



## Evaluation of Marginal Bone Level Changes Around Microthreaded Platform Switched Implant in The Aesthetic Zone

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### KEYWORDS

Marginal Bone Level,  
Microthread ,  
Platform Switched Implant,  
Aesthetic Zone, CBCT

### ABSTRACT

**Aim:** This study was designed to evaluate marginal bone level change around microthreaded platform switched implant in the aesthetic zone. **Subjects and methods:** Eighteen implant fixture were inserted in 16 patients with missing single tooth in upper anterior area and divided equally into two groups. The patients were selected from those attending outpatient clinic, Oral and Maxillofacial Surgery Department, at the Faculty of Dental Medicine, Boys, Cairo, Al-Azhar University. Clinical examination was made to all patients as: Inspection and palpation of muscles of mastication, temporomandibular joint , lymph nodes, occlusion, condition of the existing teeth and oral mucosa and available inter arch space. Preoperative periapical radiograph as well as, cone beam CT radiography for evaluation of the implant site. The patients were assessed clinically at the operative day and post-operatively for 6 months to evaluate implant stability with osstell, Probing depth (PD) and PES/WES score. Marginal bone loss was measured 6 months post-operatively using CBCT radiography. **Results:** The mean value of vertical bone loss after 6 months was  $0.52 \pm 0.15$  in group I and  $0.92 \pm 0.26$  in group II . This bone loss was increased in group II more than group I with statistical significant difference. The mean value of PES/WES total was  $13.44 \pm 1.81$  in group II and  $15.67 \pm 1.66$  in Group I. This value was decreased in group II more than group I with statistical significant difference. **Conclusion:** The use of micro threads on the implant neck with platform switch was most effective design to maintain and preserve marginal bone level.

### INTRODUCTION

A missing tooth in the anterior region usually requires prosthetic replacement for function and esthetic reasons. In the esthetic zone, crestal bone loss can lead to a collapse of soft tissues, bacterial leakage and adversely affect the esthetic of implant- prosthetic elements. The amount of crestal bone loss and location of biologic width may be associated with the thickness of soft tissue around the implant, this situation has important consequences for esthetic of interdental papillae which can suffer mesial and distal bone loss<sup>(1,2)</sup>.

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Recently, the crestal bone resorption has been reduced by adding a rough external surface on the transosteal portion of an implant fixture. The mechanical benefit is an increase in implant–bone contact available for stress translation by roughened surface results from the addition of microthreads to the neck<sup>(3,4)</sup>.

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Accordingly, placing of micro-threads on the implant neck greatly increases the ability of an implant to resist axial loads and the mechanical stimulus provided by the micro-threads helps to preserve peri-implant marginal bone<sup>(5)</sup>. Microthreading of implant increases the resistance of marginal bone loss by improving the interlocking force between the implant surface and the crestal bone. So that, the mechanical properties of bone around microthreads system found to be more resistant to compressive forces than tensile and shear forces. Therefore, bone loss decreased at the first thread of the implant fixture<sup>(6-8)</sup>.

A new implant to abutment connection referred to as “platform switching” has been proposed<sup>(9)</sup>. The platform switching concept is based on the use of an abutment smaller than the implant neck<sup>(10)</sup>, this type of connection moves the perimeter of implant abutment junction (IAJ) to the center of implant axis<sup>(11,12)</sup>. It is likely that moving the IAJ inward brings out bacteria more internally and therefore away from the bone crest, this would explain the limitation in bone resorption<sup>(13,14)</sup>. Recent studies suggested the formation of a more consistent connective sleeve when the abutment’s base is smaller than the implant platform, with advantages in the ability to form a mucosal seal<sup>(15)</sup>. While other stud-

ies<sup>(16,17)</sup>, evaluated marginal bone level changes around micro-threaded and platform switched implant and concluded that it is associated with successful survival rates and reduces marginal bone loss but further long-term clinical and advancement imaging study are required<sup>(18,19)</sup>.

## AIM OF THE STUDY

The aim of this study was to evaluate marginal bone level change around microthreaded platform switched implant in the aesthetic zone.

## PATIENT AND METHODS

This Randomized Controlled Clinical Trial study was conducted on sixteen adult patients of both genders. Patients had a maxillary single missing tooth, two of the patients had bilateral missing lateral incisors. All missing areas had adequate width and height of the alveolar bone to receive an implant by two stage delayed loading non submerged healing protocol. An informed consent was obtained from all patients. The patients were selected from the Out Patient Clinic of the Oral & Maxillofacial Surgery Department, Faculty of Dentistry, Al-Azhar University.

### Patients were divided into two groups:

**Group (I):** Eight patients received 9 micro-threaded platform switched implants to replace a missing single tooth in the upper anterior area with different diameter and length according to the case by 2-stage non submerged dental implant with delayed loading technique.

**Group (II):** Eight patients received 9 non micro-threaded platform switched implant to replace a missing single tooth in the upper anterior area with different diameter and length according to the case by 2-stage non submerged dental implant with delayed loading technique.



### **The Implant system:-**

Implant (Two-stage screw dentium Implant System (NR and superline systems)

### **A - Preoperative phase**

All patients underwent pre-operative clinical examination: Patients' data were collected; name, gender and age, medical and dental histories were taken and the oral mucosa of the edentulous area was examined by inspection and palpation. All patients underwent standardized periapical radiography to detect any periapical pathology and a pre-operative CBCT radiograph examination to determine optimal implant position and select the proper size of the implants to be installed.

### **B -Operative phase**

Patients were instructed to rinse with Hexitol\* mouth wash before surgery. Surgical area was swabbed with Betadine mouth gargle, then local anesthesia infiltration using Mepevacaine Hcl 2% with vasoconstrictor as levonordefrine 1:20,000.

A mid-crestal incision was performed and reflection of the mucoperiosteal flap was done. Then optimal implant position was determined, taking both the aesthetic and biomechanical aspect into consideration. The implant was placed at crestal bone level according to groups.

**In group (I)**, after determining the optimal position, diameter and length of the implant according to the case, drilling was done in sequential manner. Microthreaded platform switched implant was removed out of its vial with implant rotary driver and inserted into osteotomy site using implant motor at crestal bone level with torque of 35 N. Smart peg was applied to implant to determine and read the primary stability with Osstell machine. Healing abutment was placed and connected to the fixture. Flap was replaced to its original position and sutured using an absorbable polyglactin sutures (000 vicryl) to allow for non submerged healing.

**In group (II)**, after determining the optimal position, diameter and length of the implant according to the case, drilling was done in sequential manner. Then implant with non microthreaded platform switched (superline dentium implant system) was removed out of its vial and Ratchet was used to insert it into osteotomy site at crestal bone level as same as a forementioned in first group .

### **Prosthetic phase:-**

Secondary stability was measured using osstell After 4 months post-operatively after removing of the healing abutment and smart pig application into the implant fixture. The smart pig was removed and impression was taken (two stage closed tray impression technique). Zirconia crown was fabricated and cemented in the implant abutment.

### **Follow up phase**

#### **Clinical evaluation**

The patients were assessed clinically at the operative day and post-operatively for 6 months to evaluate implant stability with osstell, Probing depth (PD) and PES/WES score.

#### **1- Osstell:**

Implant stability was assessed intra-operatively with Osstell after implant placement to determine primary stability and after 4 months post-operatively to assess secondary stability. Transducer comprises two elements one is vibrated by signal and the other is a receptor for the signal. Osstell has a computerized analysis and a measurement unit (Implant Stability Quotient) ISQ is from 0 to 100, the successful implant should be more than 50 ISQ. Failure implant if reading less than 47.

**2- Probing depth(PD)** is the distance between the periimplant gingival margin and the bottom pocket. Measurement was done at 4 and 6 months following implant placement to determine the status

of the peri-implant tissues. Each record was done by taking six readings from the full circumference of; mesiofacial, midfacial, distofacial, mesiolingual, midlingual and distolingual. The mean of these six readings was then calculated and recorded. These measurements were done using a graduated probe.

### 3-PES/WES index

PES/WES evaluation were done at 6 months after implant placement. The PES designates five scores; mesial papilla, distal papilla, curvature of the facial mucosa, level of the facial mucosa, and root convexity/ soft tissue color and texture at the facial aspect of the implant site. A score of 2, 1, or 0 is assigned to all five PES parameters which results in a maximum possible score of 10.

WES was based on the five following parameters: general tooth form, outline and volume of the clinical crown, color which includes the assessment of the dimension's hue and value, surface texture and translucency and characterization. A formen-tioned parameters were taken comparing to contra-lateral tooth. A score of 2, 1, or 0 is assigned to all five parameters results in a maximum possible score of 10. PES/WES is a combination of PES and WES with the highest possible score of 20.

### B) Radiographic parameters:

CBCT was done immediately and at 6 months Post-operatively to assess and evaluate bone density and vertical bone loss as the following;

#### 1- Bone density

Bone density was assessed with grey scale value (190,191). all the patients were examined by radiologist with a same CBCT machine and software. Measurements were done in a grey scale by the same radiologist in a 7 points , 3 mesial, 3 distal and 1 apical . The mean value of these points was recorded for each implant.

### 2- Assessment of vertical bone loss

This evaluation was applied to assess vertical bone loss from crestal bone height to the apex of the implant. This was done by drawing horizontal line represents the apex of the implant and 2 vertical, mesial and distal lines extended from the horizontal line to crestal bone height. The mean value of mesial and distal measurements was recorded. Fig (1)

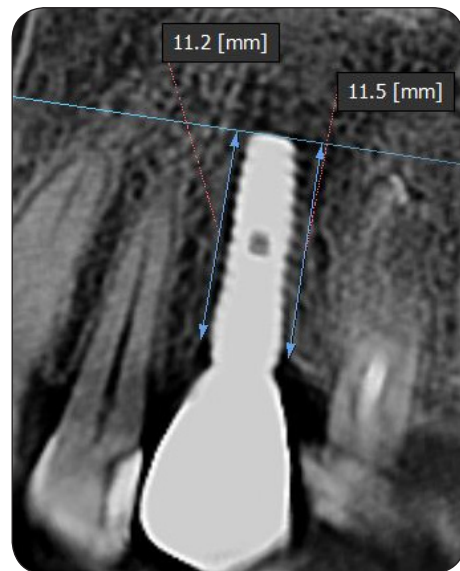


Fig. (1) A photograph showing CBCT after 6 months to measure vertical bone loss.

*C-Patient satisfaction* was recorded in (VAS) from 0 to 10. The value of 0 means no satisfaction while increasing in number means more satisfaction till optimum at No of 10.

### Statistical analysis:

The data was collected, coded, tabulated and analyzed statistically, by using Statistical Package for Social Science (SPSS) software program (version 23.0) to obtain. Descriptive statistics were calculated in the form of Mean  $\pm$  Standard deviation (SD) which used for parametric values. Median & interquartile range(IQR) and Frequency(number-percent) used for non parametric values. A P value  $<0.05$  was considered statistically significant.



## RESULTS

Eighteen implant fixtures were inserted in sixteen patients divided equally into two groups, two patients of the sixteen had bilateral missing lateral tooth. Each group received 9 implants in the esthetic zone. Each patient in group I received microthreaded platform switched implant to restore a missing single tooth in the esthetic area, while in group II each patient received non microthreaded platform implant to restore a missing single tooth in the esthetic area. All patients underwent surgery in local anesthesia and no complications had been recorded during the operation.

### Clinical results

**1- Implant diameter & Implant length:** The mean value of Implant diameter in group I was  $3.38 \pm 0.21$  and  $3.80 \pm 0.15$  in group II with significant increase in group II ( $p < 0.001$ ). Also implant length of group I was  $12.33 \pm 1.00$  and  $11.56 \pm 1.33$  in group II without statistical significant difference ( $p = 0.18$ ).

### 2- Implant stability quotient (ISQ)

Immediately after implant insertion, the mean value of implant stability quotient (ISQ) was  $60.56 \pm 5.25$  in the group I and  $60.33 \pm 6.78$  in the group II with non-significant differences between them ( $p = 0.93$ ). After 4 months post-operatively in group I the mean value of (ISQ) was  $76.00 \pm 3.39$  and  $73.56 \pm 4.59$  in group II with non-significant differences between them ( $p = 0.2$ ). There was an increase in implant stability quotient (ISQ) after 4 months in both groups. More increase was observed in group I without statistical significant difference between them ( $p = 0.34$ ).

**Tab. (1): Comparison of Vertical bone loss after 6 months between Group I & Group II.**

	Group I (n= 9)		Group II (n= 9)		Test used	P
	Mean	±SD	Mean	±SD		
Vertical bone resorption after 6 months	0.52	0.15	0.92	0.26	t= -3.930	0.001*

Data expressed as mean±SD SD: standard deviation P:Probability \*:significance <0.05  
Test used: Student's t-test(unpaired)

### 3-Probing depth

At 4 and 6 months post-operatively, The mean value of probing depth in the Group II was  $2.08 \pm 0.52$  and  $1.83 \pm 0.50$ , while in group I the mean value was  $1.83 \pm 0.36$  and  $1.64 \pm 0.33$  respectively without statistical significant difference. The mean value of change from 6 months to 4 months was  $-0.25 \pm 0.08$ ;  $-12.23 \pm 4.44$  in group II and  $-0.19 \pm 0.05$ ;  $-10.33 \pm 2.35$  in group I respectively without statistical significant difference.

### 4-PES, WES and PES/WES total

The mean value of PES in group II was  $6.44 \pm 0.88$  and in Group I was  $7.78 \pm 0.97$ . This value was decreased in group II more than group I with a statistical significant difference ( $p = 0.008$ ). The mean value of WES was  $7.00 \pm 1.00$  in group II and  $7.89 \pm 0.93$  in group I with no statistical significant difference between them ( $p = 0.068$ ). The mean value of PES/WES total was  $13.44 \pm 1.81$  in group II and  $15.67 \pm 1.66$  in Group I. This value was decreased in group II more than group I with statistical significant difference ( $p = 0.015$ ).

### 5- Patient satisfaction by VAS.

After 4 months post-operatively and crown cementation, the mean value of patient satisfaction showed no significant difference between the two groups.

### Cone beam analysis

#### 1-Vertical bone loss after 6 months

The mean value of vertical bone loss after 6 months was  $0.52 \pm 0.15$  in group I and  $0.92 \pm 0.26$  in group II. This bone loss was increased in group II more than group I with statistical significant difference ( $p = 0.001$ ) (Tab.1 and Fig. 2).

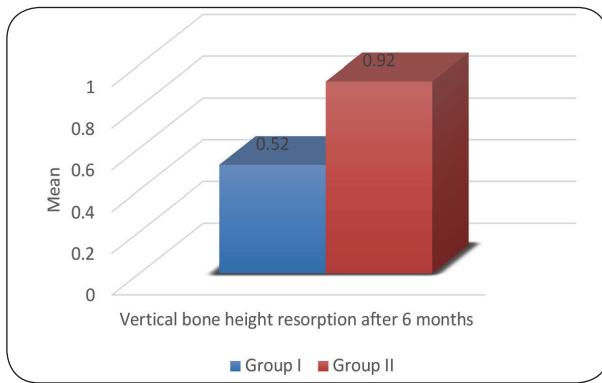


Fig. (1) Bar chart showing comparison in vertical bone loss after 6 months between Group I and Group II.

## 2- Bone density

Bone density at 6 months postoperatively showed no statistical significant difference between the two groups.

## DISCUSSION

Surgical placement of dental implants in the aesthetic area requires careful treatment planning, particularly in terms of fixture selection and implant positioning. Placing micro-threads on the implant neck greatly increases the ability of an implant to resist axial loads. Also the mechanical stimulus provided by the micro-threads helps to preserve peri-implant marginal bone<sup>(20)</sup>. There were many reports discussed the influence of surface roughness on the bone-implant interface with respect to marginal bone loss. In 1990 Wilke and associate<sup>(21)</sup> reported an increased resistance to interfacial shear strength between implant and bone when the surface of the implant was roughened in some way. Some studies evaluated marginal bone loss with usage of micro-threaded implant neck and found that it helped in marginal bone preservation through decreasing the peak interfacial shear stress on the cortical bone<sup>(22)</sup>. The concept of platform switch (PLS) has been considered in some articles, including case reports<sup>(9)</sup>. These case reports and some clinical findings suggested that PLS implants help in preservation of the

peri-implant crestal bone and superior soft tissue conditions. This type of connection shifts the perimeter of the implant-abutment junction (IAJ) inward toward the central axis of the implant<sup>(23)</sup>. Lazzara et al.<sup>(9)</sup> have hypothesized that shifting the IAJ inward also shifts the inflammatory cell infiltrate inward and away from the crestal bone so it helps in decreasing marginal bone loss.

The present study was planned to examine the effect of micro-threaded implant neck with platform switch on the marginal bone level. In particular, we compared the effect of micro-threaded platform switched implant with non microthreaded platform switched implant on crestal bone and related soft tissue in the aesthetic zone. Eighteen implant fixtures were inserted in sixteen patients divided equally into two groups, two patients of the sixteen had bilateral missing lateral tooth. Each group received nine implants in the esthetic zone. Each patient in group I received microthreaded platform switched implant to restore a missing single tooth in the esthetic area, while in group II each patient received non microthreaded platform switched implant to restore a missing single tooth in the esthetic area. In each group different implant lengths and diameters were used according to case.

All implants in the present study were successful with primary and secondary stability assessed with resonance frequency analysis. The primary implant stability was  $60.33 \pm 6.78$  in the group I and  $73.56 \pm 4.59$  in the group II. ISQ in group I and group II was increased to  $60.56 \pm 5.25$  and  $76.00 \pm 3.39$  respectively 4 months post-operatively.

Evaluation of probing depth in the two groups was done 4 months and 6 months post-operatively. It is found that there was decrease in probing depth in the two groups at 6 months post-operatively compared to that at 4 months. The percent of change from 4 months to 6 months in group I was  $10.33 \pm 2.35\%$  and  $12.23 \pm 4.44\%$  in group II without significant difference. In this study PES/WES index was used to evaluate esthetic in the anterior region. PES was de-



creased in group II more than group I with a statistical significant difference. There was no significant difference in WES between the two groups. PES/WES total was significantly increased in group I more than group II.

Radiographic evaluation, CBCT was used to determine the bone density and vertical bone loss. Bone density was measured using gray scale value. It was  $824.44 \pm 24.55$  in group I and  $799.44 \pm 16.85$  in group II. There was no significant difference between them. CBCT also was used to evaluate vertical bone loss. In this study the effect of micro-threaded platform switched implant was compared with non microthreaded platform switched implant on the marginal bone. Vertical bone loss with microthreaded platform switched implant was less than that of non microthreaded platform switched implant. So microthreaded implant neck with platform switched has a significant effect on preservation of marginal bone and corresponding soft tissue in the esthetic area.

## CONCLUSIONS

According to the result of this study it was concluded that The use of micro threads on the implant neck with platform switch was most effective design to Maintain and preserve marginal bone level.

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## الأزهر مجلة أسيوط لطب الأسنان

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# تقييم حافة العظم حول الغرسات واسعة المنصة ذات الحلزونات الدقيقة في مقارنة مع الغرسات ذات الحلزونات الواسعة المنتظمة في المنطقة الجمالية للفم

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### الملخص:

**الهدف :** كان الهدف من الدراسة الحالية هو تقييم حافة العظم حول الغرسات واسعة المنصة ذات الحلزونات الدقيقة في مقارنة مع الغرسات ذات الحلزونات الواسعة المنتظمة في المنطقة الجمالية للفم .

**المواد والاساليب :** وتم تقسيم الحالات إلي مجموعتين .المجموعه الأولى : وهي المجموعة المعنية بالدراسة وتم وضع غرسات ذات منصة واسعة وحلزونات دقيقة لاستعاضة سنة واحدة مفقودة في المنطقة الجمالية للفم من الناب الايمن الى الناب الايسر. المجموعه الثانية: تم وضع غرسات ذات حلزونات واسعة منتظمة لاستعاضة سنة واحدة مفقودة في المنطقة الجمالية للفم من الناب الايمن الى الناب الايسر.وقد تم إنتقاء المرضى من العيادة الخارجية بكلية طب الأسنان جامعة الأزهر، بنين ، بالقاهرة (الفئة العمرية بين 28 و 48 سنة) بشكل عشوائي وتقسيمهم بالمثل إلى مجموعتين. وتمت هذه الدراسة علي 16 من المرضى والذين كان لديهم 18 من الاسنان المفقودة بها الحجم الكافي من العظام السليمة لاستقبال الغرسات. وتم وضع الغرسات مع الجزء الخاص بالتثام وتشكيل الانسجة المحيطة بالغرسة وبعد 4 اشهر تمت ازالة هذا الجزء وحميل التاج. وتم في هذه الدراسة تقييم وقياس ثبات الغرسات اثناء الجراحة كثبات اولى وتقييم ثباتها بعد 4 اشهر من الجراحة كثبات ثانوي و اللثة والجيوب الثوية حول الغرسة وكثافة العظم حول الغرسة بعد وضع الغرسة ومقدار فقدان عظم السنخ العمودي حول الغرسة و المعايير الجمالية من شكل اللثة ولونها وشكل التاج ولونه ومدى مطابقته مع الاسنان الطبيعية.

**النتائج:** وجد ان الغرسات واسعة المنصة ذات الحلزونات الدقيقة تعطي نتائج معنوية ملموسة في الحفاظ على مستوى حافة عظام السنخ ووجود فرق معنوي في الشكل الجمالي للأنسجة المحيطة بالغرسات .

**الخلاصه:** اهمية الغرسات واسعة المنصة ذات الحلزونات الدقيقة في المحافظة علي عظام السنخ وتحسين الشكل الجمالي للأنسجة المحيطة بالغرسات في المنطقة الجمالية للفم.

**الكلمات المفتاحيه:** حافة العظم حول الغرسات . الحلزونات الدقيقة . الغرسات واسعة المنصة . المنطقة الجمالية للفم . الاشعه المقطعية الحلزونية.