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TOOTH AVULSION MANAGEMENT: STATE OF DENTAL STUDENTS' KNOWLEDGE

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ABSTRACT

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Aim: This study was conducted to determine the knowledge of undergraduate dental students regarding the management of avulsed teeth at the College of Dentistry, King Saud University, Riyadh, Saudi Arabia.

Methods: A self-administered English-language questionnaire contained of 17 close ended questions with two parts: The first part consisted of questions about demographic and professional data. The second part of the questionnaire consisted of questions to evaluate the knowledge and attitude of the students on managing avulsed traumatic injuries. The data were entered and analyzed using SPSS. The level of statistical significance was set at p < 0.05.

Results: Data were collected from 303 students with response rate of 83.4%. About 80% of the students had a previous knowledge about dental trauma. Most of the students 92.7% were able to define avulsion, correct answers were significantly more with advanced academic level (P = 0.003). Majority of the students (80.5%) can distinguish between primary and permanent teeth. About half of the study group (46.2%) correctly answered the ideal time for re-implantation, more female students were responded correctly with p = 0.000 if compared to male students. Most of the students (83.8%) selected milk as a storage medium, almost 15% selected saliva, 14.5% selected Hank's balanced salt solution (HBSS) and 8.3% selected saline. Only 19.8% answered the flexible splint used for splinting avulsed teeth with significant difference in different academic level and gender p < 0.05.

Conclusion: The present study reflects insufficient knowledge of dental students in management of avulsed teeth. In some points the students' knowledge needs to be improved through enhancing and providing different kinds of education methods in undergraduate courses.

KEYWORDS: Avulsion; Dental students; Knowledge; Management; Saudi Arabia.

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INTRODUCTION

Traumatic dental injuries are more common among children and young adults these injuries comprising 5% of all injuries. About 25% of school children experience dental trauma and 33% of adults have experienced trauma to the permanent dentition.^{1,2} Studies showed about 50% of children have their primary or permanent dentition affected by traumatic injuries during their school days.^{3,4}

Dental avulsion is the complete displacement of a tooth from its socket in alveolar bone due to trauma.⁵ This type of injury to the permanent teeth is one of the most serious dental injuries, correct emergency management of such injury is very important for better prognosis.¹ For all dental injuries of permanent teeth, avulsion considered to have 0.5-3%.⁶ The time interval between the injury and dental treatment, the procedures that are used at the time of injury and the medium in which it was kept until the dentist appointment will determine the prognosis of the avulsed tooth.^{7,8}

The management of the avulsion of deciduous and permanent teeth in children is well out-lined in the guidelines of the International Association of Dental Traumatology¹ and the American Academy of Pediatric Dentistry.⁹

Many avulsed teeth are lost due to lack of knowledge and proper first aid procedures. Dentists' knowledge in the emergency management of avulsed tooth is very important. They are responsible to help these patients to keep their teeth in better health. This study was conducted to evaluate undergraduate dental students at king Saud University, Riyadh, Saudi Arabia regarding clinical examinations, diagnoses, treatments, and prognoses of avulsed teeth in children.

METHODS

Approval for this study was obtained from the College of Dentistry Research Center at King Saud University. Informed consent was obtained from all participants from the third, fourth and fifth year dental students and only who were willing to participate were included in this survey. Attending clinics and treating patients started from the third year studying at this college, so only third, fourth and fifth year students who were dealing with patients were included. The total number of the students in the college was 363 representing the three levels, 132 students in the third year, 132 students in the fourth year and 99 students in the fifth year.

A self-administered 2-page standardized Englishlanguage questionnaire (Figure: 1) contained 16 close ended questions. The questionnaire consisted of two parts; the questions of the first part were about demographic and professional data which included gender, level of studying, if the student attended any training program of dental trauma, knowledge about tooth avulsion management, and whether they could differentiate between primary and permanent teeth. The second part of the questionnaire consisted of questions to evaluate the knowledge and attitude of the students on managing avulsed traumatic injuries. The questionnaire used was a validated and modified of questionnaires used in previous studies.^{10,11}

Before starting distributing the questionnaires for this study, pilot questionnaires were applied for 20 students to evaluate the ease of reading, clarity of the wording and understanding of the questions as it was necessary to check the students' perception and interpretation of the questions, and few modifications were introduced. The students who participated in the pilot study were not included in the final sample.

The dental students were given the questionnaires in the classrooms and asked to fill it out without discussing it with any colleague. Answering the questionnaire took between 5 to 10 minutes. No private informations were requested as the names or contact numbers.

All returned questionnaires were entered and analyzed using SPSS (20.0). Frequencies and percentages were obtained and the Chi-square test was applied to assess the associations between variables. The level of statistical significance was set at p < 0.05.

Fig. (1) Questionnaire

1. Did you have first-aid training of the dental trauma?										
2.	Have you	ever experienced an accident of dental trauma?			Yes	No				
3.	Do you ha	ve previous knowledge about management of avulsed too	th?		Yes	No				
4.	What is to	both avulsion								
	0	Tooth dislodgement of intact tooth out of its socket, due	to an	y trauma*						
	0	Dislodgement of fractured segment of the tooth due to a	ny tra	uma						
	0	Do not know								
5.	A 9-year-o	old girl falls down the stairs and her lips receive a heavy b	low. S	She is bleeding visibly from her	mouth, ar	nd one				
	upper front tooth is found to be missing. Fortunately, she did not lose consciousness.									
	-Is the damaged front tooth likely to be a primary or permanent tooth?									
		 A primary tooth 								
		• A permanent tooth*								
		-Would you replant (put back) the tooth into the sock	et from	m which it avulsed?						
		o Yes*								
		o No								
6.	Can an av	ulsed permanent tooth be replanted in all cases?			Yes	No*				
7.	What is th	e ideal time for the re-implantation of an avulsed tooth?								
	0	15 mins *	0	45 mins						
	0	30 mins	0	1 hour						
8.	You found	the knocked out tooth and it is dirty, will you								
• Wipe the tooth with tissue paper										
	• Clean the tooth with a tooth brush									
	• Rinse the tooth gently under running tap water for a few seconds without scrubbing it*									
	• No need to clean the tooth because it is useless									
	0	Spray alcohol on the tooth.								
	0	Put the tooth straight back into the socket, with no pretro	eatme	ent.						
9.	If liquid is	used to transport the tooth, how would you transport it to	the d	lentist?						
	0	Milk*	~	Alaahal						
	0	Tap water	0	Physiological saline*						
	0	Hank's balanced salt solution*	0	Sports drink						
	0	Patients saliva*	0	Sports utilik.						
10.	What is th	e most critical factor in the outcome of replanted tooth?								
	0	Extra alveolar dry time*	0	Storage media						
	0	Splinting period	0	Not sure						
1	1. Type of	splint used is								
	0	Rigid	0	Anyone						
	0	Flexible*	0	Not sure						
12. Splinting period is for										
	0	2wks*	0	6 wks						
	0	4wks	0	Not sure						
13.	Which one	e has better prognosis?								
	0	Open apex (immature tooth)*								
	0	Closed apex (mature tooth)								
14.	Should pri	mary tooth be replanted?			Yes	No*				
* C	orrect answ	ers								

RESULTS

A total of 303 students from 363 were answered the questionnaires with a response rate of 83.4%. 156 (51.5%) were males and 147 (48.5%) were females, from the third (103), fourth (106) and fifth (94) dental students at King Saud university, (Table 1).

It was found that 74.6% of the students had the first aid training in dental trauma and approximately 80% of them had a previous knowledge about dental trauma. Only one-third 33.3% of participants had exposed to at least one dental trauma cases, (Table 2).

Most of the students 92.7% were able to define avulsion with significant difference between the students who correctly answered and different academic level (P = 0.003). It is obviously that the fifth year students had more knowledge if compared to third year students. Majority of the students 80.5% knew that the maxillary incisor of 9-year-old girl is permanent tooth with no significant difference

Ger	ıder	Ν	%
Ma	lles	156	51.5
Ferr	ales	147	48.5
То	tal	303	100
Le	vel		
	Males	54	52.4
3 rd year	Females	49	47.6
	Total	103	100
	Males	51	48.1
4 th year	Females	55	51.9
	Total	106	100
	Males	51	54.3
5 th year	Females	43	45.7
	Total	94	100

TABLE (1)Distribution of the students based on
gender and academic year

	Level					Ger					
Variable	3 rd (%) 4 th (%) 5 th (%) Total		<i>P</i> -value	Males(%) n=156	Female(%) n=147	<i>P</i> -value					
Have first-aid training of the dental trauma?											
Yes	73 (70.9)	81 (76.4)	72(76.6)	226(74.6)	0.567	128(82.1)	98 (66.7)	0.002*			
NO	30 (29.1)	25 (23.6)	22(23.4)	77 (25.4)		28 (17.9)	49 (33.3)				
Have ever exp	perienced an a	ccident of den	tal trauma?								
Yes	21 (20.4)	43 (40.6)	37(39.4)	101(33.3)	0.003*	72 (46.2)	29 (119.7)	0.000*			
NO	82 (79.6)	63 (59.4)	57(60.6)	202(66.7)		84 (53.8)	118 (80.3)				
Have previous knowledge about management of avulsed tooth?											
Yes	61 (59.2)	95 (89.6)	86(91.5)	242(79.9)	*000.00	134 (85.9)	108 (73.5)	0.007*			
NO	42 (40.8)	11 (10.4)	8 (8.5)	61 (20.1)		22 (14.1)	39 (26.5)				

TABLE (2) Personal information

*Significant

(115)

p > 0.05 and 84.2% suggested re-implantation for that lost tooth with significant difference with students' gender, (Table 3).

More than two-thirds 70.3% knew that the permanent tooth cannot be re-implanted in all cases with significant difference between males and females p < 0.05. Approximately half of study group 46.2% correctly answered the ideal time for re-implantation of avulsed tooth which was 15 minutes, female students were more responded correctly with p = 0.000. About half of the students 54% would rinse the avulsed dirty tooth gently under running tap water for a few seconds without scrubbing it before re-implantation with a significant difference in different academic level and gender, (Table 4).

Regarding the transport media for avulsed teeth, 83.8% selected milk as a storage medium, almost 15% selected saliva, 14.5% selected Hank's balanced salt solution (HBSS) and 8.3% selected

saline to keep the teeth till seeking professional help. Only 29.4% correctly answered that the extra alveolar dry time is the most critical factor in the outcome of replanted tooth while 35% did not know the correct answer, (Table 5).

The splinting type for avulsed teeth, only 19.8% correctly answered a flexible splint to be used for splinting avulsed teeth with significant difference in different academic level and gender p < 0.05 females students were more than males who correctly answered this question while 39% of them believed that the rigid splint should be selected. About one-third 30% knew the correct splinting period of two weeks while 35.3% were not sure about the correct answer. Only 36% responded correctly that avulsed teeth with open apex had better prognosis with significant difference between males and females. From the study sample 77.2% correctly answered the primary teeth should not be re-implanted, (Table 6).

TABLE (3) Know	wledge regarding	tooth avulsion	according to	gender and	academic l	evel

		level				Gender				
Variable	3 rd (%)	4 th (%)	5 th (%)	Total (%)	P-value	Males(%) n=156	Female(%) n=147	P-value		
What is tooth avulsion										
A) Tooth dislodgemen	A) Tooth dislodgement of intact tooth out of its socket, due to any trauma γ									
	89(86.4)	99(93.4)	93(98.9)	281(92.7)	0.003*	143 (91.7)	138 (93.9)	0.459		
B) Dislodgement of fra	B) Dislodgement of fractured segment of the tooth due to any trauma									
	2 (1.9)	6 (5.7)	1 (1.1)	9 (3)	0.121	4 (2.6)	5 (3.4)	0.668		
C) Do not know										
	12(11.7)	1 (0.9)	0	13 (4.3)	*000.0	9 (5.8)	4 (2.7)	0.191		
A 9-year-old girl fall a	and one upper	front tooth	is found to	be missing.	The damage	ed tooth is:				
A) primary tooth	24(23.3)	24(22.6)	11(11.7)	59 (19.5)		30 (19.2)	29 (19.7)	0.913		
B) permanent tooth γ	79(76.7)	82(77.4)	83(88.3)	244(80.5)	0.072	127 (81.4)	117 (79.6)	0.690		
Would you replant (put back) the tooth into the socket from which it avulsed?										
Yes	81 (78.6)	91 (85.8)	83 (88.3)	255 (84.2)	0.151	139 (89.1)	116 (78.8)	0.015*		

*Significant

y correct answer

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	Level					Gender		
Variable	3 rd (%)	4 th (%)	5 th (%)	Total	<i>P</i> -value	Males(%) n=156	Female(%) n=147	P-value
Can an avulsed permanent t	tooth be repla	nted in all	cases?					
Yes	27(26.2)	37(34.9)	26(27.7)	90(29.7)	0.339	61(39.1)	29(19.7)	0.000*
Νο γ	76 (73.8)	69 (65.1)	68(72.3)	213(70.3)		95(60.9)	118(80.3)	
What is the ideal time for th	e replantatio	n of an avul	sed tooth?					
15 mins ^y	46 (44.7)	50 (47.2	44(46.8)	140(46.2)	0.927	49 (31.4)	91 (61.9)	0.000*
30 mins	29 (28.2)	37(34.9)	28(29.8)	94 (31)	0.546	64 (41)	30 (20.4)	0.000*
45 mins	8 (7.8)	3 (2.8)	5 (5.3)	16 (5.3)	0.280	14 (9)	2 (1.4)	0.003*
1 hour	13 (12.6)	12 (11.3)	16 (17)	41 (13.5)	0.474	19 (12.2)	22 (15)	0.479
You found the knocked out	tooth and it is	dirty, will	you	1				
Wipe the tooth with tissue paper	12(11.7)	11(10.4)	3 (3.2)	26(86)	0.076	18 (11.5)	8 (5.4)	0.058
Clean the tooth with a tooth brush	5 (4.9)	1 (0.9)	0	6 (2)	0.032	5 (3.2)	1 (0.7)	0.115
Rinse the tooth gently under running tap water for a few seconds without scrubbing it ^x	45(43.7)	54 (50.9)	65(69.1)	146(54.1)	0.001*	56(35.9)	108(73.5)	0.000*
No need to clean the tooth because it is useless	8 (7.8)	15 (14.2)	4 (4.3)	27(8.9)	0.044*	13 (8.3)	14 (9.5)	0.716
Spray alcohol on the tooth.	6 (5.8)	11(10.4)	2 (2.1)	19(6.3)	0.054	6 (3.8)	13 (8.8)	0.073
Put the tooth straight back into the socket, with no pretreatment.	31(30.1)	25 (23.6)	19(20.2)	75 (24.8)	0.260	66(42.3)	9 (6.1)	0.000*

TABLE (4) Questionnaire about re-implantation of avulsed teeth

*Significant

Y correct answer

	Level					Gender				
Variable	3 rd (%)	4 th (%)	5 th (%)	Total	<i>P</i> -value	Males(%) n=156	Female(%) n=147	<i>P</i> -value		
If liquid is used to transport the tooth, how would you transport it to the dentist?										
Milk ^y	86(83.5)	93(87.7)	75(79.8)	254(83.8)	0.311	134(91.7)	111(75.5)	0.000*		
Tap water	2(1.9)	13(12.3)	10(10.6)	25(8.3)	0.015*	16(10)	9(6.1)	0.191		
Hank's balanced salt solution Y	7(6.8)	20(18.9)	17(18.1)	44(14.5)	0.023*	23(14.7)	21(14.3)	0.910		
Patients saliva ^y	6(5.9)	23(21.7)	16(17)	45(14.9)	0.004*	19(12.2)	26(17.7)	0.178		
Alcohol	5(4.9)	1(0.9)	0	6(2)	0.032*	4(2.6)	2(1.4)	0.452		
Physiological saline ^y	6(5.8)	15(14.2)	4(4.3)	25(8.3)	0.022*	10(6.4)	12(10.2)	0.230		
Sports drink	2(1.9)	0	0	2(0.7)	0.142	1(0.6)	1(0.7)	0.966		
What is the most critical factor in the outcome of replanted tooth?										
Extra alveolar dry time ^y	21(20.4)	43(40.6)	25(26.6)	89(29.4)	0.005*	38(24.4)	51(34.7)	0.048*		
Splinting period	13(12.6)	21(19.8)	20(21.3)	54(17.8)	0.228	37(23.7)	17(11.6)	0.006*		
Storage media	20(21.3)	27(25.5)	37(39.4)	71(23.4)	0.000*	27(17.3)	44(29.9)	0.010*		
Not sure	63(61.2)	23(21.7)	20(21.3)	106(35)	0.000*	61(39.1)	45(30.6)	0.121		

TABLE (5) Management of tooth avulsion

TABLE (6) Management of tooth avulsion

		level				Ge		
Variable	2rd (0/)	Ath (0/)	5th (9/)	Total	<i>P</i> -value	Males(%)	Female(%)	<i>P</i> -value
	3 (70)	4 (70)	5 (70)			n=156	n=147	
Type of splint	used is							
Rigid	15(14.6)	67(63.2)	37(29.4)	119(39)	0.000*	74(47.4)	45(30.6)	0.003*
Flexible ^y	12(11.7)	13(12.3)	35(37.2)	60(19.8)	0.000*	22(14.1)	38(25.9)	0.020*
Anyone	2(1.9)	1(0.9)	3(3.2)	6(2)	0.528	3(1.9)	3(2)	0.935
Not sure	74(71.8)	28(26.4)	19(20.2)	121(39.9)	0.000*	61(39.1)	60(40.8)	0.761
Splinting perio	od is							
2wks ^y	13(12.6)	45(42.5)	33(35.1)	91(30)	0.000*	34(21.8)	57(38.8)	0.001*
4wks	14(13.6)	39(36.8)	41(43.6)	94(31)	0.000*	61(39.1)	33(22.4)	0.002*
6 wks	1(1)	3(2.8)	7(7.4)	11(3.6)	0.045	8(5.1)	3(2)	0.151
Not sure	75(72.8)	19(17.9)	13(13.8)	107(35.3)	0.000*	53(34)	54(39.7)	0.615
Which one has	s better prog	nosis?						
Open apex								
(immature	34(33)	41(38.7)	34(36.2)	109(36)	0.694	45(28.8)	64(43.5)	0.008*
tooth) ^y								
Closed apex	(2)((0, 2))	65(61.2)	59(617)	195(61 1)	0.074	102(66)	82(55)	0.069
(mature tooth)	02(00.2)	03(01.3)	38(01.7)	105(01.1)	0.974	105(00)	82(33)	0.008
Should prima	ry tooth be re	eplanted?						
Yes	36(35)	25(23.6)	8(8.5)	69(22.8)	0.000*	43(27.6)	26(17.7)	0.040*
No ^у	67(65)	81(67.4)	86(91.5)	234(77.2)	0.000	113(72.4)	121(82.3)	0.040

*Significant

DISCUSSION

This study was conducted on university dental students of King Saud University to evaluate the students' knowledge level of dental avulsion. It is very important for this group to understand how to deal and manage such kind of injury as a time is a critical factor in prognosis. These students will be future dentists and can be exposed to any emergency case.

The prognosis for avulsed teeth is varied and depends mainly on the action and the first aid managements will be performed at the site of trauma and the traumatized teeth. There are different treatment choices and mainly depending on the vitality of periodontal ligaments and tooth maturation.¹

In the present study 74.6% of the students were had the first aid training in dental trauma, in the other hand only 1.9% of dental students in Japan were received first aid training in dental trauma.¹¹ Approximately 80% of the sample had a previous knowledge about trauma while about 50% of Japanese students knew previous knowledge about trauma¹¹, it is noticed that third year students had less information compared to fourth or fifth year students (59.2%vs. 89,6%, 91.5%), based on the curriculum of this college trauma lectures started in the fourth year and this is an explanation that most of the questions were answered correctly by advanced academic level students .

Most of the students 92.7% were able to define avulsion which is almost similar to what was found by Limbu et al. (100%)¹² and Abu-Dawoud et al. (93%)¹³. Majority of the students 80.5% can distinguish between primary and permanent teeth this percentage was higher if compared to Japanese students 69.4%.¹¹From the study group, 84.2% suggested re-implantation of the lost permanent tooth. The guidelines of International Association for Dental Traumatology (IADT) and American Academy of Pediatric Dentistry (AAPD) emphasized on the immediate re-implantation of an avulsed tooth^{1,9} also it was reported that immediate re-implantation of lost teeth is the treatment of choice for avulsed teeth.^{14,15}

International Association for Dental Traumatology (IADT)¹ recommended that not all avulsed teeth should be re-implanted as in sever caries or periodontal diseases, un-cooperative children and sever medical conditions (cardiac or immune-compromised patients) in the present study more than two-third of the student agreed not to implant all avulsed teeth. Approximately half of study group knew the ideal time for re-implantation of avulsed tooth which was 15 minutes this finding is in constance with the finding of Limbu et al. study 55% ¹² that time is also recommended by IADT.¹ Half of the students (54%) would rinse the avulsed dirty tooth gently under running tap water for a few seconds without scrubbing it before re-implantation which was suggested by the guidelines of IADT¹ and AAPD.9

If the tooth could not be re-implanted for any reason it should be kept in a medium to prevent the dryness and protect the vitality of periodontal ligaments.¹⁶ The guidelines of IADT ¹ and AAPD ⁹ recommended transportation media for avulsed teeth which include Hank's Balanced Salt Solution (HBSS), saline, saliva and milk also these different kinds of media were recommended by previous studies. ^{17,18} In the present study 83.8% of the students selected milk as a storage medium, almost 15% selected saliva, 14.5% selected Hank's balanced salt solution (HBSS) and 8.3% selected saline to keep the teeth till seeking professional help which indicate that the students knew about the storage media that should be used. If comparing between milk and saliva as a storage media Courts et al.¹⁹ stated that milk has compatible pH and osmolality to periodontal ligaments cells, so it is better in preserving periodontal ligaments fibroblasts, milk is free of bacteria not as saliva and it is commonly available if compared to HBSS in addition it has essential nutrients factors for the cells. It was reported that milk is an excellent storage medium for six hours.²⁰ Fortunately in the present study majority of the students selected milk as favorable storage medium for avulsed teeth. Saliva is one choice of a storage medium, but it can damage the periodontal ligaments cells if kept more than one hour. ^{19,21} Courts et al. stated that preserving the avulsed teeth in saline for more than two hours it considered as harmful for periodontal ligaments cells.¹⁹

The chance of damaging periodontal ligaments is increased if extra-oral dry time is increased, it was reported that the most critical factor effecting the prognosis of implanted tooth is extra-oral dry time and there is more chance of having ankylosis within 20 minutes extra-oral time.9, 16, 22 Only 29.4% correctly answered that the extra-alveolar dry time is the most critical factor in the outcome of replanted tooth while 35% did not know the correct answer. For any reason if the tooth cannot be implanted within five minutes it should be kept in a medium to preserve the periodontal ligaments.²³ If the tooth is re-implanted it should be splinted with a flexible type of splint ¹ to allow physiological tooth movement and to prevent anakylosis, only 19.8% of the present study correctly selected a flexible splint. These results reflect the background knowledge of the student which needs to be improved to enhance the treatment quality for the patients since extra-oral dry time is a critical factor affecting the prognosis.⁹, ^{16,22} In addition to the splint type that will affect the outcome of the treatment.¹

About one-third 30% knew the correct splinting period of two weeks which is almost similar to a previous study.¹² IADT and AAPD recommended two weeks splinting will decrease the risk of ankylosis.^{1,9}

A chance of having pulp re-vascularization if the avulsed teeth are implanted within 60 minutes is more with immature teeth.²⁴ It was reported that immature teeth had better chance of periodontal healing if compared to mature teeth ^{25,} in the present study 36% responded correctly that avulsed teeth with open apex had better prognosis and 77.2% correctly selected that the primary teeth should not be re-implanted. Both IADT and AAPD guidelines recommended that primary teeth should not be re-implanted to reduce the risk of damaging the permanent teeth.^{1,9}

One limitation of the study includes: the questionnaires were distributed to the students and filled by themselves, if there were interviews with the students this will help to explain any unclear items to get better results.

CONCLUSION

Dental students' knowledge for management of avulsed teeth considered to be insufficient. In some points the students' knowledge needs to be improved through emphasizing more on continuous education and applying different kinds of education methods about management of such trauma to improve their knowledge so they can manage such a case independently as the time is an important factor of having good prognosis.

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