



## The Ameliorative Effect of Proanthocyanidins against Streptozotocin Induced Diabetic Nephropathy in Rats

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### ABSTRACT

Diabetic nephropathy (DN) is an important microvascular complication of diabetes and one of the main causes of end stage renal disease. The protective effect of grape seed proanthocyanidins extract (GSPE) against streptozotocin (STZ) induced diabetic nephropathy and oxidative stress in rats was evaluated. Seventy two male albino rats divided into four groups. Group I (normal group): rats administered buffer citrate. Group II (DN group): rats received a single intraperitoneal (i.p) injected dose of STZ (50 mg/kg b.wt). Group III (DN + insulin treated group): diabetic nephropathy rats treated with insulin (2U/rat/day/i.p). Group IV (DN + GSPE treated group): diabetic nephropathy rats treated with GSPE (250 mg/kg b.wt/day/orally). The obtained results showed a significant increase in serum glucose, urea, creatinine and kidney tissue L-MDA concentrations with upregulation of NF- $\kappa$ B gene expression in diabetic nephropathy induced rats. However, SOD activity and GSH level of kidney tissues were markedly decreased. Administration of GSPE to DN induced rats caused a significant improvement of all previous parameters towards their normal ranges. These results suggested that, GSPE treatment may have a therapeutic effect against STZ-induced diabetic nephropathy and oxidative stress in rats through free radical scavenging and anti-inflammatory activity as well as regenerating endogenous antioxidant defense system mechanisms.

**Key words:** Streptozotocin, GSPE, oxidative stress, diabetic nephropathy.

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### 1. INTRODUCTION

Diabetes mellitus is a group of metabolic alterations characterized by hyperglycemia resulting from defects in insulin secretion, action or both. Chronic hyperglycemia of diabetes is associated with long-term damage, dysfunction and eventually the failure of organs especially the eyes,

nerves, heart, blood vessels and kidneys (Huang et al., 2005). Type II diabetes mellitus developed by metabolic abnormalities such as impaired insulin secretion, increased hepatic glucose production and decreased insulin-stimulate of glucose uptake in peripheral tissues (Kakadiya et al., 2010).

## The Ameliorative Effect of Proanthocyanidins against Streptozotocin Induced Diabetic Nephropathy in Rats

Diabetes is usually accompanied by an increased production of reactive oxygen species (ROS) and free radicals or by impaired antioxidant defenses which are widely accepted as important in the development and progression of diabetic complications (Kumar et al., 2006). The increased risk of complications occurred particularly in subjects with poor glycaemic control (Gavin et al., 1997). In addition, diabetes causes increased oxidative stress in various tissues as evidenced by increased levels of oxidized DNA, proteins and lipids which are thought to play an important role in the pathogenesis of various diabetic complications (Chung et al., 2003). In diabetic patients with vascular complications, there are significant changes such as increased lipid peroxidation, dyslipidemia and irregularities in the metabolism of proteins, carbohydrates and lipids. Increased lipid peroxidation is accepted to be one of the main causes of diabetic complications (Gallou et al., 1994).

Diabetic nephropathy (DN) is a leading cause of end-stage renal failure worldwide. Its morphological characteristics include glomerular hypertrophy, basement membrane thickening, mesangial expansion, tubular atrophy, interstitial fibrosis and arteriolar thickening. All of these are part and parcel of microvascular complications of diabetes. A large body of evidence indicates that oxidative stress is the common valuable link for the major pathways involved in the development and progression of diabetic microvascular as well as macrovascular complications of diabetes. Several lines of evidence suggest the central role of oxidative stress in the development of DN and the beneficial effects of antioxidants in renal injury owing to diabetes (Bagchi and Puri, 1998). Traditionally, DN has been described as a glomerular disease with five different stages

are glomerular hyperfiltration, incipient nephropathy, microalbuminuria, overt proteinuria and end-stage renal disease (Mogensen et al., 1983).

STZ is a glucosamine-nitrosouria compound that causes damage and destruction of  $\beta$ -cells primarily through nitric oxide mediated DNA damage. It enters  $\beta$ -cells via the reduced glucose transporter type 2 (GLUT-2 transporter) to which it binds readily due to its similarity in structure to glucose (Kaneto et al., 1995). STZ is toxic to the insulin producing beta cells of the Islets of Langerhans in the pancreas so it is widely employed to induce experimental diabetes in animals. It damages the DNA of pancreatic- $\beta$  cells and triggers multiple pathways including activation of protein kinase-C, poly (ADP-ribose) polymerase and NAD(P) H oxidase with consequent generation of ROS and advanced glycation end products resulting in renal damage and nephropathy (Haidara et al., 2008).

Flavonoids are phenolic phytochemicals have various effects on protecting cellular components against ROS (Hertog and Hollman, 1996). Their anti-radical property is directed towards highly reactive species implicated in the initiation of lipid peroxidation. Moreover, flavonoids are soluble chain-breaking inhibitors of the peroxidation process, scavenging intermediate peroxy and alkoxy radicals (Jovanovic et al., 1998). GSPE has a protective effect on various forms of cardiac disorders, reduce hypoxic-ischemic brain injury, protect gastric mucosa and prevent diabetic nephropathy from progressing (Mansouri et al., 2015).

GSPE increased the activity of antioxidant enzymes (Gao et al., 2014) and decreased the amount of iNOS, NF $\kappa$ B, TNF- $\alpha$  and caspase-3 in the kidney (Nazima et al.,

2015). This study was to investigate the possible beneficial effect of GSPE against deleterious effect of diabetic nephropathy induced in male rats through investigation of blood glucose, kidney functions, inflammatory and oxidative stress biomarkers.

## 2. MATERIALS AND METHODS:

### 2.1. *Experimental animals:*

Seventy two white male albino rats of 5-6 weeks old and weighing 180 – 200 g were used in this study. Rats were housed in separated metal cages and kept at constant environmental and nutritional conditions throughout the period of experiment. The rats were fed on constant ration and fresh, clean drinking water was supplied ad-libitum. All rats were acclimatized for minimum period of 15 days prior to the beginning of study.

### 2.2. *Chemicals and antioxidant:*

All chemicals were of analytical grade and obtained from standard commercial suppliers. The antioxidant and chemicals used in the present study were:

a- Streptozotocin: STZ [2-deoxy-2-(3-methyl-3-nitrosoureido)-D-glucopyranose], was purchased from (Sigma Chemical Co. P.O. Box. 14508, St. Louis, U.S.A.). Freshly dissolved in citrate buffer, PH 4.5 and administered intraperitoneally as a single injected dose of (50 mg /kg body wt.) (Ramanathan *et al.*, 1999).

b- Grape Seed Proanthocyanidins Extract: GSPE was purchased from (Al Debeiky Pharma Company for Pharmaceutical industries, Al Obour, Cairo, Egypt). It was dissolved in DIMSO and administered orally to rats at a dose level of (250 mg/kg b.wt) once daily for 6 weeks (Bagchi *et al.*, 2001).

c- Other chemicals used in this study were of the highest purified grades available purchased

from El Gomhouria Company for Trading Chemicals and Medical Appliances, Egypt.

### 2.3. *Experimental design:*

After acclimatization to the laboratory conditions, the animals were randomly divided into four groups placed in individual cages and classified as following:

Group I (normal control group): Consists of 12 rats, received no drugs, served as control non- treated for all experimental groups.

Group II (DN induced group): Consists of 24 rats, received STZ as a single intraperitoneally injected dose of (50 mg/kg b.wt).

Group III (DN + insulin treated group): Consists of 18 rats, received STZ and after 8 weeks treated daily with insulin (2U/rat per day/i.p) for 6 weeks.

Group IV (DN + GSPE treated group): Consists of 18 rats, received STZ and after 8 weeks treated daily with GSPE (250 mg/kg b.wt/ orally) for 6 weeks.

### 2.4. *Sampling:*

#### 2.4.1. *Blood samples:*

Blood samples were collected by ocular vein puncture from all animal groups, at the end of experiment, after 14 weeks in dry clean tubes and allowed to clot for 30 minutes and serum was separated by centrifugation at 3000 r.p.m for 15 minute. The serum was taken by automatic pipette and received in dry sterile tubes and used directly for determination of blood glucose, urea and creatinine concentrations according to the method described by Tietz, (1995), Tietz, (1990) and Tietz, (1986).

#### 2.4.2. *Tissue samples:*

About 0.5 g of kidney tissue specimen was taken from all animal groups (control and

## The Ameliorative Effect of Proanthocyanidins against Streptozotocin Induced Diabetic Nephropathy in Rats

experimental groups) once after the end of 14 weeks.

### 2.5. Biochemical analysis:

#### 2.5.1. Kidney tissue for biochemical analysis

Briefly, kidney tissues were cut, weighed and minced into small pieces, homogenized with a glass homogenizer in 9 volume of ice-cold 0.05 mM potassium phosphate buffer (pH 7.4) to make 10 % homogenates. The homogenates were centrifuged at 6000 r.p.m for 15 minutes at 4°C then the resultant supernatant was used for the determination of the following parameters: SOD, GSH and L-MDA according to the method described by Kakkar

et al., (1984), Paglia and Valentine, (1967) and (Mesbah et al., 2004) respectively.

#### 2.5.2. Kidney tissue for molecular analysis

About 0.5 of kidney tissue put in eppendorf tubes and were immediately kept in liquid nitrogen and stored at -80°C till RNA extraction for determination of NF-kB gene expression by real-time quantitative polymerase chain reaction (real-time qPCR) analysis in kidney of rats. Target gene was normalized with  $\beta$ -actin by used the  $2^{-\Delta\Delta Ct}$  method (Livak and Schmittgen, 2001).

#### Forward and reverse primers sequence for real time PCR.

| Gene                            | Forward primer<br>(5' ----- 3') | Reverse primer<br>(5' ----- 3') |
|---------------------------------|---------------------------------|---------------------------------|
| <i>NK-kB</i>                    | CCTAGCTTTCTCTGAACTGCAAA         | GGGTCAGAGGCCAATAGAGA            |
| <i><math>\beta</math>-actin</i> | ACCCACACTGTGCCCATCTA            | CGTCACACTTCATGATG               |

### 2.6. Statistical analysis:

The results were expressed as mean  $\pm$  SE using SPSS (13.0 software, 2009) program. The data were analyzed using one-way ANOVA to determine the statistical significance of differences among groups. Duncan's test was used for making a multiple comparisons among the groups for testing the inter-grouping homogeneity. Values were considered statistically significant when  $p < 0.05$ .

## 3. RESULTS:

The obtained data presented in table (1) revealed that, STZ-induced diabetic nephropathy rats showed a significant increase in serum glucose, urea and creatinine concentrations compared to normal control group.

GSPE treatment to STZ-induced diabetic nephropathy rats caused a significant decrease in elevated serum glucose, urea and creatinine concentrations when compared with STZ-induced diabetic nephropathy non treated group.

The obtained results presented in table (2) revealed that, STZ-induced diabetic nephropathy rats showed a significant increase in kidney tissue L-MDA with significant upregulation of NF-kB and significant decrease in SOD activity and GSH level compared to normal control group.

GSPE treatment to STZ-induced diabetic nephropathy rats caused a significant decrease in kidney tissue L-MDA with a significant down-regulation of NF-kB and a

significant increase in SOD activity and GSH level compared to STZ-induced diabetic nephropathy non treated group.

Table (1): Effect of GSPE administration on serum glucose, urea and creatinine concentrations in streptozotocin induced diabetic nephropathy rats (mg/dl).

| Parameters                     | Glucose (mg/dl)            | Urea (mg/dl)              | Creatinine (mg/dl)       |
|--------------------------------|----------------------------|---------------------------|--------------------------|
| Exp. Groups                    |                            |                           |                          |
| Group I:<br>Normal control     | 93.33 ± 4.03 <sup>e</sup>  | 26.15 ± 0.86 <sup>d</sup> | 0.91 ± 0.01 <sup>d</sup> |
| Group II :<br>Control DN group | 317.33 ± 9.19 <sup>a</sup> | 46.18 ± 1.49 <sup>a</sup> | 1.6 ± 0.03 <sup>a</sup>  |
| Group III:<br>DN + Insulin     | 159.33 ± 5.19 <sup>d</sup> | 29.47 ± 0.94 <sup>c</sup> | 0.98 ± 0.03 <sup>c</sup> |
| Group IV:<br>DN+ GSPE          | 204.60 ± 6.68 <sup>c</sup> | 31.83 ± 0.44 <sup>c</sup> | 1.14 ± 0.06 <sup>c</sup> |

Data are presented as (Mean ± S.E). S.E = Standard error.

Mean values with different superscript letters in the same column are significantly different at ( $P \leq 0.05$ ).

Table (2): Effect of GSPE administration on kidney tissue SOD activity, GSH, L-MDA levels and NF-kB gene expression in streptozotocin induced diabetic nephropathy rats.

| Parameters                     | SOD<br>(IU/g tissue)     | GSH<br>(IU/g tissue)      | L-MDA<br>nmol/g tissue    | Fold change in<br>NF-kB gene<br>expression |
|--------------------------------|--------------------------|---------------------------|---------------------------|--|
| Exp. Groups                    |                          |                           |                           |  |
| Group I:<br>Normal control     | 0.96 ± 0.04 <sup>a</sup> | 20.00 ± 0.95 <sup>a</sup> | 38.67 ± 1.28 <sup>e</sup> | 1.00 ± 0.01 <sup>e</sup>                   |
| Group II :<br>Control DN group | 0.18 ± 0.01 <sup>e</sup> | 5.40 ± 0.78 <sup>d</sup>  | 95.80 ± 3.42 <sup>a</sup> | 10.06 ± 0.35 <sup>a</sup>                  |
| Group III:<br>DN+ Insulin      | 0.78 ± 0.03 <sup>b</sup> | 15.20 ± 0.70 <sup>b</sup> | 51.50 ± 1.10 <sup>d</sup> | 2.55 ± 0.14 <sup>d</sup>                   |
| Group IV:<br>DN+ GSPE          | 0.62 ± 0.03 <sup>c</sup> | 13.10 ± 0.68 <sup>b</sup> | 66.63 ± 1.20 <sup>c</sup> | 4.03 ± 0.11 <sup>c</sup>                   |

Data are presented as (Mean ± S.E). S.E = Standard error.

Mean values with different superscript letters in the same column are significantly different at ( $P \leq 0.05$ ).

#### **4.DISCUSSION:**

Chronic hyperglycemia in the kidney stimulates the production of AGEs, the polyol pathway and activation of protein kinase C (PKC) which lead to increased ROS formation and oxidative stress (Pacher et al., 2005). Renal cells (glomerulus, tubules and fibroblasts) express NADPH oxidase and contribute to ROS formation in small amounts in the healthy state. In chronic hyperglycemia the dysfunctional renal cells can increase ROS generation which may enhance renal tissue injury (Shiose et al., 2001). In addition to structural and functional derangements the presence of excessive ROS in the renal milieu can promote dysregulation of renal medullary blood flow leading to renovascular hypertension that help in progression of diabetic nephropathy (Chabrashvili et al., 2002).

Presented findings showed that, a significant increase in serum glucose concentration was observed in STZ-induced diabetic nephropathy rats. These results are nearly similar to those reported by Akbarzadeh et al., (2007) who reported that, serum glucose levels was elevated three-fold in the diabetic animals group compared to normal who added that, Hyperglycemia, hypoinsulinemia, polyphagia, polyuria and polydipsia accompanied by weight loss were seen in adult rats within three days of STZ treatment which indicates irreversible destruction of Langerhans islets cells. Moreover, glucose metabolism through harmful alternate pathways such as via protein kinase C activation and advanced glycation end-products formation is reported to contribute to the development of diabetic nephropathy (Ha et al., 2008). and increased oxidative stress with subsequent alterations in cellular redox balance (Williamson et al., 1993).

Treatment with GSPE to diabetic nephropathy rats significantly decreased elevated serum glucose level in STZ-induced diabetic nephropathy rats after 6 weeks from the onset of treatment with GSPE. These results are nearly similar to those recorded by Lee et al., (2008) and Bao et al., (2015) who reported that, GSPE has antihyperglycemic properties and after 8 weeks of treatment of diabetic nephropathy rats with GSPE significantly controlled the body weight loss compared to control diabetic nephropathy group. Also, Sayed, (2012) reported that Treatment with GSPE to diabetic nephropathy rats significantly decreased elevated serum glucose level in STZ-induced diabetic nephropathy rats compared to control diabetic nephropathy group. The hypoglycemic effect of GSPE could be attributed to different mechanisms that include increasing of insulin sensitivity in type-2 diabetic patients (Sayed, 2013), direct binding site at the tyrosine kinase domain of the insulin receptor (Jacob et al., 1999), increasing glucose transporter-4 in the cell membrane (Pinent et al., 2004) and/or restore the normal architecture and function of  $\beta$ - cells (Abir El-Alfy et al., 2005).

The obtained results showed that, a significant increase in serum urea and creatinine concentrations were observed in STZ-induced diabetic nephropathy rats These results are nearly similar to those reported by (Sayed, 2012) and (Akram Ahangarpour et al., 2016) who reported that, diabetic nephropathy significantly increased serum urea and creatinine in the untreated diabetic nephropathy group in comparison with the non-diabetic nephropathy control group. Also, Lal et al., (2009) reported that, all diabetics have higher blood urea level, and has significantly higher uric acid level as compared to non-diabetic subjects due to

continuous catabolism of amino acids high urea will be formed from urea cycle.

Urea is the one of the waste product excreted by the kidney and main end product of protein metabolism. An elevation of blood urea usually signifies decreased renal function (Sakami and Harrington, 1963). Moreover, (Ismail and Abd El-Gawad, 2010) demonstrated that, increase levels of serum uric acid, urea nitrogen and creatinine concentrations were observed in diabetic rats. Also, Bhatti *et al.*, (2005) reported that, Urine albumin excretion increased by three fold with no change in plasma creatinine levels in the diabetic rats non-treated group.

Administration of GSPE to STZ-induced diabetic nephropathy rats significantly decreased serum urea and creatinine concentrations. These results are nearly similar to those reported by (Sayed, 2012) and (Liu *et al.*, 2006) who reported that, GSPE administration showed a significant reduction in serum creatinine and urea levels, decreasing proteinuria and attenuating the progression of nephropathy in diabetic rats.

Presented findings showed that, a significant decrease in kidney SOD activity was observed in STZ-induced diabetic nephropathy rats. These results are nearly similar to those reported by Daniel *et al.*, (2015) and Kedziora-Kornatowska *et al.*, (2000) who recorded that, reduced kidney activity of SOD three to six weeks after STZ administration compared to control group. Also, Mohora *et al.*, (2006) reported that, increased level of MDA and low SOD activity are found in diabetes which confirmed the involvement of oxidative stress in renal injury induced in diabetic rats.

DN is a serious and important microvascular complication that occurs frequently in patients with diabetes. The pathogenetic mechanisms for the microvascular complications may be associated

with oxidative stress which is regarded as the major factor that couples hyperglycemia with vascular complications. Oxidative stress causes an increase of ROS which can attack at various target organ systems (Papaharalambus and Griendling, 2007). Treatment with GSPE to STZ-induced diabetic nephropathy rats significantly increased kidney SOD activity. These results are nearly similar to those reported by Mansori *et al.*, (2011) and Sayed, (2012) who reported that, GSPE treatment showed a significant increase in SOD activity compared to diabetic nephropathy group. Also, GSPE showed a protective effect on experimental diabetic nephropathy due to inhibition of AGEs formation correlated with its antioxidant activities (liu *et al.*, 2006), and the excellent free radical scavenging activity of GSPE is a reason for this reversal effect of lipid peroxidation level and antioxidant enzymes activities (Bagchi *et al.*, 1997).

The obtained results showed that, a significant decrease in kidney reduced glutathione concentration was observed in STZ-induced diabetic nephropathy rats compared to control rats, similar results were recorded by Jagdish *et al.* (2010) and Jagdish and Nehal, (2011) who demonstrated that, renal ischemia/reperfusion I/R group of diabetic rats showed significantly decreased enzymatic activity of SOD, CAT and GSH when compared with the sham control rats. Glutathione provide a first line of defense against ROS, as it can scavenge free radicals and reduce  $H_2O_2$ . The decreased concentration of GSH in kidney might be due to NADPH depletion or GSH consumption in the removal of peroxide (Gumieniczek, 2005). The ratio of reduced glutathione/oxidized glutathione is one of many cellular redox couples that directly contribute to redox status. Depletion of reduced GSH either by conjugation and removal from the cell or oxidation to GSSG could significantly affect the overall redox potential of the cell (Yadav

et al., 1997). GSH-dependent enzymes provide a second line of defense as they primarily detoxify noxious by products generated by ROS and also help to prevent propagation free radicals (Gumieniczek, 2005). Alsaif (2009) reported that, GSH/GSSG (Reduced glutathione and Oxidized glutathione) ratio were found to be lowest in the kidney of diabetic rats group. Some workers (Obrosova et al., 2003) reported that, the concentrations in the diabetic kidney were found to be significantly reduced, suggesting that the reduced GSH concentrations may play a role in the development of diabetic complications.

GSPE administration to STZ-induced diabetic nephropathy rats showed a significant increase in kidney reduced glutathione when compared with diabetic nephropathy non treated group. These results are nearly similar to those obtained by Bagchi et al., (2000) who reported that, GSPE treatment significantly increased GSH level compared to the positive control group because GSPE functions as a free radical scavenger and therefore increase the available free GSH which detoxify the reactive intermediary oxygen products of lipid peroxidation. The role of oxidative stress in the pathogenesis of diabetic nephropathy is not only through over production of ROS, but also through auto-oxidation of glucose, reduction of antioxidant enzyme activities, impaired glutathione metabolism, formation of lipid peroxides and non-enzymatic protein glycosylation (Toba et al., 2009).

Presented findings showed that, a significant increase in kidney L-MDA concentration, a marker of lipid peroxidation in STZ-induced diabetic nephropathy rats in comparison with the control normal group. Lipid peroxidation is a marker of cellular oxidative damage initiated by ROS (Farber et al., 1990). These results are nearly similar to those reported by Bukan et al., (2003),

Siddiqui et al., (2011) and Erejuwa, (2012) who recorded a significant increase in kidney L-MDA of experimentally induced diabetes in animals. This increase in the kidney L-MDA indicated enhanced lipid peroxidation which could cause injury to the cells. Increased levels of lipid peroxides in the plasma are usually considered to be the consequence of high production and liberation of tissue lipid peroxides into circulation due to pathological changes (Al-Faris et al., 2010). Hyperglycemia leads to generation of free radicals due to auto-oxidation of glucose and glycosylation of proteins (Tirgar et al., 2010). And induces oxidative stress which becomes the chief factor that leads to diabetic complications (Shuklak et al., 2012). Abnormal elevated levels of free radicals and the simultaneous reduction of antioxidant defense can result in damage of cellular organelles and enzymes, increased lipid peroxidation and development of insulin resistance (Kumar et al., 2012). The elevated level of lipid peroxidation causes oxidative damage by increasing peroxy radicals and hydroxyl radicals (Singh et al., 2012), and is usually measured through the catabolite, malonaldehyde (MDA) in terms of TBARS as a marker of lipid peroxidation (Kedziora-Kornatowska et al., 2000). Also, increased lipid peroxide may be due to the increased glycation of protein in diabetes mellitus. The glycated protein might themselves act as a source of free radicals. There is a clear association between lipid peroxide and glucose concentration which may be also thought to play a role in increased lipid peroxidation in diabetes mellitus (Suryawanshi et al., 2006).

Oxidative stress is considered as an imbalance between oxidants and antioxidants. The accumulated ROS could interact with polyunsaturated fatty acids leading to the formation of lipid peroxidation in kidney



tissues and consequently result in damage or toxicity (Alarcon-Aguilar *et al.*, 2010). It is widely acknowledged that oxidative stress is the major factor of diabetic complications including diabetic nephropathy (Rolo and Palmeira, 2006). ROS degrades membrane polyunsaturated fatty acids and produces 4-hydroxynonenal (4-HNE) and malondialdehyde (MDA) (Zhu *et al.*, 2015). MDA is a highly unstable aldehyde which could induce oxidative stress by forming a covalent protein adduct which serves as a hallmark of oxidative stress in tissue injury (Chang *et al.*, 2015).

Treatment with GSPE to STZ-induced diabetic nephropathy rats significantly decreased lipid peroxidation (L-MDA) in the diabetic nephropathy rats when compared with non-treated group. These results are in agreement with Liu *et al.* (2006). Who showed that, decreased L-MDA level in kidney tissue treated with GSPE compared to non-treated group. Also, GSPE provides significantly greater protection against free radicals and free radical induced lipid peroxidation and DNA damage than vitamin C, E and  $\beta$ -carotene during the use of similar doses (Bagchi *et al.*, 1998).

In diabetes,  $\beta$ -oxidation of fatty acids is stimulated by fatty acyl CoA oxidase enzyme which stimulated by low level of circulating insulin (Kumar *et al.*, 2008). Increase of L-MDA formation is due to production of free radical species. These radicals attributed to a stimulated destruction of DNA, carbohydrates and lipids. This will lead to hyperglycemia and glucose auto-oxidation (Mansouri *et al.*, 2011). GSPE may exert their effect via improving oxidative stress status (Liu *et al.*, 2006).

Presented findings showed that, NF- $\kappa$ B gene expression in kidney of STZ-induced diabetic nephropathy rats is significantly upregulated compared to normal control

group. Similarly, Iwamoto *et al.* (2001) who reported that, in STZ-induced diabetes, NF- $\kappa$ B was upregulated in renal cortical tissue. Also, Lal *et al.* (2001) observed that, advanced glycation end-products induced oxidative stress and upregulated NF $\kappa$ B in mesangial cells.

Administration of GSPE to STZ-induced diabetic nephropathy rats significantly down regulated NF- $\kappa$ B gene expression in diabetic nephropathy rats when compared with non-treated group. These results are in agreement with Liu *et al.*, (2012) and Sayed, (2012 and 2013) who showed that, GSPE is a naturally occurring antioxidant and could play an important role in the activity of several mitochondrial enzymes that are involved in the oxidation of glucose and ATP production. Therefore, the beneficial effects of GSPE on diabetes mellitus and diabetic nephropathy could be attributed to the combined anti-inflammatory/antioxidant effects and the metabolic regulations that include increasing of glucose oxidation and attenuation of NF- $\kappa$ B activation.

In the present study, it is notable that GSPE has anti-inflammatory effects and a pivotal role in the treatment of DN. An increasing number of inflammatory signal pathways and cytokines are being investigated and deemed new molecular targets for treating DN. In the progress of diabetic nephropathy, certain pro-inflammatory cytokines and ROS become activated which induces mesangial cells to secrete type IV collagen, laminin and fibronectin that leading to glomerulosclerosis (Tam *et al.*, 2009). The activation of NF- $\kappa$ B, monocyte chemoattractant protein-1 (MCP-1) and macrophage infiltration in the diabetic kidney were explored in a temporal manner. The active subunit of NF- $\kappa$ B p65 was elevated in the diabetic animals in association with increased MCP-1 gene expression and

macrophage infiltration (Cha et al., 2005). The present study is consistent with these results, confirming that the anti-inflammatory activities of GSPE are mediated by downregulation of NF-kB gene expression resulting in reduced kidney tissue inflammation and tubulointerstitial nephritis.

## **5. CONCLUSION:**

From the obtained results it could be concluded that, the experimental induction of diabetic nephropathy in male rats caused a significant increase in serum glucose, urea and creatinine concentrations as well as a significant increase in L-MDA level with a significant upregulation of NF-kB gene expression in kidney tissues. Also, there was a significant decrease in kidney tissue SOD activity and GSH level. however, GSPE treatment in STZ-induced diabetic nephropathy rats relieved all previous parameters towards its normal range so, these results confirm the strong antioxidant and anti-inflammatory effects of GSPE in STZ-induced diabetic nephropathy.

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