



EFFECT OF THREE DIFFERENT ESTHETIC TREATMENTS ON THE MICROARDNESS AND SURFACE ROUGHNESS OF (ICON) TREATED TEETH

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ABSTRACT

The aim of this study was to evaluate the effects of three esthetic treatments (bleaching, polishing and brushing) on the microhardness and surface roughness of the teeth treated with (Icon) at different storage times (one day, one week and one month). White spot lesion was created on the labial surfaces of 120 anterior teeth were prepared, treated with Icon resin, divided into 4 groups according to the treatment where, three subgroups were treated with polishing, bleaching and brushing at different storage times. Microhardness and surface roughness were measured. **Results:** There was a decrease in the microhardness and an increase in the surface roughness comparing with the control group specially in the polishing subgroup and after one month of storage. **Conclusion:** esthetic treatment affects the microhardness and surface roughness of Icon treated teeth. Polishing has highest effect while, brushing has the lowest. This effect increases with storage.

INTRODUCTION

Filling of anterior teeth has progressed from the normal materials to the treatment by resin infiltration this improved the mechanical properties, optical behavior, brightness, preparation and color, reduce teeth drilling, working time, effort and pain during and after treatment ⁽¹⁾. Bleaching, polishing and brushing are three important esthetic treatments used to keep and improve the color of treated teeth, minimize plaque accumulation and gingival irritation but they may have some undesirable effects on their surface properties ⁽²⁾. The use of polishing brushes and abrasive powered by the polishing motor creates a high friction that can decrease the microhardness

and increase the surface roughness of the Icon treated teeth, it has the highest effect among them. It depends on the pressure force, time, abrasive and coolant using ⁽³⁾. The use of bleaching is safer as it has a little effect, it depends on the concentration and the bleaching time, using carbamide peroxide is safer than using hydrogen peroxide ⁽⁴⁾. Brushing is the safest treatment as a low pressure was exerted using a manual tooth brush and tooth paste which decrease the effect, it depends on the brushing force, time, bristles stiffness and the abrasive particle size in the paste ⁽⁴⁾. The storage increases these effects because of some changes happened in the surface layer with aging by the effect of storage solution depending on its duration and temperature ⁽⁵⁾.

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MATERIALS AND METHODS

I. Materials

All the materials compositions are listed according to the manufacturers' profile.

TABLE (1): Materials used in this study:

	Brand name	Composition	Manufacturer & Website	Batch No.
1-	Icon Kit	Icon-Etch: Hydrochloric acid, Curing resins: Pyrogenic Silicic acid Surface-Active (Icon) substance, Icon-Dry : 99% Ethanol Icon-Infiltrant : Mety-acrylate base resin matrix, initiators,additives.	DMG, Hamburg, Germany. e-mail: www.dmg-dental.com	76142
2-	Bleaching Kit (In-Office)	Hydrogen Peroxide 40%, Water 20%, Potassium Nitrate, Potassium fluoride.	Ultradent,Utah, USA e.mail:www.ultra-dent.com	88245
3-	Polishing Kit	Pumice paste, polishing brushes, polishing tips, polishing cups, applicators, mandrils	3M company, USA e.mail:3m.dental.com	16593
4-	Brushing Kit	sensodyne tooth paste.	GSK, USA, e-mail: gsk.dent.com.	77239
5-	Demineralizing gel.	37% Phosphoric acid.	3M company USA e.mail:3m.dental.com	30075

II. Methods.

Selection of teeth and grouping of specimens:

A total 120 freshly sound non carious human anterior teeth, free of cracks and any developmental defects, were used in this study. The teeth were divided into two main groups (60 teeth each) according to the testing technique: group (H): used for assessment of microhardness and group (R): used for assessment of surface roughness. Each group was subdivided into four equal subgroups (15 teeth each) according to the esthetic treatment as follows: subgroup (A): control, (treated with Icon but no esthetic treatments), the other three subgroups were treated with Icon, then treated as the following: subgroup (B): treated with the bleaching kit, Subgroup (C): treated with the polishing kit,

and Subgroup (D): treated with brushing kit. Each subgroup was further subdivided into three equal divisions (5 teeth each) according to the storage times as follows: (S1) one day, (S2) one week and (S3) one month.

1- Preparation of the specimens;

The crowns of 120 human anterior teeth were separated and embedded horiz-ontally in its middle of a circle plastic mould of internal diameter 10 mm and 20 mm in height leaving 2 mm from the labial surface projecting.

B- Enamel white spot creation:

Labial surfaces of specimens were treated with 37% phosphoric acid for 1min._

C- Icon application:

Icon was applied as: Icon-Etch was applied, allowed to sit for 2 min, rinsed with water air spray for 30 sec, then, air dried with gentle pressure for 5 sec. Icon-Dry was applied, left for 30 sec. air dried for 5 sec. Icon-Infiltrant was applied, allowed to sit for 3min, light-cured for 40 sec. application was repeated ⁽⁶⁾.

D- Esthetic treatments:

- 1- **Control subgroup:** specimens immersed in a daily changed artificial saliva.
- 2- **Bleaching subgroup:** application was done on 2 sessions 20 minutes each then measurements were made. After one day, one week and one month, specimens were subjected to the bleaching procedure then, measurements were done.
- 3- **Polishing subgroup:** specimens were put in a tooth-polishing simulator apparatus where a polishing brush was rotated by a conventional latched type contra angle hand piece fixed upright stand and the brush parallel horizontally to a plate which has an acrylic base with metal ring for holding the specimen with a polishing paste and fixed load at 150 g for 4-5 sec, then, stored in an incubator till tested after one day, one week and one month.
- 4- **Brushing Subgroup:** Specimens were put in a tooth-brush simulator apparatus where a battery powered electric brush mounted to a fixed upright stand and the brush was placed parallel horizontally to a plate which has an acrylic base with metal ring for holding the specimen with a 250g load for 2min per day using a slurry of sensodyne toothpaste, stored in the incubator till measuring after one day, one week and one month.

F- Microhardness assessment:

At a minimum of 3 separated locations with

equal distances on the middle third of the labial surface of each specimen, indentations were made using a Vickers diamond indenter with a 2-N load and for a 15-S dwell time. Recorded values were averaged to produce the mean hardness value for each specimen ⁽⁷⁾.

G-Surface roughness assessment:

Enamel Surface roughness of each specimen was determined using non- contact type profilometers, with magnification of x20. Recommends cutoffs 0,8 mm⁽⁸⁾.

RESULTS**A- Microhardness:**

The control group recorded the highest microhardness mean value. While, all the esthetic treatments recorded the lowest microhardness mean values starting with brushing treated group, then bleaching treated group, finally the polishing treated group which recorded the lowest mean value of the microhardness. The one day stored subgroups recorded the highest microhardness mean values followed by one week stored subgroups while, one month stored subgroups recorded the lowest microhardness mean value.

B- Surface roughness:

The control group where Icon was applied with no esthetic treatments recorded the lowest roughness mean value than any treatment group. All the esthetic treatments caused an increase in the surface roughness mean values starting with brushing treated group, then, the bleaching treated group, finally, the polishing treated group which recorded the highest mean value of the surface roughness. The one month stored sub- groups recorded the highest roughness mean values followed by one week stored subgroups while one day stored subgroups recorded the lowest roughness mean value.

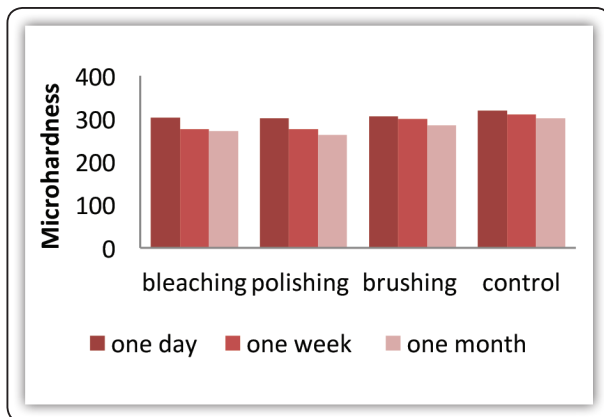


FIG (1) Histogram of the of hardness as a function of time

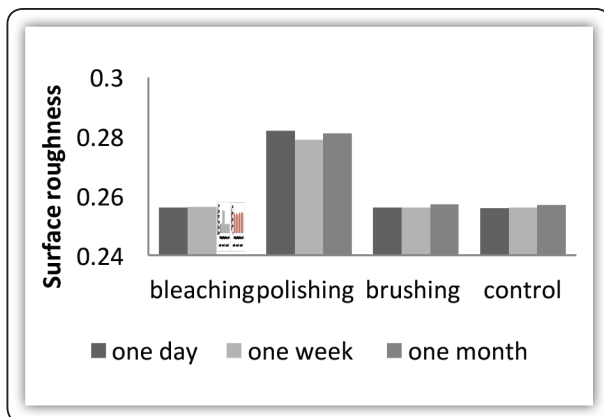


FIG (2) Histogram of the of roughness as a function of time

DISCUSSION

The control group recorded the highest microhardness and the lowest surface roughness mean value. This may be due to: The Icon prevents further progression of enamel lesions by occluding the microporosities⁽⁹⁾. It penetrates into the lesion body driven by capillary forces, improving the surface of the treated teeth⁽¹⁰⁾. However, the brushing treated group recorded a mean value lower than control group but higher than the other groups. This may be due to: the brushing force is a small frictional force affects the wear behavior of the surface of infiltrated teeth⁽¹¹⁾. Also, polishing treated group recorded the lowest mean value. This may be due to: polishing causes the surface molecules of

infiltrated teeth to be loose bonded and the polishing brush causes some changes on the tooth surface. This energy is related to the speed, pressure, abrasive size and coolant⁽¹²⁾. Moreover, bleaching was made by the action of certain chemicals on the surface of infiltrated teeth. The bleaching agents remove stains by oxidizing the organic substances within the tooth structure which proved to release of free radicals which moves freely between the surface layers causing bonding weakening⁽¹³⁾.

CONCLUSION

1. Icon improves the surface of enamel of white spot lesions.
2. Esthetic treatments affect the surface properties of the Icon treated teeth.
3. Polishing treatment has the highest effect while brushing has the lowest effect.
4. The storage time has an adverse effect on the surface properties of the Icon treated teeth.

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