



## INFLUENCE OF CELLULOSE AND ACETATE-BASED POLYMERS ON THE RELEASE OF CIPROFLOXACIN HCL FROM EXTENDED RELEASE MATRIX TABLETS PREPARED BY DIRECT COMPRESSION TECHNIQUE

Rida Khalid<sup>1</sup>, Muhammad Iqbal Nasiri<sup>2\*</sup>, Humera Sarwar<sup>1</sup>, Riffat Yasmin<sup>3</sup>, Kamran Zaheer<sup>1</sup>, Sohail Anwer<sup>1</sup> and Anab Fatima<sup>3</sup>

<sup>1</sup>Department of Pharmaceutics, Faculty of Pharmacy, Hamdard University, Karachi, Pakistan

<sup>2</sup>Department of Pharmaceutics, Hamdard Institute of Pharmaceutical Sciences, Hamdard University, Islamabad, Pakistan

<sup>3</sup>Department of Pharmaceutics, Dow College of Pharmacy, Dow University of Health Sciences, Karachi, Pakistan

*The objectives of the current study were to investigate the influence of different types and concentration of polymers on release of ciprofloxacin HCl as well as to formulate an extended release tablets of ciprofloxacin hydrochloride by direct compression method. Twelve formulations (F1–F12) were manually designed using different proportions (10–30%) of Hydroxypropyl methylcellulose (HPMC), Ethylcellulose (EC) and Kollidon SR polymers. Avicel PH101, talc and magnesium stearate were used in a constant quantity of 2% in all the formulations. Multiple point dissolution was carried out in different media. Dissolution profiles indicated that formulations F1, F4, F8 and F11, extended the drug release up to 12 hrs, while, other formulations failed to retard the drug release up to desired period. DDSolver software was used to analyze the dissolution profile data for drug release kinetics such as first order, Zero-order, Korsmeyer–Peppas and Higuchi models. Drug polymers compatibility was assessed using Fourier Transformed Infrared (FTIR) spectroscopy. Selected formulations were placed in the stability chamber at accelerated temperature ( $40\pm 2^{\circ}\text{C}$  and RH  $75\pm 5\%$ ) for six months and re-evaluated after 3 and 6 months as per ICH guidelines. The present study accomplished that ethylcellulose alone or in combination with HPMC was found to be an excellent rate controlling agent for ciprofloxacin and may be used successfully to develop extended release tablet formulations.*

### INTRODUCTION

From the past few years, an extended release (ER) formulation become most efficient parameter for pharmaceutical manufacturer as it can enhance or improve the physiological parameters of the drugs which lead to reduction in adverse effect as well as enhance the compliance of patient<sup>1</sup>. As compared to conventional dosage form, an ER dosage form can decreased dose frequency up to 2 folds<sup>2</sup> which leads to decrease in toxicity and enhancement in therapeutic effects of drug<sup>3</sup>.

Modified release drug delivery systems are designed to control the release of drug from the dosage forms. The release of drug should be at desired rate, predictable and reproducible from these systems. Different approaches and methods have been employed which basically work on the same principle of slowing the rate of dissolution or drug release from the dosage forms<sup>4</sup>. In order to avert, repeated administration of unit dosage forms, extended release formulations have been produced to maintain the therapeutic level of drug in the plasma and to avoid toxic concentration.

Therefore, to overcome fluctuation in plasma drug levels and to reduce frequency of administration, various formulations have been designed to control the therapeutic plasma drug concentrations over extended period of time<sup>5</sup>. Extended release formulations of short half-life drugs are better option for the long-term clinical management of chronically ill patients<sup>6&7</sup>. Polymer play an important role in the drug release and by different mechanism polymers control the drug release and bioavailability of drug at the site of action<sup>8</sup>.

Hydroxypropyl methyl cellulose (HPMC) and cellulose ether are widely used to control release of drug<sup>9&10</sup>. Use of single hydrophilic polymer is not justified in case of highly water-soluble drugs because it diffuses out rapidly through the water-filled pores of matrix. Hydrophobic polymers glycerides, ethyl cellulose (EC) are used for such drugs<sup>11-13</sup>. The application of HPMC-15 cps as matrix polymer in direct compression technique has been reported earlier<sup>14</sup>. Kollidon SR is one of the recently developed matrices forming agents with plastic behaviour. Chemically, Kollidon SR is polyvinyl acetate and polyvinyl pyrrolidone based matrix retarding agent particularly suitable for the manufacture of pH independent sustained release matrix tablets<sup>15&16</sup>. When the tablets prepared with Kollidon SR are introduced into gastric or intestinal fluid, the water soluble polyvinylpyrrolidone is leached out to form pores through which the active ingredients slowly diffuse outwards in a controlled and pre-determined fashion. Kollidon SR contains no ionic groups which render them inert to the drug molecule (BASF, 1999).

Ciprofloxacin is a synthetic broad-spectrum antibacterial agent belong to the class of quinolone, which inhibits bacterial growth by interfering with DNA gyrase<sup>17</sup>, therefore, convenient, well-tolerated and effective for the treatment of UTIs<sup>18</sup>. It is practically insoluble in aqueous medium at neutral pH, but due to its favorable lipophilicity, ciprofloxacin permeation through the gastrointestinal membrane is expected to be rapid and complete<sup>19</sup>.

The objectives of current research work were (a) to prepare an extended release matrix tablets of Ciprofloxacin HCl by direct compression technique, (b) to investigate the

influence of different types and concentration of matrix polymers on release of drug. To achieve these goals, the tablets were formulated using HPMC, Ethyl cellulose and Kollidon SR. *In-vitro* drug release rates were determined in different dissolution media (HCl pH 1.2, Phosphate buffer pH 4.5 and 6.8) at 37±0.5°C for 12 hrs. Different kinetic models were also applied to study the drug release kinetics.

## MATERIALS AND METHOD

### Materials

Ciprofloxacin Hydrochloride was gifted by Nabiqasim Industries (Pvt) Ltd, Pakistan.

Hydroxypropyl methylcellulose (HPMC-K100M), Ethyl cellulose (EC-7cps), and Triacetin USP/FCC were purchased from Colorcon Limited (Kent, England). Kollidon SR was procured from BASF (Ludwigshafen, Germany). Microcrystalline cellulose (Avicel PH101), Potassium Phosphate Dibasic, Potassium Phosphate Monobasic and Sodium Hydroxide were procured from Sigma-Aldrich. Talc was purchased from the BDH Laboratories Suppliers, England. Ortho-Phosphoric Acid and Hydrochloric Acid 37% were obtained from Merck Pakistan. All other materials used were of pharmaceutical grades.

### Methods

#### Preparation of extended release tablets

Twelve (12) formulations of ciprofloxacin HCl were manually designed by using microcrystalline cellulose (MCC; Avicel PH101), HPMC (K100M), EC (10cps), Kollidon SR, talc, and magnesium stearate. All the ingredients were weighed accurately using analytical balance (Panther Bm-320). The amount of ciprofloxacin HCl in each formulation was kept constant (500 mg per tablet). Trituration and mixing of all ingredients done by using mortar and pestle and then sieved by using 44 mesh size screen. Then, the mixture was transfer in a polybag to mix thoroughly by adding magnesium stearate and talcum as a lubricant/glidant. Finally, ER matrix tablets were directly compressed by using single punch press (China) and evaluated for *in-vitro* drug release using different dissolution media. Composition of all the formulations are listed in table 1.

**Table 1:** Composition of all tablet formulations.

Compositions	Formulation codes											
	F1	F2	F3	F4	F5	F6	F7	F8	F9	F10	F11	F12
Drug (mg)	500	500	500	500	500	500	500	500	500	500	500	500
Avicel – pH-101 (mg)	184	184	184	94	94	94	184	184	184	94	94	94
Mg. Stearate (mg)	18	18	18	18	18	18	18	18	18	18	18	18
Talc (mg)	18	18	18	18	18	18	18	18	18	18	18	18
HPMC – K100M (mg)	90	90	-	135	-	135	180	-	-	270	-	-
EC – 10 cps (mg)	90	-	90	135	135	-	-	180	-	-	270	-
Kollidon SR (mg)	-	90	90	-	135	135	-	-	180	-	-	270
Total weight per tablet (mg)	900	900	900	900	900	900	900	900	900	900	900	900

**Evaluation of flow properties of powders blends**

Flow properties of all powder blends (10 g) used in the tablet formulations were determined before direct compression by measuring bulk density, tapped density, Carr’s index, Hausner ratio, and angle of repose by using the following equations (USP35-NF30, 2013).

$$Bulk\ density = \frac{M}{V_o} \dots\dots\dots (1)$$

$$Tapped\ density = \frac{M}{V_f} \dots\dots\dots (2)$$

$$Carr's\ Index = \left( \frac{V_o - V_f}{V_o} \right) \times 100 \dots\dots (3)$$

$$Hausner\ ratio = \frac{V_o}{V_f} \dots\dots\dots (4)$$

$$\tan(\theta) = \frac{height}{0.5\ base} \dots\dots\dots (5)$$

Where, M is the mass of powder samples in g, V<sub>o</sub> is the initial volume of powder in mL, V<sub>f</sub> is the final volume of powder samples after tapping in mL and θ is the angle of repose. Powders show excellent flow properties if Carr’s index ≤10, Hausner ratio ranges between 1.00–1.11 and angle of repose value lies in between 25–30. When, Carr’s index lies in between 11–15, Hausner ratio between 1.12–1.18 and angle of repose value lies in between 31–35, then the powders shows good flow. Similarly, when, Carr’s index lies in between 16–20, Hausner ratio between 1.19–1.25 and angle of repose value lies between 36–40, then

the powders shows fair flow. Powder shows poor flow properties if Carr’s index 25–31, Hausner ratio ranges between 1.35–1.45 and angle of repose value lies in between 46–56 (USP35-NF30, 2013).

**Evaluation of tablet formulations**

ER ciprofloxacin HCl (500mg) matrix tablets formulations were characterized using official<sup>20</sup> and un-official methods for different pharmaceutical quality parameters including weight Variation, hardness, thickness, friability and assay. Weight variation of all tablet formulations were assessed by using digital balance (Sartorius CP 224S, Germany). Tablets should have enough strength to avoid breaking during handling, coating, filling and transportation etc. Normally, to break a tablet minimum 4 kg of force is required, which was set as tablet hardness limit and tablets were checked through Erweka hardness tester (TBH 125, Germany)<sup>21</sup>. The degree of compaction was assessed as thickness test and was checked by using digital Vernier Caliper. The friability test of each formulation was also carried out using friabilator (Erweka, Germany), operated for specified period (25 rotation/minute for 4 min). Friability test was performed by taking initial and final weight of 10 tablets and calculated by using the following formula<sup>22</sup>.

$$Friability\ (%) = \frac{(Initial\ Weight - Final\ Weight)}{Initial\ Weight} \times 100 \dots\dots\dots(6)$$

The Acceptance criteria specified by USP for friability test is less than 1% (considered acceptable).

### Fourier transform infrared spectroscopy (FTIR)

The interaction between the drug and polymers was assessed by using Fourier-transform infrared (FTIR) spectroscopy (Model # 5300; Shimadzu, Japan). The FTIR spectra of pure drug (ciprofloxacin HCl) and different polymers were recorded over the wavenumber ranging from 12000 to 4000  $\text{cm}^{-1}$ , by applying KBr disc method. Recorded FTIR spectra of all formulations and pure drug were evaluated for any shifting and masking of drug peaks due to presence of excipients.

### Assay of ciprofloxacin HCl tablet formulations

A reported method was used to analyze the ciprofloxacin content in each tablet formulation by using UV- Spectrophotometer (Hitachi, 2000) at 275  $\text{nm}$ <sup>23</sup>.

### *In-vitro* drug release studies

The release of drug from the dosage form was assessed under dissolution test by using USP type-II dissolution apparatus (Erweka, Germany), operated at 100 rpm in 900 mL of 0.1 HCl at pH-1.2 maintained at  $37\pm 0.5^\circ\text{C}$ . The selected formulations (F1, F4, F8 and F11) were also evaluated in phosphate buffer at pH 4.5 and 6.8 maintained at same temperature. 5 ml of the sample was withdrawn at regular intervals of 1, 2, 3, 4, 6, 8, 10 and 12 hrs and replaced with the same volume of pre-warmed ( $37\pm 0.5^\circ\text{C}$ ) fresh dissolution medium. The drug content in each sample was analyzed after suitable dilution using UV spectrophotometer method at 276  $\text{nm}$ <sup>24</sup>.

### Drug release kinetics

In order to evaluate the mechanism of drug release from the selected formulations, *in-vitro* dissolution profiles data were fitted into different kinetic models including zero order, first-order, Higuchi, and Korsmeyer-Peppas. For this purpose, DD Solver (An MS Excel add-in software) was used.

### Stability studies

The objective of the stability study is to estimate the quality of a drug product, which changes under the influence of temperature, humidity and light over time (WHO, 2009). Four selected formulations (F1, F4, F8 and

F11) were subjected at accelerated temperature of  $40^\circ\text{C}\pm 2^\circ\text{C}$  and relative humidity of  $75\%\pm 5\%$  for 6 months as per International Conference of Harmonization (ICH) guidelines. In order to verify any possible chemical changes during storage, samples were analyzed at 0, 3 and 6 months as indicated by the ICH Guideline (Q1E evaluation for stability data). The shelf-life of the tablet formulations was calculated using Minitab software (version 17.1.0), a data analysis tool for studies of drug stability (Fig. 6).

## RESULTS AND DISCUSSION

There are approximately 800 pharmaceutical industries in Pakistan producing quality pharmaceutical products and fulfilling the national requirement. National pharmaceutical industry has grown since the last few years, but there are few pharmaceutical manufacturing units that produce specialized dosage forms, such as a controlled delivery system. The main objective of the controlled release system is to obtain a cost-effective and efficient extended release system to deliver drugs at a constant rate in order to obtain a release of zero orders<sup>25</sup>.

### Formulation Development

An extended release ciprofloxacin HCl tablet were compressed using different hydrophilic and hydrophobic polymers through direct compression technique. Due to its simplicity, cost efficiency and the development of excipients, the direct compression method is widely used in industries. Jivraj, *et al.*, reported the functionality of directly compressible fillers (Jones, 2004). Q. Yihong & G. Zhang, explained the physicochemical behavior of directly compressible binders and their binding properties<sup>26</sup>.

The effect on drug release by different types of polymers was also evaluated. The ER tablets were prepared using different polymers, like HPMC K100M (100000cps), EC (10cps) and Kollidon SR in the concentrations ranges from 10–30% as mentioned in table 1. Avicel PH 101 was used in the range of 10 to 20% of concentration, while magnesium stearate and talc were used in fixed quantities (2%) in each formulation. The use of hydrophilic and hydrophobic polymers is very common to

obtain a controlled release system<sup>27</sup>. Among hydrophilic polymers, HPMC of different viscosity grade (K4M- 4000cps, K15 M- 15000 cps and K100 M - 100000 cps) and acrylic and methacrylic acid copolymers, such as Eudragit RL, RS and NE, have been widely used as matrix formers for extended release systems by several researchers<sup>28</sup>.

### Evaluation of powder blends

The powder blends were evaluated by calculating the bulk density, tapped density, Hausner's ratio, compressibility index and angle of repose of all the formulations and results are showed in table 2. The powder blends which comply with USP specification are categorized as Fair to Excellent, were chosen for compression and further studies. The formulations which complied with USP standards in terms of flow properties were F1, F4, F5, F8, F9, and F11 (USP35-NF30, 2013).

These parameters were found within the prescribed limits (USP, 2013), and no considerable difference was observed between plain (without polymer), EC (7 cps) and HPMC of different viscosity grade (K4M, K15M, and

K100M) pellets. The percent content of ciprofloxacin HCl in each formulation (F1–F15) was found within the prescribed limit in the range of 96.12–102.4% showing uniformity of drug content, as given in table 3.

### Evaluation of tablet formulations

Table 3 shows the results of weight variation test of all 12 formulations of ciprofloxacin HCl tablets. The results were found within the described USP specification of  $\pm 5\%$  (USP35-NF30, 2013). Hardness of all formulations were found satisfactory and the values were observed to be 6.00–7.67 kg as shown in table 3. Similar results for hardness test were also reported by Hussain *et al.*<sup>29</sup>. The average thickness of all formulations was observed in the ranges of 7.22–8.194 mm. The results of friability test of formulations F1, F2, F4, F5, F8, and F11 were found within the USP specification of NMT 1%, whereas, formulations F3, F6, F7, F9, F10, and F12 were found out of the limits ( $>1\%$ ) as mentioned in table 3. Mu'az *et al.*, also reported friability results of NMT 1% for ciprofloxacin tablets<sup>30</sup>.

**Table 2:** Micromeritic characterization of powder blends of all formulations.

Formulation Code	Bulk Density (g/cm <sup>3</sup> )	Tapped Density (g/cm <sup>3</sup> )	Carr's Index (%)	Hausner's Ratio	Angle of Repose ( $\theta$ )	Flow properties according to USP 35
F1	0.34	0.49	19.61	1.18	29.40	Fair
F2	0.31	0.42	26.19	1.35	26.00	Poor
F3	0.29	0.39	25.64	1.34	28.00	Poor
F4	0.40	0.57	20.50	1.14	15.80	Good
F5	0.79	1.19	24.00	1.29	18.70	Fair
F6	0.29	0.49	40.8	1.68	48.47	Very poor
F7	0.57	0.65	26.56	1.30	26.54	Poor
F8	0.45	0.54	20.22	1.18	23.45	Good
F9	0.55	0.61	18.45	1.14	21.43	Good
F10	0.40	0.56	27.04	1.36	27.11	Poor
F11	0.59	0.66	15.76	1.12	20.65	Excellent
F12	0.36	0.49	30.23	1.38	27.91	Poor

**Table 3:** Evaluation of all tablet formulations.

Formulations	Physical Evaluation				Chemical Evaluation
	Weight variation* (mg)	Hardness** (Kg)	Thickness** (mm)	Friability** (%)	Assay (%)
F1	893.6 ± 7.9	6.33 ± 0.53	7.89 ± 0.01	0.87	99.19
F2	893.3 ± 6.7	6.33 ± 0.57	8.15 ± 0.01	0.90	100.22
F3	892.9 ± 7.7	6.33 ± 0.52	8.21 ± 0.02	1.08	99.26
F4	892.9 ± 6.9	6.00 ± 0.79	7.75 ± 0.29	0.71	100.38
F5	894.2 ± 4.9	7.67 ± 0.52	8.16 ± 0.09	0.68	100.04
F6	892.8 ± 4.4	7.00 ± 0.97	7.92 ± 0.01	1.11	99.05
F7	892.3 ± 7.8	7.33 ± 0.71	7.22 ± 0.01	1.22	99.77
F8	892.6 ± 6.4	7.00 ± 0.70	8.14 ± 0.01	0.67	101.80
F9	891.2 ± 6.6	6.67 ± 0.82	8.19 ± 0.04	1.16	100.15
F10	892.9 ± 4.9	6.33 ± 0.70	8.16 ± 0.04	1.8	100.40
F11	893.2 ± 6.3	6.67 ± 0.74	8.16 ± 0.01	0.65	99.65
F12	893.1 ± 7.8	7.67 ± 0.48	8.22 ± 0.02	1.38	99.22

\*n= 20, \*\* n= 10

#### Fourier transform infrared spectroscopy (FTIR)

To assess any possible interaction between pure ciprofloxacin HCl with excipients used in the formulations, drug – excipients compatibility studies were carried out using FTIR spectroscopy. The IR absorption spectra of pure ciprofloxacin HCl (drug) and different excipients were recorded over the wave number ranging from 12000 to 4000  $\text{cm}^{-1}$ . The recorded infrared spectra of pure ciprofloxacin HCl (reference standard) and tablet formulations (sample), indicated that no drug – excipients interaction occurred, i.e. no shifting and masking of drug peaks due to presence of excipients as compare to the standard/reference. FTIR spectra of pure ciprofloxacin HCl and formulations F1, F2, F3, F7, F8 and F9 are shown in figures 1a, 1b, 1c, 1d, 1e, 1f and 1g, respectively. Reddy & Navaneetha also reported that there was no change in peaks of admixture compared with drug which indicates that the drug and excipients are compatible<sup>31</sup>.

#### Assay of ciprofloxacin tablets

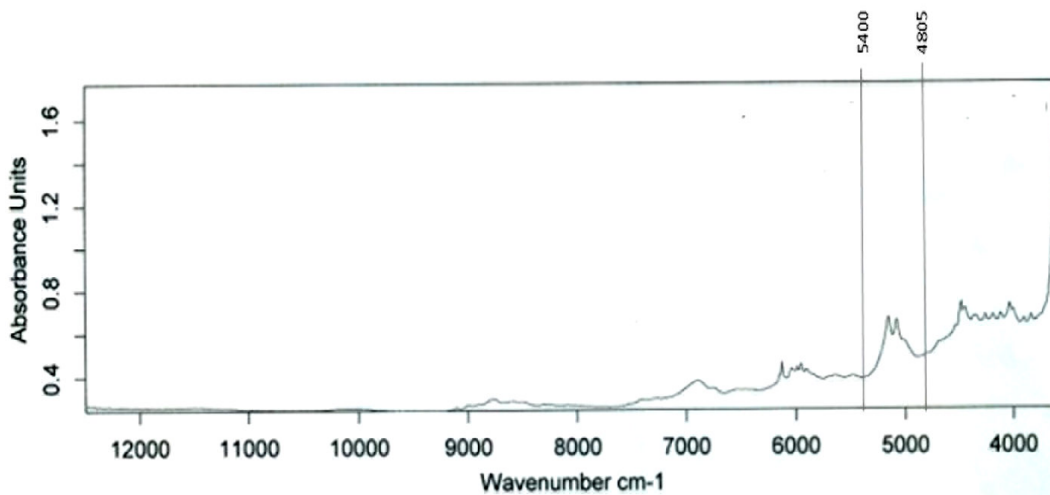
The ciprofloxacin HCl content in each tablet formulation was carried out by using UV – spectrophotometric method, reported by Naveed and Waheed<sup>32</sup>. The mean percentage assay of all ciprofloxacin tablet formulations were found in the range of 99.05–101.80%, as

indicated in table 3. All the results were found within the pharmacopoeial limits of 90–110% (USP35-NF30, 2013).

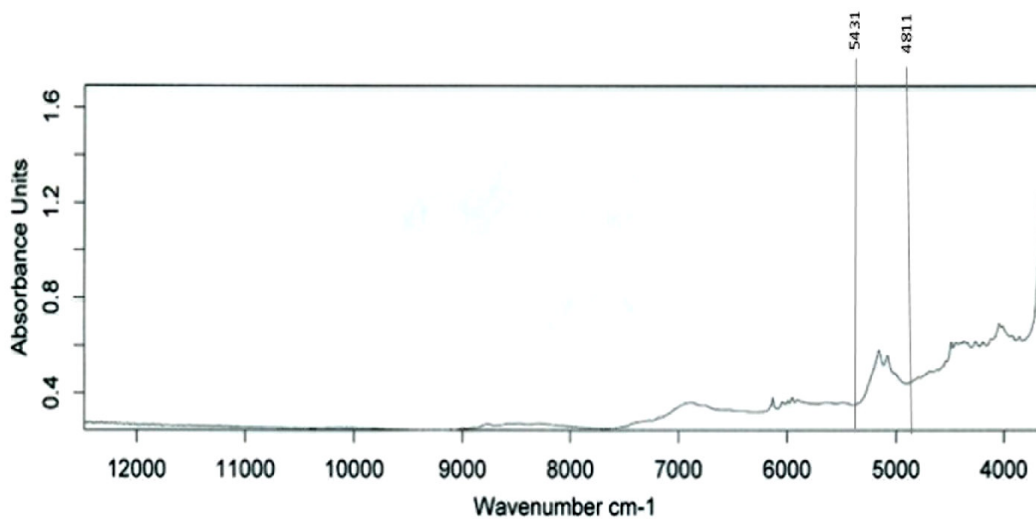
#### In-vitro drug release studies

Figure 2 shows, *in-vitro* drug release profiles of all formulations which were conducted in acidic buffer (pH-1.2), using a reported method<sup>24</sup>. *In-vitro* drug release profiles of four selected formulations (F1, F4, F8 & F11) were also conducted in acidic as well as in phosphate buffer of pH 4.5 and 6.8 (See, Figs. 3–5). The samples were withdrawn at an interval of 1, 2, 4, 6, 8, 10 and 12 hrs. These four selected formulations, which containing Ethylcellulose (10cps) alone or in combination with HPMC (K100M) in different concentration, prolonged the drug release up to 12 hrs. Formulations (F3, F7 & F10) containing HPMC alone released the entire drug within 8 hrs. While, other formulations (F3, F6, F9 and F12) containing Kollidon SR alone or in combination with HPMC and EC, released maximum drugs within 1 to 4 hrs.

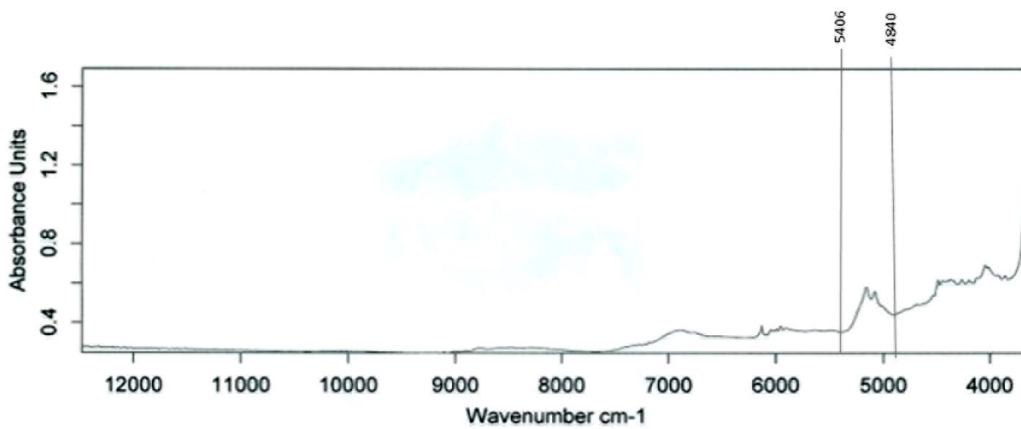
The formulations containing Kollidon SR as polymer, were dissolved completely before the specified time period, therefore, the release of drugs over the desired period of time was not controlled. However, using this polymer in higher percentage ranges might be effective in controlling the drug release for a longer time.



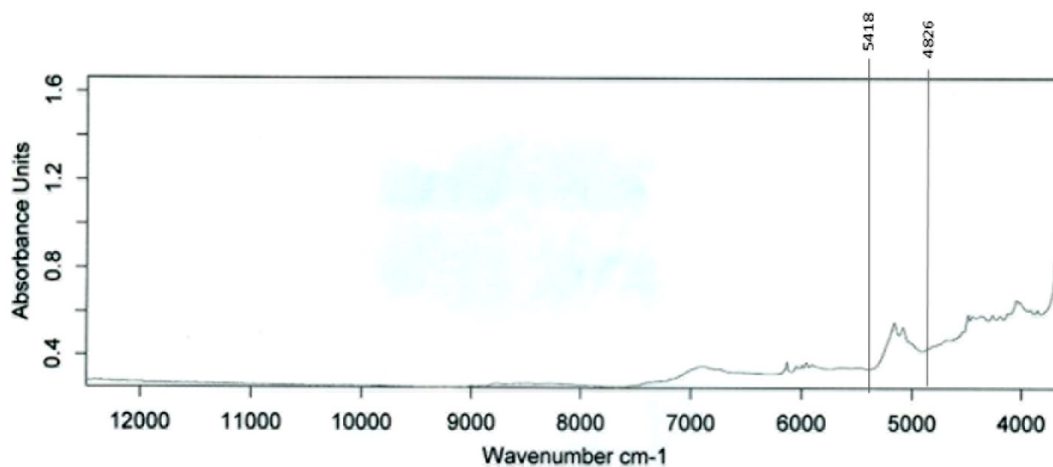
**Fig. 1a:** FTIR spectra of pure drug.



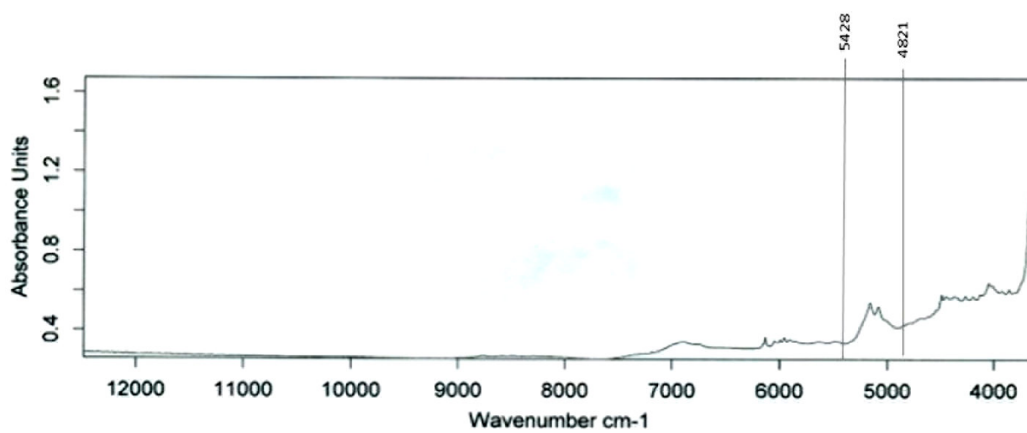
**Fig. 1b:** FTIR spectra of drug + HPMC + EC.



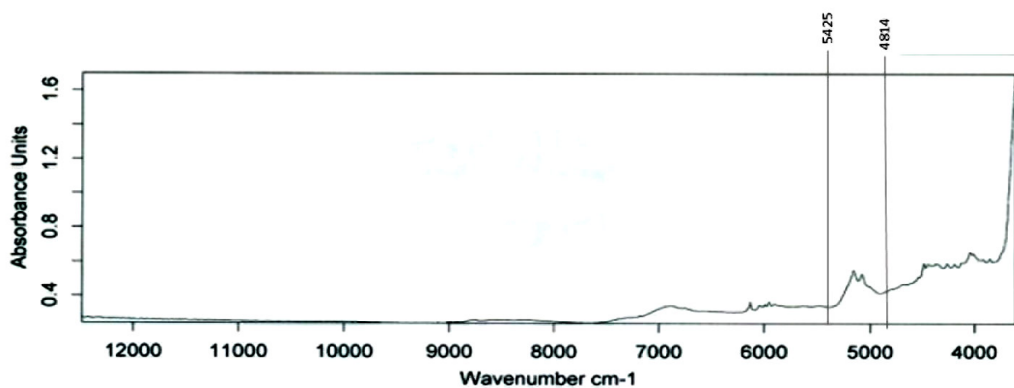
**Fig. 1c:** FTIR spectra of drug + HPMC + Kollidon SR.



**Fig. 1d:** FTIR spectra of drug + EC + Kollidon SR.

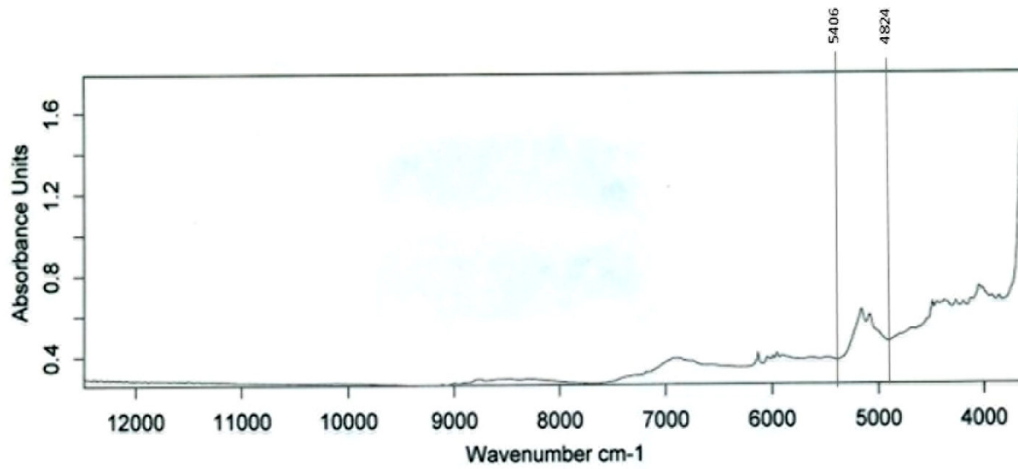


**Fig. 1e:** FTIR spectra of drug + HPMC.

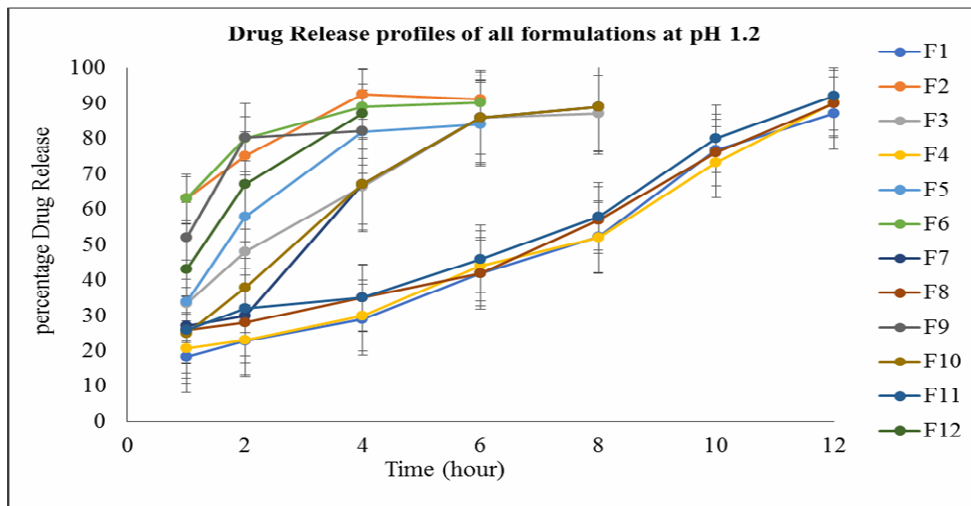


**Fig. 1f:** FTIR spectra of drug + EC.

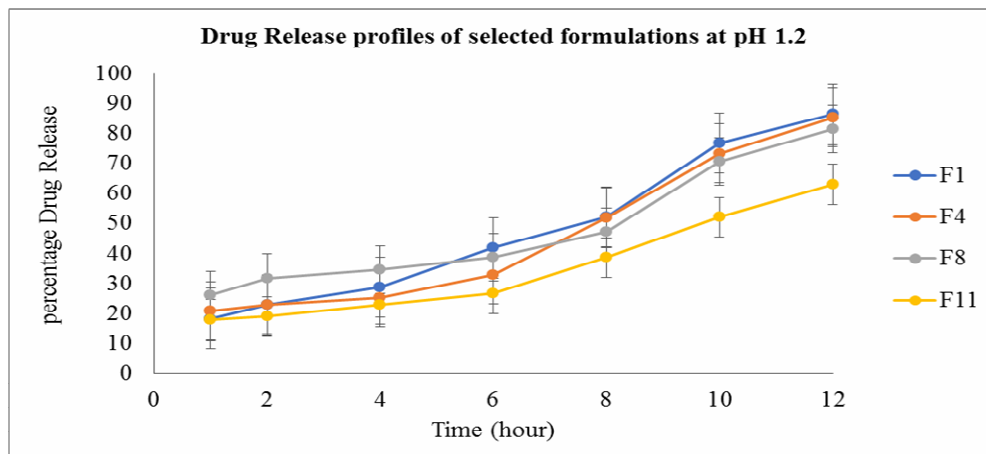




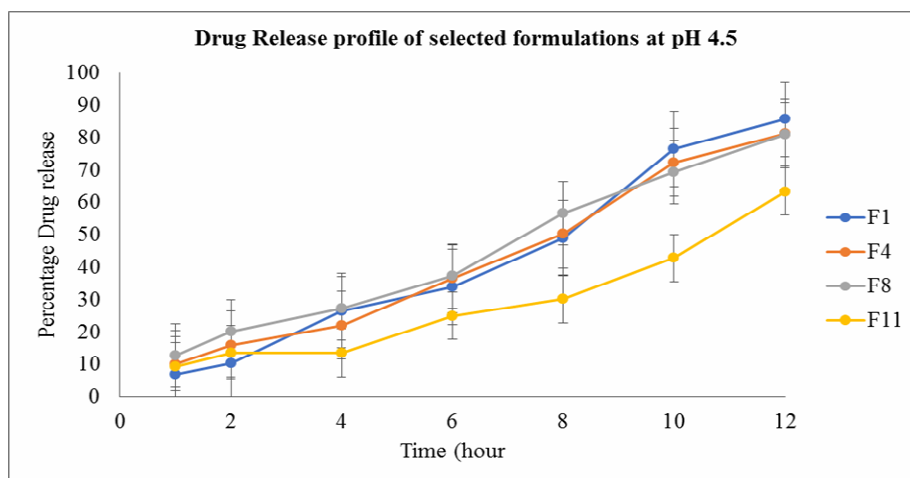
**Fig. 1g:** FTIR spectra of drug + Kollidon SR.



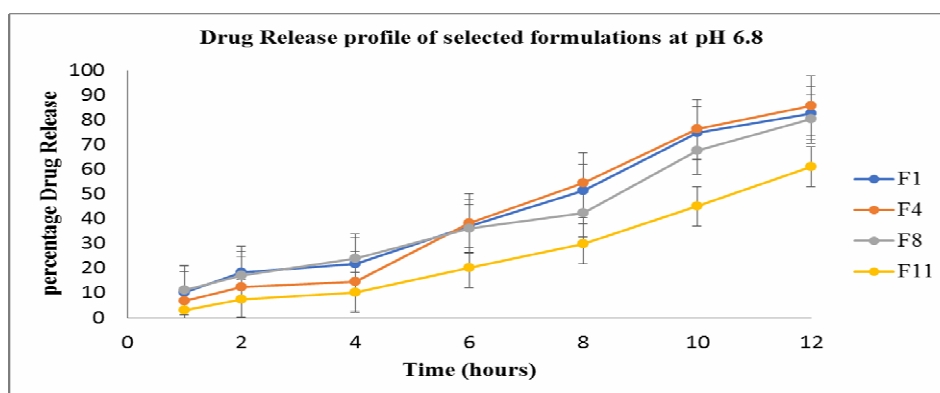
**Fig. 2:** *In-vitro* drug release profiles of all formulations at pH 1.2.



**Fig. 3:** *In-vitro* drug release profiles of selected formulations at pH 1.2.



**Fig. 4:** *In-vitro* drug release profiles of selected formulations at pH 4.5.



**Fig. 5:** *In-vitro* drug release profiles of selected formulations at pH 6.8.

Draganoiu, *et al.*, in 2003, concluded that Kollidon® SR is appropriate polymer for pH-independent extended release matrix tablets<sup>26</sup>. Similarly, formulations containing HPMC (K100M) as rate controlling polymer showed an inadequate release of drug over the desired time period.

Previously, HPMC based sustained release ciprofloxacin tablet formulation were developed and assessed and drug release was found in the range of 80–89% at 8 h<sup>33</sup>. Ciprofloxacin as a drug (without salt) is relatively hydrophobic, but also hydrophilic in nature with low solubility or practically insoluble at neutral pH<sup>34</sup>. However, ciprofloxacin as ciprofloxacin HCl has more solubility in water (increased up to 2 folds)<sup>27</sup>. HPMC is hydrophilic polymer which is

hydrated quickly, thus released maximum drugs within 8 hrs. While, ethylcellulose is hydrophobic polymer retained the ciprofloxacin drug up to 12 hrs. Kollidon SR is also a hydrophobic polymer and its sustained release effect depends on drugs' solubility. The ciprofloxacin HCl is soluble in water and 0.1 HCl that is why, released the entire drug within 1–4 hrs. To extend the drug release up to 12 hrs, the Kollidon SR should be used in higher quantity i.e. up to 40%<sup>35</sup>. Similar type of result was also observed with hydrophobic polymer based ciprofloxacin HCl tablet formulations, which released 97% of the drug within first 5 hrs<sup>36</sup>. Another tramadol based formulation containing HPMC and ethylcellulose, showed maximum drug release beyond 12 hrs<sup>37</sup>.

### Drug release kinetics

Table 4 shows, drug release kinetics of four selected formulations (F1, F4, F8 and F11) at different pH. Different kinetic models, i.e., First Order, Zero Order, Higuchi and Korsmeyer-peppas kinetic models were applied to interpret release kinetics from ciprofloxacin HCl tablets formulations using DD Solver, a Microsoft Excel add-in program. Mostafavi, *et al.* also used DD Solver for comparing and modeling the dissolution data profile. The correlation coefficient ( $r^2$ ) values obtained from different kinetics models recommended that one of these models may be followed by the formulations. Higher correlation coefficient ( $r^2$ ) values show that the formulations appear to fit this model better<sup>24</sup>.

F1 and F4 (HPMC + EC) formulations fitted to zero order and Korsmeyer-peppas models with the highest  $r^2$  values observed as 0.980–0.905 (zero order) and 0.979–0.888 (Korsmeyer-peppas) at different pH (pH 1.2, 4.5 and 6.8). The release exponent ( $n= 0.865$ – $1.207$ ) also indicated that the combination of diffusion effects and polymer swelling played a

role in the release of drugs. While, at pH 4.5 and 6.8, the formulations F8 and F11 (EC) also followed zero order kinetic and Korsmeyer-peppas, where the  $r^2$  value noted in the ranges of 0.977–0.915, whereas, at pH 1.2, F8 formulation showed this value as 0.692 and F11 as 0.853, indicating that both formulations were best fitted to Zero order in basic buffer. Similarly, Korsmeyer-peppas  $r^2$  values of both formulations were observed in the ranges of 0.990–0.941 at pH 4.5 and 6.8, however, at 1.2 pH,  $r^2$  values of F8 and F11 were 0.804 and 0.865, respectively. The release exponent values ( $n= 1.580$ – $0.592$ ) showed that the diffusion and polymer swelling are the main reason of drug release from the tablet. Drug release profile also indicates that, formulations containing both HPMC and EC in combination, gives more optimized formulations as compared to formulation contain EC alone. Merchant *et al.*, estimated the release mechanism of cefpodoxime SR matrix tablets by applying zero order, first order, higuchi, Korsmeyer-peppas and Hixon-Crowell models<sup>38</sup>.

**Table 4:** Drug release kinetics of all four selected formulations at different pH.

Formulation s code	First Order		Zero Order		Higuchi		Korsmeyer-peppas		
	$r^2$	$k_f(hr^{-1})$	$r^2$	$K_0(hr^{-1})$	$r^2$	$k_H(hr^{-1/2})$	$r^2$	n	$k_{kp}(hr^{-n})$
Acidic Buffer (pH 1.2)									
F1	0.892	0.115	0.941	7.260	0.843	20.924	0.941	0.865	9.789
F4	0.833	0.106	0.905	6.956	0.746	19.982	0.888	0.935	8.029
F8	0.739	0.111	0.692	6.913	0.842	20.243	0.804	0.592	16.873
F11	0.848	0.071	0.853	5.190	0.826	15.082	0.865	0.755	8.905
Phosphate Buffer (pH 4.5)									
F1	0.878	0.102	0.970	6.913	0.756	19.426	0.979	1.207	4.358
F4	0.907	0.099	0.980	6.710	0.795	19.031	0.978	1.081	5.604
F8	0.937	0.105	0.977	6.867	0.853	19.713	0.978	0.905	8.469
F11	0.860	0.058	0.915	4.577	0.723	12.950	0.914	1.232	2.721
Phosphate Buffer (pH 6.8)									
F1	0.897	0.103	0.972	6.853	0.793	19.460	0.969	1.068	5.886
F4	0.863	0.103	0.961	6.970	0.735	19.500	0.977	1.261	3.889
F8	0.896	0.093	0.962	6.386	0.793	18.175	0.956	1.053	5.681
F11	0.865	0.054	0.929	4.380	0.670	12.112	0.990	1.580	1.187

### Stability studies

The four selected formulations (F1, F4, F8 and F11) were subjected to accelerated stability studies to assess their physical appearance, drug content, and percentage drug release. All the formulations in rubber-capped amber glass bottles were stored at 40°C /75% RH for 6 months as per ICH guidelines<sup>39</sup>. The percentage content and *in-vitro* dissolution studies were performed at 0, 3 and 6 months and the results showed no change in physical appearance, drug content, and dissolution rates (Fig. 6). Moreover, the stability studies were interpreted by using Minitab (version 17) software. The results showed that all four formulations indicated excellent stability during whole period of study and the shelf life of all formulations were estimated up to 15.774 months. The regression equations/equation for fitted line for each formulation are, % Assay= 101–0.491 Month.

### Conclusion

Extended release ciprofloxacin HCl tablets were successfully formulated using different polymers. The formulations containing EC 10cps alone and in combination with HPMC retarded the release of drug up to 12 hrs, while, formulations containing Kollidon SR alone and in combination with HPMC or EC 10cps failed to control the release of drug up to 12 hrs even at high concentration of 30%. FTIR spectra of the drug and formulations showed that there was no interaction among

excipients and pure drug. Drug release data of four selected formulations were best explained by Zero order and Korsmeyer-Peppas. Drug release mechanism for all four formulations were swelling and diffusion of polymers. The average shelf-life of all four formulations were 15.774 months, calculated after accelerated stability study. Thus, ethyl cellulose in combination with HPMC can establish an excellent rate controlling agent for ciprofloxacin HCl drug. Present study concluded that ER formulation of ciprofloxacin HCl tablets can be successfully prepared by using different polymers i.e. HPMC, EC and Kollidon SR however, for the extended drug release up to 12 hrs, combination of HPMC and EC can be an excellent choice of polymers.

### Acknowledgments

Authors are thankful to M/S Nabiqasim Pharma Private Limited for providing active pharmaceutical ingredient and polymers. Authors also thankful to the Head of Faculty of Pharmacy, Hamdard University Karachi, for providing laboratory facilities, equipment, and their valuable guidance, support, and cooperation.

### Conflict of interest statement

The authors declared no conflict of interests.

### Funding

For this project, no funding was available.

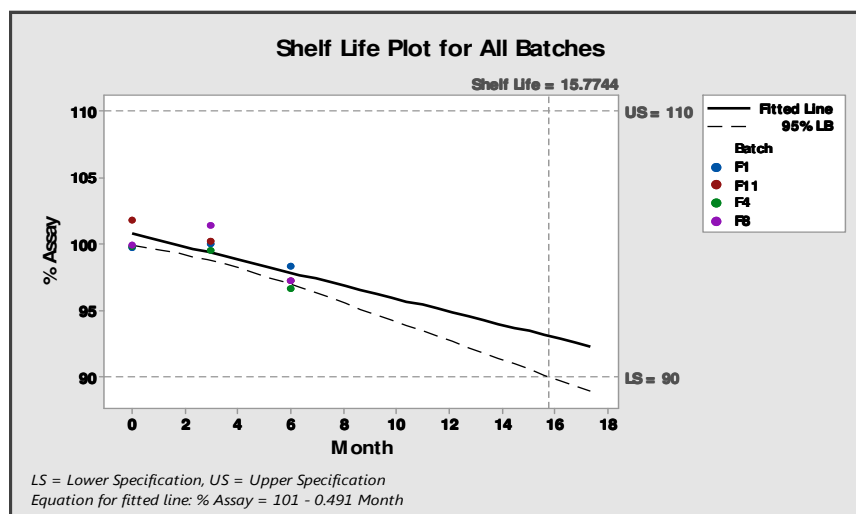


Fig. 6: Stability study (Shelf-Life) plot of all selected formulations.

## REFERENCES

- 1- J. Siepman, R. A. Siegel and M. J. Rathbone, "Fundamentals and Applications of Controlled Release Drug Delivery", 1<sup>st</sup> Edn., Springer, 2012, p. 127. doi.org/10.1007/978-1-4614-0881-9
- 2- L. Shargel, B. Andrew and S. Wu-Pong, "Applied Biopharmaceutics & Pharmacokinetics", 6<sup>th</sup> Edn., 1999, p. 469, (Appleton & Lange Stamford, 1999).
- 3- L. N. Sansom, "Oral extended-release products", *Australian Prescriber*, 22, 88 (1999).
- 4- J. E. Devereux, "Gastrointestinal Transit of Multiple Unit Dosage Forms", PhD Dissertation, The School of Pharmacy (University of London), 1987, p. 65.
- 5- M. Aulton and K. Taylor, "Aulton's Pharmaceutics: The Design and Manufacture of Medicines", 3<sup>rd</sup> Edn., Elsevier Health Sciences, 2007, p. 484.
- 6- H. B. Samal, S. Sreenivas, S. Dey and H. Sharma, "Formulation and evaluation of sustained release zidovudine matrix tablets", *Int. J. Pharm. Pharm. Sci.*, 3, 32 (2011).
- 7- L. Lachman, H. A. Lieberman and J. L. Kanig, "The Theory and Practice of Industrial Pharmacy", Lea & Febiger Philadelphia, 1976, p. 430.
- 8- H. P. James, R. John, A. Alex and K. Anoop, "Smart polymers for the controlled delivery of drugs – A concise overview", *Acta Pharmaceutica Sinica B*, 4, 120 (2014).
- 9- J. Siepman, H. Kranz, R. Bodmeier and N. Peppas, "HPMC-matrices for controlled drug delivery: A new model combining diffusion, swelling, and dissolution mechanisms and predicting the release kinetics", *Pharmaceutical Research*, 16, 1748 (1999).
- 10- T. D. Reynolds, S. H. Gehrke, A. S. Hussain and L. S. Shenouda, "Polymer erosion and drug release characterization of hydroxypropyl methylcellulose matrices", *Journal of Pharmaceutical Sciences*, 87, 1115 (1998).
- 11- N. S. Barakat, I. M. Elbagory and A. S. Almurshedi, "Controlled-release carbamazepine matrix granules and tablets comprising lipophilic and hydrophilic components", *Drug Delivery*, 16, 57 (2009).
- 12- S. Kiortsis, K. Kachrimanis, T. Broussali and S. Malamataris, "Drug release from tableted wet granulations comprising cellulosic (HPMC or HPC) and hydrophobic component", *European Journal of Pharmaceutics and Biopharmaceutics*, 59, 73 (2005).
- 13- A. Kuksal, A. K. Tiwary, N. K. Jain and S. Jain, "Formulation and *in-vitro*, *in-vivo* evaluation of extended-release matrix tablet of zidovudine: Influence of combination of hydrophilic and hydrophobic matrix formers", *AAPS Pharmscitech*, 7, E1 (2006).
- 14- J. Bain, S. Tan, D. Ganderton and M. Solomon, "Comparison of the *in-vitro* release characteristics of a wax matrix and a hydrogel sustained release diclofenac sodium tablet", *Drug Development and Industrial Pharmacy*, 17, 215 (1991).
- 15- F. Ruchatz, K. Kolter, S. Wittemer and W. Frauenhofer, "Kollidon SR. A new excipient for sustained release matrices", In: Proc. Int. Symp. Control Release Bioactive Materials, Vol. 26, 1999, p. 6312.
- 16- E. Draganoiu, M. Andheria and A. Sakr, "Evaluation of the new polyvinylacetate", *Pharmazeutische Industrie*, 63, 624 (2001).
- 17- C. C. Sanders, "Ciprofloxacin: *In-vitro* activity, mechanism of action, and resistance", *Reviews of Infectious Diseases*, 10, 516 (1988).
- 18- D. A. Talan, I. W. Klimberg, L. E. Nicolle, J. Song, S. F. Kowalsky and D. A. Church, "Once daily, extended release ciprofloxacin for complicated urinary tract infections and acute uncomplicated pyelonephritis" *The Journal of Urology*, 171, 734 (2004).
- 19- G. L. Amidon, H. Lennernäs, V. P. Shah and J. R. Crison, "A theoretical basis for a biopharmaceutic drug classification: The correlation of *in-vitro* drug product dissolution and *in-vivo* bioavailability", *Pharmaceutical Research*, 12, 413 (1995).
- 20- USP35-NF30. "The United States Pharmacopeial Convention", USA (2013).

- 21- N. Mathur, R. Kumar, K. Tiwari, S. Singh and N. Fatima, "Evaluation of quality control parameters on various brands of paracetamol tablet formulation", *World J. Pharm. Pharm. Sci.*, 4, 982 (2015).
- 22- F. Qamar, S. Alam, S. Naveed and H. Ali, "Quality Assessment and Dissolution Profile Comparison Studies on Naproxen Tablets Available in Karachi", *RADS Journal of Pharmacy and Pharmaceutical Sciences*, 5, 32 (2017).
- 23- N. Waheed, "Simple Uv Spectrophotometric Assay of Ciprofloxacin", *Mintage Journal of Pharmaceutical and Medical Sciences*, 10 (2014).
- 24- A. Mostafavi, J. Emami, J. Varshosaz, N. M. Davies and M. Rezazadeh, "Development of a prolonged-release gastroretentive tablet formulation of ciprofloxacin hydrochloride: Pharmacokinetic characterization in healthy human volunteers", *International Journal of Pharmaceutics*, 409, 128 (2011).
- 25- D. L. Wise, "Handbook of Pharmaceutical Controlled Release Technology", 1<sup>st</sup> Edn., CRC Press, 2000, p. 28.
- 26- Q. Yihong and G. Zhang, "Controlled-Release Dosage Forms", Handbook of Pharmaceutical Controlled Release Technology, (Wise, D. L. Edt), Marcel Dekker Inc, 2000, p. 465.
- 27- A. I. Caço, F. V. Miranda, M. J. Pratas de Melo, A. M. Dias, R. Dohrn and I. M. Marrucho, "Solubility of antibiotics in different solvents. Part II. Non-hydrochloride forms of tetracycline and ciprofloxacin", *Industrial & Engineering Chemistry Research*, 47, 8083 (2008).
- 28- K. Alekseev, E. Blynskaya, N. Tikhonova, V. Alekseev, N. Uvarov and O. Chernova, "Polymers in the formulation of drug dosage forms with modified release", *Russian Journal of General Chemistry*, 82, 564 (2012).
- 29- A. Hussain, M. Hanif, M. H. Shoaib, R. I. Yousuf, T. Ali, I. N. Muhammad, L. Hussain, M. Fayyaz and N. Shafi, "Comparative studies of ciprofloxacin 250 mg tablets available in Pakistani market", *Lat. Am. J. Pharm.*, 32, 484 (2013).
- 30- J. Mu'az, L. Gazali, G. Sadiq and G. Tom, "Comparative *in-vitro* evaluation of the pharmaceutical and chemical equivalence of multi-source generic ciprofloxacin hydrochloride tablets around Maiduguri metropolitan area", *Nigerian Journal of Pharmaceutical Sciences*, 8, 102 (2009).
- 31- B. V. Reddy and K. Navaneetha, "Formulation and characterization of ciprofloxacin Hcl floating tablets", *IJPRD*, 6, 23 (2014).
- 32- S. Naveed and N. Waheed, "Simple UV spectrophotometric assay of ciprofloxacin", *Mintage J. Pharm. Med. Sci.*, 3, 10 (2014).
- 33- S. Basak, K. N. Rao, R. Manavalan and P. R. Rao, "Development and *in-vitro* evaluation of an oral floating matrix tablet formulation of ciprofloxacin", *Indian Journal of Pharmaceutical Sciences*, 66, 313 (2004).
- 34- M. Bajgrowicz, C.-M. Phan, L. N. Subbaraman and L. Jones, "Release of ciprofloxacin and moxifloxacin from daily disposable contact lenses from an *in-vitro* eye model", *Investigative Ophthalmology & Visual Science*, 56, 2234 (2015). doi:10.1167/iovs.15-16379.
- 35- <https://industries.basf.com/bin/bws/documentDownload.en.8805244119509>.
- 36- H. Nageh, M. Ezzat, M. Ghanim, A. Hassanin and A. A. El-Moneim, "Evaluation of antibacterial activity and drug release behavior of chitosan-based nanofibers (*In-vitro* study)", *UK J. Pharm. Biosci.*, 2, 1 (2014).
- 37- S. B. Tiwari, T. K. Murthy, M. R. Pai, P. R. Mehta and P. B. Chowdary, "Controlled release formulation of tramadol hydrochloride using hydrophilic and hydrophobic matrix system", *AAPS Pharmscitech*, 4, 18 (2003).
- 38- H. A. Merchant, H. M. Shoaib, J. Tazeen and R. I. Yousuf, "Once-daily tablet formulation and *in-vitro* release evaluation of cefpodoxime using hydroxypropyl methylcellulose: A technical note", *ibid.*, 7, E178 (2006).
- 39- I.C.H. Guideline, In: "International Conference on Harmonisation of Technical Requirements for Registration of Pharmaceuticals for Human Use", Stability Testing of New Drug Substances and Products, Q1A(R2), 4 version, 2003, p. 9.



## نشرة العلوم الصيدلانية جامعة أسيوط



### تأثير البوليمرات السليولوزية والخلاتية على انطلاق عقار هيدروكلوريد السيبروفلوكساسين من الأقراص ذات الانطلاق الممتد المحضرة بواسطة تقنية الضغط المباشر

رضا خالد<sup>١</sup> - محمد اقبال ناصيري<sup>٢</sup> - حميرا سرور<sup>١</sup> - رفعت ياسمين<sup>٣</sup> -  
كمران زهير<sup>١</sup> - سهيل انور<sup>١</sup> - اناب فاتيما<sup>٣</sup>

<sup>١</sup> قسم الصيدلانيات ، كلية الصيدلة ، جامعة حمادرد ، كراتشي ، باكستان

<sup>٢</sup> قسم الصيدلانيات ، معهد حمادرد للعلوم الصيدلانية ، جامعة حمادرد ، إسلام آباد ، باكستان

<sup>٣</sup> قسم الصيدلانيات ، كلية داو للصيدلة ، جامعة داو للعلوم الصحية ، كراتشي ، باكستان

هدفت هذه الدراسة إلى التحقق من تأثير أنواع وتركيزات مختلفة من البوليمرات على إنطلاق عقار هيدروكلوريد السيبروفلوكساسين وكذلك صياغته في أقراص ذات انطلاق ممتد بطريقة الضغط المباشر. تم تصميم ١٢ صياغة (F1 - F12) يدويًا باستخدام نسب مختلفة (١٠-٣٠%) من بوليمرات هيدروكسي بروبيل ميثيل سيليلوز ، إيثيل سيليلوز ، وكوليون SR.

تم استخدام صواغات افيسيل PH101 ، التلك ، وستيرات الماغنيسيوم بنسبة ثابتة (٢%) في جميع الصياغات. تم دراسة الذوبانية في أوساط مختلفة. أظهرت أنماط الذوبانية أن الصياغات F1 و F4 و F8 و F11 مدت فترة إنطلاق العقار حتى ١٢ ساعة ، بينما فشلت الصياغات الأخرى في تأخير إنطلاق الدواء حتى الفترة المطلوبة.

تم استخدام برنامج DDSolver لتحليل بيانات أنماط الذوبانية حسب النماذج المختلفة لحركية إنطلاق الدواء. وتم تقييم توافق العقار مع البوليمرات المستخدمة باستخدام التحليل الطيفي بالأشعة تحت الحمراء.

كما تمت دراسة ثبات تركيبات مختارة تحت ظروف (درجة حرارة  $40 \pm 2$  درجة مئوية ورطوبة نسبية  $75 \pm 5$ %) لمدة ستة أشهر وأعيد تقييمها بعد ٣ و ٦ أشهر وفقًا لإرشادات ICH. وقد أظهرت الدراسة الحالية أن إيثيل السيليلوز بمفرده أو مع هيدروكسي بروبيل ميثيل السيليلوز هو عامل تحكم ممتاز لمعدل انطلاق السيبروفلوكساسين ويمكن استخدامه بنجاح لتطوير تركيبات أقراص ممتدة الإنطلاق.