



## **Guided Bone Regeneration Around Titanium Implants With Various Hydroxyapatite Particles In Surgically Created Defect. An Experimental Study**

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### **ABSTRACT**

**Objective:** This study was designed to evaluate the effect of various types of Hydroxyapatite, Nano- hydroxyapatite, Micro-hydroxyapatite and mixed hydroxyapatite particles as a bone substitute in the treatment of experimental induced surgical defects around dental implants. **Materials and methods:** Eight healthy adult male experimental dogs were subjected to surgical removal of the third mandibular premolar (P3) bilaterally then received immediate implants in the fresh sockets where surgical defects were created distal to each implants and filled randomly with Nano-Hydroxyapatite, Micro-Hydroxyapatite and Mixed Hydroxyapatite particles. The defects were randomly divided into four groups according to the received type of Hydroxyapatite particles as follows: **Group I (GI):** eight surgically created defects without any adding bone grafts. **Groups II (GII):** eight surgically created defects which treated with Hydroxyapatite of Nano-sized particles. **Group III (GIII):** eight surgically created defects which treated with Hydroxyapatite of Micro-sized particles. **Group IV (GIV):** eight surgically created defects which treated with mixture of Nano-sized and Micro-sized Hydroxyapatite particles. **Result:** Histomorphometric analysis using H&E stains revealed that, the greatest mean value of area percent was recorded in Group II (Nano hydroxyapatite bone graft) ( $31.39 \pm 1.6$ ), whereas the lowest mean value was recorded in group I (No bone graft was added) ( $3.78 \pm 0.62$ ). ANOVA test revealed a significant difference between all groups at 2 months ( $P < 0.0001$ ). Masson Trichrome stain showed that The greatest value of mean area percent of collagen fibers was recorded in Group IV (Mixture of Nano hydroxyapatite and Micro hydroxyapatite bone graft) ( $23.5 \pm 6.08$ ), while the lowest value of mean area percent of collagen fibers was recorded in group I (in which there was no bone graft added) was ( $10.965 \pm 3.348$ ). ANOVA test, revealed statistically significant difference in mean value of area percent of collagen fibers upon compar-

### **KEYWORDS**

*Implants, Osseointegration, Hydroxyapatite, surgically created defects*

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ing all groups at 2 months ( $P < 0.0001$ ). However Orcein stain in Group I (in which there was no bone graft added) recorded the highest value of mean area percent of elastic fibers ( $10.515 \pm 1.428$ ) and Group II (Nano hydroxyapatite) which recorded the minimum value of mean area percent ( $3.922 \pm 1.293$ ). ANOVA test, revealed that the difference between all groups was statistically significant regarding mean value of area percent of elastic fibers at 2 months. **Conclusion:** Various types of hydroxyapatite used, promoted comparable newly formed tissues over the entire extension of the surgically created defects, independently of their granular size, thus confirming their biological osteoconductive property.

## INTRODUCTION

The ultimate goal of modern dentistry is to restore the stomatognathic system to normal function, comfort, esthetics, speech and health regardless of the atrophy, disease or injury. However, the more the number of teeth is missing in a patient, the more difficult this goal becomes with traditional dentistry. As a result of continued research in dental implant designs, materials and techniques, predictable success is now a reality for the rehabilitation of many challenging clinical situations<sup>(1,2)</sup>.

Dental implants are inert, alloplastic materials made from titanium embedded in the maxilla and/or mandible for the management of tooth loss and to aid in replacement of lost orofacial structures as a result of trauma, neoplasia and congenital defects. The most common type of dental implant is endosseous comprising a discrete, single implant unit (screw- or cylinder-shaped are the most typical forms) placed within a drilled space within dentoalveolar or basal bone. The implants have become an important therapeutic modality in the last decade, mainly after the studies, in which the direct contact between the bone functional tissues and the biomaterial titanium was termed osseointegration<sup>(3,4)</sup>.

Placement of bone grafts or other biomaterials in surgical defects adjacent to oral implants should promote osseointegration and improve adjacent soft tissue esthetics. Autologous bone has a long history of use and is considered the gold standard for graft materials<sup>(5)</sup>.

Several treatment modalities have been recommended for the management of surgically created defects. Although the clinical outcomes of nonsurgical therapy have been reported, there is no reliable evidence suggesting its effectiveness in treating deep surgically created defects. Therefore, surgical intervention may provide better access and may allow further therapies to change the peri-implant tissue morphology, to establish the site during the healing phase, or to promote the regeneration of bone<sup>(6)</sup>.

Regenerative treatment modalities have been extensively investigated using bone grafts for regeneration in surgically created defects around dental implants<sup>(7,8)</sup>. Therefore, synthetic biomaterials are being developed<sup>(9)</sup>. Of the synthetic biomaterials, amorphous calcium phosphate and Micro Macroporous biphasic calcium phosphate show promise as bone substitutes in bone regeneration<sup>(10,11)</sup>.

Hydroxyapatites (HAs) represent a family of bone grafting materials with a high degree of biocompatibility, which is largely attributable to its presence in natural calcified tissue. HA,  $\text{Ca}_1(\text{PO}_4)_6(\text{OH})_2$ , is a calcium phosphate-based bioceramic material that makes up the majority of the inorganic components of human bones and teeth. The HA bone-grafting materials exhibited decreased osteoconductivity and poor degradation characteristics<sup>(12)</sup>.

The healing after treatments with these graft materials evidenced a long junctional epithelium with only a limited regenerative potential<sup>(13,14)</sup>. In pursuit of improving these shortcomings, a novel fully synthetic nanocrystalline hydroxyapatite (NHA) has been introduced for augmentation procedures in osseous defects<sup>(15)</sup>. NHA, containing about 65% water and nanoscopic apatite particles (35%) in aqueous dispersion, has been recommended for augmentation procedures in osseous defects<sup>(16)</sup>. In particular, experimental animal studies have pointed to an undisturbed osseointegration and complete resorption

of the material within 12 weeks. Owing to its specific physicochemical properties, NHA is intended to be used without the additional application of a barrier membrane<sup>(17)</sup>.

## MATERIALS AND METHODS

Eight healthy adult male experimental dogs. Each dog received two mandibular implants bilaterally and defects were created distal to each implant and treated with various hydroxyapatite particles.

### Experimental design

All the experimental dogs were subjected to surgical removal of the third mandibular premolar (P3) bilaterally then received immediate implants in the fresh sockets where surgical defects were created distal to each implants and filled randomly with various hydroxyapatite particles.

The defects were divided randomly into four groups according to the received type of Hydroxyapatite particles as follows:

**Group I (GI):** Eight surgically created defects without any adding bone grafts.

**Groups II (GII):** Eight surgically created defects which treated with Hydroxyapatite of Nano-sized particles.

**Group III (GIII):** Eight surgically created defects which treated with Hydroxyapatite of Micro-sized particles.

**Group IV (GIV):** Eight surgically created defects which treated with mixture of Nano-sized and Micro-sized Hydroxyapatite particles.

### Steps of operative procedure:

#### *Surgical procedure*

After anesthesia disinfecting the surgical site of the animal was done using sterile cotton pellet wet with povidine-iodine (Betadine) 7.5%, buccal and lingual intra-sulcular incisions were performed

from the mesial of third premolar P3 to the mesial of the fourth mandibular premolar P4 then Mucoperiosteal full thickness flaps were reflected just to disclose the marginal aspect of the ridge in order to facilitate the tooth extraction.

Based on the amount of available bone measured with a periodontal probe on the extracted root, the implant osteotomies were drilled. The drilling sequence used was the 2.0 and 2.5mm twist drills to the expected depth of the osteotomy and a final 3.0mm diameter drill through only the coronal half of the osteotomy. Surgical cavities were irrigated with normal saline solution to wash away any debris.

Once the implants (11mm length and 3.4mm diameter) were inserted and primary stability was attained, surgical defects were made using a 5 mm trephine bur with a profuse irrigation and cleaning were performed to eliminate debris from the preparation, the defects were 5 mm in width and 7 mm in length, measured with a periodontal probe, then bone graft was applied. Finally, mucoperiosteal flaps were replaced and secured with resorbable interrupted sutures (Vicryls 4.0).

## RESULTS

### 1. Descriptive histology

#### *Group I (surgically created defects without any adding bone graft) (Control group)*

H &E stain, revealed a relatively wide space surrounded by areas of fibrous as well as bony tissues especially at the base and periphery of the defects. The central area was devoid of any newly formed tissues either fibrous or bony fig (1). While Masson trichrome stain revealed that the collagen in some areas was closely condensing which have been seen by a deep blue color throughout the bony trabeculae which have been seen by a deep red color. Orcein stain showed orceinophilic (dark brownish–purple) foci dispersed in small linear and round dots.

**Group II (surgically created defects treated with Nano-hydroxyapatite)**

H &E stain, showed multiple spaces that have been subdivided by fibrillar and bony structures. Irregular pattern of bony trabeculae as well as connective tissue fibers with varying degree of density were seen fig (1). However Masson trichrome stain revealed that collagen in some areas was closely intertwining showing condensing fibrils which have been seen by a deep blue color throughout irregular bony trabeculae which have been seen by a deep red color. Orcein stain showed orceinophilic (dark brownish –purple) foci scattered diffusely in small dots.

**Group III (surgically created defects treated with Micro-hydroxyapatite)**

H&E stain revealed the persistence of extensively wide spaces in the partially healed defect.

These spaces were seen to be surrounded with fibrous tissue formation and newly formed bone fig (1). Masson trichrome stain revealed that collagen in some areas was closely condensing which have been seen by a deep blue color throughout the fused bony trabeculae which have been seen by a deep red color. Orcein stain showed orceinophilic (dark brownish –purple) foci scattered diffusely in small dots with haphazard distribution, particularly around the vascular spaces.

**Group VI (surgically created defects treated with mixture of Nano- and Micro-hydroxyapatite)**

H &E stain revealed that almost all defect had been filled with zones of new bone and condensing fibrillar connective tissues which enveloped the periphery of defects fig(1). Masson trichrome stain revealed that collagen in some areas was closely condensing which have been seen by a deep blue color surrounding the fused bony trabeculae which

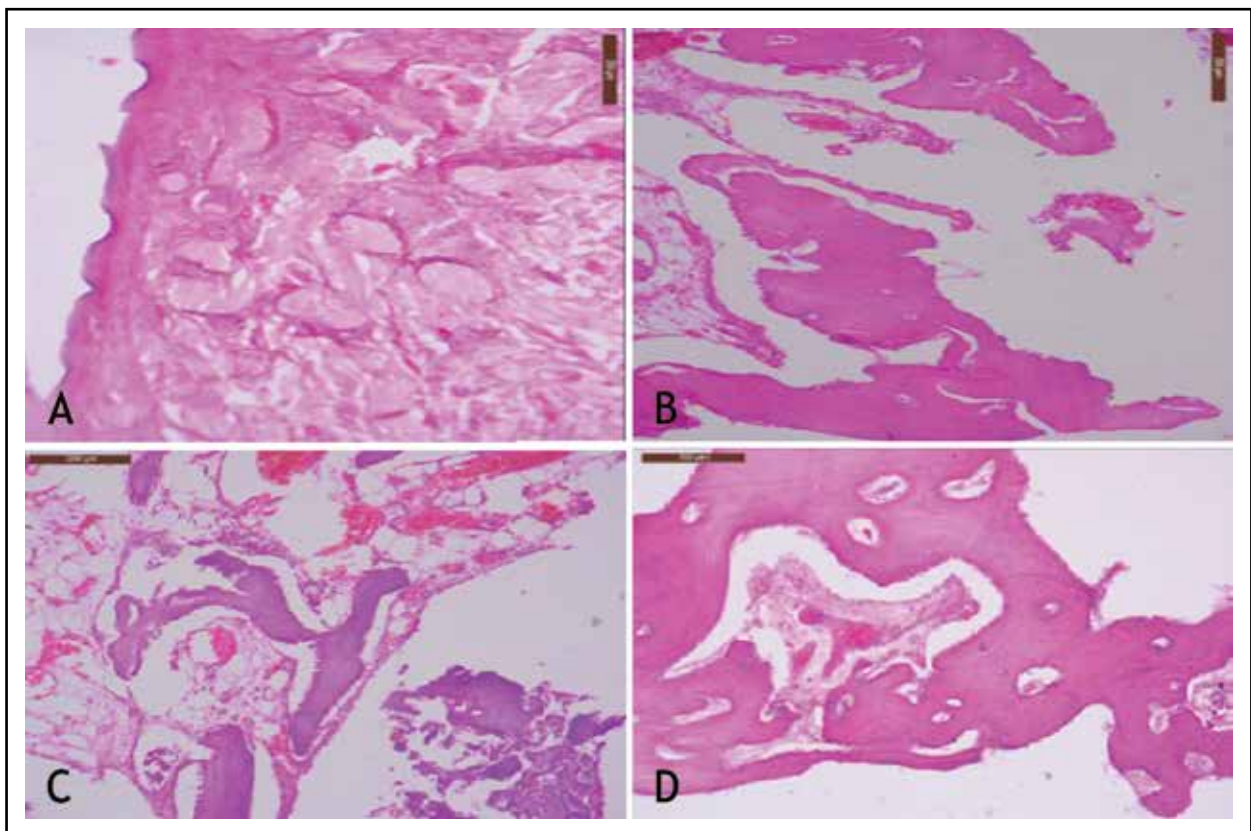


Fig.(1) showed H&E stain in: A) Group I, B) Group II, C) Group III & D) Group VI (x100).

have been seen by a deep red color. Orcein stain showed orceinophilic (dark brownish –purple) foci dispersed in small dots throughout the fibrous tissues and around the vascular spaces.

## 2. Histomorphometric analysis

Histomorphometric analysis using H&E stains revealed that The greatest mean value of area percent was recorded in Group II (Nano hydroxyapatite bone graft) ( $31.39 \pm 1.6$ ), whereas the lowest mean value was recorded in group I (No bone graft was added) ( $3.78 \pm 0.62$ ). One way analysis of variance (ANOVA) test, revealed a significant difference between all groups at 2 months ( $P < 0.0001$ ). While Masson Trichrome stain showed that The greatest value of mean area percent of collagen fibers was recorded in Group IV (Mixture of Nano hydroxyapatite and Micro hydroxyapatite bone graft) ( $23.5 \pm 6.08$ ). While the lowest value of mean area percent of collagen fibers was recorded in group I (in which there was no bone graft added) was ( $10.965 \pm 3.348$ ). One way analysis of variance (ANOVA) test, revealed statistically significant difference in mean value of area percent of collagen fibers upon comparing all groups at 2 months ( $P < 0.0001$ ). However Orcein stain in Group I (in which there was no bone graft added) recorded the highest value of mean area percent of elastic fibers ( $10.515 \pm 1.428$ ) and Group II (Nano hydroxyapatite) which recorded the minimum value of mean area percent ( $3.922 \pm 1.293$ ). One way analysis of variance (ANOVA) test, revealed that the difference between all groups was statistically significant regarding mean value of area percent of elastic fibers at 2 months.

### Overall Correlation in all groups

A weak negative overall correlation between mean value of area percent of collagen fibers in Masson Trichrome stain and mean value of area percent of elastic fibers in Orcein stain in all groups together ( $R = -0.0978$ ,  $R^2 = 0.0096$ ), was revealed by Pearson correlation test .

## DISCUSSION

Nano-hydroxyapatite is bioactive materials that can integrate well with living bone tissues by spontaneously forming a biologically active bone-like apatite layer on their surface. Hydroxyapatite (HA) is the main mineral constituent of teeth and bones. HA ceramics do not exhibit any cytotoxic effects. They show excellent biocompatibility with hard tissues, skin and muscle tissues<sup>(18)</sup>. HA is a useful alternative to autogenous bone grafts in orthopedic, dental and maxillofacial applications, due to its chemical and structural similarity to the mineral component of bone<sup>(19)</sup>.

In this study, hydroxyapatite had been chosen in treatment of surgically created defects. Hydroxyapatite is the main inorganic mineral composition of animals and human bone; considerable clinical research has shown that HA repairs periodontal bone defect and has a particular clinical effect<sup>(20,21)</sup>. From the histological perspective, HA only leads mature osteogenesis cell growth, guides cells in lesions on root, forms new bone and osseous adhesion, and causes root surface absorption, however, it does not physically form new teeth attachment, and the long-term outcome is not ideal<sup>(22)</sup>.

Interestingly, Nano-HA may offer a new approach for inducing periodontal cell differentiation. Where the size of HA at the nanometer level shows a series of unique performance, it possesses the characteristics of nanomaterials; Nano- HA has good biocompatibility and wide application prospect in the biomedical field<sup>(23)</sup>. Many studies have shown that Nano-HA increases the protein synthesis of periodontal cells, improves the activity of alkaline phosphatase, induces cell differentiation, effectively promotes periodontal tissue regeneration and formation of new teeth attachments<sup>(24-27)</sup>.

Owing to its osteoconductive capacity, HA serves as a structural scaffold for the building of new bone tissue. The scaffold itself should be completely degradable, as remnants could affect the mechanical

properties of reconstructed bone negatively and, as non-self, may induce inflammation. It is desirable for scaffold degradation to take place during the regular bone remodeling processes<sup>(28)</sup>. The extent and distribution of the remodeling of bone substitutes are influenced by the quality of the host site and the local mechanical environment<sup>(29)</sup>.

In addition, the biodegradation of HA scaffolds may take place by dissolution or fragmentation with subsequent phagocytosis by macrophages<sup>(30)</sup>, but also by the activity of osteoclasts<sup>(31-34)</sup>. The latter mechanism of biodegradation is favorable<sup>(35)</sup>, because mimicry of the physiological bone processes should create optimal surfaces for colonization with osteoblasts and vascular tissue. The degree of osteoclast activity on HA scaffolds depends on material qualities such as crystal size<sup>(36, 37)</sup>, and surface roughness<sup>(38)</sup>. Macro-crystalline HA is not degradable by osteoclasts<sup>(39, 40)</sup>, but Micro-crystalline HA may also escape resorption, if the biomaterials were sintered during production<sup>(41)</sup>.

In conclusion, the use of hydroxyapatite bone graft in treatment of surgically created defects resulted in favorable histological changes. The histologic and histomorphometric results were parallel and support one another. Group II in which Nano-hydroxyapatite was applied demonstrated superior results than group III in which Micro-hydroxyapatite was applied and group IV in which mixed hydroxyapatite was applied. This could be attributed to the physical and chemical properties of Nano-hydroxyapatite that facilitates the participation of progenitor cells in bone regeneration.

## CONCLUSION

1. Various types of hydroxyapatite used, promoted comparable newly formed tissues over the entire extension of the surgically created defects, independently of their granular size, thus confirming their biological osteoconductive property.

2. Defects treated with Nano-hydroxyapatite showed the highest mean area percent of newly formed bone than these treated with Micro-hydroxyapatite or mixed hydroxyapatite
3. Defects treated with mixed hydroxyapatite showed greater amount of mean area percent of newly formed collagen fibers than these treated with Nano-hydroxyapatite or Micro-hydroxyapatite

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