



Effect of Some Antioxidants on Rats Treated with Titanium Dioxide Nanoparticles

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TITANIUM Dioxide Nanoparticles (TiO₂NPs) is used in the production of food colorants, some nutritional supplements and many other products on large scale. Many studies stated that the TiO₂NPs are more toxic than titanium dioxide (TiO₂) and as possibly carcinogenic to humans. The aim of study was carried out investigate on impacts of vitamin C and vitamin E on free radicals and antioxidant enzymes activities in male rats treated with TiO₂NPs. The obtained results showed that, there were no significant ($P \geq 0.05$) differences found in red blood cells (RBC), hematocrit (Ht), hemoglobin (Hb) and platelets count (PLT) after treated with titanium dioxide nanoparticles (TiO₂NPs) or natural antioxidants (vitamin E and C). The treatment with TiO₂NPs alone caused significant ($P < 0.05$) increase in kidney and liver functions, while the oral intake of V.C and V.E or V.C+V.E reduced this increase. Also, the treatment with TiO₂NPs increased the level of free radicals and decreased the activity of some antioxidant enzymes such as Superoxide dismutase (SOD), Glutathione-S-transferase (GST) and the content of Glutathione (GSH) in plasma. Meanwhile, V.C and V.E decreased the increased in free radicals and protected the activity of antioxidant enzymes in plasma of TiO₂NPs- treated rats.

Keywords: Titanium Dioxide Nanoparticles, Natural Antioxidants, Nano- toxicology.

Introduction

Nanomaterial's are recently used in many applications, widespread due to their good physical and chemical properties. But, the potential deleterious effect of many nanoparticles exposure on the human body and health has become a very matter of concern (Sha et al., 2015). Food is an important route of human exposure to TiO₂NPs. At least 36% of the TiO₂ particles present in food are in nano-sized form. Candies, sweets, chewing gum and many other food products contain higher amounts of this TiO₂NPs with diameters less than 100 nm (Weir et al., 2012; Orazizadeh et al., 2014 and Shakeel et al., 2015). Absorption in gastrointestinal may be an important way for TiO₂NPs in the human body. Many earlier studies reported that nanoparticles of TiO₂ are more toxic

than titanium dioxide (TiO₂) (Oberdörster, 2001; Fabian et al., 2008 and Zhao et al., 2009). In addition, The International Agency for Research on Cancer (IARC) has classified TiO₂ as possibly carcinogenic to humans (class 2B) (Baan et al., 2006). TiO₂NPs can easily enter the body and then cause toxic effect and pass through blood-heart and testicular barriers (Meena and Paulraj, 2012). Free radical formation as the main mechanism for toxicity. These free radicals subsequently lead to oxidative stress, cytotoxicity, damage in DNA, and causes tumor (Manke et al., 2013 and Khanna et al., 2015). Many last studies, investigated the toxic effects of TiO₂NPs on plants, animal and some strains of bacteria (Karlsson et al., 2008 and Atha et al., 2012). Vitamins A, C, E and carotenoids are the main natural antioxidants which derived from

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the natural sources by dietary intake (Heistad, 2006). Vitamin C and vitamin E were used as antioxidants agents in many food supplements and classified as natural and essential elements in most biological systems. Vitamin C is easily available, inexpensive and non-toxic antioxidant, have a great role in reduction of toxic by most xenobiotics (Uchendu *et al.*, 2012). Vitamin E is well known for its high health benefits, including antioxidant, anti-inflammatory and neuroprotective properties (Nesaretnam, 2008). Vitamin E has exhibit protective effects *in vivo* and *in vitro* against different pesticides (Zingg, 2015 and Sargazi *et al.*, 2016). The objective of this study was to investigate the effect of vitamin C and E as an antioxidant agent on rats treated with titanium dioxide nanoparticles.

Materials and Methods

Materials

Reduced glutathione; 5,5-dithiobis(2-nitrobenzoic acid) (DTNB); Sulfosalicylic acid (SSA); and Thiobarbituric acid (TBA) were obtained from Sigma- Aldrich. Co, Saint Louis, USA. Urea and Creatinine kits were obtained from Biosystems, Spain; Bilirubin kit was obtained from Diamond, Germany; AST, ALT kits were obtained from Quimica Clinica Aplicada, Spain; and ALP, ACP kits were obtained from Biodiagnostic, Egypt.

Preparation of titanium dioxide nanoparticles using microwave assisted technology

12 mL (0.4 mol) of titanium tetraisopropoxide (TTIP) was added drop wise to 40 mL NaOH solution with concentration of 5 M. After complete addition, the solution mixture was added inside a domestic microwave oven until complete dryness of yielded white powder. The microwave power was adjusted at 8 W to maintain the reaction mixture at 80 °C. The yielded white powder was washed with acidified distilled water (0.01M) to remove the remaining Na⁺ ions. The solution was centrifuged at 2500 rpm and dried in an oven at 60 °C (Bregadiolli *et al.*, 2017). The obtained particles were characterization using X-Ray diffractometer (Shimadzu 7000, USA) and electron microscopy (JEOL JEM-1230, Japan).

Experimental design

Experimental design: The design of the experiment was approved by the local committee in Alexandria University, Egypt, according to the protocol conforms to the guidelines of the National Institutes of Health (NIH). Forty-nine male albino rats (10 week old and 127±3.87g weight) obtained

from the Institute of Graduate Studies and Research (IGSR), Alexandria University, were dwelled plastic cages (4 /cage) with saw dust bedding and maintained in an air-conditioned animal house at a controlled temperature 22 ± 2°C and relative humidity (60±10%) with a photoperiod of 12 hr light/12 hr dark (Childs *et al.*, 2002) and feed on basic diet skim milk powder (37.5%) corn starch (30 %), corn oil (9 %), sucrose (13.5 %), cellulose (5 %), vitamins (1 %) and minerals (4%) based on the method of Walter (1981) and tap water was provided *ad libitum* (Childs *et al.*, 2002). After two weeks of acclimatization, the animals were distributed into seven equal groups, 7 animals in each group.

Group 1: control (orally treated with 1% Tween 80 by gastric tube (0.5 ml daily /rat) according to Hassanein and El-Amir, (2017), Group 2: was daily oral intake of Ascorbic acid (V.C)100 mg/Kg BW in distilled water (El-Shafei and Saleh, 2016; Apaydin *et al.*, 2017; Zhang *et al.*, 2018). Groups 3 was daily orally treated with α -tocopherol (V.E)100 mg/Kg BW in corn oil (Apaydin *et al.*, 2017), Groups 4: was daily orally TiO₂ nanoparticles (TiO₂NP) (150 mg/kg BW) in 1% Tween 80 (Wang *et al.*, 2007a; Hassanein and El-Amir, 2017). Groups 5: daily orally TiO₂NP and V.C (150 mg TiO₂-100 mg V.C/ kg BW). Groups 6: daily orally TiO₂-NPs and V.E (150 mg) TiO₂NPs + 100 mg V.E/ kg BW), and Groups 7: daily orally TiO₂NPs, V.C and V.E (150 mg TiO₂NPs 100 mg V.E + 100 mg V.E/ kg BW). Animals were daily treated with the tested TiO₂NPs , V.C and V.E for 30 day.

Feed and water intake

Feed and water intake were recorded throughout the experimental period, and mean daily feed and water intake were determined.

Body weight

At first and end of the experimental period, body weight of tested rats was recorded.

Hematological parameters

At the end of the experimental period (after 30 days) rats were anesthetized with ether and sacrificed and the blood samples were collected in two tubes: one containing EDTA (anti-coagulant) and the other containing Heparin (anti-coagulant). Non coagulated blood by EDTA was tested shortly after collection by Particle counter (from ERMA INC.-Tokyo. Model PCE-210) for measuring total erythrocyte count (TEC) red blood cells (RBC), hemoglobin (Hb), hematocrit (Ht), platelets

count (PLT), red cell distribution width (RDW), mean cell volume (MCV), mean corpuscular hemoglobin concentration (MCHC) and mean corpuscular hemoglobin (MCH). Total leukocyte counts (TLC) white blood cell count (WBC), lymphocytes, segmented neutrophils, monocytes and eosinophils.

Blood biochemical parameters and enzyme activities

The other part of heparinized blood samples were placed immediately on ice. Plasma was obtained by centrifugation of samples at 4000 rpm for 20 min, and was stored at -80°C until used for analyses.

Kidney functions

Kidney functions were evaluated by measuring the level of Urea, according to Chaney and Marbach (1962); Searcy et al., (1967); and Tabacco et al. (1979), Total Bilirubin concentration according to Kaplan et al. (1984) and Burtis et al. (1999), and Creatinine based on the method of Bartels & Böhmer (1971); and Fabiny & Ertingshausen (1971), in plasma.

Liver functions

Liver functions were determined by measuring the activities of liver enzymes such as Alanine Tansaminase (ALT) and Aspartate Ttransaminase (AST) according the method of Reitman and Frankel (1957), Acid Phosphatase (AcP) according to Kind and King (1954) and Alkaline Phosphatase (ALP) according to the method of Belfield and Goldberg (1971), in plasma.

Antioxidant activity

Plasma free radical was measured by thiobarbituric acid-reactive substances (TBARS) assay based on the method of Tappel and Zalkin (1959). Superoxide dismutase (SOD) and Glutathione S-transferase (GST) activities in plasma were determined according to the method of Misra & Fridovich (1972) and Habig et al. (1974), respectively. Meanwhile, the concentration of Glutathione reduced (GSH) was determined according to the method of Jollow et al. (1974).

Statistical analysis

The data were analyzed by a general linear model procedure of the Fisher's protected least-significant difference (PLSD) test using SAS, 2004. The differences among the means of all treatments at the significance level of $P \leq 0.05$. Correlations were calculated using Pearson's correlation coefficient.

Results and Discussion

Characterization of nano-TiO₂

Titanium dioxide particles with diameter larger than 100 nm are considered biologically inert in both humans and animals (Gurr et al., 2005). However, adverse effects of TiO₂NPs have been uncovered (Li et al., 2010).

X-Ray diffraction (XRD) of TiO₂NPs powder

The X-Ray diffraction (XRD) pattern of TiO₂NPs powder was shown in Fig. 1. It was found that all of the peaks acquired in the XRD pattern of TiO₂NPs powder agreed totally with the standard rutile structure and the XRD pattern of TiO₂NPs of other previous studies. When the particle size of TiO₂ is less than 100 nm, ratable broadening in X-Ray diffraction lines will occur.

Scanning electron microscopy (SEM) of TiO₂NPs

Scanning Electron Microscopy (SEM) is a very helpful tool to explore morphology of nanoparticles powders. SEM images of the nanoparticles prepared via wet chemical route. It is unclouded that the nanoparticles apparent by SEM image consist of a number of crystallites with rutile structure. SEM images of the TiO₂NPs (Fig. 2) show that they are approximately in globular form and sizes are various (<100 nm).

Changes in body weight and feed intake

The effect of oral intake of V.E and V.C on initial and final body weight, body weight gain, feed intake and water intake of rats treated with TiO₂NPs were presented in Table 1. No significant differences ($P \geq 0.05$) were found in initial, final body weight and body weight gain between all treatments. Also, no significant differences ($P \geq 0.05$) were found among all groups in feed intake or water intake during the experimental period. These results showed that, there were no negative effects of TiO₂NPs on body weight or feed intake of rats. These results agree with Warheit and Donner (2015) who found that after rat's administration TiO₂, no opposite effects were observed on body weight or nutritional parameters. Also, there were no deaths associated with TiO₂ and no clinical or neurological observations were associated with exposure to TiO₂.

Hematological analysis

Data presented in Table 2 (A and B) showed the effect of V.E and V.C on hematological parameters of rats treated with TiO₂NPs. No significant ($P \geq 0.05$) changes were found in RBC, Hb% and PLT among all treated groups when compared with control. The treatment with

TiO₂NPs had no effect on Ht % compared with the control. Meanwhile, the treatment with V.E, V.C, V.C-TiO₂NPs and V.E-TiO₂NPs caused a significant increase ($P \leq 0.05$) in Ht % (Table 2A). On the other side, the treatment with TiO₂NPs significantly ($P \leq 0.05$) increased the WBC count than all other groups. The oral intake of V.C and V.E decreased with the increase in WBC of TiO₂NPs treated rats and the best effect was found after treatment with V.C and V.E together. Also, the treatment with TiO₂NPs alone caused a significant increase ($P \leq 0.05$) in Lymphocytes (%), Neutrophils (%), Monocytes (%) and Eosinophils (%) compared with the control and other treated groups. Moreover, the oral intake of V.C, V.E or V.C+V.E lowering the effect of TiO₂NPs. The oral intake V.C caused significant ($P \leq 0.05$) decrease in WBC count, Lymphocytes (%),

Neutrophils (%), Monocytes (%) and Eosinophils (%) compared to control group. Also, treatment with V.E alone significantly decreased the WBC count, Neutrophils (%) and Monocytes (%) comparing with the control. The obtained results agree with those of Hassanein and El-Amir (2017) who reported that the TiO₂NPs induce toxicity, and significantly increase the total leukocyte count. Meanwhile, Duan *et al.* (2010) found that with higher TiO₂NPs doses for mice, the WBC count, PLT, MPV, MCV were significantly ($p < 0.05$) increased, while, RBC count, Hb % and Ht % were significantly ($p < 0.05$) decreased. We suggested that the decrease in RBC, Ht % and Hb % might be due to the suppression of erythropoiesis and hemosynthesis and to an increase in the rate of erythrocyte demolition in all hemopoietic organs.

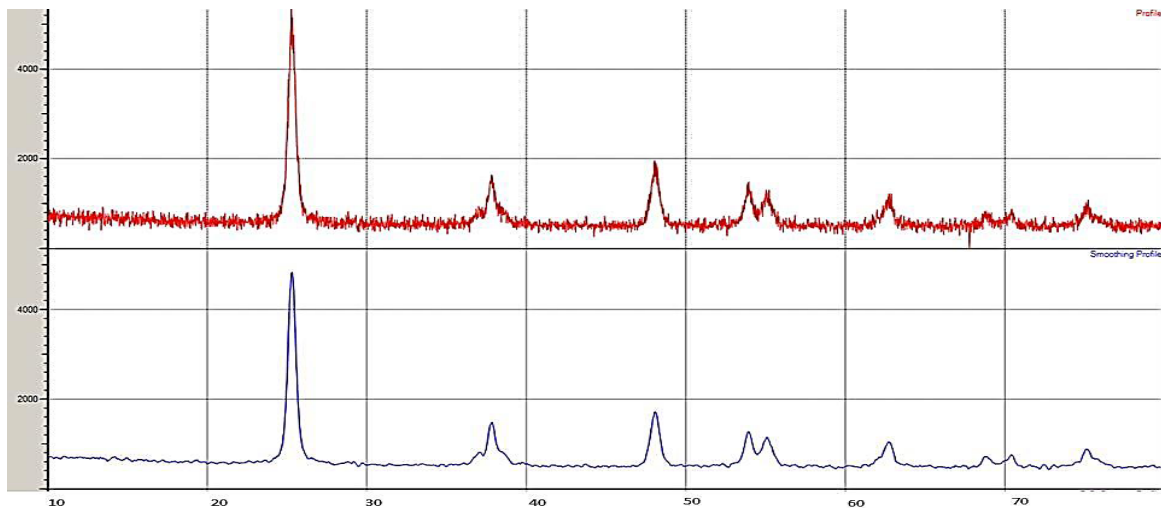


Fig.1. X-Ray spectrum of TiO₂NPs.

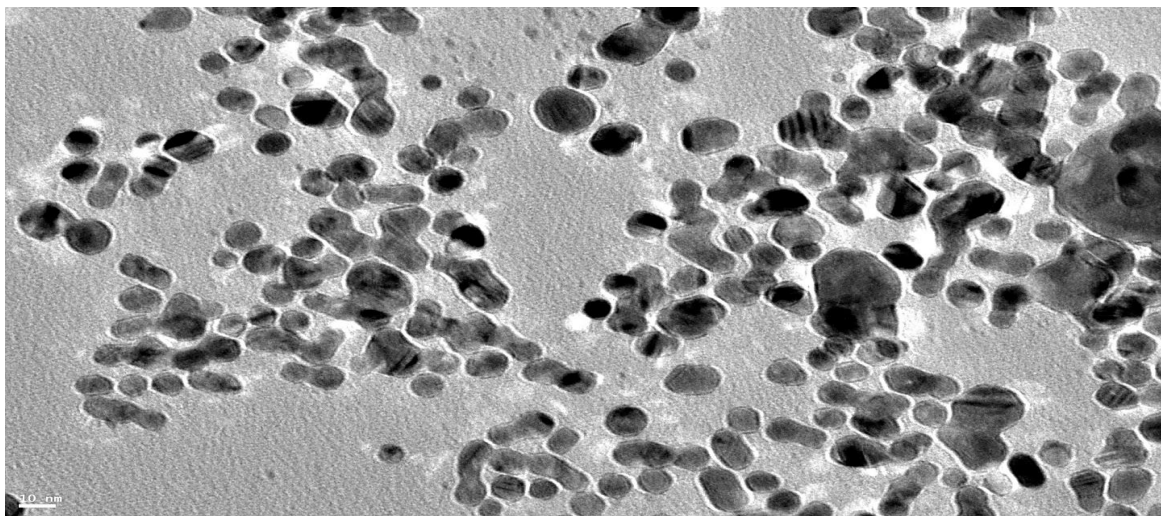


Fig. 2. Electron microscope image of TiO₂NPs.

TABLE 1. Effect of V.C and V.E on initial and final body weight, body weight gain, feed intake and water intake of rats treated with TiO₂ NPs.

Parameters	Experimental groups						
	Control	V.C	V.E	TiO ₂ NPs	TiO ₂ NPs+ V.C	TiO ₂ NPs + V.E	TiO ₂ NPs+ V.C+ V.E
Initial body weight (g)	148±5.8 ^a	153±6.0 ^a (3)*	156±8.0 ^a (5)	160±4.5 ^a (8)*	153±8.9 ^a (3)*	154±6.5 ^a (4)*	156±4.3 ^a (5)*
Final body weight (g)	169±4.9 ^a	175±3.5 ^a (4)*	1795.4± ^a (6)*	1835.6± ^a (9)*	1754.9± ^a (4)*	177±6.2 ^a (5)*	1793.3± ^a (6)*
Body weight gain (g/day)	0.701±.217 ^a	0.733±0.0279 ^a (5)*	0.764±.371 ^a (9)*	0.766±.282 ^a (9)*	0.740±.194 ^a (6)*	0.766±0.0293 ^a (9)*	0.766±.54 ^a (9)*
Feed intake (g/day/kg BW)	158±6.5 ^a	1672.9± ^a (5)*	164±2.5 ^a (4)*	164±2.5 ^a (3)*	162±8.5 ^a (2)*	165±9.8 ^a (4)*	167±10.9 ^a (6)*
Water intake (ml/day/kg BW)	75.3±3.31 ^a	76.9±4.33 ^a (2)*	78.2±3.31 ^a (4)*	76.3±3.10 ^a (1)*	77.1±2.67 ^a (2)*	76.6±2.60 ^a (2)*	77.3±3.64 ^a (3)*

Values are expressed as means ± SE; n = 5 for each treatment group.

Mean values within a row not sharing a common superscript letters (a) were significantly different, P≤0.05

TABLE (2A) . Effect of V.C and V.E on hematological parameters of rats treated with TiO₂ NPs

Parameters	Experimental groups						
	Control	V.C	V.E	TiO ₂ NPs	TiO ₂ NPs+ V.C	TiO ₂ NPs+ V.E	TiO ₂ NPs+ V.C+ V.E
RBC (x 10 ⁶ /μl)	6.20±.349 ^a	6.71±.104 ^a (8)*	6.46±.376 ^a (4)*	6.28±0.224 ^a (1)*	6.50±0.170 ^a (5)*	6.37±.343 ^a (3)*	6.48±0.277 ^a (5)*
Hb (g/dl)	10.90.35± ^a	11.90.49± ^a (9)*	11.30.75± ^a (4)*	11.10.43± ^a (2)*	11.90.52± ^a (9)*	11.10.58± ^a (2)*	11.10.64± ^a (2)*
Ht (%)	30.80.85± ^b	35.30.88± ^a (15)*	33.60.53± ^a (9)*	31.10.51± ^b (1)*	33.70.42± ^a (9)*	33.30.56± ^a (8)*	33.30.77± ^a (8)*
PLT (x 10 ³ /μl)	3177.8± ^a	3163.4± ^a (0)*	3187.0± ^a (0)*	3265.2± ^a (3)*	3197.5± ^a (1)*	3248.8± ^a (2)*	3203.5± ^a (1)*
RDW (%)	16.00.17± ^b	17.00.38± ^a (7)*	16.80.12± ^{ab} (5)*	16.50.48± ^{ab} (3)*	16.40.19± ^{ab} (3)*	16.30.20± ^{ab} (2)*	16.50.36± ^{ab} (3)*
MCV (fl)	57.80.39± ^c	63.20.72± ^a (9)*	62.10.68± ^a (3)*	59.80.78± ^b (3)*	60.20.30± ^b (4)*	59.50.31± ^{bc} (3)*	59.40.65± ^{bc} (3)*
MCH (pg)	18.90.31± ^b	20.50.59± ^a (8)*	20.30.69± ^{ab} (7)*	19.70.53± ^{ab} (4)*	19.80.26± ^{ab} (5)*	19.90.34± ^{ab} (5)*	20.10.41± ^{ab} (6)*
MCHC (%)	32.8±0.35 ^b	34.50.35± ^a (5)*	33.50.35± ^{bc} (2)*	33.70.44± ^{bc} (1)*	33.70.44± ^{bc} (3)*	33.60.38± ^{bc} (2)*	33.50.35± ^{bc} (2)*

Values are expressed as means ± SE; n = 5 for each treatment group.

Mean values within a row not sharing a common superscript letters (a, b, c) were significantly different. P≤0.05.

RBC = red blood cells; Hb = hemoglobin; Ht = hematocrit; PLT = platelets count; RDW = redcell distribution width; MCV = mean cell volume; MCH = mean corpuscular hemoglobin and MCHC = mean corpuscular hemoglobin concentration. *percentage of control group.

TABLE (2B). Effect of V.C and V.E on white blood cell count (WBC) and differential counts of rats treated with TiO₂ NPs .

Parameters	Experimental groups						
	Control	V.C	V.E	TiO ₂ NPs	TiO ₂ NPs+ V.C	TiO ₂ NPs + V.E	TiO ₂ NPs+ V.C+ V.E
WBC (x10 ³ /μl)	8.800.378 ^{±cd}	8.340.397 ^{±d} (-5)*	8.240.402 ^{±d} (-6)	11.600.365 ^{±a} (32)*	10.500.378 ^{±b} (19)*	10.020.384 ^{±b} (14)*	9.760.238 ^{±bc} (11)*
Lymphocytes (%)	43.01.58 ^{±ab}	40.01.14 ^{±b} (-7)*	41.62.02 ^{±ab} (-3)*	46.42.02 ^{±a} (8)*	45.21.36 ^{±ab} (5)*	44.81.93 ^{±ab} (4)*	44.01.79 ^{±ab} (2)*
Neutrophils (%)	46.00.17 ^{±b}	43.30.06 ^{±c} (-6)*	44.40.85 ^{±c} (-4)*	48.00.69 ^{±a} (4)*	47.10.49 ^{±bc} (2)*	47.10.62 ^{±bc} (2)*	46.80.44 ^{±bc} (2)*
Monocytes (%)	1.520.136 ^{±ab}	1.400.071 ^{±b} (-8)*	1.400.141 ^{±b} (-8)*	1.840.108 ^{±a} (21)*	1.720.136 ^{±ab} (13)*	1.680.156 ^{±ab} (11)*	1.600.141 ^{±ab} (5)*
Eosinophils (%)	1.400.152 ^{±ab}	1.200.158 ^{±b} (-14)*	1.320.128 ^{±ab} (-6)*	1.740.093 ^{±a} (24)*	1.600.152 ^{±ab} (14)*	1.500.158 ^{±ab} (7)*	1.460.129 ^{±ab} (4)*

Values are expressed as means ± SE; n = 5 for each treatment group.

Mean values within a row not sharing a common superscript letters (a, b, c, d) were significantly different, P≤0.05.
*percentage of control group.

Effect of TiO₂ NPs, V.C and V.E on kidney functions of rats

Exposure of TiO₂ NPs from various ways results in their aggregation in the several organs tissues such as kidney, liver, spleen, and brain with possibility toxicological effects (Elgrabli et al., 2015). The effect of V.C and V.E on kidney functions of rats treated with TiO₂ NPs is present in Table 3. The results showed that TiO₂ NPs significantly (P≤0.05) increased the level of urea, bilirubin and creatinine, while the oral intake of V.C and V.E or V.C+V.E reduced this increased. These results agreed with Liu et al. (2009) who found that vitamin C and E exhibit a significant decreased in bilirubin value in compare with control, while the oral intake of V.C showed the lower value of creatinine than all other treatments. As kidney is a periodic target for toxic effects of xenobiotics, the kidney is found to be one of the main goal of TiO₂ NPs precipitations, even in minimum exposure level of TiO₂ NPs. Moreover, the subchronic toxicity of TiO₂ NPs drove to chronic nephritis with several pathological lesions such as renal cell necrosis, proximal cell death, and renal fibrosis (Pujalté et al., 2011; Gui et al., 2011 and Hong et al., 2016). Newly, it was confirmed the main molecular mechanisms responsible for the renal toxicity from TiO₂ NPs (Masoud et al., 2015). The reactive oxygen species (ROS) generated by TiO₂ NPs may play a vital role in the mechanism of TiO₂ NPs-induced toxicity (Masoud et al., 2015). Many earlier studies have revealed that antioxidant agents can reduce the toxicity of different metallic nanoparticles (Ibrahim et al., 2015, Escárcega-González et al., 2016 and Khalaf et al., 2016).

Effect of TiO₂ NPs, V.C and V.E on liver functions of rats

The *in vivo* studies suggested that the nanoparticles can accumulate in several organs tissues such as the liver and kidneys tissues and can generate various inflammatory responses (Cemek et al., 2010). The effect of administration V.C and V.E on liver functions of TiO₂ NPs-treated rats were presented in Table 4. The ALT and AST values were significantly (P≤ 0.05) increased in rats treated with TiO₂ NPs alone, while, ALP and ACP values were significantly (P≤ 0.05) decreased compared with the control group. On the other hand, oral intake of each V.C and V.E alone or together reduced the change in liver enzymes after

treated with TiO₂NPs. No significant ($P \geq 0.05$) changes were found in healthy rats treated with V.C or V.E when comparing with control. The results of treatment with vitamin C and vitamin E alone or together did not differ significantly with most liver enzymes in TiO₂NPs -treated rats. From these results it can be concluded that the treatments with V.C and V.E protected the liver enzymes in TiO₂NPs -treated rats. This results in agree with (Jafari et al., 2018) who found a significant increase in the serum level of ALT, AST and ALP after oral intake of TiO₂NPs (100 mg/kg). Also, Wang et al. (2007b, c) found that the values of serum ALT, AST, LDH and BUN in mice treated with one dose (25, 80, and 155 nm, 5 g/kg) of TiO₂ particles were increased and pathological analysis revealed damage and injury of liver and kidney in mice. No significant changes were found in the lung, heart, ovary, or spleen. Earlier study found that the mice intraperitoneally receiving TiO₂NPs (5 nm with doses 5, 10, 50, 100, and 150 mg/kg/day) for 14 days, had inflammatory effects, harm to the kidneys, liver, and myocardium happened, and deranged in homeostasis of blood lipid and sugar (Ma et al., 2009) but when used TiO₂NPs (size 80 and 110 nm), in dose from 0 – 2592 mg/kg, occurred severe toxicity including negative conduct, loss of appetite, tremor, and lethargy (Chen et al., 2009). Wang et al. (2007a) reported that TiO₂ particles induced different pathological lesions in the kidneys and liver of female mice. Also, Jafari et al. (2018) reported that the oral administration of TiO₂NPs (100 mg/kg) for 60 consecutive days caused damage in animals liver. Our results suggested that the oral administration of vitamin C and E reduced the harmful effect of TiO₂NPs and may protect the liver and kidney tissues.

Antioxidant activity

Oxidative stress has been proposed as one of the main mechanisms participatory in genotoxicity due to TiO₂NPs (Kohen and Nyska, 2002). TiO₂NPs can elevate the obstetrics and accumulation of ROS, resulted indirect oxidative damage of DNA in cells and cause apoptosis in mammalian cells (Rahman et al., 2002). Treatment with TiO₂NPs alone significantly increased of TBARS and decreased the activity of antioxidant enzymes (SOD and GST) and the concentration of GHS in rats plasma. Meanwhile, the oral intake of V.C, V.E showed

decreased the increase of TBARS and protected the activity of antioxidant enzymes in plasma of TiO₂NPs- treated rats. Vitamin C group showed the higher decrease in TBARS values compared with control and all other treated groups. Also, the treatment with V.C alone showed the higher activity of SOD and GST, and the higher GSH content compared with all other treatments. The oral intake of V.C and V.E together showed the best antioxidant agent in TiO₂NPs- treated rats compared with other TiO₂NPs- treated groups. These results agree with Morgan et al. (2018). They reported the TiO₂NPs caused a decrease in antioxidant enzymatic defense. The reduction in GSH level in TiO₂NPs- treated groups agree with that reported by Federici et al. (2007) and Rajapakse et al. (2012), They suggested that the oxidative stress after TiO₂ exposure can result in decreases in levels of hepatic malondialdehyde and an increase in reduced glutathione levels. The catalytic possessions of TiO₂NPs as one of the transition metal oxides are well documented to generate reactive oxygen species ROS (Jeon et al., 2013).

Conclusion

TiO₂NPs are being used on a wide-ranging in food products and food colorants, nutritional supplements, water and beverages. According to many last studies the increased exposure to TiO₂ nanoparticles could cause inflammatory reaction, oxidative damage in DNA and serious damage to the liver, kidneys, lungs and myocardium. This study investigated the effect of natural antioxidants such as Vitamin C and E on TiO₂NPs-treated rats. The treatment with TiO₂NPs caused significant ($P \leq 0.05$) increased in kidney functions (urea, bilirubin and creatinine levels) and liver functions (ALT and AST) while the oral intake of V.C and V.E or V.C+V.E reduced this increase. Also, the treatment with TiO₂NPs increased the level of free radicals and decreased the activity of antioxidant enzymes. Meanwhile, V.C and V.E decreased the increased in free radicals (TBARS level) and protected the activity of some antioxidant enzymes (SOD and GST) in TiO₂NPs- treated rats. This study recommends banning the use of TiO₂NPs in food products because of its adverse effects on human health, and encourages the consumption of foods rich in vitamin C and E.

TABLE 3. Effect of V.C and V.E on kidney function of rats treated with TiO₂ NPs .

Parameters	Experimental groups					
	Control	V.C	V.E	TiO ₂ NPs	TiO ₂ NPs	TiO ₂ NPs+ V.C+ V.E
Urea (mg/ dl)	19.1±1.63 ^b	18.5±1.05 ^b	18.7±1.23 ^b	23.1±1.16 ^a	21.5±0.74 ^{ab}	21.2±0.77 ^{ab}
Bilirubin (mg/ dl)	2.400.110± ^{ab}	2.240.166± ^b	2.260.196± ^b	2.810.225± ^a	2.700.177± ^{ab}	2.630.100± ^{ab}
Creatinine (mg/dl)	1.530.101± ^{bc}	1.400.098± ^c	1.480.100± ^{bc}	1.910.119± ^a	1.740.054± ^{ab}	1.700.104± ^{ab}

Values are expressed as means ± SE; n = 5 for each treatment group.

Mean values within a row not sharing a common superscript letters (a, b, c) were significantly different, p≤0.05. *percentage of control group.

TABLE4. Effect of V.C and V.E on liver function of rats treated with TiO₂ NPs.

Parameters	Experimental groups					
	Control	V.C	V.E	TiO ₂ NPs	TiO ₂ NPs+ V.C	TiO ₂ NPs+ V.E
AST (U/ml)	41.31.04± ^c	40.61.48± ^c	41.01.67± ^c	50.81.53± ^a	47.41.29± ^{ab}	44.61.63± ^{bc}
ALT (U/ml)	37.01.11± ^c	36.11.98± ^c	36.61.17± ^c	47.91.58± ^a	43.51.19± ^b	41.51.50± ^b
AIP (IU/L)	29.61.59± ^a	29.51.13± ^a	29.61.53± ^a	24.81.15± ^b	26.21.57± ^{ab}	27.31.15± ^{ab}
AcP (U/ L)	25.5±1.20 ^a	25.3±1.15 ^a	25.3±1.14 ^a	21.2±1.33 ^b	22.6±1.16 ^{ab}	23.1±1.36 ^{ab}

Values are expressed as means ± SE; n = 5 for each treatment group.

Mean values within a row not sharing a common superscript letters (a, b, c) were significantly different, p≤0.05.

AST = aspartate transaminase; ALT = alanine transaminase; AIP = alkaline phosphatase and AcP = acid phosphatase. *percentage of control group.

TABLE 5 . Effect of V.C and V.E on TBARS and antioxidant enzymes of rats treated with TiO2 NPs .

Parameters	Experimental groups						
	Control	V.C	V.E	TiO ₂ NPs	TiO ₂ NPs+V.C	TiO ₂ NPs+V.E	TiO ₂ NPs+ V.C+ V.E
TBARS (nmol/ml)	1.60±0.181bc	1.38±0.124c (-14)*	1.51±0.177bc (-6)*	2.31±.175a (44)*	1.98±0.191ab (23)*	1.82±0.181abc (14)*	1.70±0.251bc (6)*
SOD (U/ml)	2.010.089±abc	2.190.134±a (9)*	2.150.142±ab (7)*	1.320.177±d (-34)*	1.690.076±c (-16)*	1.790.078±bc (-11)*	1.860.095±abc (-7)*
GSH (µmol /ml)	6.690.373±bc	7.680.271±a (15)*	7.500.391±ab (12)*	5.170.3316±d (-23)*	5.960.323±cd (-11)*	6.080.323±cd (-9)*	6.260.186±c (-6)*
GST (µmol/min)	0.7330.0788±abc	0.8260.0500±a (13)*	0.8060.0490±ab (10)*	0.5590.0452±d (-24)*	0.6320.0337±cd (-14)*	0.6690.0405±bcd (-9)*	0.6940.0145±abcd (-5)*

Values are expressed as means ± SE; n = 5 for each treatment group.

Mean values within a row not sharing a common superscript letters (a, b, c, d) were significantly different, P≤0.05.

TBARS = thiobarbituric acid reacting substance; SOD = superoxide dismutase; GSH = reduced glutathione and GST = glutathion-S transferase. *percentage of control group.

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تأثير بعض مضادات الأكسدة علي فئران التجارب المعاملة بجزيئات ثاني أكسيد التيتانيوم النانوية

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يتم استخدام الجزيئات النانوية لثاني أكسيد التيتانيوم (TiO_2NPs) كمادة مبيضة لبعض الأغذية . و كذلك في إنتاج المكملات الغذائية والعديد من المنتجات الأخرى وذلك على نطاق صناعي واسع. هذا، وقد ذكرت العديد من الدراسات أن الجزيئات النانوية لثاني أكسيد التيتانيوم (TiO_2NPs) هي أكثر سمية من الجزيئات العادية لهذا المركب. علاوة على أنها ربما تكون مسرطنة للبشر. لذلك كان الهدف من هذه الدراسة هو بحث تأثير فيتامين ج (V.C) وفيتامين هـ (V.E) على الأصول الحرة وكذلك نشاط الإنزيمات المضادة للأكسدة في الفئران التي تم معاملةها بـ TiO_2NPs . وقد أظهرت النتائج التي تم الحصول عليها أنه لم يتم العثور على اختلافات كبيرة في العدد الكلي لخلايا الدم الحمراء (RBC) ، الهيموجلوبين (Hb) ، الهيماتوكريت (Ht) وكذلك في عدد الصفائح الدموية (PLT) في الفئران بعد معاملةها بالجزيئات النانوية لثاني أكسيد التيتانيوم (TiO_2NPs) أو مضادات الأكسدة الطبيعية (فيتامين ج وفيتامين هـ). من ناحية أخرى فقد تسببت المعاملة بـ TiO_2NPs وحدها إلى زيادة ملحوظة في وظائف الكلى والكبد . في حين أن تناول فيتامين ج أو فيتامين هـ أو كلاهما أدى لخفض هذه الزيادة . كما أن تناول هذه الفيتامينات قد حافظ على المعدلات الطبيعية لهذه الوظائف في الحيوانات غير المعاملة بـ TiO_2NPs . أيضاً، وجد أن المعاملة بـ TiO_2NPs وحدها قد أدى لزيادة معدلات تكون الأصول الحرة في بلازما الفئران . كما أحدث إنخفاضاً معنوياً في نشاط بعض الإنزيمات المضادة للأكسدة مثل Superoxide dismutase (SOD) و Glutathione-S-transferase (GST) وكذلك أحدث إنخفاضاً في تركيز الجلوتاثيون (GSH) في البلازما. وفي الوقت نفسه ، فإن المعاملة بفيتامين ج أو فيتامين هـ أو كلاهما قد أحدثت إنخفاضاً في معدلات تكون الأصول الحرة في الفئران المعاملة بـ TiO_2NPs ومع تحسينه لنشاط الإنزيمات المضادة للأكسدة.