

CLEANLINESS EFFICACY OF NEOLIX AND SILK ROTARY SYSTEMS IN ROOT CANAL RETREATMENT

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ABSTRACT

Aim: Comparing the cleanliness efficacy of Neolix and Silk nickel-titanium rotary systems used in root canal retreatment with and without Carvene solvent. **Method:** Forty extracted maxillary anterior teeth having single root canal were collected. Root canals were prepared and obturated with size 40 gutta-percha and Guttaflow bioseal, bioactive sealer. The root canals were distributed into two groups stated to the method of obturating material removal using (Neolix and Silk file systems). Further the groups were subdivided into two subgroups by using Carvene as a solvent or not. Roots were separated in bucco-lingual direction into two equal halves then cleanliness was analyzed using Stereomicroscope at the cervical, middle and apical regions. **Results:** Neolix system recorded higher cleanliness than Silk file system. Treatment with no-solvent recorded higher cleanliness than with using Carvene. Cervical region recorded the highest cleanliness followed by middle then apical region. **Conclusion:** Neolix file system without using solvent were more efficient for removing root canal obturating materials.

KEYWORDS: Neolix, Silk, Carvene, Retreatment, Stereomicroscope

INTRODUCTION

Root canal retreatment mainly achieve the health of periapical tissue in order to promote long-term tooth survival. Therefore, elimination of obturating material, instrumentation of the root canals then re-obturate them is essential ⁽¹⁾. Removal of obturating materials in a short time for non-surgical retreatment requires an ideal instrument, not only to clean the canal with no debris extrusion or root canal shape

modification but also with no instrument separation or any unfavorable events ^(2,3).

The techniques used to remove obturating materials from all the canals involve hand instruments ^(4,5), ultrasonics ⁽⁶⁾, lasers ⁽⁷⁾, and heat-carrying instruments ⁽⁸⁾ and nickel titanium (NiTi) rotary instruments ⁽⁹⁾.

Endodontic rotary NiTi files have been used with or without gutta-percha solvents saving time

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wanted to remove the obturating materials from root canal ⁽¹⁰⁾.

Recently, Neolix single-file rotary system was introduced to the market. Neoniti A1 has continuous rotating movement and is made up of special alloy that permits the file flexibility. It has a non-uniform square or rectangular cross-section along the blades, which confers optimal flexibility to the file. Also, in contrast to other NiTi files, Neolix can be pre-curved. It has a non-cutting tip and provides easy and safe access to the apex. It enables efficient instrumentation of root canal with only one rotary NiTi file ⁽¹¹⁾.

Mani Silk are NiTi alloy of martensitic type makes the file more flexible to accommodate the stress. Files are heat treated from D1 to D10 of the cutting flutes providing increased fracture resistance and flexibility. The cross-section is teardrop shaped. This design channels debris out of the canal efficiently and centers the file while minimizing transportation. This teardrop cross-section also decreases the "screwing-in" effect and simultaneously improves tactile sensation. The Mani Silk files have a constant taper throughout the file length with non-cutting tip ⁽¹²⁾.

Carvene is d-limonene based liquid used as gutta percha solvent for root canal retreatment ⁽¹³⁾.

This study aimed to assess the cleanliness ability of Neolix and Silk nickel-titanium rotary systems used in root canal retreatment with and without Carvene solvent using the stereomicroscope evaluation.

METHODS

Forty extracted human mandibular premolar teeth with single root canals with mature apex were collected. Teeth with cracks or fracture lines were eliminated after examination using loops. The teeth were cleaned and stored in saline solution.

Root canal preparation

All teeth crowns were removed to gain uniform working length of 17 mm from the apex using a diamond disk (D&Z, Darmstadt, Germany). The root canals working length were adjusted using size 10 K-file (Dentsply, Maillefer) which was introduced passively into each canal and subtracting 1mm from the end of the apex.

The coronal part of each canal was widening using Gates–Glidden drills sizes # 4, 3 and 2. Then apical preparation was completed with K-type files (Dentsply Maillefer) to an apical size #40. 2.5% NaOCl was supplied with a 30-gauge needle involving each succeeding file size. 5 ml of 17% EDTA aqueous solution were used for 3 min followed by 5 ml of 2.5% NaOCl.

The Guttaflow bioseal is (Coltène/Whaledent AG, Altstätten, Switzerland) a bioactive epoxy resin based sealer supplied in 5ml auto-mix syringe. Gutta-percha master cone 40/0.02 (Dentsply/Tulsa; Tulsa, Okla) was picked. Next, master cone coated with sealer was pointed up to the working length. Obturation was completed lateral compaction. Each tooth was radiographed ensure consistency of obturation. Teeth were incubated at 100% humidity at 37 °C for 7 days to permit setting of sealer.

Grouping of samples

Specimens were divided randomly into 2 main equal groups (each= 20) according to the instrument used in removal of the root canal obturating materials.

For group 1: Neolix (Neolix, châtres-la-Forêt, France) was used according to the manufacturer's instructions until elimination of the obturating material to the full working length. As the instrument advanced inside the root canal, it was removed and cleaned with sterile gauze. The CX-Smart endodontic motor (Dentsply/Tulsa; Tulsa, Okla) together with the Neolix system (C1:25/0.12, A1:40/0.04) that are recommended to be used with

speed of 300 to 500 rpm and torque limit of 1.5 N/cm. Neoniti C1 was introduced into the canal at a maximum depth 5 mm then Neoniti A1 was employed till reach the full working length.

For group 2: Silk (Mani, Japan) was used coronal started with 25/0.08 as orifice opener. Then 30/0.04 and 35/0.04 followed by 40/0.04). The files used at rotational speed of 500 rpm with a torque value of 300 g/cm until reach the full working length.

Then, each group was further subdivided into two subgroups a and b (n=10) corresponding to using Carvene (Industrial Estate, Diglana, Jammu, India) as a solvent or not in-combination with the retreatment instrument.

The first two subgroups 1a and 2a: the obturating material were removed using the removal system as mentioned before in-combination with few drops (0.1 ml) of Carvene solvent. A drop of Carvene was applied at the canal opening by insulin syringe and left for 2 minutes for solvent penetration.

The second two subgroups 1b and 2b: the obturating material was removed using the removal system as mentioned before without using any solvent.

During retreatment, each canal was irrigated with 1 ml of freshly prepared 2.5% sodium hypochlorite

after each file used. All instruments were cleaned regularly. Preparation was seemed complete when there was no root obturating material or sealer covering the instruments and when the irrigating solution become clear of debris.

Cleanliness evaluation of the root canal walls using Stereomicroscope:

Cleanliness of the root canals after removal of obturating material was evaluated using Stereomicroscope (Scope capture, China). Grooves parallel to the long axis were made on the buccal and lingual surfaces of all the roots and were cut into two halves using diamond disks then split completed using chisel. The cleanliness percentage was evaluated at the cervical, middle, and apical thirds.

The total areas of each third was defined, and the percentage of the area covered by obturating material remnants was calculated. Images of each section were made by USB Stereomicroscope attached to IBM computer at the X30 magnification to give clear vision of canals. The debris present in the canals was bordered. Image J software (National Institutes of Health, v1.39a) was used to calculate the surface area of the root canal third and the debris exist as shown in Figure (1).

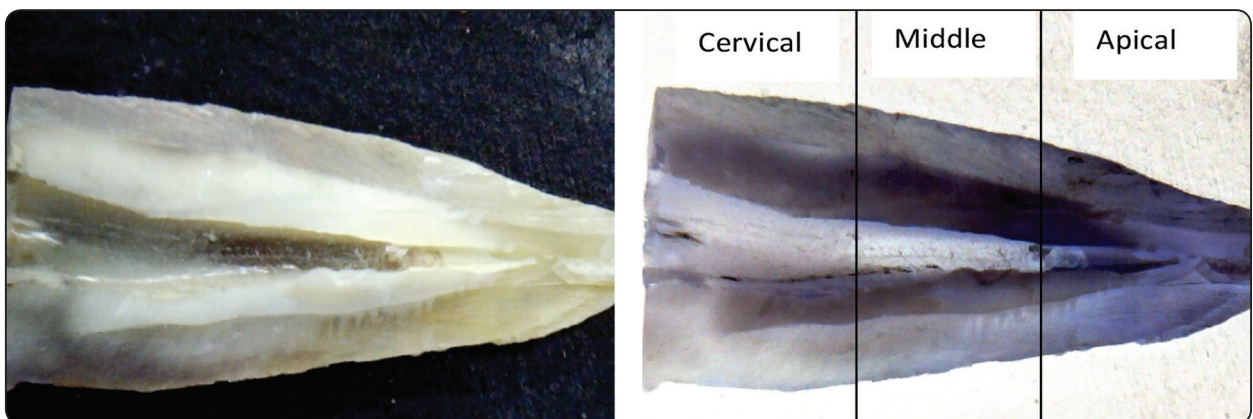


Fig. (1) Representative stereoscopic photographs (X30) showing gutta-percha remnant distribution over root canal surface.

RESULTS

Cleanliness test results

The mean values and standard deviation of cleanliness test results measured by remnant (%) for all groups for radicular region without solvent are summarized in table (1) and Figure (2).

For Neolix file group

With Carvene; it was found that the difference between regions was statistically non-significant as indicated by ANOVA test ($F=2.845, P=0.0756>0.05$) where (middle \geq cervical \geq apical)

No-solvent; it was found that the difference between regions was statistically non-significant as indicated by ANOVA test ($F=2.06, P=0.1464>0.05$) where (cervical \geq middle \geq apical)

Carvene vs. no-solvent

Cervical, Middle and Apical regions; it was found that the difference between carvene and no-solvent subgroups was statistically non-significant as indicated by paired t-test ($t=1.9, P=0.0871>0.05$), ($t= 0.59, P=0.5694>0.05$) and ($t=$

1.6, $P=0.1393>0.05$) where (no-solvent \geq carvene)

For Silk file group

With carvene; it was found that the difference between regions was statistically significant as indicated by ANOVA test ($F=4, .14, P=0.0271>0.05$) where (middle \geq cervical $>$ apical)

No-solvent; it was found that the difference between regions was statistically non-significant as indicated by ANOVA test ($F=0.952, P=0.3986>0.05$) where (cervical \geq middle \geq apical)

Carvene vs. no-solvent

Cervical, middle and apical regions; it was found that the difference between Carvene and no-solvent subgroups was statistically non-significant as indicated by paired t-test ($t=0.66, P=0.5241>0.05$), ($t= 0.16, P=0.8747>0.05$) and ($t= 1.45, P=0.1740>0.05$) where (no-solvent \geq Carvene)

Neolix vs. Silk file groups with carvene or not

Cervical, middle and apical regions; it was found that the difference between *Neolix* and *Silk* groups was statistically non-significant where (*Neolix* \geq *Silk*).

TABLE (1) Remnant area results (Mean values \pm SDs) for both groups as function of radicular region with/ out solvent.

Variable		Carvene			No-solvent		
		Cervical	Middle	Apical	Cervical	Middle	Apical
Group	Neolix	39.2768 ± 6.868	40.2358 ± 7.155	31.1237 ± 5.394	46.8245 ± 9.141	43.3028 ± 8.956	37.1661 ± 5.338
	Silk	36.9425 ± 7.509	37.0149 ± 6.038	27.8860 ± 3.918	40.2519 ± 8.378	37.3021 ± 8.737	33.6996 ± 8.357
Statistics	P value	0.6261ns	0.3959ns	0.3189ns	0.2258ns	0.237ns	0.4132ns

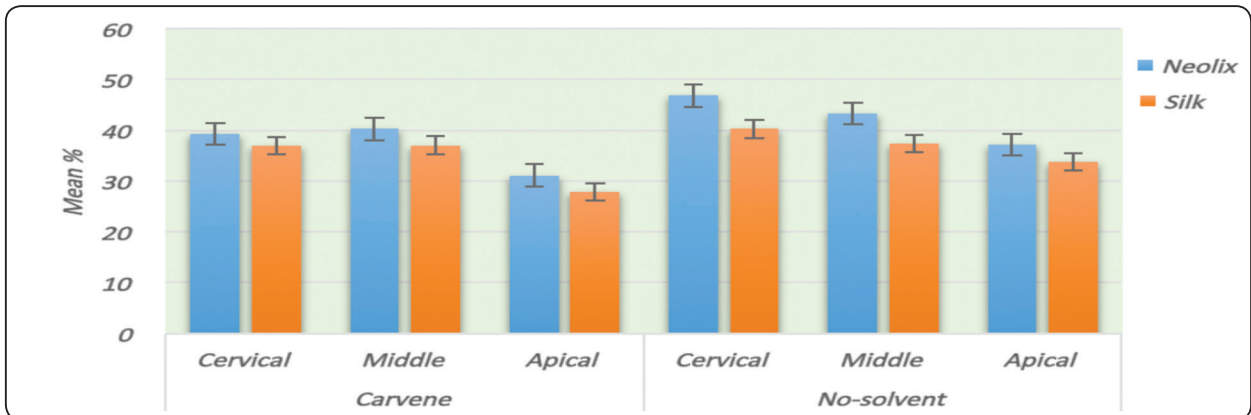


Fig. (2): Column chart of the mean values of remnant area for both file groups as function of radicular region applied with/out solvent.

DISCUSSION

Vertical sectioning of straight wide root canals to get images of their lumen, together, with the use of the stereomicroscope were recommended to estimate the presence of obturating material remnants⁽¹⁴⁾.

Removal of obturating materials is essential for nonsurgical retreatment. It permits succeeding cleaning, shaping and obturate the root canal system⁽¹⁵⁾. Removal of obturating material covering dentinal tubules looks to be critical so as to reveal bacteria that might be the cause of post-treatment disease. Also, remnants of obturating materials might decrease adhesion and adaptation of cements used for posts and sealers⁽¹⁶⁾.

The additional instruments are directed to improve the root canal preparation, mainly in the apical third⁽¹⁷⁾.

The use of carvene as a solvent in the present study led to gutta percha and sealer residue on the canal walls. The reason for residual gutta percha and sealer could be attributed to the solvents ability to soften gutta percha and modify its structure to a viscous and highly adhesive material, which makes it more difficult to remove⁽¹⁸⁾.

In our study, Neolix file system recorded higher cleanliness than Silk file system. This may be due to

the fact that Neolix has completely different manufacturing process from other NiTi rotary systems and it confers very high flexibility with high micro-hardness. Grouping of these characteristics with a rectangular-shaped cross-section and cutting blades results in high cutting efficacy⁽¹⁹⁾.

Mani Silk is NiTi alloy of martensitic type makes the file more flexible to accommodate the stress. The constant taper throughout the file length with noncutting tip cross-section is teardrop shaped decrease their touching with the canal walls. This could be the major cause for more obturating material remnants located coronally⁽²⁰⁾.

The tested techniques were not able to completely remove the obturating material. This is in accordance with previous studies^(5, 21-23).

CONCLUSION

Neolix file system recorded higher cleanliness than Silk file system with statistically significant difference. Treatment with no-solvent recorded higher cleanliness than with using Carvene with statistically significant difference. Cervical region recorded the highest cleanliness followed by middle region while the lowest cleanliness was recorded with apical region. The difference between radicular regions subgroups was statistically significant.

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