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EFFECT OF LINEZOLID ALONE AND IN COMBINATION WITH OTHER ANTIBIOTICS, ON METHICILLIN-RESISTANT STAPHYLOCOCCUS AUREUS

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Abstract

The prevalence of methicillin-resistant Staphyloccoccus aureus (MRSA) strains has presented a new challenge in antimicrobial medication. Linezolid is a new drug with potent activity on Grampositive pathogens such as MRSA. The aim of the study was to investigate the in vitro activity of linezolid alone and in combination with imipenem, vancomycin or rifampicin to determine the most active therapy against MRSA strains. Twenty clinical MRSA strains were isolated from patients admitted to inpatient departments and outpatient clinics of Theodor Bilharz Research Institute. Standard strain MRSA ATCC 43300 was included as a control. The MICs of MRSA strains to linezolid, vancomycin, imipenem and rifampicin were evaluated using E test. Time-kill curve were used to assess the in vitro activity of linezolid (at 8x MIC) alone and in combination with imipenem (at 32x MIC), vancomycin or rifampicin (at 8x MIC). Scanning and transmission electron microscopy were performed to compare bacterial morphological alterations owing to the different combinations. Time-kill studies showed synergistic effect when linezolid combined with imipenem was tested against all the MRSA strains. Linezolid plus vancomycin or rifampicin combinations did not display any synergism or antagonism. Scanning and transmission electron microscopy observations confirmed the interactions observed in time kill experiments. Linezolid in combination with subinhibitory concentrations of imipenem can be bactericidal against MRSA strains and appears to be a promising combination for the treatment of MRSA infections. No synergistic activity was seen when the linezolid and vancomycin or rifampicin were combined. Linezolid could prevent the emergence of mutants resistant to rifampicin

Keywords: MRSA- linezolid- time kill- electron microscopy

Introduction

Methicillin-resistant Staphylococcus aureus (MRSA) is one of the most prevalent and notorious examples of an antibiotic-resistant pathogen (DeLeo and Chambers, 2009). MRSA can cause a wide spectrum of diseases, including bacteremia, pneumonia, osteomyelitis and cellulitis, endocarditis, and septic shock and other infectious diseases (Shi et al, 2014). The main impact of this microorganism is that MRSA strains were traditionally limited to the hospital environment and have become important pathogens of the community (Cunha, 2005). MRSA are associated with higher rates of treatment failure by the limited availability of antibiotics showing activity in vivo. Due to increased resistance to antibiotics there is an imminent need to search for new theraprutic

options (Daniela et al. 2014).

Linezolid is one of the few treatment options that are highly active against Grampositive pathogens (Kishore et al, 2014). Linezolid is a synthetic antibiotic possessing a novel mode of action, inhibiting bacterial protein synthesis by binding to the domain V region of 23S rRNA at an early step, and prevents the formation of N-formylmethionyl-tRNA-mRNA-70S ribosomal tertiary complex (Alicem et al, 2014). Oral administration results in 100% bio-avail-ability and thus, oral and parental administration of the drug are bioequivalent (Joel et al, 2014). However, linezolid resistant strains have been increasingly reported worldwide (Livermore et al, 2009; Lincopan et al, 2009; Almeida et al, 2013). Although the incidence of linezolid resistance among Grampositive organisms remains low, the emergence of linezolid resistant strains is still of great concern (Tian *et al*, 2014).

The bactericidal activity is considered important in the treatment of severe infections, so the use of linezolid as monotherapy appears to be problematic and the use of combinations is recommended (Tsiodras *et al*, 2001; Jacqueline *et al*, 2005). Also, linezolid monotherapies were not able to eradicate adhering bacteria (Baldoni *et al*, 2009). Linezolid may be combined with other antimicrobial agents to enhance antibiotic activity, reduce the duration of the process as well as the duration of the administration of drugs, to avoid the emergence of resistance and to obtain a synergy between both antimicrobial agents (Sahuquillo *et al*, 2006).

The present work investigated the in vitro activity of linezolid alone and in combination with imipenem, vancomycin or rifampicin in order to determine the most active therapy against MRSA strains. Time-kill curve experiments were used to assess those activities of antimicrobial combinations in vitro. In addition, scanning and transmission electron microscopy were performed to compare bacterial morphological alterations owing to the different combinations.

Materials and Methods

The current study was conducted on different clinical specimens that were referred to the Microbiology Laboratory at Theodor Bilharz Research Institute during the period from October 2012 through March 2013. Twenty MRSA isolates were recovered during this period; 6 (30%) were isolated from pus, 5 (25%) from urine, 3 (15%) from sputum, 3 (15%) from wound swabs, 2 (10%) from blood and 1 (5%) from pleural fluid. They were 15 (75%) males and 5 (25%) females. Their ages ranged from 32-71 with mean age of $51.6 \pm SD$ 13.7 years. Standard strain MRSA ATCC 43300 was included as a control. They were identified to the species level by conventional methods (colony morphology, gram stain characteristics, coagulase reactions). Rapid slide latex agglutination test (Staphaurex Plus, Murex Diagnostics Ltd) was performed for the simultaneous detection of clumping factor, staphylococcal protein A and group-specific antigens on S. aureus cell surface. To confirm fermentation of mannitol, growth of yellow colonies on Mannitol salt agar (Oxoid, Cambridge, UK) surrounded by yellow zones after 24 hours of incubation at 37°C indicated a positive result. S. aureus isolates were stored in glycerol broth at -70°C and subcultured onto blood agar 48 hours prior to further study. Detection of mecA- Mediated Oxacillin Resistance in S. aureus strains: Disc diffusion test was performed on Mueller-Hinton agar (MAST Diagnostics, UK) and Cefoxitin (30ug) disc was applied. The zone of inhibition was determined after 16-18 hrs of incubation at 33-35°C. Interpretations were according to Clinical Laboratory Standards Institute (CLSI) (2013) criteria: ≤ 21 mm is mecApositive and ≥ 22 mm is mecA negative. S. aureus isolates that were mecA positive were reported as oxacillin resistant.

Susceptibility of MRSA strains to antimicrobial agents: MIC of clinical isolates of MRSA to linezolid, vancomycin, imipenem and rifampicin was evaluated and interpreted using E test (AB Bio Disk Solna, Sweden) according to the manufacturer's instructions and CLSI (2013) guidelines: linezolid S \leq 4 μ g/ml and R \geq 8 μ g/ml; vancomycin S \leq 2 μ g/ml, I 4-8 μ g/ml, R \geq 16 μ g/ml; imipenem S \leq 4 μ g/ml, I 8 μ g/ml, R \geq 16 μ g/ml and rifampicin S \leq 1 μ g/ml, I 2 μ g/ml, R \geq 4 μ g/ ml.

Time kill curves were performed on the control strain and five MRSA strains representing samples of different origin and rifampicin susceptibility. All stock solutions were prepared in accordance with guidelines provided by the CLSI (2013). For each strain, linezolid was studied at the MIC (at 8x MIC) alone or in combination with vancomycin or rifampicin (at 8x MIC) or imipenem (at 32x MIC). Time-kill curve were done in Mueller-Hinton (MH) broth with an inoculum of 5 x10⁶ to 1 x 10⁷ CFU/ml in the presence of a single antibiotic or in

combination with other antibiotics. A tube of inoculated MH broth with no antibiotic served as a control. The surviving bacteria were counted after 0, 3, 6, and 24 h of incubation at 37°C by subculturing 50 µl serial dilutions (in 0.9% sodium chloride) onto MH plates (Jacqueline et al, 2005). A bactericidal effect was defined as a $\geq 3 - \log_{10}$ CFU/ml decrease after 24 hours of incubation compared to the size of the initial inoculum. Synergy was defined as a 2 log₁₀ decrease in colony counts, when antibacterial activity of combinations was compared with that of the most active single agent. Indifference was defined as <2 log₁₀ increase in colony count at 24 hours by the combination compared by the most active single agent. Antagonism was defined as $\geq 2 \log_{10}$ increases in colony count at 24 hours by the combination compared with that by the most active single agent alone (Pankey and Ashcraft, 2005).

Scanning Electron Microscopy (SEM): MRSA isolates (overnight bacterial culture diluted to obtain 10⁷ CFU /ml) were cultured for 24 h in MH broth containing linezolid alone (at 8x MIC) or in combination with vancomycin or rifampicin (at 8x MIC) or Imipenem (at 32x MIC). The isolated bacteria in broth culture were centrifuged at 4,000 rpm for 15 minutes. The pellet was processed (Glauert, 1974). It was first immediately fixed for 2 hours in equal volumes of glutaraldehyde 4% and caccodylate 0.2 M, washed in equal volumes of sacchrose 0.4 M and caccodylate 0.2 M for 2 hours and then post fixed in osmium tetroxide 1% and caccodylate 0.3 M for 1 hour. The samples were then washed with distilled water and finally dehydrated in ascending grades of ethyl alcohol for 5 min each (30%.50%.70%.90%)

Rifampicin

then absolute alcohol 100% for 10 min for 3 times. Specimens were examined with scanning electron microscope (Inspect S; FEI, Holland) operated at 10 - 30KV, at Electron Microscopy Unit of Theodor Bilharz Research Insitute (TBRI).

Transmission electron microscopy (TEM): Dehydrated pellet was processed for study. Substitution in a mixture of an epoxy resin and ethyl alcohol in equal volumes was the next step. Impregnation of the specimens in pure resins using Epon A and Epon B in equal volumes making three washes on three successive days. The fixed specimens were embedded in the epoxy resin to which was added an accelerator, DMP 30 (1.7%) in gelatin capsules which were left in an oven at 60°C for two days to polymerize and harden. Hardened material was then removed from the capsules and ultra-thin sections were cut using ultra-microtome. Thin sections were stained with uranyl acetate and lead citrate, and examined with a Philips FEI, EM 208 TEM (Silva and Sousa, 1973; Clement et al. 1986).

Statistical analysis: Data were described in terms of frequencies (number of cases) and relative frequencies (percentages). All statistical calculations and graphs were done using computer programs Microsoft Excel 2007 (Microsoft Corporation, NY, U.S.A.).

Results

All MRSA isolates (100%) were sensitive to linezolid and vancomycin while 15 isolate (75%) and 14 isolates (70%) were sensitive to imipenem and rifamipcin respectively. Two MRSA isolates (10%) were intermediate to rifamipcin and one isolate (5%) to imipenem.

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					Numb	er o	r of strains having MIC (μg/ml) equal to:								
Antibiotic	32	16	8	4	2	1	0.5	0.25	0.125	0.064	0.032	0.016	0.008	0.004	0.002
Linezolid	0	0	0	0	9	6	5	0	0	0	0	0	0	0	0
Vancomycin	0	0	0	0	13	5	1	1	0	0	0	0	0	0	0
Imipenem	4	0	1	1	0	0	0	2	4	4	3	0	0	1	0

Table 1: Antimicrobial activity of antibiotics tested on clinical MRSA strains

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Table 2: MICs of the studied MRSA strains to different Antimicrobial Agents

Strain No.	Linezolid	Vancomycin	Imipenem	Rifampicin
MRSA ATCC 43300	2	1	0.064	0.004
1 (Pus)	0.5	1	0.125	0.002
8 (Sputum)	1	2	0.25	32
10 (Urine)	0.5	1	0.004	32
12 (Swab)	2	2	8	0.5
13 (Pleural fluid)	1	2	0.32	32

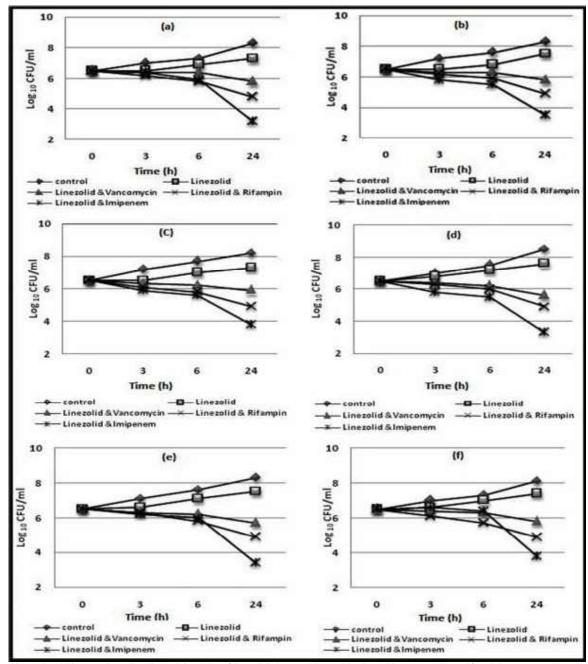


Fig.1: Time kill curve showed antibacterial activity of linezolid alone and in combination with vancomycin or rifampicin (at 8 × MIC) and imipenem (at 32 × MIC) against (a) MRSA ATCC 43300 strain (b) strain1, (c) strain 8, (d) strain10, (e) strain 12, (f) strain13

Time kill curve were done on selected five

MRSA strains and the MRSA ATCC 43300

control strain. Linezolid (at 8x MIC) combined with imipenem low concentrations (at 32x MIC) showed synergy against all the tested MRSA strains. When the linezolid and vancomycin (at 8x MIC) were combined, they were less active than either agent alone. No synergistic activity was seen in any of the six strains of MRSA and they exhibited indifference activity. The combination linezolid-rifampin (at 8x MIC) did not display any synergism or antagonism against the strains tested. Regrowth of rifampicinresistant mutants occurred for all strains incubated with rifampicin alone (at 8× MIC). The addition of linezolid prevented the selection of resistant mutants at 24 hrs. MRSA strains with linezolid alone or combined with imipenem, vancomycin or rifampicin were examined by scanning electron microscopy to compare morphological alterations (Fig. 2). SEM of untreated MRSA (Fig. 2a) showed that bacteria were roughly spherical and smooth. Linezolid alone (at 8 × MIC) exhibited moderate alterations in shape and abnormal forms were visible. No cell destruction was observed (Fig. 2b). Linezolid plus vancomycin combination showed abnormal forms without separation of the central septum, and no bacterial lysis was observed (Fig. 2c). Rifampicin in combination with linezolid showed morphological alterations, some showed distortion of cell wall denoting beginning of lysis (Fig. 2d). Linezolid and imipenem combination showed abnormal forms with shape changes (Fig. 2e).

TEM showed rounded bacteria with transverse septa, regular outer membrane and dense core in the control (Fig. 3a). Linezolid alone showed longitudinal forms with relatively faint core and shrunken DNA with condensation of chromatin along the bacterial membrane (Fig. 3-b). Linezolid plus vancomycin showed elongated forms with corrugated walls, faint cores and thick septa with small vacuoles (Fig. 3c). Linezolid and rifampicin showed elongated forms with faint cores in addition to abnormal shapes

with vacuolated changes starting bacterial lysis and rarefaction of DNA content (Fig. 3d). Linezolid and imipenem showed longitudinal forms with corrugated outer membrane and faint cores (Fig. 3e)

Discussion

New anti-staphylococcal drugs as linezolid, which is the first oxazolidinone antibiotic to be approved by FDA, have developed and shown efficacy comparable to that of vancomycin for the treatment of pneumonia and soft tissue infections (Basri et al, 2014). Linezolid has unique mechanism of action by inhibiting ribosomal protein synthesis at an early stage of bacterial replication which leads to the absence of cross resistance with other antimicrobials (Rubinstein et al. 2010). Although linezolid unsusceptible strains are unusual, long courses of oxazolidinone therapy could select resistant mutants (Wilson et al, 2003) hence, the use of a combined strategy might be considered in clinical practice (Ribes et al, 2010). Combination therapy, with the goal to enhance the antibacterial activity of known and effective antibiotics, cannot only enhance the activity of known antibiotics but can possibly support the clinical development of agents previously found to be very effective but too toxic for the host. Another advantage is that this approach might lead to shorter and/or lower dosing regimens, which has the potential to reduce the rate of acquirement of resistance in pathogens (Melakea and Zakariab, 2012).

Very few studies have reported the effects of combinations of linezolid with other antimicrobial agents.

In the present study, linezolid, a new drug with potent activity on Gram-positive pathogens such as MRSA, was highly effective with 100% susceptibility. The results agreed with Matynia *et al.* (2005) and Kohno *et al.* (2007) to be fully susceptible. Although imipenem did not exhibit bactericidal activity against MRSA strains, many studies reported on its efficacy when used in combination with the other antimicrobial agents (Jacqueline *et al.* 2005). In this study, sub-

inhibitory concentrations (at 32x MIC) of imipenem in combination with linezolid showed the maximal bactericidal activity. These results agreed with Jacqueline et al. (2005) who reported that linezolid (at the MIC) combined with low concentrations of imipenem (1/8 to 1/512 the MIC) showed synergy against all the MRSA strains tested. Sweeney and Zurenko (2003) stated that linezolid plus imipenem was synergistic and no antagonism was determined. Jang et al. (2009) found that the combined use of linezolid and carbapenem has a synergistic bactericidal effect on S. aureus in vitro and in an animal endocarditis model. Matsuda et al. (1995) showed that in MRSA strains imipenem preferentially binds to penicillin binding protein 4 (PBP) & PBP 1 and then to PBP 3 & PBP 2. Subinhibitory concentrations of imipenem could interfere only with one PBP suggested that classical PBP binding-mediated activity of imipenem is probably not involved in the synergy between the two antimicrobial agents. The use of higher imipenem concentrations decreased the antibacterial activity of the combination suggesting a slight antagonism between the drugs under these conditions (Jacqueline et al, 2005).

Numerous regimens were tested in the era of multidrug-resistant organisms. It was observed that, an increase in the use of linezolid and vancomycin together, with little evidence to support this practice (Singh et al, 2009). In this study, no synergistic activity was seen when the linezolid and vancomycin were combined. These results agreed with Sweeney and Zurenko (2003), Chiang and Climo (2003) and Sahuquillo et al. (2006) who found that linezolid in combination with vancomycin showed indifference against MRSA strains. Mulazimoglu et al. (1996), linezolid was tested at one-quarter its MIC with vancomycin and the combination had no synergistic or antagonistic effect. However, Singh et al. (2009) stated that three of the five MRSA strains exhibited antagonistic activity when linezolid was added

to vancomycin and the other two strains were equivocal. Although in vitro synergy testing in Chiang and Climo (2003) revealed indifferent activity between the two drugs and in vivo antagonism was demonstrated by using rabbit model. It was hypothesized that this antagonism may be due to a reduced ability on the part of vancomycin to bind to cells exposed to linezolid (Singh et al, 2009). Vancomycin is a cell wall synthesis inhibitor, which means that bacteria must be in growth phase to be subject to its bactericidal activity. Linezolid is a bacteriostatic agent, and its action on the ribosome inhibits bacterial growth. Consequently, the bactericidal activity of vancomycin could be partially inhibited by linezolid in a concentration-dependent manner (Jacqueline et al, 2003). This data indicates that combination therapy is of no benefit and that vancomycin and linezolid should not be used together for MRSA infections. High-level resistant mutant selection limits the use of rifampicin as a single drug and regrowth of rifampicin resistant subpopulations always when this antibiotic was used alone. Thus, the use of antimicrobial combinations to prevent the development of rifampicin resistance during treatment has been investigated (Baldoni et al, 2009). In the present study, combined linezolid-rifampin did not display any synergism or antagonism against MRSA strains tested, addition of linezolid prevented the selection of resistant mutants. These results agreed with Sahuquillo et al. (2006) who observed the indifference activity against the strains tested when linezolide combined with rifampicin. In another study (Mulazimoglu et al, 1996), linezolid was tested at onequarter its MIC with rifampin and the combination had no synergistic or antagonistic effect. Grohs et al. (2003) reported that, different combinations using the four or eight times MICs of rifampin and linezolid against five methicillin-sensitive S. aureus and five MRSA strains showed no synergistic or antagonistic effect and the presence of linezolid prevented the selection of mutants re-

sistant. Jacqueline et al. (2003) found that the combination of linezolid with rifampicin inhibited the regrowth of rifampicin resistant mutants. Moreover, an improvement of the antibacterial activity was observed with the combination compared with the most active single agent (i.e. linezolid). In a study for the detection of the efficacy of linezolid in the eradication of primary and secondary infective foci in experimental endocarditis by MRSA and the significance of the addition of rifampicin, it was found that rifampicin did not enhance the overall efficacy of linezolid either in survival or in the reduction of bacteria in valves. The co-administration of rifampicin and linezolid favored the suppression of bacterial growth in the lung (Tsaganos et al, 2008). Linezolid targets the formation of the initiation complex composed of 30S and 50S ribosome units, mRNA and N-formylmethionyl-tRNA. Rifampicin, by binding to DNA directed RNA polymerase, prevents elongation of the RNA chain and stops bacterial growth (Stratton, 1996). When the two drugs are combined, rifampicin normally acts before linezolid in the ribosome cycle and might prevent linezolid action. Consequently, the antibacterial activity observed in time-kill curves during the first 6 hours was probably the result of rifampicin alone. Owing to the appearance of in vitro resistant variants, the antibacterial activity of the combination over the 6-24 hours period is probably due to the action of linezolid alone. Linezolid takes over from rifampicin on RNA polymerase-muted bacteria by acting later in the ribosome cycle (Jacqueline et al, 2003).

In this study, parallel scanning and transmission electron microscopy experiments were performed to confirm the interactions observed with time-killing curves. Electron microscopy observations confirmed the interactions observed in time kill experiments. Jacqueline *et al.* (2003) found that vancomycin has an effect on the morphological structure of the cell wall, and inhibits cell division reported. These effects did not oc-

cur with linezolid plus vancomycin combination, and the bacterial cells observed were similar to those with linezolid alone which confirms that linezolid partially inhibits the antibacterial activity of vancomycin.

In the present study, two types of cells were observed when bacteria were treated by rifampicin in combination with linezolid. Some was showing elongated forms with faint cores due to decreased protein synthesis in addition to abnormal shapes and others had undergone bacterial lysis. The elongated deformity with the irregular extended cellular membrane seen by transmission electron microscopy explains and confirms the presence of the abnormal forms seen by scanning electron microscopy. Jacqueline et al (2003) reported that there was no difference in morphological alteration was observed when bacteria were treated by rifampicin alone or in combination with linezolid.

Conclusion

Linezolid proved specific to treat staphylococcal infections mainly those caused by MRSA. Linezolid in combination with subinhibitory concentrations of imipenem have bactericidal activity against MRSA strains specially for severe MRSA infections. However, one would not expect a synergistic its effect with vancomycin or rifampin, but its least of linezolid could prevent the emergence of mutants resistant to very efficient antistaphylococcal compounds such as rifampin. EM well correlated with the interactions observed in time-kill experiments. Because of the lack of a correlation between different methods for in vitro assessment of the antibiotic combinations activities, in vivo experimental models are required to confirm the interactions observed in vitro.

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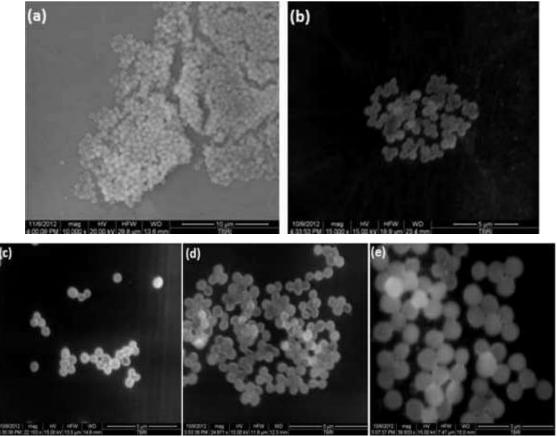


Fig. 2: SEM of MRSA ATCC 43300 strain exposed to linezolid alone and in combination with vancomycin or rifampicin, at 8× MIC and imipenem at 32× MIC (a) Control, (b) linezolid, c) linezolid and vancomycin, (d) linezolid and rifampicin, (e) linezolid and imipenem.

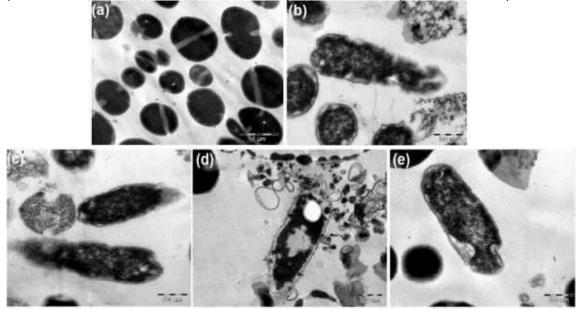


Fig. 3: TEM of MRSA ATCC 43300 strain exposed to linezolid alone and in combination with vancomycin or rifampicin, at $8 \times MIC$ and imipenem at $32 \times MIC$ (a) control (b) linezolid alone (c) linezolid and vancomycin (d) linezolid and rifampicin (e) linezolid and imipenem.