



## *Pseudomonas aeruginosa* Biofilm and Antimicrobial Resistance

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**INTRODUCTION:** It has been shown that biofilm formations are responsible for many human infections, especially in chronic infections. *Pseudomonas aeruginosa* (*p.a*) is an opportunistic human pathogen, its biofilm has serious negative effects on the health of patients with immune-suppresser e.g. cystic fibrosis individuals. *p.a* drug resistance, a worldwide concern is increasing and biofilm-forming potential is an increasing factor. **Materials and Methods:** One-hundred-fifty clinical *P.a* isolates were collected from Mustafa hospital in Ilam, then their resistance against several  $\beta$ -lactam antibiotics that high consumption in the medical prescription was assessment. Also, biofilm formation was tested by microdilution and microtiter plate methods, respectively. **Results:** There are abilities biofilm formations among the resistances isolates to the most tested antibiotics. But, we observed only a significant correlation between resistance to ceftazidime ( $P=0.003$ ) and meropenem ( $P=0.002$ ) with biofilm formation, both in resistance and sensitive isolates. **Conclusion:** Biofilm caused by Increasing drug resistance in the world, as  $\beta$ -lactam antibiotics, will be caused a creating complication *P.a* infection treatment. Moreover, biofilm can form antibiotic-resistant strains and increases many infections in the future. As a result, more studies for founding new drugs against biofilm formation mechanisms are necessary.

**Keywords:** *Pseudomonas aeruginosa*, Biofilm formation,  $\beta$ -lactam antibiotics.

### Introduction

Biofilms are aggregates of multilayer microorganisms that organizing in a self-produced extracellular matrix (EPS) [1, 2]. The biofilm formations are responsible for at least 65% of human infections [3]. The U.S. National Institutes of Health reported that more than 80% of chronic infections caused by biofilm formations [2]. Moreover, the biofilm prevented bacterial damaging by covering them from the host immune system attacking [4]. Another complication related to biofilm is the forming of an implant that is similar to catheter and ventilator tubes. These tubes see in the pathogenic microorganism as *P.a* [5]. The *P.a* biofilm causes an infection that is very dangerous in cystic fibrosis (CF) patients and other immune-suppressed patients. The *P.a* is an opportunistic pathogen that involves humans,

animals, and plants [6-8]. The *P.a* has native resistance against some antimicrobial agents. However, antibiotic resistance rapidly has been increasing. They are worldwide concerning. The biofilm-forming is partner important to causing this increased resistance [9]. Antibiotic resistance is an important health concern. Recently in the U.S., about 70% of all hospital-acquired infections are resistant to at least one antibiotics family [10]. In other places, the recent using of  $\beta$ -lactams antibiotics in medicine and agriculture is more than already used [11]. Also, many studies have conducted for the clear mechanism behind biofilm resistance. But, the result of them contradicted. So, our aim of this study was to understand the questions; (1) how much the *P.a* was resistance to the six  $\beta$ -lactam antibiotics including; ceftazidime, piperacillin, ticarcillin, carbenicillin,

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aztreonam, and meropenem?. (2) Was there a significant correlation between biofilm-forming, and antibiotic-resistant among *P.a* isolates?.

### Materials and Methods

From hospitals, bacterial identification conducted by biochemical tests explained by Owlia *et al.* [12]. Determination of minimum inhibitory concentrations (MICs): MIC did according to CLSI protocol with the microdilution method explained by Percival *et al.* [13]. Biofilm formation assay: Biofilm formation assayed by the microtiter plate method mentioned by Amaguchi *et al.* [14]. Data analysis: Data expressed by percentage, mean and standard deviation (SD). For studied correlation between our data X2 and Fisher's exact test used. A P values < 0.05 were considered to indicate statistical significance.

### Results

**Antimicrobial susceptibility results:** Our finding from antibiotic resistance was ceftazidime (95, 67.85%), piperacillin (83, 59.28%), ticarcillin (86, 61.42%), carbenicillin (82, 8.57%), aztreonam (102, 72.85%), and meropenem (84, 60%) (Fig. 1).

**Biofilm forming results:** Biofilm formation assay conducted by microtiter plate method. Our findings were as follow: 18 (12.85%) no producer, while 13 (19.28%) weak producer, 30 (21.42%) moderate producer and 79 (56.42%) strong producer for biofilm formation (Fig. 2).

**Correlation between the antibiotic resistance and biofilm formation:** Our results showed that there is significant correlation between resistance to ceftazidime (P=0.003) and meropenem (P=0.002) with biofilm formation (Tables 1 and 2).

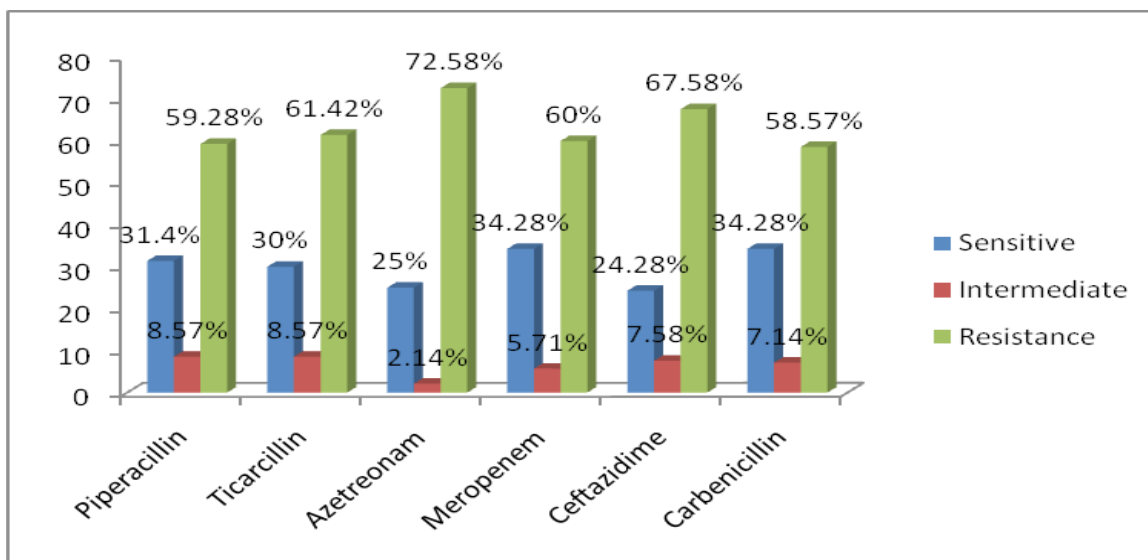


Fig. 1. Antimicrobial susceptibility results for clinical *Pa* isolates

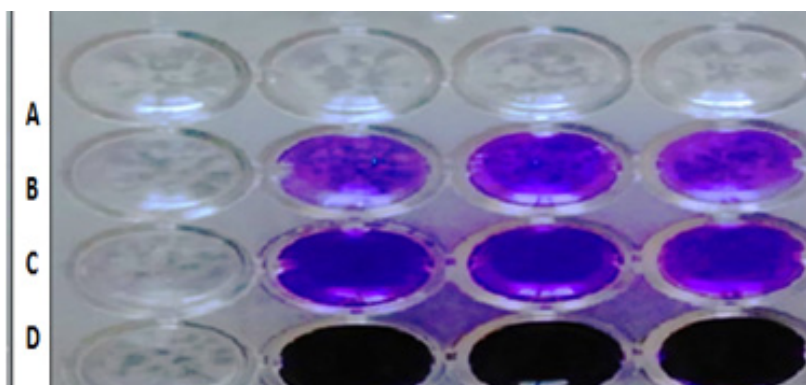


Fig. 2. Biofilm formation by microtiter plate method: A, B, C and D rows showed no producer, weak, moderate and strong producer of biofilm formation.

**TABLE 1. Correlation between ceftazidime resistance and biofilm formation.**

Antimicrobial susceptibility		Biofilm formation producer				Total
		No producer	Weak producer	Moderate producer	Strong producer	
Sensitive	Count	9	5	10	18	42
	% of total	6.4%	3.6%	7.1%	12.9%	30.0%
Intermediate	Count	2	1	9	5	17
	% of total	1.4%	0.7%	6.4%	3.6%	12.1%
Resistance	Count	7	7	11	56	81
	% of total	5.0%	5.0%	7.9%	40.0%	57.9%
Total	Count	18	13	30	79	140
	% of total	12.9%	9.3%	21.4%	56.4%	100.0%

**TABLE 2. Correlation between meropenem resistance and biofilm formation.**

Antimicrobial susceptibility		Biofilm formation producer				Total
		No producer	Weak producer	Moderate producer	Strong producer	
Sensitive	Count	11	6	14	19	50
	% of total	7.9%	4.3%	10.0%	13.6%	35.7%
Intermediate	Count	3	3	3	6	16
	% of total	2.1%	2.1%	2.1%	4.3%	11.4%
Resistance	Count	4	4	12	54	74
	% of total	2.9%	2.9%	8.6%	38.6%	52.9%
Total	Count	18	13	30	79	140
	% of total	12.9%	9.3%	21.4%	56.4%	100.0%

*Correlation between the antibiotic resistances with each other:* Our finding showed that there is significance correlation between

the resistances of most antibiotics with each other. These results summarized in the Table 3 (P<0.05).

**TABLE 3. Results of correlation between the antibiotic resistances with each other.**

Antibiotic	Meropenem	Ceftazidime	Piperacillin	Ticarcillin	Carbenicillin	Aztreonam
Meropenem	-	0.00	0.00	0.036	0.00	0.00
Ceftazidime	0.00	-	0.00	0.011	0.00	0.00
Piperacillin	0.00	0.00	-	0.001	0.00	0.00
Ticarcillin	0.036	0.011	0.001	-	0.003	0.671
Carbenicillin	0.00	0.00	0.00	0.003	-	0.00
Aztreonam	0.00	0.00	0.00	0.671	0.00	-

\*The numbers represent P value that a P values <0.05 considered to indicate statistical significance.

## Discussion

The  $\beta$ -lactam antibiotics are blocking bacterial peptidoglycan (PG) biosynthesis agents including different groups as penicillins (i.e., ticarcillin, piperacillin), cephalosporins (i.e., ceftazidime, cefepime), monobactams (i.e., aztreonam), and carbapenems (i.e., imipenem, meropenem, and doripenem) that commonly used for treatment of pseudomonas infections [15]. Therefore, we studied the resistance of some  $\beta$ -lactam antibiotics in 140 clinical *P.a* isolates that have widespread use. Antibiotic resistance results were ceftazidime (95, 7.85%), piperacillin (83, 59.28%), ticarcillin (86, 61.42%), carbenicillin (82, 58.57%), aztreonam (102, 72.85%), and meropenem (84, 60%). In other studies, results were as follows; Wang et al. (2013) ceftazidime (41.8%), piperacillin/tazobactam (24.7%), imipenem (25.9%), meropenem (20%), azithromycin (33.5%) [16]; Estahbanati et al. (2002) carbenicillin (94.8%) [17]; Nikokar et al. (2013) piperacillin (69.9%), imipenem (23.3%) and carbenicillin (74.4%) [18]; Aghamiri et al. (2014) imipenem (47.16%) [19].

Therefore, we concluded that these antibiotics maybe not effective against such infection and need another drug regime. The  $\beta$ -lactams antibiotics recently widespread use in the medical and agriculture, it causes more genetic exchange and spread of resistance genes within bacteria [11]. Moreover, resistance  $\beta$ -Lactam antibiotic microorganisms cause spread antibiotic resistance genes in other bacteria via horizontal gene transfer [20]. We also observed a significant correlation between resistance to antibiotics with each other (Table 3). So, it is likely that resistance against one antibiotic can induce resistance to this antibiotic or other antibiotics in microorganisms by mechanism mentioned above.

Also, we studied the ability of biofilm formation. It structures formed by several processes embedded in the self-produced extracellular matrix called EPS [21]. Many infections (such as sinusitis, otitis media, tonsillitis, and cholesteatoma, etc.) reported by a biofilm of pathogen bacteria [22]. Chronic biofilm infections are an important health concern, it needs more hospital visits that sometimes treatment fails [23]. Among our isolates, 87.15% formed a biofilm, while 12.85% not producing any biofilm.

Therefore, these findings demonstrated that *P.a* has a high ability for biofilm forming. In agreement, previous studies also showed the

tendency of these isolates for biofilm formation [24]. Our data analysis determined that there is a significant correlation between resistance to ceftazidime ( $P=0.003$ ) and meropenem ( $P=0.002$ ) with biofilm formation. For its high resistant there are multiple hypotheses described in previous studies (7, 25, 27-29). Azuma et al. in consistence with our finding showed that antibiotic resistance correlated with biofilm formation among *P.a* isolates [30]. Here, we observed that a susceptible organism similar to resistance organisms capable of biofilm forming. With biofilm formation, they can encounter with unsuitable environmental conditions and cause diverse infections.

In addition, there are rather complex interactions between biofilm and antibiotics resistance, some antibiotics can induce biofilm formation at the sub minimal concentration (sub-MIC) as signaling molecules [31-33]. Thus, the widespread use of  $\beta$ -lactam antibiotics can expose bacteria with low levels of antibiotic concentrations. For encounter, we must have enough niceties in various aspects of antibiotic utilization including their correct application, suitable concentration use, no excessive and unnecessary prescribing and etc. Finally, studies demonstrated that biofilms are responsible for many important infections, especially chronic infections. Recently, they related to important health care problems worldwide. Because of high bacterial ability for its synthesis (resistance and susceptible organisms), it is critical proceedings for their forming preventing or eradication. We emphasize that hospitals and medical centers use from artificial implants (such as Urinary catheter, ventilator and etc.) contained with antimicrobial agents for prevention bacterial attachment. Moreover, due to the lack of efficient antibiotics against medical biofilms [34], we also suggest that further studies about the production of new anti-biofilm drugs or optimized current drugs against organisms or biofilms.

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### Conflict of interest

The authors declare not conflict of interest.

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