IMPACT OF USAGE PROTECTED FATS ON THE SKIN AND HAIR OF SHAMI DOES FED ON HALOPHYTES UNDER DESERT CONDITIONS

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he influence of halophytic diets with or without inclusion with protected fats was studied on the hair follicle dimensions and activity in the skin of Shami goats. Fortytwo adult Shami goats were divided into three groups (14 each) fed on diets with a ratio of 40% concentrate and 60% roughage and drink fresh water twice daily. The roughage in the first group, which representing the control was berseem hay, while in the other two groups were a mixture of 50% Atriplex halimus and Nummularia and 50% pearl millet with presence or absence of protected fats. Skin samples were taken to determine the hair follicle characteristics and activities. Results obtained indicated that feeding trails have small or no significant effects on the hair follicle dimensions or activities between tested and control groups and consequently elevated the negative effects of poor quality fibrous feed on follicle hair production and activity. A slight increase was found in the diameters of fibers from the secondary follicles in contrast with those of primary follicles, which showed a reversible trend. Meanwhile, the medulla thickness of the fibers produced from the primary follicles showed no significant changes corresponding to different feed trails. The histochemical evaluation revealed that significant differences in carbohydrate and protein contents of both primary and secondary follicle sheaths were found between the different treatment groups. The highest values of both carbohydrate and protein contents were recorded in the group which have protected fat in their diet. Animals fed on halophytes supplemented with protected fat were associated with higher sebaceous gland cell and nucleus diameters of both primary and secondary follicles. In an overall of conclusion, from the stand point of the skin follicle activity and hair production, the mixture of Atriplex halimus, Nummularia and pearl millet supplemented with protected fat could replace berseem hay. It is a promising feed resource in Sinai and newly reclaimed lands with similar environmental conditions.

Keywords: Shami goats, halophytes, protected fat, skin, histology, histochemistry

Goats in desert areas of Egypt are faced by overgrazed natural vegetation particularly those of the palatable species and the acute shortage of feed ingredients particularly during drought seasons. Some grasses and legumes have shown a great potential as fodders under saline and arid conditions in Sinai (El-Shaer, 1995). Halophytes represent the perennial forage shrubs in these regions, that are well adapted to salt and drought stresses. They can produce economically feasible biomass for grazing animals and provide low coat fodders for them (Girgis, 1994). Although, some halophytes could be accepted as forages utilized by sheep and goats, Aboul-Nasr (1998) and Craig et al. (1991) showed that many of these range plants have an adverse effect on animal health and containing chemical or physical factors that either limit or inhibit optimum animal performance.

As well as using fat supplements as a mean of raising the dietary energy density, it must also consider the need for specific fatty acids. The body requires specific amino acids and likewise requires specific fatty acids. Certain fatty acids have a positive effect on rumen efficiency (http://www.rwn.org.uk/rwn_cow_protected_fat.htm). However, with addition of protected fat in the diet, the supplementary fat does need to be protected in order to avoid impaired rumen function. Since skin is continuously exposed to internal and external influences that may alter its conditions and functioning. Modern nutritional science is devolving new insights into the relation between food intake and health and effects of food ingredients may improve to be biologically relevant for optimal skin condition (Boelsma et al., 2001).

In many developing countries where the understanding of ruminant nutrition is poor, the correct use of the protected fat is always in doubt. In most of these circumstances a considerable improvement could be made by applying, the first principle of good ruminant nutrition namely "feed the rumen first" and the technical rumen bypass products will be the next stage in development.

Therefore, the main objective of the present study was to investigate the effect of using ruminally-protected fat on some follicle and hair characteristics of goats fed halophytes to clarify the feasibility of the concept of functional foods for optimizing skin conditions.

MATERIALS AND METHODS

Forty-two adult Shami Goats were used in a feeding trial at Ras-Sedr station belonging to Desert Research Center in Sinai as a part of a project "Adaptation to climate change in WANA marginal environments through sustainable crop and livestock diversification", which was financially supported by the International Center for Bio-saline Agriculture (ICBA), Dubai, UAE during the period from May to October 2013.

All animals were housed inside semi open shaded pens covered with corrugated asbestos sheets and drinking fresh water twice daily over all the experimental period. The experimental animals aged 4-6 years and weighted about 25 kg were divided into 3 groups (14 each). The first group (G1), which represented the control was fed on 60% Berseem (*Trifolium Alexandrium*) hay and 40% concentrates. The second group (G2) was fed on 60% mixture of halophytes (at a percentage of 50% *Atriplex halimius* and *Nummularia* and 50% pearl millet) and 40% concentrates. The third group (G3) was fed on the same diet supplemented with 30 g/head/day ruminally protected fat (Magnapac). The protected fat (calcium soaps) that was used in this research is being tested in the sheep industry and is a new option for producers. Both ingredients and chemical composition of experimental diets were presented as a percentage in dry matter in table (1).

All animals in the three groups were offered 675g/head/day dry matter intake, which are 405 g/head/day hay, 405 g /head/day mixture of halophytes and 270 g/head/day concentrated feed mixture as 100% of their maintenance requirements according to Kearl (1982).

Skin biopsy samples were obtained from the mid-side region of the animals and fixed by immersion in formol calcium (Barker, 1958) for histological and histochemical examinations. After 24 hours, tissues were processed and stained with haematoxylin and Eosin (Hx. E.) (Drury and Wallington, 1980). Histological measurements included internal and external wall follicle diameters, follicle wall thickness, fibre diameters, medulla thickness, sebaceous gland cell and nucleus diameters. The follicle wall thickness was determined by subtraction of the average of internal diameter from the average of external diameter for each follicle. Histochemical demonstration of general carbohydrates were performed by Periodic acid Schiff's (PAS) reaction (Mc-Manus and Cason, 1950), while bromophenol blue stain was used for general proteins (Chapman, 1975). Both histological and histochemical parameters were measured using Image Analyzer software (Zen, 2012, Blue edition) and device Carl-Zeiss micro-imaging Gmbh) with lenses 10/0.847 and 40/0.65.

	Experimental diets			
Ingredients	Concentrated feed	Uov	Halophytes	
	mixture	пау	mixture	
Нау	-	60	-	
Mixture of halophytes	-	-	60	
Yellow corn	55	55	55	
Wheat bran	15	15	15	
Soybean meal	10	10	10	
Undecorticated cotton seed meal	14	14	14	
Molasses	3	3	3	
Mineral mix	1	1	1	
Lime stone	1	1	1	
Sodium chloride	1	1	1	
Total	100	100	100	
Nutrients %				
Dry matter (DM)	91.95	89.61	90.70	
Organic matter (OM)	93.61	88.61	81.96	
Crude protein (CP)	14.37	13.44	11.39	
Crude fibre (CF)	7.16	27.92	23.13	
Nitrogen free extract (NFE)	68.97	44.87	45.31	
Ether extract (EE)	3.11	2.38	2.13	
Ash	6.39	11.39	18.04	

 Table (1). Ingredients and chemical composition (% in dry matter of experimental diets).

Data were analyzed with SAS (2004) program using general linear models (GLM) procedure for analysis of variance and using the nutritional diets as sets. Means were significantly separated using Duncan's multiple range tests.

RESULTS AND DISCUSSION

The use of lipids in ruminant's diet can bring benefits, especially due to their high energy density with low calorie increase. However, unsaturated fatty acids can affect the rumen fermentation, and a way around this fact is the use of "protected lipids", which are not fully utilized by the microorganisms in the rumen, passing through the small intestine reducing the negative effect of fat and consequently on the degradability of fibre (Muller et al., 2005).

Shami goat-skin has two follicle types, primary and secondary. The primaries are usually the largest, in the skin often three, while the secondary are the smallest size, more numerous and lie on one side of the primaries (Fig. 1). Histologically, all follicle types have the same basic structure. The wall of the hair follicle is divided into two distinct layers, the outer and inner

root sheaths. The mean difference between the primary and secondary follicles was the presence of both sweat and sebaceous glands and erector muscle accompanying the primary follicles, while the secondary have only the sebaceous glands (Fig. 1). The primary follicles with their associated secondary follicles constitutes the hair follicle group, which is considered the unit of hair production.



Fig. (1). Transverse section in the skin of Shami goat showing its detailed structure. EPM, erector pili muscle; PF, primary follicle; Sb G, sebaceous gland; SF, secondary follicle; Sw G, sweat gland. (Hx.E.,100).

The impact of nutrition on the hair growth of grazing goats has long been appreciated, with periods of poor pasture growth or quality reflected in a reduction in total hair growth per animal. The relationship between nutrient intake and product output reflects changes in the supply of substrates, which are essential for fibre synthesis in the hair follicle.

The amount of hair produced by Shami goats has affected by different nutritional factors depend to a large extent on the number and size of the growing follicles as well as the rate of fibre growth. The follicle dimensions recorded in table (2) reflect the follicle ability to produce fibre materials. Primary follicles are usually larger than secondary ones and the coarser fibers or guard hairs are usually grown from primary follicles. The secondaries produce the fine fibres.

Follicle	Feed type	External	Internal	Wall
type		diameter	diameter	thickness
Duimanu	Control	188.05 ± 7.65^{a}	105.76 ± 4.66^{a}	82.29 ± 4.83^{a}
follicle	Halophytes	177.22 ± 5.60^{ab}	100.54 ± 3.41^{a}	76.68 ± 3.54^{a}
	Protected fats	162.06 ± 9.52^{b}	103.06 ± 5.80^{a}	59.00 ± 6.01^{b}
Sacandam	Control	$58.94{\pm}1.47^{b}$	18.00 ± 0.65^{b}	40.94 ± 1.15^{a}
follicle	Halophytes	65.64 ± 1.33^{a}	25.30 ± 0.59^{a}	$40.34{\pm}1.04^{a}$
	Protected fats	$68.92{\pm}2.10^{a}$	26.78 ± 0.94^{a}	42.15 ± 1.64^{a}
0 1 1	1 1.00 1 1	• • • • •	1 1°CC (D	0.05

Table (2). Mean values of follicle diameters and wall thickness (µm±S.E) in Shami goats fed on different feed nutrients.

Only values with different letters are significantly different (P < 0.05)

A small or non-significant changes was found in the external diameter and wall thickness of the primary follicles, while the internal diameter of the same follicles showed non-significant difference among the values in different experimental groups (Table 2). The highest values of the primary follicle dimensions were detected in the control group (G1), which recorded 188.05 \pm 7.65, 105.76 \pm 4.66 and 82.29 \pm 4.83 µm in the external, internal diameter and wall thickness, respectively.

In secondary follicles, table (2) illustrated that there was a significant increase in the values of the external and internal diameters of the treated groups (G2 and G3) than those of the control group (G1), which show no significant difference between the values of each other. They showed external diameter values of 65.64 ± 1.33 and 68.92 ± 2.10 µm versus 58.94 ± 1.47 µm in the control group and internal diameter values of 25.30 ± 0.59 and 26.78 ± 0.94 µm versus 18.00 ± 0.65 µm in the control group.

The results of the present study emphasized the importance of inner root sheath of the hair follicles in estimating hair follicle output and subsequently the fibre formation. Whereas, Mahgoub et al. (1974) stated that the greater thickness of the outer root sheath and large number of cell layers constituting it could be explained the greater activity and large fibres.

The results in table (2) also showed that the wall thickness of the secondary follicles was not affected significantly according to different feeding groups. The present results indicate that all follicle diameters were positively correlated with each other and with fibre diameter. Table (2) also illustrated that there were more obvious positive correlation between secondary follicles diameter and its fibre than that in the primary follicle and this was attributed to the level at which diameters were measured in accordance with (Abdou et al., 2007). Burns (1966) attributed the fluctuation in the follicle dimensions to the changes in the follicle or its various parts may vary through its different nutritional conditions. Several studies indicated that the level of feeding and nutrients affected follicle activity and

fibre growth (Hynd et al., 1997; Hynd and Masters, 2002 and White et al., 1994).

The decreased follicle dimensions in primary and secondary follicles of both treatment groups (G2 and G3) may be due to feeding on *Atriplex* and pearl millet, which affected significantly feed intake that lower the crude protein to 11.39 (Table 1) and resulted in a clear-cut responses in fibre growth to protein and only small responses associated with energy reversal of the effects noted for diets digested in the rumen as in the study of Kempton (1979). On another point of view, the use of protected fat in the diet influenced significantly consumption of all nutrients (Pinto et al., 2011). They also stated that the use of protected fat in the diet of Santa Ines lambs reduces the dry matter intake and increases the ether extract consumption.

The decrease in primary follicle dimensions in groups (G2 and G3) leads to decrease in their hair fibre diameters, which recorded 74.81 ± 3.09 µm in group (2) and 75.77 ± 5.26 µm in group (3) compared with 89.00 ± 4.23 µm in group (1) as shown in table (3). The secondary fibre diameters showed the opposite trend of the primaries with no significant differences between both treatment groups (G2 and G3).

Table (3). Mean values of fibre diameters (μm±S.E) produced by both primary and secondary follicles in Shami goats fed on different feed nutrients.

Feed type Primary fibres Secondary fibres	
Control 89.00±4.23 ^a 13.06±0.57 ^b	
Halophytes 74.81±3.09 ^b 18.53±0.51 ^a	
Protected fat 75.77±5.26 ^b 19.10±0.81 ^a	

Only values with different letters are significantly different (P < 0.05)

It is well known that feeding animals with halophytes has significant effect on their feed intake and subsequently on follicle activity and fibre diameter. This may be due to the increasing neutral detergent fibre content in this diet, which limits its consumption by animals (Givens et al., 2000) and due to anti-nutritional components of these forages (Aslani, 2004). The noninfluence of the protected fat on fibre growth is probably due to the fact that part of the fat source is inactive in the rumen and probably what was fermented in this compartment was not enough to negatively influence the food degradation so it could affect animal performance (Pinto et al., 2011).

Kemp fibres or guard hairs produced from the primary follicles constitute the outer coat of the Shami goats. The major factors influencing the proportion of medullated fibres are genetics and age (Tiffany-Castiglioni, 1986 and Lupton et al., 1991). In the present work, table (4) confirmed that there were non-significant changes in the values of medulla thickness of Shami goat fibres in related to feed type in groups G2 and G3. This result is in harmony with those obtained on primary fibre diameter of the different

studied groups. This subject has been reviewed by Tiffany-Castiglioni (1986) and Lupton et al. (1991), who concluded that the proportions of medullated and kemp fibres are not markedly affected by nutrient supply.

Table (4). Mean values (µm±S.E) of medulla thickness in fibres of Shami goats fed on different feed nutrients.

Feed type	Medulla thickness		
Control	48.27 ± 3.45^{a}		
Halophytes	40.90 ± 5.35^{a}		
Protected fat	43.03 ± 3.79^{a}		

Only values with different letters are significantly different (P < 0.05).

Histochemically, active hair follicles were always rich in carbohydrates (Matter et al., 1998). The outer root sheath of both primary and secondary active hair follicles was laden with carbohydrates (Fig. 2). The carbohydrates are considered the sign of follicle activity according to the assumption of Montagna (1956) that the carbohydrates in the outer root sheath is the source of energy for protein synthesis during fibre growth. In the present study, the presence of carbohydrates in both primary and secondary follicles showed an increased follicle activity in the animals of group (3), which have fed additive (protected fat) (Table 5), followed by the other two experimental groups.

Table (5). Mean optical density (O.D.) values of different histochemical reactions of the hair follicles in the skin of Shami goats fed on different feed nutrients.

Histochemical	Feed type	Primary follicle		Secondary follicle	
parameters		Outer root	Inner root	Outer root	Inner root
		sheath	sheath	sheath	sheath
Carbohydrates	Control	0.35 ± 0.012^{b}	0.34 ± 0.011^{a}	0.49 ± 0.021^{a}	0.33 ± 0.017^{b}
	Halophytes	0.34 ± 0.015^{b}	0.28 ± 0.015^{b}	0.37 ± 0.020^{b}	$0.27 \pm 0.016^{\circ}$
	Protected	0.42 ± 0.012^{a}	0.35 ± 0.011^{a}	0.48 ± 0.014^{a}	0.41 ± 0.011^{a}
	fat				
proteins	Control	$0.36 \pm 0.038^{\circ}$	$0.35 \pm 0.036^{\circ}$	0.58 ± 0.026^{b}	0.52 ± 0.025^{ab}
	Halophytes	0.57 ± 0.026^{b}	0.54 ± 0.025^{b}	0.54 ± 0.034^{b}	0.46 ± 0.033^{b}
	Protected	$0.74{\pm}0.019^{a}$	$0.64{\pm}0.098^{a}$	0.66 ± 0.016^{a}	0.56 ± 0.016^{a}
	fat				
0 1 1	1.1 11.00		1 21 4 41 22		

Only values with different letters are significantly different (P < 0.05).



Fig. (2). Transverse section in a primary and secondary hair follicles of Shami goat skin showing the presence of general carbohydrates in the inner (IRSh) and outer (ORSh) root sheaths (PAS, x 400).

From the follicle viewpoint, glucose is readily available from glycogen stored in the outer root sheath. Whether carbohydrate metabolism is important, because it determines the total quantity of energy substrates required for fibre growth. Chapman and Ward (1979) concluded that the pentose phosphate pathway is active in follicles to supply the high level of pentose required for the synthesis of nucleic acid for cell division and protein synthesis in the follicle. The changes in the carbohydrate content in the present study may be due to the presence of pearl millet, which is considered as a source of energy as well as the supplementation of the feed mixture with protected fat, that reduces the dry matter intake and increases the ether extract consumption (Pinto et al., 2011).

On another point of view, the activity of the follicles represented by the growth rate of fibres depends on 1) the number and size of cells in the proliferative zone of the follicle bulb and the proportion of newly formed cells that migrate from this zone, 2) the rate of division of bulb cells, 3) the proportion of migrating cells that enter the fibre and 4) the increase in size of cells forming the fibres (Black and Ries, 1979). In (1994) Reis and Sahlu stated that most of these events are influenced by the nutrient supply to the follicles. In addition, Parmar et al. (1988) ensured that the higher protein content in active wool follicle sheaths are associated with an increased protein synthesis during the cellular proliferation.

The distribution of the general proteins in the different sheaths of both primary and secondary follicles is demonstrated in table (5) and fig. (3). The highest value of the protein content was recorded in the follicles of animals in group (3) the diet of which enclosed with protected fat (Table 5). A significant increase in the general protein contents was found in both outer and inner root sheaths of the primary follicles (0.74 ± 0.019 and 0.64 ± 0.098) and also in the secondary follicle sheaths (0.66 ± 0.016 and 0.56 ± 0.016), respectively. These results could be explained by the fact that the protected fat and protected protein in the diets of feedlot cattle as shown by Scott and Ashes (1993) increased metabolizable energy and non-degradable protein.



Fig. (3). Transverse section in the skin of Shami goat stained with bromophenol blue showing the general protein content in the different hair follicles (x.400).

The similarity in protein values between the different experimental groups (Table 6) could be referred to the foundation of crude proteins in quantities near to each other in the three experimental diets (Table 1) and this may explain the same trend in the follicle dimensions as illustrated in table (2). The increment of the source of energy and proteins can affect follicle activity and fibre production as demonstrated by Reis et al. (1988).

Follicle type	Feed type	Cell diameter	Nucleus diameter
	Control	13.24±0.27 ^a	5.65±0.13 ^a
Primary	Halophytes	12.99±0.26 ^b	5.04 ± 0.13^{b}
follicle	Protected	14.11 ± 0.62^{a}	6.06 ± 0.30^{a}
	fats		
	Control	9.66 ± 0.51^{a}	4.80 ± 0.25^{a}
Secondary	Halophytes	8.42 ± 0.38^{b}	5.06 ± 0.11^{a}
follicle	Protected	$9.78{\pm}0.54^{\rm a}$	4.43 ± 0.22^{a}
	fats		

Table (6). Mean diameter values (µm±S.E) of the sebaceous gland cells and nuclei in Shami goats fed on different feed nutrients.

Only values with different letters are significantly different (P < 0.05).

In all groups of the experimental animals, primary follicles were associated with big sebaceous gland volume in comparison with that of the secondary follicles (Fig. 4). The cell and nucleus diameters of the sebaceous glands followed the same pattern (Table 6). The third group (G3), which have protected fat in their diets showed the highest mean values of the sebaceous gland cell and nucleus diameters in the primary follicles recorded 14.11 \pm 0.62 and 6.06 \pm 0.30 µm with non-significant difference than those of the control group (G1) (13.24 \pm 0.27 and 5.65 \pm 0.13 µm), respectively. The second group (G2) fed halophytes recorded a significant decrease in their measurements (Table 6). Similarly, the sebaceous gland cell diameter of the secondary follicles showed the same trend of those of primary follicles (Table 6), while the nucleus diameter possessed no significant difference in their mean values in relation to different feed types in all groups of animals.

There is an evidence indicating that dietary factors alter sebaceous gland output. Llewellyn (1967) demonstrated that sebum production can be increased by the consumption of dietary fat or carbohydrate. Variation in carbohydrates can also affect sebum composition (Mac Donald, 1964 and 1967). Dietary habit, supplying substrates for the sebaceous lipid synthesis, can be involved in the sebum production mechanism (Rasmussen, 1977).

Generally, the results in the present study indicated that increasing values of fats treated halophytes may elevate the negative effects of poor quality fibrous feed on hair production by Shami goats. This was in accordance with the findings of Sanz Sampelayo et al. (2002), who noticed that when the ruminant diet is supplemented with fats, a greater efficiency is achieved in the use of metabolizable energy for animal production.

The obtained results in this experiment could indicate that small or non-significant differences in the hair follicle dimensions or activities between tested and control groups were found at both feeding halophytes mixture and after supplementation with protected fat periods. Such grasses could be used successively and safely as good quality fodders to solve the

problems of feed shortage and to increase the economical value of the marginal saline resources in Egypt. This research has highlighted several areas in which more information is needed regarding to effects of nutrition and other environmental factors on the quantity and quality of the hair fibres produced by Shami goats. In particular, the importance of specific nutrients should be investigated. To maximize financial returns, it is important to know the relative responses of both length and diameters of fibres to changes in nutrient supply.



Fig. (4). Transverse section through the primary (PF) and secondary (SF) hair follicles and associated sebaceous glands (Sb) in the skin of Shami goat. C, cell; N, nucleus. (Hx. E., x100).

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تأثير إستخدام الدهون المحمية على جلد وشعر عنزات الماعز الشامي المغذاه على إلنباتات الملحية تحت الظروف الصحراوية

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تم دراسة تأثير التغذية بالنباتات الملحية المختلطة وغير المختلطة بالدهون المحمية على قياسات كلًّا من أبعاد ونشاط بصيلات الشعر في جلد الماعز الشامي. تم تقسيم عدد ٤٢ من عنزات الماعز الشامي البالغة إلى ثلاث مجموعات (١٤ لكل مجموعة) حصلت جميعها على نظام غذائي مكون من ٤٠٪ علف مركز و٢٠٪ عليقة خشنة كما تركت للشرب مرتين يوميًا. قدم دريس البرسيم كعليقة خشنة لحيوانات المجموعة الأولى التي تمثل المجموعة الضابطة، بينما تغذت الحيوانات في المجموعات الأخرى على خليط مكون من ٥٠٪ من نبات القطف و٥٠٪ من نبات الدخن اللؤلؤي كعليقة خشنة في وجود أو غياب الدهون المحمية. وقد أخذت عينات من الجلد لدراسة خصائص بصيلات الشعر وكذلك نشاطها. أظهرت النتائج المتحصل عليها أن محاولات التغذية المختلفة لها تأثير بسيط أو غير معنوي على كلًا من قياسات الأبعاد وكذلك نشاط بصيلات الشعر في مجاميع الحيوانات المختلفة بالمقارنة مع المجموعة الضابطة. وبالتالي فهي تعمل على رفع التأثيرات السلبية للعليقة مرتفعة الألياف ذات الكفاءة الضعيفة على نشاط وإنتاج بصيلات الشعر. وقد وجد أن هناك زيادة طفيفة فى أقطار الألياف المنتجة من البصيلات الثانوية بعكس تلك المنتجة من البصيلات الأولية والتي أُظهرت إتجاهًا عكسيًا. كما لم يتغير سمك طبقة النخاع في الألياف المنتجة من البصيلات الأولية طبقًا للإختلافات الغذائية. أوضح التقييم الهستوكيميائي أن هناك إختلافات معنوية في المكونات الكربوهيدراتية والبروتينية في طبقات كلًا من البصيلات الأولية والثانوية لمجاميع الحيوانات المختلفة. وقد سجلت المجموعة المحتوي غذائها على الدهون المحمية أعلى قيم لكل من المحتوى الكربو هيدراتي والبروتيني. كما إرتبطت الحيوانات المغذاه على النباتات الملحية المستكملة بالدهون المحمية بإرتفاع في أقطار الخلايا والأنوية للغدد الدهنية الملحقة بكل من البصيلات الأولية والثانوية. بصفة عامة وبالنظر إلى نشاط بصيلات الجلد وكذلك إنتاج الشعر، فإنه يمكن أن يحل إُستخدام خليط من نبات القطف والدخن اللؤلؤي المدعم بالدهون المحمية محل البرسيم. ويعتبر هذا مصدر غذائي واعد في سيناء والمناطق حديثة الإستصلاح ذات الظروف البيئية المشابهة.