



CHEMICAL COMPOSITION, PROTEOLYSIS, RHEOLOGICAL AND ORGANOLEPTIC PROPERTIES OF CHEDDAR CHEESE AS AFFECTED BY VARIOUS HIGH HYDROSTATIC PRESSURE TREATMENTS DURING RIPENING

Ali A. Abd El-Galeel^{1*} and A.A. El-Zawahry²

1. Food Sci. Dept., Fac. Agric., Zagazig Univ., Egypt

2. Dairy Technol. Dept., Anim. Prod. Res. Inst., Agric. Res. Cent., Dokki, Egypt

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ABSTRACT: The effect of high hydrostatic pressure (HHP) treatments on chemical composition, proteolysis, rheological properties, total free amino acids and organoleptic properties for Cheddar cheese during ripening at 8-10°C up to 120 days were evaluated. Application of HHP-treated Cheddar cheese at three levels (200, 400 and 600 MPa at 25°C for 20 min.) was carried out as a methods for acceleration of Cheddar cheese ripening. Results showed that HHP-treated at 600 MPa for 20 min. at 25°C was significantly higher in moisture, fat in dry matter and pH values, on the other hand total solids, was significantly lower throughout the ripening period followed by cheeses treated at 400, 200 MPa for 20 min. and control cheeses, respectively. All Cheddar cheeses treated with HHP showed significant ($P \geq 0.05$) higher increase in nitrogen fractions (WSN/TN% and NPN/TN%) than control cheese during ripening up to 120 days. Moreover, total volatile fatty acids was significantly higher ($P \geq 0.05$) in cheese treated at 600 MPa than other cheeses during ripening. Rheological properties indicated that, HHP-treated Cheddar cheese at 600 MPa for 20 min. The significant lower ($P \geq 0.05$) values of hardness as compared to cheese treated at 200, 400 MPa and control cheeses. lowest values of chewiness and gumminess were observed in cheese treated at 200 and 400 MPa at the end of ripening. Also, HHP-treated Cheddar cheese at 600 MPa had a higher levels of total free amino acids than other cheeses treated at 200, 400 MPa and control cheeses,. HHP-treated Cheddar cheeses gained significantly higher flavour and texture scores compared to control cheese, but HHP-treated Cheddar cheeses at 600 MPa for 20 min. showed higher total scores than other cheese treatments.

Key words: High hydrostatic pressure (HHP), Cheddar cheese, cheese ripening, ripening indices, rheological properties.

INTRODUCTION

Cheese ripening involves several biochemical processes including proteolysis, lipolysis and glycolysis. Proteolysis is the principal and most complex biochemical event occurring during ripening process of most cheese varieties. Proteolysis contributes to cheese ripening through a direct contribution to flavour *via* the formation of peptides and amino acids, and changing the texture of cheese owing

to breakdown of the protein network (Fox and Wallace, 1997). The mechanism by which such acceleration is achieved remains unclear, but may well involve effects on starter bacteria in cheese. HHP treatment causes perturbation of bacteria cell walls and membranes. Therefore, it is possible that exposure of starter cell to HP may cause the cells to autolysis and release intracellular enzymes. Among the modern technologies in the food industry, the most important are those involving non-thermal

*Corresponding author: Tel. : +201065024953

E-mail address: draliabdelgaleel@yahoo.com

treatment of the products. High pressure (HP) processing (100-1000 MPa) is one of the most promising methods for the food treatment and preservation at room temperature (Cheftel, 1995) and of great concern because of its potential to achieve interesting functional effects. There are numerous areas of interest regarding the HP processing of cheese, the more important including cheese making from HP-treated milk, acceleration of cheese ripening and inactivation or reduction of pathogenic or spoilage microorganism in cheese to increase cheese safety and shelf life (Trujillo *et al.*, 2002). A patent by Yokoyama *et al.* (1992) describes a method for shortening ripening by application of high hydrostatic pressure (HHP) in association with a highly proteolytic starter and exogenous enzymes. Jin and Harper (1996) described a method for reliable acceleration of ripening of cheese slurries by using HHP to maintain undesirable microorganisms under control, these enhancing flavour development. In Hispanico cheese manufacture from mixture of cow's and ewe's milk, HP treatment at 400 MPa for 5 min. accelerated the hydrolysis of casein and increased the TFVA content, but did not influence the taste quality and flavour intensity of the cheese (Avila *et al.*, 2006). It is possible that HP treatment applied on the first day of ripening affected the enzymes involved in amino acids biochemistry and subsequent compound formations in cheese. Cheese treated at 300 MPa at day one was defined as the most elastic and least crumbly cheese, which could be explained by changes in the casein network and the water content. HHP treatment of cheese had focused on acceleration of cheese through ripening changes in enzymatic activity during ripening (Yokoyama *et al.*, 1992). Biochemical reactions may be influenced by HHP by means of the effect on volume changes involved in the reaction or by the direct affect of HHP on enzymes. HHP produces conformational changes in protein, and some changes may effect enzyme modulation sites or active sites directly (Rover, 1995). Acceleration of the ripening step of cheese production is an area of scientific and commercial interest. Accelerating ripening allow to reduce the financial cost of

maintaining a large stock of cheese for long period. Acceleration of Cheddar cheese ripening is of major commercial interest, as decreased storage times offer significant economic gain (Fox *et al.*, 1996). Starter bacteria are one of the primary sources of ripening enzymes. However, many starter enzymes (proteinases and peptidases) required for proteolysis are intracellular and autolysis of starter bacteria is required for their liberation (Tomas and Prichard, 1987). Increasing the autolysis rate of starter culture cells increases rates of proteolysis in cheese (Crow *et al.*, 1995). A number of reports have indicated that application of high pressure (HP) can accelerate cheese ripening, in particular proteolysis (Messens *et al.*, 1999; Saldo *et al.*, 2000; Trujillo *et al.*, 2000 ; O'Reilly *et al.*, 2001).

The aim of the current work is to study the effect of HHP treatment at different levels. On the main compositional, proteolysis, rheological properties and sensory characteristics in Cheddar cheese, during ripening period.

MATERIALS AND METHODS

Cheese Manufacture and High Pressure Treatment

Four independent batches of Cheddar cheese were manufactured from pasteurized cows' milk at 72°C/15 sec., obtained from Washington Stat University Creamery. Cheddar cheese was made in duplicate using the method described by Kosikowski (1982). The cheese was cut into 500 g blocks of equal dimensions (6 × 6 × 11 cm) which were placed in polyethylene bags and vacuum packaged. Cheeses were HHP-treated by using a Quintus High pressure Food Processor (Engineered system, Inc. Andover, MA, USA). The one day old cheeses were subjected to pressures at 0 (control), 200, 400 and 600 MPa for 20 min. at 25 ± 4°C. Cheeses were placed at 10°C immediately after pressure treatment and stored at the same temperature during ripening period for 120 days. Cheese samples were analyzed when fresh (first day then after pressure treatment), 30, 60, 90 and 120 days.

Chemical Composition

HHP-treated cheese samples were analyzed for moisture, protein, fat, acidity and pH using standard procedures (Marshall, 1992). The levels of soluble nitrogen (SN) and non protein nitrogen (NPN) contents in cheese were determined as described by Rynne *et al.* (2004). The total volatile fatty acids (TVFA) were determined by the distillation method of Kosikowski (1982).

Determination of Free Amino Acids

Free amino acids were determined (as mg/100 g cheese) by using LC3000 Amino Acids Analyzer, Eppendorf-Germany as described by Mondino *et al.* (1972). Conditions: Flow rate: 0.2 ml/min. Pressure of buffer from 0 to 50 bar. Pressure of reagent to 0-150 bar. Reaction temperature 123°C.

Measurement of Texture Properties

Texture profile analyses of cheeses were done using the double compression test (TA-XT2 texture analyzer, Stable Micro System, Biological Systems Engineering, WSU, USA). Ten cylindrical portions (1 cm high × 1 cm diameter) were removed from the interior of the cheese samples with a cork borer held at room temperature for 1 hr., before testing. Cylinders were compressed to 80% of their original height and the compressed speed was set at 2 cm min⁻¹. The following parameters were evaluated according to the definitions given by the IDF (1991). Hardness was defined as the force required for compressing the cheese sample to 80% of its original height during the first compression cycle. Cohesiveness was defined as the ratio of the area under the positive region (during application of force) of the second compression curve to that of the first compression curve. Springiness was defined as the ratio of the time taken to compress the sample to 80% of its original height during the second compression cycle to that of the first compression cycle. Chewiness was defined as the product of gumminess and springiness, where gumminess is defined as the product of hardness and cohesiveness. Equipment

availability required the change in the last sampling day for texture analysis.

Sensory Evaluation

Control and experimental cheeses were organoleptically evaluated when fresh, and then after 30, 60, 90 and 120 days of storage. Cheeses were coded and removed from refrigerator (10°C) 1 hr., prior to evaluation, kept at room temperature (22±1 °C), Cheese samples when fresh and during storage period were scored for flavour (50 Point), body and texture (40 Point) and appearance (10 Point) by regular score panels of the staff members of the dairy department. (Muir *et al.*, 1996)

Statistical Analysis

The statistical analysis was computed using analysis of variance procedures. Significant ($P \geq 0.05$) differences between means were determined by Duncan's Multiple Range test procedures described in SAS (2003).

RESULTS AND DISCUSSION

Effect of HHP-Treatment on Cheese Composition

Results presented in Table 1 indicate that HHP-treatments of Cheddar cheese significantly ($P \geq 0.05$) increased the moisture contents, fat on dry matter and pH values in resultant cheese compared with control cheese during storage period. However, cheese treated with 600 MPa for 20 min. had significantly higher moisture content throughout ripening period than other cheeses treated with HHP and control cheese. Also, these results show that moisture contents decreased, but fat on dry matter and pH values gradually increased with the advanced of storage period in all treatments. The higher moisture content for HHP treated cheeses was also observed in previous studies and high water retention ability seems to be related to a change in the structure of the para-casinate network (Saldo *et al.*, 2000 and 2002). These findings were in agreement with those reported by Daniela (2010, 2011 and 2012).

The increase in pH value of HHP-treated cheese could be related to the decrease in the starter counts observed after HHP treatment (Saldo *et al.*, 2002; Juan *et al.*, 2007_a and 2007_b; Bibiana *et al.*, 2008). These results agree with that reported by Darke *et al.* (1997) in Cheddar cheese and Trujillo *et al.* (1999) in goat's milk cheese. They found that cheeses mad from HHP-milk cheese presented a higher moisture content than raw milk and pasteurized milk cheeses and this was responsible for significant higher yield, and pressure treatment of milk lead to greater moisture retention, due to the fact that denatured protein (especially β -lactoglobulin) are incorporated in cheese.

Ripening Indices

Results presented in Table 2 indicate that, HHP-treated Cheddar cheese showed significant ($P \geq 0.05$) higher soluble nitrogen on total nitrogen (SN/ TN%), non-protein nitrogen on total nitrogen (NPN/TN%) and total volatile fatty acids (TVFA) at the different stages of ripening period compared with control cheese. All cheeses showed a higher increase in (SN/TN%), and (NPN/TN%) as ripening period progressed. The 600 MPa-treated Cheddar cheese showed significant higher levels of the soluble nitrogenous compound (SN/TN and NPN/TN) compared with other treated and control cheese. These results suggested that 600 MPa treatment causes enzyme releasing that accelerate ripening of cheese. This could be explained on the basis that, hydrolysis of β -casein was significantly higher in HHP-treated cheeses than control cheese. An increase of hydrolysis of β -casein was observed in Cheddar cheese treated at 200-400 MPa at 25°C for 20 min. (O'Reilly *et al.*, 2002), Also, in ewe's milk cheese treated at 200-500 MPa at 10°C for 10 min. (Juan *et al.*, 2007_a). Also, The results in the present work are in agreement with that reported by Messens *et al.* (1998) they investigated the use of HP to accelerate the ripening in Gouda-type cheese, pressures and times used in their study ranged from 100-400 MPa and from 0.5 to 4 hr., respectively. They reported that the higher pressure used at 300 MPa/50 min. caused the disruption of the para-casein network leading to higher amount of

peptides and proteins especially β -casein (Saldo *et al.*, 2000 and 2002; Gard *et al.*, 2007; Juan *et al.*, 2007_b). Similar results were recorded by Daniela (2011 and 2012)

Also, Table 2 shows that the total volatile fatty acids (TVFAs) levels in HHP-treated Cheddar cheeses were higher ($P \geq 0.05$) than control cheese. Cheddar cheeses treated at 600 MPa for 20 min. had a higher significantly ($P \geq 0.05$) than cheeses-HHP treated at 400 , 200 MPa and control one. This might be due to faster and better interaction of microbial lipases with the substrate due to the lysis produced by HHP treatment. These results are in agreement with those reported by (McSweeney and Sousa, (2000). They found that ewes' milk cheese HP-treated at 200-500 MPa on days 1 and 15 of ripening, -cheeses showed the highest degree of lipolysis, which was attributed to the faster and better interaction of microbial lipases with substrate. Also, Juan *et al.*, (2007_b) reported that higher amounts of ethyl esters were found in ewes' milk cheese HP-treated at 300 MPa on the first day of ripening compared with those treated at 15 days of ripening and untreated cheese.

Free Amino Acids

Results presented in Table 3 shows that the total levels of free amino acids (FAAs) of HHP-treated Cheddar cheese increased in all cheeses with the progress of the storage period, HHP-treated Cheddar cheese on one day resulted in higher total levels of free amino acids in fresh, 90 and 120 days old cheese compared to control cheeses. These results are in agreement with that reported by Gard *et al.* (2007).

The increase in total levels of FAAs in cheese treated with HHP was related to its higher amino peptidase activity values than control cheese (Juan *et al.*, 2007_b). Also, these increasing in total levels of FAAs may be due to the release of peptidase to cheese matrix after the lysis of starter cells, The higher pH values HHP-treated cheeses and perhaps confermetical changes in peptides structures rendering them more susceptible to the action of peptidase, this may be explain the higher content of total FAAs in experimental cheeses than control cheese (O'Reilly *et al.*, 2002 ; Gard *et al.*, 2007).

Table 1. Chemical composition of Cheddar cheese as affected by using different levels of high hydrostatic pressure (HHP)-treatments for 20 min.

Cheese property	Storage period (day)	Control	HHP-treatment for 20 min.			Sig.
			200 Mpa	400 Mpa	600 Mpa	
Total solids (%)	0	66.25 ^a	65.90 ^b	65.65 ^c	65.60 ^c	***
	30	67.10 ^a	66.55 ^b	66.34 ^c	66.28 ^c	***
	60	67.44 ^a	67.30 ^b	67.13 ^c	67.04 ^d	***
	90	68.85 ^a	68.67 ^b	68.50 ^c	68.27 ^d	***
	120	69.00 ^a	68.85 ^b	68.77 ^b	68.60 ^c	***
Moisture (%)	0	33.75 ^c	34.10 ^b	34.35 ^a	34.40 ^a	***
	30	32.90 ^c	33.45 ^b	33.66 ^a	33.72 ^a	***
	60	32.56 ^d	32.70 ^c	32.87 ^b	32.96 ^a	***
	90	31.15 ^d	31.33 ^c	31.50 ^b	31.73 ^a	***
	120	31.00 ^c	31.15 ^b	31.23 ^b	31.40 ^a	***
Fat / D.M (%)	0	48.60 ^c	49.35 ^b	51.15 ^a	51.23 ^a	***
	30	50.25 ^d	50.47 ^c	51.64 ^b	51.77 ^a	***
	60	51.33 ^c	51.60 ^b	52.10 ^a	52.18 ^a	***
	90	52.40 ^d	52.75 ^c	52.96 ^b	53.05 ^a	***
	120	52.60 ^d	52.86 ^c	53.15 ^b	53.32 ^a	***
pH	0	5.24 ^a	5.25 ^a	5.27 ^a	5.27 ^a	NS
	30	5.13 ^b	5.15 ^b	5.18 ^a	5.19 ^a	**
	60	5.06 ^b	5.09 ^{ab}	5.12 ^a	5.14 ^a	*
	90	5.01 ^c	5.05 ^b	5.07 ^{ab}	5.09 ^a	**
	120	5.00 ^a	5.03 ^a	5.04 ^a	5.06 ^a	NS

a,b,c,d =Means having different letters in the same raw significantly differed at $p \geq 0.05$.

LSD =Least significant difference

*=Significant **=High significant ***=Very high significant NS=Not significant

Table 2. Ripening Indices of Cheddar cheese as affected by using different levels of high hydrostatic pressure (HHP)-treatments for 20 min.

Cheese property	Storage period (day)	Control	HHP treatment for 20 min.			Sig.
			200 Mpa	400 Mpa	600 Mpa	
SN/TN (%)	0	4.37 ^a	4.39 ^a	4.42 ^a	4.44 ^a	NS
	30	10.76 ^c	10.84 ^b	10.89 ^b	10.98 ^a	**
	60	13.22 ^d	13.51 ^c	13.66 ^b	13.85 ^a	***
	90	16.65 ^d	17.10 ^c	17.32 ^b	17.43 ^a	***
	120	18.70 ^d	19.45 ^c	19.67 ^b	19.92 ^a	***
NPN/TN (%)	0	2.24 ^a	2.26 ^a	2.28 ^a	2.29 ^a	NS
	30	3.85 ^d	3.98 ^c	4.17 ^b	4.28 ^a	***
	60	5.78 ^d	5.93 ^c	6.09 ^b	6.21 ^a	***
	90	7.95 ^d	8.43 ^c	8.61 ^b	8.85 ^a	***
	120	9.30 ^d	10.15 ^c	10.33 ^b	10.46 ^a	***
TVFA	0	11.63 ^c	11.70 ^{bc}	11.85 ^{ab}	11.96 ^a	**
	30	14.30 ^d	14.56 ^c	14.88 ^b	15.12 ^a	***
ml 0.1 N Naoh/100g	60	20.76 ^d	20.96 ^c	22.25 ^b	21.50 ^a	***
	90	25.00 ^d	26.15 ^c	26.57 ^b	26.98 ^a	***
	120	28.31 ^d	28.85 ^c	29.16 ^b	29.56 ^a	***

a,b,c,d =Means having different letters in the same raw significantly differed at $p \geq 0.05$.

LSD =Least significant difference

*=Significant **=High significant ***=Very high significant NS=Not significant

Table 3. Free amino acids of Cheddar cheese as affected by using different levels of high hydrostatic pressure (HHP)-treatments for 20 min.

Amino acid (mg/ 100 g)	Control			HHP - treatment for 20 min								
				200 Mpa			400 Mpa			600 Mpa		
	0	90	120	0	90	120	0	90	120	0	90	120
Aspartic	15.10	25.23	28.15	19.52	37.30	29.12	24.96	31.56	37.56	23.61	32.25	37.00
Thereonine	7.23	15.32	10.44	11.33	22.14	17.31	13.10	16.85	22.53	14.42	18.43	25.21
Serine	9.81	19.07	19.72	15.10	29.76	22.10	18.35	22.84	28.47	18.45	24.30	29.24
Glutamic	45.36	61.46	87.18	52.30	85.41	92.35	78.12	94.25	93.88	60.57	83.71	95.80
Glycine	2.45	5.51	5.23	6.64	12.40	6.11	4.13	6.17	8.15	5.32	6.91	8.53
Alanine	4.62	15.54	15.10	9.98	18.83	17.06	11.09	18.26	23.49	14.33	19.35	24.16
Valine	9.25	17.10	17.46	14.81	27.92	17.75	14.17	21.10	25.20	18.86	23.27	30.65
Methionine	6.70	12.96	11.48	8.83	17.44	15.21	11.30	16.15	19.65	12.64	18.72	20.48
Isoleucine	9.86	15.33	16.91	11.74	22.66	18.53	14.55	20.23	23.81	17.85	22.10	27.44
Leucine	30.84	34.25	40.75	26.15	50.87	43.66	35.48	47.61	53.84	35.41	45.83	53.46
Tyrosine	23.63	31.66	40.50	20.77	38.25	44.13	21.44	37.42	49.11	31.60	39.41	48.25
Phenyl alanine	21.07	30.73	30.94	23.26	42.10	35.54	27.61	35.00	46.53	29.08	21.66	47.24
Histidine	26.54	24.80	20.41	18.71	29.96	27.98	30.26	26.74	38.27	23.30	21.21	32.00
Lysine	31.05	29.27	31.17	23.50	45.70	39.11	31.32	39.05	44.86	30.12	39.40	45.73
NH ₄ ⁺	18.11	31.84	66.72	26.53	48.97	72.33	52.48	51.77	49.18	35.22	45.43	44.37
Arginine	19.88	17.15	15.24	12.88	23.25	13.41	15.75	21.50	25.20	18.65	24.43	31.36
proline	210.13	378.20	442.80	282.41	278.86	492.75	317.30	481.72	580.43	373.88	507.16	604.87
Total	491.63	765.42	903.20	584.46	831.82	1004.45	721.41	988.22	1170.16	763.31	993.57	1205.79

On the other hand, the results in the same Table showed remarkable increasing of proline, leucine, tyrosine, phenylalanine, histidine and lysine in all treatments during ripening period. Generally, HHP-treated Cheddar cheeses showed higher concentration of these previous FAAs than control cheese. But Cheddar cheese treated at 600 MPa for 20 min. had the highest level of total FAAs than other treatments and control cheeses. These results are in accordance with those reported by McSweeney and Sousa (2000). Upadhyay *et al.* (2007) who found that TFAAs is an index of the proteolytic enzymes activity produced by starter lactic acid bacteria, mainly those hydrolyze small peptides to produce free amino acids. These phenomenon are in agreement with that obtained by Trujillo *et al.* (1999) and Gard *et al.* (2007) who found that the increasing in total levels of free amino acids for semi-hard ewe's cheese treated with HHP at (300 MPa at 25°C for 10 min.) than

control cheeses may be due to that HHP-treatment cause the release enzymes through the lysis of starter cell. The results obtained in the current study agree with that reported by Saldo *et al.* (2002) who found that overall application of at the high pressure of beginning of ripening significantly increased secondary proteolysis or conversion of peptides into free amino acids. The use of high pressure treated Cheddar cheese generally accelerated the liberation of most of the amino acids compared to control, including some of the major amino acids which dominated FAA profile of Cheddar cheese are. FAAs in cheese precursors for many catabolic reaction that results in volatile and sapid compounds (Curtin and McSweeney, 2004).

Accelerated liberation of most amino acids in cheeses manufacture using high pressure treated starter culture may promote increased production of volatile compounds and influence the flavour of cheese (Fox and Wallace, 1997;

Saldo *et al.*, 2002 ; Trujillo *et al.*, 2002). However, Upadhyay *et al.* (2007) studied the effect of HP-treated Cheddar cheese at (200MPa for 20 min. at 20°C) as all as attenuate starters bacteria for use as adjusts also HP-treated Cheddar cheese generally had higher levels of free amino acids, The differences in the levels of free amino acids in cheese treated with HP when different starters were used can be attributed to different rates of lysis of starter cells in cheese matrix and different in types and levels of enzymes from the strains. Finally, pressure treated at 200, 400 and 600 MP at 25°C for 20 min. for Cheddar cheese significantly increased levels of proteolysis during ripening compared to control cheese. However, the exposure at 600 MPa for 20 min. was sufficient to enhance levels of proteolysis and total levels of free amino acids.

Rheological Properties

Texture profile analysis (TPA) parameters calculated for TPA analysis for the control and pressure-treated Cheddar cheese samples are shown in Table 4. It is evident that control and treated cheeses at different levels of HHP (200, 400 and 600 MPa for 20 min.) revealed significantly differences for texture characteristic such as (Hardness, Adhesiveness, Cohesiveness, Springiness, Gumminess, Chewiness and Resilience) during ripening up to 120 days.

Hardness of control and pressure-treated Cheddar cheese decreased gradually during ripening. However, on one day, all pressure-treated Cheddar cheeses were softer than control cheese. Cheddar cheese treated at 600 MPa for 20 min. showed much lower values of hardness as compared with 200, 400 MPa and control cheese during ripening.

The hardness of HHP-treated cheese was significantly lower ($p \geq 0.05$) than control cheese up to 120 days. This may be mainly due to proteolysis of casein to small compounds which are very soluble in water. The correlation between texture properties and the proteolysis indices are in agreement with the results given by El-Zeini *et al.* (2007). However, McSweeney and Fox (1997) reported that for most cheese varietie, proteolysis is the most commonly used as index of maturity and it is though that the

break down of α_1 casein is the most significant reaction responsible for the initial softening of cheese body and texture indicating that textural changes during ripening are related to proteolysis.

In Cheddar cheese HHP of 50 Mpa treatment for 3 days (O'Reilly *et al.*, 2000) and 400 – 500 Mpa for 5 min., (Nienaber and Shellhammer, 2000) increased softening of cheeses.

Also, Adhesiveness was positively correlated with moisture, however negative correlation was found between the adhesiveness and fat, pH and TVFA. Adhesiveness in all cheeses decreased during ripening and it was significantly lower values ($p \geq 0.05$) in Cheddar cheese treated at 400 MPa for 20 min. than 200, 600 MPa for 20 min. and control cheeses respectively. The control samples had the lowest moisture content and highest hardness and Springiness during storage, while the cheeses treated at 200, 400 and 600 MPa for 20 min. showed the lowest levels of Springiness. All cheeses treated with HHP showed just significantly ($p \geq 0.05$) during ripening compared to control. Working with goat's milk cheese found that calcium-caseinat was disrupted under high pressure become calcium migrates to the soluble phase.

The Cohesiveness of untreated samples decreased after 60 days, while cheese treated with HHP showed slightly significant differences ($p \geq 0.05$) after 60 days of ripening. The Cohesiveness for all pressure treated cheeses samples on 60 days was lower than on one day, but significantly higher than for untreated samples. These results are in agree with that reported by Saldo *et al.* (2001) and Iazmin *et al.* (2005).

HHP cheese treated at 400 MPa for 20 min. showed lower values of Chewiness and Gumminess than other treatments and control samples. It is obvious from those results that Chewiness and Gumminess were slightly decreased ($p \geq 0.05$) in all treatments during ripening compared with control which showed significantly higher values during ripening. These may be due to progressive increase in the Hardness, Cohesiveness and Springiness. These results are in accordance with those reported by Awad *et al.* (2005). Cohesiveness, Gumminess and Chewiness were differed significantly ($p \geq 0.05$).

Table 4. Rheological properties of Cheddar cheese as affected by using different levels of high hydrostatic pressure (HHP)-treatments for 20 min.

Cheese property	Storage period (day)	Control	HHP treatment for 20 min.			Sign.
			200 Mpa	400 Mpa	600 Mpa	
Hardness	0	25.42 ^a	20.53 ^b	13.81 ^d	14.84 ^c	***
	30	19.72 ^a	17.74 ^b	13.00 ^c	13.20 ^c	***
	60	19.10 ^a	14.59 ^b	12.80 ^d	12.94 ^c	***
	90	16.20 ^a	14.56 ^b	12.00 ^c	12.23 ^c	***
	120	16.00 ^a	14.51 ^b	11.95 ^c	12.05 ^c	***
Adhesiveness	0	0.53 ^a	0.47 ^a	0.45 ^a	0.48 ^a	NS
	30	0.38 ^a	0.33 ^a	0.34 ^a	0.43 ^a	NS
	60	0.21 ^b	0.21 ^b	0.30 ^{ab}	0.38 ^a	*
	90	0.18 ^b	0.16 ^b	0.29 ^a	0.25 ^a	**
	120	0.13 ^b	0.12 ^b	0.26 ^a	0.20 ^{ab}	*
Springiness	0	0.74 ^a	0.68 ^a	0.69 ^a	0.67 ^a	NS
	30	0.69 ^a	0.65 ^a	0.67 ^a	0.65 ^a	NS
	60	0.68 ^a	0.64 ^a	0.66 ^a	0.64 ^a	NS
	90	0.66 ^a	0.63 ^a	0.64 ^a	0.62 ^a	NS
	120	0.63 ^a	0.60 ^a	0.61 ^a	0.59 ^a	NS
Cohesiveness	0	0.45 ^b	0.50 ^b	0.61 ^a	0.56 ^a	**
	30	0.47 ^d	0.53 ^c	0.65 ^a	0.59 ^b	***
	60	0.50 ^b	0.55 ^b	0.67 ^a	0.63 ^a	**
	90	0.48 ^c	0.52 ^{bc}	0.64 ^a	0.58 ^{ab}	**
	120	0.46 ^c	0.51 ^{bc}	0.60 ^a	0.55 ^{ab}	**
Gumminess	0	12.48 ^a	9.41 ^c	10.68 ^b	7.72 ^d	***
	30	9.80 ^b	8.17 ^c	10.32 ^a	7.64 ^d	***
	60	9.66 ^a	7.70 ^c	8.32 ^b	6.77 ^d	***
	90	7.86 ^a	7.47 ^b	7.10 ^c	4.47 ^d	***
	120	7.72 ^a	7.40 ^b	6.64 ^c	4.40 ^d	***
Chewiness	0	8.51 ^a	6.11 ^c	6.96 ^b	5.14 ^d	***
	30	6.68 ^b	5.55 ^c	6.80 ^a	4.83 ^d	***
	60	6.64 ^b	5.22 ^c	6.78 ^a	4.52 ^d	***
	90	5.39 ^a	4.89 ^b	4.95 ^d	4.49 ^c	***
	120	5.25 ^a	4.75 ^c	4.90 ^b	4.45 ^d	***
Resilience	0	0.24 ^a	0.19 ^a	0.23 ^a	0.20 ^a	NS
	30	0.20 ^a	0.18 ^a	0.22 ^a	0.19 ^a	NS
	60	0.19 ^a	0.18 ^a	0.21 ^a	0.18 ^a	NS
	90	0.18 ^a	0.17 ^a	0.20 ^a	0.16 ^a	NS
	120	0.16 ^a	0.15 ^a	0.16 ^a	0.15 ^a	NS

a,b,c,d =Means having different letters in the same raw significantly differed at $p \geq 0.05$.

LSD =Least significant difference

*=Significant

**=High significant

***=Very high significant

NS=Not significant

In a half fat Cheddar cheese, HHP treatment from 100 – 800 Mpa for 2 hr., induced softening of cheeses and increased metabolability, cohesiveness and chewiness (Johnsto *et al.*, 2002).

Generally, Hardiness, Adhesiveness and Springiness significantly difference ($p \geq 0.05$) between experimental cheeses at the same storage time. The observation may be due to the proteolysis which softened the cheeses (Polland *et al.*, 2003). These results are in agreement with these reported by (Ozturk *et al.*, 2015).

In general, all cheeses treated with HHP showed an increase of fracture stress as ripening advanced (Table 4), although at day 120, little differences were observed compared with the first day compared to control at the same time.

Sensory Evaluation

Table 5 shows that, the mean flavour and texture scores increased significantly as aging progressed. Generally, at the end of storage period HHP-treated Cheddar cheese gained significantly higher flavour and texture scores than control cheeses. HHP-treated Cheddar cheese at 600 MPa for 20 min. received the highest score for texture and flavour intensity than treated at 200 and 400 MPa for 20 min. and control, and also, were less crumbly and more elastic than control.

All HHP-treated Cheddar cheese showing an increased softness relative to unpressurized control. Similar results were found in goat's milk cheeses treated at 400 MPa (Saldo *et al.*, 2000) that were less crumbly and more elastic than control. Also, these results agree with Reys *et al.* (1998) who found that pressurized Gouda cheese was more elastic than control.

Table 5. Sensory properties of Cheddar cheese as affected by using different levels of high hydrostatic pressure (HHP)-treatments for 20 min.

Storage period (day)	Cheese property	Control	HHP-treatment for 20 min.			Sign.
			200 Mpa	400 Mpa	600 Mpa	
0	Appearanc 10	8.00	8.00	8.00	8.00	
	Body and texture 40	30.50	31.40	32.70	34.15	
	Flavour 50	38.50	38.75	39.40	40.20	
	Total 100	77.00 ^c	78.15 ^c	80.10 ^b	82.35 ^a	***
30	Appearanc 10	8.00	8.40	8.50	8.50	
	Body and texture 40	34.80	35.60	35.70	36.40	
	Flavour 50	44.50	44.85	44.95	45.60	
	Total 100	87.30 ^c	88.85 ^b	89.15 ^b	90.50 ^a	***
60	Appearanc 10	8.50	8.75	9.00	9.00	
	Body and texture 40	35.00	36.35	36.65	37.35	
	Flavour 50	46.60	46.75	47.15	47.40	
	Total 100	90.10 ^d	91.85 ^c	92.80 ^b	93.75 ^a	***
90	Appearanc 10	9.00	9.00	9.00	9.00	
	Body and texture 40	35.00	36.75	37.00	37.60	
	Flavour 50	47.00	47.20	47.50	48.15	
	Total 100	91.00 ^c	92.95 ^b	93.50 ^b	94.75 ^a	***
120	Appearanc 10	9.00	9.00	9.00	9.00	
	Body and texture 40	35.40	36.85	37.25	37.80	
	Flavour 50	47.50	47.65	47.80	47.95	
	Total 100	91.90 ^c	93.50 ^b	94.00 ^b	94.75 ^a	***

a,b,c,d =Means having different letters in the same raw significantly differed at $p \geq 0.05$.

LSD =Least significant difference

*=Significant

**=High significant

***=Very high significant

NS=Not significant

Conclusion

This study was carried out to evaluate the effect HHP on chemical composition, proteolysis, rheological and organoleptic properties of Cheddar cheese during ripening. Cheddar cheese was HHP treated at 200, 400, 600 Mpa at 25°C for 20 min. HHP treatment increased moisture and pH values of cheese, moreover this treatment increased proteolysis during ripening. HHP-treated Cheddar cheese gained higher organoleptic scores and rheological properties than control cheese. The best treatment and the highest scores was showed in cheese treated with HHP at 600 MPa at 25°C for 20 min .

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تأثير المعاملة بمستويات مختلفة من الضغط الهيدروستاتيكي العالي على التركيب الكيماوى والتحلل البروتينى والخواص الريولوجية والحسية للجبن التشيدر خلال التسوية

على عبدالرحمن عبدالجليل^١ - أحمد عبدالرحمن الظواهرى^٢

١- قسم علوم الأغذية- كلية الزراعة - جامعة الزقازيق - مصر

٢- قسم تكنولوجيا الألبان- معهد بحوث الإنتاج الحيوانى- مركز البحوث الزراعية - الدقى - مصر

تم دراسة تأثير استخدام مستويات مختلفة من الضغط الهيدروستاتيكي العالي على التركيب الكيماوى والتحلل البروتينى والخواص الريولوجية والأحماض الأمينية الحرة وكذلك الخواص الحسية لجبن التشيدر Cheddar خلال فترة التخزين على ١٠- ١٢٠ يوماً، وتم فى هذا البحث تطبيق هذه المعاملة على جبن التشيدر تحت ٣ مستويات مختلفة من الضغط وهى ٢٠٠ و ٤٠٠ و ٦٠٠ ميجابسكال لمدة ٢٠ دقيقة وعلى درجة حرارة ٢٥ درجة مئوية، وأوضحت النتائج أن المعاملة بالضغط الهيدروستاتيكي العالي على ٦٠٠ ميجابسكال كانت أعلى معنوياً عند مستوى ($P \geq 0.05$) فى كلا من الرطوبة والدهن على المادة الجافة ودرجة الـ pH خلال فترة التسوية يليها المعاملة على ٤٠٠ و ٢٠٠ ميجابسكال مقارنة بالكنترول على التوالى، وبصفة عامة كل المعاملات بالضغط الهيدروستاتيكي العالي للجبن التشيدر كانت ذات معنوية عالية ($P \geq 0.05$) حيث زادت معدلات التسوية للجبن لكلا من (%SN/TN و %NPN/TN و TVFA) مقارنة بالكنترول خلال فترة التخزين حتى ١٢٠ يوم، وقد لوحظ أن الجبن المعامل بالضغط الهيدروستاتيكي العالي على ٦٠٠ ميجابسكال كانت أعلى فى معدلات التسوية عن باقى المعاملات الأخرى، ومن حيث الخواص الريولوجية أوضحت النتائج أن الجبن المعامل بالضغط الهيدروستاتيكي العالي على ٦٠٠ ميجابسكال كان أكثر انخفاضاً من حيث صلابة الخثرة Hardiness وأكثر ارتفاعاً معنوياً فى قيم كلا من Chewiness و gumminess مقارنة بباقى المعاملات حتى نهاية فترة التسوية، كذلك لوحظ ارتفاع المحتوى الكلى من الأحماض الأمينية الحرة فى الجبن المعامل بالضغط الهيدروستاتيكي العالي مقارنة بالكنترول وقد أوضحت النتائج أن المعاملة على ٦٠٠ ميجابسكال كانت الأعلى فى المحتوى الكلى للأحماض الأمينية الحرة عن باقى المعاملات الأخرى، ومن حيث الخواص الحسية فقد لوحظ ارتفاعاً معنوياً ($P \geq 0.05$) فى كلا من خواص النكهة والتركيب للجبن المعامل بالضغط الهيدروستاتيكي العالي على مستويات الضغط المختلفة مقارنة بالكنترول، وقد لوحظ أن الجبن المعامل على ٦٠٠ ميجابسكال كان الأعلى فى الخواص الحسية عن باقى المعاملات حتى نهاية فترة التسوية.

المحكمون :

١- أستاذ الألبان - كلية التكنولوجيا والتنمية - جامعة الزقازيق.
٢- أستاذ الألبان المتفرغ - كلية الزراعة - جامعة الزقازيق.

١- أ.د. حازم حامد فايد
٢- أ.د. أحمد علاء الدين النشوي