

Wholesomeness and Safety of Meat of Laying Hens Fed Irradiated Aflatoxin B₁-contaminated Diet

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THE AIM of this study is to evaluate the effect of gamma (γ) radiations on the safety of processed diets to eliminate the negative effects of aflatoxin-B₁ (AFB₁) on the health of consumers. One hundred fifty adult female Westar rats were used. The rats were divided into 5 experimental groups (G). G₁; rats served as a control which were fed a meal of flesh (breast and thigh muscles) and organs (liver, kidney, spleen and heart) of laying hens that fed before slaughtering diet non-contaminated with AFB₁. G₂; the rats were fed flesh of laying hens fed before slaughtering contaminated diet with 0.2mg AFB₁kg⁻¹. G₃, G₄ and G₅ rats were fed flesh and organs of slaughtered laying hens fed before being slaughtered contaminated diet with 0.2mg AFB₁ and treated with γ -irradiation at 10, 20 and 30kGy, respectively. The feeding continued for 3 weeks (experimental duration), then followed by another 3 weeks period on commercial non-contaminated ration (recovery duration). The obtained results showed that the feed intake, live body weight, blood total protein, albumin, and globulin were significantly decreased ($P \leq 0.05$) in rats of G₂ during the experimental duration compared to G₁. However, an improvement was observed in all parameters for rats of G₃, G₄ and G₅. This improvement was parallel with increasing the dose levels of γ -ray (at 10, 20 and 30kGy), respectively. On the other hand, G₂ showed an increase in the relative organ weights and AFB₁ residues in breast tissues and organs including (liver, kidneys, spleen and heart), creatinine, liver function including aspartate aminotransferase (AST), alanine aminotransferase (ALT) and alkaline phosphatase (ALP). The experimental regimes for rats of G₃, G₄ and G₅ were effective at reducing the deleterious effect of AFB₁ on residues in breast tissues and organs. They normalized the relative organ weights as a function of radiation doses. Moreover, an improvement in serum liver enzymes, thyroid hormones and sexual hormones occurred, which reflects their effects on metabolism and reproductive efficiency of rats and this improvement was proportional with increasing the radiation doses up to 30kGy. It could be concluded that the radiation processing (at the applied radiation doses) of contaminated diet with AFB₁ has significantly improved all parameters ($P < 0.05$) which were negatively affected by AFs. Also, improvements were noticed in G₃ and G₄. A greater amelioration was obtained for group G₅ followed a recovery phase.

Keywords: Aflatoxins-B₁, Rat, Fed, Contaminated diet, Safety, Radiation processing.

Introduction

Food and feed safety are fundamental requirements to guarantee human health and there is a worldwide solicitude about the dangers of food poisoning (Chibanga et al., 2014). Food and feed are susceptible to be contaminated with mold species belonging to *Aspergillus* genus, mainly

Aspergillus flavus and *Aspergillus parasiticus*. These moulds are capable of producing toxic secondary metabolites called aflatoxins (B₁, B₂, G₁ and G₂). Among these aflatoxins, aflatoxin B₁ (AFB₁) is the most important member of mycotoxins showing hepatotoxic, teratogenic, immunosuppressive and potential carcinogenic that pose severe hazards to animal and human

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health. It is classified by the International Agency for Research on Cancer (IARC) as group 1 carcinogen (IARC, 2002).

Acute or chronic aflatoxicosis in poultry results in diminished egg and meat production, liver necrosis and hyperplasia of the bile duct leading to reduced proteins, fatty acids digestibility (Hussein & Brasel, 2001), and immunosuppressive (Bailey et al., 2006 and Shi et al., 2006). The biological mycotoxins toxicity depends on the type, dose and duration of mycotoxins intake, species, gender, genetic and animal age, general health, immune and nutrition, as well as certain environmental factors (Bryden, 2007). However, when focusing on how AFs play a role in food safety, solicitude should be limited to AFs that are known to be exposed directly by consuming the contaminated commodities or transferred from feed to food of animal origin, as this food represents a significant route of exposure for humans (Bhat et al., 2010).

The permissible level of aflatoxins adopted in most of the world countries is 5ppb as level of human contamination risk (Yosef et al., 2013). AFs residues in food are a major harmful to public health and could potentially create health problems as they suppress the immune response, hepatotoxic and nephrotoxic effects. The problem with AFs does not end with production losses as many of them are readily transferred to the poultry production (egg/meat) (Denli et al., 2009). AF is metabolized in the body into active metabolites and accumulates in egg, muscle tissues, organs of liver, kidney, breast, legs, and gizzard and blood. AFB₁ transfers from feed to food and metabolized into milk as AFM₁ and B₂ in the liver, AFB₁ to aflatoxin B₁ to eggs as aflatoxicol. AFs residues may also appear in body tissues and samples collected from the poultry feed AFs contaminated rations showed detectable levels of AFs in liver and their edible tissues like liver and muscle (Bintvihok et al., 2002).

Since the contamination of food and feed with mycotoxins in particular with AFB₁ is unavoidable, it is important to seek for possible way to prevent it, through the inhibition of aflatoxigenic moulds growth, or by reduction of the presence AFB₁ in food and feed (Kabak et al., 2006).

Food/feed safety is one of the main challenges for technology. Food/ feed irradiation is one among many of available technologies that has

been recognized as a reliable and safe method for the preservation of food and feed that contributes to improving the hygienic quality and nutritional value of them (EPA, 2013). Food irradiation is a processing technology that aims at the improvement of food safety and it is a physical method of food processing that involves exposing prepackaged or in bulk foodstuffs to ionizing energy to eliminate the microbial load or to control the presence of fungi and mycotoxins production in food and in feed (Farkas, 1989; Waje et al., 2009 and Markov et al., 2015). The objective of this study is to evaluate and explore the adverse effects of feeding rats on flesh and organs of laying hens fed before slaughtering AFB₁-contaminated diet and irradiated AFB₁-contaminated diet as a sensitive animal model to ensure the safety of processed materials through radiation treatments for consumption. In addition, the study aims to investigate the effect of AFB₁ on the studied indices through AFs free duration (recovery duration).

Materials and Methods

The experimental work of the present study was carried out at the Food Irradiation Department, National Center for Radiation Research and Technology, Atomic Energy Authority, Cairo, Egypt, and the Animal Production Research Institute, Ministry of Agriculture, Dokki, Giza and Animal Health Research Institute, Ministry of Agriculture, Giza, Egypt.

Experimental design

Five groups, of 60 laying hens each, were contributed in this study. The first group was fed daily on non-contaminated AFB₁ ration and served as a control. The second group was fed contaminated AFB₁ ration (0.2mg AFB₁ kg⁻¹) according to Farag et al. (2017). The third to fifth groups were fed γ -irradiated contaminated ration (0.2mg AFB₁ kg⁻¹ irradiated with 10, 20 and 30kGy, respectively). After 3 weeks of feeding, hens in each group were slaughtered and flesh (breast and thigh muscles) and organs (liver, kidney, spleen and heart) were dissected out and dried, grinded and stored frozen as prepared meals (M₁, M₂, M₃, M₄ and M₅, respectively) for the experimental rats. A total number of 150 adult female Westar rats, aged 90 days, weighing around 120±5gm, were divided into five groups of 30 rats each. All groups were adapted for one week under normal ration before starting the

experiment and then fasted for 24 h before feeding with the prepared meals. The first group (G_1) was fed daily on the prepared meal (M_1) of the first control group of hens (non-contaminated ration). The second group of rats (G_2) was fed on M_2 meal of the second group of hens (AFB_1 contaminated ration). The third to fifth groups (G_3 , G_4 and G_5) were fed on their analog prepared hens meals (M_3 , M_4 and M_5) (AFB_1 contaminated irradiated ration with 10, 20 and 30kGy, respectively). The feeding continued for 3 weeks (Experimental duration) and then followed by another 3 weeks period on commercial non-contaminated ration (Recovery duration) to explore the possibility of reducing and a polished the residue of AFB_1 that may be present in the experimental rats. Indices as feed intake and live body weight of all rats were recorded weekly during the experimental and recovery periods. Three rats in each group were killed (slaughtered) as representative samples and their internal organs (liver, kidney, spleen and heart) were immediately dissected out and weighed. The AFB_1 residues in these samples were measured by HPLC according AOAC (1995).

Blood sampling and hormones assay

Blood samples were collected weekly, 5 rats were chosen randomly in each group. Serum total protein, albumin, globulin, liver enzymes (AST, ALT & ALP) and creatinine were measured by spectrophotometer, using available commercial kits produced by Biodiagnostic, Egypt. Blood serum samples of rats at the end of experimental and recovery duration (the 3rd and the 6th weeks) were tested for hormones determination. All tested hormones were performed by enzyme-linked immunosorbent assay (ELISA) according to manufacturer instructions. Thyroid hormones; triiodothyronine (T_3), thyroxine (T_4) and thyroid stimulating hormone (TSH) and progesterone were determined using kits purchased from Immunospec Corporation. Testosterone and estradiol were determined using kits purchased from Diagnostic Biochem CandaInc .

Statistical analysis

Data were analyzed for all variables using the General Linear Models procedure to test the differences between means using SAS software version 9.1 (SAS Institute, 2004). Means showing significant differences were compared using Duncan's Multiple Range procedure (Duncan, 1955). All statements of statistical significance were based on probability $P < 0.05$.

Results and Discussion

Feed intake and live body weight

The weekly feed intake and the live body weight of rats during the experimental and recovery durations are presented in Table 1. These indices were severely depressed in rats in G_2 during the experimental duration (1st – 3rd week) compared to those in G_3 , G_4 and G_5 . On the other hand, these values were increased gradually by the rate of irradiation to reach the same values of the control group (G_1).

These results are in agreement with El-Shewy & Ebrahim (2004), who reported a significant decrease in body weight and growth rate of rats dosed AFB_1 (7.5ug/200g body weight orally) daily for 3 successive weeks (26.84%) than the control group (53.55%). The loss of body weight may be due to improper assimilation or metabolism of feed produced from the hepatotoxic effects of AFB_1 (Ibeh & Saxena, 1998). In addition, lower feed intake and growth rate might be due to the decreased activity of important enzymes in the carbohydrates digestion, proteins, lipids, and nucleic acids and impaired and defects in some of the nutrient. The reduction in protein synthesis was affected by AFs may due to disruption of transcription mRNA and transport amino acid, thus protein synthesis and DNA were prevented (Thaxton et al., 1974). The improvements in feed intake and body weight gain by irradiation treatments of AFB_1 - contaminated diets may due to residual degradation of AFB_1 levels in diets which was reflected in laying hens' tissues and organs and the degradation level increased with increasing the level of γ -radiation. In the recovery phase (4th, 5th and 6th weeks), a slight improvement of these indices was recorded in G_2 , with a significant increase ($P < 0.05$) in G_3 , G_4 and G_5 (Table 1).

Relative organ weights

The relative weights of some organs including liver, kidneys, spleen and heart to live weights of rats in different groups are presented in Table 2. The relative weight of these organs in G_2 were significantly increased ($P < 0.05$) compared to those of the control (G_1). The effect was directly proportion with the duration. Treatment of the laying hens' diet with γ -radiation at different doses up to 30kGy reduced the toxic effects of AFB_1 on the relative weights of rats' organs. It is concluded that γ - irradiation at dose level of 30kGy normalized the relative weight of

organs in corresponding to the control group. Increased liver weight was probably due to the fat deposition consequently to impair fat metabolism. Liver is considered the target organ for AFB₁ because it is the organ where most aflatoxins are bioactivated to the reactive 8, 9-epoxide form, which is known to bind DNA and proteins, damaging the liver structures and increasing liver weight (Pasha et al., 2007). Another explanation for increased weight of liver, fatty liver is mainly mediated by inhibiting synthesis of cholesterol and phospholipids, hence the fat transported through hepatic tissue (Manegar et al., 2010).

In addition to the irritation of gastrointestinal mucosa by aflatoxins, provoking inflammation and thickening of the wall (El-Ghany et al., 2013). Increased relative weight of kidneys was probably due to lipaemia (increased fat deposition) (Sharghi & Manafi, 2011). Lower relative weights of the liver, spleen and kidneys in rats challenged with only AFs compared to untreated control rats could be due to necrosis and reduced density of lymphoid cells (Perozo & Rivera, 2003). During the recovery period (4th–6th week), the relative weight of the rat organs in G₅ reached the nearest normal weights of the control group (G₁).

TABLE 1. Feed intake and live body weight of the experimental rats in different treated groups (T) and during experimental duration (D) and recovery duration (R).

Duration (week)	Experimental treated groups (T)	Feed intake (g)	Live body weight (g)		
Experimental duration (D)	1 st	G ₁	222.30 ^a ±1.28	134.00 ^a ±1.15	
		G ₂	117.63 ^c ±3.1	116.33 ^d ±1.45	
		G ₃	123.86 ^d ±1.29	121.66 ^c ±0.88	
		G ₄	143.30 ^c ±0.75	126.66 ^b ±0.33	
		G ₅	162.40 ^b ±0.43	131.66 ^a ±0.88	
	3 rd	G ₁	246.00 ^a ±0.96	144.33 ^a ±1.76	
		G ₂	117.70 ^d ±1.48	114.66 ^d ±0.81	
		G ₃	117.40 ^d ±2.75	118.66 ^c ±0.85	
		G ₄	129.03 ^c ±0.33	121.33 ^c ±0.66	
		G ₅	135.53 ^b ±0.57	127.66 ^b ±0.66	
	Recovery duration (R)	Commercial non-contaminated diet with AFB ₁	G ₁	263.56 ^a ±1.18	151.00 ^a ±0.57
			G ₂	118.40 ^d ±0.64	114.00 ^d ±1.00
			G ₃	119.26 ^d ±1.26	118.33 ^c ±0.33
			G ₄	224.80 ^c ±2.59	120.66 ^b ±0.33
			G ₅	230.93 ^b ±0.27	122.33 ^b ±0.88
4 th				274.43 ^a ±0.91	159.33 ^a ±0.88
				123.60 ^c ±2.23	119.00 ^c ±0.57
				133.20 ^d ± 2.85	125.33 ^d ±0.88
				144.90 ^c ±1.85	129.33 ^c ±0.66
				156.36 ^b ±2.60	134.00 ^b ±1.52
5 th		291.33 ^a ±1.99	165.66 ^a ±1.20		
		139.43 ^c ±1.75	126.33 ^c ±1.20		
		159.03 ^d ±4.27	132.33 ^d ±1.45		
		173.03 ^c ±1.03	137.66 ^c ±1.33		
		187.36 ^b ±0.95	148.33 ^b ±0.66		
6 th		289.43 ^a ±4.67	176.00 ^a ±1.15		
		157.63 ^c ±1.54	137.00 ^c ±0.57		
		177.20 ^d ±1.27	145.33 ^d ±2.33		
		189.73 ^c ± 1.56	157.00 ^c ±1.52		
		227.13 ^b ±0.23	162.00 ^b ±1.52		

Means of each value in the same column within each duration with the same letter are not significantly different ($P < 0.05$). Each value represents mean ± standard error. The P value of Duration (D), Treatment (T), D*T, Recovery (R), Treatment (T), R*T was 0.0001.

TABLE 2. Relative organ weights of the experimental rats in different treated groups (T) and during experimental duration (D) and recovery duration (R).

Duration (week)	Experimental treated groups (T)	Live body weight (g)	Liver (g/100g live body weight)	Kidney (g/100g live body weight)	Spleen (g/100g live body weight)	Heart (g/100g of live body weight)		
Experimental duration (D)	1 st	G ₁	146.33 ^a ±2.18	3.26 ^e ±0.02	1.49 ^d ±0.04	0.68 ^d ±0.01	0.75 ^d ±0.02	
		G ₂	122.33 ^d ±0.88	4.27 ^a ±0.01	1.90 ^a ±0.01	1.19 ^a ±0.01	1.19 ^a ±0.02	
		G ₃	127.00 ^{cd} ±1.52	4.06 ^b ±0.02	1.80 ^b ±0.04	1.12 ^b ±0.01	1.10 ^b ±0.01	
		G ₄	131.33 ^c ±2.60	3.82 ^c ±0.03	1.76 ^b ±0.01	1.0 ^b ±0.02	1.05 ^b ±0.01	
		G ₅	137.00 ^b ±1.15	3.54 ^d ±0.02	1.62 ^c ±0.01	0.98 ^c ±0.03	0.86 ^c ±0.02	
	2 nd	G ₁	149.66 ^a ±2.40	3.30 ^e ±0.02	1.47 ^c ±0.02	0.66 ^c ±0.02	0.68 ^c ±0.01	
		G ₂	114.66 ^d ±0.88	4.32 ^a ±0.02	1.95 ^a ±0.02	1.28 ^a ±0.01	1.27 ^a ±0.01	
		G ₃	117.66 ^{cd} ±0.66	4.16 ^b ±0.01	1.82 ^b ±0.01	1.21 ^{ab} ±0.06	1.19 ^b ±0.01	
		G ₄	121.33 ^c ±0.66	3.86 ^c ±0.06	1.74 ^c ±0.02	1.17 ^{ab} ±0.01	1.11 ^c ±0.01	
		G ₅	127.00 ^b ±1.15	3.67 ^d ±0.02	1.66 ^d ±0.02	1.11 ^b ±0.01	0.88 ^d ±0.02	
	3 rd	G ₁	153.66 ^a ±2.84	3.31 ^e ±0.02	1.40 ^d ±0.05	0.67 ^c ±0.04	0.69 ^c ±0.04	
		G ₂	114.00 ^c ±1.00	4.40 ^a ±0.02	1.93 ^a ±0.03	1.33 ^a ±0.03	1.31 ^a ±0.01	
		G ₃	118.33 ^{bc} ±0.33	4.24 ^b ±0.01	1.84 ^{ab} ±0.01	1.28 ^{ab} ±0.04	1.24 ^a ±0.01	
		G ₄	120.33 ^b ±0.33	3.88 ^c ±0.04	1.78 ^b ±0.01	1.21 ^b ±0.01	1.16 ^b ±0.01	
		G ₅	122.33 ^b ±0.88	3.64 ^d ±0.02	1.69 ^c ±0.01	0.67 ^c ±0.01	0.93 ^c ±0.02	
Recovery duration (R)	4 th		157.00 ^a ±3.05	3.35 ^e ±0.02	1.43 ^c ±0.03	0.69 ^c ±0.01	0.71 ^c ±0.01	
			119.00 ^d ±0.57	4.30 ^a ±0.01	1.85 ^a ±0.01	1.23 ^a ±0.04	1.21 ^a ±0.01	
			125.33 ^c ±0.88	4.13 ^b ±0.01	1.74 ^b ±0.01	1.22 ^a ±0.03	1.15 ^b ±0.01	
			129.33 ^{bc} ±0.66	3.67 ^c ±0.02	1.67 ^c ±0.02	1.13 ^a ±0.02	1.02 ^c ±0.01	
			134.00 ^b ±1.52	3.55 ^d ±0.01	1.59 ^d ±0.01	0.97 ^b ±0.03	0.80 ^d ±0.01	
			160.33 ^a ±1.76	3.33 ^e ±0.03	1.39 ^c ±0.01	0.65 ^c ±0.02	0.68 ^d ±0.01	
		5 th	Commercial non-contaminated diet with AFB1	126.33 ^c ±1.20	4.20 ^a ±0.01	1.76 ^a ±0.01	1.09 ^a ±0.02	1.12 ^a ±0.03
				132.33 ^d ±1.45	3.93 ^b ±0.02	1.66 ^b ±0.01	0.97 ^b ±0.02	1.03 ^b ±0.01
				137.66 ^c ±1.33	3.61 ^c ±0.02	1.56 ^c ±0.01	0.83 ^c ±0.01	0.93 ^c ±0.01
				148.33 ^b ±0.66	3.44 ^d ±0.01	1.48 ^d ±0.02	0.73 ^d ±0.01	0.73 ^d ±0.01
			173.00 ^a ±2.08	3.31 ^e ±0.02	1.39 ^d ±0.01	0.65 ^d ±0.01	0.65 ^d ±0.01	
	6 th		133.33 ^d ±0.88	3.89 ^a ±0.03	1.66 ^a ±0.01	0.91 ^a ±0.01	0.95 ^a ±0.01	
			148.00 ^c ±2.30	3.77 ^b ±0.02	1.57 ^b ±0.01	0.82 ^b ±0.01	0.88 ^b ±0.01	
			157.00 ^b ±1.52	3.54 ^c ±0.01	1.48 ^c ±0.03	0.74 ^c ±0.02	0.76 ^c ±0.01	
			168.66 ^a ±1.85	3.34 ^d ±0.01	1.39 ^d ±0.01	0.67 ^d ±0.02	0.67 ^d ±0.01	

Means of value sample in the same column within each duration with the same letter are not significantly different (P < 0.05). Each value represents mean±standard error. The P value of Duration (D), Treatment (T), D*T, Recovery (R), Treatment (T), R*T was 0.0001.

AFB₁ residues in organs

The detectable amount of AFB₁ residues in the rats breast tissues and organs of G₂ were significantly higher ($P < 0.05$) than those in G₁, G₃, G₄ and G₅ (Table 3). In general, AFB₁ residues were decreased dramatically in these organs in parallel with elevation of the radiation dose up to 30kGy. It is concluded that the residual levels of AFB₁ were diminished by γ -radiation processing of contaminated diets, as a physical detoxifying agent. These results are agreed with Zaghini et al. (2005) who reported that AFB₁ residue was found

in the livers of laying hens fed 2.5mg/kg AFB₁ diet for four weeks. Residue levels may be different owing to the type of animal and diet, however, the concentrations of AFB₁ and the length of exposure, and enhanced tolerance to AFs (Bennett & Klich, 2003). During the recovery phase, AFB₁ residues in different organs were decreased with increasing the duration especially for those rats in groups (G₃, G₄ and G₅) AFB₁ residual in breast tissues and organs until there were no detectable residues could be seen.

TABLE 3. AFB₁ residues content in breast tissues and organs of the experimental rats in different treated groups (T) and during experimental duration (D) and recovery duration (R).

Duration (week)	Experimental					
	treated groups (T)	Breast tissues (ng.g ⁻¹)	Liver (ng.g ⁻¹)	Kidney (ng.g ⁻¹)	Spleen (ng.g ⁻¹)	Heart (ng.g ⁻¹)
	G1	ND	ND	ND	ND	ND
1 st	G ₂	0.80 ^a ±0.04	0.91 ^a ±0.01	0.76 ^a ±0.02	0.75 ^a ±0.01	0.85 ^a ±0.01
	G ₃	0.66 ^b ±0.02	0.80 ^b ±0.03	0.65 ^b ±0.02	0.68 ^a ±0.03	0.73 ^b ±0.01
	G ₄	0.55 ^c ±0.02	0.72 ^c ±0.01	0.45 ^c ±0.02	0.52 ^b ±0.03	0.60 ^c ±0.01
	G ₅	0.48 ^c ±0.02	0.65 ^c ±0.02	0.32 ^d ±0.02	0.31 ^c ±0.02	0.31 ^d ±0.01
	G ₁	ND	ND	ND	ND	ND
Experimental duration (D)	G ₂	1.04 ^a ±0.07	1.26 ^a ±0.01	0.96 ^a ±0.01	0.86 ^a ±0.03	1.15 ^a ±0.01
	G ₃	0.88 ^b ±0.02	1.11 ^b ±0.01	0.84 ^b ±0.03	0.75 ^b ±0.02	0.89 ^b ±0.02
	G ₄	0.75 ^{bc} ±0.02	0.87 ^c ±0.01	0.68 ^c ±0.02	0.65 ^c ±0.02	0.69 ^c ±0.03
	G ₅	0.66 ^c ±0.01	0.75 ^d ±0.02	0.44 ^d ±0.03	0.46 ^d ±0.02	0.45 ^d ±0.03
	G ₁	ND	ND	ND	ND	ND
3 rd	G ₂	1.47 ^a ±0.03	4.40 ^a ±0.72	1.28 ^a ±0.05	1.05 ^a ±0.01	1.27 ^a ±0.04
	G ₃	1.28 ^b ±0.03	2.61 ^b ±0.23	1.05 ^b ±0.02	0.89 ^b ±0.01	1.10 ^b ±0.03
	G ₄	1.13 ^c ±0.03	1.35 ^c ±0.06	0.80 ^c ±0.01	0.76 ^c ±0.02	0.83 ^c ±0.03
	G ₅	0.89 ^d ±0.04	1.21 ^c ±0.02	0.57 ^d ±0.02	0.65 ^d ±0.02	0.62 ^d ±0.02
	G ₁	ND	ND	ND	ND	ND
4 th	G ₂	1.26 ^a ±0.02	2.52 ^a ±0.05	0.61 ^a ±0.03	0.88 ^a ±0.01	0.98 ^a ±0.07
	G ₃	1.15 ^b ±0.03	2.23 ^b ±0.01	0.38 ^b ±0.04	0.79 ^b ±0.01	0.80 ^b ±0.03
	G ₄	0.92 ^c ±0.02	1.20 ^c ±0.01	0.24 ^c ±0.02	0.57 ^c ±0.02	0.61 ^c ±0.03
	G ₅	0.70 ^d ±0.02	0.94 ^d ±0.03	0.15 ^d ±0.02	0.38 ^d ±0.02	0.36 ^d ±0.02
	G ₁	ND	ND	ND	ND	ND
Recovery duration (R)	Commercial non-contaminated diet with AFB1	1.07 ^a ±0.02	1.64 ^a ±0.05	0.44 ^a ±0.01	0.74 ^a ±0.02	1.10 ^a ±0.05
	G ₂	0.78 ^b ±0.05	1.37 ^b ±0.02	0.33 ^b ±0.03	0.63 ^b ±0.02	0.90 ^b ±0.02
	G ₃	0.58 ^c ±0.02	0.89 ^c ±0.01	0.16 ^c ±0.01	0.43 ^c ±0.01	0.72 ^c ±0.02
	G ₄	ND	0.27 ^d ±0.02	ND	ND	0.17 ^d ±0.03
	G ₅	ND	ND	ND	ND	ND
6 th	G ₂	0.50 ^a ±0.01	0.72 ^a ±0.04	0.32 ^a ±0.01	0.46 ^a ±0.02	0.68 ^a ±0.05
	G ₃	0.42 ^b ±0.03	0.63 ^b ±0.03	0.20 ^b ±0.01	0.31 ^b ±0.05	0.51 ^b ±0.04
	G ₄	0.20 ^c ±0.02	0.46 ^c ±0.02	ND	0.16 ^c ±0.01	0.20 ^c ±0.04
G ₅	ND	ND	ND	ND	ND	

-Means of value sample in the same column within each duration with the same letter are not significantly different ($P < 0.05$). Each value represents mean±standard error. The P value of Duration (D), Treatment (T), D*T, Recovery(R), Treatment (T), R*T was 0.0001. -ND: no detectable.

Serum biochemical attributes

It is well known that, AFB₁ residue in hen's meals has a harmful and stressful effect on liver tissue. AST, ALT and ALP enzymes are famous

biomarkers of liver damage. The results of the current study revealed that exposure to AFB₁ residues resulted in a significant increase in AST, ALT and ALP (Table 4).

TABLE 4. Liver enzymes of the experimental rats in different treated groups (T) and during experimental duration (D) and recovery duration (R).

Duration (week)	Experimental treated groups (T)	AST (UL)	ALT (UL)	ALP (UL)		
Experimental duration (D)	1 st	G ₁	37.73 ^c ±1.26	56.48 ^c ±1.96	27.86 ^c ±1.28	
		G ₂	81.34 ^a ±0.68	93.62 ^a ±2.52	56.95 ^a ±1.17	
		G ₃	73.34 ^b ±2.52	86.12 ^b ±1.13	49.64 ^b ±0.60	
		G ₄	60.38 ^c ±1.65	80.23 ^c ±0.88	42.79 ^c ±0.96	
		G ₅	45.38 ^d ±2.24	64.45 ^d ±2.20	38.88 ^d ±0.50	
	2 nd	G ₁	38.37 ^d ±0.60	53.98 ^d ±0.33	26.97 ^c ±1.19	
		G ₂	84.83 ^a ±1.21	98.43 ^a ±1.02	61.75 ^a ±0.67	
		G ₃	68.88 ^b ±1.56	79.57 ^b ±2.28	44.40 ^b ±1.19	
		G ₄	53.45 ^c ±2.48	71.43 ^c ±0.68	39.75 ^c ±0.52	
		G ₅	41.75 ^d ±0.89	57.21 ^d ±3.18	31.62 ^d ±0.85	
	3 rd	G ₁	36.50 ^d ±0.51	50.37 ^d ±1.98	25.49 ^d ±1.14	
		G ₂	77.18 ^a ±1.11	90.68 ^a ±2.37	73.60 ^a ±3.52	
		G ₃	62.61 ^b ±1.60	75.00 ^b ±2.35	43.35 ^b ±1.21	
		G ₄	47.15 ^c ±0.68	65.71 ^c ±2.12	34.59 ^c ±1.65	
		G ₅	38.47 ^d ±0.68	50.14 ^d ±2.12	26.80 ^d ±1.65	
Recovery duration (R)	1 st		35.11 ^d ±1.17	45.42 ^d ±0.60	25.24 ^d ±0.34	
			67.85 ^a ±1.22	85.78 ^a ±2.07	65.91 ^a ±0.88	
			56.64 ^b ±0.87	69.48 ^b ±0.89	41.88 ^b ±0.90	
			47.90 ^c ±0.40	59.49 ^c ±1.85	33.34 ^c ±0.47	
			36.73 ^d ±0.32	47.35 ^d ±1.31	25.34 ^d ±0.49	
	2 nd	Commercial non-contaminated diet with AFB ₁		35.15 ^d ±0.69	44.16 ^d ±0.84	22.75 ^d ±0.38
				62.84 ^a ±0.79	76.53 ^a ±1.18	58.52 ^a ±1.22
				53.07 ^b ±1.15	64.71 ^b ±0.54	38.59 ^b ±1.57
				41.49 ^c ±0.71	54.98 ^c ±1.45	30.76 ^c ±0.81
				35.70 ^d ±0.26	44.08 ^d ±1.36	23.77 ^d ±1.05
	3 rd			34.28 ^d ±0.70	42.42 ^d ±0.69	23.21 ^d ±0.30
				58.44 ^a ±1.16	70.93 ^a ±0.71	53.01 ^a ±1.39
				48.47 ^b ±0.86	59.32 ^b ±0.75	36.64 ^b ±1.54
				40.31 ^c ±0.58	51.67 ^c ±0.58	29.89 ^c ±0.63
				34.64 ^d ±0.33	42.56 ^d ±1.06	23.18 ^d ±1.23

Means of each value in the same column within each duration with the same letter are not significantly different (P < 0.05). Each value represents mean ± standard error. The P value of Duration (D), Treatment (T), D*T, Recovery(R), Treatment (T), R*T was 0.0001.

The highest level of liver enzymes observed in G_2 which were reduced with increasing levels of γ -irradiation for those rats of G_3 , G_4 and G_5 during the experimental duration, especially at 30kGy (G_5). AST and ALT are cytoplasmic in location and the increased serum levels may be due to leakage of these enzymes into blood stream as a result of autolytic breakdown or cellular damage (Gaskill et al., 2005). Elevated levels of ALT and ALP are suggestive of liver or bile duct disease, while ALT is a prime marker of bile duct epithelial proliferation that is typical of aflatoxicosis (Kramer, 1989). During the recovery duration, an improvement in liver enzymes has been observed in G_3 , G_4 and G_5 , especially of those in group 5. Blood serum creatinine, protein, albumin and globulin levels in different groups and during the experimental and recovery duration were recorded in Table 5. Serum creatinine value was significantly increased ($P < 0.05$), while serum protein, albumin and globulin levels were significantly decreased ($P < 0.05$) in rats of G_2 fed on hen aflatoxicated meat.

The adverse effects were ameliorated by feeding the rats γ -irradiated hens' meal, particularly in group 5. The increase in serum creatinine level to nephrotoxic action causes renal impairment by destruction of epithelial cells of proximal and distal convoluted tubules and alteration in tubular function (Abu-Aita et al., 2008). While, the decrease in albumin and globulin values, which are commonly in association with the chronic disease (Coles, 1986) may be due to the effect of AFs on protein synthesis and RNA production (Agag, 2004). It was noticed that at the end of the recovery duration all blood parameters especially for those in G_5 were improved.

Blood Serum Hormone Levels

Serum thyroid and sexual hormone values in different groups of rats at the end of the experimental and recovery duration were presented in Table 6. Rats in G_2 which consumed prepared hen's meal of AFB_1 contaminated diet showed a significant increase in TSH and a significant decrease in T_3 & T_4 compared to control group. The significant decrease in T_3 and T_4 has been shown by Salem & Selim (1994), Eraslan et al. (2005) and Hassan et al. (2010) which was in agreement with these results. The levels of blood T_3 and T_4 in all treated groups (G_2 - G_5) were decreased compared to (G_1). The mechanism concerning the decrease in serum T_3 and T_4 levels may be associated with the decrease in blood iodine level, which is essentially

significant in the synthesis of these hormones (Markou et al., 2001). It is obvious that AFs residues cause damage of the epithelium cells of the digestive tract (Johri et al., 1990). The T_3 & T_4 in the groups (G_3 , G_4 & G_5) received the prepared hen's meal of aflatoxicated and γ -irradiated ration, were tended to reach the values as in the control group. As for the sexual hormones (estradiol, testosterone and progesterone) a significant decrease is clearly shown in group of non-irradiated AFs diet (G_2). These results are in concomitant with those reported by EL-Shewy & Ebrahim (2004), Hasanzadeh et al. (2011) and Adedara et al. (2014). These authors also reported that Aflatoxins are very potent toxins affecting the growth of all animals, delay in genital system growth (Hafez et al., 1982), high disturbances in estrous cycle, reduced pregnancy rate and number of live new born, failure indication and intrauterine death of the foetus (Shapour & Saeedeh, 2013). In this study, the results were confirmed by Kourousekos et al. (2008) who also proposed that AFB_1 has a direct effect either on ovarian secreting cells or on the hypothalamus-hypophysis-ovarian axis. Most authors' hypotheses focus on the fact that AFs may affect the reproductive system by its toxic effect on the liver, where the cellular hepatic damage could inhibit enzyme synthesis and/or enzyme activity, inhibition of lipid metabolism or fatty acid synthesis, which is essential for synthesis of precursor molecules for AFs may influence the reproductive system by its toxic effect on the liver, where the cellular hepatic damage could inhibit enzyme synthesis and/or enzyme activity, inhibition of lipid metabolism or fatty acid synthesis, causing decreased synthesis of precursor molecules of gonadal as well as gonadotropic hormones (Handan & Guleray, 2005).

The improvement in thyroid and sexual hormones of G_3 , G_4 and G_5 may be due to effectiveness of γ -radiation in degradation of AFB_1 for those hens fed irradiated contaminated diets that leads to decrease of aflatoxin residue in prepared hens' meals. An improvement was noticed also in a recovery period through keeping the same trend as experimental duration.

The amelioration in most tested parameters in both experimental and recovery periods are radiation dose dependant. The 30kGy dose is safe and effective for modulation of AFB_1 deleterious effects on poultry production and could protect consumers health.

TABLE 5. Creatinine, serum proteins of the experimental rats in different treated groups (T) and during experimental duration (D) and recovery duration (R).

Duration (week)	Experimental treated groups (T)	Creatinine (mg.dl ⁻¹)	Total protein (g.dl ⁻¹)	Albumin (g.dl ⁻¹)	Globulin (g.dl ⁻¹)	
Experimental duration (D)	1 st	G ₁	1.37 ^d ±0.01	7.73 ^a ±0.06	4.30 ^a ±0.12	3.43 ^a ±0.09
		G ₂	1.71 ^a ±0.01	4.70 ^c ±0.09	2.47 ^c ±0.05	2.22 ^c ±0.06
		G ₃	1.62 ^b ±0.02	5.44 ^d ±0.03	2.96 ^d ±0.02	2.48 ^b ±0.01
		G ₄	1.58 ^b ±0.01	5.94 ^c ±0.04	3.27 ^c ±0.09	2.67 ^b ±0.07
		G ₅	1.49 ^c ±0.01	6.60 ^b ±0.08	3.91 ^b ±0.05	2.69 ^b ±0.10
	2 nd	G ₁	1.35 ^c ±0.01	7.86 ^a ±0.06	4.34 ^a ±0.11	3.52 ^a ±0.15
		G ₂	1.78 ^a ±0.02	4.51 ^c ±0.06	2.31 ^c ±0.02	2.80 ^b ±0.05
		G ₃	1.57 ^b ±0.02	5.30 ^d ±0.02	2.85 ^d ±0.01	2.63 ^b ±0.04
		G ₄	1.50 ^c ±0.02	5.77 ^c ±0.02	3.14 ^c ±0.02	2.45 ^{cd} ±0.01
		G ₅	1.41 ^d ±0.01	6.40 ^b ±0.09	3.59 ^b ±0.04	2.20 ^d ±0.08
	3 rd	G ₁	1.36 ^d ±0.02	7.74 ^a ±0.04	4.31 ^a ±0.10	3.43 ^a ±0.07
		G ₂	1.87 ^a ±0.02	4.40 ^c ±0.07	2.25 ^c ±0.02	2.14 ^d ±0.05
		G ₃	1.52 ^b ±0.01	5.0 ^d ±0.07	2.68 ^b ±0.01	2.39 ^c ±0.06
		G ₄	1.43 ^c ±0.01	5.54 ^c ±0.03	2.94 ^c ±0.02	2.60 ^b ±0.05
		G ₅	1.37 ^{cd} ±0.01	6.00 ^b ±0.10	3.29 ^b ±0.04	2.70 ^b ±0.05
Recovery duration (R)	Commercial non-contaminated diet with AFB1		1.33 ^d ±0.01	7.64 ^a ±0.18	4.39 ^a ±0.09	3.25 ^a ±0.28
			1.81 ^a ±0.03	4.91 ^d ±0.08	2.47 ^c ±0.04	2.44 ^b ±0.06
		4 th	1.50 ^b ±0.01	5.44 ^c ±0.06	3.01 ^d ±0.02	2.42 ^b ±0.04
			1.40 ^c ±0.01	6.03 ^b ±0.08	3.32 ^c ±0.02	2.71 ^b ±0.08
			1.36 ^{cd} ±0.01	6.34 ^b ±0.04	3.65 ^b ±0.07	2.68 ^b ±0.08
			1.34 ^c ±0.01	7.73 ^a ±0.04	4.36 ^a ±0.05	3.37 ^a ±0.09
			1.75 ^a ±0.02	4.95 ^c ±0.08	2.62 ^c ±0.05	2.33 ^c ±0.11
		5 th	1.46 ^b ±0.01	5.56 ^d ±0.02	3.21 ^d ±0.03	2.35 ^c ±0.02
			1.38 ^c ±0.01	6.12 ^c ±0.02	3.48 ^c ±0.02	2.63 ^b ±0.03
			1.33 ^c ±0.01	6.43 ^b ±0.05	3.71 ^b ±0.04	2.71 ^b ±0.08
			1.32 ^c ±0.01	7.80 ^a ±0.09	4.42 ^a ±0.05	3.38 ^a ±0.14
			1.69 ^a ±0.01	5.23 ^c ±0.07	2.81 ^c ±0.05	2.42 ^c ±0.08
		6 th	1.42 ^b ±0.01	5.78 ^d ±0.01	3.36 ^d ±0.02	2.41 ^c ±0.02
			1.35 ^c ±0.01	6.38 ^c ±0.02	3.69 ^c ±0.02	2.68 ^b ±0.03
			1.32 ^c ±0.01	6.88 ^b ±0.04	4.01 ^b ±0.06	2.87 ^b ±0.06

Means of each value in the same column within each duration with the same letter are not significantly different (P < 0.05). Each value represents mean±standard error. The P value of Duration (D), Treatment (T), D*T, Recovery (R), Treatment (T), R*T was 0.0001.

TABLE 6. Serum blood of TSH, T₃, T₄, estradiol, testosterone and progesterone of the experimental rats in different treated groups (T) and during experimental duration (D) and recovery duration (R).

	Duration (week)	Experimental treated groups (T)	TSH	T3	T4	Estradiol	Testosterone	Progesterone
			(μ IU/ml)	(ng/ml)	(μ g/dl)	(pg/ml)	(ng/ml)	(ng/ml)
Experimental duration (D)	3 rd	G ₁	0.17 ^c ±0.01	3.49 ^a ±0.11	21.54 ^a ±0.45	478.00 ^a ±2.88	2.40 ^a ±0.11	1.33 ^a ±0.02
		G ₂	0.92 ^a ±0.03	1.73 ^c ±0.11	13.53 ^c ±0.46	239.66 ^c ±4.37	0.41 ^c ±0.02	0.57 ^c ±0.03
		G ₃	0.55 ^b ±0.01	2.28 ^d ±0.02	15.82 ^d ±0.34	290.66 ^d ±3.75	0.92 ^d ±0.02	0.96 ^d ±0.01
		G ₄	0.41 ^c ±0.02	2.54 ^c ±0.05	17.46 ^c ±0.16	343.66 ^c ±6.88	1.30 ^c ±0.05	1.07 ^c ±0.03
		G ₅	0.30 ^d ±0.02	3.11 ^b ±0.01	19.23 ^b ±0.05	429.33 ^b ±3.17	1.86 ^b ±0.03	1.22 ^b ±0.02
Recovery duration (R)	6 th		0.33 ^d ±0.02	3.68 ^a ±0.04	24.01 ^a ±0.62	480.00 ^a ±0.57	2.47 ^a ±0.07	1.34 ^a ±0.01
		Commercial non contaminated diet with AFB ₁	0.95 ^a ±0.01	2.33 ^c ±0.03	17.01 ^d ±0.41	281.67 ^d ±2.33	0.93 ^d ±0.03	0.72 ^c ±0.02
			0.90 ^a ±0.02	2.82 ^d ±0.03	19.50 ^c ±0.27	334.00 ^c ±6.80	1.27 ^c ±0.02	1.0 ^d ±0.01
			0.68 ^b ±0.01	3.21 ^c ±0.02	21.50 ^b ±0.07	391.33 ^b ±1.45	1.76 ^b ±0.03	1.19 ^c ±0.01
			0.53 ^c ±0.02	3.57 ^b ±0.02	23.53 ^a ±0.39	470.67 ^a ±3.52	2.44 ^a ±0.02	1.30 ^b ±0.01

Means of each value in the same column within each duration with the same letter are not significantly different ($P < 0.05$). Each value represents mean \pm standard error. The P value of Duration (D), Treatment (T), D*T, Recovery(R), Treatment (T), R*T was 0.0001

Conclusion

AFB₁ is a major toxic contaminant of foods and feeds. The results of the present study suggest that treatment of feed with γ -irradiation at up 30kGy is safe and helpful to reduce the toxicity of AFB₁ as well as improving the feed intake, live body weight, internal organ weights and blood biochemical attributes in the rats without any negative changes. These findings suggest that γ -irradiation treatment seemed to be successfully used safely to prevent any adverse effects of AFB₁ at concentration level 0.2mg/kg in contaminated feed of lying and subsequently, produced safe animal products for consumers.

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السلامة الصحية و الأمان السمي للحوم الدجاج البياض المغذي على علائق ملوثة بالأفلاتوكسين ب₁ و مشعة

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تهدف هذه الدراسة إلى تقييم اثر تناول المستهلك للطيور التي تم تغذيتها على علائق ملوثة بالأفلاتوكسين ب₁ (بتركيز 0.2 ملجم/كجم علف) ومقارنتها بالعلائق التي تحتوي على نفس التركيز من الافلاتوكسين ب₁ ولكن بعد معالجتها بأشعة جاما عند جرعات 10 و 20 و 30 كيلوجراى. تم اجراء التجربه على مرحلتين ثلاثة أسابيع للمعاملة و تليها ثلاثة أسابيع للاستشفاء. استخدم عدد 150 من إناث الفئران تم تقسيمها الى خمس مجموعات كل مجموعة تحتوي على عدد 30 فأر كالتالي:- المجموعة الأولى: تغذت على لحوم الدواجن (لحم الصدر ولحم الفخذ) وكذلك الأعضاء (الكبد - الكليه - الطحال - القلب) للدجاج البياض الذي تغذى قبل ذبحه على علفه غير ملوثة ب الأفلاتوكسين ب₁. المجموعة الثانية: تغذت على لحوم الدواجن و بعض الأعضاء الداخلية للدجاج البياض الذي تغذى قبل ذبحه على علفه ملوثة بأفلاتوكسين ب₁ بتركيز 0.2 ملجم/كجم علف بدون معالجه بالإشعاع. المجموعة الثالثة و المجموعة الرابعة و المجموعة الخامسة تغذت على لحوم الدواجن و بعض الأعضاء الداخلية للدجاج البياض الذي تغذى قبل ذبحه على علفه ملوثة بأفلاتوكسين ب₁ ومعرضة لأشعة جاما (10 و 20 و 30 كيلوجراى على التوالي). وظهرت النتائج بعد عمليه ذبح الفئران أن مجاميع الفئران التي تغذت على لحم الدجاج و على اعضاء الدجاج البياض الذي تغذى قبل الذبح على علائق ملوثة بالأفلاتوكسين ب₁ ومشععه عند 30 كيلو جراى حدث لها تحسن في كمية الغذاء المستهلك وبالتالي تحسن في الوزن و عدم تغير في وزن الأعضاء (الكبد - الكليه - الطحال - القلب) وحدث ايضا انخفاض في نسبة المتبقيات من الافلاتوكسين ب₁ في الاعضاء المختلفه (الكبد- الكليتين -الطحال و القلب) للفئران مقارنة بالمجموعة الضابطة و قد لوحظ أنه في فترة الإستشفاء حيث تغذت جميع المجاميع على علفه غير ملوثة حدث تحسن ملحوظا في وظائف الكبد و الكلى و مستويات هرمونات الغدة الدرقية و الهرمونات الجنسية مما يعكس التحسن في التمثيل الغذائي و الكفاءة التناسلية جراء استخدام تقنية التشعيع للحد من مخاطر تلوث الأعلاف بالأفلاتوكسين. نستنتج من هذه الدراسة أن استخدام المعالجة الإشعاعية حتى 30 كيلو جراى قد قلل من التأثير الضار للأفلاتوكسين ب₁ ولم يظهر له تأثيرات سلبية على الحيوان وبالتالي على المستهلك.