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EVALUATION OF OX-LDL AND EXTRACELLULAR SUPEROXIDE DISMUTASE IN HEPATITIS C VIRUS PATIENTS BEFORE AND AFTER DIRECT-ACTING ANTIVIRAL THERAPY

By

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ABSTRACT

Background: Hepatitis C virus (HCV) lifecycle is closely connected to host cell lipid metabolism, from cell entry, through viral RNA replication to viral particle production and formation/assembly.

Objective: To determine the serum levels of ox-LDL, total antioxidant capacity and superoxide dismutase, and evaluate their role in HCV hepatitis patients. In addition, the effect of direct-acting antiviral therapy on their levels was evaluated.

Patients and Methods: This study included forty chronic hepatitis C (genotype 4) patients. Blood samples were taken from the patients before and after taking sofosbuvir (400 mg) and daclatsvir 60 mg; one time daily orally for 24 weeks. Forty apparently healthy personnel were used as control group.

Results: Serum TAC in chronic HCV hepatitis patients were significantly low before treatment as compared to the control group. Serum levels of ox-LDL were significantly high in patients before treatment and after treatment as compared to control group. Antioxidants supplementations and direct antiviral drugs did not affect the levels of ox-LDL significantly. Serum levels of extracellular SOD were significantly higher in control group, than levels in HCV patients before treatment and after treatment. Treatment did not restore the levels of serum SOD in patients. Direct-acting antiviral agents had a sustained virological response in the chosen group of patients.

Conclusions: Direct-acting antiviral agents did not normalize serum levels of ox-LDL and extracellular SOD. In addition, the currently used antioxidants did not decrease the oxidative changes in LDL.

Key words: Ox-LDL, total antioxidant capacity, superoxide dismutase, HCV hepatitis, direct antiviral therapy, sofosbuvir, daclatsvir.

INTRODUCTION

Hepatitis C virus (HCV) infection is the leading cause of liver diseases worldwide. Novel therapies have been developed and became available since 2014. These treatments are based on the so-called direct acting antivirals (DAAs). DAAs target viral nonstructural (NS) proteins, including NS3 protease, the NS5B polymerase, and the NS5A protein. (Janardhan and Reau, 2015).

HCV infection commonly progressive liver diseases that deteriorate from chronic inflammation to fibrosis, cirrhosis and even to hepatocellular carcinoma.. The mechanisms of HCVinduced inflammation involve classic recognition; pathogen pattern inflammasome activation, intrahepatic inflammatory response, cascade oxidative and endoplasmic reticulum stress (Li et al., 2018).

HCV induces oxidative/ nitrosative stress from multiple sources, including inducible nitric oxide synthase, the mitochondrial electron transport chain, hepatocyte NADPH oxidases. and inflammation, decreasing while glutathione. Oxidation reaction and reactive oxygen species (ROS) induce chemical modification of the proteins and lipids in plasma LDL transforming it to the abnormal oxidized-LDL (ox-LDL). Ox-LDL is not recognized by the liver LDL receptors but is taken up by lectinlike ox-LDL receptor-1 (LOX-1) present in macrophages, natural killer cells, and vascular endothelial cells. Its association with ox-LDL induces the activation of NF-kappa-B. Ox-LDL induces direct inflammatory response due activated respiratory burst and production of more ROS. LOX-1 is also involved in systemic leukocyte activation in sepsis. Systemic leukocyte activation represents a crucial factor in the impairment of the microcirculation of different tissues. causing multiple organ failure and subsequently death (Choi, 2012).

HCV induces oxidative stress in infected cells. Superoxide dismutases (SODs) provide an important defense against oxidative/ nitrosative stress. Three

isozymes of SOD are expressed by cells. SOD1 binds copper and zinc ions and is primarily localized to the cytoplasm. SOD 2 is located in the mitochondrial matrix where it represents the first line of antioxidant defense against superoxide anions produced as byproducts of oxidative phosphorylation (Holley et al., 2011).

Makino et al (2016) demonstrated that ox-LDL decreases EC-SOD mRNA and protein levels by binding to lectin-like oxidized LDL receptor-1 (LOX-1).

Overexpression of Cu,Zn-SOD (SOD1) and/or catalase attenuates the cell proliferation of human smooth muscle cells caused by ox-LDL stimulation (*Lin et al.*, 2007).

The aim of this work was to determine the serum levels of ox-LDL, total antioxidant capacity and superoxide dismutase, and evaluate their role in HCV hepatitis patients. In addition, the effect of direct-acting antiviral therapy, sofosbuvir (SOF) in combination with daclatsvir on their levels in serum was evaluated.

SUBJECTS AND METHODS

This study included 40 male patients with chronic hepatitis C genotype 4 and 40 male controls. Patients were referred from Al-Hussain and Sayed Galal, Al Azhar University Hospitals, and Virology unit, Al-Haram Hospital, Ministry of Health; Egypt. The Ethical Committee of University Al-Azhar approved protocol of the work. The protocol of the work was explained to all participants and a written medical consent was obtained. Control group: Included forty subjects showing negative HCV Ab, were selected and assigned as a control group.

Exclusion criteria: Subjects suffering from any systemic disease or autoimmune disease were excluded from the study. In addition, subjects with BMI >30kg/m2, those positive HBV or have taken HBV vaccine, smokers, drug addicts and subjects suffering from hepatocellular carcinoma or any other malignancies were excluded from the study.

Inclusion criteria: Only patients with HCV hepatitis diagnosed by quantitative PCR were included in this study.

Anthropometric body Measurements included weight, height, BMI, triceps skin fold, mid arm circumference and waist circumference were done for patients and control group and were matched.

All the patients were taking glutathione (50 mg daily orally), zinc as zinc oxide (11 mg orally once daily), vitamin A as retinyl acetate; (700 micrograms orally once daily), vitamin C (0.5 g orally once daily), and vitamin E as α -tocopherol (15 milligrams daily orally), and selenium as sodium selenate (100 μ g daily orally)

Patients were treated orally with the combination of sofosbuvir (a nucleotide polymerase inhibitor) (400 mg one time daily) and daclatasvir, a first-in-class NS5A replication complex inhibitor (60 mg, one time daily for 24 weeks -*Pol et al.*, 2016).

Blood samples were obtained from patients and healthy controls after 12 hours fasting for serum separation. Serum was used for estimation of liver function tests, total proteins, albumin, oxidized low-density lipoprotein, superoxide dismutase, total antioxidant capacity and

quantitative PCR. For HCV was done for all included subjects; before and after treatment.

Total proteins, albumin, alanine transaminase (ALT), aspartate transaminase(AST) and alkaline phosphatase (AP) were performed on Roche/Hitachi 902 auto analyzer, Roche Diagnostic, Germany by using kits supplied by Roche Diagnostic, Germany.

Total antioxidative capacity measured colorimetrically using a kit supplied from Biodiagnostic Research Agents, Cairo. Total plasma antioxidative capacity was determined by the reaction of antioxidants in the sample with a defined amount of exogenously provided peroxide (H2O2). hydrogen antioxidants in the sample eliminate a certain amount of H2O2. The residual H2O2 was determined colorimetrically by an enzymatic reaction which involves the conversion of 3, 5, dichloro-2-hydroxy benzene sulphonate to a colored product which was measured at 505 (Koracevic et al., 2001).

Quantitative PCR technique was used is real time PCR by applied biosystem7500, kit is qiagen.

Superoxide dismutase levels in serum were determined by a kit supplied from Biodiagnostic Research Agents, Cairo. The assay is based on the ability of the enzyme to inhibit the phenazinemethosulphate-mediated reduction of nitrobluetetrazolium dye (Nishikimi et al., 1972).

Oxidized-LDL in serum was measured using WKEA human oxidized LDL ELISA kit supplied from WKEA MED SUPPLIES CORP, USA. Competitive

ELISA procedure is based on the monoclonal antibody specific to human ox-LDL. Oxidized LDL in the sample competes with a fixed amount of oxidized LDL bound to the microtiter well for the binding of the biotin- labeled specific antibodies. After a washing step that removes unreactive sample components, the biotin-labeled antibody bound to the well is detected by HRP-conjugated streptavidin. After a second incubation and an additional washing step, the bound conjugate is detected by reaction with 3,

3′, 5, 5′-tetramethylbenzidine (TMB). The reaction is stopped by adding acid to give a colorimetric endpoint that is read spectrophotometrically (*Holvoet et al.*, 2001).

Statistical analysis:

Results were expressed as Mean \pm standard deviation (SD). Comparison between groups was done using Student's t test with significance defined as p \leq 0.05.

RESULTS

There is no statistically significant difference between studied groups as regard Anthropometric measurement Age, weight, height, BMI, triceps skin

fold, mid arm circumference and waist circumference of all subjects were done (**Table 1**).

Table (1): Anthropometric body measurements in contr	ol group and HCV hepatitis
patients before and after treatment	

Parameters Groups	Age (years)	Weight (kg)	Height (cm)	BMI (kg/m²)	Skin fold (cm)	Mid arm circum- ference (cm)	Waist circum- ference (cm)
Control	49.9	78.2	170.65	26.8	1.18	22.8	92.5
	± 8.23	± 6.81	± 3.66	5±2.03.	± 0.26	± 1.63	± 6.7
HCV	57.6	68.55	168.1	24.31	1.24	21.4	97.4
patients	±7.44	±12.25	±5.3	±4.13	±0.52	± 2.65	±14.22
before							
treatment							
HCV	57.6	73.55	168.1	26.1	1.26	21.92	97.7
patients	±7.44	± 9.26	±5.3	± 2.63	± 0.32	± 1.94	± 14.83
after							
treatment							

Biochemical Results: Serum total proteins levels were 7.12 ± 0.73 g/dl in the control group, 6.72 ± 0.58 and 6.55 ± 0.84 g/dl in HCV hepatitis patients before and after treatment respectively. Serum total proteins were not significantly lower in hepatitis patients.

Serum albumin level was 5.76- ± 0.74 g/dl in the control group. Serum albumin levels were 4.01 ± 0.44 and 3.79

 ± 0.26 g/dl in HCV hepatitis patients before and after treatment respectively. Serum albumin level was significantly lower in HCV patients.

Serum alanine aminotransferase level was 23.7 ± 4.5 U/dl in the control group. Serum alanine aminotransferase levels were 84 ± 8.3 and 80.45 ± 14.9 U/dl in HCV hepatitis patients before and after treatment respectively. Serum alanine

aminotransferase levels were significantly higher in HCV patients before and after treatment.

Serum aspartate aminotransferase level was 25.2 ± 3.1 U/dl in the control group. Serum alanine aminotransferase levels were 196 ± 10.8 and 89.8 ± 14.7 U/dl in HCV hepatitis patients before and after treatment respectively. Serum aspartate aminotransferase levels were significantly higher in HCV patients before and after treatment. Serum alkaline phosphatase

level was $63.8\pm$ 16.3 U/L in the control group. Serum alkaline phosphatase levels were $196\pm$ 38 and $178\pm$ 43 U/L in HCV hepatitis patients before and after treatment respectively. Serum alkaline phosphatase level was significantly higher in HCV patients.

Serum PCR in control group was <15 IU/ml and 399521± 215675 IU/ml in HCV hepatitis patients before treatment (**Table 2**).

Table (2): Serum total proteins, albumin, aminotransferases, alkaline phosphatase and PCR in control group and HCV hepatitis patients before and after treatment (mean \pm SD)

Rarameters Groups	AST U/dl	ALT U/dl	ALP U/L	PCR IU/ml	Serum total proteins g/dl	Serum albumin g/dl
Control	25.2 ±3.1	23.7 ±4.5	63.8 ±16.3	<15	7.12 ±0.73	5.76 ±0.74
HCV hepatitis patients before treatment	104 ± 10.8	84 ±8.3	196 ±38	399521 ± 215675	6.72 ±0.58	4.01 ±0.44
HCV hepatitis patients after treatment	89.8 ±14.7	80.45 ±14.9	178 ±43	<15	6.55 ±0.84	3.79 ±0.26

Total serum antioxidant capacity levels were 1.61±0.26, 1.21±0.28 and 2.2±0.38 mmol/liter in the control group, and HCV hepatitis patients before and after treatment respectively. Serum TAC levels in chronic HCV hepatitis patients were

significantly low before treatment. While after treatment which included antioxidants were significantly high as compared to control group and before treatment (**Table 3**).

Groups Parameters	Control	HCV hepatitis patients before treatment	HCV hepatitis patients after treatment
Mean± SD	1.61± 0.26	1.2 ±0.28	2.2±0.38
Control	t test	6.33	7.74
	p value	<0.001	<0.001
HCV before	t test		12.77
treatment	p value		<0.001

Table(3) :Serum total anti-oxidant capacity (mmol/liter) in control group and HCV hepatitis patients before and after treatment

Serum levels of ox-LDL (μ g/L) were 58.64 \pm 6.44, 70.21 \pm 10.59 and 68.48 \pm 9.12 in the control group, and HCV hepatitis patients before and after treatment respectively. Serum levels of ox-LDL were significantly high in HCV hepatitis

patients as compared to control group. Antioxidants supplementations and direct antiviral drugs did not affect the levels of ox-LDL significantly in HCV hepatitis patients (**Table 4**).

Table (4): Serum levels of ox-LDL $(\mu g/L)$ in control group and HCV hepatitis patients before and after treatment

Groups	Control	HCV hepatitis patients	HCV hepatitis patients
Parameters		before treatment	after treatment
Mean	58.64	70.21	68.48
\pm SD	± 6.44	± 10.59	± 9.12
Control	t test	5.97	5.57
	p value	< 0.001	< 0.001
HCV before	t test		0.79
treatment	p value		0.1

Serum levels of SOD (U/ml) were 15.03 ± 4.14 , 8.6 ± 1.1 and 10.33 ± 1.6 , in the control group, and HCV hepatitis patients before and after treatment respectively.

Serum levels of extracellular SOD were significantly low in HCV hepatitis patients before and after treatment as compared to the control group (**Table 5**).

Table (5): Serum levels of SOD (U/ml) in control group and HCV hepatitis patients before and after treatment

Groups	Control	HCV hepatitis patients	HCV hepatitis patients
Parameters		before treatment.	after treatment.
Mean	15.03	8.6	10.33
\pm SD	± 4.14	±1.1	±1.6
Control	t test	9.9	6.56
	p value	< 0.001	< 0.001
HCV before	t test		2.46
treatment	p value		0.02

	Groups	Control	HCV hepatitis patients	HCV hepatitis patients	P value
Parameters			before treatment.	after treatment.	
	3.7	15.02 . 4.14			D1 <0.001
	Mean	15.03 ± 4.14	8.6 ± 1.1	10.33 ± 1.6	P1 <0.001
SOD (U/ml)	±SD				P2 < 0.001
					P3 0.02
TAC	Mean	1.61 ± 0.26	1.2 ±0.28	2.2±0.38	P1 < 0.001
(mmol/liter)	±SD				P2 <0.001
					P3 < 0.001
ox-LDL	Mean	58.64 ±	70.21 ±	68.48 ± 9.12	P1 <0.001
(µg/L)	±SD	6.44	10.59		P2 <0.001
					P3 0.1

Table (6): Means, standard deviations and P value of serum levels of SOD, Total antioxidant capacity (TAC) and ox-LDL

P1 (between control group and HCV hepatitis patients before treatment group), P2 (between control group and HCV hepatitis patients after treatment group)

DISCUSSION

Body measurement data (Anthropometric data) in adults are used to evaluate health and dietary status, disease risk, and body composition changes that occur over the adult lifespan. Anthropometric data of the patients were matching with the control group. In this study, the anthropometric data of all subjects were similar to the age group of American men (*Fryar et al.*, 2010).

Obese persons were excluded from the study. Obesity is linked with a state of increased oxidative stress. Obesity is a principal causative factor in the development of metabolic syndrome. It is associated with a high cardiovascular risk. Ox-LDL is strongly and independently associated with classical cardiovascular risk factors (*Freitas et al.*, 2018).

Changes in ox-LDL observed in this study were not due increased body weight.

and P3 (between HCV hepatitis patients before treatment group and HCV hepatitis patients before treatment group).

Assay of Total anti-oxidant capacity measures a complex of non-enzymatic antioxidants present in blood, which include exogenous antioxidants such as ascorbic acid, α tocopherol, β carotene and polyphenols. Ascorbic acid inhibits intracellular ROS generation and reduces the ethanol-induced inflammation in hepatocytes (*Abhilash et al.*, 2013).

Assay of Total anti-oxidant capacityalso measures the endogenous antioxidants such as reduced glutathione, uric acid, and bilirubin. All patients were taking antioxidants including glutathione and ascorbic acid, as routine since they were diagnosed as HCV hepatitis patients. Taking antioxidants may explain the high level of blood total antioxidants in HCV hepatitis patients as compared to the control group.

Serum levels of ox-LDL were significantly high in HCV hepatitis

patients as compared to control group. Antioxidants supplementations and direct antiviral drugs did not affect the levels of ox-LDL in HCV hepatitis patients.Ox-LDL was used as a marker of oxidative stress in this study. Ox-LDL is a stable marker molecule with longer half-live than free radicalsasmalondialdehyde. Ox-LDL can potentially contribute to the pathogenesis of liver diseases, kidney diseases, uremia, cardiovascular disease, and inflammation (*Russ et al.*, 2015).

Hepatitis C virus is a lipid-enveloped virion particle that causes infection to the liver, and as part of its life cycle, it disrupts the host lipid metabolic machinery, particularly the cholesterol synthesis pathway. The current directacting antiviral agents have increased the cure rate of HCV infection. Viral the host genetic backgrounds influence both the immune response and lipid metabolism. Cholesterol and its derivatives such as oxysterols might modulate and potentialize the hepatic innate immune response generated against HCV. The impairment of the HCV life cycle modulated by serum cholesterol could be relevant for the clinical management of HCV-infected patients before and after treatment (González-Aldaco et al., 2018).

LDL lipoperoxidation leads to modifications in apolipoprotein B-100 and lipids. Ganini and Mason (2014) reported the lack of protection of α -tocopherol on the Apo B-100 and lipid free radical formation by lipooxygenases. This may explain the failure of vitamin E as a cardiovascular protective agent for humans. In addition, it may explain the high levels of ox-LDL in hepatitis patients

although they are on vitamin E as a supplement.

The significant high levels of ox-LDL reported in this study, may be a factor in the pathogenesis HCV hepatitis and HCV liver cirrhosis. Ox-LDL in serum of HCV patients may be a result of HCV induced oxidative stress in infected cells or it may be due to decreased endogenous production of antioxidants.

Oxidative stress results induces phosphorylation of eIF2a resulting in inhibition of global (including that of viral) protein synthesis and constitutes an important defense against virus infection. ROS; induced by HCV inhibit virus replication without affecting stability of its RNA genome. ROS can induce viral genome heterogeneity, which facilitates during treatment escape probably escape from the immune system (Lozano-Sepulveda et al., 2015).

ROS induce fixed chemical modification of the proteins and lipids in plasma LDL transforming it to the abnormal ox-LDL. Oxidative changes in amino acids as well as proteolysis and cross-links of apolipoprotein B occur that result in extensive alteration in the protein composition and structure forming carbonylated proteins. protein These oxidations should be treated before they are initiated at the early stage of HCV infection (Abou-El-Makarem et al., 2014).

Oxidized low-density lipoprotein is a key pathogenic determinant of vascular atherosclerosis. Moreover, increased levels of ox-LDL are associated with hepatocellular injury in experimental cholestasis and fibrosis (*Karadeniz et al.*, 2008).

Ho et al., 2019 stated that free cholesterol is colocalized with ox-LDL in the wall of portal vein, and was associated with lumen narrowing, plaque formation, endothelium deformation, and portal venous inflammation in experimental rats. The inflammation was evidenced by the colocalization of Kupffer cells, IL-1ß and the expression of LOX-1. Ruptured plaque was closely associated with portal venous inflammation. Moreover, free cholesterol and ox-LDL accumulation in periportal sinusoidal fibrosis, which associated with regional stellate cell activation and chicken-wire fibrosis. Their findings reveal a direct association between cholesterol accumulation, portal venous inflammation and fibrosis in nonalcoholic fatty liver disease (Ho et al., 2019).

Serum levels of extracellular SOD were significantly low in HCV hepatitis patients before and after treatment as compared to the control group.

Extracellular SOD is responsible for the dismutation of the superoxide radical produced in the extracellular space Extracellular superoxide SOD is expressed by inflammatory cells, including macrophages and neutrophils.Its gene is located on chromosome 4 (4p15.2-Gottfredsen et al., 2014).

The significant low levels of extracellular SOD observed in this study may be due to genetic predisposition of patients, or it may be due to permanent effects of HCV infection and not restored after virological clearance. *Khedr et al.* (2019) have reported increase in the levels of glutathione peroxidase and a decrease in the levels of malondialdehyde in

children with chronic hepatitis C after treatment with interferon.

New antioxidants as well as inducers of antioxidant enzymes; Mn/superoxide dismutase and catalase, may be helpful in prevention of formation of ox-LDL (Robbins and Zhao, 2011).

CONCLUSION

Ox-LDL is a stable marker molecule of oxidative stress. ROS produce oxidative changes in proteins and lipids in LDL. There was a highly significant increase in serum ox-LDL levels in HCV hepatitis patients as compared to the control group .Direct-acting antiviral agents did not normalize serum levels of ox-LDL

Treatment increased slightly the levels of serum SOD, but it did not restore the levels to those of the control groupalthough of the sustained virological clearance.

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تقييم البروتين الدهني منخفض الكثافة المؤكسد و وانزيم الديسميوتاز فائق الأكسدة الواقع خارج الخلية في مرضي الالتهاب الكبدي الفيروسي سي قبل وبعد العلاج بمضادات المباشرة

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خلفية البحث: تعتبر دورة حياة فيروس سي قريبة الارتباط بالأيض الدهني لخلايا المضيف بدءا من دخول الفيروس للخليه مرورا بتكرار الحمض النووي للفيروس وانتاج جسيمات الفيروس

الهدف من البحث: تحديد مستويات المصل لكل من البروتين الدهني منخض الكثافة المؤكسدة وانزيم الديسميوتاز فائق الأكسدة وانزيم الديسميوتاز فائق الأكسدة وقياس دور هم في مرضى التهاب الكبد الفيروسي المزمن (سي) بالاضافة لتقييم تأثير العلاج بمضادات الفيروسات المباشر علي مستوياتهم

المرضي وطرق البحث: شمات هذه الدراسة 40 مريضا بالالتهاب الكبد المزمن (سي) تم أخذ عينات الدم من المرضي قبل وبعد تناول عقار السوفوبير (400ملجم) والداكلاتسفير (60 ملجم) مره واحده يوميا لمدة 24أسبوعا كما شملت الدراسة أيضا 40 متطوعا كمجموعه ظابطة مرجعية.

نتائج البحث: كانت مستويات المصل من مضادات الأكسدة الكلية في مصل المرضى الذين يعانون التهاب الكبد الفيروسي سي قبل العلاج أقل من مثيلاتها في المجموعة الضابطة وكانت مستويات مصل البروتين الدهني منخض الكثافة المؤكسد لها ارتفاع ملحوظ في المرضى الذين يعانون التهاب الكبد الفيروسي سي قبل العلاج وبعد العلاج مقارنة بالمجموعة الضابطة. لم تؤثر المكملات الغذائية المضادة للأكسدة وأدوية مضادات الفيروس على مستويات البروتين الدهني منخفض الكثافة. وكانت مستويات انزيم الديسميوتاز فائق الأكسدة في المصل

أعلي بصورة ملحوظة في المجموعة الضابطة عن مستواها في المرضي قبل العلاج وعن مستواها في المرضي قبل العلاج وعن مستواها في المرضي بعد العلاج . لم يعيد العلاج مستويات انزيم الديسميوتاز فائق الأكسدة السي طبيعتها. وكان للعلاج بمضادات الفيروسات استجابة فيروسية مستمرة في المجموعات المختارة.

الاستنتاج: العلم بمضادات الفيروسات المباشرة لا يعيد البروتين الدهني منخفض الكثافة ولا انريم الديسميوتاز فائق الأكسدة اللي معدلاتهم الطبيعية. بالإضافة اللي أن مضادات الأكسدة المستخدمة حاليا لا تقلل من التغيرات التأكسدية في البروتين الدهني منخفض الكثافة.

مـــن الممكــن أن تســاعد مضــادات الأكســدة الجديــدة ومحفــزات انــزيم الديسـميوتاز فـائق الأكسـدة فـي منـع تكـوين البـروتين الـدهني مـنخفض الكثافــة المؤكســد ومن الممكن أن يساعد في علاج الإلتهاب الكبدي الفيروسي من النوع سي.