

## USING DRIED CHICORY (*CICORIUM INTYBUS L.*) LEAVES HERBAL ADDITIVE IN RABBIT DIETS

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### SUMMARY

This experiment was carried out to study the effect of some feed additives (dried chicory leaves) on growth performance of black Balady rabbits, nutrients digestibilities, feeding values, carcass traits, some blood constituents, and caecal activity. A total number of 48 weaned rabbits aged 6 weeks, with average body weight 740 g were used in this study. The experimental animals were individually housed and divided randomly into four similar groups (12 each) using complete randomized block design. Four experimental dietary treatments were designed by using the basal ration with the addition dried chicory leaves at 0.00, 0.25, 0.75 or 1.25g / rabbits for control (T0) and tested rations T1, T2 and T3, respectively. Results showed that, rabbits in T2 showed significantly ( $P<0.05$ ) the highest live body weight (LBW) and total gain followed by T3 and T1, while the lowest values were associated with (control) one at 10-14 weeks of age. Also the significant highest feed intake value was associated with the tested diet T2 in comparison with that of control and the other tested rations. Feed conversion and performance index were marked improved by the tested rations in comparison with control, however the differences among them did not significant. Also, digestion coefficients and feeding values were significantly the highest with T2 in comparison with the control one, but mostly the nutrients digestibilities and feeding values of the other tested rations were insignificant higher than those of control one. Almostly, carcass traits were significant ( $P<0.05$ ) higher with all tested rations than those of control one. Rabbits in T2 showed significantly the highest ( $P<0.05$ ) concentrations of total protein and albumin and insignificant higher for rabbits fed T1 and T3 chicory herb than those of control one. However, activities of Aspartate (AST) and Alanine (ALT) aminotransferase enzymes were significant ( $P<0.05$ ) higher with all the tested treatments than those of control one, being the highest value was occurred with T2. Inversely, the concentrations of glucose, total cholesterol and uric acid were significant ( $P<0.05$ ) lower with all tested rations than those of control one, being the lowest values were associated with T2 and T3 rations. And show that, no significant differences were found between treatments in caecal pH value. While, caecal TVFAs concentration was significantly increased ( $P<0.05$ ), but ammonia concentration was decreased for rabbits fed T2 diet compared with T3 and control one. It could be concluded that diet of T2 led to an improvement in growth performance of rabbits and nutrients digestibility.

**Keywords:** Rabbits, chicory leave additives, growth performance, digestibility, carcass traits, blood biochemical, caecum activity.

### INTRODUCTION

During the last decade and due to the pressure of high population worldly, an intensive animal production systems are becoming urgently use to secure the huge food demand for such highly growing world's population. Such great intensification system needs more significant changes in feeding systems and formulation the rations for animals than the traditional ones. There is a growing need for developing new supplements or feed additives and techniques that can improve animal performance, nutrients digestibility and milk production. Recently, there is a global trend in animal feed sector strongly suggest using natural source of feed additives such as herbs and medicinal plants which known to contain phytogetic compounds that have antioxidant, anticancer, antibacterial, antifungal and antiviral properties which could enhance animal health and productivity without harmful effects on human health or the environment (Das *et al.*, 2016 and Walter, 1995). One of these herbs is chicory (*Cicorium intybus L.*), a perennial herb of the *Asteraceae* family indigenous to Europe, West Asia, Egypt, North America, and Italy. Chicory plant is grown primarily

for its inulin content, which is one of the best-studied prebiotic sources in domestic animal application. Several studies have been carried out to describe the 'prebiotic effect' of chicory inulin type fructans and oligofructose (Castellini *et al.*, 2007). According to the studies of Di Venere *et al.* (2009) on phenolic composition and antioxidant activity in wild chicory; they found the presence of caffeic acid derivatives and flavonoids (quercetin and kaempferol glycosides) could be induced a very high antioxidant activity compared to other wild edible species. Also, Behboud *et al.*, (2011) showed that the highest levels of weight gain, feed intake and feed conversion ratio (FCR) was in group fed basal diet plus 200 ppm of both *Nigella sativa L.* and *Cichorium intybus L.* compared with the control one that free from these additives for chicken. In perspective, *Cichorium intybus* contains organic acid, alkaloid, saccharides, coumarins, triterpenes, sesquiterpenes, ect. where it has a function of lowering the blood lipid, glucose, decreasing hepatoprotection and uric acid as observed by Wang and Cui 2009. Also, Di Venere *et al.* (2009) However, information about the dry matter yield potential and bioactive compounds contents of natural species of chicory is still scarce, even if these details could be very helpful in establishing relationships such as that between forage polyphenol contents and their feeding values for ruminants. This work aimed to investigate the effect of chicory additives on rabbit diets with three levels of dried chicory leaves on the productive performance of growing rabbits, digestion coefficient, feeding values, carcass characteristics, blood parameters, biochemical traits of caecum activity and economical efficiency.

## **MATERIALS AND METHODS**

The current work was carried out at Sakha Animal Production Research Station, Animal Production Research Institute, Agricultural Research Center, Ministry of Agriculture. Fresh chicory leaves were collected directly after harvest and chopped to 2-3 cm pieces with moisture content of 90% approximately, then sun-dried for 14 days and finally completely ground before mixing with the other ingredients for formulation the experimental rations for animals. Ingredients were analyzed for crude protein (CP), crude fiber (CF), ether extract (EE) and ash according to AOAC (1996).

### ***Experimental rabbits and diets***

Fourty eight black Balady rabbits were chosen after weaned at 6 weeks of age and divided into four groups (12 rabbits each) according to initial body weight (740.21g LBW). The experimental period was extended from 6 to 14 weeks of age. All groups were fed the basal diet that presented in Table (1) in addition 0.00, 0.25, 0.75 or 1.25 g of dried chicory leaves / rabbits for control (T0), tested rations (T1), (T2) and (T3), respectively to evaluate the utilization of dried chicory leaves in feeding growing rabbits. The experimental diets were formulated to be iso-caloric (~2500 kcal DE/kg diet) and iso-nitrogenous (~17% CP). All diets were pelleted and contained adequate levels of nutrients to satisfy the nutrients requirements of growing rabbits according to AMD (1996). Chemical composition (calculated) of the basal diet are presented in Table (1).

### ***Housing and management***

Rabbits of each group were individually housed in galvanized wire cages (40 x 50 x 60 cm) and fresh water was automatically available at all time. All rabbits were kept under the same managerial, hygienic and environmental conditions, allowing recording feed intake individually.

### ***Experimental procedures***

Live body weight and feed intake were weekly recorded throughout the experimental feeding period. Then, daily weight gain, feed conversion and economic efficiency were calculated. Also, the performance index was calculated as:

$$PI = [\text{final live body weight (kg)} / \text{feed conversion ratio}] \times 100.$$

### ***Digestibility trials***

Digestibility trials were undertaken at the last week of the feeding trial period on three animals from each group. Rabbits were individually housed in metabolic cages. The same feeding system and dietary treatments of the feeding trial were applied on digestibility trials. Individual feed intake was carefully determined and feces were daily collected quantitatively for 7- days collection period to determine the nutrients digestion coefficients and feeding values of the experimental diets. The daily samples of feces for

each animal were immediately frozen at -20°C until the end of the collection phase and, then composited samples for each animal was prepared for analysis. Faeces of each animal was mixed, dried at 60°C for 24 hours, then representative samples were ground for chemical analysis. Chemical analysis of diets and feces were determined according to AOAC (1996). The feeding values as TDN and DCP were calculated for the dietary treatments.

**Table (1): Composition and calculated analysis of the experimental diet (as fed).**

Item	Experimental diet
Ingredients (%):	
Clover hay (12%CP)	30.00
Barley	17.00
Yellow corn	10.00
Soybean meal (44%CP)	17.00
Wheat bran	20.00
Molasses	3.50
DL-Methionine	0.10
Vitamins & minerals mixture <sup>1</sup>	0.50
Salt	0.50
Limestone	1.05
Di-Calcium phosphate	0.35
Total	100
Calculated analysis <sup>2</sup> :	
Dry matter (DM), %	87.10
Crude protein (CP), %	17.08
Ether extract (EE), %	2.41
Nitrogen free extract (NFE), %	48.27
Ash, %	5.82
Digestible energy (DE) <sup>3</sup> , kcal/kg	2513
Crude fiber (CF), %	13.52
NDF,%	37.81
ADF,%	21.76
Hemicellulose, %	16.05
Calcium, %	1.01
Total phosphorus, %	0.52
Methionine, %	0.36
Lysine, %	0.82
DE:CP	147.11

<sup>1</sup> Supplied per Kg. of diet: 12000 IU Vit. A; 2200 IU D3; 10mg Vit.E; 2.0 mg Vit.K3; 1.0 mg Vit.B1; 4.0 mg Vit.B2; 1.5 mg Vit.B6; 0.0010mg Vit.B12; 6.7 mg Vit. Pantothenic acid; 6.67 mg Vit. B5; 1.07mg Biotin; 1.67 mg Folic acid; 400 mg Choline chloride; 22.3 mg Zn; 10 mg Mn; 25 mg Fe; 1.67 mg Cu; 0.25mg I; 0.033 mg Se and 133.4 mg Mg.l.

<sup>2</sup> According to MOA (2001).

<sup>3</sup> Calculated according to Cheeke (1987):  $DE (Kcal/g) = 4.36 - 0.0491 (\%NDF)$ .  $\%NDF = 28.924 + 0.657 (\%CF)$ .  $\%ADF = 9.432 + 0.912 (\%CF)$ .  $Hemicellulose = \%NDF - \%ADF$ .

### Carcass traits

At the end of the experimental period, 3 representative rabbits from each treatment were randomly chosen and fasted for 12 hours and individually weighed to record pre-slaughtering weight. After complete bleeding and skinning, the empty carcass with head, and giblet organs (heart, liver and kidneys) were weighed separately according to Blasco *et al.* (1993) to determine the carcass measurements.

### Blood parameters

At the end of the experimental period, blood samples were collected from slaughtered rabbits (3 in each group) in clean sterile tubes containing few drops heparin solution for each animal immediately after

slaughtering. Blood samples were centrifuged at 3000 r.p.m for 15 minutes and, then plasma was separated and stored at -20°C until used for analysis. Plasma was used for determination total protein by the Biuret method according to Henry *et al.* (1974), total albumin (Doumas *et al.*, 1971) and globulin concentration was calculated as the difference between total protein and albumin. Creatinine was determined according to Henry *et al.* (1974) and plasma glucose was determined according to the procedure of Coles (1986). Assay of plasma Aspartate (AST) and Alanine (ALT) aminotransferase activities were conducted according to procedures of Reitman and Frankel (1957), Total cholesterol was determined according to Allian *et al.* (1974) using bio Merieux test kits, and Uric acid was determined according to Tietz (1986). All biochemical blood constituents were determined using spectrophotometer (Spectronic 21 DUSA) and commercial diagnostic kits (Combination, Pasteur Lap.).

#### ***Caecum activity***

Samples of caecum contents were taken individually from three animals from each group after slaughter at the end of the experimental period after being fasted for 12 hrs. Caecal contents of slaughtered rabbits were obtained and, then strained through four folds of gauze and divided into three portions. The first portion was used immediately for the estimation pH using Bechman pH meter and the second portion was used immediately for estimation Ammonia-N concentration by applying the micro-diffusion method according to Conway (1963), while the third portion was preserved by addition of 1 ml N/10 HCL and 2 ml orthophosphoric acid to each 2 ml of caecum contents juice for determination of total volatile fatty acid (TVFAs) concentration according to Warner (1964).

#### ***Economical efficiency***

Economical efficiencies was calculated as the ratio between incomes price of weight gain and the cost of feed consumed over 6-14 weeks of age.

#### ***Statistical analysis***

The obtained data were statistically analyzed using one-way analysis of variance procedure (SAS, 2000) computer program using the following fixed model:

$$Y_i = \mu + T_i + e_i$$

Where  $Y_i$  = The individual observation;  $\mu$  = Overall mean;  $T_i$  = Effect of treatments. ( $i = 1, 2, 3$  and  $4$ );  $e_i$  = Random error component assumed to be normally distributed. Significant differences between treatment means were determined at  $P < 0.05$  by Duncan's multiple-range test (Duncan's, 1955).

## **RESULTS AND DISSCUSSION**

#### ***Chemical composition***

Chemical analysis of chicory leaves are presented in Table (2). It have relatively high contents of macro-nutrients of CP, EE and NFE and as well as very suitable content of CF and in addition chicory plant are very rich in many vital of biochemical compounds as have been recorded in the literature. These results were found to be in the range of the values recorded by Monti *et al.*, (2005) who found that crude protein and ash ranged from 8.56 to 15.73 and 9.58 to 13.75%, respectively.

On the other hand, Adamoli and Rigon (2001) reported that chicory root contained 15-20% inulin and 5-10% oligofructose. Also, Moussa *et al.*, 2005 and Mona *et al.*, 2009 showed that the chicory leaves were contained 10.95% inulin, and they found that, in chicory leaves, Caffeic acid was the major phenolic compound presented, followed by Chlorogenic acid, P. hydrobenzoic acid, P.coumaric acid, Protocatechuic, Gallic and Iso vanillic acid in descending order. Also, Di Venere *et al.* (2009) on phenolic composition and antioxidant activity in wild chicory, they found the presence of caffeic acid derivatives and flavonoids (quercetin and kaempferol glycosides) could be induced a very high antioxidant activity compared to other wild edible species.

**Table (2): Chemical analysis of the chicory leaves % (on DM basis).**

Chicory Leaves	Item						
	DM	OM	CP	CF	EE	NFE	Ash
	90.15	88.67	15.24	17.13	3.42	52.88	11.33

**Productive performance**

Effect of chicory leaves inclusion in the diets on growth measurements are presented in Table (3). The average initial live body weight (LBW) was fairly similar in different experimental diets, it ranged between 720.83g and 773.75g. Respecting LBW at 10 wks of age, results showed non-significant differences among the experimental treatments, while at 14-wk of age, 0.75g chicory-ration (T2) gave significant higher LBW than that of 0.25g -chicory-ration (T1) and control one (T0), but insignificant higher than that associated with (T3) which have the higher percentage of chicory leaves (1.25 g). Similar trend among the dietary treatments was observed with the measurement of total body gain, being the highest value was occurred with T2-ration and the lowest one was associated the control-ration (T0). With regard to other studies in the literature, results of this study are consistent in some instances and inconsistent in other. These findings are in agreement with those reported by SooBo (2005) who found that addition chicory or inulin into the diets of monogastric animals (rabbit, chicken, pig and rat) could be positively affecting on growth performance, especially in young animals. On the other hand, Ali Mirza Aghazadeh and Elena Nabiyyar (2015) mentioned

**Table (3): Productive performance as affected by chicory levels in the diets of growing rabbits.**

Item	Treatment				±SE
	T0	T1	T2	T3	
Live body weight (g):					
Initial wt. (6weeks)	720.83	731.66	773.75	734.58	±13.15
10 weeks	1251.32	1284.60	1366.70	1344.17	±25.81
14 weeks	1707.51 <sup>c</sup>	1769.22 <sup>bc</sup>	1929.61 <sup>a</sup>	1859.63 <sup>ab</sup>	±26.80
Total gain (g):					
6-10 weeks	530.42	552.92	592.92	609.59	± 22.17
10-14 weeks	456.25	484.58	562.92	515.42	± 22.25
6-14 weeks	986.67 <sup>b</sup>	1037.50 <sup>ab</sup>	1155.81 <sup>a</sup>	1125.00 <sup>ab</sup>	±27.94
Total feed intake (g):					
6-10 weeks	1749.22 <sup>d</sup>	1775.43 <sup>c</sup>	1855.83 <sup>a</sup>	1817.52 <sup>b</sup>	±6.75
10-14 weeks	2209.20 <sup>c</sup>	2381.72 <sup>b</sup>	2521.71 <sup>a</sup>	2365.02 <sup>b</sup>	±17.17
6-14 weeks	3958.31 <sup>c</sup>	4157.11 <sup>b</sup>	4377.54 <sup>a</sup>	4182.51 <sup>b</sup>	±22.73
Feed conversion ratio (g feed/g gain):					
6-10 weeks	3.71	3.50	3.18	3.31	±0.162
10-14 weeks	5.52	5.18	5.06	5.18	±0.280
6-14 weeks	4.07	4.24	3.82	3.92	±0.110
Performance index <sup>1</sup> %:					
6-10 weeks	39.63	41.37	44.24	46.44	±2.37
10-14 weeks	35.50	36.57	43.40	41.35	±2.02
6-14 weeks	42.97	45.25	51.14	51.01	±1.78

a, b, c and d : means in the same row with different superscripts are significantly ( $P \leq 0.05$ ) different. SE = standard error.

Calculated according to North (1981):

<sup>1</sup> Performance index % = final live body weight (Kg)/feed conversion\*100.

T0 =group fed the basal diet (control), T1 = group fed the basal diet with 0.25g chicory, T2 = group fed the basal diet with 0.75g chicory and T3 = group fed the basal diet with 1.25g chicory.

that, neither chicory root powder (CRP) inclusion at levels 1.5%, 3.0 % or 4.5% nor wheat-based diets affected body weight gain (BWG) of chicken from 1 d to 21 d of age. However, BWG of 4.5% CRP diet was significantly ( $P<0.05$ ) lower than that of control treatment during the growth period of (21–42 d) and whole trail period (1–42 d). The inclusion of 4.5% CRP had a negative effect on BWG, such result could be indicating that the effects of CRP inclusion may change with age and the development of the bird's intestinal microbiota.

Regarding the feed intake data (Table 3), rabbits in T2 group showed significantly ( $P<0.05$ ) the highest total feed intake (FI) at each age interval as compared with those fed the control diet and the other tested rations (T1 and T3). Similarly, Castellini *et al.* (2007) showed that rabbits fed fresh chicory (leaves and roots) recorded a higher DG (35.3 vs. 33.7 g/d;  $P<0.05$ ) and FI (134.0 vs. 124.5 g/d,  $P<0.05$ ) v.s. control diet that free from this plant. Also, Behboud *et al.* (2011) showed that the highest levels of WG and FI were observed in group fed basal diet plus 200 ppm of both (*Nigella sativa L.* and *Cichorium intybus L.*) and the group fed basal diet plus antibiotic (4.5 mg flavophospholipol/kg diet) compared with those of control one which did not having any additive for chicken.

Concerning feed conversion, results showed that the differences respecting feed conversion (feed/gain) and growth performance index did not significant different ( $P>0.05$ ) among the dietary treatments and overall ages of the rabbits as shown in Table (3), being the best value was recorded for rabbits fed diet containing 0.75g (T2) and the poorest one was occurred with control one. Earlier, Ali Mirza Aghazadeh and Elena Nabiyar (2015) with chicken and Volk and Marounek (2011) with rabbits, demonstrated that, no significant effect respecting feed conversion ratio (FCR) of the diet included chicory root-ration compared with the diet that free from this ingredient. In contrary results here are different with those reported by Behboud *et al.* (2011) who found that the best FCR was associated with the basal diet plus 200 ppm of both *Nigella sativa L.* and *Cichorium intybus L.* for chicken compared with the control one (without additive).

#### ***Nutrients digestibility and feeding values***

Results of nutrients digestibility and feeding values of experimental diets are given in Table (4). The obtained results indicated that digestibility of all nutrients, except CP were significant ( $P<0.05$ ) higher for 0.75g chicory-ration (T2) than those of the control one (T0), while mostly there were non significant differences among the other tested rations (T1 and T3) and control ration, respecting most nutrients. Regarding, crude protein (CP), results cleared that no significant change due to the addition of different levels of chicory into the diets of rabbits. These results were reflected on the feeding values in term of total digestible nutrient (TDN) value that behaved similar trend to that of nutrients digestibilities among the dietary treatments of the experiment, being the highest value was occurred with (T2)-ration. In the meantime, insignificant difference was observed for DCP among diets. This preference may be due to the ability of the chicory *intybus* herb to purification of the digestion track from the parasites that may affect the balance of the rumen environment and therefore adversely affect the process of digestion of different nutrients (Athanasiadou *et al.*, 2007). Additional such additive could be provide a suitable environment for the growth of beneficial microflora in the rumen. In line with the present results, Sanderson *et al.* (2003) and Scharenberg *et al.* (2007) mentioned that chicory forage is considering a good source of minerals and vital compound, highly palatable with good digestion for livestock and poultry. Regarding the addition of herbs into rations of farm animals, it could be improving rumen fermentation and digestibility (Ando *et al.*, 2003). Additionally, El Basyony *et al.* (2015) showed that the results of lactating goats fed diet containing 10g *Cichorium intybus* gave better utilized of diet than the control diet respecting all nutrients digestibilities (DM, OM, EE, CP, CF, and NFE). Furthermore, Abu-Zied (1988) indicated that effective substances in medicinal plants could act as antiseptic against the antagonistic microbes and stimulate enzymes and digestive processes. Specifically, Socode (2011) found that using beet pulp, apple or citrus pulp as a sources of digestible or soluble fibers in rabbit diets could be replaced by chicory pulp that known for its high content of inulin and pectin (minimum 7% and 27%, respectively). Chicory pulp is the dried and ground product obtained after partial extraction of inulin by diffusion of the chicory root shreds. Chicory pulp contains on average 87% DM, 8.8% CP, 32.0% NDF, 24.0% ADF and 2.0% ADL.

**Table (4): Digestion coefficients and feeding values as affected by chicory levels in the diets of growing rabbits.**

Digestibility (%)	Treatment				±SE
	T0	T1	T2	T3	
DM	62.20 <sup>b</sup>	65.39 <sup>ab</sup>	70.18 <sup>a</sup>	68.94 <sup>a</sup>	±1.25
OM	65.77 <sup>b</sup>	68.45 <sup>ab</sup>	72.81 <sup>a</sup>	71.21 <sup>ab</sup>	±1.14
CP	69.51	69.71	73.04	71.31	±0.977
CF	29.54 <sup>b</sup>	35.15 <sup>ab</sup>	43.61 <sup>a</sup>	40.78 <sup>ab</sup>	±2.40
EE	78.52 <sup>b</sup>	80.35 <sup>ab</sup>	82.79 <sup>a</sup>	81.27 <sup>ab</sup>	±0.684
NFE	72.48 <sup>b</sup>	75.31 <sup>ab</sup>	79.14 <sup>a</sup>	77.84 <sup>a</sup>	±1.01
Feeding values (%):					
TDN	62.72 <sup>b</sup>	65.24 <sup>ab</sup>	69.29 <sup>a</sup>	67.75 <sup>ab</sup>	±1.02
DCP	13.15	13.21	13.88	13.64	±0.23

Means bearing different letter superscripts (a and b) within the same row are significantly ( $P \leq 0.05$ ). SE = standard error. T0 = group fed the basal diet (control), T1 = group fed the basal diet with 0.25g chicory, T2 = group fed the basal diet with 0.75g chicory and T3 = group fed the basal diet with 1.25g chicory.

### Carcass characteristics

Carcass characteristics of the black Balady rabbits are shown in Tables (5 and 6). Results showed that pre-slaughter weight and the weights and percentages of empty carcass weight with head were significant ( $P < 0.05$ ) higher with the three tested rations than those of control one. Dressing percentage was significant ( $P < 0.05$ ) higher with the three tested rations of chicory leaves than that of control one. Approximately, the values of weights and percentages of total giblets and non edible parts seemed to be have not clear trends among the dietary treatments. Mostly, weights of head and giblet organs (liver, heart and kidney) were markedly higher with all tested rations compared with those of control. These findings are in agreement with those reported by Castellini *et al.* (2007) who illustrated that feeding fresh chicory slightly increased the post weaning rabbits (52 d) and slaughtering weight (77 d) compared with the control group. Also, Yusrizal and

**Table (5): Carcass traits as affected by chicory levels in the diets of growing rabbits.**

Treatment	Carcass trait								
	(Pre-slaughte) Fasting	Empty carcass		Total giblets		Dressing (Total edible parts)		Non edible parts	
	(g)	(g)	%	(g)	%	(g)	%	(g)	%
T0	1743.33 <sup>c</sup>	883.33 <sup>b</sup>	50.70 <sup>c</sup>	77.47 <sup>b</sup>	4.44	960.80 <sup>b</sup>	55.15 <sup>c</sup>	782.53	44.85 <sup>a</sup>
T1	1971.67 <sup>b</sup>	1036.67 <sup>a</sup>	52.60 <sup>bc</sup>	86.57 <sup>ab</sup>	4.40	1123.24 <sup>a</sup>	56.98 <sup>bc</sup>	848.43	43.02 <sup>ab</sup>
T2	2030.00 <sup>a</sup>	1166.00 <sup>a</sup>	57.47 <sup>a</sup>	91.40 <sup>a</sup>	4.53	1257.40 <sup>a</sup>	62.00 <sup>a</sup>	772.60	38.00 <sup>c</sup>
T3	1985.00 <sup>ab</sup>	1108.33 <sup>a</sup>	55.97 <sup>ab</sup>	85.70 <sup>ab</sup>	4.34	1194.03 <sup>a</sup>	60.27 <sup>ab</sup>	790.97	39.73 <sup>bc</sup>
±SE	±50.16	±37.54	±0.988	±1.98	±0.092	±38.72	±0.978	±23.54	±0.978

a, b and c : means in the same column with different superscripts are significantly ( $P \leq 0.05$ ) different. SE = standard error.

Total edible parts wt. = Empty carcass wt. (with head) + edible giblets Wt. Edible giblets Wt. = Liver wt. + Kidneys wt. + Heart wt.

Total edible parts % = Total edible parts wt. / Fasted wt. \*100

Chen (2003) resulted that adding chicory inulin and fructo-oligosaccharides (FOS) at 10g/kg diet improved BWG, carcass weight, carcass percentage and lowering the abdominal fat content in chicken. Similarly, Behboud *et al.* (2011) found that higher percent of liver and lower level of abdominal fat were occurred in basal diet plus 200 ppm of both *Nigella sativa* and *Cichorium intybus* for chicken compared with the control one (without additive). While these results are opposite to those recorded by Ali Mirza Aghazadeh and Elena Nabiyyar (2015) who mentioned that there were no significant effects of chicory root powder (CRP) inclusion on relative weights of internal organs and carcass traits of chicken. Similar results were also reported by Waldroup *et al.* (1993). Finally, Nobakht Ali (2011) found that using different levels of chicory numerically improved the small intestine, gizzard and liver percent. The lowest percent of abdominal fat and the highest percent of thigh were observed by using 1 and 1.5% of chicory and could be related to relatively the lowest percent of carcass and breast percent of male broilers. Pointedly, Ibolya Kocsis *et al.* (2003) resulted that using chicory extract supplementation either by normal or by lipid rich diet at 2 g /kg body weight beneficial effect was verified on pancreas status in young male Fisher rats in experimental dislipidemia.

**Table (6): Edible giblets of carcass as affected by chicory levels in the diets of growing rabbits.**

Treatment	Edible giblet							
	Head		Liver		Heart		Kidney	
	(g)	%	(g)	%	(g)	%	(g)	%
T0	85.00 <sup>c</sup>	4.90	59.10 <sup>b</sup>	3.39	5.43 <sup>b</sup>	0.31 <sup>b</sup>	12.93	0.74
T1	105.00 <sup>b</sup>	5.33	65.74 <sup>ab</sup>	3.34	7.07 <sup>a</sup>	0.36 <sup>ab</sup>	13.77	0.70
T2	117.33 <sup>a</sup>	5.80	68.17 <sup>a</sup>	3.37	8.23 <sup>a</sup>	0.41 <sup>a</sup>	15.00	0.75
T3	113.33 <sup>ab</sup>	5.77	65.50 <sup>ab</sup>	3.32	7.20 <sup>a</sup>	0.36 <sup>ab</sup>	13.00	0.65
±SE	±4.00	±0.170	±1.50	±0.0794	±0.355	±0.012	±0.807	±0.04

*a, b and c: means in the same column with different superscripts are significantly (P ≤ 0.05) different.*

<sup>1</sup> : *On relative to pre-slaughter weight (fasted weight).*

*T0 = group fed the basal diet (control), T1 = group fed the basal diet with 0.25g chicory, T2 = group fed the basal diet with 0.75g chicory and T3 = group fed the basal diet with 1.25g chicory.*

### Blood biochemical Parameters

Results of blood parameters of rabbits fed the experimental rations are presented in Table (7). Total protein (TP) and albumin (AL) concentrations were significant higher (P<0.05) for rabbits received the mid level (T2) of chicory and insignificant higher for rabbits fed the low and high levels of chicory plant rations, than those of control one (T0). However, activities of Aspartate (AST) and Alanine (ALT) aminotransferase enzymes were significant (P<0.05) higher with all the tested treatments than those of control one, being the highest value was occurred with 0.75 g-chicory ration (T2). Inversely, the concentrations of glucose, total cholesterol and uric acid were significant (P<0.05) lower with all tested rations than those of control one, being the lowest values were associated with T2 and T3 rations whose the higher levels of dried chicory leaves. Also, results of the present study showed that, the rest of other blood metabolites (globulin and creatinine) concentrations were significantly unaffected by the additive levels of chicory. So, these parameters showing improved renal and liver functions due to chicory addition into the diet of rabbits. Similar results were reported by Hanna and Mokhtar (2010) who showed that rats received chicory at level of 10% w/w clearly increased significantly serum total protein and albumin in comparison with those of un-received one. Also, Craig (1999) cleared that albumen working considerably as a one of the important proteins that keeps the osmotic pressure stable in the blood. Both albumen and globulin results reflect the ability of animals to store reserve proteins even after their bodies have reached maximum capacity of depositing tissues (Stroev, 1989). Also, in line with the present results, Wang and Cui (2009) recorded that *Cichorium intybus* contains organic acid, alkaloid, saccharides, coumarins, triterpenes, sesquiterpenes, ect. where all these vital compounds could be functionally lowering the blood lipid and glucose, decreasing hepatoprotection and uric acid. Serum total cholesterol, triglycerides and low density lipoprotein (LDL)

concentrations were significantly ( $P < 0.05$ ) reduced in groups of chicken fed basal diet plus 200 ppm of both *Nigella sativa* L. and *Cichorium intybus* L. compared to the control group (Behboud *et al.*, 2011).

**Table (7): Blood parameters as affected by chicory levels in the diets of growing rabbits.**

Item	Treatment				±SE
	T0	T1	T2	T3	
Total protein (g/dl)	7.13 <sup>b</sup>	7.19 <sup>ab</sup>	7.53 <sup>a</sup>	7.34 <sup>ab</sup>	±0.067
Albumin (g/dl)	3.83 <sup>b</sup>	3.91 <sup>ab</sup>	4.05 <sup>a</sup>	3.97 <sup>ab</sup>	±0.035
Globulin (g/dl)	3.30	3.28	3.48	3.37	±0.066
AST (U/l)	35.80 <sup>c</sup>	39.42 <sup>b</sup>	43.02 <sup>a</sup>	41.12 <sup>b</sup>	±0.834
ALT (U/l)	21.63 <sup>c</sup>	24.00 <sup>b</sup>	27.23 <sup>a</sup>	26.0 <sup>a</sup>	±0.667
Glucose (mg/dl)	111.91 <sup>a</sup>	86.19 <sup>b</sup>	82.18 <sup>d</sup>	84.19 <sup>c</sup>	±3.641
Total cholesterol (mg/dl)	187.80 <sup>a</sup>	180.60 <sup>b</sup>	172.80 <sup>d</sup>	177.73 <sup>c</sup>	±1.660
Uric acid (mg/dl)	5.93 <sup>a</sup>	5.52 <sup>b</sup>	5.32 <sup>c</sup>	5.11 <sup>d</sup>	±0.093
Creatinine (mg/dl)	1.86	1.89	1.81	1.86	±0.028

Means bearing different letter superscripts (a, b, c and d) within the same row are significantly ( $P \leq 0.05$ ) different. SE = standard error.

T0 = group fed the basal diet (control), T1 = group fed the basal diet with 0.25g chicory, T2 = group fed the basal diet with 0.75g chicory and T3 = group fed the basal diet with 1.25g chicory.

### Caecum activity

Results of the caecum fermentative activities by growing Black balady rabbits during the experimental period are presented in Table (8) results revealed that no significant differences were found between treatments in caecal pH value. However, caecal TVFAs concentration was significantly increased ( $P < 0.05$ ), while ammonia concentration was mostly insignificantly decreased with increasing of chicory supplementation compared with T0 that free the from herb. Chicory plant is a good and very important protective source for hepatocytes and other liver cells as well as it is used as prebiotic against some species of pathogenic bacteria for both in vitro and in vivo. Moreover it enhances immunity and feed efficiency by decreasing pathogenic microorganisms of gastrointestinal tract. *Chicorium intybus* roots also were used for the relief of mild digestive disorders such as feeding flatulence, abdominal fullness, temporary loss of appetite and slow digestion. Importantly, chicory working as feed additive used to improve growth and productive performance of poultry as well as salient beneficial applications in animals and humans (Saeed *et al.*, 2017). Furthermore, Liu *et al.* (2013) concluded that inclusion of chicory (high in pectin) affects gut morphology and gut microbiota community composition differently from cereal fiber. These results are supported with those obtained by Cardinali *et al.* (2013) who found that, the dietary administration of red fresh chicory (leaves and roots) to young rabbits before weaning increased ( $P < 0.05$ ) the caecum weight and improved biochemical traits of caecum content: the increased VFA ( $P < 0.05$ ) content indicated a higher fermentation of gut microflora. They were concluded that, these results can imply that red chicory could be considered an additive rather than a feed. Similarly, chicory roots has a high content of fructo-oligosaccharides (FOS) and inulin, which can be used to manipulate the composition of microflora in the gut and enhances its integrity (Flickinger *et al.*, 2003). Also, they found that inulin could have positive effects on the health status of post-weaned rabbits. In order to modulate caecal fermentation, some authors have used various FOS (Maertens *et al.*, 2004), which are not digested in the upper intestine and remain available for fermentation by the caecal flora (Fishbein *et al.*, 1988). Additionally, Gidenne and Perez (1994) reported that the low digested fibers (lignin and cellulose) play a key role in the digesta retention time, while Gidenne *et al.* (2004) indicated that the more digestible fibers (hemicellulose and pectins) enhance caecal microbial activity as observed in present study (in Tables 4 and 8). Regarding the influence of chicory ingestion on the caecal parameters, the major final metabolites of FOS and inulin are short-chain fatty acids, mainly propionate and butyrate (Gibson, 2004), which could contribute to the higher VFA and lower pH values. Also, showed lower ammonia content could be the result of the lower protein content of chicory. Ferguson *et al.* (1998) observed that a reduction of crude protein in the broiler diet equilibrates the ammonia concentration and reduces litter nitrogen.

**Table (8): Caecum activity as affected by chicory level in the diets of growing rabbits.**

Treatment	Caecum activity		
	pH	TVFAs (mq/dl)	Ammonia (mq/dl)
T0	7.07	1.10 <sup>c</sup>	17.92 <sup>a</sup>
T1	6.93	1.35 <sup>b</sup>	17.50 <sup>ab</sup>
T2	7.20	2.10 <sup>a</sup>	16.52 <sup>b</sup>
T3	7.13	1.40 <sup>b</sup>	17.23 <sup>ab</sup>
±SE	± 0.076	±0.113	±0.206

Means bearing different letter superscripts (a, b and c) within the same column are significantly ( $P \leq 0.05$ ) different. SE = standard error

T0 = group fed the basal diet (control), T1 = group fed the basal diet with 0.25g chicory, T2 = group fed the basal diet with 0.75g chicory and T3 = group fed the basal diet with 1.25g chicory.

### Economic efficiency

The results of economical evaluation (Table 9) showed that marked improvement in feed cost per head was noted with incorporated chicory in the tested diets (T2 and T3) in comparison with the control one (T0). The calculated net revenue and economical efficiency indicated that 0.75 and 1.25g chicory supplementation (T2 and T3) diets were much better (22.87% and 22.54%) and (1.30% and 1.34%), respectively. While the lower values were occurred with either those received 0.25 g chicory or those of control diet. On the same line, Jenkins (2010) reported that chicory is highly digestible with low to moderate protein contents and could be included in beef cattle diet as an economical feed source. Also, Boraei *et al.* (2013) recommended to utilize medicinal herbs as feed supplements to rations of growing lambs, since it led to an improvement ( $P < 0.05$ ) for lambs ruminal measurements, increased feed intake, accelerated daily gain, feed utilization and maximize the net profit value/kg gain.

**Table (9): Economical efficiency as affected by chicory levels in the diet of growing rabbits.**

Item	Treatment				±SE
	T0	T1	T2	T3	
Price/ kg diet (L.E)	4.19	4.19	4.20	4.20	
Total feed intake/ rabbit (g)	3958.31 <sup>c</sup>	4157.11 <sup>b</sup>	4377.54 <sup>a</sup>	4182.51 <sup>b</sup>	±22.73
Total feed cost /rabbit (L.E)	17.53	18.40	17.58	16.84	
Total weight gain/ rabbit (g)	986.67 <sup>b</sup>	1037.50 <sup>ab</sup>	1155.81 <sup>a</sup>	1125.00 <sup>ab</sup>	±27.941
Total feed cost / kg gain (L.E)	17.77	17.74	15.21	14.97	
Total revenue / rabbit (L.E)	34.53	36.31	40.45	39.38	
Net revenue/ rabbit (L.E)	17.00	17.91	22.87	22.54	
Economical efficiency (E.EF)	0.970	0.973	1.30	1.34	
Relative E. EF %	100	100.3	134.1	137.9	

Means bearing different letter superscripts (a, b and c) within the same row are significantly ( $P \leq 0.05$ ) different.

The price of one ton of clover hay (12% CP), barley grains, yellow corn, soybean meal (44%CP), wheat bran, molasses, methionine, Vitamins & minerals mixture, Salt, limestone and Di-Calcium phosphate were 2400, 5000, 4000, 7500, 3200, 2000, 70000, 25000, 500, 400, 10000 L.E, respectively. Prices of one kg chicory and body weight on selling were 5 and 35 L.E, respectively.

Net revenue/ rabbit (L.E) = (Total revenue / rabbit (L.E)) - Total feed cost /rabbit (L.E).

Economical efficiency = Net revenue/ rabbit (L.E)/ Total feed cost /rabbit (L.E).

Total feed cost / kg gain = Total feed cost / rabbit (L.E) × 1000/ Total weight gain/ rabbit (g).

## CONCLUSION

It could be concluded that including dried chicory leaves at 0.75 g into the basal diet may be useful as it improved productive performance, nutrients digestibility and carcass traits. Moreover, chicory addition appear to reflect a good hepatic function and caecum fermentative activities. So, 0.75g chicory addition could be safely, successfully and economically used for growing rabbits.

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## إستخدام أوراق عشب الشيكوريا الجافة فى علائق الأرانب

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أجريت هذه التجربة بمحطة بحوث الإنتاج الحيوانى بسخا - كفر الشيخ بهدف دراسة تأثير بعض الإضافات الغذائية (عشب الشيكوريا الطبى) على نمو الأرانب البلدى وكذلك تأثير ذلك على معاملات الهضم والقيمة الغذائية، بعض مقاييس الدم وصفات الذبيحة وكذلك التأثير على النشاط الميكروبي فى أعور الأرانب.

تم توزيع عدد 48 أرنب نامى بلدى إسود عمر 6 أسابيع وبمتوسط وزن 740g فى التصميم الكامل العشوائية على أربعة مجاميع عشوائية متماثلة بكل منها (12 أرنب / مجموعة) فى تجربة اشتملت على تقديم 3 مستويات من عشب الشيكوريا الطبى بنسبة 0,25 و 0,75 و 1,25 جرام / أرنب إضافة إلى عليقة الضابطة (الكنترول) وغذيت المجموعات كلها على عليقة أساسية موحدة تفى بالاحتياجات الغذائية وتحتوى على 17% بروتين.

سجلت النتائج أن هناك زيادة معنوية ( $P < 0.05$ ) فى أوزان الأرانب وأيضاً معدلات الزيادة اليومية فى المعاملات التجريبية عند مستوى 0,75 جرام من عشب الشيكوريا تلتها المجموعة التى تغذت على 1,25 ثم 0,25 جرام بينما كانت أقل القيم مع المجموعة الأولى (الضابطة) خلال فترة التجربة عند (10 - 14) أسبوع.

كما أوضحت النتائج أيضاً إلى أن المعاملات التجريبية المختبرة عند مستوى 0,75 جرام شيكوريا أدت إلى زيادة معنوية ( $P < 0.05$ ) فى كميات المأكول اليومي بالمقارنة مع مجموعة الكنترول والمجموعات الأخرى أثناء فترة التجربة.

أظهرت النتائج أن هناك تحسن ملحوظ ( $P > 0.05$ ) ولكن غير معنوي فى معدل الكفاءة التحويلية ودليل النمو بين مجموعات الأرانب المغذاة على المستويات المختلفة من الشيكوريا ومجموعة الكنترول.

ودلت النتائج أن المعاملات التجريبية المختبرة عند مستوى 0,75 جرام شيكوريا أدت إلى زيادة معنوية ( $P < 0.05$ ) فى نسب معاملات الهضم وأيضاً فى قيم مجموع المركبات الغذائية المهضومة بالمقارنة مع مجموعة الكنترول، ولكن لا توجد زيادة معنوية فى معظم المعاملات التجريبية المختبرة الأخرى بالمقارنة مع مجموعة الكنترول.

أدت المستويات المختلفة من عشب الشيكوريا فى الغذاء على وجود زيادة معنوية ( $P < 0.05$ ) فى صفات الذبيحة مقارنة مع مجموعة الكنترول.

وأوضحت النتائج أن المعاملات التجريبية المختبرة عند مستوى 0,75 جرام شيكوريا أدت إلى زيادة معنوية ( $P < 0.05$ ) فى تركيزات البروتين الكلى والاليومين، ولكن لا توجد زيادة معنوية ( $P > 0.05$ ) عند مستوى 0,25 و 1,25 مقارنة مع مجموعة الكنترول.

كما أظهرت النتائج أن هناك زيادة معنوية ( $P < 0.05$ ) فى انزيمات الكبد، الأسبارتات ترانس أميناز والأين ترانس أميناز الدم للمستويات المختلفة من أوراق الشيكوريا وكانت أعلى القيم عند مستوى 0,75 جرام شيكوريا، وعلي عكس ذلك وجد أن هناك إنخفاض معنوي ( $P < 0.05$ ) فى تركيزات الجلوكوز والكوليستيرول واليوريك اسيد وكانت أقل القيم عند مستوى 0,75 و 1,25 لنفس مجموعات الأرانب بالمقارنة مع مجموعة الكنترول.

أظهرت النتائج أيضاً أنه لم يكن هناك اختلافات معنوية ( $P > 0.05$ ) فى تركيزات الجلوبيولين، الكرياتينين فى بلازما الدم بين مجموعات الأرانب المغذاة على المستويات المختلفة من أوراق شيكوريا ومجموعة الكنترول.

وأشارت النتائج أنه لا توجد فروق معنوية فى قيم ال pH بين المعاملات التجريبية المختلفة. ولكن أوضحت النتائج أيضاً أن هناك زيادة معنوية ( $P < 0.05$ ) فى قيم ال TVFAs يصاحبها نقص معنوي فى NH<sub>3</sub>-N مع المجموعة المغذاة على 0,75 جرام من عشب الشيكوريا بالمقارنة مع مجموعة الكنترول والمجموعة المغذاة على 1,25 جرام فى أعور الأرانب.

نخلص من هذه النتائج أنه يمكن إستنتاج إضافة عشب الشيكوريا عند مستوى 0,75 جرام فى علائق الأرانب.