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Distribution of potentially pathogenic *Acanthamoeba* isolates in the environment of Helwan University, Egypt

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ABSTRACT

Acanthamoeba species are free-living amoebae having worldwide distribution. These amoebae can cause granulomatous amoebic encephalitis and amoebic keratitis in humans. They can produce proteases that are considered virulence factors. Acanthamoeba can also harbor pathogenic bacteria, fungi, and viruses.

The objective of this study is to evaluate the presence of *Acanthamoeba* in the environment of Helwan University, Egypt.

Six types of samples (tap water, irrigation water, wastewater, swabs from surfaces, soil, and air) were collected, processed, and cultured on nonnutrient agar medium. Positive plates for Acanthamoeba were subcultured, purified and amoebae were identified morphologically and confirmed by PCR using Acanthamoeba genus-specific primers. Obtained results declared that members of genus Acanthamoeba were detected in 91.7, 83.3, 54.2, 45.8, 12.5 and 12.5% of irrigation water, soil, swabs, wastewater, tap water, samples, respectively. The morphologically and air identified Acanthamoeba species proved to be related to genus Acanthamoeba when tested by PCR. Statistically, the sampling source had a strong significant correlation with the prevalence of Acanthamoeba. The highest appearance of Acanthamoeba was recorded in the spring season for samples from irrigation water, soil, and swabs from surfaces.

In conclusion, the high prevalence of *Acanthamoeba* species in irrigation water and soil exert public health hazards to students and workers in Helwan University.

INTRODUCTION

Acanthamoeba was first isolated in 1913 by Puschkarew as amoeba from the dust and named Amoeba polyphagus. Later in **1930**, Castellani isolated an amoeba that occurred as a contaminant in a culture of the fungus Cryptococcus pararoseus (Castellani, 1930). From that time until now, Acanthamoeba species show up their ability to survive in diverse environments. Consequently, they have been isolated from these environments







and even from the atmosphere. In addition, *Acanthamoeba* have been recovered from hospitals, dialysis units, eye wash stations, corneal biopsies, skin lesions, human nasal cavities, pharyngeal swabs, lungs tissues, cerebrospinal fluid (CSF) and brain necropsies (Khan, 2003; Marciano-Cabral and Cabral, 2003; Schuster and Visvesvara, 2004).

Acanthamoeba trophozoite possesses a large number of mitochondria (**Burger** *et al.*, **1995**). Acanthamoeba trophozoite moves a relatively fast, with a locomotion rate of approximately 0.8 μ m /second. The movement involves the formation of a hyaline pseudopodium called acanthopodium (**Preston** *et al.*, **2001**).

Under harsh conditions, the trophozoites differentiate into a non-dividing, double-walled resistant cyst form. Cyst walls contain cellulose (not present in the trophozoite stage) that accounts for 10% of the total dry weight of the cyst although cyst wall composition varies between isolates belonging to different species and genotypes (**Derda** *et al.*, **2009**; **Dudley** *et al.*, **2009**). The most abundant *A. castellanii* cyst wall proteins are three sets of lectins, which have carbohydrate-binding modules (**Magistrado-Coxen** *et al.*, **2019**).

Acanthamoeba, a free-living amoeba, is an opportunistic pathogen of humans and other animals including gorills, monkeys, dogs, ovines, horses and kangaroos, as well as birds, reptiles, amphibians, and fishes (Martinez and Visvesvara, 1997; Dykova *et al.*, 1999).

Acanthamoeba is the most common cause of illness, usually infecting the eyes and sometimes causing a sight-threatening keratitis (**Yoder** *et al.*, **2010**). *Acanthamoeba* spp. can also cause a highly fatal CNS infection known as granulomatous amoebic encephalitis (GAE), in addition to infections of the lungs and skin (**Visvesvara** *et al.*, **2007; Visvesvara**, **2010**).

Acanthamoeba cysts can withstand desiccation for more than 20 years. It is therefore necessary to continuously monitor isolates of Acanthamoeba for their resistance to environmental pollutions (Sriram et al., 2008). So, the aim of the present work is to remind the decision-makers about the presence of potentially pathogenic Acanthamoeba species in the environment of Helwan University and announcing their hazards on the students.

MATERIALS AND METHODS

Samples and sampling sites

A total of 144 samples were collected from Helwan University environment during one year period from March 2017 to February 2018. Different types of environmental samples were collected (Tap water, irrigation water, wastewater, soil, swabs from surfaces and air samples). Samples were regularly collected two times per month during the study period. Collection of samples was performed following to **Health Protection Agency (2004)** and **American Public Health Association (2017)** as follows:

• Water samples (from tap, irrigation and wastewaters) were separately collected (1L volume each) in clean, dry and autoclavable polypropylene containers.

- Soil samples (about 100g each) were separately collected from the gardens of Helwan University in sterile autoclavable polypropylene plastic beakers that were then wrapped with parafilm.
- Swabs were separately collected from bench surfaces of laboratory number 3 of Zoology and Entomology Department, Faculty of Science by sterile cotton swabs stored in 10ml sterilized Page's saline (**Page, 1988**).
- Air samples were collected by leaving uncovered non-nutrient (NN) agar plates, socked with heat-killed *Escherichia coli* suspension, in direct contact with air at different areas outside the buildings. The plates were left opened for 2hr then covered with their lid, sealed with parafilm and immediately transported to the laboratory for incubation.

After collection, all samples were transported at ambient temperature in an ice box to Environmental Parasitology Laboratory, Water Pollution Research Department, National Research Centre, Dokki, Giza where they were processed at the same day of collection.

Processing and cultivation of samples

About 100g from every soil sample were separately added to 1L autoclaved Page's saline with vigorous shaking for 10min and then left to settle for 5min. The supernatant was siphoned and treated as a water sample.

Water samples (whether tap water, irrigation water, wastewater and supernatant of soil samples) were separately filtered through a nitrocellulose membrane (0.45µm pore size and 47mm in diameter) using a stainless steel filter holder connected with a suction pump. Filtration was stopped just before drying of the membrane (**Health Protection Agency, 2004; American Public Health Association, 2017).** After filtration process, the membrane was inverted face to face on the surface of NN agar plate seeded with heat-killed *Escherichia coli*.

Swab samples in Page's saline were centrifuged at 1500xg for 10min. The last 1ml of centrifuged Page's saline of each swab sample was spread on the surface of NN agar plate seeded with heat-killed *E. coli* bacteria.

All the inoculated plates, in addition to air samples, were wrapped with parafilm and incubated at 30°C for one week (**Page, 1988; American Public Health Association, 2017).** Incubated plates were daily examined by the inverted microscope (Olympus CXK 41, Japan) for the presence of any amoebic growth.

Morphological identification of isolated FLAs

The cloned amoebae (both trophozoites and cysts) on plates were morphologically examined for the presence of FLAs and identification of those belonging to *Acanthamoeba* according to the key described by Page (**Pussard and Pons, 1977; Page, 1988**). Amoebae, suspected to be *Acanthamoeba*, were sub-cultured to isolate and purify grown amoebae for further investigations (**Al-Herrawy, 1992**).

Molecular confirmation of the isolated *Acanthamoeba* by polymerase chain reaction (PCR) (Schroeder *et al.*, 2001).

A simple PCR technique was used, consisting of DNA extraction and amplification followed by agarose gel electrophoresis.

Acanthamoeba DNA was extracted using the QIAamp DNA Stool Mini Kit (Qiagen, Valencia, CA) following the manufacturer instructions. PCR was done to amplify a restricted fragment of DNA through generic primers (JDP1 and JDP2) for identification of *Acanthamoeba* species (Table 1).

Each PCR reaction was carried out in a final volume of 50 μ l (25 μ l master mix "Promega, USA", 3 μ l template DNA, 2 μ l forward and reverse primers and 20 μ l diethylpyrocarbonate "DEPC-treated water"). The amplification program included an initial denaturation at 95°C for 5min, followed by 35 cycles; each consisted of denaturation at 94°C for 30sec., annealing at 55°C for 40sec and extension at 72°C for 40sec. The program included a final extension step at 72°C for 10min to generate amplification fragments from 423-551bp (Schroeder *et al.*, 2001). The obtained PCR products were visualized and photographed using agarose gel electrophoresis and documentation system.

Organism	Primer	Primer sequence (5 ⁻ - 3 ⁻)	Reference	
	direction			
Acanthamoeba spp.	Forward	GGCCCAGATCGTTTACCGTGAA	Schroeder et al.	
	Reverse	JTCTCACAAGCTGCTAGGGAGTCA	(2001)	

 Table 1. Sequence of a primer pair for detection of genus Acanthamoeba.

Statistical analysis

The obtained data were statistically analyzed using GraphPad Prism version 7.0 (USA) software. The critical *P*-value for the test was set at <0.05.

RESULTS AND DISCUSSION

Members of genus *Acanthamoeba* exist in nature either as a trophic amoeba feeding on bacteria present in soil and water, or as a non-feeding dormant cyst. The trophic form of *Acanthamoeba* is characterized by the presence of thorn-like pseudopodia called acanthopodia and there is no flagellate form. The cyst form is characterized by a double-layered cyst wall having a varying number of pores (**Pussard and Pons, 1977**).

Acanthamoeba species were isolated from all the collected environmental samples from Helwan University. Morphologically, the trophozoites of different Acanthamoeba species were nearly similar. They have finger-like locomotive projections arising from the cytoplasm. However, these trophozoites varied in length from 20 to 45μ m and ranged from 15 to 30μ m in width. The outline of an amoeba was often irregular but it was generally longer than broad. A single vesiculate nucleus was seen in the anterior half of endoplasmic region. The nucleus measured $4 - 8\mu$ m in diameter and had a

characteristically large centrally located dense nucleolus surrounded by a clear halo and thin nuclear membrane (Figure 1A). The cyst form of *Acanthamoeba* species was characterized by the presence of a double cyst wall (ectocyst and endocyst). An *Acanthamoeba* cyst had a smooth or wrinkled outer wall (ectocyst) and a stellate, polygonal, star– like or even inner wall (endocyst) and measured 12 to 25µm in diameter. There were plugged pores scattered on surface of the cyst wall; these pores were covered by opercula. Also, *Acanthamoeba* cysts had different shapes which were species specific (Figure 1B). All the morphologically detected *Acanthamoeba* proved to be belonging to genus *Acanthamoeba* when tested by PCR using a genus-specific primer pair (Figure 2). Other workers used riboprinting (RFLP analysis of the 18S small subunit ribosomal RNA (srRNA) gene) for the classification of *Acanthamoeba* species at the subgenus level (**Chung et al, 1998; Kong and Chung, 2002).**

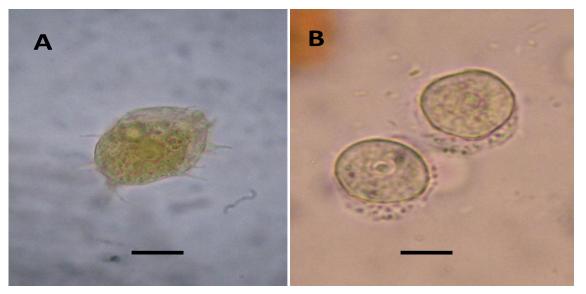


Figure 1. Photomicrograph for Acanthamoeba species .A) TrophozoiteB) CystBar = 10μm

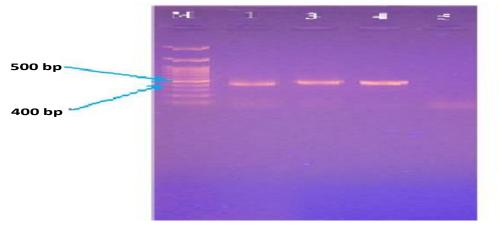


Figure 2. Agarose gel electrophorisis for PCR amplified product of DNA from *Acanthamoeba* spp. M: Marker; Lane 1: Control positive; Lanes 3 and 4: Positive samples; Lane 5: Control negative.

Acanthamoeba species were isolated, in the present investigation, from all environmental samples of Helwan University. Examination of 144 environmental samples collected from Helwan University revealed that the highest percentage of *Acanthamoeba* (91.2%) was recorded from irrigation water samples, soil (83.3%), swabs samples from surfaces (54.2 %), domestic wastewater (50%), and lastly tap water and air samples with a similar occurrence (13%) for each (Table 2 and Figure 3).

In a previous study conducted on tap water from five governorates in Egypt, 26.6% out of 180 tap water samples were positive for Acanthamoeba species. They also found that Faiyum governorate was the highest site for occurrence of *Acanthamoeba* in tap water 36.1% (13/36), followed by Helwan 27.8% (10/36) and Cairo was the lowest site for occurrence of Acanthamoeba 19.4% (7/36) (Gad et al., 2019). Other several studies, conducted previously in Egypt, recorded that 80%, 58.6%, 56.3%, 31.4%, 67.7% and 29.2% of drinking water samples, collected from Beni-Suef governorate, Nile Delta governorates, Giza governorate, Cairo governorate and Faiyum governorate, respectively, were positive for Acanthamoeba species (Gad and Al-Herrawy, 2016; Morsy et al., 2016; Tawfeek et al., 2016; Sakran et al., 2017; Al-Herrawy et al., 2017; Abd El Wahab et al., 2018). Globally, Acanthamoeba spp. have been documented in tap water in Korea (5.8%) Nicaragua (19%), Turkey (4.4% and 26.8%) and Philippines (9.1%) (Jeong and Yu, 2005; Leiva et al., 2008; Coşkun et al., 2013; Onichandran et al., 2014). In our opinion, there are big differences in detection rates of *Acanthamoeba* in different sites and countries due to the difference in geographic areas, the quality of raw water sources or additional treatment technologies facilities in each country.

Statistical analysis of the obtained data revealed that the sampling source and types of samples had a strong significant correlation (P<0.0001 and R^2 =0.3784) with the prevalence of *Acanthamoeba* in the environment of Helwan University (Table 3).

	Examined	Acanthamoeba positive samples					
Season	samples for each site	Irrigation water	Soil	Swabs from surface	Waste Water	Tap water	Air
Winter	6	5	4	1	3	1	0
Spring	6	6	6	6	3	1	0
Summer	6	6	5	3	2	0	3
Autumn	6	5	4	3	3	1	0
Total	24	22	20	13	11	3	3

 Table 2. Distribution of genus Acanthamoeba in environmental samples from Helwan University

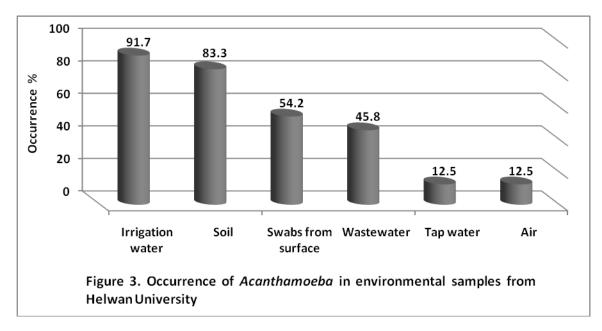
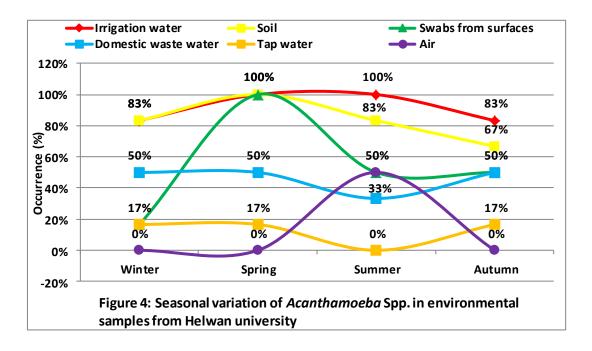


Table 3. Comparison between the distribution of Acanthamoeba among different sampling sources

ANOVA summary						
F	16.8					
P value	<0.0001					
P value summary	****					
Significant difference among means (P < 0.05)	Yes					
R square	0.3784					

Results of the present work declared that spring season recorded the highest appearance of *Acanthamoeba*. Irrigation water, soil and swabs from surface samples in spring season had the highest percentage of *Acanthamoeba* (100%). Also irrigation water samples recorded full appearance in summer season. The highest occurrence of *Acanthamoeba* in irrigation water samples was observed in spring and summer seasons (100%), and then it decreased to be 83% in winter and autumn. The highest occurrence of *Acanthamoeba* in

soil samples was observed in spring season (100%), and then it decreased to be 83% in winter, while it reached to the lowest occurrence 67% in autumn. The highest occurrence of *Acanthamoeba* in swabs from surfaces samples was observed in spring season (100%), and then it represented 50% in summer and autumn, while it reached the lowest occurrence (17%) in winter. The highest occurrence of *Acanthamoeba* in wastewater samples was observed in winter season (67%), and then it represented 50% in spring and autumn, while it reached the lowest occurrence (33%) in summer. On the other hand, the occurrence percentage of *Acanthamoeba* in tap water samples was the same in spring, autumn and winter(represented by 17% for each), while it was disappeared in summer. Concerning air samples, the highest occurrence of *Acanthamoeba* was recorded in summer season, while they disappeared in spring, autumn and winter (Figure 4).



Other workers in Egypt found that winter followed by autumn showed the peak for *Acanthamoeba* species in all inspected governorates. In Faiyum and Qalyubia governorates, winter was the highest season for occurrence of *Acanthamoeba* species (55.5 and 33.3%, respectively). Although *Acanthamoeba* species have been identified throughout the year, wet seasons showed the highest occurrence (**Gad** *et al.*, **2019**).

Acanthamoeba species, the most common free-living amoebae, have been isolated from a wide range of environments particularly water. These amoebae have been reported to feed by phagocytosis on bacteria, fungi, and algae (Król-Turmińska and Olender, 2017; Chen *et al.*, 2018). According to the previous reports, *Acanthamoeba* might serve as an environmental reservoir for viruses living in the same environment, such as *Mimi* virus, *Coxsackie* virus and *Adenovirus* (Scheid and Schwarzenberger, 2012; Yousuf *et*

al., **2017**). Other workers demonstrated that the environmental isolate *Acanthamoeba mauritaniensis* genotype T4D, which was previously characterized as a non-pathogenic amoeba by **De Jockheere (1980)**, is able to produce and secrete serine proteases that can be involved in epithelial damage and in the alteration of TJ proteins (**Coronado-Velázquez et al., 2020**).

The seasonal variation of *Acanthamoeba* was noted, with a peak during summer months or warmer months either in clinical or water samples (**Page and Mathers, 2013; Gad and Al-Herrawy, 2016**). Other workers found that *Acanthamoeba* genotype T4 was the most predominant genotype in tap water in Egypt. Regardless of the disinfectant applied at a drinking water utility, cross-contamination can occur throughout the water distribution system due to cavitations; therefore, the use of secondary disinfectants in distribution systems is required (**Gall** *et al.*, **2015**). Recently, among the free-living amoebae (FLAs) microbiome, the highly pathogenic *Helicobacter pylori* bacteria were detected alive from the inside of these amoebae, pointing out that FLAs are carriers of these pathogens which can reach humans and cause a public health concern (**Moreno-Mesonero** *et al.*, **2020**).

CONCLUSION

The relatively high prevalence of *Acanthamoeba* species in tap water presents a public health hazards which reflect the importance of the presence of a regular monitoring plan for the water sources in Egypt. Generally, this work has underlined the need for additional deeper studies to investigate the actual genotypes of free-living amoebae and how they could be eliminated.

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ARABIC SUMMARY

تعوزيع عزلات ال Acanthamoeba المسببة للأمراض في بيئة جامعة حلوان ، مصر هبه قطيط ، شحاته السباعي علوه ، أحمد زكريا الهراوي ٢ - قسم علم الحيوان والحشرات – كلية العلوم – جامعة حلوان – مصر. ٢- قسم بحوث تلوث المياه – المركز القومي للبحوث – جيزه – مصر.

تمثل أفراد جنس ال Acanthamoeba أكثر أجناس الأميبات حرة المعيشة تواجدافي البيئة في جميع أنحاء العالم. ومعظم أفراد هذا الجنس يمكن أن تسبب التهاب الدماغ الأميبي الحبيبي والتهاب القرنية الأميبي لدى البشر وذلك لقدرتها علي إنتاج إنزيمات proteases التي تعتبر من أهم عوامل شراستها وضراوتها، إلي جانب قدرتها علي إيواء البكتيريا المسببة للأمراض والفطريات والفيروسات.

الهدف من هذه الدراسة هو تقييم وجود ال Acanthamoeba في بيئة جامعة حلوان ، مصر

تم جمع ستة أنواع من العينات (ماء الصنبور ، مياه الري ، مياه الصرف الصحي ، مسحات من الأسطح ، التربة والهواء) ، وتمت معالجة هذه العينات وتركيزها واستزراعها علي بيئة الآجار غير المغذي. تم إعادة زرع العينات الإيجابية لل Acanthamoeba ، وتم تحديدها وتنقيتها والتعرف عليها مورفولوجيا وتأكيدها بواسطة PCR باستخدام البادئ الخاص بجنس ال

أظهرت النتائج التي تم الحصول عليها أنه تم الكشف عن جنس ال Acanthamoeba في ٨٣.٣، ٩١.٧، ٢.٤٥، ٨.٥٤.٢ و ١٢.٥٠٪ من مياه الري ، التربة ، المسحات ، مياه الصرف الصحي ، عينات مياه الصنبور والهواء ، على التوالي. أثبتت أنواع ال Acanthamoeba المعرفة مورفولوجيا أنها تتبع جنس Acanthamoeba عند اختبارها باستخدام تقنية ال PCR. إحصائيا ، كان لمصدر أخذ العينات ارتباط قوي وكبير على انتشار ال Acanthamoeba في موسم الربيع لعينات مياه الري والتربة ومسحات السطوح.

الخلاصة أن ارتفاع انتشار الأميبات التابعة لجنس ال Acanthamoeba في مياه الري والتربة يشكل مخاطر صحية عامة للطلاب والعاملين في جامعة حلوان.