# RHEOLOGICAL PROPERTIES OF STRAWBERRY PUREE JAM

## NADA, Y.I\*\*\*; M. F. ABD EL-SALAM\*; H. I. KHALIL\*\* and M. A. El NONO\*

### ABSTRACT

The rheological properties of strawberry puree jam as a sample of some food gels investigated using Brookfield rotational viscometer at different temperatures (30, 40, 50, 60 and 70°C) and different solid concentration of 40, 45, 50, 55 and 63 %. The investigated samples exhibited non-Newtonian pseudoplastic behaviour and fitted well to the power law model. The effect of concentration on the apparent viscosity was studied and fitted well to power law equation. The results observed that the apparent viscosity is exponentially proportional with the concentration of strawberry puree jam at all temperatures studied. The effect of temperature on the apparent viscosity of strawberry puree jam was fitted well to well to well to the power temperature on the apparent viscosity of strawberry puree jam was fitted well to well to well to well to well to the power temperature on the apparent viscosity of strawberry puree jam was fitted well to well to well to well to well to well to the power temperature on the apparent viscosity of strawberry puree jam was fitted well to the power temperature on the apparent viscosity of strawberry puree jam was fitted well to well to well to yell to the power temperature on the apparent viscosity of strawberry puree jam was fitted well to yell temperature te

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### 1- INTRODUCTION

R heology is the science of the deformation and flow of matter or in other words, the study of the manner in which materials respond to applied stress and strain. The structure of matter can be physically characterized using this technique (Malkin et al, 2006).

Fruit hams are made by cooking fruit (pieces, pulp/or juice) with sugars, gelling agents (usually pectin) and edible acids (usually organic), and concentrating the mixture until a characteristic and suitable consistency is obtained (**Diego et al, 2010**). A gel is an intermediate between a solid and liquied processing both elastic (solid) and flow (liquid) characteristics. A number of foods are marketed in the form of gel that offers convenience to the consumers, as an example jam, jelly, confectionery products and desserts (**Sutherland, 2007**).

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Knowledge of rheological properties of fluid foods is also important for quality, understanding the texture, process engineering application, correlation with sensory evaluation, designing of transport system, equipment design (heat exchanger and evaporator), sizing pump capacity and power requirement for mixing etc. (**Ibarz, 1996**). The objective of this paper was to study the rheological properties of strawberry jam puree during processing and study the effect of temperature on the rheological property of jam puree.

### 2- MATERIALS AND METHODS

#### 2.1. Preparation of strawberry puree jam concentrations

Five samples of strawberry jam puree with different concentrations (40, 45, 50, 55, 63 wt.b %) were taken of the strawberry jam puree finish product.

Strawberry jam puree were obtained from fresh strawberry fruits which had been cleaned by a special washer then passed through a bucket elevator that transfer the strawberry fruit to the refiner which separate the pulp from fiber, and the pulp was transferred to the thermobreak which inhibit the activity of enzyme in the pulp, the pulp was then packed in a container, this process is applied to other types of fruits like fig, peach and etc.

The strawberry jam puree was manufactured using the following procedure:-

- 1. Transfer the strawberry puree to the vacuum pan with suction and, if needed, use a little treated water to rinse out the last of the material.
- 2. Addition of sugar to the pulp with ratio 1:1 strawberry pulp to sugar, and citric acid 2.6gm for one kilogram pulp.
- 3. Heat the vacuum pan to 80-90°C with stirring until the puree reach 63% concentration.
- 4. The strawberry jam puree is then pumped to the filler were it packed.

#### 2.2. Rheological properties of strawberry jam puree

Knowledge of rheological properties of fluid foods is also important for quality, understanding the texture, process engineering application, correlation with sensory evaluation, designing of transport system, equipment design (heat exchanger and evaporator), sizing pump capacity and power requirement for mixing etc. (**Ibarz**, **1996**).

Flow properties (shear rate, shear stress and apparent viscosity) of strawberry jam puree were measured directly using Brookfield digital rheometer Figure (1), model HA DVIII ultra (Brookfield Engineering laboratories INC). The puree was placed in a small sample adapter and SC4-21 spindle was selected for the sample measurement. A thermostatic water bath provided with the instrument was used to regulate the sample temperature Figure (2). The rheological parameters were studied at temperatures (30, 40, 50, 60, 70 ° C), shear rates (9.3-93 sec<sup>-1</sup>) and different concentrations (40, 45, 50, 55, 63 wt.b %).



Figure (1): Photography picture of Brookfield Digital Viscometer model DV-III.



Figure (2): Photography picture of Thermostatic Water Bath.

The rheological behaviour of The shear stress - shear rate data obtained fitted well to the constitutive equation of the pseudo plastic type:

$$\tau = k \gamma^{n} \tag{1}$$

Where,  $\tau$  is the shear stress, Pa

k is the plastic viscosity (consistency index,  $pa.s^n$ ).

 $\gamma$  is the shear rate,  $s^{-1}$ 

n is the behaviour index, where n is less than one for the pseudo plastic fluids .

The effect of shear rate on apparent viscosity reported by Sugai (2002),

$$\mu = \mathbf{k} \, \gamma^{n-1} \tag{2}$$

Where,  $\mu$  is the apparent viscosity, pa.s

 $\gamma$  is shear rate, sec<sup>-1</sup>

k is consistency index

The effect of temperature on the apparent viscosity was described by Arrhenius equation **Speers et al, 1986** as follows:

$$\mu = A e^{Ea/RT}$$
(3)

Where, Ea is the activation energy, J/mol.

A is a constant,

R is the gas constant, 8.314 J/ mol. k,

T is the temperature, K.

The change in viscosity with concentration could be described by an exponential (**Vitali and Rao, 1984**) or a power type of relationship (**Rao et al, 1981**) as follows:

 $\mu = a C^b \tag{4}$ 

Where a and b are constants, C is the concentration.

### 2.3. Measuring procedure of Brookfield viscometer is as follows:

- Ensure that the supplied cable is connected between a Brookfield Engineering labs DV- ΠΙ Rheometer and COM1 or COM2 of our host computer. The rheometer is then turned on. The DV-III screen should display a message similar to the following:
- 2. To run RHEOCALC, type rheocalc at the Dos-prompt. After a few seconds, the screen turns white and then the following message is appeared:

Checking Rs-32 parts for Brookfield instruments

After determining which Brookfield instruments are connected, the RHEOCALC main screen is appeared.

- 3. The arrow keys are used to move the high light bar in the main menu to the setup to the setup option then press the Return / Enter key to open the setup menu.
- 4. Choose the zero Rheometer in this menu. Message box is appeared asking us to insure that there is no spindle attached to the rheometer. After removing the spindle and acknowledging with a key press, the rheometer beings its auto zeroing process.

When the autozero is complete, a message box reminded you to attach the desired spindle, and press any key to continue.

- 5. To close the setup menu, press the Esc key and return to the main menu. Select the Gather option from the main menu.
- 6. Select the program option from the gather menu from the program menu, select Geometric.
- From the Geometric program menu, select the new program option. At this point we are asked if we wish to run an up/down program. For no, press the "N" key to answer no.
- 8. The Geometric program entry window is opened to the left. This window required the entry of four program Entry of four program Parameters: a) Start RPM, b) End RPM, c) Time inter. Appropriate keys are used to enter the above parameters to cycle through the four entry fields, then use the tab key (again note the allowable keys on active key line). Allowable RPM values are 0.1 RPM with a minimum increment of 0.1 RPM. Time intervals are entered in minutes and second (MM:SS), and all four digits, must be entered (you need not enter the ":" as it automatically inserted for you).
- 9. When program entry is completed, press the Return / Enter key to accept the program. Select the begin program option from the Geometric program menu. The gather data windows are opened with the latter underneath the former. The spindle began to rotate the start

RPM. The following pertinent gather information are appeared in the gather status window:

- a. Current program step
- b. total program steps
- c. current spindle speed
- d. time remaining to the next program step
- e. Next program step speed and time interval.

The gather statues window toggles on and off (allowing you to see the gather data window underneath) by pressing the F3 key.

- 10. After each time interval has elapsed, a data point is taken and displayed in the gather data window before ramping to the next speed.
- 11. When the program is completed, press a key, to acknowledge this. The gather data windows are closed and the data get reviewed.

#### 2.4. Investigated parameters:

The parameters that were investigated in this study are:

- 1. Shear rate as a function of shear stress.
- 2. Effect of shear rate on the apparent viscosity, (9.3, 18.6, 27.9, 37.2, 46.5, 55.8, 65.1, 74.4, 83.7, 93 Sec-1).
- 3. Effect of temperature on apparent viscosity, (30, 40, 50, 60, 70°C).
- 4. Effect of concentration (40, 45, 50, 55, 63 wt.b %) of strawberry jam puree on apparent viscosity.
- The activation energy at different shear rates (9.3, 18.6, 27.9, 37.2, 46.5, 55.8, 65.1, 74.4, 83.7, 93 Sec-1) and temperatures (30, 40, 50, 60, 70°C).

## 3- <u>RESULTS AND DISCUSSION</u>

### 3.1. Stress - Strain Rate Relations

Figures (3 and 4) represent the flow-behavior of strawberry jam puree (40% and 63%) respectively measured at different temperatures. The results show that most samples exhibited non-Newtonian pseudo plastic behavior at the most studied temperatures and concentrations, the results observed that the shear stress was increased with the increase of shear rate Figures (3 and 4) at all temperatures and concentrations studied. The stress-strain rate data obtained fitted well to the constitutive equation (1) of the pseudo plastic type.



**Figure (3):** Relation between shear stress and shear rate at 40% solid concentration of strawberry puree jam at different temperatures.





The flow behaviour index (n) and consistency coefficient (K) were calculated from slope and intercept of straight line and were given in Table (1) for various concentration (40, 45, 50, 55, 63 wt.b %) respectively. It is evident that the most values of flow behaviour index (n) is less than 1 for most cases which showed pseudoplastic nature of strawberry puree jam.

The results observed that all samples with different concentration behave the same trend.

Power law parameters (k, n) at different temperatures and concentrations:										
Temp. °C	Concentration									
	40%		45%		50%		55%		63%	
	К	n	К	n	К	n	К	n	К	n
30C	0.0679	0.8623	1.3006	0.4507	2.9647	0.4308	8.7474	0.3256	16.245	0.4268
40C	0.0088	1.2297	0.2982	0.6885	0.9977	0.5976	3.0687	0.4853	10.778	0.4285
50C	0.0011	1.6215	0.096	0.8455	0.7547	0.5691	1.8435	0.5279	7.9054	0.4296
60C	0.0003	1.8784	0.0207	1.0766	0.5193	0.5607	1.1545	0.5595	6.1847	0.4184
70C	0.0003	1.7865	0.0018	1.5578	0.2497	0.6083	0.9024	0.5332	4.0136	0.4522

 TABLE 1

 aw parameters (k, n) at different temperatures and concentration

### 3.2. Effect of shear rate on viscosity:

Figures (5 and 6) show the relationship between the apparent viscosity of strawberry puree jam (50% and 63%) respectively, the results observed that the apparent viscosity decreases as shear rate increased, this can be attributed to the increase in intermolecular distances, because of the thermal expansion caused by the increase in temperature (**Constenla et al, 1989**).



Figure (5): Relation between shear rate and viscosity of strawberry puree jam (50 %) at different temperatures.



**Figure (6)**: Relation between shear rate and viscosity of strawberry puree jam (63 %) at different temperatures.

**3.3.** <u>Effect of temperature on apparent viscosity of strawberry puree jam:</u> Figures (7, 8, 9, 10 and 11) show the effect of temperature on apparent viscosity (40%, 45%, 50%, 55% and 63%). The results showed that the apparent viscosity decreases as temperature increased of all samples studied.



Figure (7): Effect of temperature on apparent viscosity of strawberry puree jam (40%) at different shear rates.

Figure (7), A fluctuation in viscosity decrease over a certain range of concentration was appeared; this may be explained due to agglomeration

of dispersed solid particles around the spindle which leads to a fictitious increase in viscosity. However, at higher concentration, the fluctuations in viscosity decrease where the curves tend to be parallel to each other Figures (8, 9, 10 and 11).



Figure (8): Effect of temperature on apparent viscosity of strawberry puree jam (45%) at different shear rates.



Figure (9): Effect of temperature on apparent viscosity of strawberry puree jam (50%) at different shear rates.



Figure (10): Effect of temperature on apparent viscosity of strawberry puree jam (55%) at different shear rates.





The activation energy of strawberry puree jam at different shear rates (9.3 -  $93 \ sec^{-1}$ ) was determined. The results were fitted well to Arrhenius model (Eq. 3) **Speers et al, 1986**.

An activation energy is necessary for moving of a molecule, and as the temperature increases, the liquid flows more easily due to higher activation energy at high temperatures (**Gurses and Bayrakceken, 1996**). Table (2) shows that activation energy increased with increasing temperature at all shear rates studied, the same was observed for low

concentrations According to **Steffe (1996)**, in a system, higher Ea values indicate a more rapid change in viscosity with temperature. These results applicability of the Arrhenius model to the apparent viscosity versus temperature data of the present work agree with these obtained for tamarind juice concentrates (**Ahmed et al, 2007**).

The parameters obtained from Arrhenius model by curve fitting are given in Table (2).

	Activation Energy J/ mol							
shear rate S <sup>-1</sup>	40%	45%	50%	55%	63%			
9.3	76263	97789	41392	38337	28056			
18.6	69473	60872	40481	36046	27920			
27.9	53900	55505	39899	33209	28159			
37.2	47602	51394	39042	32971	27936			
46.5	39648	47552	38110	30771	25267			
55.8	36211	44249	37643	30521	27248			
65.1	34986	42984	37033	30011	27409			
74.4	33263	42202	36100	29273	27416			
83.7	30468	40579	35737	29290	27584			
93	31906	39126	35014	28683	27453			

TABLE 2

Activation energy (Ea) for strawberry jam puree at different shear rates

In this study, the magnitudes of activation energy of the samples for the entire temperature range were determined by linear regression analysis. From Table (2), the magnitude of activation energy increase with the temperature. Besides, (**Rha, 1975**) noted that the decrease in viscosity with increasing shear rate is related to the increasing alignment of constituent molecules.

### 3.4. Effect of concentration on viscosity:

The effect of concentration on the apparent viscosity of strawberry jam puree at shear rate values 9.3 - 93  $s^{-1}$  was investigated over a temperature range 30- 70°C. Figures (12, 13, 14, 15 and 16) show the relation between the apparent viscosity against the concentration at shear rate 93 S<sup>-1</sup>.





Figure (13): Effect of concentration on viscosity at different temperatures, at shear rate =  $37.2 \text{sec}^{-1}$ .

These data have been fitted using Eq. (4)



Figure (14): Effect of concentration on viscosity at different temperatures, at shear rate =  $55.8 \text{sec}^{-1}$ .



Figure (15): Effect of concentration on viscosity at different temperatures, at shear rate =  $74.4 \text{sec}^{-1}$ .



Figure (16): Effect of concentration on viscosity at different temperatures, at shear rate =  $93 \text{ sec}^{-1}$ .

The parameters of equation (4) were tabulated in Table (4) at different temperatures. At all temperatures, the apparent viscosity of strawberry jam puree increased with increasing concentrations. Figures (12, 13, 14, 15 and 16), this agreed with the findings the results observed that jam puree at higher concentration will have higher viscosity. This is probably due to the presence of more low and high molecular weight solutes such as salts, acids, pectin and other particles in strawberry jam puree in the

higher concentration. The same trend was observed at all shear rates studied.

rate 93 sec <sup><math>-1</math></sup> .											
Temperature °C	shear rate										
	S <sup>-1</sup>										
	9.3		18.6		27.9		37.2		46.5		
	а	b	а	b	а	b	а	b	а	b	
30	657.5	9.9892	177.49	8.4774	147.78	8.5473	102.91	8.1847	86.16	8.1577	
40	774.75	11.328	320.76	10.384	145.87	9.3695	93.593	8.8464	71.526	8.5797	
50	1652.8	13.308	577.53	12.036	192.24	10.216	95.284	9.5029	63.578	8.9933	
60	3519.3	15.317	594.75	12.747	155	10.752	93.602	10.116	53.12	9.3341	
70	3021.2	15.985	401.5	12.824	175.58	11.662	81.158	10.524	50.969	9.8748	

Table	(4)
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Parameters (a and b values) of Eq (4) at different temperatures at shear

<b>Temperature</b> °C	shear rate S <sup>-1</sup>									
	55.8		65.1		74.4		83.7		93	
	а	b	а	b	а	b	а	b	а	b
30	69.18	7.9918	61.09	7.9059	52.805	7.7999	56.13	8.1044	48.578	7.9653
40	55.743	8.2952	42.88	7.9948	41.233	8.0366	21.856	7.3568	29.757	7.6938
50	48.451	8.6776	37.87	8.3861	33.951	8.3024	28.676	8.1105	24.847	7.957
60	36.41	8.7885	30.95	8.6434	27.149	8.5266	23.631	8.3923	20.907	8.2571
70	34.556	9.3747	26.642	9.0291	22.147	8.81	15.419	8.2949	14.935	8.3188

### 4- CONCLUSSION

Rheology is the science of the deformation and flow of matter or in other words, the study of the manner in which materials respond to applied stress and strain. In this study strawberry puree jam as a sample of food gels behaved as a non-Newtonian pseudoplastic fluid at all the studied temperatures and concentrations, in which the stress is a non- linear function of shear rate. The apparent viscosity decreases with increasing temperature up to  $^{V}0$  ° C. The results showed that a fluctuation in viscosity decrease as concentration increased. The results observed that the relation between temperature and viscosity was fitted to Arrhenius model with an activation energy ranged between 25.26–97.78 kJ/mol Also, Viscosity increases with the increase of concentration for all temperatures studied at constant shear rate. The effect of concentration on the apparent viscosity of strawberry puree jam followed the power law model. While studying the behavior of strawberry puree jam as a sample of food gels

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<u>الملخص العربى</u> الخواص الريولوجية لمربى الفراولة البيورية

ندا يوسف أسماعيل\*، مصطفى فهيم عبد السلام\*، هاني أدريس خليل \*\*، محمود احمد النونو\* الريولوجى هو علم التشوه والإنسياب او سلوك السريان للمواد حيث يدرس استجابة المواد للإجهاد المعرض له . الخواص الريولوجية مهمة جدا فى مجال تصنيع وتداول الأغذية وكذلك فى اختبارات تحديد تاريخ الصلاحية وفى نقاط التحكم فى الجودة على خطوط الإنتاج كذلك تساهم فى حسابات خطوط الإنتاج والمضخات وكذلك حسابات الطاقة .

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فى هذا البحث تم دراسة الخواص الريولوجية لمربي الفراولة البيوريه كمثال للاطعمة الجلية باستخدام جهاز قياس لزوجة (Brookfield Rheometer) . تم قياس اجهاد القص ومعدل القص واللزوجة الظاهرية عند درجات حرارة مختلفة (٣٠، ٤٠، ٥٠، ٢٠، ٧٠)°م وتركيزات مختلفة للمادة الصلبة (٤٠، ٤٥، ٥٠، ٥٠، ٥٠، ٣٢%)

واظهرت النتائج ان مربي الفراولة البيوريه ذات خواص شبه بلاستيكية حيث كان دليل سلوك السريان لمعظم القيم اقل من الوحدة وتراوح من (١.٨٧٨٤-٣٢٥٦.) كما اظهرت النتائج تناقص اللزوجة الظاهرية بزيادة معدل القص حتى ٧٠ م. كما تناقص اجهاد القص بزيادة درجات الحرارة وتزداد لزوجة مربي الفراولة البيوريه بزيادة التركيز ويرجع ذلك لزيادة وجود مواد مذابة ذات اوزان جزيئيية كبيرة وصغيرة مثل الأملاح و الأحماض والبكتين ووجزيئات اخرى في مربي الفراولة البيوريه في التركيزات العالية وقد تراوحت طاقة التنشيط من (٢٠, ٢٥ - ٢٩,٧٩ ك جول /مول)