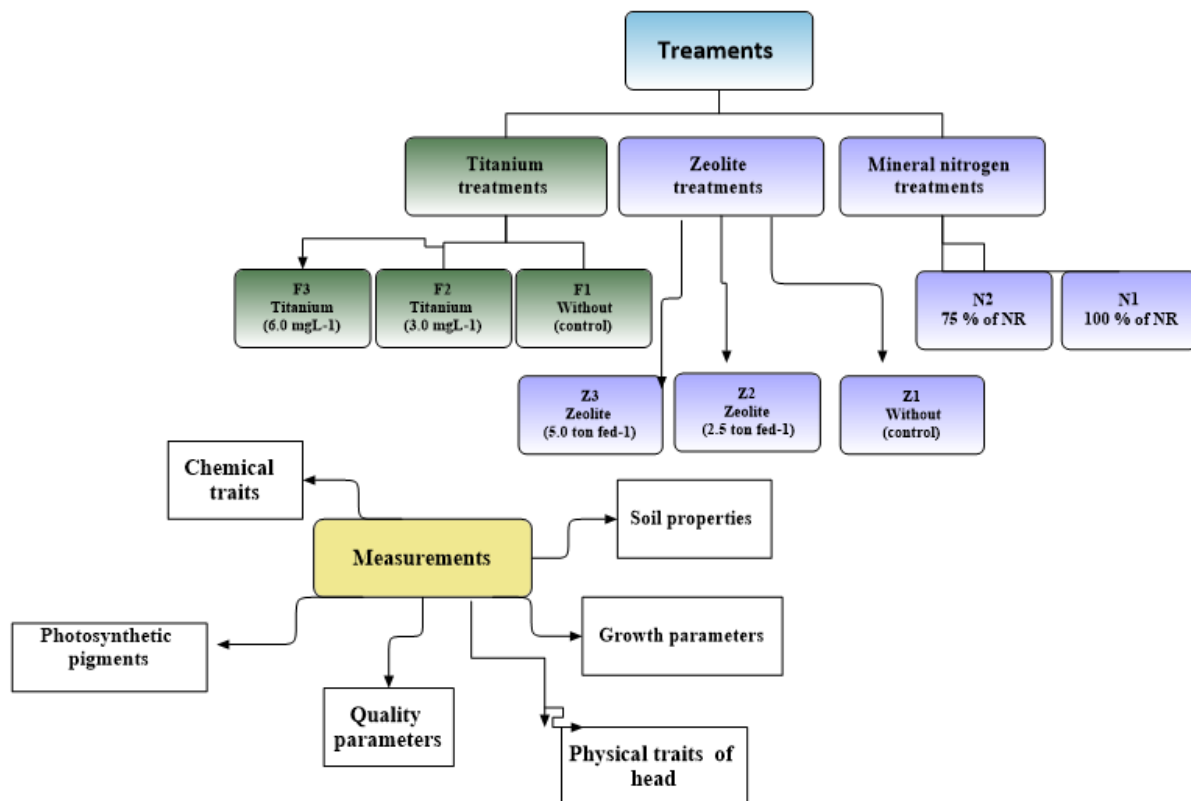


Fig. 1. The flowchart of the current experiment.

Experimental set up

The sub-sub plot area for this investigation was 9.0 m^2 ($3.0 \text{ m} \times 3.0 \text{ m}$). The row length was 6.0 m and the width was 0.80 m , while the number of rows in the plot was 3.0. Crisphead lettuce seedlings "cv Kharga, age of 20 days" were transplanted on the 17th of

October in both investigated seasons. The transplantation was carried out in the middle of the ridges, maintaining a plant spacing of 40 cm . Prior to the immediate transplanting of seedlings, zeolite was incorporated into the soil in accordance with the studied rates. Additionally, prior to plowing, all plots received calcium superphosphate (6.6% P) at a rate

of 30 units of phosphorus per feddan. According to the recommendations of the Ministry of Agriculture and soil reclamation for the production of different types of lettuce and vegetable crops in Egypt. Nitrogen fertilization was applied at two intervals, each with two equal doses corresponding to the studied treatments, utilizing ammonium sulfate (21% N). Concurrently, potassium sulfate, containing 48% K₂O, was administered alongside nitrogen, at a rate of 25 units of K₂O per feddan. Titanium spraying was conducted at three intervals: on days 25, 40, and 55 post-transplant.

Plant sampling

After the 80 days following transplanting, crisphead lettuce plants as well as soil samples were selected from each replicate to assess the traits outlined in Table 1.

Statistical Analyses

The data obtained underwent statistical analysis through analysis of variance (ANOVA) using **Co-State software (version 6.303, copyright 1998-2004)** to determine the LSD at a significance level of 0.05, as outlined by **Gomez and Gomez (1984)**.

Table 1. Methods and references of measurements.

Parameters	Methods and formula	References
Soil properties after harvest [Available N, P and K as well as WHC, EC, CEC]	The same methods used with initial soil, which were mentioned above	
Fresh and dry weights (including the weight of the head and outer leaves), leaf area, relative water content and the number of outer leaves	Manually and visually	
Digested plant samples	Mixed of HClO ₄ + H ₂ SO ₄	Peterburgski (1968)
N, P, K%	Micro-Kjeldahl, Spectrophotometrically and flame photometer, respectively	Walinga <i>et al.</i> (2013)
Chlorophyll, SPAD value	SPAD reading (SPAD-502, Soil-Plant Analysis Development (SPAD) Section, Minolta Camera, Osaka, Japan)	Balasubramanian <i>et al.</i> (2000)
Carotene levels	Using acetone through a spectrophotometer	Dere, (1998).
Physical traits [head weight, head diameter and head height]	Manually and visually	
Quality traits [carbohydrates, protein, total sugar, fiber, dry matter and vitamin C and total dissolved solid]		A.O.A.C (2000)

3. Results

Post-harvest soil analyses

Table 2 outlines the impact of different doses of nitrogen recommended (NR), soil addition of zeolite and spraying titanium on soil available nutrients, specifically nitrogen, phosphorus and potassium (mg kg⁻¹) after harvest of crisphead lettuce during the seasons of 2022 and 2023. Additionally, Fig. 1 represents the individual effects of the zeolite rates on soil water holding capacity (WHC, %), electrical

conductivity (EC, dSm⁻¹), and cation exchange capacity (CEC, cmolc kg⁻¹) during the same periods.

The data in Table 2 indicate that applying 100% of the recommended nitrogen dose resulted in decreased soil nutrient levels post-harvest compared to plants treated with 75% of the recommended dose. This trend suggests that plants receiving 100% of the recommended nitrogen may have enhanced nutrient absorption abilities, leading to reduced nutrient residues in the soil.

Table 2. Impact of different doses of nitrogen recommended (NR), soil addition of zeolite and spraying titanium on soil properties (available nitrogen, phosphorus and potassium) after harvest of crisphead lettuce during seasons of 2022 and 2023.

Treatments	Available-N, mg kg ⁻¹		Available-P, mg kg ⁻¹		Available-K, mg kg ⁻¹			
	1 st season	2 nd season	1 st season	2 nd season	1 st season	2 nd season		
Main factor: Mineral nitrogen treatments								
N ₁ : 100 % of NR	42.78b	44.08b	10.37b	10.57b	225.64b	228.45b		
N ₂ :75 % of NR	43.95a	45.39a	11.08a	11.31a	231.95a	234.91a		
LSD at 5%	1.37	0.69	0.20	0.15	1.17	1.19		
Sub main factor: Zeolite treatments								
Z ₁ : Without(control)	41.30c	42.60c	9.79c	9.99c	213.95c	216.55c		
Z ₂ : Zeolite (2.5 ton fed ⁻¹)	43.10b	44.47b	10.82b	11.03b	229.17b	232.30b		
Z ₃ : Zeolite (5.0 ton fed ⁻¹)	45.70a	47.15a	11.57a	11.80a	243.26a	246.18a		
LSD at 5%	0.34	0.30	0.06	0.06	0.68	0.68		
Sub-sub main factor: Titanium treatments								
F ₁ : Without(control)	43.69a	45.05a	10.86a	11.08a	230.34a	233.45a		
F ₂ : Titanium (3.0 mgL ⁻¹)	43.35ab	44.72ab	10.72b	10.93b	228.77b	231.56b		
F ₃ : Titanium (6.0 mgL ⁻¹)	43.06b	44.44b	10.60c	10.81c	227.26c	230.02c		
LSD at 5%	0.40	0.43	0.09	0.11	0.65	0.66		
Interaction								
N ₁	Z ₁	F ₁	41.19	42.55	10.09	10.30	212.81	215.15
		F ₂	40.82	42.01	9.99	10.19	212.12	214.45
		F ₃	40.59	41.75	9.90	10.08	211.15	214.10
	Z ₂	F ₁	42.94	44.30	10.40	10.62	226.41	229.81
		F ₂	42.56	43.78	10.29	10.47	224.63	227.33
		F ₃	42.36	43.67	10.19	10.38	223.28	226.18
	Z ₃	F ₁	45.20	46.65	10.93	11.16	242.02	245.16
		F ₂	44.88	46.25	10.80	10.98	240.05	242.92
		F ₃	44.47	45.75	10.73	10.94	238.29	240.90
N ₂	Z ₁	F ₁	42.08	43.30	9.69	9.85	217.65	220.91
		F ₂	41.67	43.10	9.59	9.83	215.90	218.28
		F ₃	41.46	42.85	9.48	9.68	214.06	216.42
	Z ₂	F ₁	43.89	45.21	11.57	11.82	235.48	239.01
		F ₂	43.60	45.09	11.29	11.53	233.50	237.00
		F ₃	43.24	44.74	11.16	11.37	231.69	234.47
	Z ₃	F ₁	46.82	48.28	12.46	12.70	247.68	250.65
		F ₂	46.57	48.08	12.36	12.61	246.44	249.39
		F ₃	46.26	47.89	12.12	12.40	245.12	248.06
LSD at 5%		0.96	1.06	0.23	0.26	1.60	1.62	

Means within a row followed by a different letter (s) are statistically different at a 0.05 level.

On the other hand, the highest levels of available nitrogen, phosphorus, and potassium post-harvest were observed with the highest zeolite rate (5.0 tons fed⁻¹), while the lowest levels were noted in the control treatment. In other words, the values increased as the zeolite added rate increased. This suggests that increasing the zeolite application rate led to higher nutrient retention in the soil, particularly nitrogen, which tends to be lost rapidly after nitrogen fertilizer application due to leaching or volatilization, as will discuss in the following section.

Regarding foliar application of titanium, soil nutrient levels post-harvest decreased as the titanium rate increased gradually from 0.0 to 3.0 and then 6.0 mg L⁻¹. This suggests that plants sprayed with titanium

may have improved nutrient absorption abilities, resulting in reduced nutrient residues in the soil.

Fig 1 illustrates that soil WHC (%), EC (dSm⁻¹), and CEC (cmolc kg⁻¹) increased during both studied seasons under all zeolite treatments compared to the initial soil, likely due to root zone activity. Moreover, the values of these soil properties increased with increasing zeolite application rate, with the highest values observed in soil treated with 5.0 tons of zeolite fed⁻¹, followed by 2.5 tons and then the control treatment. This trend was consistent across both studied seasons.

Plant growth analysis

Table 3 illustrates the impact of varied nitrogen doses, zeolite soil addition and titanium spraying on crisphead lettuce growth criteria across the 2022 and 2023 seasons, including fresh and dry weights (g

plant⁻¹), leaf area (cm² plant⁻¹), relative water content (%) and No. of outer leaves. Additionally, Table 4 displays the effect of these treatments on the chemical constituents of leaves (N, P and K %) as well as photosynthetic pigments (chlorophyll content - SPAD reading, and carotene - mg g⁻¹) at harvest time. The data show that the treatment of 100% of

NR caused the maximum values compared to the treatment of 75% of NR, which possessed the lowest values of all aforementioned traits, except relative water content (%) in the first season which had no significantly affected due to nitrogen treatments.

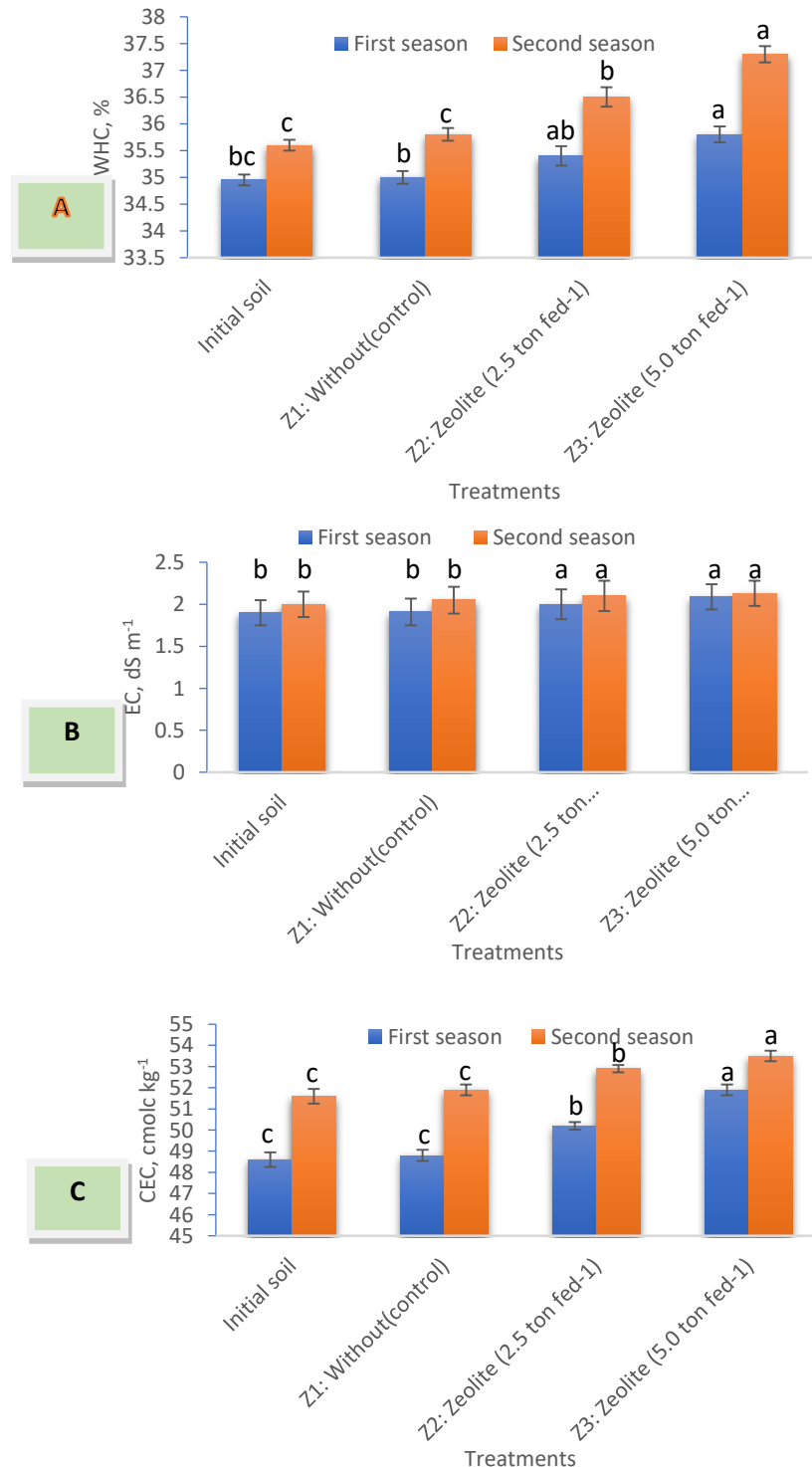


Fig. 1. Individual effect of zeolite rates on soil WHC (A), EC (B) and CEC (C) after harvest during seasons of 2022 and 2023.

Table 3. Impact of different doses of nitrogen recommended (NR), soil addition of zeolite and spraying titanium on growth performance of crisphead lettuce during seasons of 2022 and 2023.

Treatments			Fresh weight, g plant ⁻¹		Dry weight, g plant ⁻¹		Leaf area, cm ² plant ⁻¹	
			1 st season	2 nd season	1 st season	2 nd season	1 st season	2 nd season
Main factor: Mineral nitrogen treatments								
N ₁ : 100 % of NR			1352.19a	1370.48a	106.00a	107.88a	2469.85a	2511.33a
N ₂ :75 % of NR			1161.81b	1176.48b	83.78b	85.44b	2061.78b	2092.59b
LSD at 5%			50.93	2.80	4.60	3.98	100.19	4.46
Sub main factor: Zeolite treatments								
Z ₁ : Without(control)			1094.83c	1110.56c	79.47c	80.82c	1944.22c	1974.61c
Z ₂ : Zeolite (2.5 ton fed ⁻¹)			1289.83b	1305.17b	97.79b	99.44b	2299.94b	2339.44b
Z ₃ : Zeolite (5.0 ton fed ⁻¹)			1386.33a	1404.72a	107.42a	109.71a	2553.28a	2591.83a
LSD at 5%			11.17	3.50	1.80	0.89	19.74	6.22
Sub-sub main factor: Titanium treatments								
F ₁ : Without(control)			1236.72b	1253.67c	92.55c	94.22c	2223.83c	2257.94c
F ₂ : Titanium (3.0 mg L ⁻¹)			1263.00a	1278.61b	94.75b	96.59b	2259.83b	2294.89b
F ₃ : Titanium (6.0 mg L ⁻¹)			1271.28a	1288.17a	97.37a	99.16a	2313.78a	2353.06a
LSD at 5%			11.14	3.73	1.97	0.85	17.19	6.87
Interaction								
N ₁	Z ₁	F ₁	1194.00	1212.33	85.38	86.67	2020.67	2054.00
		F ₂	1203.00	1217.33	88.02	89.71	2093.33	2129.33
		F ₃	1208.33	1225.00	90.43	91.92	2168.33	2201.33
	Z ₂	F ₁	1367.00	1383.00	108.88	110.65	2554.33	2599.00
		F ₂	1404.67	1419.33	110.95	112.91	2575.67	2625.67
		F ₃	1420.33	1437.33	113.67	115.88	2629.33	2687.00
	Z ₃	F ₁	1430.33	1454.00	116.58	118.59	2683.67	2722.67
		F ₂	1468.00	1492.67	118.84	121.10	2737.33	2772.33
		F ₃	1474.00	1493.33	121.24	123.44	2766.00	2810.67
N ₂	Z ₁	F ₁	984.00	999.67	68.13	69.17	1753.00	1775.00
		F ₂	986.67	1000.00	70.00	71.21	1761.00	1787.33
		F ₃	993.00	1009.00	74.85	76.23	1869.00	1900.67
	Z ₂	F ₁	1177.00	1191.33	83.88	85.54	2010.33	2039.00
		F ₂	1180.00	1193.00	84.55	85.84	2011.67	2039.33
		F ₃	1190.00	1207.00	84.79	85.86	2018.33	2046.67
	Z ₃	F ₁	1268.00	1281.67	92.47	94.73	2321.00	2358.00
		F ₂	1335.67	1349.33	96.14	98.80	2380.00	2415.33
		F ₃	1342.00	1357.33	99.22	101.61	2431.67	2472.00
LSD at 5%			27.28	9.14	4.84	2.08	42.11	16.81
Treatments			Relative water content, %		No. of outer leaves			
			1 st season	2 nd season	1 st season	2 nd season		
Main factor: Mineral nitrogen treatments								
N ₁ : 100 % of NR			87.93a	90.00a	5.26b	5.59b		
N ₂ :75 % of NR			84.16a	86.05b	7.67a	8.00a		
LSD at 5%			*NS	2.68	1.59	1.83		
Sub main factor: Zeolite treatments								
Z ₁ : Without(control)			83.39c	85.36c	5.72b	6.06b		
Z ₂ : Zeolite (2.5 ton fed ⁻¹)			86.28b	88.15b	6.33b	6.67b		
Z ₃ : Zeolite (5.0 ton fed ⁻¹)			88.47a	90.57a	7.33a	7.67a		
LSD at 5%			1.24	0.66	0.73	0.86		
Sub-sub main factor: Titanium treatments								
F ₁ : Without(control)			85.68a	87.68a	6.28a	6.61a		
F ₂ : Titanium (3.0 mg L ⁻¹)			86.00a	87.96a	6.44a	6.78a		
F ₃ : Titanium (6.0 mg L ⁻¹)			86.46a	88.44a	6.67a	7.00a		
LSD at 5%			*NS	*NS	*NS	*NS		
Interaction								
N ₁	Z ₁	F ₁	84.13	86.12	4.33	4.67		
		F ₂	84.34	86.22	4.67	5.00		

N ₂	Z ₂	F ₃	84.87	86.95	5.00	5.33	
		F ₁	87.71	89.44	5.00	5.33	
		F ₂	88.43	90.55	5.00	5.33	
	Z ₃	F ₃	89.39	91.18	5.33	5.67	
		F ₁	90.05	92.48	5.67	6.00	
		F ₂	90.82	93.16	6.00	6.33	
	Z ₁	F ₃	91.62	93.94	6.33	6.67	
		F ₁	82.23	84.26	6.67	7.00	
		F ₂	82.34	84.02	6.67	7.00	
	Z ₂	F ₃	82.42	84.62	7.00	7.33	
		F ₁	84.06	85.93	7.33	7.67	
		F ₂	84.01	85.90	7.67	8.00	
	Z ₃	F ₃	84.09	85.89	7.67	8.00	
		F ₁	85.91	87.85	8.67	9.00	
		F ₂	86.05	87.92	8.67	9.00	
			F ₃	86.36	88.09	8.67	9.00
			LSD at 5%	4.41	2.01	2.12	2.35

Means within a row followed by a different letter (s) are statistically different at a 0.05 level

*NS= non-significant

On the other side, zeolite treatments, the values of fresh and dry weights, leaf area, relative water content, No. of outer leaves, chemical constituents of leaves (N, P and K) and photosynthetic pigments (chlorophyll and carotene) gradually increased as the added rate of zeolite increased from 0.0 to 2.5 then 5.0 ton fed⁻¹.

Except relative water content (%) and No. of outer leaves, all aforementioned traits gradually increased as added rate of titanium increased from 0.0 to 3.0 then 6.0 mg L⁻¹. In terms of relative water content (%), the effect of titanium treatment was non-significant under both studied season.

Generally, it can be noticed that the best results were achieved with plants treated with 100% of NR and zeolite at rate of 5.0 ton fed⁻¹ and simultaneously sprayed with 6.0 mg Ti L⁻¹. But also, it can be noticed that plants treated with 75% of NR and zeolite at rate of 5.0 ton fed⁻¹ and simultaneously sprayed with 6.0 mg Ti L⁻¹ possessed the results better than those of plants treated with 100% of NR without both zeolite and titanium. Similar trend was found under both studied seasons.

Head traits (physical traits and quality)

Table 5 outlines the influence of different nitrogen doses, zeolite soil addition, and titanium spraying on the physical characteristics of crisphead lettuce heads, such as head weight (g), head diameter (cm)

and head height (cm). Meanwhile, Tables 6 and 7 show the impacts of these treatments on quality attributes, encompassing carbohydrates, protein, total sugars, fibers, dry matter (DM %), vitamin C (mg 100g⁻¹), and total dissolved solid (TDS, %) during the 2022 and 2023 seasons. The data show that the treatment of 100% of NR caused the maximum values compared to the treatment of 75% of NR, which possessed the lowest values of all aforementioned traits, except No. of outer leaves.

Regarding zeolite treatments, the values of head traits and quality gradually increased as the added rate of zeolite increased from 0.0 to 2.5 then 5.0 ton fed⁻¹.

Concerning titanium treatments, all aforementioned traits gradually increased as added rate of titanium increased from 0.0 to 3.0 then 6.0 mg L⁻¹.

Regarding interaction effect, the highest values of head traits and quality parameters were realized with plants treated with 100% of NR and zeolite at rate of 5.0 ton fed⁻¹ and simultaneously sprayed with 6.0 mg Ti L⁻¹. But also, it can be noticed that plants treated with 75% of NR and zeolite at rate of 5.0 ton fed⁻¹ and simultaneously sprayed with 6.0 mg Ti L⁻¹ possessed the head traits and quality better than those of plants treated with 100% of NR without both zeolite and titanium. Similar trend was found under both studied seasons.

Table 4. Impact of different doses of nitrogen recommended (NR), soil addition of zeolite and spraying titanium on chemical constituents in dry leaves and photosynthetic pigment contents in fresh leaves of crisphead lettuce during seasons of 2022 and 2023.

Treatments	Leaves chemical constituents						Photosynthetic pigment					
	N, %		P, %		K, %		Chlorophyll, SPAD reading		Carotene, mg g ⁻¹			
	1 st season	2 nd season	1 st season	2 nd season	1 st season	2 nd season	1 st season	2 nd season	1 st season	2 nd season		
Main factor: Mineral nitrogen treatments												
N₁: 100 % of NR	3.26a	3.36a	0.364a	0.379a	2.98a	3.04a	45.83a	46.40a	0.367a	0.383a		
N₂: 75 % of NR	2.92b	3.01b	0.323b	0.336b	2.68b	2.73b	42.71b	43.25b	0.305b	0.318b		
LSD at 5%	0.04	0.01	0.006	0.008	0.06	0.13	0.61	0.62	0.013	0.006		
Sub main factor: Zeolite treatments												
Z₁: Without(control)	2.85c	2.94c	0.314c	0.327c	2.62c	2.67c	41.86c	42.37c	0.295c	0.308c		
Z₂: Zeolite (2.5 ton fed⁻¹)	3.14b	3.23b	0.347b	0.362b	2.85b	2.91b	44.51b	45.12b	0.341b	0.356b		
Z₃: Zeolite (5.0 ton fed⁻¹)	3.28a	3.38a	0.368a	0.383a	3.02a	3.08a	46.43a	46.99a	0.373a	0.388a		
LSD at 5%	0.02	0.02	0.004	0.005	0.02	0.05	0.29	0.30	0.001	0.004		
Sub-sub main factor: Titanium treatments												
F₁: Without(control)	3.06b	3.15b	0.338c	0.352c	2.79c	2.85b	43.95b	44.54b	0.328c	0.342c		
F₂: Titanium (3.0 mg L⁻¹)	3.08b	3.18b	0.344b	0.358b	2.83b	2.89ab	44.3ab	44.8ab	0.337b	0.350b		
F₃: Titanium (6.0 mg L⁻¹)	3.13a	3.23a	0.348a	0.362a	2.87a	2.93a	44.59a	45.13a	0.345a	0.359a		
LSD at 5%	0.03	0.03	0.002	0.002	0.02	0.06	0.43	0.44	0.003	0.003		
Interaction												
N₁	Z₁	F₁	2.98	3.08	0.326	0.339	2.71	2.76	42.42	42.89	0.310	0.323
		F₂	3.01	3.10	0.331	0.346	2.75	2.81	42.73	43.20	0.316	0.330
		F₃	3.03	3.12	0.337	0.351	2.80	2.84	43.09	43.69	0.322	0.336
N₁	Z₂	F₁	3.34	3.44	0.370	0.386	2.99	3.05	46.54	47.24	0.370	0.386
		F₂	3.36	3.44	0.374	0.389	3.03	3.09	46.69	47.25	0.379	0.394
		F₃	3.37	3.47	0.377	0.394	3.08	3.13	47.31	47.91	0.386	0.404
N₁	Z₃	F₁	3.39	3.50	0.381	0.397	3.13	3.20	47.57	48.19	0.398	0.415
		F₂	3.40	3.49	0.387	0.402	3.16	3.23	48.02	48.60	0.410	0.426
		F₃	3.47	3.57	0.393	0.408	3.20	3.28	48.07	48.59	0.418	0.434
N₂	Z₁	F₁	2.65	2.73	0.292	0.303	2.45	2.50	40.67	41.28	0.267	0.277
		F₂	2.68	2.77	0.299	0.311	2.48	2.53	41.06	41.51	0.273	0.284
		F₃	2.76	2.86	0.303	0.315	2.54	2.60	41.18	41.63	0.285	0.297
N₂	Z₂	F₁	2.90	2.98	0.318	0.331	2.65	2.70	42.07	42.70	0.298	0.310
		F₂	2.93	3.03	0.321	0.333	2.68	2.73	42.18	42.81	0.305	0.318
		F₃	2.95	3.05	0.323	0.337	2.70	2.74	42.27	42.78	0.308	0.322
N₂	Z₃	F₁	3.08	3.18	0.343	0.358	2.83	2.89	44.42	44.95	0.326	0.340
		F₂	3.14	3.24	0.351	0.366	2.88	2.94	44.92	45.46	0.338	0.352
		F₃	3.19	3.30	0.354	0.368	2.90	2.96	45.59	46.14	0.349	0.363
LSD at 5%	0.07	0.08	0.006	0.006	0.05	0.15	1.06	1.07	0.007	0.006		

Means within a row followed by a different letter (s) are statistically different at a 0.05 level.

Table 5. Impact of different doses of nitrogen recommended (NR), soil addition of zeolite and spraying titanium on growth performance of crisphead lettuce during seasons of 2022 and 2023.

Treatments	Head weight, g plant ⁻¹		Head diameter, cm		Head height, cm			
	1 st season	2 nd season	1 st season	2 nd season	1 st season	2 nd season		
Main factor: Mineral nitrogen treatments								
N₁: 100 % of NR	1165.74a	1193.15a	19.08a	20.03a	17.38a	18.24a		
N₂: 75 % of NR	991.22b	1013.11b	16.40b	17.21b	14.94b	15.69b		
LSD at 5%	29.12	44.71	0.11	0.21	0.40	0.15		
Sub main factor: Zeolite treatments								
Z₁: Without(control)	950.50c	972.06c	15.70c	16.48c	14.39c	15.15c		
Z₂: Zeolite (2.5 ton fed⁻¹)	1103.11b	1127.22b	17.99b	18.86b	16.32b	17.12b		
Z₃: Zeolite (5.0 ton fed⁻¹)	1181.83a	1210.11a	19.53a	20.53a	17.76a	18.62a		
LSD at 5%	5.72	9.73	0.13	0.10	0.15	0.13		
Sub-sub main factor: Titanium treatments								
F₁: Without(control)	1050.56c	1075.00c	17.42c	18.29c	15.89c	16.69c		
F₂: Titanium (3.0 mg L⁻¹)	1081.83b	1105.89b	17.76b	18.63b	16.18b	16.98b		
F₃: Titanium (6.0 mg L⁻¹)	1103.06a	1128.50a	18.04a	18.95a	16.41a	17.22a		
LSD at 5%	9.27	9.78	0.14	0.17	0.09	0.13		
Interaction								
N₁	Z₁	F₁	1027.33	1051.33	16.50	17.40	15.07	15.80
		F₂	1034.00	1055.00	16.50	17.27	15.50	16.40
		F₃	1053.00	1077.67	17.00	17.80	15.60	16.40
	Z₂	F₁	1122.67	1145.33	19.47	20.40	17.67	18.57
		F₂	1176.00	1203.67	19.93	20.90	17.80	18.60
		F₃	1258.00	1281.33	20.10	21.10	18.17	19.10
	Z₃	F₁	1268.00	1303.00	20.40	21.40	18.70	19.60
		F₂	1275.67	1308.00	20.83	21.90	18.80	19.70
		F₃	1277.00	1313.00	21.00	22.10	19.10	19.97
N₂	Z₁	F₁	800.00	817.33	14.50	15.20	13.00	13.70
		F₂	888.67	908.00	14.70	15.40	13.50	14.20
		F₃	900.00	923.00	15.00	15.80	13.70	14.40
	Z₂	F₁	1017.33	1042.00	15.97	16.77	14.50	15.17
		F₂	1020.33	1043.00	16.20	16.90	14.80	15.50
		F₃	1024.33	1048.00	16.30	17.10	15.00	15.80
	Z₃	F₁	1068.00	1091.00	17.70	18.57	16.40	17.30
		F₂	1096.33	1117.67	18.37	19.40	16.67	17.47
		F₃	1106.00	1128.00	18.87	19.80	16.87	17.67
LSD at 5%	22.70	23.95	0.34	0.43	0.22	0.33		

Means within a row followed by a different letter (s) are statistically different at a 0.05 level.

Table 6. Impact of different doses of nitrogen recommended (NR), soil addition of zeolite and spraying titanium on quality characteristics of crisphead lettuce (carbohydrates, protein, T. Sugars, fibers) during seasons of 2022 and 2023.

Treatments	Carbohydrates, %		Protein, %		T. Sugars, %		Fibers, %			
	1 st season	2 nd season	1 st season	2 nd season	1 st season	2 nd season	1 st season	2 nd season		
Main factor: Mineral nitrogen treatments										
N₁: 100 % of NR	1.92a	1.98a	2.79a	2.83a	0.87a	0.91a	1.43a	1.50a		
N₂:75 % of NR	1.52b	1.57b	2.24b	2.27b	0.45b	0.48b	0.89b	0.93b		
LSD at 5%	0.01	0.01	0.06	0.12	0.05	0.01	0.08	0.01		
Sub main factor: Zeolite treatments										
Z₁: Without(control)	1.42c	1.46c	2.12c	2.16c	0.35c	0.37c	0.75c	0.79c		
Z₂: Zeolite (2.5 ton fed⁻¹)	1.74b	1.80b	2.57b	2.61b	0.68b	0.72b	1.21b	1.27b		
Z₃: Zeolite (5.0 ton fed⁻¹)	2.00a	2.06a	2.85a	2.89a	0.95a	0.99a	1.53a	1.60a		
LSD at 5%	0.01	0.02	0.02	0.05	0.02	0.02	0.02	0.01		
Sub-sub main factor: Titanium treatments										
F₁: Without(control)	1.68c	1.73c	2.45c	2.49c	0.61c	0.64c	1.11c	1.16c		
F₂: Titanium (3.0 mg L⁻¹)	1.72b	1.77b	2.51b	2.55b	0.66b	0.69b	1.16b	1.22b		
F₃: Titanium (6.0 mg L⁻¹)	1.77a	1.83a	2.57a	2.61a	0.72a	0.75a	1.21a	1.27a		
LSD at 5%	0.01	0.02	0.02	0.05	0.02	0.02	0.02	0.01		
Interaction										
N₁	Z₁	F₁	1.48	1.54	2.30	2.34	0.42	0.44	0.82	0.86
		F₂	1.53	1.58	2.35	2.39	0.47	0.49	0.88	0.93
		F₃	1.58	1.63	2.43	2.47	0.51	0.53	0.96	1.01
	Z₂	F₁	2.01	2.07	2.82	2.87	0.93	0.97	1.57	1.65
		F₂	2.05	2.11	2.89	2.94	0.98	1.03	1.62	1.69
		F₃	2.09	2.15	2.95	3.01	1.07	1.13	1.68	1.77
	Z₃	F₁	2.13	2.20	3.03	3.07	1.09	1.15	1.73	1.82
		F₂	2.18	2.24	3.11	3.15	1.14	1.20	1.80	1.88
		F₃	2.24	2.30	3.21	3.26	1.21	1.27	1.84	1.93
N₂	Z₁	F₁	1.26	1.30	1.84	1.86	0.21	0.22	0.56	0.59
		F₂	1.27	1.31	1.90	1.93	0.24	0.25	0.61	0.64
		F₃	1.38	1.43	1.93	1.96	0.27	0.28	0.65	0.68
	Z₂	F₁	1.40	1.44	2.21	2.24	0.35	0.37	0.77	0.81
		F₂	1.45	1.50	2.25	2.28	0.37	0.39	0.80	0.84
		F₃	1.47	1.52	2.28	2.31	0.40	0.42	0.80	0.84
	Z₃	F₁	1.77	1.82	2.50	2.54	0.64	0.67	1.19	1.25
		F₂	1.82	1.88	2.59	2.63	0.77	0.81	1.27	1.33
		F₃	1.88	1.95	2.65	2.69	0.83	0.87	1.34	1.41
LSD at 5%	0.02	0.04	0.05	0.13	0.04	0.06	0.06	0.03		

Means within a row followed by a different letter (s) are statistically different at a 0.05 level.

Table 7. Impact of different doses of nitrogen recommended (NR), soil addition of zeolite and spraying titanium on quality characteristics of crisphead lettuce [dry matter (DM), vitamin C (VC) total dissolved solid (TDS)] during seasons of 2022 and 2023.

Treatments	DM, %		VC, mg100g ⁻¹		TDS, %			
	1 st season	2 nd season	1 st season	2 nd season	1 st season	2 nd season		
Main factor: Mineral nitrogen treatments								
N ₁ : 100 % of NR	6.28a	6.55a	3.12a	3.18a	5.66a	5.78a		
N ₂ :75 % of NR	5.02b	5.23b	2.29b	2.33b	4.38b	4.47b		
LSD at 5%	0.26	0.02	0.04	0.06	0.21	0.06		
Sub main factor: Zeolite treatments								
Z ₁ : Without(control)	4.74c	4.93c	2.14c	2.18c	4.00c	4.08c		
Z ₂ : Zeolite (2.5 ton fed ⁻¹)	5.81b	6.06b	2.76b	2.81b	5.15b	5.26b		
Z ₃ : Zeolite (5.0 ton fed ⁻¹)	6.41a	6.68a	3.21a	3.29a	5.91a	6.04a		
LSD at 5%	0.05	0.04	0.03	0.03	0.05	0.04		
Sub-sub main factor: Titanium treatments								
F ₁ : Without(control)	5.56c	5.80c	2.62c	2.67c	4.92c	5.02c		
F ₂ : Titanium (3.0 mg L ⁻¹)	5.64b	5.87b	2.69b	2.75b	5.01b	5.12b		
F ₃ : Titanium (6.0 mg L ⁻¹)	5.76a	6.00a	2.80a	2.86a	5.13a	5.24a		
LSD at 5%	0.05	0.06	0.03	0.02	0.04	0.05		
Interaction								
N ₁	Z ₁	F ₁	4.91	5.11	2.20	2.24	4.34	4.43
		F ₂	5.03	5.25	2.28	2.33	4.53	4.62
		F ₃	5.16	5.38	2.39	2.43	4.74	4.83
	Z ₂	F ₁	6.61	6.90	3.25	3.33	5.88	6.00
		F ₂	6.75	7.02	3.37	3.43	6.02	6.14
		F ₃	6.88	7.19	3.48	3.55	6.18	6.32
	Z ₃	F ₁	7.03	7.34	3.60	3.68	6.38	6.51
		F ₂	7.06	7.34	3.68	3.77	6.42	6.57
		F ₃	7.11	7.39	3.81	3.91	6.44	6.60
N ₂	Z ₁	F ₁	4.34	4.52	1.95	1.99	3.37	3.43
		F ₂	4.39	4.56	1.99	2.03	3.42	3.50
		F ₃	4.60	4.79	2.02	2.06	3.61	3.69
	Z ₂	F ₁	4.85	5.04	2.11	2.16	4.25	4.34
		F ₂	4.85	5.06	2.15	2.19	4.28	4.37
		F ₃	4.89	5.12	2.18	2.22	4.32	4.40
	Z ₃	F ₁	5.60	5.85	2.60	2.65	5.29	5.41
		F ₂	5.74	5.99	2.69	2.75	5.39	5.51
		F ₃	5.91	6.16	2.91	2.97	5.51	5.61
LSD at 5%		0.11	0.15	0.07	0.06	0.11	0.13	

Means within a row followed by a different letter (s) are statistically different at a 0.05 level.

Economic feasibility

Table 8 presents the comprehensive economic feasibility analysis combining data from both studied seasons. Each feddan corresponds to 20,000 plants. The market value of a single plant, weighing 1.0 kg, is set at 5 pounds. Ammonium sulfate is priced at 67 pounds per kilogram, with a total of 300 kilograms feddan as recommended dose. The cost of one ton of zeolite stands at 2000 pounds. Additionally, it's worth noting that the combined cost of all titanium treatments does not surpass 100 pounds. The economic feasibility in Table 8 shows the ability of zeolite as a partial substitute for 25% of nitrogen fertilizer without pronouncedly affecting the net return. Moreover, a clear net return was achieved due to titanium treatments.

Where 100% of the recommended nitrogen fertilizer is used without zeolite, the total cost was 20100 LE and net return was 83833 LE. However, soil properties may not be as improved without zeolite,

and there is an increased risk of environmental pollution due to the higher nitrogen dosage.

Where 75% of the recommended nitrogen fertilizer is used, under titanium treatments, along with zeolite at rates of 2.5 and 5 ton fed⁻¹, the total cost was 20175 (with the first-rate of zeolite) and 25175LE (with the second rate of zeolite), respectively, while the net return was from 82891.5 to 86525 LE. With zeolite, soil properties are improved, and there is a reduced risk of environmental pollution due to the lower nitrogen dosage and zeolite's ability to mitigate nitrogen loss.

Considering both economic and environmental factors, treating 75% of the recommended nitrogen fertilizers with zeolite and titanium is preferable to using 100% of the recommended nitrogen fertilizers. This approach provides a similar net return while improving soil properties and reducing the risk of environmental pollution.

Table 8. Economic feasibility.

Treatments		Total Cost (LE/fed)	Mean head weight (ton fed ⁻¹)	Revenue Generated (LE/fed)	Net profit (LE/fed)	
N ₁ : 100 % of NR	Z ₁ : Without (control)	F ₁ : Without (control)	20100	20.7866	103933	83833
		F ₂ : Titanium (3.0 mgL ⁻¹)	20200	20.89	104450	84250
		F ₃ : Titanium (6.0 mgL ⁻¹)	20200	21.3067	106533.5	86333.5
	Z ₂ : Zeolite (2.5 ton fed ⁻¹)	F ₁ : Without (control)	25100	22.68	113400	88300
		F ₂ : Titanium (3.0 mgL ⁻¹)	25200	23.7967	118983.5	93783.5
		F ₃ : Titanium (6.0 mgL ⁻¹)	25200	25.3933	126966.5	101766.5
	Z ₃ : Zeolite (5.0 ton fed ⁻¹)	F ₁ : Without (control)	30100	25.71	128550	98450
		F ₂ : Titanium (3.0 mgL ⁻¹)	30200	25.8367	129183.5	98983.5
		F ₃ : Titanium (6.0 mgL ⁻¹)	30200	25.9	129500	99300
N ₂ : 75 % of NR	Z ₁ : Without (control)	F ₁ : Without (control)	15075	16.1733	80866.5	65791.5
		F ₂ : Titanium (3.0 mgL ⁻¹)	15175	17.9667	89833.5	74658.5
		F ₃ : Titanium (6.0 mgL ⁻¹)	15175	18.23	91150	75975
	Z ₂ : Zeolite (2.5 ton fed ⁻¹)	F ₁ : Without (control)	20075	20.5933	102966.5	82891.5
		F ₂ : Titanium (3.0 mgL ⁻¹)	20175	20.6333	103166.5	82991.5
		F ₃ : Titanium (6.0 mgL ⁻¹)	20175	20.7233	103616.5	83441.5
	Z ₃ : Zeolite (5.0 ton fed ⁻¹)	F ₁ : Without (control)	25075	21.59	107950	82875
		F ₂ : Titanium (3.0 mgL ⁻¹)	25175	22.14	110700	85525
		F ₃ : Titanium (6.0 mgL ⁻¹)	25175	22.34	111700	86525

4. Discussion

Post-harvest soil analyses

Plants receiving 100% of the recommended nitrogen dose likely exhibited higher absorption efficiency due to sufficient nitrogen availability, leading to reduced residual nitrogen in the soil post-harvest. This enhanced absorption could be attributed to the optimized nitrogen levels, promoting vigorous root growth and nutrient uptake (Ottaiano *et al.*, 2021). Higher nitrogen doses may have stimulated plant growth, leading to increased nutrient utilization for biomass production rather than leaving excess nutrients in the soil. This efficient nutrient utilization can result in lower residual soil nutrient levels after harvest (Kılıç, 2022).

Zeolite has a high cation exchange capacity (CEC) and adsorption capacity, allowing it to retain nutrients such as nitrogen, phosphorus, and potassium in the soil. The observed increase in soil nutrient levels with higher zeolite application rates suggests that zeolite effectively retained these nutrients in the root zone, making them available for plant uptake (Omar *et al.* 2020; Soltys *et al.* 2020). Zeolite's porous structure enables it to retain water and nutrients, reducing the risk of nutrient leaching below the root zone. This retention helps maintain nutrient availability in the root zone for longer periods, thereby enhancing plant nutrient uptake and reducing nutrient losses from the soil. Zeolite's porous structure enhances soil water retention by absorbing and holding water molecules within its structure (Li, *et al.* 2022). This increased WHC promotes better soil moisture retention, which is beneficial for plant growth and root development. Zeolite's high CEC allows it to exchange cations with

the soil, improving nutrient retention and availability for plant uptake. This enhanced CEC contributes to better soil fertility and nutrient management (Ghazi *et al.*, 2023). Zeolite amendments can improve soil structure by promoting aggregation and reducing compaction. This improved soil structure enhances root penetration and facilitates better air and water movement within the soil, creating a more favorable environment for plant growth and nutrient uptake (ElGhamry *et al.*, 2024).

Titanium spraying may have enhanced nutrient uptake efficiency in plants, leading to increased nutrient absorption from the soil and consequently lower residual soil nutrient levels post-harvest. Titanium is known to enhance plant physiological processes, including nutrient assimilation and translocation within the plant, which could contribute to improved nutrient uptake efficiency (ElGhamry *et al.*, 2022). Moreover, its ability in non-biological nitrogen fixation. Titanium treatments may have stimulated root growth and development, resulting in increased root surface area for nutrient absorption. This enhanced root system can facilitate greater exploration of the soil volume, leading to improved nutrient uptake and reduced residual soil nutrients (Elsherpiny and Faiyad, 2023).

Plant growth analysis

Plants treated with 100% of the recommended nitrogen dose showed maximum values for most growth criteria, chemical constituents of leaves and photosynthetic pigments compared to those treated with 75% of the recommended dose. This suggests that adequate nitrogen supply promotes plant growth and development, leading to higher biomass accumulation and leaf area expansion (Farouk *et al.*, 2023).

Relative water content (%) was not significantly affected by nitrogen treatments in the first season, indicating that nitrogen doses may not directly influence water retention in plant tissues.

Increasing zeolite application rates led to gradual improvements in all growth criteria, relative water content, chemical constituents of leaves and photosynthetic pigments. This is likely due to zeolite's ability to improve soil structure, enhance nutrient retention, and promote water and nutrient availability for plant uptake. The highest values were observed with zeolite at a rate of 5.0 tons fed^{-1} , indicating the effectiveness of higher zeolite doses in promoting plant growth and physiological processes (Omar *et al.*, 2020; Soltys *et al.*, 2020).

Titanium spraying may enhance nutrient uptake efficiency and photosynthetic activity, leading to increased biomass production and chlorophyll synthesis (ElGhamry *et al.*, 2022). The best results were achieved with plants treated with 6.0 mg Ti L^{-1} , indicating the beneficial effects of higher titanium concentrations on plant growth and pigment synthesis. Moreover, titanium dioxide (TiO_2) may play a role in the non-biological fixation of atmospheric nitrogen to nitrate on TiO_2 surfaces (Al-Taani, 2008). In this process, TiO_2 acts as a catalyst to facilitate the conversion of atmospheric nitrogen into nitrate through a series of reactions involving intermediate nitrogen oxide species (ElGhamry *et al.*, 2022; Elsherpiny and Faiyad, 2023). When UV light with energy higher than the band gap energy of TiO_2 is incident upon it, electron-hole pairs are generated (Kozlova, *et al.*, 2021). Electrons from the valence band are excited to the conduction band, leaving behind positively charged holes in the valence band. These electron-hole pairs in titanium dioxide can participate in various photochemical reactions (Wu *et al.*, 2022). Specifically, they can interact with adsorbed nitrogen molecules on the TiO_2 surface, facilitating the conversion of nitrogen gas (N_2) into nitrogen oxides and eventually into nitrate ions (NO_3^-) in the presence of water and oxygen. This process of nitrogen fixation on TiO_2 surfaces under UV light irradiation is a form of photocatalysis (Elsherpiny and Faiyad, 2023).

Plants treated with 100% of the recommended nitrogen dose, zeolite at a rate of 5.0 tons fed^{-1} , and simultaneously sprayed with 6.0 mg Ti L^{-1} exhibited the highest growth performance. This suggests synergistic effects between nitrogen, zeolite, and titanium treatments in promoting plant growth and physiological processes.

Even plants treated with 75% of the recommended nitrogen dose, zeolite at a rate of 5.0 tons fed^{-1} , and simultaneously sprayed with 6.0 mg Ti L^{-1} showed better results than those treated with 100% of the recommended nitrogen dose without zeolite and titanium. This highlights the importance of combined nutrient management strategies for optimizing plant growth and productivity.

Overall, the results indicate that proper nutrient management, including nitrogen supplementation, zeolite soil addition, and titanium spraying, can significantly improve crisphead lettuce growth and physiological performance, with synergistic effects observed with combined treatments.

Head traits (physical traits and quality)

Regarding head traits (physical characteristics and quality parameters) of crisphead lettuce, the plants treated with 100% of the recommended nitrogen dose exhibited the best performance compared to those treated with 75% of the recommended dose and this indicates the importance of adequate nitrogen supply for achieving optimal head traits and quality parameters in crisphead lettuce. Nitrogen is crucial for the growth and development of crisphead lettuce due to its essential roles in protein synthesis, leaf expansion, biomass accumulation, yield and quality (Ottiano *et al.*, 2021). As a key component of chlorophyll, nitrogen promotes photosynthesis and enhances leaf development, leading to larger and healthier foliage (Kılıç, 2022). Adequate nitrogen supply supports head formation, increases head size and weight, and improves overall yield and marketability. Furthermore, nitrogen plays a vital role in enhancing plant resilience to environmental stresses and maintaining overall plant health. Optimal nitrogen management is therefore essential for maximizing crop productivity, quality, and profitability in crisphead lettuce production (Farouk *et al.*, 2023).

Increasing zeolite application rates led to gradual improvements in head traits and quality parameters. This suggests that zeolite soil addition enhances soil fertility, nutrient availability, and water retention, resulting in improved plant growth and nutritional content of lettuce heads (Omar *et al.* 2020; Soltys *et al.* 2020). Zeolite plays a significant role in enhancing the efficiency of mineral nitrogen fertilizers in agriculture through various mechanisms. Firstly, zeolite possesses a high cation exchange capacity (CEC), allowing it to adsorb and retain

positively charged ions such as ammonium (NH_4^+) released from nitrogen fertilizers (Rodrigues *et al.* 2021). This retention prevents leaching of ammonium into groundwater, reducing nitrogen losses and enhancing nutrient availability for plant uptake. Additionally, zeolite's porous structure provides a reservoir for holding water and nutrients, facilitating gradual release to plant roots as needed, thereby improving nutrient use efficiency (Li *et al.* 2022). Moreover, zeolite can mitigate nitrogen loss through volatilization by trapping ammonium ions within its lattice structure, reducing atmospheric emissions of nitrogen compounds (Ghazi *et al.* 2023).

Similarly, increasing titanium application rates resulted in gradual improvements in head traits and quality parameters. Titanium spraying may enhance nutrient uptake efficiency, photosynthetic activity, and overall physiological performance of lettuce plants, leading to improved head characteristics and nutritional quality (Al-Taani, 2008; Kozlova *et al.*, 2021; ElGhamry *et al.*, 2022; Wu *et al.*, 2022; Elsherpiny, and Faiyad, 2023).

5. Conclusion

The current study highlights the critical importance of optimizing nitrogen fertilizer application to ensure environmental sustainability in Egyptian agriculture. According to the obtained results, it can be concluded that zeolite amendments, particularly at higher rates (5.0 ton fed^{-1}), positively influence soil nutrient availability and properties, leading to improved plant growth and quality traits. Additionally, titanium spraying (especially at rate of 6.0 mg Ti L^{-1}) enhances plant performance, further contributing to enhanced crop productivity.

Generally, the recommendations for sustainable agricultural practices include precise nitrogen management, incorporating zeolite amendments, and utilizing titanium spraying techniques to optimize crop growth while minimizing environmental impacts. Furthermore, the study underscores the importance of integrated nutrient management strategies tailored to local agricultural conditions to achieve optimal results and ensure long-term sustainability in Egyptian agriculture.

Conflicts of interest

Authors have declared that no competing interests exist.

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